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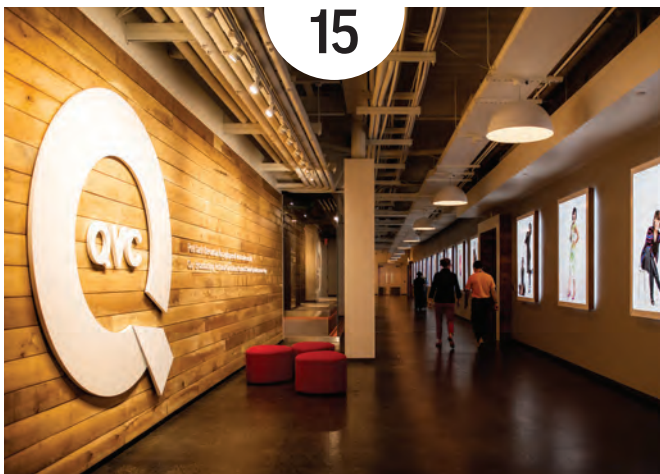
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ED WILLIAMS

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LOCAL BUSINESS SPOTLIGHT

Proximity Interior Design



Amy Forsheew
Founder of Proximity Interior Design

Over the years Amy has grown the design business and has expanded the store. She owes her continuing success to hard work, a great team, and an emphasis on service.

What recent changes have you seen in interior design?

Everything is becoming a lot more relaxed and informal. A casual room can be a harder look to pull off without looking sloppy. We create spaces that are elevated and thoughtful.



What sets you apart from other designers in the area?

We have the advantage of a storefront and design studio. Clients can sit in the furniture and see everything firsthand which is helpful in making purchasing decisions. Potential clients can meet us in a relaxed setting and get a sense of our aesthetic. While we are known for our art and accessories, we have everything you need for your home. Clients love how we pull it all together with so many options.

How would you describe your style?

Definitely coastal. We do so many beach houses, but we have just as many clients on the Main Line who love that look. It's sophisticated, not nautical. We describe our spaces as livable luxury - we use performance fabrics and source from high quality vendors that stand behind their products, so we know we are giving our clients the best.

What's your favorite go-to design element?

Grasscloth! The right grasscloth wallpaper can truly transform a room. It adds dimension, warmth, and personality.



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FOREWORD



AGENTS FOR CHANGE

Chester's plight is hardly a secret. One need only head north or south on I-95 in the general vicinity of the Commodore Barry Bridge to view the boarded-up homes, missing street signs, litter-strewn roadways and abandoned vehicles. With its poverty, blight, outsized crime rate, lingering environmental woes and self-serving political corruption, Delaware County's only city is in desperate shape—and COVID-19 also took a heavy toll.

But there are glimpses of what could be in Chester, mostly provided by ongoing development efforts along the Delaware River waterfront and the never-say-die attitude of a committed group of activists and concerned outsiders.

In his reporting for this month's feature, "City on the Brink," senior writer J.F. Pirro found reason to hope in people like Stefan Roots. The bedroom window of Roots' childhood home faced the Trainer Refinery. When the facility was at full blast, he recalls that it looked like the sky was on fire. As an adult, the journalist and blogger was first struck by the impact of Chester's environmental hazards at a 2010 event he covered at a local charter school, where students had written a book about asthma. When asked about the ailment, 90 percent of the 40 or so kids said they suffered from it. "Growing up in Chester in the 1960s and '70s, I can't remember anyone with an inhaler," says Roots.

He blames emissions from Covanta Delaware Valley's Chester-based waste-to-energy facility. This past May, he upset incumbent William "Al" Jacobs for the Democratic nomination for Chester City Council. He wants to facilitate change in Chester, which is still home to his 96-year-old mother. On his to-do list: holding Covanta more accountable. The facility burns up to 3,510 tons of municipal waste daily, and it can burn more at one time than another trash incinerator in the country. Less than 2 percent of what's incinerated is from Chester, and about 30 percent is from Delaware County as a whole. The rest arrives here from New York City, New Jersey and Philadelphia.

Pirro spoke with a Covanta rep to get the company's side of the story. He also spoke with Lisa Gaffney, executive director of the Riverfront Alliance of Delaware County. She heads a pool of what skeptics call "the wealthier, opportunistic white people in Chester," apparently of the sort one finds at Widener University and Crozer-Chester Medical Center. Some joke that her group might as well change Chester's name to "Watertown" to gussy up its reputation.

The alliance's plans call for attracting and integrating more commercial, residential and recreational development to accompany Harrah's Philadelphia Casino & Racetrack and the Philadelphia Union's Subaru Park stadium (a little over a half mile down the road from the Covanta facility). The organization would also like to boost transportation and greening efforts via the East Coast Greenway. Another plan would make Barry Bridge Park a nice place for kids and families, and Gaffney even goes so far as to mention public art projects.

Perhaps there's hope for Chester after all—and plenty of hard work left to do.

Hobart Rowland

**HOBART ROWLAND
EDITOR-IN-CHIEF**

SCENE

WINGS FOR SUCCESS' WINE WITH WINGS

JUNE 3, THE GABLES AT CHADDS FORD

1. Amy and Tim Murnane with Kari Jarmuz.
2. Dennis Henry, Linda Jensen-Henry and Marc Altman. **3.** Sandy Rico, Martin and Rosi Gonzalez, Jessica Villagomez, Omar Gonzalez, and Yasmine Flores.



PHILADELPHIA BALLET'S SPRING FESTIVAL

JUNE 6, RED ROSE FARM, VILLANOVA

4. Madeline and Zoe Hahn with Karin Schwalb Hahn and Michael and Amiie Hahn. **5.** Philadelphia Ballet board chairman David Hoffman with executive director Shelly Power. **6.** Ritson and Julie Ferguson with Kurt and Anna Hilzinger.



THORNCROFT VICTORY GALLUP

JUNE 12, THORNCROFT EQUESTRIAN CENTER, MALVERN

7. Mikaela Potrako and Jeff Parnell with Caroline Moran.
8. Wayne and Becky Anderson, Sean and Therese Sablosky, Nick and Brooke Henningsen, and Tanya and Joe Curley.
9. The Gateway Horsecworks team: Brian and Luiza Malloy, Rich and Tricia Allison and Lisa and Ken Carraway with executive director Karen de Marco. **10.** Joni and Dr. Dan Westawsky.



WINGS FOR SUCCESS: GARY ALTOONIAN PHILADELPHIA BALLET AND THORNCROFT: SUSAN SCOVILL

COMING UP + WEB EXTRAS

COURTESY OF DELAWARE NORTH AT SHENANDOAH



NEXT MONTH

Making any fall travel plans? We have a few convenient destinations in mind, from the waterways of Annapolis, Md., to the trails of Virginia's Shenandoah Valley.

PLUS...

This year's back-to-school season is lining up to be a momentous one. Find out what students and administrators have planned for the coming months in our fall education package. Also look for a comprehensive guide to the region's independent schools.



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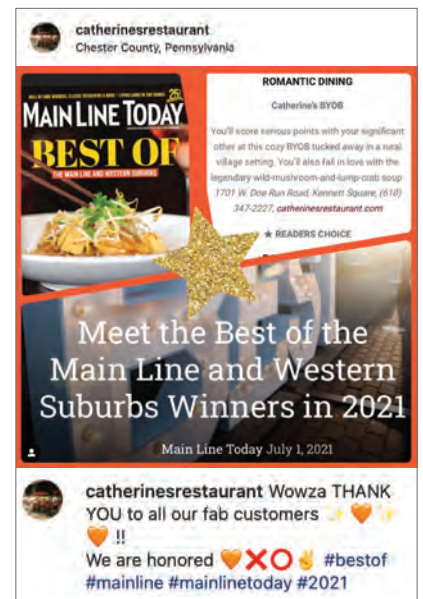


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FRONTLINE

THE HOT SEAT, GREAT ESCAPE P.14 | FROM THE ARCHIVES P.15 | STYLE P.18 | LIVING WELL P.20 | DIVERSIONS P.26



Village Vine's Jill Bennett Gaieski (left) and Lori Knauer.

TESSA MARIE IMAGES

ENTREPRENEURS

TOAST OF THE TOWN

THE TWO ATTORNEYS BEHIND VILLAGE VINE ARE A BIG PART OF A NEW (WETTER) SWARTHMORE.

BY MICHAEL BRADLEY

Lori Knauer and Jill Bennett Gaieski figured that, if they were going to bring a wine bar to a dry town, it would be wise to attend Vinexpo New York. So, in February 2018, they had business cards made identifying themselves as the proprietors of a nonexistent business and showed up at Manhattan's Javits Center to look around.

Three years later, the two resourceful attorneys are proprietors of Village Vine, a 50-seat hot spot in Swarthmore's tiny downtown area. Now a year old, it's a smash with locals and those who don't mind traveling a bit to taste a diverse collection of wines and sample executive chef Chris Galbraith's small-plate menu. It's poised to serve in

the vanguard of what many hope will be a commercial boom in the borough, which has long clung to its status as an eccentric residential enclave but has recently been flirting with a more updated identity. "There are multiple factions in town," says Gaieski, who serves on the borough council. "You have one made up of people who want to see progress, and there are some who want things to stay the old way."

In mid-April, Wallingford-based developer Jason Kilpatrick was dining outside with his family at Village Vine when he glanced across the street at the community garden he'd curated and pondered how perfect the whole scenario was. "Swarthmore is ready to catapult ahead," he says. "It's going to move forward. People here want to

work together. It's like being at a dance and hearing the best song—and then the next song begins, and it's even better.”

Kilpatrick owns 52 property units in town. He estimates that about 40 are residential and the rest are small businesses like Hobbs Coffee, Dance Happy Designs and the Poco Loco boutique. He's a primary engine in what he calls Swarthmore's renaissance. Its leaders expect the next decade to bring a burgeoning retail, dining and residential presence. Although the area isn't big enough to handle a downtown presence the size of Media or West Chester, it can certainly be more robust and energetic.

Unfailingly positive, Kilpatrick speaks about “bending the universe.” He prefers not to focus on anyone who may be upset about the planned growth. Some Swarthmore residents would prefer that things stay the same—dry and quiet. But the number of people who want to see at least moderate change is growing. “There might be an old guard. But there's a hip new flavor coming to town,” Kilpatrick says.

Knauer and Gaieski certainly aren't in favor of stasis. Each halted a successful law career to open a restaurant, hanging with it during the worst of times. A central

“

“THERE MIGHT BE AN OLD GUARD. BUT THERE'S A HIP NEW FLAVOR COMING TO TOWN.”

**—DEVELOPER
JASON KILPATRICK**

Pennsylvania native, Knauer spent 10 years working for a firm in Philadelphia, then 20-plus as a corporate counsel for DuPont. Gaieski grew up in Florida. After a stint with the state attorney's office in that state, she worked for the Philadelphia district attorney and a few area firms before earning a doctorate in anthropology at the University of Pennsylvania, where she worked as a genetic anthropologist.

The two friends studied at the Wine School of Philadelphia before applying for one of just two liquor licenses Swarthmore residents had approved in a 2016 referendum. They got it in October 2019. It wasn't easy, but their legal acumen helped. “The bottom line was we just decided to keep going and get the license,” Knauer says.

Like the town in which it resides, Village Vine is eclectic. The walls are covered with paintings by artists of all kinds—some for sale. Gaieski decoupage the bar with a menagerie of clippings from *The Swarthmorean*, the town's weekly paper, creating a discussion topic for patrons. Inside, there's room for about 35 people, and there are several table configurations on the street outside. Knauer and Gaieski envision Village Vine as a community focal point built around food and wine. “Our mission is to introduce people to lesser-known regions that produce wine,” Gaieski says. “We want to tell the stories behind the production.”

The two women financed Village Vine with their own savings. They want a strong restaurant presence, with tastings, classes and other wine-centered events. “I look forward to doing what we wanted to do before the pandemic,” Knauer says. “We haven't had a chance to do everything we want.”

And if it happens to mesh with a Swarthmore that features other restaurants and appropriate shopping, that's great. “But I don't want a CVS on the corner,” Gaieski says.

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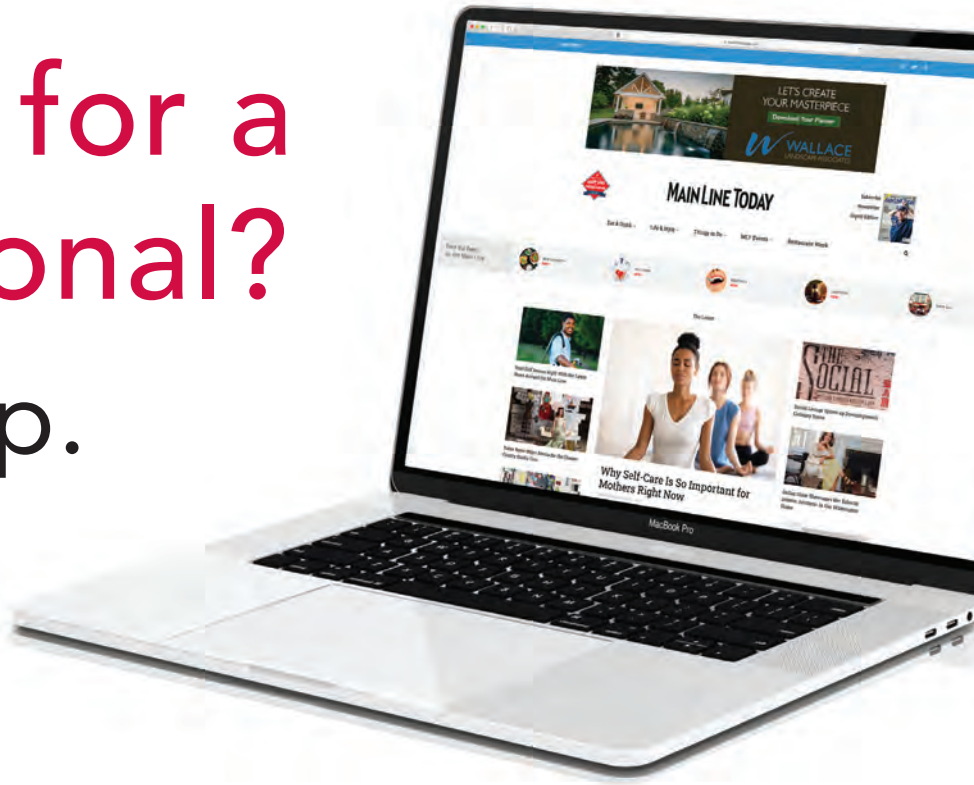


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DAN DRAGO

PODCAST HOST, 25 O'CLOCK

BY HOBART ROWLAND

Dan Drago has been an online champion of local musicians for more than seven years. And when he wasn't an advocate, he was a participant, playing guitar and bass in various touring bands until 2013. A year later, he recorded his first episode of 25 O'Clock. Now the longest running podcast on the Philadelphia music scene, it recently celebrated its 200th episode.

MLT: What's your connection to the Main Line area?

DD: I was born on City Line Avenue and spent a few early years in King of Prussia and Norristown before my family moved to western New York. I came back in 2004, and I've been here ever since. I live in South Philly.

MLT: Did you grow up in a musical family?

DD: Neither of my parents play instruments, but there was always cool music around—Tom Petty, the Who, Neil Young, Joni Mitchell. My family was part of a grassroots evangelical Christian movement, so there was also a lot of Christian folk music in the house—and when you're a kid, there's no difference. It's just music. I had great music teachers in school, and I was in choirs. I loved to sing. By the time I was teenager, it was the

early '90s, with grunge, big hair and loud guitars. I convinced my parents to get me one of those guitars.

MLT: When did you decide the life as a touring musician wasn't for you?

DD: It was 2013, and I was almost 33. When you're in a band, you feel like you're banging your head against the wall. In the end, it's almost lightening in a bottle. I definitely gave it go. But as I got more and more involved in the industry, I realized that it was still going to be a slog.

MLT: So how did 25 O'Clock come about?

DD: I listened to a lot of podcasts on tour, so I thought I'd start my own by talking to some of my artist friends. They'd come over to my house and sit at my kitchen table. We'd set up some lights and

just go. Then my friends started making recommendations. The next thing I know, I'm having guests that I've never met before, and people are reaching out to me.

MLT: Any favorite recent interviews?

DD: I got a whole lot out of [WXPN's] Helen Leicht's interview for episode 200. She's had such a long and amazing career in radio—and not just as an on-air personality. She's been responsible for breaking a ton of bands in Philadelphia. She gets excited about things and wants to share them with the world.

MLT: Sounds like you can relate to that passion.

DD: Sometimes I wish I could just listen to stuff and have it wash over me. But that ship sailed a long, long time ago.

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—Hobart Rowland

INSIDE QVC

A PEEK BEHIND THE SCENES AT THE LOCALLY BASED AT-HOME SHOPPING GIANT.

BY TARA BEHAN

EDITOR'S NOTE: This story initially ran in Main Line Today's November 2016 issue to celebrate QVC's 30th birthday. The following year, QVC purchased its competitor, the Home Shopping Network. In 2018, former Walt Disney Company exec Leslie Ferraro was named president, and the company debuted a new logo a year later. It also abandoned its 24/7 live broadcast in favor of 20 hours. During the pandemic, QVC remained live 20 hours a day, with product representatives appearing via Skype from around the world. Most employees shifted to remote work, though all fulfillment centers remained opened. In July 2020, despite revenue gains, QVC's parent company laid off 450 employees.

25 YEARS OF MAIN LINE TODAY

The UPS truck comes to a stop in front of Arlyn David's home with alarming frequency. Inevitably, a package from QVC is among the deliveries. Depending on the week, the contents might be anything from a microdermabrasion tool to an outfit from Lori Goldstein's LOGO collection.

David is what you'd call a nondiscriminatory QVC shopper. "I love all the products," says the 62-year-old Bala Cynwyd resident, who's been a loyal customer since the network debuted 30 years ago this month. "I was a stay-at-home mom when the network first launched, and that's how I started watching. Everyone who knows me knows I'm a huge QVC fan."

How big of a fan? Well, David scoffs when asked if she, like many, just casually flips to the station during the commercial breaks of other shows. "If I'm home, I have it on," she says.



Her favorite on-air personality: David Venable, host of one of QVC's highest-rated shows, *In the Kitchen with David*. "I love to cook, and he's so knowledgeable," she says of the chef, whom the *New York Times* dubbed "The Man Who Helps America Cook." "He's so perky. He has an uplifting spirit that makes you want to keep watching."

David has purchased countless items from Venable's shows—kitchen appliances, cookbooks, bakeware. She readily admits that she doesn't let a day go by without knowing what's being offered as the "TSV." What's a TSV, you ask? Read on to find out. In the process, you'll also learn more about how the West Chester-based company has worked—and, at times, struggled—to globalize, digitize and remain relevant to a younger generation raised on Google, iPhones and Amazon, all while fighting off like-minded competitors like the Home Shopping Network. Will QVC be able to hold on to its \$8.8 billion piece of the pie for another three decades?

"America's Newest Cable Shopping Channel" got off to a bit of a shaky start on Nov. 24, 1986, with host John Eastman peddling the Windsor Shower Companion,

a waterproof AM/FM radio, for the unbeatable price of \$11.49.

Initially broadcasting live from 7:30 p.m. to midnight on weekdays and all day on weekends, the channel went to 24 hours in January 1987. Two years later, QVC acquired the Cable Value Network in a \$380 million deal, which led to some fiscal losses in the few years that followed.

Doug Rose, senior vice president of brand and communications at QVC, has been with the company for 22 years and witnessed much of its growth. "We started out as a one-dimensional business. We had a live television broadcast where we took phone calls from customers," he says. "Currently, over half of our business comes from orders placed online. Our best customers are shopping with us on every mobile device. The business has turned into a multidimensional experience."

According to Rose, QVC has always viewed shopping as a social experience. "We were waiting for the world of technology to catch up with us so that we could extend our reach beyond television," he says.

One thing that hasn't changed is QVC's target audience: women ages 35-65. Ninety percent of its viewers are female—and once



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they take the QVC plunge, chances are it won't be their last purchase. Ninety percent of QVC customers are of the repeat variety.

Around the clock, 364 days of the year—Christmas Day is the only exception—viewers can see a product being showcased. In the United States alone, QVC presents an average of 773 items weekly. Internationally, the company has expanded to Germany, Italy, Japan, France, China and the United Kingdom.

QVC founder Joe Segel has been called a “serial entrepreneur,” a “business visionary” and an “utter genius,” and it's tough to argue with any of those assessments. He's started no fewer than 20 ventures over the past 60 years. Two decades prior to QVC, the Wharton School graduate founded the Franklin Mint in 1964 to make sterling-silver commemorative medals. The business grew well beyond its initial purpose, eventually producing currency for several countries around the world.

Segel retired from his post as Franklin Mint chairman in 1973. A dozen years later, the 1985 launch of the Home Shopping Network caught his eye. The network's “hard-sell approach” was an immediate turnoff to Segel, and he believed plenty of viewers felt the same. “I knew their approach could be made significantly more appealing,” he says today.

So Segel set out to establish his own network. His game plan hinged on three words: quality, value and convenience. QVC's friendly, conversational approach obviously resonated with viewers. The company's first year in business saw a record-breaking \$112 million in sales. “Our focus at QVC was to give customers more than they expect,” he says. “We introduced a number of enhancements and eliminated the hype. I think our original approach to delight the customer is still evident today.”

Segel wasn't the only person with ideas on how to make the at-home model better. In the 1980s, his company was one of 19 hoping to cash in on the new shopping medium—and QVC and HSN would be the only ones to make it to the '90s and beyond. “Of all the businesses I've started, none has made me prouder than QVC,” Segel says. “I'm proud of the standards, innovation and excellence that I contributed to, but the main credit belongs to the thousands of people who work at QVC and the innovative suppliers who've made it such a successful business.”

Segel officially retired from QVC in 1993 but would serve as a consultant for another decade. He still holds the title of QVC chairman emeritus. Today, he divides his time between homes in Gladwyne and

Boca Raton, Fla. But, even at 85, Segel is still at it. Two years ago, he called upon several retired and former QVC executives to help him with ProfilePRO, a customized system where consumers can create their own shampoo and conditioner formulas for their hair type. There's no word yet on whether Segel will be selling his products on QVC when ProfilePRO officially launches at the end of the year, but we have a hunch that he may have an in.

What remains impressive is the network's ability to unload a \$25 eight-pack of scented Scrub Daddy sponges—one of the highest-selling *Shark Tank* winners on QVC—and a \$498 Dooney & Bourke handbag with equal ease. That consistent knack for drawing consumers of any income level with such a vast spectrum of needs has been one of the company's most lucrative assets. After all, when you're shopping on TV—or by computer, phone or tablet—there is no fear of being sized up by fellow shoppers. It's a level playing field.

Every product sold on QVC has been screened by a team of expert buyers, and nothing makes it on the air until it passes rigorous quality-assurance standards. Maria McCool, co-owner of Calista Grand Salon and Spa in West Chester, is one of a select group of local entrepreneurs to make the cut on QVC, selling her Calista Tools hairstyling and beauty products. Prior to QVC's launch, McCool heard about the company from her client, Doug Briggs, who would eventually become its president in the mid-1990s.

Once QVC was up and running, its hosts would come to McCool's salon because of her close proximity to the studio. She eventually gave into client demand and packaged her own concoctions for sale. With help from QVC host Jill Bauer, McCool first went on-air with her products in 2007. She now spends more time at QVC than she does behind the chair at her salon. In the past nine years, her line has expanded to 26 products, with more than 2.5 million units sold through QVC to date. “I'm on-air about 15-20 times a month,” says McCool. “QVC is the best place to sell a product because you're teaching and educating the customer about it—it's not just sitting on a shelf somewhere.”

A QVC veteran, Bauer joined the company in 1993. Attracting and retaining personalities is the lifeblood of the network, and it's estimated that most have six-figure salaries, with the top sellers likely making the most money. The goal is to have viewers feel a connection to the hosts—to the point that they feel like they know them. Social

media has only enabled that connection to grow stronger. The majority of the hosts have Facebook profiles, where they frequently share aspects of their personal lives, from infertility issues and adoption tales to wedding announcements and deaths of loved ones. Hosts often thank their “QVC family”—the viewers—for their support in trying times.

Delaware County native Jane Treacy was just 24 years old when she saw an ad in a local paper for hosts at a new shopping network. She applied on a whim, then panicked when they asked her to interview. “I’d never sold anything in my life,” says Treacy, who’s been with QVC from the beginning. “I never even worked in the mall.”

She recalls a pep talk from her mother, who tried to reassure her daughter by asking her to sell her a pencil. “I started listing the characteristics of the pencil and all the different uses,” she says.

The next day, her interviewer had a request: “Sell me this pencil.” Two weeks later, she was on-air selling a boombox—a QVC host never forgets the first thing they sell. In her three decades there, Treacy has sold everything from electronics to jewelry, though she found her niche on the Thursday-night show, *Shoe Shopping with Jane*.

What makes an ideal QVC host? “You have to be real,” Treacy says. “How you are on-air has to be the same that you are when you’re out to dinner with a friend.”

And if you think her job is easy, it only looks that way. “We spend hours and hours each week in meetings with the [expert] buyers who bought the products, along with others,” she says. “There are more hours in prep than what you see on-air. I’m still learning something new every day, 30 years later.”

But what about 30 years from now? In this ever-changing retail landscape, it would be presumptuous to predict with any certainty what QVC’s more distant future holds. The company has undergone some growing pains in the past two years, laying off employees as it continues to streamline its operations and solidify and expand its global presence. Yet the company is still creating new jobs by the hundreds.

Spokesperson Doug Rose believes that QVC has—and will continue to have—a certain advantage over all other retailers. “When our customers tune in, they want to be introduced to a product they’ve never seen before and be shown all its features, how it works, and how it can make their life better and easier,” he says. “We do that well—and we’ll continue to do that.” **MLT**



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LOCAL FASHIONISTA ...

MELISSA SINNI

OWNER, THE BLUE BÉRET WAYNE

BY MELISSA JACOBS

What if a group of fashionistas pooled their resources and opened a pop-up in downtown Wayne? With that idea, **Melissa Sinni** launched the Main Line Co-op as a three-week experiment. Two years later, the shop is still going strong. This spring, Sinni expanded the Blue Béret to include children's clothes, casual-chic womenswear, home décor and party decorations.

HOW SHE GOT HER START: I graduated from the Fashion Institute of Technology, then became a buyer for Linens 'n Things and later for Ross. When I had the first of my four children, I stopped working because it involved so much travel. We lived in Manhattan and visited friends in Wayne in December 2012. We fell in love with the town and moved here in January 2013.

STYLING YOUR KIDS: Dress them while they'll let you. When they're old enough—and start to express opinions—let them wear what they feel comfortable in. Encourage them to express their own style. It's a form of creativity.

HER STYLE: I used to walk miles in the city in three-inch heels—and run marathons. Having four kids changed my life and body. My daytime style is about comfort and function. For nights out, I focus on classic quality styles and flattering silhouettes. I love to change it up with prints.

THE "MAIN LINE MOM" LOOK: Whimsical, pretty and vintage-inspired is how I'd describe the clothes I have for women and kids. It's about pieces that are easy to wear and comfortable, but still polished and pretty. It's hard to feel stylish when your days consist of chasing young kids. Go for comfort and function and save those stylish moments for date nights, dinners with friends, and special occasions.

ROOM TO GROW: During the pandemic, I started selling toys and games to occupy kids who were home. A year after that, I branched into décor for parties and clothes for women. It's something I've always wanted to do. These are clothes I love and wear myself.

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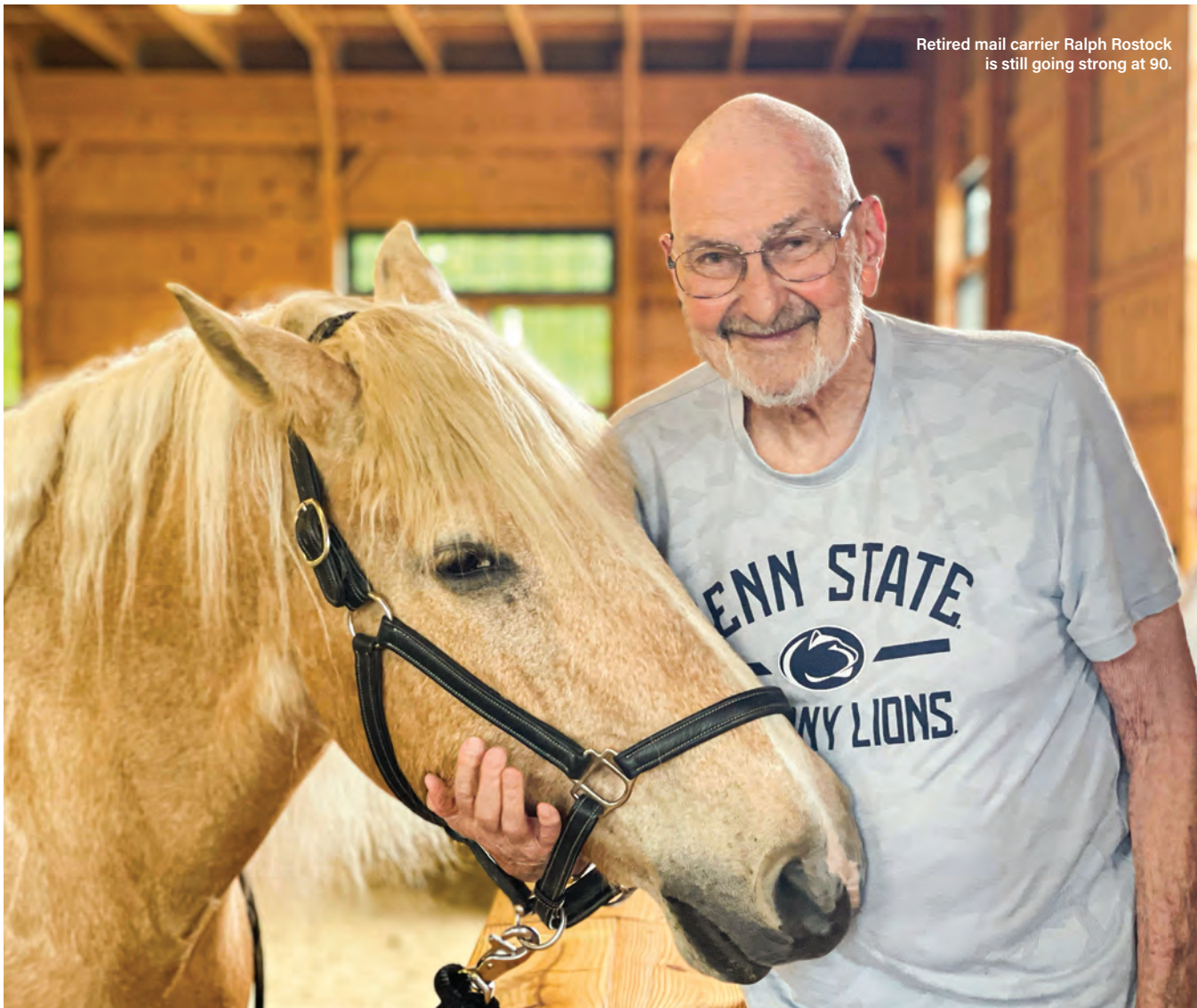
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Retired mail carrier Ralph Rostock is still going strong at 90.



BOOSTING IMMUNITY IN SENIORS

VACCINATED? HERE'S WHAT ELSE YOU CAN DO TO STAY HEALTHY.

BY MELISSA JACOBS

Most people don't think of the U.S. Postal Service as the fountain of youth. But 90-year-old Ralph Rostock believes the 30 years he spent working as a mail carrier primed his mind and body for longevity. "It was all that walking," Rostock says. "And I'm still walking—on my own, without assistance."

Now happily ensconced at the Watermark at Bellingham, Rostock and his wife—who's also 90—moved to West Chester at the end of 2019. They wanted to be closer to their two children and four grandchildren. "Then the plague hit in March," Rostock says. "We didn't see any of them in person—not for a long time."

He did see people in the Watermark,

albeit masked and socially distanced. He stayed physically active and mentally engaged. He continues to walk outside every day, keeping to his deeply ingrained mail carrier routine. He also uses the Watermark's gym four or five times per week, logging time on the treadmill, bicycle and elliptical machines. "I do that to keep my arms and legs in shape," says Rostock. *continued on page 22*

COURTESY OF WATERMARK AT BELLINGHAM

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Rostock is also a regular at the Watermark's morning coffee and trivia meetings. When he's not doing that, he's probably reading. "I'm a history buff," he says. "It keeps the mind sharp."

Fortunately, neither Rostock nor his wife were diagnosed with COVID-19. In recent weeks, new data has been released showing just how lethal this coronavirus has been to older people in the United States. In April, AARP reported that 95 percent of Americans killed by this coronavirus were age 50 or older. The Centers for Disease Control reported that, in the U.S., eight out of 10 COVID-19 deaths have been in adults 65 years and up. People 85 years and older were 95 times more likely to require hospitalization if they contracted the virus.

Somber statistics indeed, and Dr. Canaan Arceneaux saw them borne out during his residency at Christ Hospital in Jersey City, N.J. From April through June 2020, he worked on the hospital's COVID floors. "It was the Wild West," recalls Arceneaux, who's now a family medicine practitioner at Trinity Health's Mercy Medical Associates at Springfield.

The fact remains that our immune systems become less efficient as we age.

“

“YOUR IMMUNE SYSTEM IS A REFLECTION OF YOUR HABITS. DURING THE PANDEMIC, MANY OF OUR HABITS WERE CHANGED.”

—DR. ASARE CHRISTIAN

"Think of the immune system as a car you've had for 20 years that doesn't run the same as it does when you took it off the lot," Arceneaux says. "As we get older, the car battery can fail, you can get a flat tire, etc. It's the same with your body mounting a lesser immune response."

Why don't our immune systems get smarter and more efficient as they age? "Your body does learn how to process things," says Arceneaux. "However, you don't have the same number of immune cells as a younger person, so the process starts to wane."

Age isn't the only factor. "Your immune system is a reflection of your habits," said Dr. Asare Christian, a psychiatrist who

recently opened his Aether Medicine practice in Wayne. "During the pandemic, many of our habits were changed, but I believe that diet, exercise, nutrition and alcohol intake are critical to having a robust immune system."

Drinking too much can directly impact your immune system. "Alcohol has to be processed in your liver, which takes energy from your gut, where your microbiomes are," Christian says. "When your body is in balance, the energy is where it needs to be for optimal health."

Exercise is another factor. It keeps muscles toned and hormones balanced. That helps with everything from weight control to mental health. Nearly 70 percent of Christian's patients are over 55, and chronic pain is their chief complaint. It limits their mobility, and that impacts their immune system. "It's all related to functional medicine and thinking of the body holistically," he says. "There isn't one answer to boosting immunity. There are many."

Rostock agrees. Vaccinated and able to see his family, he's sticking to his diet and exercise regimen. He does have a glass of wine or a beer occasionally, but moderation is his byword. "And I'll keep walking," he says. "That's the key to everything." **MLT**



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200 Maris Grove Way, Glen Mills,
(610) 708-0769, ericksonliving.com

PARK VIEW AT NAAMAN'S CREEK

808 Conchester Hwy., Upper Chichester,
(610) 485-8050, naamanscreek.
enterpriseresidential.org

POCOPSON HOME

1695 Lenape Road, West Chester,
(610) 793-1212, chesco.org

PROVIDENCE PLACE AT THE COLLEGEVILLE INN

4000 Ridge Pike, Collegeville,
(610) 222-5007, providence-place.com

THE RESIDENCE AT CHADDS FORD

1778 Wilmington Pike, Glen Mills,
(610) 569-0520, lcbseiorliving.com

THE RESIDENCE AT GLEN RIDDLE

263 Glen Riddle Road, Glen Riddle,
(484) 849-0212,
blueharborseniorliving.com

RIDDLE VILLAGE

1048 W. Baltimore Pike, Media,
(610) 891-3700, riddlevillage.org

ROSE TREE PLACE

500 Sandy Bank Road, Media,
(610) 616-5162, rosetreeplace.
watermarkcommunities.com

RYDAL PARK

1515 The Fairway, Jenkintown,
(215) 885-6800, humangood.org

ST. MARTHA CENTER FOR REHABILITATION AND HEALTHCARE

470 Manor Ave., Downingtown,
(610) 873-8490, center.stmrehab.org

ST. MARTHA VILLA FOR INDEPENDENT AND RETIREMENT LIVING

490 Manor Ave., Downingtown,
(610) 873-5300, villa.stmrehab.org

SAGELIFE

sagelife.com

Daylesford Crossing

1450 E. Lancaster Ave., Paoli,
(610) 595-5425, daylesfordcrossing.com

Echo Lake

900 Atwater Drive, Malvern,
(484) 568-4777, livingatecholake.com

Plush Mills

501 Plush Mill Road, Wallingford,
(610) 595-5358, plushmills.com

SAUNDERS HOUSE

100 E. Lancaster Ave., Wynnewood,
(610) 658-5100, saundershouse.org

SHANNONDELL AT VALLEY FORGE

10000 Shannondell Drive, Audubon,
(610) 728-5211, shannondell.com

SIMPSON MEADOWS

101 Plaza Drive, Downingtown,
(610) 269-8400, simpsonmeadows.org

SPRING MILL POINTE

2002 Joshua Road, Lafayette Hill,
(610) 828-4848, humangood.org

SPRING MILL

3000 Balfour Circle, Phoenixville,
(484) 255-8732, springmillseniorliving.com

THE SUMMIT AT GLEN MILLS

52 Baltimore Pike, Glen Mills,
(866) 481-2836,
thesummitatglenmills.com

SUNRISE SENIOR LIVING

1801 Susquehanna Road, Abington,
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(610) 821-3175; 1419 Horsham Road, North
Wales, (267) 375-9846; The Quadrangle,
3300 Darby Road, Haverford, (484)
282-3875; 217 W. Montgomery Ave.,
Haverford, (484) 821-3198; 429 Ridge
Pike, Lafayette Hill, (484) 821-3173;

324 Lancaster Ave., Malvern, (484) 282-
1568; 247 N. Middletown Road, Media,
(484) 821-3185; 333 S. Newtown Street
Road, Newtown Square, (484) 821-3176;
1045 Wilmington Pike, West Chester,
(484) 821-3180; sunriseseniorliving.com

TEL HAI RETIREMENT COMMUNITY

1200 Tel Hai Circle, Honey Brook,
(610) 273-9333, telhai.org

THE WATERMARK AT BELLINGHAM

1615 E. Boot Road, West Chester,
(610) 436-6663, bellingham.
watermarkcommunities.com

WAVERLY HEIGHTS

1400 Waverly Road, Gladwyne,
(610) 645-8600, waverlyheightsltd.org

WELLINGTON AT HERSHEY'S MILL

1361 Boot Road, West Chester,
(484) 653-1200, seniorlifestyle.com

WESLEY ENHANCED LIVING

2815 Byberry Road, Hatboro,
(215) 970-7053; 100 Halcyon Drive, Media,
(610) 850-9723; wel.org

WHITE HORSE VILLAGE

535 Gradyville Road, Newtown Square,
(610) 558-5000, whitehorsevillage.org

WILLOW VALLEY COMMUNITIES

450 Willow Valley Lakes Drive,
Willow Street, (717) 464-0800,
willowvalleycommunities.org **MLT**



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FLOWER POWER

FLORAL DESIGN WORKSHOPS ARE THE NEW GIRLS' NIGHT OUT.

BY MELISSA JACOBS

From bouquets to table arrangements to wreaths—lots and lots of wreaths—floral design workshops are all the rage. Popular before the pandemic, the classes have become the new must-do. “People are looking for fun activities to do outdoors with small groups of people,” said Mara Tyler, owner of the Farm at Oxford. “It’s also a great way to reconnect with nature.”

It’s also about reconnecting to creativity—and friends. “If you haven’t seen one another much over the quarantine, this is a great way to do an organized activity that’s creative and relaxing,” says Christine Bennett, owner of StudioFlora in Berwyn. “The wine helps.”

After Bennett opened her retail space in April 2019, she hosted workshops in the building’s second and third floors. She’d have up to 30 people attend evening classes on succulents, outdoor planters, holiday designs and other topics. When she closed her shop to comply with COVID mitigation, Bennett segued to Zoom workshops and contactless pick-up kits. Her first post-quarantine workshop was done on the sidewalk in front of StudioFlora. “We were masked and at stations six feet apart, right on Lancaster Avenue,” she says. “It may have looked odd to have cars driving by, but we had a great time.”

Bennett is back to in-person workshops and getting a lot of requests to hold them in people’s backyards. She recently led a class for a Tredyffrin/Easttown mommy group at one of the women’s houses. “The energy was great,” Bennett says. “Everyone learned something and had fun.”

Folks come from as far away as Virginia and Harrisburg to attend floral design workshops at Tyler’s Kennett Square farm. The property offers blooming flowers



and a wide variety of perennials, shrubs and other kinds of foliage. That diverse plant matter gets incorporated into Tyler’s workshops, illustrating her overall goal of encouraging people to create arrangements with materials they find in their own yards. “Or start planting things that you’ll want to incorporate into your designs,” she says.

Tyler began hosting workshops several years ago. Though her annual average is five, she’s already done 17 so far this year to meet demand. The dahlia and peony workshops are the most popular, and wreath classes are perennial sellouts. “In addition to working with different materials, people are interested in the technical end of creating wreaths—wreaths that don’t fall apart,” says Tyler.

The Farm at Oxford’s classes typically last two hours and include cheese plates from

nearby Talula’s Table. Guests are invited to BYOB, and they get a set of pruners to take home. “Education and inspiration—that’s our goal,” Tyler says.

It’s the same for Jennifer Reed, a floral designer who creates pieces for weddings and other events. While her Jennifer Designs team constructs arrangements for special occasions, Reed’s workshops focus on things people can incorporate into their everyday lives. She’s held classes at Longwood Gardens and recently had a full-day workshop at Malvern’s Gallery 222. For that, Reed collaborated with local artist Jan Weir, who instructed attendees on painting the floral designs they created. The day-long event sold out weeks in advance. “An empty vase can be as intimidating as a blank canvas,” Reed says. “But we had a fantastic group, and everyone learned, created and bonded.” **MLT**

MAIN EVENTS

BY MELISSA JACOBS



Ralston Crawford's "Bomber."

Thru Sept. 19

Ralston Crawford: Air & Space & War

Reopened after months of renovations, the museum proudly hosts this comprehensive exhibit of illustrations inspired by aviation and weather patterns during World War II. *Brandywine River Museum of Art, brandywine.org.*



Aug. 5-8

Jerry Week

Everyone's Dead, Steve Kimock & Friends, Splintered Sunlight (pictured) and other Grateful Dead tribute bands take the stage to celebrate the life and legacy of Jerry Garcia. There's even a kids' show with the Rock and Roll Playhouse. *Ardmore Music Hall, ardmoremusichall.com.*



Aug. 6

Live in KOP

Head to the green space at King of Prussia Town Center for free performances from a range of artists. Aug 6, it's local singer/songwriter Sunshine Jones. *6 p.m.-8 p.m., King of Prussia Town Center, kingofprussia-towncenter.com.*

Aug. 16 Dining Out for Dogs

Through special menus and dog-centric activities, WMMR's Preston and Steve—along with The Fanatic and DJs from BEN FM, WMGK and WXTU—join forces with the White Dog Cafe to raise funds for Alpha Bravo Canine. The nonprofit organization that provides trained service dogs to U.S. military veterans suffering from PTSD, traumatic brain injuries and other combat-related disabilities. *whitedog.com.*



WAYNE SCOTT PHOTOGRAPHY

Aug. 27-29 Country Spirit USA

Brantley Gilbert, Chris Young and Miranda Lambert (pictured) headline a schedule of 20 performances on two stages. *Ludwig's Corner Horse Show Grounds, countryspiritusa.com.*



COURTESY OF COUNTRY SPIRIT USA

Aug. 20

Craft & Mercantile

Food, crafts and live music make third Fridays fun at this free event organized by Growing Roots Partners, the company that powers farmers' markets throughout the region. *5-8 p.m., Weatherstone Town Center, Chester Springs. Free, tickets required, growingrootspartners.com/craft-mercantile.*

MAIN LINE TODAY RESTAURANT WEEK



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FOOD & DRINK GUIDE

ED WILLIAMS

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15 FAVORITE
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SPOTS.

BY ED WILLIAMS



IDLEWILDE

A large open-to-the-sky ceiling caps a festively lit courtyard with myriad textures and colors at Idlewild, one of five new dining spaces at the dramatically revamped Towne House. Inventive shareable plates include Rhode Island baked quahog clams and seasonal wild-game sliders. 117 Veterans Square, Media, (484) 445-2041, townehousepa.com.

TESSA MARIE IMAGES



FOUR DOGS TAVERN

Tucked away in the quaint historic village of Marshallton, this popular pub-style eatery's extensive patio is about as dog-friendly as they come. The menu features fondue, shareable plates, rich mushroom and French onion soups, and creative craft cocktails. 1300 W. Strasburg Road, West Chester, (610) 692-4367, thefourdogstavern.com.

CHESTER COUNTY

EAST BRANCH BREWING. The rooftop view is downright breathtaking at this former firehouse. Though East Branch is known for its award-winning beer, the food is a step above typical pub fare. No-brainers include the house-made pickles, brisket noodles, and a mushroom cake made with the shredded lion's mane variety, sautéed ramps and roasted tomato vinaigrette. 202 E. Lancaster Ave., Downingtown, (484) 593-0815, eastbranchbrewing.com.

THE GENERAL WARREN. This historic inn (with quaint overnight accommodations) is home of the Spring House Terrace, which is perfect for casual cocktail parties and after-work happy hours. There's also the more intimate Table 1745, a 275-year-old springhouse with seating for up to six guests. Beef Wellington, snapper soup and German wiener schnitzel are

continued on page 33



WHITE DOG CAFE (GLEN MILLS)

At Fearless Restaurants' newest creation, the expansive patio offers conversation-friendly groupings accented by "SIT" and "STAY" pillows—a whimsical spin on a sociable vibe. Standout shareables include Maryland crab dip and smoked trout toast. 981 Baltimore Pike, Glen Mills, (610) 822-2100, whitedog.com.

BISTRO ON BRIDGE

A vintage Volkswagen bus serves as the centerpiece for the bistro's second-floor Analog Room and Outdoor Beer Garden, with its funky wall art, retro accents, open roof and oversized windows offering bird's-eye views of downtown Phoenixville. The menu features handhelds, pizza and wings. Live music is the norm on weekends.

212 Bridge St., Phoenixville, (610)
935-7141, bistroonbridge.com.



ED WILLIAMS

ALFRESCO *continued from page 31*

among the menu highlights. *9 Old Lancaster Road, Malvern, (610) 296-3637, generalwarren.com.*

THE WHIP TAVERN. Built right next to a babbling branch of the Brandywine River, the deck of this authentic British-themed pub offers unspoiled rural tranquility. Classics include bangers and mash, Scotch eggs, Welsh rarebit and sticky toffee pudding. The beer list features both local and hard-to-get international options. *1383 N. Chatham Road, Coatesville, (610) 383-0600, thewhiptavern.com.*

DELAWARE COUNTY

FIREPOINT GRILL. Lunch, brunch and dinner are served on Firepoint's state-of-the-art covered patio area. With its floor-to-ceiling fieldstone fireplace, 25-seat bar, high-top tables and cushioned groupings of sofas and chairs, it's part sophisticated lounge, party cozy living room. Menu highlights include steaks, seafood and wood-fired rotisserie chicken. *3739 West Chester Pike, Newtown Square, (484) 428-3093, firepointgrill.com.*

LOLA'S GARDEN. See this month's Epicure review on page 111. *49 St. Georges Road, Ardmore, (484) 412-8011, lolasgardenrestaurant.com.*

TAVOLA RESTAURANT + BAR. Sink into soft pillows and enjoy sweeping views of the Springfield Country Club golf course at Tavola. Cozy fire pits, palm trees and shaded hideaways also await. The kitchen specializes in eclectic American cuisine and brick-oven specialties, with live acoustic music most evenings. *400 W. Sproul Road, Springfield, (610) 543-2100, tavolas.com.*

MONTGOMERY COUNTY

THE FARMER'S DAUGHTER. Normandy Farm Hotel & Conference Center's historic courtyard oasis has a flagstone floor, water features, a fire wall and form-fitting rocking chairs perfect for unwinding with a cocktail in hand. Delicious farm-to-table cuisine, a full bar and an energetic staff combine to make happy hour and brunch well worth the trip. *1401 Morris Road, Blue Bell, (215) 616-8300, farmersdaughterpa.com.*

continued on page 35

**BYRSA BISTRO**

The lush outdoor space at this Mediterranean BYOB is situated between Chester Creek and the historic Glen Mills train station. Specialties include vegetarian byrsa, crispy-skin duck breast and seafood paella. *128 Glen Mills Road, Glen Mills, (610) 444-3277, glenmills.byrsabistro.com.*

More Great Options for Dining Outdoors

333 Belrose

333 Belrose Lane, Wayne, (610) 293-1000, 333belrose.com

Al Pastor

560 Wellington Square, Exton, (484) 341-8886, eatalpastor.com

Aneu Kitchen & Juicery

1556 Lancaster Ave., Paoli, (610) 251-9600, aneucatering.com

At the Table BYOB

11 Louella Court, Wayne, (610) 964-9700, atthetablebyob.com

Bar Lucca

729 E. Hector St., Conshohocken, (610) 825-2700, barluccarestaurant.com

The Black Cat Cafe

42 Berkley Road, Devon, (610) 688-1930, theblackcatcafe.org

Brick & Brew

2138 Darby Road, Havertown, (484) 455-7250; 26 W. State St., Media, (484) 443-8441; 400 E. King St., Malvern, (484) 320-8688; bricknbrewpub.com

Brickside Grille

540 Wellington Square, Exton, (610) 321-1600, bricksidegrille.com

Christopher's a Neighborhood Place

108 N. Wayne Ave., Wayne, (484) 568-4127, christophersaneighborhoodplace.com

continued on page 35

THE LANDING KITCHEN

Amid the industrial surroundings of the former Pencoyd Iron Works site overlooking the banks of the Schuylkill River, this cafe patio is a great place to unwind or gear up. Garage doors provide a nice cross-breeze, and menu offers enticing upscale casual fare. Walk or bike off your meal on the nearby Pencoyd Trail to Manayunk. 617 Righters Ferry Road, Bala Cynwyd, (484) 434-8765, thelandingkitchen.com.



ALFRESCO *continued from page 33*

JASPER'S BACKYARD. Draped in white lights and anchored by a converted garage, this unique outdoor space is secluded and intimate. Locally sourced ingredients define a menu that includes signature wings and a hearty vegan ratatouille. 101 E. 7th Ave., Conshohocken, (610) 897-8212, jaspersbackyard.com.

Cornerstone Bistro & Artisanal Market

1 West Ave., Wayne, (610) 688-1888, cornerstonewayne.com

Crowded Castle Brewing Company

242 Bridge St., Phoenixville, (484) 252-0077, crowdedcastle.com

Dolce Zola

134 E. Gay St., West Chester, (484) 887-0760, dolcezola.com

Epicurean Garage

570 Simpson Drive, Chester Springs, (610) 615-5189, epicureangarage.com

Flying Pig

121 E. King St., Malvern, (610) 578-9208

Founding Farmers

255 Main St., Suite 180, King of Prussia, (474) 808-4008, wearefoundingfarmers.com

The Goat's Beard

103 N. Wayne Ave., Wayne, (484) 584-4979, thegoatsbeardwayne.com

Gulliflys

1149 Lancaster Avenue, Bryn Mawr, (610) 525-1851, gulliflys.com

Gypsy Saloon

128 Ford St, Conshohocken, (610) 838 8494, gypsysaloon.com

La Verona

114 State St., Kennett Square, (610) 444-2244, laveronapa.com

Limoncello Ristorante

9 N. Walnut St., West Chester, (610) 436-6230; 499 E. Uwchlan Ave., Chester Springs, (610) 524-3112; limoncellorestaurant.com

Mercato Ristorante and Bar

33 Market St., West Chester, (610) 701-6326, mercatowc.com



COYOTE CROSSING

On hot summer days, the patio at this Conshy mainstay beckons with wrought-iron seating and tables, a trickling fountain and plenty of shade. Wash down your quesadillas, enchiladas or tacos with pitcher of margaritas. 800 Spring Mill Ave., Conshohocken, (610) 825-3000, coyotecrossing.com.

Opa Taverna

40 E. Gay St., West Chester, (610) 696-4100, opataaverna.com

Restaurant Alba

7 W. King St., Malvern, (610) 644-4009, restaurantalba.com

Ryan Christopher's BYOB

245 Woodbine Ave, Narberth, (610) 664-9282, ryanchristophersbyob.com

Sedona Taphouse

44 W. Gay St., Suite 1, West Chester, (610) 738-5104; 131 Bridge St., Suite 5, Phoenixville, (484) 302-5714; sedonataphouse.com

Slow Hand

30 N. Church St., West Chester, (484) 999-8638, slowhand-wc.com

The Social Lounge

117 E. Gay St., West Chester, (610) 738-3948, thesocialwc.com

Somo Manayunk

4311 Main St., Philadelphia, (267) 297-6668, somohospitality.com

Stolen Sun Brewing & Roasting

342 Pottstown Pike, Exton, (484) 879-4161, stolensun.com

Stove & Tap

329 W. Main St., Lansdale, (215) 393-8277; 245 Lancaster Ave, Malvern, (484) 450-8890; 158 W. Gay Street, West Chester, (484) 999-0922; stoveandtap.com

Suburban Restaurant and Beer Garden

570 Wellington Square, Exton, (610) 458-2337, suburbanbg.com **MLT**

MAIN LINE TODAY RESTAURANT WEEK:

AUG. 23-SEPT. 5

Presented by Firsttrust Bank, Main Line Today Restaurant Week is a 14-day culinary celebration that showcases the talents of the region's top chefs and restaurants while also spotlighting local purveyors. At participating eateries, you can enjoy special three-course prix fixe menus for lunch (\$24.95, plus tax, beverage and gratuity) and dinner (\$36.95, plus tax, beverage and gratuity).

See the next page for a list of participating restaurants.

For its inaugural year, the local restaurant community joins forces with local media and businesses to showcase the culinary talent that makes our region special. "We want to make a real and genuine difference to the smaller and independent mom-and-pop restaurants that have been profoundly affected by the pandemic," says Marie Edwards,

Main Line Today's associate publisher.

The event also supports the local farmers and purveyors hit hardest by the pandemic. The latter have a chance to shine at the first-ever Purveyor Showcase, scheduled for Aug. 17. "We're proud to have the community's support as we present something we hope will be truly memorable and impactful—not just this year but in years to come," Edwards says.

OUR COMMUNITY ADVISORY BOARD

For its inaugural event, Main Line Today recruited a volunteer advisory board with top leaders from area restaurants, hotels, tourism organizations and small businesses.

Special thanks to the following advisory board members:

- Rob Donaldson, 333 Belrose Bar & Grill
- Kim Mullen, The Desmond Hotel and Conference Center Malvern
- KC Kulp, The Whip Tavern
- Joe Monnich, Stove and Co Restaurant Group
- Ann Kolenick, The Gables at Chadds Ford
- Rachel Ammon, King of Prussia District
- Vern Burling, La Cabra Brewing
- Marcus Dent, Brick & Brew Gastropub
- Jaimi Blackburn, Fearless Restaurants
- Rachel Riley, Valley Forge Tourism Board
- Lou Marrocco, Visit Delco PA
- Patrick Bryne, General Warren
- Patrick Feury, Nectar
- Xenia Scott, Main Line Chamber of Commerce
- Ken Kearns, 118 North
- Ben Fileccia, Pennsylvania Lodging and Restaurant Association
- Laura Manion, U.S. Chamber of Commerce
- Jim Cohn, Mid-Atlantic Events Magazine
- Bill Covalesski, Victory Brewing Company
- Jim Fris, PJW Restaurant Group

OUR SPONSORS

Main Line Today Restaurant Week is supported by presenting sponsor Firsttrust Bank, with additional support from Ferguson Bath, Kitchen and Lighting Gallery, Comcast Business, Tito's Handmade Vodka, Visit Delco PA, Valley Forge Tourism & Convention Board, Chester County's Brandywine Valley, Metro US, Yelp Philly, Philly Chit Chat and Aversa PR.

PARTICIPATING RESTAURANTS*

333 BELROSE BAR & GRILL

333 Belrose Lane, Wayne, (610) 293-1000, 333belrose.com

AL PASTOR

560 Wellington Square, Exton, (484) 341-8886, eatalpastor.com

ALESSANDRO'S WOOD FIRED ITALIAN & BAR

133 N. Wayne Ave., Wayne, (484) 580-6786, alessandrowoodfired.com

AMIS TRATTORIA

138 W. Lancaster Ave., Suite 140, Devon, (610) 590-4782, amistrattoria.com

AVOLA KITCHEN & BAR

625 N. Morehall Road, Malvern, (484) 328-8584, avolakitchenandbar.com

CORNERSTONE BISTRO & ARTISANAL MARKET

1 West Ave., Wayne, (610) 688-1888, cornerstonewayne.com

DESMOND HOTEL MALVERN

1 Liberty Blvd., Malvern, (610) 296-9800, desmondgv.com/restaurants

DIFABIO'S

1243 N. Providence Road, (484) 444-0850, difabioevents.com

ESTIA GREEK TAVERNA

222 N. Radnor Chester Road, Wayne, (484) 581-7124, estiarestaurant.com

FOUNDING FARMERS

255 Main St., Suite 180, King of Prussia, (474) 808-4008 wearefoundingsfarmers.com

THE GABLES AT CHADDS FORD

423 Baltimore Pike, Chadds Ford, (610) 388-770, thegablesatchaddsford.com

THE GOAT'S BEARD

103 N. Wayne Ave., Wayne, (484) 584-4979, thegoatsbeardwayne.com

GOOD LIFE ORGANIC KITCHEN

559 Wellington Square, Exton, (484) 872-2244, goodlifeorganickitchen.com

HARVEST SEASONAL GRILL & WINE BAR

Various locations, harvestseasonal.com

JASPER'S BACKYARD

101 E. 7th Ave., Conshohocken, (610) 897-8212, jaspersbackyard.com

LA CABRA BREWING

642 Lancaster Ave., Berwyn, (610) 240-7908, lacabrabrewing.com

LIBERTY UNION BAR AND GRILL

325 Simpson Drive, Chester Springs, (484) 359-4061, libertyunionbar.com

LOLA'S GARDEN

51 St. Georges Road, (484) 412-8011, lolasgardenrestaurant.com

PIZZERIA VETRI

138 W. Lancaster Ave., Devon, (484) 207-6663, pizzeriavetri.com

PJW RESTAURANT GROUP

Various locations, pjwrg.com

POMOD'ORO PIZZA AND ITALIAN RESTAURANT

200 Chestnut St., Downingtown, (610) 873-0405, pomodorodowningtowntown.com

RAMS HEAD BAR & GRILL

40 E. Market St., West Chester, (484) 631-0241, ramshheadbarandgrill.com

REVIVAL PIZZA PUB

240 Windgate Drive, Suite A7, Chester Springs, (610) 947-0999, revivalpizzapub.com

ROSALIE

139 E. Lancaster Ave., Wayne, (610) 977-0600, rosaliewayne.com

RYAN CHRISTOPHER'S BYOB

245 Woodbine Ave., Narberth, (610) 664-9282, ryanchristophersbyob.com

RYE BYOB

112 W. State St., Media, (610) 263-7832, ryebyob.com

SAVONA

100 Old Gulph Road, Gulph Mills, (610) 520-1200, savonarestaurant.com

SONTUOSA

26 N. Bryn Mawr Ave., Bryn Mawr, (484) 222-6216, sontuosabyob.com

STOVE & TAP

Various locations, stoveandtap.com

TAVOLA RESTAURANT + BAR

400 W. Sprout Road, Springfield, (610) 543-2100, tavolas.com

TERRAIN CAFE

138 W. Lancaster Ave., Suite 120, Devon, (610) 590-4675, shopterrain.com/pages/devon-restaurant

VICTORY BREWING COMPANY

Various locations, victorybeer.com

* List complete at press time.

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RESTAURANT WEEK SPOTLIGHT

A modern American restaurant, **Revival Pizza Pub** specializes in an array of appetizers, salads, pizzas, sandwiches and large plates using fresh and local ingredients. Located in Chester Springs' Weatherstone Town Center, the eatery is known for its family-friendly atmosphere.



RESTAURANT WEEK SPOTLIGHT

Pizzeria Vetri celebrates the art of authentic pizzas with simple food made exactly the right way using the finest fresh ingredients. Its dough is made with four ingredients and fermented four days to create that dappled look.



RESTAURANT WEEK SPOTLIGHT

In its rustic industrial space, **Alessandro's Wood Fired Italian & Bar** offers a modern take on traditional southern Italian cuisine. The over 20 Italian wines have been selected to complement a menu that favors local and seasonal ingredients.

RESTAURANT WEEK SPOTLIGHT

One of the most recent additions to the Fearless Restaurants group, **Rosalie** is a bastion of meticulously prepared Italian soul food in the historic Wayne Hotel. It features engaging décor, first-class service and an imaginative menu.



FOOD & DRINK DIRECTORY

RESTAURANTS

A selection of the area's finest eateries curated by our editors. Advertisers are guaranteed placement. All others have been reviewed by our critics. For expanded dining listings, visit mainlinetoday.com.

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CHESTER COUNTY

AMERICAN

Black Powder Tavern

Located near Valley Forge National Historical Park, this historic tavern, through various incarnations, has served as a meeting place for those looking to enjoy delicious comfort food and drink. 1164 Valley Forge Road, Wayne, (610) 293-9333, blackpowdertavern.com. \$

Bloom Southern Kitchen

Bringing a fresh concept to the old Eagle Tavern, Bloom exudes ambition and heart with Low Country-inspired dishes like shrimp and grits, Cheerwine-braised boneless short ribs, and chicken and waffles. 123 Pottstown Pike, Chester Springs, (484) 359-4144, bloomsouthernkitchen.com. \$\$

Cedar Hollow Inn

Chef Stephen Guiseppe of the Culinary Institute of America adds personal flair and imagination to a delectable menu of American Continental dishes. Daily chef's specials are creative, unpredictable and inspired. 2455 Yellow Springs Road, Malvern, (610) 296-9006, cedarhollowinn.com. \$\$

Duling-Kurtz House

An 1830 farmhouse sets the mood for a candlelit dining experience. The menu features rack of lamb, Chateaubriand for two, and seafood. 146 S. Whitford Road, Exton, (610) 524-1830, dulingkurtz.com. \$\$\$

Epicurean Garage

Chef Lee Krasley reclaims his culinary territory in the western suburbs with local farm-grown comfort food like poutine, burgers, cayenne-honey-dipped fried chicken and waffles, and his famous meatloaf. 570 Simpson Drive, Chester Springs, (610) 615-5189, epicureangarage.com. \$

Four Dogs Tavern

This old favorite keeps the crowds coming with its well-executed comfort food and lively outdoor patio. 1300 W. Strasburg Road, West Chester, (610) 692-4367, thefourdogstavern.com. \$\$

General Warren

An exceptional fine dining experience, this historic B&B also offers quaint lodging in elegant guest suites restored to their 18th-century charm. The General Warren also hosts weddings, private parties and corporate events. 9 Old Lancaster Road, Malvern, (610) 296-3637, generalwarren.com. \$\$\$

Greystone Oyster Bar

Mystic, Stormy Bay and Wellfleet oysters are the standbys in a rotating selection at downtown West Chester's best bet for fresh seafood on ice. There's also a small brewing operation in the basement of this historic structure. 7 N. Church St., West Chester, (610) 241-3369, greystoneoysterbarwc.com. \$\$\$

Iron Hill Brewery & Restaurant

Consistent, family-friendly American cuisine and award-winning beer are the calling cards of this growing regional chain. Various locations, ironhillbrewery.com. \$\$

Jimmy's BBQ

Mouthwatering authentic barbecue. 309 Lancaster Ave., Malvern, (610) 879-8805, jimmysbbq.com. BYOB \$

Ludwig's Grill & Oyster Bar

Oysters of many varieties are among the offerings at this elegant mainstay. Also look for land-based fare like duck, prime sirloin steak and beef short rib. 2904 Conestoga Road, Glenmoore, (610) 458-5336, ludwigsoysterbar.com. \$\$\$

■ Mae's

Chef/owner Josh Taggart's impeccable culinary credentials and impassioned perfectionism fuel the inventive, locally sourced cuisine at this rustic and deservingly popular BYOB. 39 W. Gay St., West Chester, (484) 887-0062, maeswc.com. **BYOB \$\$**

■ Malvern Buttery

A unique eatery and coffeehouse combination, the Buttery offers rustic sandwiches, fresh salads, great coffee and more. 233 E. King St., Malvern, (610) 296-2534, malvernbuttery.com. **\$**

■ Meatball U

Dan Shea honors his stepfather's recipe with colossal beef, chicken, sausage and vegetarian meatballs, plus other Italian favorites. 30 S. High St., West Chester, (484) 394-8400, meatballu.com. **\$**

■ McKenzie Brew House

This local brewery chain specializes in award-winning handcrafted beer, sassy American cuisine and a family-friendly atmosphere. Various locations, mckenziebrewhouse.com. **\$\$**

■ Nick Filet

Great Valley High School grad Nick Kline's budding franchise ups the ante on quick-service cuisine, heaping fresh filet mignon onto a Kaiser roll. 111 E. Lancaster Ave., Paoli, (484) 318-8545; 313 E. Lancaster Ave., Wayne, (484) 580-8400; nickfilet.com. **\$**

■ Nook & Kranny Kafe

The kitchen at this cozy cottage serves enticing all-day breakfast fare. Lunch specials range from pork barbecue to a buttery Monte Cristo. 847 Valley Forge Road, Phoenixville, (610) 933-5393, nookandkrannykafe.com. **\$**

■ Portabellos

Classic dishes and a homey setting complement a refreshingly old-school approach to cookery. 108 W. State St., Kennett Square, (610) 925-4984, portabellosokennettsquare.com. **BYOB \$\$**

■ Righteous Tap House

Tucked away in a quiet residential area, this unexpected hot spot offers a selection of well-executed bar fare with a decadent twist. 1548 Shadyside Road, West Chester, (484) 593-0850, righteoustaphouse.com. **\$\$**

■ Ron's Original Bar & Grille

Specialties include filet mignon, crab cakes, and slow-roasted beef and pork sandwiches. The bar offers an award-winning beer list. 74 E. Uwchlan Ave., Exton, (610) 594-9900, ronsoriginal.com. **\$**

■ Roots Cafe

At this farm-sourced eatery, the food is as honest as the menu's freshly sourced philosophy. 133 E. Gay St., West Chester, (610) 455-0100, rootscafewc.com. **BYOB \$\$**

■ Sedona Taphouse

A large patio, well-executed Southwest Arizona cuisine and over 250 brews give this classy franchise an indie feel. 131 Bridge St., Phoenixville, (484) 302-5714; 44 W. Gay St., Suite 1, West Chester, (610) 738-5104; sedonataphouse.com. **\$\$**

■ Slow Hand

Retro vibes abound at this two-story gem, which serves an ever-revolving locally sourced selection of elevated bar food. Highlights include Nashville hot wings and slider-like Belly Bombers. 30 N. Church St., West Chester, (484) 999-8638, slowhand-wc.com. **\$\$**

■ The Fox Barn at Twenty9

Happy hour is a busy time at the new Fox Barn, which is open only for private parties on weekends. The remarkable \$1.3 million transformation includes an inside/outside bar and 2,000 square feet of open deck. The menu features comfort food options like tater tots, wings, smoked chicken quesadillas and prime rib egg rolls. 16 Great Valley Pkwy. Malvern, (610) 251-9229, foxbarnattwenty9.com. **\$\$**

■ The Social Downingtown

Executive chef Dan Funk oversees the same tried-and-true New Orleans-inspired menu at this West Chester institution's second location. Signature dishes include pistachio-crusted chicken fingers, pot-roast fries and andouille meatloaf. 541 W. Lancaster Ave., Downingtown, (484) 593-4113, socialon30.com. **\$\$**

■ Split Rail Tavern

A hip, welcoming gastro-pub staffed by an eager young team serving carefully crafted cuisine and libations. 15 N. Walnut St., West Chester, (484) 999-8805, splitrailtavern.com. **\$\$**

■ Steel City Coffeehouse

This casual live music hub excels at a creative selection of flatbreads. 203 Bridge St., Phoenixville, (484) 924-8425, steelcitycoffeehouse.com. **BYOB \$**

■ Stolen Sun Brewing

One of the region's most beloved breweries has expanded, taking over the former gym space next door. The small kitchen whips up exceptional cheesesteaks, burgers, wraps, salads and a mouth-watering hand-rubbed pulled pork sandwich. 342 N. Pottstown Pike, Exton, (484) 879-4161, stolensun.com. **\$\$**

■ Stottsville Inn

The kitchen at this restored circa-1858 stayover destination offers a creative spin on chicken wings (charred), steaks, seafood, pan pizza and other comforting standbys. 3512 Strasburg Road, Coatesville, (484) 718-5121, stottsvilleinn.com. **\$\$**

■ Suburban Restaurant & Beer Garden

Two concepts find success at this busy spot. On one side, there's a beer garden; on the other, creative upscale farm-to-table cuisine. 570 Wellington Square, Exton, (610) 458-2337, suburbanbg.com. **\$\$**

■ TJ's Restaurant & Drinkery

Now under new ownership, TJ's remains a cheery beer-centric saloon offering favorites like the chicken-and-waffle sandwich and slow-braised short-rib tacos. 35 Paoli Plaza, Paoli, (610) 725-0100, tjsbeer.com. **\$\$**

■ Wrong Crowd Beer

Wrong Crowd's 5,000-square-foot brewing facility also features a kitchen that turns out artisan pizzas, lump-crab nachos, pilsner-brined wings and other tasty pub fare. 342 Hannum Ave., West Chester, (484) 983-3003, wrongcrowdbeer.com. **\$**

■ Verbena BYOB

Seasoned chef Scott Morozin's cozy 36-seat eatery showcases his considerable talents in the kitchen. The creamless mushroom soup and vodka-cured Ora King salmon are standouts. 102 State St., (484) 732-7932, Kennett Square, verbenabyob.com. **BYOB \$\$**

ASIAN

■ Bua Loy

Chef Bualoy Phengmisouk serves authentic Laotian and Thai dishes that are as flavorful as they are affordable. Standouts include the tapioca noodles, satays, curries and stir-fries. 300 W. Lancaster Ave., Devon, (610) 341-8162, bualoycuisine.com. **BYOB \$\$**

■ Momma Wong

Chef Hongbin Luo offers superior dim sum and tried-and-true favorites like General Tso's chicken. For the adventurous, authentic dishes include pork intestines and pig kidney. 268 Eagleview Blvd., Exton, (484) 713-8888, bestmamawong.com. **BYOB \$\$**

■ Nui Nui Kitchen

Nui Kullana's revamped Asian fusion eatery offers poke bowls, Pad Thai, curry dishes and standouts like General Tso's Chilean sea bass. 301 Bridge St., Phoenixville, (484) 302-5141, nuiinukitchen.com. **BYOB \$**

■ Oori

Ramen (with braised pork belly, chicken or kelp) and other trendy Korean-inspired dishes shine here. Be sure to try the double-fried chicken wings, served in sauce or dry rubbed. 2228 Pottstown Pike, Pottstown, (484) 985-8071, oorieats.com. **\$**

■ Veekoo Asian Cuisine

Grab a seat at the sushi bar, or try any of the Chinese, Thai and Japanese specialties. 564 Lancaster Ave., Berwyn, (484) 318-7655, veekoasiancuisine.com. **BYOB \$\$**

EUROPEAN

■ Andiaro

Reservations are a must at this acclaimed spot, where an open kitchen reveals sumptuous offerings like guinea hen, decadent pastas, and delicate Pocono trout. 106 W. Gay St., West Chester, (484) 887-0919, andiaro.com. **BYOB \$\$\$**

■ Anthony's Cucina Fresca

Chef Danilo Angelucci and his wife, Katherine, preside over a welcoming trattoria that serves delicious antipasto, tempting meat-and-cheese boards, handmade pizza, build-your-own pastas, and hearty entrées like veal, filet mignon and baked salmon. 78 W. Lancaster Ave., Downingtown, (610) 873-5544, anthonyscucinafresca.com. **\$\$**

■ Avola Kitchen + Bar

Highlights from Avola's well-crafted menu include the undeniably Greek Shrimp Saganaki and gnocchetti with tender braised lamb in a rich red-wine-and-caper sauce. 625 N. Morehall Road, Malvern, (484) 328-8584, avolakitchenandbar.com. **\$**

■ Dolce Zola

Pastas are the real standout here. Especially good are the angel hair and tonnarelli, with hearty sauces like ragu, Bolognese, bacon-flecked carbonara and jalapeño-infused puttanesca. 134 E. Gay St., West Chester, (484) 887-0760, dolcezola.com. **BYOB \$\$**

■ Hearth Kitchen

Bryan Sikora's latest stellar contribution to the suburban culinary scene boasts playfully upscale standouts like ricotta gnocchi and chopped-clam-and-bacon toast. 847 E. Baltimore Pike, Kennett Square, (484) 732-8320, hearthkennettsquare.com. **\$\$**

■ La Fava Restaurant and Bar

One of Glen Mills' more recent culinary entrants offers a menu of authentic Mediterranean-accented dishes like chargrilled Spanish octopus tendrils, grilled langostino and some of the best pastas around. 1102 Baltimore Pike, Glen Mills, (484) 840-8603, lafavaglenmills.com. **\$\$**

■ La Verona

Among the menu standouts at this Kennett favorite are antipasti classics like bruschetta and mussels marinara, along with escargot and other French staples. The house-made pastas are exemplary. 114 State St., Kennett Square, (610) 444-2244, laveronapa.com. **\$\$**

■ Limoncello

Both popular locations specialize in rustic and rich Southern Italian cuisine, with a vast and diverse menu and a lively bar scene. 499 E. Uwchlan Ave., Chester Springs, (610) 524-3112, 9 N. Walnut St., West Chester, (610) 436-6230; limoncellorestaurant.com. **\$\$**

■ Malvern Pizza

A casual spot serving traditional and specialty pies, plus strombolis, burgers, sandwiches and salads. 19 E. King St., Malvern, (610) 644-8888, malvernpizza.com. **\$**

■ Opa Taverna

At this prime corner spot, the Mediterranean coastline is evoked in everything from the citrusy hummus to the gyro platters. The lamb chops shine, as does the fish—much of it flown in from Greece. 40 E. Gay St., West Chester, (610) 696-4100, opatavernaphilly.com. **BYOB \$**

■ Pomodoro Pizza and Italian Restaurant

Traditional Italian food and personal, attentive service. Baked goods and gelato made on site. 200 Chestnut St., Downingtown, (610) 873-0405, pomodorodowningtwn.com. **\$\$**

■ Tiramisu

This low-key 65-seat eatery delivers Roman-Jewish cuisine with a twist. 720 Lancaster Ave., Berwyn, (610) 906-3299, tiramisuberwyn.com. **\$\$**

■ Vickers Restaurant

Serving traditional Continental cuisine with a French influence, Vickers offers tableside cooking and flambé in a historic landmark. 192 E. Welsh Pool Road, Exton, (610) 363-7998, vickersrestaurant.com. **\$\$**

LATIN AMERICAN

■ Más Mexicali Cantina

Mexican favorites dominate the menu at this vast corner eatery, with an expansive rooftop dining-and-drinking area in warm months. 102 E. Market St., West Chester, (610) 918-6280, masmexicali.com. **\$**

DELAWARE COUNTY

AMERICAN

■ 118 North

This popular live music venue has upgraded its menu with poutine-inspired fries, savory burgers, grilled swordfish and more. 118 N. Wayne Ave., Wayne, (610) 971-2628, 118northwayne.com. **\$\$**

■ 333 Belrose Bar & Grill

Carlo deMarco's seasonal, sophisticated New American cuisine is made with the best local products and ingredients. 333 Belrose Lane, Radnor, (610) 293-1000, 333belrose.com. **\$\$**

■ Avenue Kitchen

The menu at this hip eatery trends toward simpler fare and uncomplicated ingredients, yet it still delivers a polished, chic ambiance. 509 Wilmington West Chester Pike, Glen Mills, (484) 800-8070, avekitchen.com. **\$**

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SPECIAL EDITORIAL SECTION

continued from page 40

■ Autograph Brasserie

Offering quality ingredients and an upscale bar scene, this Marty Grims creation succeeds equally in celebrating pop culture and first-rate cuisine. 503 W. Lancaster Ave., Wayne, (610) 964-2588, autographbrasserie.com. \$\$\$

■ Brick & Brew

The handiwork of Havertownie Tom Kane and beer-and-spirits aficionado Mike Grubb, Brick & Brew doesn't skimp on its impressively executed pub fare. Various locations, bricknbrewpub.com. \$

■ DiFabio's

A full-service family restaurant with a gourmet market, full bar, bakery and pizzeria. 1243 N. Providence Road, Media, (484) 444-0850. \$\$

■ Firepoint Grill

Showcasing an open kitchen with a wood-fired grill, Firepoint offers an eclectic menu filled with rich, natural flavors, fresh cocktails, seasonal craft beers and a diverse wine selection—all in a warm, inviting atmosphere. 3739 West Chester Pike, Newtown Square, (484) 428-3093, firepointgrill.com. \$\$

■ The Gables at Chadds Ford

The Gables' redesigned menu spotlights fresh, local, seasonal ingredients. Stop by for happy hour and try the award-winning sangria. 423 Baltimore Pike, Chadds Ford, (610) 388-7700, thegablesatchaddsford.com. \$\$

■ Glenmorgan Bar & Grill

Located in the Radnor Hotel, Glenmorgan offers a contemporary atmosphere, classic cocktails, spirited American cuisine and chef's specials. 593 E. Lancaster Ave., St. Davids, (610) 341-3188, glenmorgan.com. \$\$

■ Harvest Seasonal Grill & Wine Bar

Prolific restaurateur Dave Magrogan's farm-to-table concept features an organic seasonal menu, with most items under 500 calories. Various locations, harvestseasonalgrill.com. \$

■ Local Wine & Kitchen

With its cified feel and inventive menu tailored for shareable dining, the Local is a foodie favorite. 39 W. Lancaster Ave., Ardmore, (610) 896-4740, localwineandkitchen.com. \$\$

■ Meghan's Restaurant Breakfast and Lunch

All salads—including the egg, tuna, and popular chicken salad—are made on the premises. Pies, cakes and muffins are baked fresh daily. 1117 Smithbridge Road, (610) 459-3022, facebook.com/meghanspa. \$

■ The Original Thunderbird

Celebrating its 63rd year in business, the family-owned Thunderbird offers an extensive menu, including cheesesteak egg rolls, stromboli bites, chicken piccata, hoagies, wraps, breakfast pizzas and sandwiches, and more. 2323 West Chester Pike, Broomall, (610) 356-8869, theoriginalthunderbird.com. \$

■ OSO Sweet

This homey surprise in the Chadds Ford Barn Shops is the promising debut venture for talented young pastry chef Tess Wofford, whose versatility is evident in her mastery of everything from cookies and scones to pizzas and breakfast pastries. 1609 Baltimore Pike, Suite 500, Chadds Ford, (610) 880-8118, ososweet.shop. \$

■ Pinnocchio's Restaurant

Recognized as the first pizzeria in Delaware County, this family-owned restaurant sets the standard for fresh homemade pies. 131 E. Baltimore Ave., Media, (610) 566-7767, pinpizza.com. \$

■ Ripplewood Whiskey & Craft

This speakeasy-inspired tavern offers impeccably crafted comfort fare, including pretzeled Parker House rolls with truffle butter, fries awash in a decadently cheesy sea of fontina-cheddar and brisket chunks, and a heavenly charred octopus. 29 E. Lancaster Ave., Ardmore, (610) 486-7477, ripplewoodbar.com. \$\$

■ Rosalie

The latest from the White Dog Cafe folks is an authentic yet sophisticated Italian gem in the Wayne Hotel. The menu makes the most of quality ingredients, excellent preparations and a shared dining experience—and the fresh pasta is to die for. 139 E. Lancaster Ave., Wayne, (610) 977-0600, rosaliewayne.com. \$\$

■ Rye BYOB

Rye's carefully crafted cuisine should ensure its longevity in Media's crowded dining scene. Highlights include fresh seafood and pasta, plus a surf-and-turf combo with a crab cake and New York strip. 112 W. State St., Media, ryebyob.com. BYOB \$\$

■ Sophie's BBQ

Sophie's owner Gregg Herman presides over two large reverse-flow smokers, and he prides himself on his marinades. The menu features dry-rub chicken, baby-back ribs, Louisiana hot links (made on-site) and pulled pork shoulder. 64 Rittenhouse Place, Ardmore, (610) 642-0100, sophiesbbq.com. \$\$

■ Sterling Pig Brewery

This open, airy spot with two locations offers wood-fired pizzas, hearty signature barbecue and eight rotating taps. 609 W. State St., Media, (484) 444-2526; 113 W. Market St., West Chester, (484) 999-8026; sterlingpig.com. \$

■ Tap 24

Gastro-pub cuisine, 24 rotating craft beers, craft cocktails and more make this a great place to get together with friends and family. 36 W. State St., Media, (484) 442-8839, tap24media.com. \$\$

■ Tavola Restaurant + Bar

Springfield Country Club's stylish American eatery is open to the public seven days a week. It offers a spacious dining room and an outdoor patio with a fire pit. 400 W. Sproul Road, Springfield, (610) 543-2100, tavolas.com. \$\$

■ Tired Hands Brewing Company and Fermentaria

The focus may be on award-winning beer, but the sandwiches, cheeses and charcuterie are also noteworthy at Tired Hands. Fermentaria expands the brand and elevates the menu. 16 Ardmore Ave., Ardmore, (610) 896-7621; 35 Cricket Terrace, Ardmore, (484) 413-2983; tiredhands.com. \$\$

■ White Dog Cafe

Consistent execution, a sustainable mindset, local ingredients and a lively atmosphere have all come to define this highly regarded—and busy—eatery. Various locations, whitedog.com. \$\$

ASIAN

■ Asiana Garden

Exceptional Thai cuisine prepared by experienced chefs. 232 W. Wayne Ave., Wayne, (610) 293-7500, asianagarden.us. BYOB \$

■ Azie

Pan-Asian favorites get an upscale twist in Azie's modern setting. 217 W. State St., Media, (610) 566-4750, www.azie-restaurant.com; 789 E. Lancaster Ave., Villanova, (610) 527-5700; azieonmain.com. \$\$

■ DanDan

Kevin and Catherina Huang bring their Center City concept to the suburbs, offering authentic Szechuan-Taiwanese cuisine. 214 Sugartown Road, (484) 580-8558, dandanrestaurant.com. \$

■ Margaret Kuo's

This Main Line mainstay has long been known for its exceptional Chinese and Japanese cuisine and first-rate service. Various locations, margaretkuo.com. BYOB \$\$

■ Pho Street

Delicious street food that takes its inspiration from the Nam Dinh markets of Vietnam, served in a no-frills atmosphere. 1001 W. Lancaster Ave., Bryn Mawr, (610) 527-1413; 204 Baltimore Pike, Springfield, (610) 544-3934; phostreet.com. BYOB \$

■ Songsan Korean BBQ

This intimate Rittenhouse Place nook has just 12 tables, where diners can prepare their own combo platters of marinated center-cut short ribs or spicy chicken, thinly sliced pork belly or tender beef brisket on an electric grill. 66 Rittenhouse Place, Ardmore, (610) 642-3184. BYOB \$\$

EUROPEAN

■ A Taste of Britain Café

Enjoy afternoon tea, served all day. Or choose from a selection of homemade sandwiches, desserts and more. 503 W. Lancaster Ave., Wayne, (610) 971-0390, atobritain.com. BYOB \$

■ Antica

Affordable and authentic, Antica brings regional Italian flair to the Brandywine Valley. 1623 Baltimore Pike, Chadds Ford, (484) 770-8631, anticapa.com. BYOB \$\$

■ Alessandro's Wood-Fired Italian & Bar

Formerly Ardé, Alessandro's is an ideal spot for Neapolitan pies and pasta. 133 N. Wayne Ave., Wayne, (484) 580-6786. \$

■ Cornerstone Bistro & Artisanal Market

The market offers local cheeses, gift baskets and hard-to-find beers and wines. The restaurant, with its 14-seat chef's counter, offers finesse from start to finish. 1 West Ave., (610) 688-1888, cornerstonewayne.com. \$\$\$

■ Estia Greek Taverna

Estia impresses with two dining rooms, a relaxing bar and exceptional updates of traditional Greek fare. 222 N. Radnor-Chester Road, Radnor, (484) 581-7124, estiataverna.com. \$\$

■ Fellini Café

Gourmet Italian food in a relaxed, casual environment. 3541 West Chester Pike, Newtown Square, (610) 353-6131, felinicafeofnewtownsquare.com; 2 Waterview Road, West Chester, (484) 999-8407, felinicafeofwc.com. BYOB \$\$

■ La Belle Epoque Bistro

Enjoy specialties like French onion soup, crêpes and seasonal entrées. The bar offers craft cocktails and a selection of wines. 38 W. State St., Media, (610) 566-6808, labellebistro.com. \$

■ La Padella

Nick and Kayla Amoroso's welcoming neighborhood restaurant and bar specializes in modernized Italian-American classics like thick-cut veal Parmesan and bone-in Marsala. 100 State Road, Media, (484) 445-4445, lapadellamedia.com. \$

■ Pepperoncini

A charming spot offering Italian favorites like fried ravioli and chicken Parmesan, plus sumptuous seafood dishes. 25 S. Eagle Road, Havertown, (484) 454-5995, pepperoncinihavertown.com. BYOB \$

■ Teca Newtown Square

This Delaware County version of the West Chester favorite specializes in Neapolitan pizzas and hand-spun pastas. 191 S. Newtown Street Road, Newtown Square, (484) 420-4010, tecanewtownsquare.com. \$

INTERNATIONAL

■ Byrsa Bistro

Ahmed and Christine Chraga wow diners with traditional paella, chicken tagine, seafood linguini, cavatelli and lamb. 128 Glen Mills Road, Glen Mills, (610) 444-3277; 127 State St., Kennett Square, (610) 444-5050; byrsabistro.com. \$

■ Shere-E-Punjab

The diverse menu at this sophisticated local chain offers an authentic and flavorful take on the cuisine of India. Various locations, shere-e-punjab.com. \$

LATIN AMERICAN

■ Agave

The well-executed traditional dishes at this low-key gem include creamy guacamole, octopus ceviche, tacos, enchiladas and burritos. 1620 Baltimore Pike, Chadds Ford, (484) 770-8345, agavebyo.com. BYOB \$

■ Diego's Cantina & Tequila Bar

This Tex-Mex-style eatery features a late-night menu Friday and Saturday, plus drink specials, a great beer menu and over 60 tequilas. 214 W. State St., Media, (484) 442-8741, diegos-cantina.com. \$

■ Dos Gringos Mexican Kitchen

Tasty basics like enchiladas and tacos are standouts, along with grilled ahi tuna, tilapia, Mexican-inspired pork chops and more. 113 S. Olive St., Media, (610) 565-7794, dosgringosmedia.com. BYOB \$

MONTGOMERY COUNTY

AMERICAN

■ J. Alexander's Restaurant

Known for its wood-fired cuisine, J. Alexander's offers a wide selection of classics, including prime rib, steaks, fresh seafood, sandwiches, and entrée salads. 256 Mall Blvd., King of Prussia, (484) 322-2000, jalexanders.com. \$\$\$

■ Bodega by La Cabra Brewing

La Cabra's latest venture excels at wood-fired eats like brisket, baby-back ribs and wings, all of which pair perfectly with a rotating selection of unique brews. 810 Glenbrook Ave., Bryn Mawr, (610) 526-2337, bodegabylacabra.com. \$

■ The Grog Grill

This popular bar and restaurant features high-quality food and an extensive wine, liquor and beer selection. 863 W. Lancaster Ave., Bryn Mawr, (610) 527-5870, thegroggrill.com. \$

■ Jasper's Westside

The second iteration of Jasper's Backyard offers the same cool vibe and elevated bar food. 101 Ford St., West Conshohocken, (484) 368-3529, jasperswestside.com. \$

SPECIAL EDITORIAL SECTION

■ Lunch Box

This tiny eatery dishes up simple breakfast and lunch items like pancakes and chicken salad. 951 Youngs Ford Road, Gladwyne, (610) 642-9608. **BYOB \$**

Ryan Christopher's

This neighborhood favorite offers American bistro fare. 245 Woodbine Ave., Narberth, (610) 664-9282. ryanchristophersbyob.com. **BYOB \$\$**

■ Tin Lizard Brewing Company

A two-story barbecue joint and microbrewery offering small-batch brews and smokehouse specialties. 1000 W. Lancaster Ave., Bryn Mawr, (610) 525-1100, tinlizardbrewingco.com. **\$**

ASIAN

Coco Thai Bistro

At Coco, orchids, philodendron, lavender and daisies abound. The menu is equally colorful, thanks to standout dishes like spicy quinoa, shrimp and crab served with Massaman curry. 231 Haverford Ave., Narberth, (610) 667-7634, cocobistro.com. **BYOB \$**

EUROPEAN

■ The Bercy

Joe Monnich and Justin Weathers' French-style brasserie offers an approachable bistro menu. 7 Lancaster Ave., Ardmore, (610) 589-0500, thebercy.com. **\$\$\$**

Core de Roma

Already a favorite in West Chester, Core de Roma has added a second location in Belmont Hills. Standout dishes include carciofi (artichokes) alla Romana, tender saltimbocca, bucatini all'amatriciana, and classic pasta fagioli and cheese tortellini soups. Finish the evening with a demitasse of intense espresso. 201 Jefferson St., Bala Cynwyd, (484) 278-4567, corederomabelmont.com; 327 E. Gay St., West Chester, (610) 701-8485, corederoma.org. **\$\$**

Citron & Rose Tavern & Market

Glatt kosher meets gourmet at this sleek spot, which puts a modern spin on Eastern European Jewish classics. 261 Montgomery Ave., Bala Cynwyd, (610) 257-7577, citronrosetavern.com. **\$\$**

■ Lourdas Greek Taverna

The consistently excellent fare at this family-owned institution includes classic Greek dishes like gyros, moussaka, souvlaki, fresh seafood and more. 50 N. Bryn Mawr Ave., Bryn Mawr, (610) 520-0288, lourdasgreekrestaurant.com. **BYOB \$\$**

■ Savona Restaurant

This well-heeled establishment continues to excel at classic Riviera-inspired dining. Signature dishes include the Scottish salmon. 100 Old Gulph Road, Gulph Mills, (610) 520-1200, savonarestaurant.com. **\$\$\$**

■ ZaGaFen

Kosher cuisine and cocktails, with sublime fish dishes, pastas, grilled pizzas and more. 370 Montgomery Ave., Merion Station, (610) 667-7777, zagafen.com. **\$\$**

INTERNATIONAL

Saffron Indian Kitchen

Blended spices are the true stars at Saffron, which offers an exceptional array of nouveau and traditional Indian cuisine. Various locations, saffronofphilly.com. **\$\$**

LATIN AMERICAN

Coyote Crossing

This Conshy institution features authentic Mexican food and the best mezzal bar in the Philadelphia region. 800 Spring Mill Ave., (610) 825-3000, coyotecrossing.com. **\$\$**

BEER, WINE & SPIRITS

BREWERIES

2SP BREWING COMPANY

This Delaware County brewery has produced over 140 varieties of beer, including a limited-edition coffee stout created in partnership with Wawa. 120 Concord Road, Aston, (484) 483-7860, 2spbrewing.com.

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SPECIAL EDITORIAL SECTION

BALD BIRDS BREWING COMPANY

Husband-and-wife duo Joe and Abby Feerrar debuted Bald Birds in 2018. The taproom features picnic-style and high-top seating, TVs, board games, and video games. 970 Rittenhouse Road, Audubon, (484) 392-7068, baldbirdsbrewing.com.

BRAELOCH BREWING

With beers like the Kennett Brown Ale and Blue Hen Gold IPA, Braeloch has embraced its local roots. The 4,000-square-foot taproom features lots of seating, live music and a dog-friendly outdoor beer garden. 225 Birch St., Kennett Square, (610) 612-9242, braelochbrewing.beer.

CHESTNUT HILL BREWING COMPANY

Located inside Market at the Fareway, this nano brewery is known for its flagship Motra, a West Coast style-IPA that pairs perfectly with the eatery's wood-fired Neapolitan pizzas. 8231 Germantown Ave., Chestnut Hill, (215) 247-0300, chestnuthillbrewingcompany.com.

CONSHOCKEN BREWING COMPANY

Small-batch brews include the Conshohocken IPA and award-winning Puddlers Row ESB. In addition to their flagship taproom and production facility in Conshy, there are several other locations throughout the suburbs. Various locations, conshohockenbrewing.com.

CROOKED EYE BREWERY

This family-run brewery crafts eight core beers, plus a rotation of seasonal brews. Open-mic nights, live music and Quizzo are staples in the taproom. 13 E. Montgomery Ave., Hatboro, (267) 803-6925, crookedeyebrewery.com.

CROWDED CASTLE BREWING COMPANY

You'll find quirky selections like the Castlecade IPA and Lord Whipperfurth's Stout at this taproom, which also offers locally produced ciders, wine and craft liqueurs. 242 Bridge St., Phoenixville, (484) 252-0077, crowdedcastle.com.

EAST BRANCH BREWING COMPANY

Housed in a historic firehouse in Downingtown, East Branch produces 11 different brews. The taproom features a full-service restaurant and bar. 202 E. Lancaster Ave., Downingtown, (484) 593-0815, eastbranchbrewing.com.

IRON HILL BREWERY

An award-winning regional mainstay known for its New American menu and on-site brews. Various locations, ironhillbrewery.com.

KENNETT BREWING COMPANY

This funky microbrewery and pub regularly hosts local bands, as well as trivia and open-mic nights. 109 S. Broad St., Kennett Square, (610) 444-0440, kennettbrewingcompany.com.

LA CABRA BREWING

This industrial-chic brewery and restaurant features rotating taps and a Latin-inspired menu. It's Bodega location in Bryn Mawr offers great barbecue and La Cabra beer. 642 Lancaster Ave., Berwyn, (610) 240-7908; 810 Glenbrook Ave., Bryn Mawr, (610) 526-2337; lacabrabrewing.com.

LEVANTE BREWING COMPANY

Known for its Cloudy and Cumbersome IPA, Levante offers a bevy of unique brews. The now-permanent Levante Stables is the perfect summer hangout. 208 Carter Drive, West Chester, (484) 999-8761, 160 Park Road, Chester Springs, (484) 202-0622; levantebrewing.com.

LOCUST LANE CRAFT BREWERY

Named after the street where the owners met, Locust Lane offers four staples, plus a selection of seasonal and experimental brews. 50 Three Tun Road, Malvern, (484) 324-4141, locustlanecraftbrewery.com.

MANAYUNK BREWING COMPANY

Located on the banks of the Schuylkill River, this brewery and restaurant boasts a massive al fresco dining area, multiple bars and a state-of-the-art brewing facility. 4120 Main St., Manayunk, (215) 482-8220, manayunkbrewery.com.

MCKENZIE BREW HOUSE

With locations in Chadds Ford, Devon and Malvern, McKenzie offers award-winning brews and a New American menu. Various locations, mckenziebrewhouse.com.

REBEL HILL BREWING COMPANY

A seven-barrel brewpub specializing in small-batch ales. The IPAs, saison and stout pair well with the sharable plates, sandwiches and salads. 420 Schuylkill Road, Phoenixville, (484) 924-8044, rebelhillbrewing.com.

SPECIAL EDITORIAL SECTION

ROOT DOWN BREWING COMPANY

Graffiti-adorned walls, classic arcade games and ample beer hall-style seating make this award-winning 13,000- square-foot brewpub exceptionally cool. 1 N. Main St., Phoenixville, (484) 302-5407, rootdownbrewing.com.

SLY FOX BREWING COMPANY

Since debuting in 1995, Sly Fox has produced more than 100 craft brews, earning numerous awards. Headquartered in Pottstown, this local institution also operates a brewhouse and restaurant in Phoenixville. 520 Kimberton Road, Phoenixville, (610) 935-4540; 331 Circle of Progress Drive, Pottstown, (484) 524-8210; slyfoxbeer.com.

STABLE 12 BREWING COMPANY

Started by three high school friends, this small-batch brewery offers 10 beers and tasty pub fare. 368 Bridge St., Phoenixville, (610) 715-2665, stable12.com.

STERLING PIG BREWERY

Loic Barnieu and Brian McConnell's small-batch brewery runs the craft-beer gamut, from IPAs and porters to stouts and pilsners. 609 W. State St., Media, (484) 444-2526; 113 W. Market St., West Chester, (484) 999-8026; sterlingpig.com.

STICKMAN BREWS

You'll find a wide variety of small-batch brews, including the award-winning Cousin Stoopid Grand Cru. 861 Kimberton Road, Chester Springs, (484) 202-8576; 326 N. Lewis Road, Royersford, (484) 938-5900; stickmanbrews.com

STOLEN SUN BREWING AND ROASTING COMPANY

This family-owned operation brews great beer and small-batch Colombian coffee, both of which pair perfectly with its pub fare. 342 Pottstown Pike, Exton, (484) 879-4161, stolensun.com.

SUBURBAN BREWING COMPANY

A novel collaboration between Suburban Restaurant & Beer Garden and Fancy Camper Home Brew Supply, this small-batch, all-grain brewery offers up to a dozen rotating beers, plus locally made spirits, wine and snacks. 2536 Conestoga Ave., Honey Brook, (610) 273-3106, suburbanbrewingco.com.

TIN LIZARD BREWING COMPANY

A two-story barbecue joint and microbrewery offering nine rotating beers brewed on site. 1000 W. Lancaster Ave., Bryn Mawr, (610) 525-1100, tinlizardbrewingco.com.

TIRED HANDS BREWING COMPANY

This internationally-ranked, six-barrel brewery specializes in American hop-forward, Belgian and French ales. It has three locations in Ardmore: the 150-seat Fermentaria, a general store and the original Brew Café. *Various locations*, tiredhands.com.

TUNED UP BREWING COMPANY

This nano-brewery's taproom features a rotating lineup of IPAs, stouts and ales, plus open mic nights and live music. 135 N. Main St., Spring City, (484) 374-2671, tunedupbrew.com.

VICTORY BREWING COMPANY

With taprooms in Downingtown, Kennett Square and Parkesburg, this Chester County standout has earned national acclaim since opening over 20 years ago. Victory crafts 17 brews, including year-round staples like the Golden Monkey Belgian-style tripel and seasonal favorites like Summer Love golden ale. *Various locations*, victorybeer.com.

WORKHORSE BREWING COMPANY

Workhorse spans 70,000 square feet. Visitors can book brewery tours, nosh on grub from a rotating lineup of food trucks, and take part in weekly Quizzo and fitness classes. 250 King Manor Drive, King of Prussia, (484) 681-9928, workhorsebrewing.com.

WRONG CROWD BEER

This 5,000-square-foot pub has a 15-barrel facility that produces more than a dozen options, including its Sunderland IPA, two oatmeal stouts, a ruby-colored Pick 'Em All Day blueberry kettle sour, the hazy Drink Deep session IPA, and The Borough pilsner. 342 Hannum Ave., West Chester, (484) 983-3003, wrongcrowdbeer.com.

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WINERIES

1723 VINEYARDS

Established by fifth-generation farmers, this 11-acre vineyard is open to the public on weekends, with food trucks every Saturday afternoon April-October. 5 McMaster Blvd., Landenberg, (888) 330-0526, 1723vineyards.com.

A'DELLO VINEYARD AND WINERY

Each of the red, white, semi-sweet and fruity wines at A'Dello are produced from a family recipe passed down from the owners' Italian ancestors. The tasting room is open on weekends. 21 Simmons Road, Perkiomenville, (610) 754-0006, adellowines.com.

BLACK WALNUT WINERY

The tasting room here is in a charming 200-year-old bank barn. There's a second location in downtown Phoenixville, with a tasting room, a wine bar and live music. 3000 Lincoln Hwy., Coatesville, (610) 857-5566; 260 Bridge St., Phoenixville, (484) 924-8740; blackwalnutwinery.com.

CARDINAL HOLLOW WINERY

Visitors will likely find something they've never tasted before, thanks to uniquely flavored wines like spicy strawberry, blueberry, jalapeno, and agave nectar. More traditional red and white varieties are also available. 1830 West Point Pike, West Point, Lansdale, (215) 801-2227, cardinalhollowwinery.com.

CHADDSFORD WINERY

With a focus on dry reds and whites, and sweet wines that pair well with meals, Chaddsford offers daily tastings and flights, plus a host of fun events. 632 Baltimore Pike, Chadds Ford, (610) 388-6221, chaddsford.com.

FLICKERWOOD WINE CELLARS

This winery's creations are inspired by the owners' passion for rock 'n' roll. You'll find over 30 whites, reds, blushes and specialty sweet wines. 920 Market St., Oxford, (610) 932-9498, flickerwood.com.

GALER ESTATE VINEYARD & WINERY

Over 70 percent of the grapes used at Galer Estate come from its own vineyards. The arty tasting room is open on weekends. 700 Folly Hill Road, Kennett Square, (484) 899-8013, galerestate.com.

GRACE WINERY

Located in a transformed 1750s barn, the tasting room is open daily. 50 Sweetwater Road, Glen Mills, (610) 459-4711, gracewinery.com.

J. MAKI WINERY

The only winery in the U.S. to win a gold medal for champagne from the prestigious Vinalies Internationales, J. Maki makes red, white and ice wines, plus champagne. 200 Grove Road, Elverson, (610) 286-7754, jmakiwinery.com.

KARAMOOR ESTATE VINEYARDS

The vintage wines made here include Cabernet Franc, chardonnay, meritage, merlot and sauvignon blanc. The tasting room is open by appointment only. 40 E. Skippack Pike, Fort Washington, (215) 641-0233, karamoorwines.com.

KREUTZ CREEK VINEYARDS

This vineyard specializes in dry and semi-dry red and white wines. Look for evening concerts and other events. 553 S. Guernsey Road, West Grove, (610) 357-0294, kreutzcreekvineyards.com.

PATONE CELLARS

This Italian-style winery's output is heavily influenced by European blends. 1051 Wickerton Road, Landenberg, (302) 545-7388.

PARADOX VINEYARD

Each weekend, this winery offers custom or selected flights at its tasting room, which offers sweeping views of 100 acres. Run by four physicians, find red, white, rosé and sweet wines. 1833 Flint Hill Road, Landenberg, (610) 255-5684; paradoxx.com.

PENNS WOODS WINERY

This family run, Italian-inspired establishment features a selection of over 20 white, red and rosé wines. All can be sipped in the tasting room or an outdoor patio with views of the winery's 30 acres. 124 Beaver Valley Road, Chadds Ford, (610) 459-0808, pennswoodsevent.com.

STARGAZERS VINEYARD

Overlooking the Brandywine Creek, Stargazers encourages guests to walk the vineyards where its owners have been planting grapes for their traditional-style wines since 1979. 1024 Wheatland Drive, Coatesville, (610) 486-0422, stargazersvineyard.com.

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SPECIAL EDITORIAL SECTION

STONE BARN CELLARS WINERY

The environmentally friendly Stone Barn Cellars resides in a 100-year-old bank barn that features an indoor tasting room and an outdoor deck. You can sample over 20 dry and sweet wines, or cool down with a peach or strawberry wine slushie in the summer. 3050 Pottstown Pike, Spring City, (484) 985-8077, stonebarncellars.com.

STONE & KEY CELLARS

Create your own custom wine by choosing and crushing the grapes and designing and filling the bottles. Stone & Key also has a tasting room that features wines made from grapes in California, Washington and Chile. 435 Doylestown Road, Montgomeryville, (215) 855-4567, stoneandkeycellars.com.

VA LA VINEYARDS

Specializing in four signature wines made from a blend of Northern Italian and French-inspired grapes, this Chester County winery resides in a charming 19th century barn. 8820 Gap Newport Pike, Avondale, (610) 268-2702, valavineyards.com.

WAYVINE VINEYARD AND WINERY

With over 12,000 grapevines in 11 different varieties, Wayvine has been developing its own red, white and rosé vintages for nearly a decade. You can sip varietals at the tasting room, open Friday evenings and Saturday and Sunday afternoons. 4374 Forge Road, Nottingham, (610) 220-0128, wayvine.wine.

DISTILLERIES

BLUEBIRD DISTILLING

Bluebird produces a wide array of spirits, including bourbon, gin, vodka, dark and sugarcane rums, and single-malt, wheat, rye and white rye whiskeys. Sip them straight, or try them in a number of creative cocktails. 100 Bridge St., Phoenixville, (610) 933-7827, bluebirddistilling.com.

BOARDROOM SPIRITS

Boardroom has quickly gained a loyal following thanks to extraordinary creations like its funky "periodic table" spirits made with fruits and vegetables, which are classified as brandies. Flavors include apple, beet and carrot. You'll find more traditional options like vodka, rum, gin and triple sec, too. Try them at the Lansdale tasting room, open Thursday-Sunday. 575 W. Third St., Lansdale, (267) 642-9961, boardroomsprits.com.

BRANDYWINE BRANCH DISTILLERY & BISTRO

Located in a converted barn near French Creek State Park, this craft distiller is known for its botanical gins and bourbons. Grains are fermented on-site in fermenters made from the wood of old-growth Douglas firs. Grab a bottle, or sit down for a cocktail at the bistro. 350 Warwick Road, Elverson, (610) 901-3668, revivalistspirits.com.

FIVE SAINTS DISTILLING

This Norristown distiller runs the gamut, from vodka to white whiskey. But Five Saints' true standouts are its award-winning Tuscan-style gin and blood-orange liqueur. Unique offerings include a raspberry-lavender absinthe and maple-bourbon butter-pecan rum. 129 E. Main St., Norristown, (610) 279-5364, fivesaintsdistilling.com.

MANATAWNY STILL WORKS

Named after a native Lenape tribe, Manatawny derives from a word that means "the place we meet to drink." At its industrial-chic location, visitors can find award-winning aged, un-aged and seasonal spirits, including whiskey, rum, gin and vodka, along with specialty collaborations with local food purveyors. 320 Circle of Progress Drive, Pottstown, (484) 624-8271, manatawnystillworks.com.

MERMAID SPIRITS

Founded by a trained research scientist with a degree in food biochemistry, Mermaid Spirits produces vodka, white and aged rums, and bourbons. 2052 County Line Road, Huntingdon Valley, (215) 355-5304, mermaidsprits.com.

PENNSYLVANIA DISTILLING COMPANY

Harkening back to the spirits that were made when Pennsylvania was still a colony, this distiller produces rye whiskeys, vodka, white and gold rum, and gin. To match the historically inspired names, bottles feature iconic Pennsylvania symbols like the keystone, the Liberty Bell and the Betsy Ross flag. 50 Three Run Road, Malvern, (484) 568-4920, penndistilling.com. **MLT**

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Cybercrimes are on the rise. How can we protect our families, our businesses and ourselves from data privacy attacks? A few of the country's top experts weigh in.

By Melissa Jacobs
Photos by Tessa Marie Images

TOP LAWYERS
DIRECTORY ON
PAGE 51.

Jordan Fischer's clients received an email that their grandson had been injured and needed emergency treatment while on vacation. They didn't hesitate to wire money to a Mexican hospital. Then they called their grandson's parents. He was safe at home—and their money was gone.

"The criminals used their grandson's correct name in the email, so they thought it was real," says Fischer, a global data privacy practice group leader for Beckage Law Firm in Bala Cynwyd. "It used to be 'The Prince of Nigeria' needs your help. Now, the criminals know the names of your loved ones and use them."

At the same time, there's a distinct uptick in the frequency and scope of cybercrimes against large companies like Colonial Pipeline Co., SolarWinds Inc. and JBS S.A. (the world's largest meat producer). Infrastructure attacks are becoming more common. "It's not that the attackers are getting better at it—it's that software is hard to write in a way that's unhackable," says Richard Golberg, partner and vice chair of the data privacy and cybersecurity

practice at the Manhattan-based Lewis Brisbois Bisgaard & Smith, which has an office in Wayne. "You could have tremendous security at any company, a lot of malware is delivered via fishing emails. Employees click on the wrong things, and the malware gets into the system."

Those scenarios have become more common. "I think there's an objectively measured increase in incidents of cybercrime," says Samuel Sica III, a partner at Devon's Mullen Coughlin, a firm devoted to data privacy and security. "There is also a related awakening in public consciousness of large-scale compromises at companies and utilities. It's a combination of those two."

The pandemic poured digital gasoline on an already dangerous situation. "This was an unprecedented shift in the American workforce, with executives and staff shifting to remote work postures," Sica says. "Going online from home has vastly expanded network exposure. Bad actors can exploit those vulnerabilities."

Goldberg has a different opinion about the link between the pandemic and an increase in data attacks.

continued on page 50



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**“IT’S NOT WHO’S
BEING ATTACKED
BUT WHAT THE HACK
IS GOING AFTER.
USUALLY, IT’S NOT
PERSONAL. THE
CRIMINALS GO
AFTER WHATEVER IS
MOST VALUABLE.”**

**—JORDAN FISCHER,
BECKAGE LAW FIRM**



“

**“THERE’S A BELIEF THAT THE
ATTACKERS ARE MASTER
CRIMINALS. THEY’RE NOT.”**

**—RICHARD GOLDBERG, LEWIS BRISBOIS
BISGAARD & SMITH**

"It's not because ordinary people are home—It's because the cybercriminals are working at home," he says. "It's been hard for people to make money all over the world. In some places, they've found a way to make money.

That way is through cybercrime."

Means, opportunity and motive have clearly increased during the past 17 months. "Yes, but it was going to happen anyway," says Fischer. "Increasingly, our lives are dependent on technology. It was trending that way before the pandemic, then escalated because we were stuck at home."

Most companies didn't have the time or technology to secure their employees' networks and devices. "It's not that corporations are lagging behind in security, because most are vigilant," Fischer says. "Rather, it's the very nature of technology and the speed at which it evolves. As soon as something exists, someone wants to hack it."

That's why even multinational companies with a lot of security are susceptible to attacks. In fact, bigger companies are bigger targets. According to Goldberg, a former federal prosecutor, modern criminals chose hacking victims based on the vulnerability of their digital systems and the privacy of the data they hold. "The more private the data, the bigger potential payday," he says.

Fischer concurs. "It's not who's being attacked but what the hack is going after," she says. "Usually, it's not personal. The criminals go after whatever is most valuable."

Banking information, Social Security numbers and other client data can be targeted. But cybercriminals also target MSPs, or managed service providers. Rather than going after the company that manufactures widgets, they go after whoever makes software for the widget company. That one attack can disable all of the software company's clients.

While the hacks have been called terrorist attacks, cyber criminals don't typically have political or religious agendas. "In my experience, the motive has been money 100 percent of the time," Goldberg says. "When a state actor gets into your system, you don't know it. That's espionage."

Another important fact: Companies don't always pay ransom to recover

their data or operations. In fact, the federal government recently figured out how to counter-hack the digital wallet into which ransom money is paid to a cybercriminal. "There's a belief that the attackers are master criminals. They're not," Goldberg says. "They may encrypt part of the system, but not all of it. We have a number of strategies to recover data without paying ransom."

Doing that requires resources that individuals may not have, and hacks on personal computers, bank accounts and even social media accounts can be devastating. Cybercriminals use what Fischer calls "social engineering" to target those victims. "They get you to sign up for personality tests, coupons and other things," she says. "If you're willing to share your personal information, you're likely to have unsecured data that they can hack."

Anyone on a social media or a dating app can be targeted. Criminals post fake accounts and create psychologically compelling relationships with the app's users. Then, they ask for money or gift cards to help them through an illness, a car accident or any number of fictional situations. "It's getting people to send money by attacking their loneliness," says Fischer. "It's manipulation through a manufactured relationship, but it feels real to the victim. It's incredibly sad."

Whether it's stolen data or a stolen heart, victims do have legal options. Contact the company and report the incident, change your passwords, and contact the authorities. Local police, the FBI and the Federal Trade Commission have hotlines. Get in touch with all of them, Fischer says—there's no such thing as too much reporting. "The authorities actually want your complaints," she adds. "If they see a variety of trends, they can go after the attackers."

More and more cybercriminals are being prosecuted. The federal government has data privacy legislation, but each state generally has primacy with its own laws. "If you run a company in Devon, your clients are all over the U.S. and you have an incident, it's not just Pennsylvania law that applies, it's the law in all 50 states," Goldberg says. "There's a legal difference between a big hack and a little hack. But, for victims, every hack is a crime."

TOP LAWYERS 2021

We asked local attorneys to vote for their colleagues in a variety of specialties. Here are this year's winners.

ALTERNATIVE DISPUTE & RESOLUTION

#1 Nancy Gliden

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David Melchiorre

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Scott Klein

Brown McGarry Nimeroff
West Chester
(610) 755-3311, bmnlawyers.com

Vincent Donohue, James McErlane

Lamb McErlane
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Joseph Claffy

Joseph F. Claffy & Associates
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BUSINESS LAW

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CITY ON THE BRINK

**THANKS TO A SCATTERED
GROUP OF COMMITTED
ACTIVISTS AND
DEVELOPERS, THERE
MAY BE A LIGHT AT THE
END OF THE TUNNEL
FOR CHESTER. BUT IS IT
TOO LITTLE TOO LATE?**

BY J.F. PIRRO

PHOTOS BY TESSA MARIE IMAGES



◀◀◀ **“POLITICS AND POLLUTION ARE STRANGLING THE LIFE OUT OF MY CITY. WHO WANTS TO BE KNOWINGLY POISONED TO DEATH?”**

—ZULENE MAYFIELD, CHESTER RESIDENTS CONCERNED FOR QUALITY LIVING

Zulene Mayfield grew up in Chester with the notion that there was a cancer gene in her family. She'd never really thought about the outdoor fun she had as a child between the two sets of railroad tracks at Engle and West Front streets, real estate reserved for the city's growing Black population. They'd fill baggies with powder, scooping it up in handfuls. Sometimes it was white, sometimes green, sometimes pink. The kids would knot the bags, then throw them at each other until they split open. "It wasn't good," says Mayfield, who now heads Chester Residents Concerned for Quality Living. "It dried our mouths and eyes and was full of pollutants and carcinogens with all these names. Half that shit I can't even pronounce."

Chester's narrow streets are just off I-95, which handles 185,000 vehicles daily. The main strip and its tributaries are a diagram of dilapidation, littered with abandoned lots, barbed-wire fences, waste-treatment and power plants, and manufacturing facilities. A small park celebrates where William Penn landed more than three centuries ago. These days, it's hard to believe that Chester was once a gem of civilization and industrialization.

A manufacturing hub a century ago, Delaware County's lone city lost a third of its jobs as businesses moved elsewhere and wealthier residents fled to the suburbs. About 66,000 people lived there in 1950. Today, it's about half that many. Consistently named among the country's most dangerous cities, Chester has a crime rate of 44 per 1,000 residents,

one of the highest in America compared to communities of all sizes.

This past year, the neighboring Chester County Intermediate Unit took over the school district, and the city was entered into a state-mandated “receivership” seizure aimed at restoring its solvency. Post-employment obligations and other unfunded liabilities are the biggest financial obstacle.

Mayfield owns a rowhome in Chester across from Covanta, the world’s largest waste-to-energy provider. There’s also the nearby DELCORA (Delaware County Regional Water Authority) water-sewage-sludge operation, paper manufacturer Kimberly-Clark and the PQ Corporation chemical-materials company. Combine the exposures, and you have a health hazard for residents. Asthma, birth defects, infant mortality, strokes, heart disease and cancer rates are abnormally high in Chester. Life expectancy is 69, nine years below the national average.

Mayfield calls it “the prostitution of pollution.” “Who wants to be knowingly poisoned to death?” she poses. “But it’s also become my burden, because I know. It angers me that people live in this town and don’t know. But there’s also an empathetic burden to let them know. Then, if they don’t make a decision or take a side, it’s on them. Politics and pollution are strangling the life out of my city.”

Chester is an environmental justice zone, a designation for heavy industrial-residential areas. With Mayfield’s organization leading the charge, the city sued the Pennsylvania Department of Environmental Protection in federal court in 1998 for violating the Civil Rights Act. The lawsuit contended that, while Chester has 8 percent of Delaware County’s total population, it houses 60 percent of its waste facilities. The fight went all the way to the U.S. Supreme Court, where it was rendered moot and dismissed.

Within this bleak backdrop, a gentrification team continues to redevelop Chester’s riverfront. But there’s a perception problem, paired with an identity crisis. One urban sociologist describes two non-communicative Chesters: the waterfront developers (teamed with city officials) and the residents. The positives—Subaru Park, home to the Philadelphia Union pro soccer team, and Harrah’s Philadelphia Casino & Racetrack—are branded Philadelphia. The negatives—Chester State Correctional Institution—are attributed to Chester. Is it too late to clean up the mess?

**“IT CAN BE REALLY >>>
FRUSTRATING. BUT
POLLUTION ISN’T ALWAYS
ILLEGAL, AND OFTEN
HOW A POLLUTING
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LEGAL. THEY’RE LEGALLY
POLLUTING BECAUSE THEY
HAVE A PERMIT.”**

**—MELISSA MUROFF, DELAWARE
COUNTY ASSISTANT DA**

Mike Ewall and Zulene Mayfield are arguably the king and queen of Chester’s environmental justice movement. “It’s more race than class,” says Ewall, the founder and executive director of the Energy Justice Network in Philadelphia. “If not, why would the Chester Residents Concerned for Quality Living office twice have been a white supremacist target? It’s the densely urban, biggest and dirtiest cities where these giant polluting facilities are clustered. I’m not saying, ‘Don’t put it in Chester—put it on the Main Line.’ That’s not right, either. I don’t want this in anyone’s backyard.”

Annually, Covanta burns 1.2 million tons of municipal waste in Chester, where its facility is among the largest of 41 worldwide (with four more under construction). “The story for us is continued improvement, though we get it,” says James Regan, Covanta’s senior director of corporate communications. “We’re not naive to where our facilities are located, and the concerns of residents are valid. We only ask that we get a fair shake. We’re not a racist company that targets low-income areas. We didn’t site [the Chester] facility, but there are a lot of reasons for such urban locations—infrastructure, access to water sources and highways. But what gets continued is the notion perpetuated by our opponents that all our facilities are located in low-income, color-targeted areas—and that’s just nonsense.”

Regan says Covanta is doing everything in accordance with permits and regulations, while lessening emission impacts and conscientiously engaging with the community. In 2011, Covanta formulated an environmental justice policy that includes voluntary support of such programs. It’s also offered job-training

apprenticeships through the Chester Environmental Partnership. “Collaboration is better than opposition,” Regan says, adding that Ewall and Mayfield spread misinformation. “Their ultimate goal is to shut down our facility and to say landfilling is better. That’s not even close to accurate—something the scientific world has said time and again. We’re not anywhere close to zero waste as a society. Right now, these plants are the best way to get rid of waste.”





At Kimberly-Clark, coal-fired operations have been replaced with natural gas. Meanwhile, Covanta has worked with DELCORA, winning a joint award for the reuse of affluent waste for its cooling tower. This saves 1.3 million gallons of drinking water a day.

But there's still reason for vigilance. Two years ago, PQ Corporation was fined \$750,000 for air-quality violations as part of a DEP settlement.

When Delaware County flushes its toilets, 50 percent of the waste goes to Chester (the rest goes to Philadelphia). "Now that Delaware County Council is sensitive to environmental racism, it realizes it's doubly wrong for half the county's sludge to come here," says Mike Ewall.

At 47, Ewall has worked to get 50 environmental groups off the ground.

He's belonged to twice that number, and he actively maintains content across 10 or so websites. "There's just a lot of people who care right now," he says.

Ideally, Ewall wants that fight to resonate in Chester. "I don't live in Chester or Delaware County, and I'm not a white savior. But it's my responsibility to help take the foot off the neck of the people in Chester," he says. "I recognize that it's my fight, too."



<<< “IT’S THE DENSELY URBAN, BIGGEST AND DIRTIEST CITIES WHERE THESE GIANT POLLUTING FACILITIES ARE CLUSTERED. I’M NOT SAYING, ‘DON’T PUT IT IN CHESTER—PUT IT ON THE MAIN LINE.’ THAT’S NOT RIGHT, EITHER. I DON’T WANT THIS IN ANYONE’S BACKYARD.”

**—MIKE EWALL,
ENERGY JUSTICE NETWORK**

Withholding specifics, Ewall suggests attacking Covanta’s trash streams, “potentially starving” the company. “It’s why they hate me,” he says.

Mayfield is banking on Covanta’s “underestimation of us and our will to survive.” With 200 active members, her CRCQL has had some success in preventing further attempts to further Chester’s status as waste magnet. It sued DELCORA over emissions from sludge incineration. It stopped Kimberly-Clark from getting a permit to burn tires. It kept Thermal Pure, the nation’s largest processor of chemotherapeutic medical waste, from coming to Chester. “There were three and four permits a year,” Mayfield says. “Our head was always on a swivel.”

After working full time, Mayfield would attend meetings, review DEP permits and study pollution and technology. “I wasn’t the type environmentalists wanted to fund,” says the mother of three. “I wasn’t an environmentalist. I was an activist fighting for children to thrive and survive—and if you can’t breathe, you can’t do either. They wanted to talk about particulate matter and carcinogens. I wanted to talk about kids who couldn’t breathe.”

Mayfield found the earliest Covanta meetings condescending and riddled with lies. “They told us that the steam pumped out of the stack was not unlike the steam from a shower,” she says. “I told them to go to the top of the stack, take off all their clothes and stand there, then walked out of the meeting.”

Exhausted, Mayfield left Chester in 2002 for three years in Lake Elsinore, Calif. “I knew I was on the way to a breakdown—bodily or mentally,” she says.

But Mayfield returned to renew the fight, moving back into her Chester home until 2007. The house is now boarded up and worthless. She tried renting it, but tenants couldn't take the smell of industry or the sound of trash trucks. "They wanted something better for their children," Mayfield says.

Mayfield now lives in Wilmington, Del., "But I'm going back," she promises. "People have to understand the mentality. You gauge success by how quickly you can get out of Chester. But why would you? It's my home. I'm home every day in that city—every day before I come to where I sleep."

Mark Wallace, a 30-year Swarthmore College professor of religion and environmental sciences, testified before the DEP during its nine-stop statewide environmental justice tour in the spring of 2017. "No other town or community would endure the degrading environmental impacts Chester has," he told state officials.

Originally from Los Angeles, Wallace moved four miles from Chester. At the time, he was told that it's "a no-go zone." What he's consistently found since is an "ugly manipulation of people in a city to serve a waste industrial complex," he says. "Chester became a toxic waste zone, a destination for Swarthmore's crap—all around, up and down the Eastern Seaboard, everyone's crap. That's unfair and unjust to bear that disproportionate burden."

This past May, Chester print journalist and blogger Stefan Roots upset incumbent Chester Councilman William "Al" Jacobs for the Democratic nomination. In running for council, the Villanova University electrical engineering grad wants to restore a Chester that's been stolen. "This place is on stall in the biggest way," says Roots of the city where his 96-year-old mother continues to live. "My victory can show people that this [Mayor Thaddeus] Kirkland machine can be breached by engaging young people to take the baton and run. This is a litmus test: Is this city ready for change?"

Perhaps the stars are finally aligned. Chester's getting help to manage its schools and city government, and plans exist for riverfront redevelopment. By population, Delco is the largest county in the United States without its own health department. This is on track to change with a final January 2022 application for Pennsylvania's first new health department since 1989. With that comes the promise of actual community-to-community statistics that demonstrate environmental health impacts.

"You have a county of this size bordering Philadelphia, and you don't have a health department—that should be a concern for everybody," says Media's Rosemary Holt, a registered pharmacist and a member of the 20-person steering committee behind the application.

Delaware County's district attorney is proactively coordinating efforts to improve accountability for environmental impacts. Assistant DA Melissa Muroff has spent this past year speaking with stakeholders, listening and informing others about her evolving effort. She sees herself as a bridge between regulatory agencies like the DEP and nonprofit community groups. Beyond illegal dumping, industrial fires and polluted streams, she knows that targeting a large corporation would make an impact. But she also has no authority to pursue a legal case if there's no violation of state law or evidence of a permit violation. "It can be really frustrating," says Muroff. "But pollution isn't always illegal, and often how a polluting industry operates is legal. They're legally polluting because they have a permit."

Over by the water, Lisa Gaffney is embracing her role as executive director of the Riverfront Alliance of Delaware County. Over the next decade, the plan calls for attracting and integrating commercial, residential and recreational development. There's also a focus on improving transportation, connecting to and expanding the East Coast Greenway, and making Barry Bridge Park fit for community use. Gaffney also mentions public art projects.

The alliance wants to convert industrial and underutilized land in a designated Keystone Opportunity Zone. They've already used tax credits to redo infrastructure, knowing full well that there will be further expense involved in cleaning up vestiges of industry's problematic past. "It's a challenge," Gaffney admits. "But if we don't deal with these underutilized properties, they can't generate taxes and will remain underutilized."

Christopher Mele dubs the alliance's plan "desperate development" that's flawed because the rebuild paradigm is outside Chester, focusing only on the waterfront while neglecting the city. "It's DIY urbanism," says Mele, author of *Race and the Politics of Deception: The Making of an America City*, which focuses on Chester. "The notion that any development is good isn't the case. Look at Atlantic City. Casinos don't pan out for the local economy. They're just not incubators."

Attracting non-Chester residents isn't Mele's idea of sound development. "That's called displacement," says the associate professor of sociology at the University of Buffalo, who was raised in Wilmington and lives in Philadelphia.

Even Gaffney figures the economic impact will be "more piecemeal." The alliance isn't encouraging "gentrification housing," but rather construction to increasingly stabilize Chester's housing market. The plan includes an employer-assisted program to help employees purchase homes in the city.

Gaffney says the alliance has involved residents and local businesses, and they haven't run into any opposition. "We're open to more involvement," she says. "The residents deserve this. They've been through a lot."

Integral to the state's instituted receivership of Chester is Michael T. Doweary, whose job includes restoring confidence in a collaborative regional effort while staving off bankruptcy. His initial two-year receiver's assignment is monitored with six-month check-ins. "How much worse do things need to get before they get better?" he asks. "It takes three to five years to change corporate culture. Multiply that by two or three when talking about government. My overall measure of success will be my ability to change the narrative."

It would be easy for Zulene Mayfield to leave Chester again. "But what happens to a community if everyone moves?" she asks. "It's no longer a community, is it?"

Mayfield continues to struggle with how to do more. "I've dealt with that question," she admits. "I know I can be most successful if [Covanta] blows up and no one gets hurt. That's my utopia."

It's tough to make headway with residents who are inadequately educated on the issues. Her group doesn't have the luxury of stay-at-home moms to make calls, though a youth corps does circulate fliers. "We're a 100-percent volunteer organization, and we've gone up against multibillion-dollar international companies and given them hell—even shut some down," says Mayfield. "And it can be done again."

"Any kid who can't breathe is worth my time," she continues, fighting back tears. "You can blame the victim. But as officials, you can't account for the conditions you've allowed. We've been in a pollution pandemic for a long time."

Visit chesterresidents.org and energyjustice.net.

ALL-SEASON FUN

**A SHORE HOUSE
WITH YEAR-ROUND
LIVING IN MIND.**

BY EILLEN SMITH DALLABRIDA
PHOTOS BY RACHEL MCGINN

When a Main Line couple decided to build a second home in Avalon, they envisioned an expansive family retreat with a casual vibe for holidays and frequent visits during the offseason. They already had a great location—a prime lot with views of the bay. The couple shared a clear mental image of the house: lots of light, an airy feel and no heavy colors, with an emphasis on multiple gathering areas. And they were intent on a design that offers high-style and low-maintenance.

Enter Wilmington-based interior designer Megan Gorelick, who's worked on everything from Manhattan studio apartments to Palm Beach estates. She also spends summers in Stone Harbor, N.J., with her husband and their three young daughters. "The first questions Megan asked me were: What was my vision? What did I want from this home in terms of lifestyle and design?" the owner recalls. "From there, her focus was to help us achieve an interior that fit our lifestyle, desired look and comfort."

As the youngest of six siblings, Gorelick understands family dynamics and creating environments that meet

continued on page 62



The family room benefits from an open concept.





The third-floor master suite.



“
**THE BATH IS
SPA-LIKE, WITH A
WHITE PLANK CEILING
AND QUARTZITE
COUNTERTOPS. “I LIKE
TO THINK OF IT AS A
GREAT HOTEL SUITE,”
GORELICK SAYS.**

In the den, kids' drawings are displayed like fine art.



everyone's needs. Her interpretation of coastal design involves a palpable sense of place, with pieces that evoke nature and whimsical, locally inspired accessories set against a palette of sea, sand and sky. “We recognize that people work their whole lives for a beach house,” she says. “We want to make it fun.”

WHALE OF A TALE

Gorelick designed an open-concept gathering space that encompasses a family

room, dining space and spacious kitchen. The architectural focal point is a soaring cathedral ceiling and a fireplace wall clad in white beadboard. An oversized whale tail dappled in blue is mounted above the fireplace, adding a fanciful sculptural element. “We started with a smaller white tail,” says Gorelick. “We ended up picking a bigger one and customizing it with all the colors in the room.”

White plantation shutters open to a view of the bay. Rattan stools tucked

under the console table behind a tailored beige sofa add texture and extra seating. Custom nail-head trim makes the table a unique piece. “Customized doesn't mean more expensive,” Gorelick says. “It means it's just for you.”

In the expansive kitchen, multiple cooks can work without bumping into each other. It's clean-lined and classic, with white Shaker-style cabinets and a subway-tile backsplash. Glass-fronted upper-tier cabinets display blue-and-white



Cole & Son Melville wallpaper lends a whimsical touch in the powder room.

ceramics. A wood step-down tabletop on the center island provides a spot for casual dining. Milky, gray-veined quartzite countertops were quarried by laser in Brazil. "It's a natural material that's harder and more durable than marble," the designer says. "It's so hard that, until recently, they haven't had the technology to excavate it."

A long table in the formal dining room seats 10. Lacquered in white, the side chairs are slightly smaller to accommodate more guests. The two at the head of the table are upholstered. "Comfortable chairs encourage people to hang out longer," the designer says.

Shiplap and millwork installed on the ceiling of the third-floor master suite accentuate the angles in the rooflines. It's cozy yet elegant, with walls covered in silvery grass cloth reminiscent of a cocoon. Antique mirrored glass panels give the nightstands a glamorous touch. The bath is spa-like, with a white plank ceiling and quartzite countertops. "I like to think of it as a great hotel suite," Gorelick says. "The sink is blue, like the water. All the fixtures are polished chrome."

TEAMWORK MAKES THE DREAM WORK

The home was a collaborative effort between Gorelick, the architect, the builder and the hands-on owners. "I was able to share my input on everything from colors, textures, furnishings, tile, fixtures, lamps, carpets, and wall art," the owner says. "My husband engineered several features, including under-the-house storage and unique laundry room

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drying racks hidden in pull-out drawers when not in use.”

By staying engaged throughout the process, the owners were able to make small tweaks as the plan unfolded. Having a great team in place minimized the stress and inconvenience that comes with the adjustments. “Some things were added or even eliminated,” the owner notes “But picking the right people along the way afforded us the ability to collaborate in the building and furnishings.”

Throughout the house, the design reflects the family that congregates there. The office’s sliding barn doors have glass panes for increased natural light. In the powder room, a lantern-style chandelier above the sink is a sophisticated alternative to sconces and allows for the placement of a larger mirror on the wall. The Cole & Son Melville wallpaper has a metallic rendering of whales, and kids’ drawings are displayed like fine art in the den.

A home gym can readily be converted into a bunkroom, and the house is outfitted with an elevator that makes it easy to transport groceries and visitors. Vintage beach tags and T-shirts are displayed in frames. For custom signs and plaques commemorating family events,



The roomy kitchen.

Gorelick’s go-to resource was My Subway Sign in Avalon, “a great place with a Jersey Shore and Main Line following.”

In a project of this size and scope, installation day can be a major production. For these homeowners, it was the culmination of a multifaceted creative

collaboration. “They sat with their feet on an ottoman, smiling ear to ear,” Gorelick recalls. And they’re still smiling.

“This is a dream home—a beautifully comfortable house to play and relax in,” the owner says. “It’s a place where all are welcome.” **MLT**

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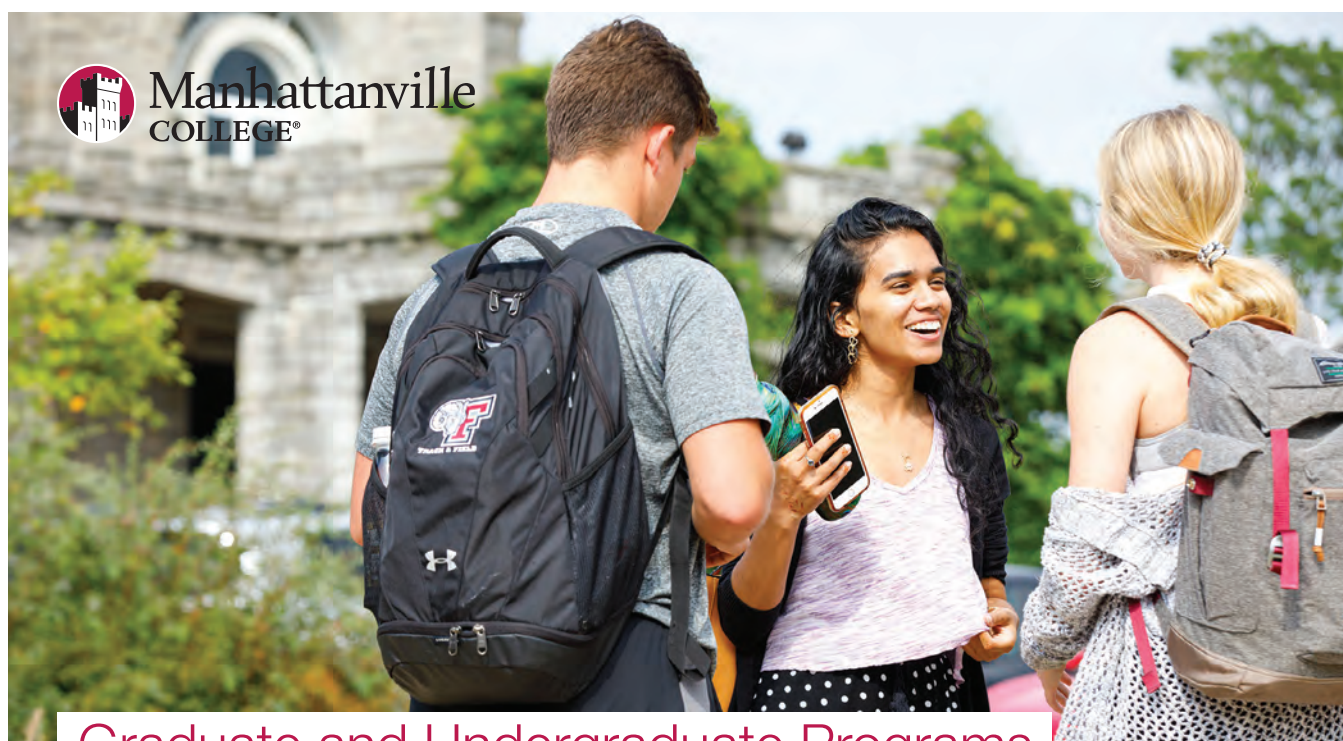


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YEAR FOUNDED	1891	1886	1940	1841	1950	
NUMBER STUDENTS ENROLLED	5,027	1,150	3,590	2,408	9,547	
STUDENT/FACULTY RATIO	16:1	20:1	14:1	10:1	16:1	
NUMBER UNDERGRAD DEGREES OFFERED	44	25	40	60+	60+	
NUMBER MASTER'S DEGREES OFFERED	18	15	17	50+	30+	
NUMBER DOCTORAL DEGREES OFFERED	6	1		1	1	
SUBJECT MATTER EXPERTISE	Aviation; Robust research in Agriculture, Neuroscience, Chemistry, Mathematics, Natural Resources, Optics, Computer Science, and others	Business, Psychology, Criminal Justice	Business, Education, Health Sciences, Entrepreneurship	Education, Business, Psychology, Digital Media and Communications, Sport Studies, Nursing	Business Administration, Nursing, Psychology, Health Science, Behavioral Science, Early Childhood Education, Mental Health Counseling, School Counseling, and Physician Assistant.	
IN-STATE TUITION	\$9,138 (including fees)	\$12,750	\$40,628	\$38,880	\$20,734 per year Undergraduate	
OUT-OF-STATE TUITION	\$19,060 (including fees)	\$12,750	\$40,628	\$38,880	\$20,734 per year Undergraduate	
PERCENTAGE ON FINANCIAL AID	88%	100%	99%	94%	95%	
TOP AWARDS/RECOGNITIONS	No. 3 public HBCU in national rankings; Classification as an R2 research university; Four-year full tuition Inspire Scholarship for qualifying Delaware high school graduates	Best Small College in Every State (<i>Newsweek</i> 2020), #1 Best Colleges in Delaware (BestColleges.com 2020), Hidden Gems U.S. (College Raptor 2020)		Recognized among distinguished colleges and universities in Fiske Guide to Colleges 2021, The Princeton Review Best 385 Colleges and <i>U.S. News and World Report</i> Best Colleges 2021. Ranked number 11 in Top Performers of Social Mobility by <i>U.S. News and World Report</i> .	Westchester Magazine's "Best College" in 2019 & 2020. The mentor program, PACT, was recognized by Excelencia in Education. Named 2020 winner of the annual Hobsons Education Advances Award for Admission.	
AFFILIATED COLLEGE/SATELLITE CAMPUS	Locations in downtown Dover, Wilmington, and Georgetown, DE				Mercy Bronx Campus and Mercy Manhattan Campus	

COLLEGE AND GRADUATE PROGRAMS BY THE NUMBERS

	MOLLOY COLLEGE 1000 Hempstead Avenue Rockville Centre, NY 11571 516.323.4000 www.molloy.edu	MOUNT SAINT MARY COLLEGE 330 Powell Avenue Newburgh, NY 888.YES.MSMC (888.937.6762) www.msmc.edu	NEUMANN UNIVERSITY One Neumann Drive Aston, PA 19014 Undergraduate info: 610.558.5616 www.neumann.edu/admissions Graduate info: 610-558-5613 www.neumann.edu/admissions	SALISBURY UNIVERSITY 1101 Camden Avenue Salisbury, MD Undergraduate info: 410.543.6161, salisbury.edu/admissions Graduate info: 410.677.0047, salisbury.edu/graduatestudies	ST. THOMAS AQUINAS COLLEGE 125 Route 340 Sparkill, NY 845.398.4100 www.stac.edu	
YEAR FOUNDED	1955	1959	1965	1925	1952	
NUMBER STUDENTS ENROLLED	4,800	2,300	2,506	8,124	Approx. 2,000	
STUDENT / FACULTY RATIO	10:1	13:1	14:1	15:1	18:1	
NUMBER UNDERGRAD DEGREES OFFERED	50+	80+	48	46	37	
NUMBER MASTER'S DEGREES OFFERED	10	4	9	15	4	
NUMBER DOCTORAL DEGREES OFFERED	3	0	2	2	0	
SUBJECT MATTER EXPERTISE	Business (Accounting, Marketing), Education, Nursing and Healthcare programs, Liberal Arts	Nursing, Business, Education, Science, Communications, Social Sciences	Nursing, Health Sciences, Comms & Digital Media, Cybersecurity, Business, Education, Accounting, Criminal Justice, Sport Mgmt	Business, Education, Health and Human Services, Liberal Arts, Sciences	Teaching, Business, Criminal Justice, Natural Sciences (Biology, Chemistry, Physics) and Communication Arts	
IN-STATE TUITION	\$32,900	\$34,782	\$32,960	\$10,044	\$35,200	
OUT-OF-STATE TUITION	\$32,900	\$34,782	\$32,960	\$20,110	\$35,200	
PERCENTAGE ON FINANCIAL AID	80+%	99%	99%	75%	More than 90%	
TOP AWARDS / RECOGNITIONS	Ranked #18 "value added" college in the U.S. by <i>The Wall Street Journal</i> ; consistently named one of the best colleges in the region by <i>U.S. News & World Report</i>	Ranked a Top-Tier Regional University by <i>U.S. News & World Report</i>	<i>U.S. News and World Report</i> , Best Online Program <i>U.S. News and Colleges of Distinction</i>	<i>The Princeton Review's</i> Best 386 Colleges; <i>U.S. News & World Report's</i> Best Colleges; <i>Chronicle of Higher Education</i> Top Producer of Fulbright Students	2021-2022 College of Distinction, New York College of Distinction Business, Education and Career Development, <i>U.S. News & World Report</i> 2021 Best Colleges for Social Mobility, 2021 <i>Money's</i> "Best Colleges for Your Money"	
AFFILIATED COLLEGE / SATELLITE CAMPUS						

COLLEGE AND GRADUATE PROGRAMS BY THE NUMBERS

	THE UNIVERSITY OF CONNECTICUT SCHOOL OF BUSINESS 2100 Hillside Road Storrs, CT 06269 Undergraduate info: www.business.uconn.edu Graduate info: www.grad.business.uconn.edu	SCHOOL OF VISUAL ARTS 209 E 23 Street New York, NY Undergraduate info: 212.592.2100 www.sva.edu/ ndergraduate Graduate: 212.592.2107 www.sva.edu/graduate	WEST CHESTER UNIVERSITY 700 S High Street West Chester, PA Undergraduate info: 610.436.3411 wcupa.edu/admissions Graduate info: 610.436.2943 wcupa.edu/grad	THE GRADUATE SCHOOL AT WEST CHESTER UNIVERSITY 102 West Rosedale Avenue West Chester, PA 19383 610.436.2943 www.wcupa.edu/grad
YEAR FOUNDED	1941	1947	1871	1871/1960 (grad studies)
NUMBER STUDENTS ENROLLED	6,267	3,526	17,669	3,007 (grad)
STUDENT/FACULTY RATIO	16:1	8:1	19:1	19:1 overall, grad: n/a
NUMBER UNDERGRAD DEGREES OFFERED	1	11	64	64
NUMBER MASTER'S DEGREES OFFERED	9	20	40	40
NUMBER DOCTORAL DEGREES OFFERED	1	0	4	4
SUBJECT MATTER EXPERTISE	School of Business	Design; Illustration, Photography, Film, Fine Arts, and more	Education, Nursing, Health Sciences, Business, Music, Social Work	Health Sciences, Business, Education, Music, STEM, Nursing, Social Work
IN-STATE TUITION	*Tuition and fees vary depending on regional campus and program.	\$22,500/semester	\$7,716	\$6,192 (program dependent)
OUT-OF-STATE TUITION	*Tuition and fees vary depending on regional campus and program.	\$22,500/semester	\$19,290	\$9,328 (program dependent)
PERCENTAGE ON FINANCIAL AID	62%	46% Merit scholarships available	70%	
TOP AWARDS/RECOGNITIONS	Ranked among nation's top public institutions by <i>U.S. News & World Report</i> ; #1 Public MBA Program in New England by <i>TFE Times</i> (2020); #1 Public Executive MBA Program in New England by <i>Ivy Exec</i> (2020)	Ranked #1 by the One Club for Creativity, Designated Military Friendly School 2021, Student winners showcased in <i>Graphis Annual</i>	<i>U.S. News and World Report's</i> Top Regional University, Top Public Schools, Best Value Colleges	Best Online MBA by <i>U.S. News & World Report</i> and <i>Fortune</i> magazine, Military Friendly School Gold Status, Ranked by <i>U.S. News & World Report</i> for 5 other graduate programs
AFFILIATED COLLEGE/SATELLITE CAMPUS	Storrs (main), Hartford, Stamford, and Waterbury, CT		Philadelphia location	Philadelphia location

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Above: Neumann's Cybersecurity lab helps prepare students for high-paying, tech sector jobs. Below, left: Neumann ranked #8 in Pennsylvania, Social Mobility, US News and World Report. Berlow, right: Neumann's men's lacrosse team competed in the Atlantic East Conference Championship game this year.



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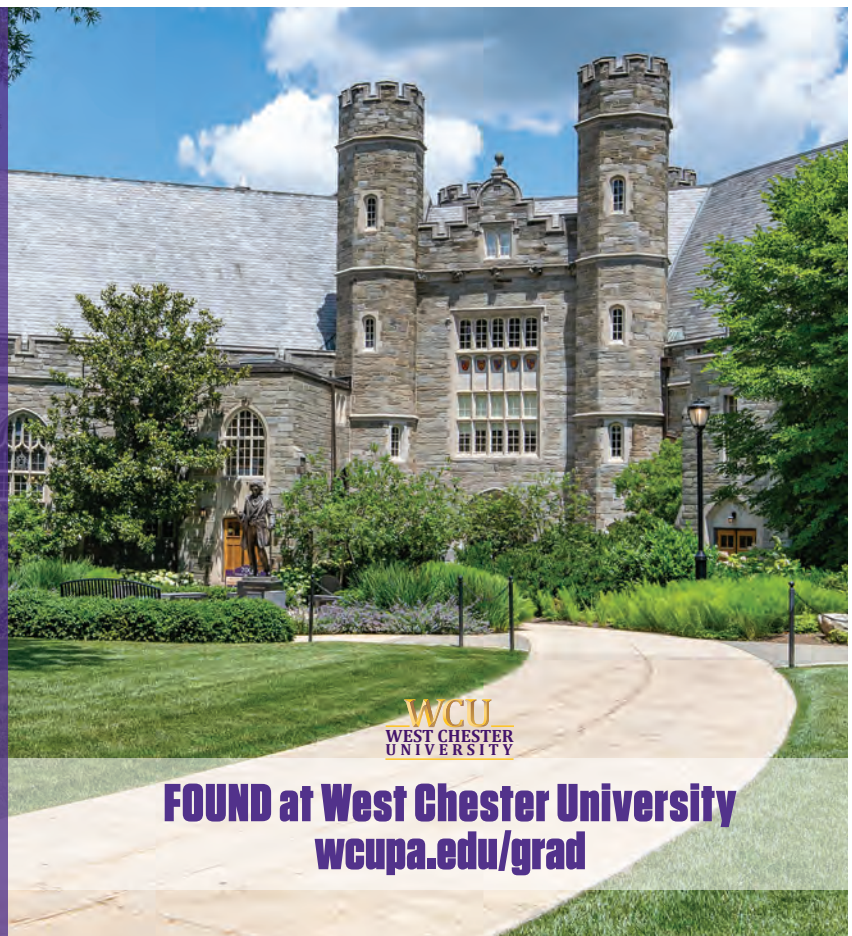
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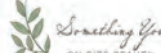
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Cathleen served as an Assistant District Attorney in the Delaware County District Attorney's Office in Pennsylvania. She later joined the Pennsylvania Office of Attorney General as a Deputy Attorney General for the Eastern Region of Pennsylvania, where she prosecuted neglect in the long-term care sectors and healthcare fraud.

Cathleen was a shareholder and partner in two well-respected litigation firms before founding Rebar Kelly in 2012. Cathleen is also an elected Magisterial District Judge in Montgomery County, Pennsylvania, where she currently serves portions of the western population of Montgomery County.

Christopher is a partner at Rebar Kelly in Blue Bell, Pennsylvania. His practice areas include general liability, product liability, civil rights, professional liability, insurance coverage, insurance bad faith,

construction litigation, trucking litigation, employment law, commercial litigation, and insurance fraud. Mr. Kelly is also a Philadelphia County Court of Common



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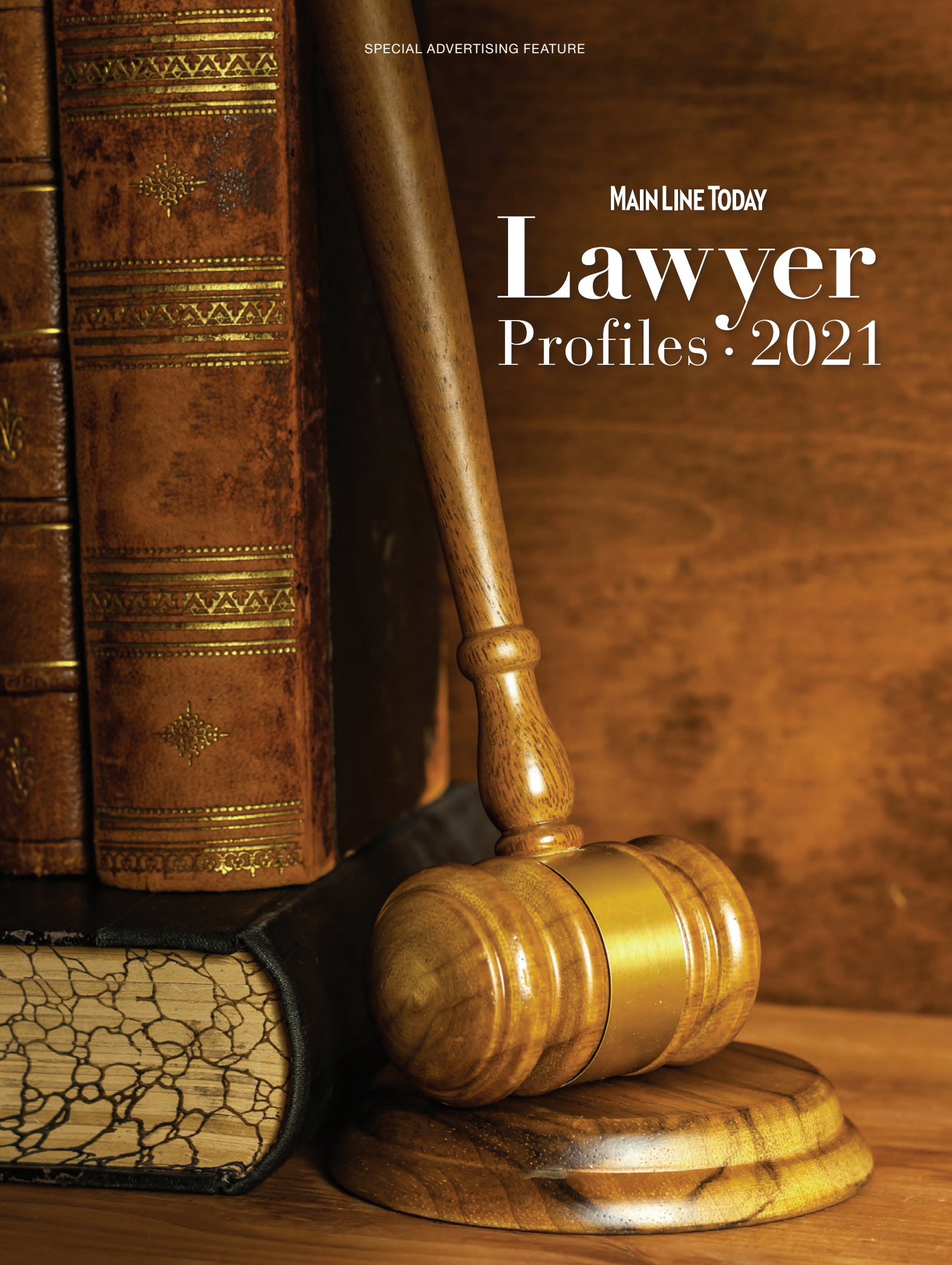
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Dustin's injured on the job as a landscaper when a speeding car runs over him. Somehow, he survives the accident. He is on life support for weeks. Doctors remove part of his skull bone because the brain swelling is so bad. He is unable to walk or talk. He cannot even swallow. He must be taught everything all over again to survive. Yet, the insurance company handling his workers' compensation claim fights the costly treatment to keep him alive.

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As voted “Best Of The Main Line” for well over a decade and as a Pennsylvania attorney for more than three decades, Randi J. Vladimer has exclusively been providing skilled and aggressive family law representation for Pennsylvania clients since 1991. Randi helps clients resolve challenging divorce and family law issues regarding divorce, custody, support, equitable distribution and alimony.

What differentiates Randi’s approach from those of other attorneys is her dedication. Randi provides one-on-one attention to those she represents. She guides clients through the legal process so that they fully understand what to expect. Randi believes that by educating her clients and having them involved in the process, they have more control over their situation. She also understands that her clients do not like surprises and therefore, she always makes herself available to answer their inquiries.

Randi understands how important family law matters are to her clients. The results she achieves make her respected both by her clients and her peers in the legal community.

Randi is also a certified mediator for divorce, support and custody cases. Randi conducts Second Saturday Workshops. The workshops provide individuals with the information they need to know to navigate the legal, financial and emotional pitfalls that many people make during their family law matters.

Randi is an animal lover and is *owned* by three rescue Corgis, one of which is always in the office. Randi established Give a Dog a Bone which provides bones, treats, collars, leashes, blankets and towels to local rescues and rescues across the country.

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Robin F. Bond, Esq., has earned “Top Employment Attorney” of the Main Line honors for over 10 years. Robin routinely takes on David-versus-Goliath battles against the largest corporations in the country. She is a client-focused, tireless and successful advocate for the employees she represents.

The success Robin has had in helping over 3,000 employees maximize the value they achieve in all types of employment-related matters has earned her recognition as among the nation’s top 1% of all employment attorneys by the National Association of Distinguished Counsel. Additionally Robin has earned national employment law recognition in Best Attorneys of America and as one of Pennsylvania’s Super Lawyers, the top 5% of attorneys in employment law.

As the founder of Transition Strategies, LLC, an employment law firm in Chesterbrook, Robin works with you to develop winning strategies and tactics to successfully close employment deals. The settlements her firm achieves often exceed those attained by others through litigation.

Robin and her team will serve either as a behind-the-scenes resource (so that opponents do not know you are working with them), or they can work out front and at the table, advocating on your behalf. Robin provides legal services at all stages of the employment relationship, including:

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Robin is the author of the book, “How to Negotiate a Killer Job Offer” (foreword by Mark Cuban of Shark Tank). She is a trusted resource for the legal needs of her clients.



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Mark Much has earned his reputation of being one of the most prominent criminal defense attorneys in the Western Suburbs. For thirty years, Mark has been a powerful and effective advocate with proven results. Partner of the firm, Lindsay A. McDonald is a former 9-year prosecutor who brings her passion and litigation experience to the table. She is competitive, dedicated, and committed to achieving the best results for her clients. Mark M. Cerroni joined the firm in January of 2021 after graduating from Villanova Law. Prior to attending law school, he spent several years working as a financial analyst. He will concentrate on civil and criminal litigation.

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EPICURE

QUICK BITE P.115

REVIEW

SEEING GREEN

LOLA'S GARDEN TAKES ROOT IN ARDMORE'S SUBURBAN SQUARE.

STORY AND PHOTOS BY ED WILLIAMS

Back in the early 1990s, Avram Hornik had designs on bringing an outdoor coffee kiosk to Suburban Square. Now, he's partnered with Philadelphia-based FCM Hospitality for something considerably more impressive: a chic and breezy open-air eatery in the desirable northwest quadrant of the historic shopping district. "We're excited to be part of the renewed energy and exciting changes in Ardmore," says Hornik.

Named after the Kinks' classic 1970s radio hit, Lola's Garden boasts prime views of the iconic floral-laden courtyard and fountain. Interior design elements include an impressive bar made of soapstone, zinc and white oak. Striking antique iron grills and greenery separate the dining areas. Outside, the four-season multi-seat garden trellis provides a contemporary, almost Zen-like setting for alfresco dining. It's made of blackened wood—a





Japanese burning technique makes it fire-retardant and insect proof.

Chef Andrew Wood tends the back of house with skill and a sense of camaraderie. His modern American menu is focused and seasonal, with ample vegan, vegetarian, gluten-free and kids' options. More familiar choices include oysters on the half shell, baked brie, a fried chicken sandwich and grilled swordfish. Weekend brunch offers a biscuit board, omelets, eggs Benedict and build your own mimosas.

"The industry is learning how to react to survive, almost on a daily basis," says Wood of the post-pandemic mentality. "It's a challenge to find qualified staff to make our kitchen work as a team, so we look for folks who maybe have a bit less experience but are willing to learn and grow."

General manager Jason Savard concurs. "We have a story to tell our guests at Lola's," he says. "Finding

continued on page 114



DETAILS

LOLA'S GARDEN 51 St. Georges Road, Ardmore, (484) 412-8011, lolasgardenrestaurant.com. **COST:** \$5-\$30.

ATMOSPHERE: Relaxing and approachable. **HOURS:** Noon-10 p.m. Wednesday-Friday, 10 a.m.-midnight Saturday and Sunday.

ATTIRE: Casual. **EXTRAS:** Margarita and cocktail flights.



(Previous page) Seasonal baby beet salad with a sherry vinaigrette.
(Clockwise from opposite page) Seared New Jersey scallops with grilled endive, pickled red onion, lemon and a fennel vinaigrette; executive chef Andrew Wood; the prime Suburban Square location; a cocktail flight; tables await guests; seasonal shortcake with strawberries, rhubarb compote and hazelnut praline.



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EPICURE | REVIEW
continued from page 112

The Butterfly mocktail.



Alfresco dining under the trellis.

the right front-of-house staff, while challenging, allows us to eventually find quality people who really want to learn the menu and get excited about it."

On a busy weeknight, we experience minor blips in timing but nothing unusual. The staff was friendly, knowledgeable and team-oriented. Our tender eight-ounce strip steak (with frites) was sliced to perfection, and a tasty grilled Elysian Fields lamb kebab was delivered atop toasted farro, with grilled broccoli rabe and yogurt. For dessert, we opted for the light-as-a-feather ricotta beignets drizzled with Meyer lemon and honey.

The beer and wine programs feature local Pennsylvania suds and spirits. An inventive cocktail menu boasts such playful concoctions as the Lucy, I'm Home! (Stateside vodka, blackbird watermelon moonshine, lime juice and strawberry syrup), the Butterfly Gimlet (Bluecoat gin, lime juice, muddled cucumber, basil, butterfly pea tea) and the Sweet Potpourri (Bluecoat Elderflower gin, lime juice, honey, ginger, muddled tarragon). We also recommend the margarita and cocktail flights. **MLT**

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IRON HILL TAPS INTO A NEW CONCEPT

With 25 years of brewing experience and 19 locations, Iron Hill is undoubtedly a regional mainstay. Doubling down on Chester County, the Delaware-based operation recently debuted a taphouse and canning operation in Exton. At the cavernous location, the pop art and beer-barrel décor combine for a casual industrial atmosphere. The focused counter-service menu features small plates, bowls and handhelds, and beer from 26 taps is served by roaming staff. Burgers, mini corn dogs, an upside-down pizza, a hot pastrami sandwich, herb-crusted salmon and a nicely executed chilled Asian noodle bowl make for diverse pub fare.

Aside from signature suds like the Pig Iron Porter and Light and Vienna Red lagers, the latest rotating seasonals include the Girls Just Wanna Saison and Bourbon



Dubbel. Among the other options: white sake sangria and a classic Manhattan. Canning operations can be viewed from

the bar, and four-packs are an easy grab to go. 260 Eagleview Blvd., Exton, (484) 874-2897, ironhillbrewery.com/exton-pa. —E.W.

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