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Keep Your Teeth Bright And Your Smile Brighter

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Spanning the Sound
A History of Ill-fated Crossing Proposals

WESTCHESTER



Power Players

Next-Gen Leaders in Government, Business, Healthcare & More

Plus:
Food Truck Paradise
Wheely Good Eats!

Power Players (*l to r*): Yonkers Mayor Mike Spano, New Rochelle Mayor Noam Bramson, White Plains Mayor Tom Roach

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BEST CHILDREN'S HOSPITALS U.S.News & WORLD REPORT CANCER 2020-21

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Cover image by Stefan Radtke

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(CLOCKWISE FROM LEFT) COURTESY OF COLDWELL BANKER HOMES; COURTESY OF BUCKO/KATIE ORSI; BY CATHERINE POWELL; COURTESY OF DINH DINH KITCHEN

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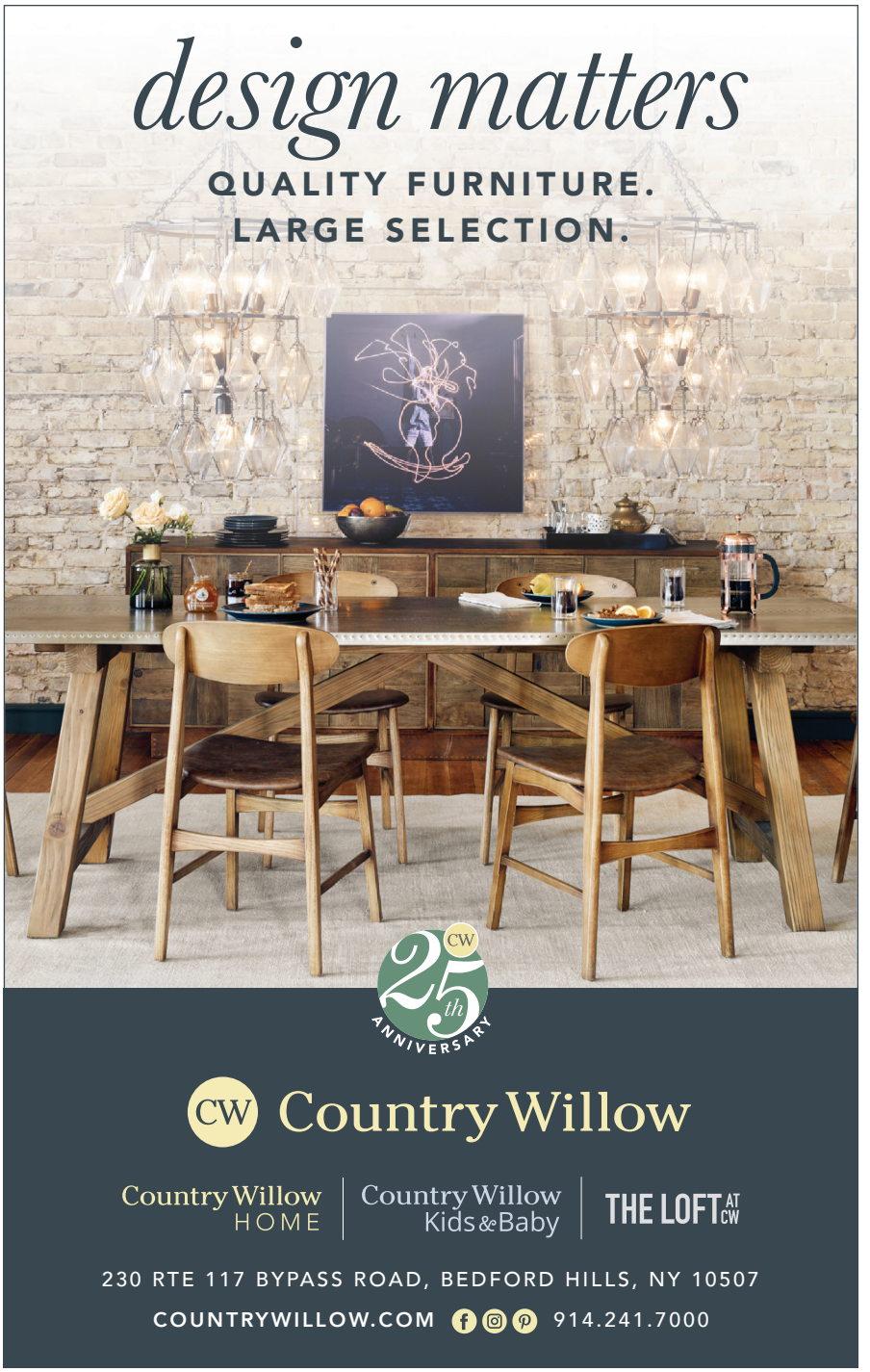




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Senior Writer Karen Odom
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Paul Adler, Michelle Gillan Larkin, Duke Ratliff, Gina Valentino
Editorial Interns
Bianca Asare, Hannah Teligades, Sabrina Weiss

ART
Creative Director Robert Supina
Assistant Art Director Molly Leibel
Art Intern Richa Shankar

CONTRIBUTORS
Editors & Writers
Jenn Andrlik, Ilana Arazie, Cristiana Caruso, Janine Clements, Charles Fulco, James Redicliffe, Phil Reisman, Gale Ritterhoff, David Rocco, Abbe Wichman, Kevin Zawacki

Photographers, Illustrators & Stylists
Ken Gabrielsen, Stefan Radtke

PRODUCTION
Production Director Kathee Casey-Pennucci
Associate Art Director Jodi Cecere
Digital Imaging Specialist Lauren Eisele
Production Assistant Cat Tompkins

DIGITAL
Digital Publisher Michael A. Martinelli Jr.
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***WESTCHESTER MAGAZINE* OFFICES**
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How to Reach Us
Editorial Department: 914.345.0601, ext. 123
edit@westchestermagazine.com

Production Department: 914.345.0601, ext. 125
production@westchestermagazine.com

Subscription Hotline
800.254.2213; circ@westchestermagazine.com

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TODAY MEDIA CUSTOM COMMUNICATIONS
COO/Group Publisher Richard J. Martinelli
Senior Account Executive Allan Kolstein

How to Reach Us
Advertising: 914.345.0601, ext. 138
sales@westchestermagazine.com
Marketing: 914.345.0601, ext. 146
marketing@westchestermagazine.com
Custom Communications: 914.345.0601, ext. 136
richard.martinelli@todaymediainc.com
Subscriptions: 800.254.2213; circ@westchestermagazine.com

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Smile Time



In late April, I was speaking with one of my freelance writers who happens to live in Fairfield County. He told me how great Connecticut was doing (its vaccination rate is among the highest in the U.S.) and that restrictions were easing such that it was just a matter of weeks before the only lingering mandate would be having to wear masks in public indoor places.

So, with capacity limits rising, infections and hospitalizations declining, and vaccinations continuing (got my second April 28), could Westchester be far behind? We're betting no, which is why this issue reflects an optimistic look at many aspects of Westchester life.

The fear of making medical appointments or going to medical facilities was prevalent for many months but has since subsided, so we are happy to present the "Top Cosmetic Doctors" and "Top Dentists" peer-reviewed lists (pages 80 and 74, respectively). You'll want to engage the services of these elite medical practitioners to look your best at the myriad social opportunities that arise as restrictions decline.

Another excellent way to break free from your pandemic torpor is to patronize the mobile-eats purveyors featured in "Food Truck Paradise" (page 54). Our county has seen a rise in bites-on-wheels for the past several years, from Belgian waffles and crêpes to from-scratch sandwiches and artisan pizzas.

Some have emerged from their COVID hibernations to find themselves and their families transformed: Turn to page 68 for "Life Makeovers in the Face of COVID" for profiles of five Westchesterites who had pandemic-inspired epiphanies and now live differently — and better.

As movement toward an open society continues, there's bound to be a renewed energy among those in the civic, commercial, political, and education arenas. Who will lead these key sectors post-pandemic? In our cover story, "Power Players," we believe we have the answers.

To select the leaders, we focused on Westchester's most important economic sectors, then identified the rapidly emerging movers and shakers within them. Says managing editor Amy Partridge, who took the lead assembling the feature: "There are hall-of-fame power players in Westchester who are always at the seat of local power, but we dug a little deeper to find compelling examples of people whose influence and power are growing because they're on the leading edge of issues and trends currently driving life here."

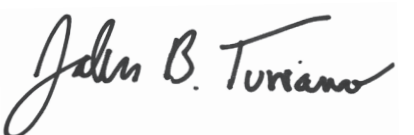
As I write this, a tiny gremlin scurries about my mind, insisting this memo is too buoyant. Are we really emerging from our COVID comas? Repudiating the little green jinx this morning was an encounter with my neighbor Dave. I saw him walking leisurely past my house, sans mask (I, too, was mask-free while entering my car to drive to work). I hadn't seen him without one in I can't remember how long. We greeted one another with big smiles.



Yonkers mayor Mike Spano in the studio with photographer Stefan Radtke

TURIANO PHOTO BY TOSHI TASAKI; INSET PHOTO BY ROBERT SUPINA

That simplest of human gestures may be the thing we can all look forward to the most.



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Crush the Cookout

8 of our favorite summer recipes to make your next barbecue one for the scrapbook.

www.westchestermagazine.com/summerrecipes

Daddy's Little Girl

We're making a Champagne toast to dads this month, and we're leaving no eye dry with these sentimental photos of exuberant fathers on their daughters' wedding days.

www.westchestermagazine.com/daddydaughterweddingpics

What's With That Giant, One-Armed Paul Bunyan?

Celebrate National Paul Bunyan Day on June 28 with a local history lesson on Westchester's largest local.

www.westchestermagazine.com/paulbunyan

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sound off

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Regarding our article, "A Yuge Park Problem" [Back Talk, May]:
Mr. Reisman suggests that the Donald J. Trump State Park located in Westchester and Putnam be renamed for former Governor George Pataki. However, Mr. Reisman also warns that such a renaming could cause litigation by former President Trump in view of a 2006 letter of agreement, which stipulates that the parkland must include Mr. Trump's name. I have another idea: Let's forgo expensive litigation and simply amend the current signs to read, "Twice-Impeached Former President Donald J. Trump State Park." That would both avoid expensive litigation and impart a bit of historical education to motorists passing those "yuge" signs on the Taconic State Parkway.
—Lou Sorell, Katonah

Regarding our article, "Westchester: NYC's Sixth Borough" [First Things First, May]:
[This notion] has too many drawbacks. More people will continue telecommuting from home on a permanent or part-time basis. There will be fewer face-to-face meetings and conferences, with increased usage of Zoom and other teleconference technologies. The growing crime rate and decline of quality of life in NYC makes working, shopping, dining, visiting, or living in the Big Apple even less desirable. Fewer people will travel via public transit to events at Lincoln Center, Radio City Music Hall, Broadway theaters, or Madison Square Garden. Many Manhattan-based corporations are considering relocating employees to satellite offices in the surrounding suburbs, including Westchester. The same is true for those from out of town who need to conduct business in NYC.
—Larry Penner, Great Neck

Regarding our article, "Best Real Estate Agents 2021" [Features, May]:
I just looked at the top [real estate agents] in Westchester and could not believe you did not include Ann Bernstein of Houlihan Lawrence in White Plains. White Plains may not have the most expensive properties, but she is consistently on top! Major omission!
—Paula Markowitz Wittlin, Mamaroneck



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sound off

FROM SOCIAL MEDIA:

Regarding our online article, "Is Westchester County New York City's Sixth Borough?":

It would be nice, but I don't think we are. Maybe first cousins!

—Jane Goldberg

BTW...

In our article, "Beef Up" [Fare Well, May], we incorrectly reported that products sold in Applestone Meat vending machines are frozen, but in fact, all items are fresh.

CONTRIBUTORS: BEHIND THE LENS



Ken Gabrielsen, Photographer

Fresh out of college with a BFA, Ken photographed his first assignment for *Hudson Valley* magazine 36 years ago. Throughout his career, Ken has developed many advertising and corporate clients, who have taken him around the world. Ken and his wife reside in Croton-on-Hudson, enjoying the scenery and serenity of the Hudson River. They have a son, who works and lives in Singapore. View Ken's work in the pages that follow and at *www.GabrielsenPhotography.com.*



Stefan Radtke, Photographer

Working with the Today Media family of magazines for nearly a decade, Stefan specializes in architecture, interior design, and portrait photography (both still and video). He was born and raised in Germany but came to New York in 2002 and attended Manhattan's International Center of Photography. Stefan has a studio in a historic 19th-century Port Chester shirt factory and resides in Rye with his wife, two kids, and Rocky, the not-so-Mini Australian Shepherd. View his work at *www.StefanRadtke.com.*

PHOTOS *(TOP)* BY KEN GABRIELSEN; *(BOTTOM)* BY STEFAN RADTKE

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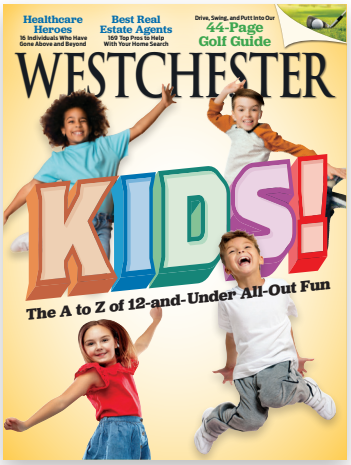
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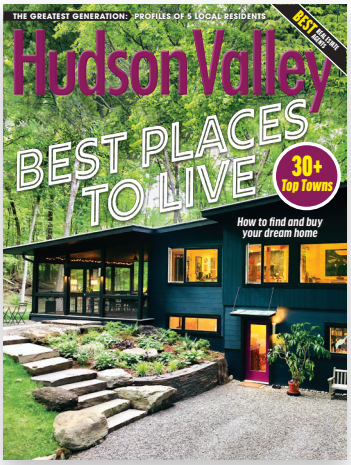
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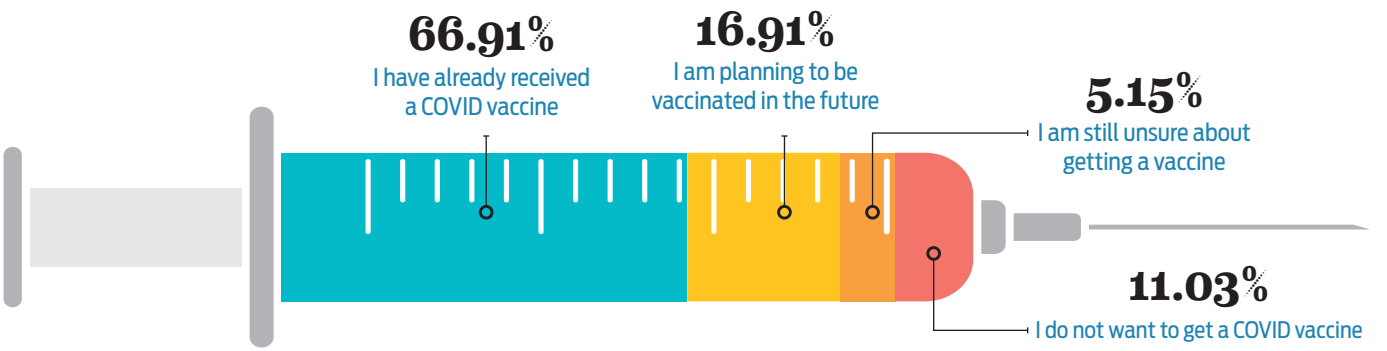
PHOTO BY CHERRYANDBESS/ADOBE STOCK

POLL

To Jab or Not to Jab?

With the vaccine rollout at full steam, we asked *Westchester Magazine* readers in an anonymous survey how they feel about the current crop of COVID shots and if they have a preference for any of them.

How do you feel about COVID vaccines?



If you are planning to get a vaccine or have already received one, which vaccine do you prefer?

Pfizer BioNTech	moderna	Johnson & Johnson
47.90%	32.77%	18.49%

Note: The poll ran from March 26 to April 19, 2021 and included 136 respondents.

A sampling of comments from polltakers:

> **"After the year that we had, I don't understand the mentality of anyone who says they don't want to get vaccinated!"**

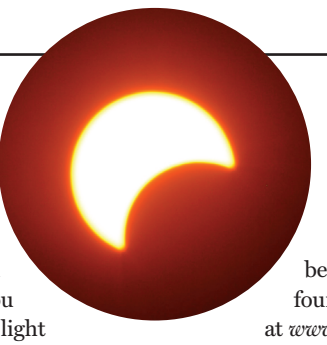
> ***"I have antibodies, and even when they are gone, I trust my immune system over an unknown long-term side effect of the vaccine. I will not be taking it."***

> **"I prefer Johnson & Johnson because at least it's only one dose. However, I don't like the fact that everyone is pushing it on you to get it. It should be an individual decision. There are some people out there, myself included, who are actually allergic to the ingredients in the vaccines."**

NATURE

Solar Power!

June will see the next eclipse of our home star. **By Charles Fulco**



If you want to see something really cool on the morning of June 10, get up before dawn, grab your coffee, and head to the boardwalk at Playland in Rye (or any location with a good view to the northeast). You'll be rewarded with the rare sight of the sun rising partially eclipsed — not its usual round self but instead looking like a thin orange crescent, rising "horns up" from the horizon.

Minutes after sunrise, at 5:32 a.m., the moon will appear to cover about 80% of the solar disc from our area, then will gradually recede over the next hour, until the eclipse comes to an end at 6:31 a.m., when our closest star will then resume its familiar bright, round appearance.

Because four-fifths of the sun will be covered at maximum, you should see some eerie dimming of light and experience a "second" dawn after sunrise as the moon moves off the sun's disc.

However, even though this is just a partial eclipse, you still need eye protection at all times to view it directly. If you still have your solar viewing glasses from the 2017 solar eclipse, break 'em out again for this one. The next scheduled solar eclipse will be a 30% partial — from Westchester's vantage point, anyway — on October 14, 2023.

PRO TIP: Sunglasses are NOT a safe substitute for eclipse glasses or viewers. Only CE ISO-certified glasses should ever be used. These can be found for an excellent price at *www.eclipse2024.org*. If you find yourself without those all-important viewers on Eclipse Morning, simply stand under a leafy tree and look down to see hundreds of images of the eclipsed sun being focused onto the ground by the openings between the leaves.

Charles Fulco is a middle school science teacher, NASA Solar System Ambassador, and an observer of seven total and annular solar eclipses on four continents. Prior to the 2017 Great American Eclipse, he worked with the American Astronomical Society to distribute certified solar glasses and promote education and public outreach to schools throughout the U.S.

SOLAR ECLIPSE PHOTO: BYRON_SA/ADOBE STOCK







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Developed by LCSD/SCD Partners, LLC
Sponsor: Purchase Senior Learning Community Inc. The complete offering terms are in an offering plan available from Sponsor. File No. CR18-0001

INSIDE LOOK

914$IDE!

According to entrepreneur and Westchester native Arden Franklyn, the county's hip-hop culture is alive and beyond well. **By Hannah Teligades**



4$IDE founder Arden Franklyn

PHOTO COURTESY OF 4$IDE

Whether it was because of artists like Sean LOVE Combs, Mary J. Blige, the late DMX, or Jadakiss, it was clear to White Plains native Arden Franklyn from early on that the 914 boasted some legit street cred in the worlds of hip-hop and R&B. The problem was, not enough other people knew that, which is why, in 2016, the then-22-year-old decided to get remedial about it. The result is 4$IDE, a multimedia music company that spans several platforms, bringing attention to Westchester's own rap, hip-hop, and R&B scenes. The company also makes original content covering the Black community and culture in Westchester through its podcasts, playlists, record label, performances, and online articles.

Franklyn fondly refers to Westchester as "the 914" — an inspiration he drew from one of his favorite artists, Canadian rapper Drake, who nicknamed his home city of Toronto "the 6IX" or "6-side," for its 416 area code. As a savvy cultural observer, Franklyn saw the same potential for similarly branding his home county.

4$IDE takes a multi-platform approach to the music business (not unlike Combs himself, who is a virtual genius at vertical marketing and diversification). Using his background as a sports journalist to maximize impact and efficacy, Franklyn's philosophy is: "The more you can offer, the better." He sees 4$IDE as an opportunity to shine a spotlight on topics and people that may have been overlooked otherwise, and he takes pride in covering not only hip-hop culture in places like Yonkers and Mount Vernon but the 914 community as a whole. "We're seeing talent come out of places like New Rochelle, Greenburgh, and White Plains — Peekskill especially is having one heck of a run right now," Franklyn says.

With more than four million views across its platforms (which include Instagram, Apple Music, and YouTube), 4$IDE is on track to represent the burgeoning talent pool in Westchester. Its roster of collaborators already includes rappers like Niko Brim, BTB, and Iman Nunez, along with singers Everything Omega, Jalen Taylor, Jordan Ariel, and Kool Kidd Dre.

"I really enjoy enjoying what's new," Franklyn notes with palpable passion. As for what's next, 4$IDE is looking ahead to new and exciting projects, one of which is a game show set to debut online this fall.

You can find 4$IDE at foursideny.com, listen to their podcasts on Apple Music or SoundCloud, and keep up with them on Instagram, Twitter, and YouTube.

EDITORS' OBSESSIONS

We Can't Shut Up About...



A few weeks ago, I visited **Climbing Wolf** in Dobbs Ferry for the first time. I had never heard of a coffee shop/beer bar before, so I was intrigued. The coffee is delicious (I highly recommend the macadamia milk latte), and I'll be heading back soon to dive into their vast collection of craft beers!

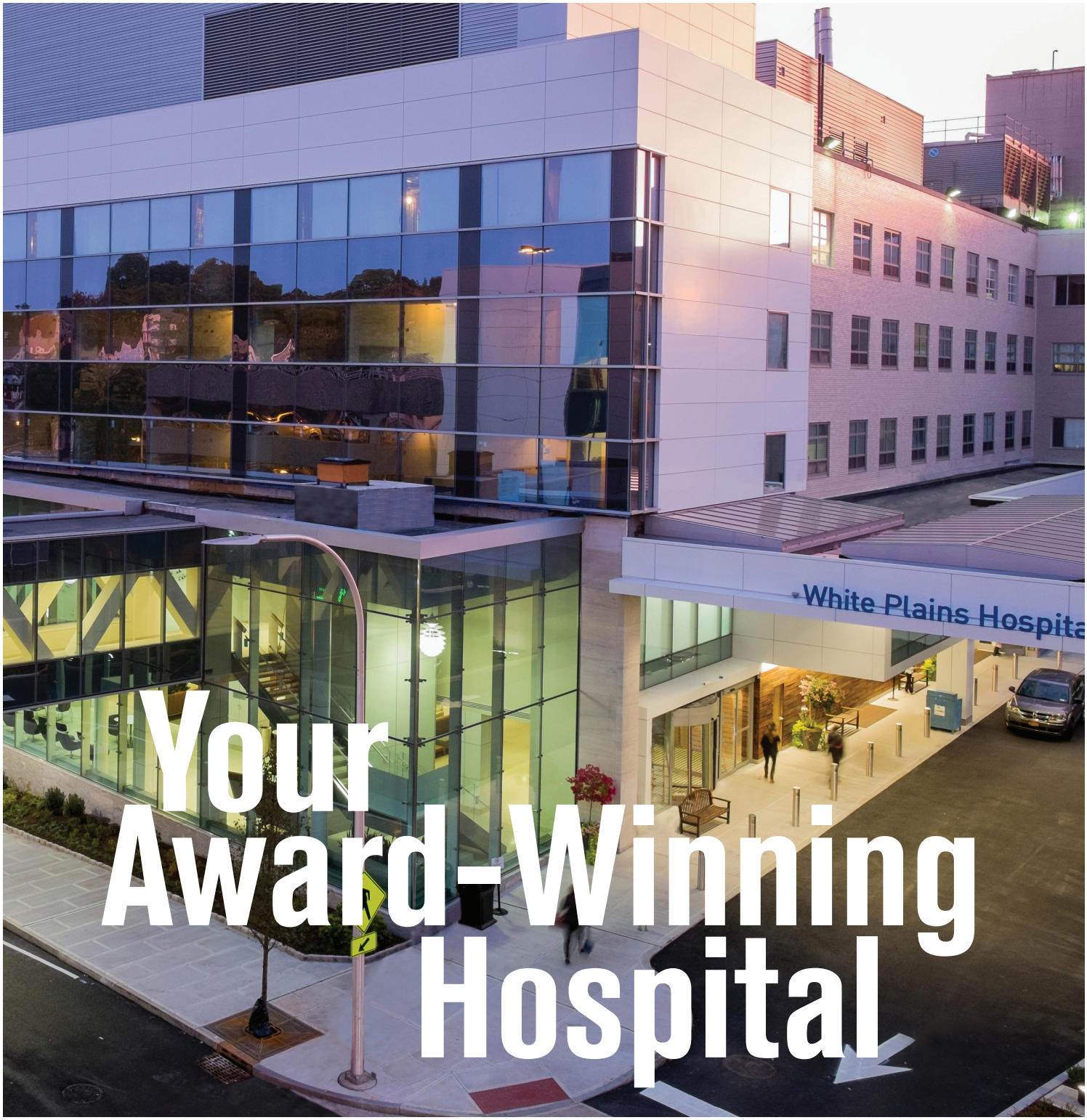
–Molly Leibel, Assistant Art Director



As the editor of our ancillary publication *Westchester Home* magazine, I am always on the hunt for incredible furniture and home accessories. At Bedford Hills' **Country Willow**, I have found chic and classic decor, plus excellent service. The 25-year-old mainstay caters to both established customers and the next gen of home shoppers, with custom and in-stock furnishings and decorations to adorn the entire home.

–Gina Valentino, Associate Editor

PHOTOS *(LEFT)* BY MOLLY LEIBEL; *(RIGHT)* COURTESY OF COUNTRY WILLOW



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HISTORY

A Mystery in Lasdon Park

A local photographer uncovers the story of two Vietnam photographers, one with a connection to a Hollywood legend. **By David Rocco**



Inset: actor Errol Flynn; Sean Flynn (*far right*) and Dana Stone (*seated*); *below*: the memorial dedicated to Sean Flynn.

I first visited Katonah's Lasdon Park in the spring of 2000 because I had heard about the remarkable Veterans Memorial Trail of Honor. After I completed my walk on the trail, I noticed a small concrete memorial near the entrance for Vietnam War combat photographer Sean Flynn, who I later learned was the son of legendary actor Errol Flynn. I found this fascinating, but I didn't follow up on why a memorial to Sean Flynn was in a Westchester County park until last March.



Turns out, a retired Westchester County Parks administrator had the monument placed there, along with a memorial tree, before the Trail of Honor existed. He, like me, was an Errol Flynn fan. He wanted to honor Flynn's son, who had lost his life covering the Vietnam War.

Sean Flynn and fellow combat photographer and friend Dana Stone crossed the Vietnam–Cambodia border on April 6, 1970, in hopes of getting an exclusive story from the perspective of the Viet Cong, who were in Cambodia. Sadly, the two were captured and never seen or heard from again. Ultimately, it was determined that Flynn and Stone were executed in June 1971. Their remains have never been found, despite exhaustive searches.

In response to requests made by the friends and family of Dana Stone, Friends of Westchester County Parks agreed to install a memorial monument alongside Sean Flynn's monument this spring to honor Stone. The installation will coincide with the 50th anniversary of the photojournalists' deaths.

For more information, read *Two of the Missing: Remembering Sean Flynn and Dana Stone*, by Perry Deane Young (2009).

David Rocco is a lifelong Westchesterite who received the Larry Sally Photography Award in 2019 for his six-year pictorial documentation of the new Tappan Zee Bridge project. He is coauthor of* The Indestructible Man: The Incredible True Story of the Legendary Sailor the Japanese Couldn't Kill *(2021).

PHOTOS: (*ERROL FLYNN*) PUBLIC DOMAIN PHOTO FROM NATIONAL LIBRARY OF AUSTRALIA, VIA WIKIPEDIA; (*VIETNAM*) THIS WORK IS LICENSED UNDER THE CREATIVE COMMONS ATTRIBUTION 4.0 INTERNATIONAL LICENSE. TO VIEW A COPY OF THIS LICENSE, VISIT HTTP://CREATIVECOMMONS.ORG/LICENSES/BY/4.0/ OR SEND A LETTER TO CREATIVE COMMONS, PO BOX 1866, MOUNTAIN VIEW, CA 94042, USA.V; (*MEMORIAL*) BY DAVID ROCCO



PHOTO BY LIGHTFIELD STUDIOS/ADOBE STOCK

1 A corner office in Midtown may sound like a great spot for the 9-to-5, but three well-known Westchester companies have made Fortune's latest "100 Best Companies to Work For" list. They are: Regeneron, at No. 50; IBM, at 72; and new to the list, Mastercard, at 85. Rochester-based Wegman's, with a store in Harrison, holds the No. 4 spot.

2 Thanks to COVID, the daily grind isn't ending anytime soon for America's workers at or nearing retirement age, with 1 in 5 putting their retirement plans on hold and 1 in 4 halting their retirement savings plans, according to a recent Harris Poll.

3 Westchesterites are not exactly breathing a sigh of relief on the heels of the American Lung Association's State of the Air report, which gives the county an "F" for air quality on high ozone days, noting that nearly 169,000 people aged 65+ are considered "at risk."

4 Elmsford has become the first school district in the U.S. to take the UK's "Let's Go Zero" pledge to be carbon neutral by 2030, and the second (after Port Chester) to become carbon neutral under the UN's Framework Convention on Climate Change.

5 Kudos to the amateur lawyers at Byram Hills High School for winning the Westchester County Mock Trial Championship — via Zoom, no less — defeating top-seeded Scarsdale.

—Michelle Gillan Larkin







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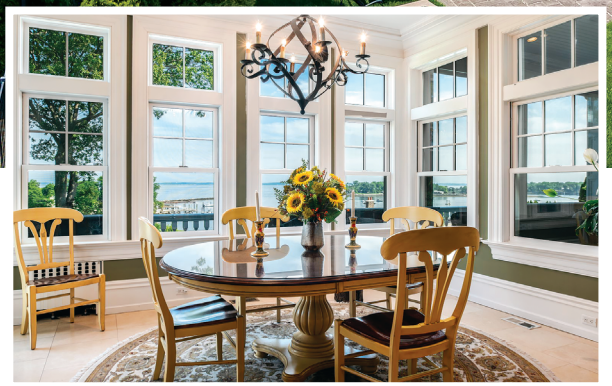
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home & property

EDITED BY
Amy R. Partridge







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ON THE MARKET

Palace on the Sound

$2,980,000

8 Hilltop Dr, Port Chester | 5 BR, 7.2 BA | 6,949 sq. ft. | .44 acres | $80,356 estimated taxes

Skip the Hamptons and live the waterfront dream in Port Chester, with this vacation-style mega-home. Located on a cul-de-sac overlooking Long Island Sound, the grounds include pool and spa, plus multiple terraces and verandas for soaking in the vista, along with a heated three-car garage. Interior wow factors include a double-height entryway, family room with two-story stone fireplace, massive formal dining room, opulent master bedroom suite, and water views from nearly every room.

Listed by Nicole Tripodi Paxton, Coldwell Banker

**All homes were on the market at press time.*

HOT PROPERTIES

Real Estate Rising

New residential projects in Westchester are moving forward in 2021. **By Duke Ratliff**

The Westchester County new-construction real estate market is rebounding from the pandemic-induced slowdown of the last year. Below are some attention-getting projects that show the market is moving forward.



Miroza at Ridge Hill

RECENTLY OPENED

Carraway, a 421-unit apartment development was recently completed in West Harrison as a joint venture from Toll Brothers and J.P. Morgan Global Alternatives. Described as a "refined retreat," the property includes a resort-style pool deck and cabanas, a clubroom with fireplace, and grand lobby.

The Marquee apartments, a 10-story building with 160 units, a gym, game room, and lounge, located on Bronx River Road in Yonkers, has opened to the public. Stagg Group, the developer of the project, points out that it's near the Metro-North Mount Vernon West station, on the Yonkers' eastern border.

At press time, Ginsburg Development Companies was ready to start leasing **1 Martine Avenue** in White Plains and aiming for a mid-May occupancy. The luxury residence, part of the City Square project, features loft-style apartments and 11-foot ceilings.

Miroza at Ridge Hill, in Yonkers, is a recently opened 180-unit luxury-rental development featuring a 20,000 sq. ft., state-of-the-art amenities center. The building offers a 24-hour concierge, as well as a convenient shuttle to Metro-North.


1 Martine Avenue

PLANNED

Ginsburg Development Companies has proposed a 165-unit, mixed-use project in **Peekskill, near the Metro-North Railroad station.** The nine-story building would include 40 hotel rooms, space for retail, and more than 300 parking spaces.

Two residential towers with 315 total residential units are planned for **115 S. MacQuesten Parkway in Mount Vernon**. The NRP Group, Grandview Consulting Group, and Kensworth Consulting are partnering on the project, which will be located near Metro-North Railroad's Mount Vernon West train station. Mount Vernon's Planning Board is reviewing the proposal.

Westchester County's **former Good Counsel school campus in White Plains** will transform into a community that provides senior and multifamily housing. The project, by WB Development NB, will allow for the construction of 335 independent and assisted-living apartments for seniors, 28 townhouses, and 48 multifamily apartments on the 16-acre property.

Wilder Balter Partners has broken ground on an 82-unit affordable-housing project at **645 Main St. in Peekskill**. Apartments in the energy-efficient building, which will include solar panels, are expected to be as low as $900 a month.

Ground was broken on **The Renaissance**, a $97 million Workforce Housing Group project in New Rochelle. The joint venture of The NRP Group, Guion Renaissance Housing Development Finance Corp., and Kensworth Consulting is reserved to households earning between 40% and 80% of the area's median income. It's slated for a 2023 completion.

MIROZA PHOTO COURTESY OF BUZZ CREATORS; MARTINE AVENUE PHOTO BY PHILIP JENSEN-CARTER

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BARGAIN HUNT

Briarcliff on a Budget

This is Westchester, where a home doesn't have to be cheap to be a bargain.
By Amy R. Partridge

Centrally located, with a small but charming town center and access to two reputable school districts, Briarcliff Manor is perennially popular with Westchester homebuyers. With both luxury mansions and affordable family homes, the housing market leans toward pricey, but good deals can be found.

Briarcliff Manor Median Home Price: $853,125 (March 2021)

The Bargain: $599,500
15 Tappan Terr
3 BR, 2 BA; 2,149 sq. ft.; .26 acres; $18,261 estimated taxes



$253,625 below the median home price

What You Get:
Bright, spacious, and updated, this home is move-in-ready and boasts a brand-new roof and a peaceful location. Standout features include recently refurbished hardwood floors, large and modern kitchen with quartz counters, and walk-out lower level with home office, laundry room, and garage access.

What You'll Need to Do:
Embrace the bright interior wall colors (or repaint!) and appreciate a split-level floor plan — not all buyers are fans.

Listed by Audrey Moore & Clair Moore, Howard Hanna Rand Realty

TOOL SHED

Planter Perfect

A local horticulturist and landscape designer's favorite plants, perfect for containers **By Jenn Andrlik**

Kate O'Keefe knows her plants. She has a graduate degree in landscape design and is NOFA Organic Lawn Care Certified. Her business, Kate O'Keefe Design, does a lot of beautiful design installations in both Fairfield County and Westchester.

"Summer is the time we are all outside, enjoying the weather, patios, barbecues with friends, and I think we are all wanting lots of color in our lives," says O'Keefe. "Container gardens are a great way to add some color." Here, she shares five of her all-time-favorite container plants:



Million bells (*Calibrachoa* hybrid) comes in a huge variety of colors and is great in almost any container. Its trailing habit makes it ideal for hanging baskets, bringing masses of blooms that attract hummingbirds and butterflies. Another bonus: It requires no deadheading.



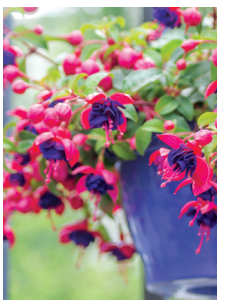
Verbena (*Family Verbenaceae*) is a great container plant for those sunny spots, because it blooms all summer long and into fall. It is a truly forgiving plant that is very drought-tolerant and loved by butterflies; regular deadheading will encourage more blooms. Like most flowering annuals, verbena likes to be fed every couple of weeks.



Angelonia (*Angelonia augustifolia)*, with its upright habit, can be the main attraction in small containers, but in a large containers, it is a great supporting player.



Caladium is the perfect plant to brighten up a shady spot in your summer garden or container. This plant is all about foliage, due to its insignificant flower. However, they don't lack in color: The leaf colors come in a wide variety of white, pink, red, and green combinations. Most caladiums prefer shade, but there are new cultivars, such as Red Flash and Celebration, that grow in sun.

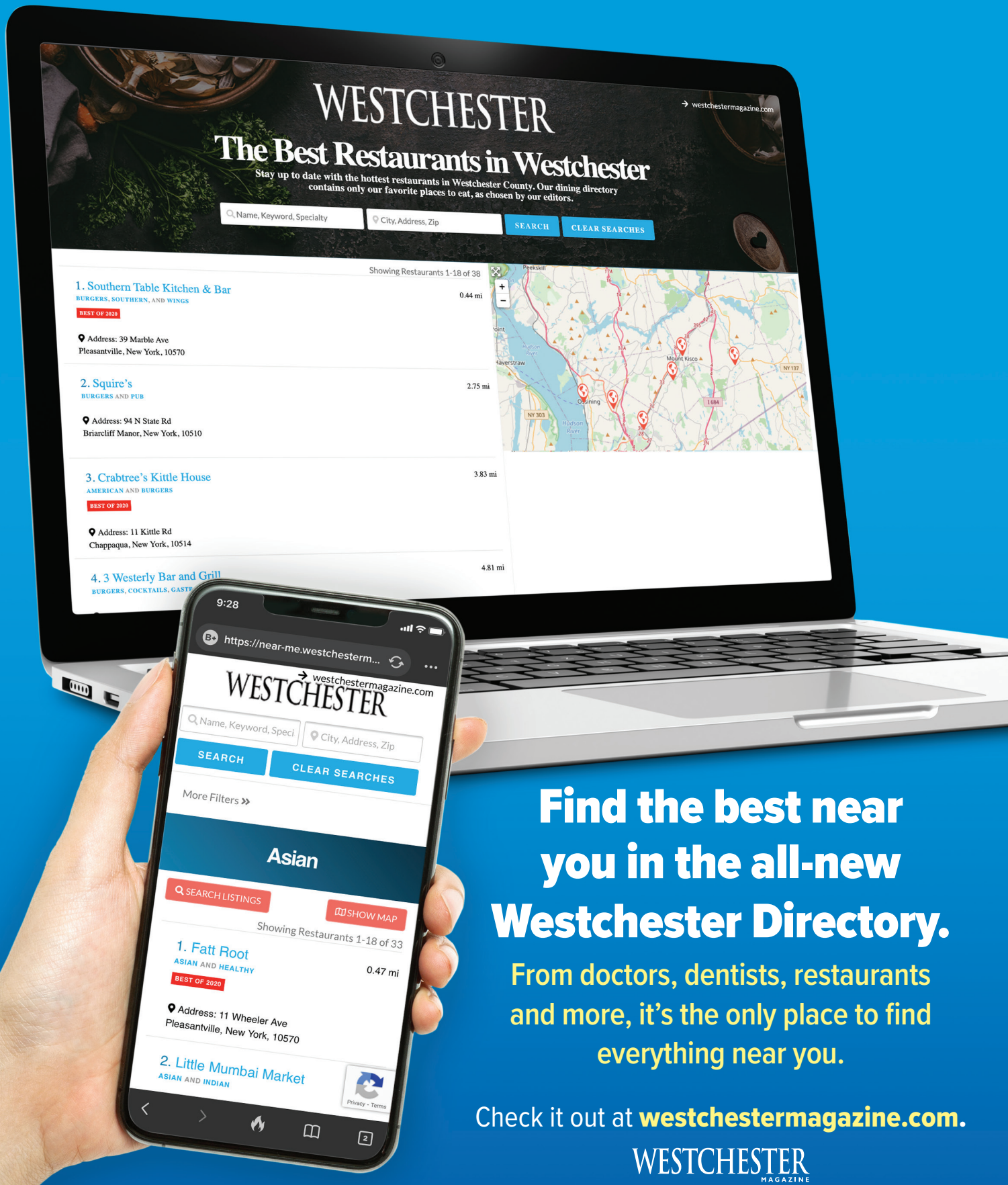


Fuchsia is a stunning plant for a hanging basket. I love this plant for its versatile nature, doing well in both shade and sun. If planted in shade, expect a longer, trailing stem; with sun, a more compact plant will be produced. Fuchsia is loved by hummingbirds for its tubular flowers and comes in a massive variety of colors.

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EXPERT PANEL

Summer Lovin'

Three local designers share how they love to infuse summer into their homes.



"With warmer weather here, I love to add fresh flowers throughout my house. Peonies, in particular, always make me think of late spring/summer and bring in the best colors. I also switch out my candles to lighter scents, like ocean mist, sea salt, and washed linen." *—Barrett Oswald, Barrett Oswald Designs*

"The perfect summer refresh is all about creating a light, fresh, airy, and streamlined feel with decor. Less is more. Swap out wool throws for cotton. A fresh welcome mat. Plant tropical plants in fun planters for a warm welcome." *—Cami Luppino & Alana Irwin, Lulu Home*



"I am passionate about lighting and its impact on any space. In the summer, I love to add tea-light candles everywhere and use our outdoor lanterns inside to create the perfect summer mood." *—Kim Mitchell, KAM Design —JA*

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PHOTO BY GLYNIS CARPENTER

STYLE

Dose of Summer

Local mom creates colorful resort-wear line inspired by her artwork.

By Gina Valentino

Whether you're beach-bound or not, elevate your summer wardrobe with cheerful and vibrant accessories by Ardsley resident Sara Annapolen. Her resort-wear line, Sara Joy (*www.shopsarajoy.com*), features caftans, sarongs, scarves, and hair accessories in bold colors and patterns. Annapolen says her creativity intensified during her pregancies and she felt grounded by art during her post-partum experiences. "The shift into motherhood is what energized me to launch my own label — a lifelong dream." Each piece in the collection is inspired by her original artwork; prints include patterns from watercolor paintings and woven paper projects. Sara Joy products are manufactured in small quantities to promote a feeling of uniqueness while fulfilling Annapolen's mission to operate a zero-waste business, as she repurposes waste fabric into new products. Shop the collection online and at I Am More Scarsdale.









BEAUTY

Westchester's First

Two NYC-based beauty bars open new locations in Westchester.

Top left: BeautyFix MedSpa's first Westchester location, in Larchmont. *Top right*: BeautyFix MedSpa's managing partner, Hana Rukaj.

Above left: Sania's Brow Bar in Scarsdale's founders (*left to right*) Sania Vucetaj, Syzana Vucetaj, and Valbona Vucetaj Gjidija. *Above right*: Scarsdale's Sania's Brow Bar

While body positivity has been championed lately, the market for fillers and Botox has nonetheless soared amid the fully filtered photo era.

If you're looking to enhance your natural beauty, NYC-based **BeautyFix MedSpa** has opened its first county location in Larchmont (*1885 Palmer Ave; www.beautyfixmedspa.com*). The med spa offers "fixes" for body parts clients typically seek to enhance: face, body, and booty. From fillers to facials, IPL laser hair removal to chemical peels to a "booty vacuum," the spa offers an abundance of confidence-boosting procedures. Nonsurgical options include Botox and Sculptra Face, and surgical options include facelifts and liposuction. The most recent offering: vitamin IV drips — a staple in NYC but a rarity in Westchester. Managing partner Hana Rukaj says, "Our goal is to deliver innovative, accessible cosmetic procedures, while our philosophy is to let our patients be the trendsetters. Self-care is a priority in 2021 and for years to come."

Eyebrows have been the focused-on facial feature in recent years, and now you can receive Olivia Culpo-level face-framers right here in Westchester. Sania Vucetaj, a veteran in the brow biz for more than 25 years, is known for her tweezing-only technique and NYC-based **Sania's Brow Bar**. She, alongside her two daughters and niece, opened the first county location of the brow bar in Scarsdale (*14 Harwood Ct, Ste 218; www.saniasbrowbar.com*) earlier this year to buzz. Daughter Valbona Vucetaj Gjidija says, "With the huge migration into the suburbs post-pandemic, we wanted to bring convenience, quality, and our chic NYC-vibe to Westchester." They designed the Scarsdale location similar to their Manhattan flagship and created a "men's room" for clients. Vucetaj, who has been praised for her skills to create groomed and fluffy brows, says, "I have always been protective of my brand, since brows have the ability to make or break a face. Clients know they can trust the quality of our work." Those clients have included Culpo, SJP, and Paige DeSorbo. —*Gina Valentino*

PHOTOS (*TOP LEFT, RIGHT*) COURTESY OF BEAUTYFIX MEDSPA WESTCHESTER; (*BOTTOM LEFT*) BY NIKO DUKE NASA/COURTESY OF SANIA'S BROW BAR; (*BOTTOM RIGHT*) COURTESY OF SANIA'S BROW BAR

SHOP

Sweet Boutique

Au Ciel Flowers & More opens in Irvington.



Top: The interior of Au Ciel Flowers & More

Inset: Founders Nilou Safinya and Minoo Hersini



While the pandemic slammed many business owners, some, like Minoo Hersini, learned to adapt to a new biz model. Hersini had owned her flower business, Au Ciel, for more than 38 years, first in Scarsdale, then in Irvington, where she had rented part of the space for events. During the pandemic, both her flower business and ability to rent space were adversely affected. The veteran floral designer, alongside niece Nilou Safinya, decided to repurpose the former event space as a lifestyle boutique and darling gift shop that complements the floral company. **Au Ciel Flowers & More** (*50 S Buckhout St; www.au-ciel.com*), offers floral arrangements and handpicked internationally and locally sourced products. Think dish towels from India, luxe baby clothes from England, pottery from Tarrytown's Connor McGinn, and yoga and meditation accessories from Irvington-based brand Yogamere.

A longtime Irvington resident, Hersini states there were not many gift shops in the Rivertown before she debuted the "& More" portion of her store, and now it serves as a unique spot to purchase a greeting card, gift for baby, or trinket for one who seems to have it all. *—GV*

PHOTOS COURTESY OF AU CIEL & MORE



BUCKO! founders Brian & Katie Orsi outside their Peekskill boutique

One-Stop Shop

New lifestyle store Bucko! opens in Peekskill.

It's not often you find an independent shop featuring men's, women's, and baby's apparel and accessories, home goods, and gifts all in the same place. Enter Peekskill's new boutique, **Bucko!** (*107 S Division St*). The one-stop shop offers all that and more. While businesses were shuttering during the pandemic, husband-wife team Brian and Katie Orsi opened the store in November and have added new items every week since. Brian says, "We both felt that Peekskill has so much potential. In the six years we've lived in Peekskill, we've just seen so many changes, so many new buildings going up, so many new people moving here. The one thing [the city] was lacking was modern retail. Our neighbors in the Hudson Valley, like Cold Spring and Beacon, have these really great shopping districts. We wanted to contribute to that in Peekskill." Located in the Flatiron Building, Bucko! enhances the retail scene in the Rivertown, with its unique and highly curated offerings. *—GV*

PHOTOS COURTESY OF BUCKO!

Power Players

48 movers and shakers whose influence is resonating across Westchester

By Paul Adler, Janine Clements, Amy R. Partridge, Duke Ratliff & Kevin Zawacki

Not all of these changemakers are household names just yet, but they are part of a new guard of emerging leaders who are shaking up the power structure in Westchester. Coming into their own over the past several years — or recently raising the stakes on an already-solidified reputation of power — they have been racking up contributions and accomplishments that are being seen and felt across the county. While certainly not an exhaustive list of all the newer VIPs around town, these are some of the interesting and dynamic men and women we're avidly watching.

PHOTOGRAPHS BY STEFAN RADTKE



(*l to r*): White Plains Mayor Tom Roach, New Rochelle Mayor Noam Bramson, Yonkers Mayor Mike Spano

Power Players Government


Noam Bramson


Tom Roach

SPOTLIGHT:

Noam Bramson
Mayor of New Rochelle

Tom Roach
Mayor of White Plains

Mike Spano
Mayor of Yonkers

Three of Westchester's biggest cities are rapidly evolving as vibrant urban hubs under the strong leadership and vision of their chief executives. The mayors of Yonkers, New Rochelle, and White Plains are focused on priorities that include economic development, revitalizing the downtowns, promoting sustainability, modernizing infrastructure, and changing the way people think about their cities.

Ten years ago, "there was much promise of development but little happening," says Mayor Mike Spano of Yonkers. "Now we have several thousand housing units and new hotels being built, and we passed the city's first affordable-housing ordinance." Yonkers is also attracting companies such as Target, FedEx, and MGM. It is one of the safest large cities in the U.S., according to FBI data, and the public-school graduation rate has risen from 72% to 90% under Spano, with plans to build three schools.

PHOTOGRAPHS BY STEFAN RADTKE

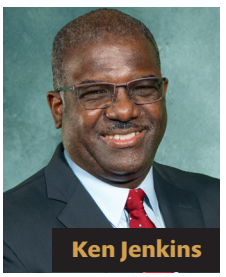

Mike Spano

Shaking Up County Politics

Westchester County's political climate is changing, with a marked shift toward more progressive politics, a focus on economic development, increased diversity among elected officials, and new faces pushing for change. Several elected officials are coming up through the ranks, raising their profiles and shaking things up, thanks to their policies and vision.

Among these is Westchester's new DA, **Mimi Rocah**. Since being elected, the former federal prosecutor has built a team reflecting the community's diversity and is bringing reforms with her transparency and ethics plans. Her other priorities include reducing gun violence, creating a fairer criminal justice system, and addressing police misconduct.

Also raising the bar since his election victory in 2017 is County Executive **George Latimer**, whose mix of left-leaning social policies and savvy business and economic strategies has made him a near shoe-in for reelection in 2022. Shining the spotlight in his office is **Bridget Gibbons**, the county's economic development director. Gibbons plays an instrumental role in establishing programs to help strengthen the business community. These include Business FIRST, a grant program providing $10 million in funding to help small businesses and nonprofits impacted by the pandemic, and Element 46, an incubator program to support startups.


Ken Jenkins

Deputy County Executive **Ken Jenkins** made history as the county's first African American to hold that office. Although he has been a figure in local politics for a while, becoming part of Latimer's senior management team has raised his profile considerably. He plays a key role tackling the issues facing Westchester and chairs the MWBE Task Force, addressing the needs of minority- and women-owned businesses.

Town Supervisor **Matt Slater** is shaking things up in Yorktown. He was pivotal in launching a zoning-and-marketing initiative to boost business and investment in the town, including the planned development of Yorktown Green Shopping Center. Slater pushed through an aggressive pandemic recovery agenda, and his recent budget includes a property-tax decrease without any cuts to services. —*JC*

In New Rochelle, Mayor Noam Bramson is overseeing the city's expansive downtown development plan, which was made possible by zoning changes, a fast-track permit-approval process, and a multibillion-dollar investment, among other factors. Expect to see brand-new residential towers in addition to a new family court and retail space. "We also have a 10-year capital plan directing more than $100 million to upgrade public infrastructure, such as parks, playgrounds, and roads," says Bramson.

"We're continuing to modernize and revitalize Downtown White Plains, adding housing, expanding the hospital, and redeveloping two malls," says Mayor Tom Roach of his city's plans. "We also have the county's most progressive affordable-housing program."

Sustainability is also high on the agenda for this trio of mayors. "New Rochelle has seen multiple energy-efficiency improvements and provides 100% clean energy to electricity consumers through Sustainable Westchester," Bramson says. "Our downtown development is less car-dependent."

"White Plains has more electric-vehicle charging stations than any community in Westchester and will have the first electric garbage truck in the state," says Roach. "Our Community Solar program will generate over $1 million a year and triple the amount of solar energy produced in the county."

In Yonkers, a New York State-designated Climate Smart Community, water usage dropped 30%, thanks to the replacing of water meters. "We have Westchester's largest green fleet and were the first city in the state to launch the electric scooter program," remarks Spano. —*Janine Clements*

JENKINS PHOTOGRAPH COURTESY OF WESTCHESTER COUNTY EXECUTIVE'S OFFICE

Power Players Education



SPOTLIGHT:

Eridania Camacho

Director of Workforce Programs, White Plains Education & Training Center, Westchester Community College

More than 17 million workers have been displaced by the pandemic in the U.S., and Eridania Camacho of Westchester Community College is at ground zero to assist local workers desperately in need of retraining. Previously the director for WCC's Gateway to Entrepreneurship, when the pandemic first struck, her role and title changed as she shifted her focus to the White Plains Education & Training Center (WPETC), to expand WCC's much-needed offerings in workforce training.

PHOTOGRAPH BY KEN GABRIELSEN



Moving Education Forward


Belinda Miles

Westchester County's education leaders proved their resilience — and importance — through 2020. **Belinda Miles**, president of Westchester Community College, led the college through the pandemic as it prepared frontline healthcare workers, provided financial aid to students in need, and served as a vaccination site to inoculate county residents against the virus. This year, she'll head WCC's 75th-anniversary celebrations.

Since taking the reins in 2014, Mercy college president **Tim Hall** has guided the school to create academic initiatives, improve freshman retention, and renovate the infrastructure of its Dobbs Ferry, Manhattan, and Bronx campuses. He also used his authority to take in 1,800 displaced students from the defunct College of New Rochelle.

Milagros Peña was named the president of Purchase College last year. She was previously the dean of the college of humanities, arts, and social sciences at the University of California, Riverside, where she was known for attracting and retaining a diverse faculty. Peña is the first Hispanic woman ever to lead a SUNY institution.

As the superintendent of the White Plains City Schools, **Joseph Ricca** received kudos for his optimism and consistent communication as he helmed one of the county's largest districts through the perils of the pandemic. Most recently, he's been an outspoken advocate for federal aid, as he's called for tax dollars earmarked for standardized test assessments to be transferred to the safe reopening of schools. *—DR*

"More people are looking to sharpen their skills or gain new skills so that they can enter the workforce or shift to other industries."

— Eridania Camacho

WPETC is a training hub where potential workers can learn skills in information technology and cybersecurity jobs. Classes are offered in areas such as digital literacy and IT competence.

"More people are looking to sharpen their skills or gain new skills so that they can enter the workforce or shift to other industries," Camacho says. "I believe that when something like the pandemic happens, we are forced to step out of our comfort zones and explore new opportunities and different ways of approaching things. Being able to move beyond these challenges is an essential step toward growth."

At the same time, Camacho's strategy for entrepreneurship shifted from offering training to small-business owners to providing them with up-to-date information and access to resources and offering virtual informational sessions on how to access PPP loans.

"If you drive through any town in Westchester, its main street is lined with small businesses, not large corporations," Camacho says. "These small businesses are the lifelines that sustain the community." *—DR*

PHOTOGRAPH COURTESY OF WESTCHESTER COMMUNITY COLLEGE

SPOTLIGHT:

Michael Romita

President & CEO, Westchester County Association



Westchester's business community is confronting its biggest challenge in recent history: a grueling pandemic that's slowed the economy to a crawl. That means Michael Romita — the new president/CEO of the Westchester County Association (WCA) — has a Herculean task ahead of him.

For 70 years, the WCA has sparked economic development as an advocate for local business. That mission matters more than ever, with lingering shutdowns and virus rates taxing the region. Thankfully, Romita is especially qualified for his role. In past professional lives, he was a trial attorney for the Department of Justice, chief of a family-run oil company, and partner at a Washington, DC, public-policy firm. So, he innately understands the policies and aid Westchester businesses need right now.

In the past year, much of Romita's energy has focused on getting funds to local merchants. "We recognized pretty early that the county had a very tight budget and that the state was spending [its] money fighting the pandemic," Romita recalls. "So, we had to pivot our advocacy to the federal level."

Romita is also helping fuel the region's healthcare industry. "We're developing a local pipeline of talent for the sector," he says. "That's going to be a growing need for our economy." To do this, the WCA and Romita convened the Healthcare Talent Council, "a high-level roundtable with the heads of the hospitals and the deans and presidents of [local] colleges," Romita explains. The council is ensuring local curricula aligns with local hospital needs and pushing for more clinical training. "You can't have somebody come out of a [classroom]

PHOTOGRAPH COURTESY OF WESTCHESTER COUNTY ASSOCIATION

and throw them into a COVID emergency room," Romita says.

Romita's leadership isn't all reactive, however. "It's pretty easy to be distracted by every short-term issue," he warns. "But we need to think more strategically about how our regional economy fits into the broader national conversation." Romita's long-term vision for the WCA entails revitalizing the county's commercial office space, strengthening the regional healthcare sector, helping the transition to clean energy, growing affordable housing, and closing the digital divide.

It's an ambitious to-do list, but Romita plans on leaning into Westchester's strong suits. "Our socioeconomic diversity is one of our greatest strengths," he says. "We're professionally diverse. And we've got very dedicated, engaged businesses and nonprofits who really care about solving our problems." —*KZ*



Business as Unusual…

Westchester business leaders have had a hectic 12 months, and inertia just isn't an option when navigating a pandemic and the threat of economic collapse. As a result, some of the region's biggest names have spent the past year innovating, adapting, and yes, even expanding.

Local biotech powerhouse Regeneron — led by founders **Leonard S. Schleifer** and **George D. Yancopoulos** — already made headlines for developing its COVID antibody cocktail. (Yes, the same one taken by former President Trump in November 2020.) More recently, Regeneron announced it would sell an additional 1.25 million doses of the cocktail — totaling as much as $2.6 billion — to the U.S. government. Meanwhile, Regeneron is planning to expand its Greenburgh campus with a 200,000 sq. ft. laboratory space.


Heidi Davidson

As the region recovers from COVID's economic toll, local banking will play an outsized role — so **David DeMilia** will be busy. DeMilia has been named the new president and CEO of Tompkins Mahopac Bank after his predecessor's 26-year run. A lifelong Westchester resident with an impressive résumé, DeMilia most recently helped lead the bank's commercial lending division. Says Tompkins board chairman Michael Spain: "Dave brings strong expertise and leadership in one of our core businesses, commercial banking."

Meanwhile, **Heidi Davidson** — who has chaired the Business Council of Westchester (BCW) since late 2019 — is shepherding the BCW through pandemic uncertainty. Davidson is helping the organization with initiatives like its recently formed Anti-Racism Resource Center and Economic Recovery Task Force while advocating a full gaming license for Empire City Casino in Yonkers.

Some of Westchester's marquee-name corporations have also welcomed new faces. At IBM headquarters, in Armonk, **Arvind Krishna** began as CEO in April 2020 and added chairman to his title in January 2021. At PepsiCo's Purchase headquarters, CEO **Ramon Laguarta** is just more than two years into his role. Meanwhile, at Heineken USA's HQ in White Plains, CEO **Maggie Timoney** is also just two years into her role. As COVID continues, all three CEOs are expected to play an outsized role in how their companies — and industries — answer the call. —*KZ*

PHOTOGRAPHS (*TOP*) COURTESY OF WESTCHESTER COUNTY ASSOCIATION; (*BOTTOM*) BY JOHN VECCHIOLLA



SPOTLIGHT:

Louie Lanza

Owner, Hudson Hospitality Group

As an April Fool's prank in 2019, W*estchester Magazine* published a tall tale that developer/restaurateur Louie Lanza had purchased the entire city of Peekskill. It hit so close to home that some readers thought it was fact — and others wistfully hoped the story was true.

Walk almost anywhere in Peekskill, and you'll come face-to-face with a Lanza-owned property. His Hudson Room and Eagle Saloon both sit in the center of downtown, close to the tourist-attracting Paramount Theater. His restaurants Taco Dive Bar and Bajarito command attention at the city's bustling waterfront. Lanza's Factoria, with Fin & Brew and River Outpost Brewing, is a popular entertainment destination at Charles Point, while his Spins Hudson is the largest entertainment

PHOTOGRAPH BY KEN GABRIELSEN



venue on the Hudson. Also, he owns three of the buildings on Peekskill's busiest corner, at Division Street and Main Street.

For the dynamic Lanza, the pandemic brought a time of reflection and planning. It was a time to ponder projects and new partnerships. "The hospitality business has suffered tremendously in the last year," Lanza says. "At some point, you have to take the lemons and make lemonade."

Early on in the pandemic, Lanza cofounded the Million Gallons Challenge, which provided soup for colleagues and other food-insecure members of the community. Chefs and restaurateurs, along with restaurant and hospitality workers, used vacant space and leftover food and ingredients toward the cause.

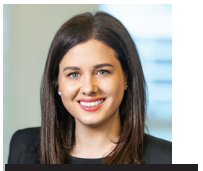
Lanza describes himself as "a team player," and the pandemic has helped him appreciate partnerships even more than ever. "There's a lot of incredibly brilliant people around, and if you can partner with the right people, you can do things together," Lanza says. "Nobody can do it by themselves."

Lanza says he's in the final stages of making a deal with a tech company to move into one of his buildings downtown, which will eventually lead to nearly 100 professional employees working in Peekskill. And since cannabis has been legalized for recreational use in New York, Lanza has fielded numerous phone calls from would-be partners about the burgeoning industry. "I have some research to do," he says. *—DR*

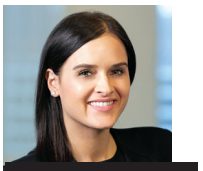
Big Developments Ahead

Optimism prevails for Westchester County real estate, aided by some of the region's most dynamic players. Whether they're up-and-comers or established executives with decades of experience in taking on new roles, the leading real estate execs are making it happen in Westchester.

Easily one of the most prolific residential developers in the history of the Hudson Valley, **Martin Ginsburg**, founder and principal of Ginsburg Development Companies, continues to grow his influence, most recently by proposing to build a complex at the Peekskill train station, containing more than 160 apartments, retail space, and 40 hotel rooms. His company is also set to start leasing 1 Martine Ave, the residential element of the large City Square complex in White Plains. His Abbey Inn & Spa was recently voted the third-best new hotel in the nation by the readers of *USA Today*.



Patricia Simone



Joanna Simone

With more than a decade of real estate development experience each, **Patricia Simone** and **Joanna Simone** continue to help steer Simone Development, which manages more than 5 million square feet of property. They both were recipients of the Hall of Fame Women in Business Success Award from the Business Council of Westchester last year.

Andrew Weisz is the up-and-coming executive vice president of RPW Group. Last year, the company teamed with The NRP Group to break ground on a 70-acre mixed-use property in White Plains that once housed the global headquarters of IBM.

David Richman took the lead at Rakow Commercial Realty Group in 2019. The company has represented tenants, buyers, owners, and sellers of commercial real estate services for more than 20 years. Rakow recently expanded to a new office in Bergen County, NJ.

Earlier this year, RXR Realty, headed by CEO **Scott Rechler**, finished building the structure for One Clinton Park, a 28-story mixed-use building in New Rochelle. The city's official "master developer" since 2015, RXR recently donated $1 million to assist residents during the pandemic.

Liz Nunan took the reins at Houlihan Lawrence last year, after being named president just a year earlier and COO in 2018. The company navigated through the pandemic with a wealth of proprietary data to help understand the changes in consumer attitudes and intentions.

Tim Foley was promoted to CEO of the Building Realty Institute in 2020. The Harvard grad served as a media director for President Obama in 2008. *—DR*

PHOTOGRAPHS COURTESY OF THOMPSON & BENDER

Power Players Healthcare



PHOTOGRAPH BY KEN GABRIELSEN/COURTESY OF WHITE PLAINS HOSPITAL

SPOTLIGHT:

Susan Fox

CEO, White Plains Hospital

Since taking over as CEO in 2015, Susan Fox has led White Plains Hospital on a nonstop trajectory of action. Notable projects launched or completed during Fox's tenure include the hospital's revamped lobby and inpatient tower; a $50 million expansion of the Center for Cancer Care; its off-site Ambulatory Surgery Center, opened in Harrison last fall; a new Pediatric Center; and the hospital's soon-to-open 250,000 sq. ft. Center for Advanced Medicine and Surgery. In addition, Fox oversaw White Plains Hospital's transition to becoming a member of the Montefiore Health System.

The hospital has also received numerous honors under Fox's leadership, including recognition from Magnet for excellence in nursing and from Leapfrog for patient safety, as well as consistently ranking in the top 10% nationally for outstanding patient experience by Healthgrades.

For Fox, who started her career as a pediatric ICU nurse, all these advancements and kudos come back to one thing: patient care. "I am guided by the privilege of being able to care for people," she says. "Every decision made is centered around our patients, knowing they deserve the highest-quality compassionate care available."

In the past year, Fox's leadership was tested like never before, as the hospital — which operates the busiest emergency department in Westchester — cared for thousands of COVID-19 patients. "There was no playbook for how to manage this crisis," she says, adding that the hospital staff came to work each day guided by an important mission: "We knew that so many people were relying on us for not just healthcare but also to be a source of information and leadership — both inside and outside of the hospital."

Looking ahead, Fox is focused on continuing the hospital's streak of elevation and transformation. "Whether it was being here to lead in this time of the pandemic or to bring advanced care to our community, it is humbling to have that responsibility, and I don't want to waste a minute of the time I have to make a difference for so many." —*ARP*

Charting The Next Course

Healthcare leaders here know that top-notch care, close to home, is what Westchester patients want. Working toward that goal over the last few years, these executives have helped position their institutions for forward momentum coming out of the pandemic.

Westchester's two largest multi-specialty medical groups, CareMount Medical and Westmed Medical Group, are led by a pair of heavy hitters. **Scott D. Hayworth, MD**, CareMount's president and CEO, has overseen a nearly 15-fold expansion in the size of CareMount during his tenure while cultivating expertise in healthcare's transition to value-based care. Westmed CEO **Anthony Viceroy**, who has been forward-looking in such technological areas as telehealth and remote-patient monitoring, has helped ensure Westmed's smooth transition to virtual patient care through the pandemic and beyond.

Since day one of the coronavirus outbreak in the U.S., Westchester County Health Commissioner **Dr. Sherlita Amler** has been a fixture on the front lines, working to help shape the county's response to the crisis. Having served multiple administrations, from both major parties, Amler has held her role for nearly a decade, but her constant presence throughout the virus has further raised her profile.

Not surprisingly, a whole host of power players can be found at Westchester's top hospitals — many of them relatively new to their posts. The Westchester Medical Center Health Network has continued to grow as a major force in regional healthcare, with its new executive vice president and chief strategy officer, **Joshua Ratner**, playing a crucial role in supporting WMC Health Network President and CEO Michael Israel's vision and ensuring the healthcare conglomerate's clinical and corporate strategies are well aligned. Montefiore Health System's growing influence in Westchester has put its new president and CEO, **Dr. Philip O. Ozuah**, squarely in the spotlight. Dr. Ozuah's focus on helping underserved communities while overseeing Montefiore's rapidly evolving network has won praise. The leaders at NewYork-Presbyterian's top



Dr. Philip O. Ozuah

two Westchester hospitals have also taken center stage of late. President **Stacey Petrower** took the helm of NewYork-Presbyterian Hudson Valley Hospital in 2016 and most recently oversaw the opening of its state-of-the-art Maternal & Newborn Care Unit, while President **Michael Fosina** helped steer NewYork-Presbyterian Lawrence Hospital through the pandemic with a dual focus on effective patient care and ensuring the hospital's financial viability. Meanwhile, at Phelps Hospital Northwell Health, newly appointed executive director **Eileen Egan** is leading the acute-care community hospital's clinical and technological advancements after a 17-year nursing career and a series of escalating administrative positions. —*ARP*

PHOTOGRAPH BY SERGE NEVILLE

SPOTLIGHT:

Ed Domingo

President & COO, Empire City Casino by MGM Resorts

With nearly 15 years of industry experience at gaming icons like Las Vegas' glitzy Bellagio, Empire City Casino seemed like an unlikely next stop for Ed Domingo's rising star. "A lot of people thought I was crazy to leave Bellagio to move to Yonkers, but it was a really easy choice for me," explains Domingo, who became president and COO of Empire in January 2020.

"I was really excited to have the chance to move back, especially in the context of casinos, since I understood how powerful this market could be," he shares.

Domingo wasn't wrong about the area market. "Empire City was, the second that we bought it, literally the largest casino floor in the entire MGM fleet and one of the seven largest casinos in the entire country," says Domingo. Prior to the pandemic, Empire City was certainly riding high.

The casino enjoyed its largest-ever Saturday-night volume just two weeks before it was forced to shutter due to coronavirus restrictions, Domingo notes. The casino remained closed just one day shy of six months, which was "the longest closure of any of the buildings in our fleet," he explains.

To come back, Domingo tackled the issues head on, overseeing HVAC updates, structural changes, overhauls in cleaning protocol, and new training for employees so that the casino could successfully reopen in fall 2020. "It was a ton of work during that intervening period, and I could not be prouder of the team and the efforts they put out to get us open again," he says.

For Domingo, success now amounts to "seeing our customers come back, getting comfortable, and hearing them say that we are doing things the right way." *—PA*



"I could not be prouder of the team and the efforts they put out to get us open again."

— Ed Domingo

Art Leaders for a New Age

A bold, new generation of innovators has risen to serve as the vanguards of an exciting era in Westchester's evolving arts-and-culture scene, promoting positive change and making an indelible mark on the county's zeitgeist.

Ray Wilcox, executive director of Yonkers Arts and a 2020 Business Council of Westchester 40 Under 40 Rising Star, is generating change by hosting workshops, classes, and community events with Yonkers Arts and through the Yonkers Artists Guild, a membership organization that aids hundreds of local creators. Wilcox is also co-creator of community incubator and coworking space The Power Lab.

Like Wilcox, **Dr. Tracy Fitzpatrick**, director of Purchase College's Neuberger Museum of Art, is working to advance regional art and artists. Fitzpatrick was appointed to the New York State Board of Regents Advisory Council on Museums in September 2020 and most recently secured several noteworthy acquisitions for the Neuberger.

Since her 2017 appointment, Hudson River Museum director and CEO **Masha Turchinsky** has been making tremendous headway for her organization and is currently overseeing a $12 million expansion and improvement of the museum's west wing. During the pandemic, Turchinsky helped foment the Museum From Home program, a digital initiative aimed at promoting the museum's artwork, classes, resources, and exhibitions. —PA

PHOTOGRAPH COURTESY OF EMPIRE CITY CASINO

Power Players Nonprofit

SPOTLIGHT:

Jan Fisher

Executive Director, Nonprofit Westchester



Jan Fisher has long served in the local nonprofit sector, working with Westchester Jewish Community Services — the largest provider of outpatient mental health treatment in the county — for 13 years before consulting for The YWCA of White Plains & Central Westchester.

In July 2019, Fisher took a new position at the helm of an organization that has what she feels is a truly unique calling: "Nonprofit Westchester is the only business membership organization that is solely dedicated to advancing the needs and interests of Westchester's nonprofit sector, the people we serve, and, most importantly, our workforce."

During the pandemic, this mission took on a whole new sense of urgency. "CEOs of my member organizations, my board, and myself were literally working 20 hours a day just figuring out how we were going to make sure people were safe and that our services were delivered," recalls Fisher.

"Since COVID hit, we have held over 60 workshops on everything from board governance to [securing] grants; the local government came out with a funding opportunity for us, and our business sponsors have more than doubled," she adds of Nonprofit Westchester's success in the face of the pandemic.

In recent months, Fisher has worked tirelessly with the YWCA to create a new Center for Racial Equity and served on George Latimer's Reopening Task Force to help area businesses and nonprofits reemerge and recover from the pandemic.

"COVID reinforced the importance of working together," reflects Fisher, who adds that "when we all operate as one, our individual organizations will do better. If we are going to accomplish real change, we have to do it together." —*PA*

Nonprofit Pioneers

Whether they are providing affordable housing, food, shelter, or sustainable energy solutions to residents, Westchester's nonprofit leaders are helping heal our region, one selfless act at a time.

As president and CEO of Westhab, the county's largest nonprofit developer of affordable housing and the biggest provider of housing services for the homeless, **Rich Nightingale** fights around the clock to aid area residents in need. Over the past year, Nightingale and Westhab have begun finishing touches on a $45 million affordable residential campus, Dayspring Commons, and secured an additional $1 million for an affordable-housing project titled Hudson Hill, both in Yonkers.

Since 2017, **Anahaita Kotval** has been an engine for change as CEO of White Plains' Lifting Up Westchester, which is dedicated to providing food, shelter, and support to area residents. Recently, she helped Lifting Up Westchester secure new avenues of funding with the Hudson Gateway Realtor Foundation, as well as substantial grants from the ACME Foundation and United Way.

Joining humanitarians like Kotval is **Karen Erren**, the newly installed president/CEO of the county's largest nonprofit hunger-relief organization, Feeding Westchester. When the county's food-insecurity rate rose by more than 50% during the pandemic, Erren, her staff, and nearly 300 community partners stepped up to find creative ways to feed 275,000 to 300,000 residents each month during the pandemic — twice the normal rate.

Similarly, **Nina Orville** works hard to facilitate green power initiatives as executive director of the nonprofit consortium Sustainable Westchester. After taking the reins in February, Orville had a major win her very first month on the job, when Yonkers mayor Mike Spano announced that the city would join Westchester Power, Sustainable Westchester's history-making Community Choice Aggregation program, which uses online auction technology to help municipalities negotiate a fixed-rate clean-energy supply and expand residents' access to a green electricity grid. —*PA*

PHOTOGRAPH BY STEFAN RADTKE

FOOD T


LOCALLY SOURCED SANDWICH
Social Distancing
Please Wear a Face Mask

PARAD

TRUCK



Charlie Fleisher and Nate Perry of Hand Held Kitchen

ISE

Who doesn't love a food truck? Here's a yummy roundup of mobile kitchens where you meet the chefs, enjoy affordable, sometimes unique food concepts, and have four-wheeled fun.

BY MICHELLE GILLAN LARKIN AND DUKE RATLIFF

PHOTOGRAPH BY KEN GABRIELSEN

SANDWICHES



WALTER'S HOT DOGS

Year (Truck) Founded: 2015
Signature Item: Hot Dogs
Location: Private events, weddings, festivals
Contact: *truck@waltershotdogs.com*

The Walter's Hot Dogs truck creates community wherever it goes, with more than 100 years of tradition reflecting its iconic home base — a copper-topped pagoda in Mamaroneck. Of course, it's known for beef-pork-veal-blend dogs topped with house-made mustard, but don't miss the potato puffs, funnel cakes, and floats, made with house-made vanilla ice cream.

THE BUS AT SALINGER'S ORCHARDS

Year Founded: 2020
Location: Salinger's Orchard, Brewster
Signature Item: Sandwiches
Contact: *www.toasttab.com/thebusatsalingers*

Well-known Westchester chef David DiBari defied trends by actually opening a food business during the pandemic. He describes his food offerings — served from a station-ary antique bus — as "fun, exciting, and cool." And who would argue with sandwich-es such as fried chicken with chili honey and porchetta with Salinger's apple mustard?

ROAD GRUB MOBILE

Year Founded: 2012
Signature Items: Philly cheesesteak, lobster roll (seasonal)
Location: Route 137, Pound Ridge
Contact: *events@roadgrubmobile.com*

Eight years ago, owner Alix Lajoie decided he'd had enough of restaurant work, after nearly two decades in the industry. He knew he'd rather be his own boss and opened a food truck serving hot dogs, hamburgers, and cheesesteaks. Whether you see him at private events or at his regular spot in Pound Ridge, don't dare ask for french fries — Lajoie is a wizard with tater tots, offering five versions.

WESTCHESTER BURGER CO.

Year (Truck) Founded: 2018
Signature Item: Original WBC Burger
Location: Events
Contact: *info@westchesterburger.com*

Westchester Burger Co., which has locations in White Plains and Scarsdale, takes its award-winning specialty burgers on the road to private events. Since the pandemic, the company has been doing five-course dinners for small parties, as well as at neighborhood pop-ups and charity events.

CRAFTY 'CUE BBQ

Year Founded: 2017
Signature Item: North Carolina Pulled Pork
Location: By reservation
Contact: *craftycuebbq@gmail.com; 914.266.2426*

Lifelong Mount Kisco resident Tim Bucolo did a stint in North Carolina, which left an indelible mark on his palate. Eventually, his Southern-food experience led to the Crafty 'Cue BBQ truck, featuring a broad menu based on the notion that "barbecue is super regional." He explains: "North Carolina likes its pork and its vinegar-based barbecue sauces," which are celebrated in his top-selling cherrywood-smoked North Carolina pulled-pork sammie. "Texas likes beef with just salt, pepper, and smoke"; hence, the popular brisket grilled cheese.

PUT SOME MEAT ON YOUR BONES

Year Founded: 2014
Signature Item: Grilled Cheese Sandwiches
Location: Jefferson Valley Mall, Yorktown
Contact: lylepuente@optonline.net

Owner Lyle Puente serves up buttery, crispy, grilled cheese sandwiches of all kinds six days a week (closed Mondays), including jerk chicken, barbecue chicken, (and specials such as) smoked salmon, and muenster.

AN OPERATOR'S STORY

LYLE PUENTE: SANDWICH ARTIST

You could call Lyle Puente, owner of the **Put Some Meat on Your Bones** food truck, a true sandwich artist — or an artist who makes sandwiches.

A Pratt Institute grad, Puente is a former illustrator for *The Wall Street Journal*. He's recorded eight music albums and once performed in front of 16,000 fans at the Falcon Ridge Folk Festival, in the Berkshires.

For the last four years, you can find Puente six days a week (closed on Mondays) making and selling his masterpiece grilled cheese sandwiches from his truck near the main entrance of the Jefferson Valley Mall in Yorktown.

It's been a long trek from the art gallery and music studio to the food truck, starting when he stopped doing his art gigs to take care of his extremely ill infant son. He eventually decided to focus on music and concocted a plan of supporting his touring with a food truck.

"I thought I'd be out in the parking lot, making grilled cheese," Puente says. "Then I'd turn off the grill, tear off my apron, and run through the crowd to the stage with my guitar. That was the dream."



Puente quickly realized running a food truck was all-consuming. "When you do something, you want to do it well," he says. "The truck became my life."

Through the pandemic, Puente has done "Pay What You Want Day" on Tuesdays, placing the cashbox out of his sight, so customers wouldn't be shy about paying less than normal.

"My goal is to be everyone's grandmother," Puente says. "The truck allows me to take care of people. So far, it's working... I get to know, cook for, and love so many people!"

PHOTOGRAPHS (*TOP LEFT*) COURTESY OF WALTER'S HOT DOGS; (*BOTTOM RIGHT*) COURTESY OF PUT SOME MEAT ON YOUR BONES

TOP 6 FAVE FOOD-TRUCK ORDERS



MARGHERITA
Pizza Vitale

Starting with a chewy, blistered crust made from Mulino Caputo flour from Naples and featuring tomatoes from the Sarno Valley, the Margherita screams of Italian authenticity and goodness.

JERK CHICKEN GRILLED CHEESE
Put Some Meat on Your Bones

Owner Lyle Puente fed himself through college with inexpensive grilled cheese sandwiches, and he's perfected melty goodness with this Jamaican-inspired favorite.





LOBSTER ROLL (SEASONAL)
Road Grub Mobile

The warmer temps bring blooming flowers, lazy beach days, and Road Grub's buttery, flavorsome lobster roll.

EGGPLANT SANDWICH
The Bus at Salinger's Orchard

Featuring two crispy eggplant patties, lemon chili aioli, lettuce, and tomato, this well-sized sandwich is an instant classic. Pair with a side of beef-fat potato wedges, and the drive to Brewster becomes a full-on foodie adventure.



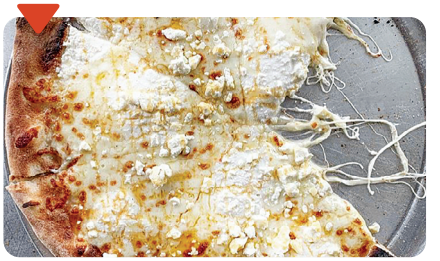


BEEF GYRO
Gyro Uno Food Truck

The authentic, fire-roasted, seasoned beef gyro from Mishel and Matt Spiri of Ossining "starts out in the traditional Greek way, reminiscent of what it should be, but we take it to the next level with potent and bold flavors." Piled into a warm pita are lettuce, tomatoes, thin-sliced red onion, and homemade tzatziki.

WHITE BEATER
Abeetz

This pie reflects how Dave D'Amico takes the ordinary to another level, with goat cheese and spicy honey.



PHOTOGRAPH (*EGGPLANT SANDWICH*) BY @CHEFDIBARI; ALL OTHERS COURTESY OF THEIR RESPECTIVE FOOD TRUCKS



PHOTOGRAPH COURTESY OF ABEETZ

AN OPERATOR'S STORY

DAVE D'AMICO: LOVE WHAT YOU DO

Dave D'Amico was living the dream — or appeared to be. He'd graduated from UMass with an economics degree and had landed a desk job.

But "I was stressed and very unhappy," D'Amico says. "I got bored of going to the same place and doing the same thing every day. I ended up getting fired from the job, so I then decided to stop listening to everyone else and start listening to me."

He'd dreamed of the restaurant business since he was a child, but he didn't pursue it because he was afraid it wasn't secure or lucrative. When he was in grade school, his friend's father owned a restaurant, and "we went to visit him one day after school, and he took us into the kitchen.

"I thought it was the most amazing place I have ever seen," D'Amico says. "It gave me a sense of comfort. Some people look up to sports players, but my role models have always been chefs."

He says he chose to open **Abeetz** food truck over a restaurant to be face-to-face with his customers and watch them enjoy his food, since a food truck operates with a small staff, and there's no high rent to pay.

"I believe that I am in the entertainment business just as much as the food industry," D'Amico says. "I absolutely love what I do, and I think that shows through with the experience you get at the truck."

GLOBAL GRUB



GYRO UNO FOOD TRUCK

Year Founded: 2016
Signature Item: Beef Gyro
Location: By reservation; Central Ave in Yonkers a couple times per week (at press time)
Contact: *www.greecygyro.com*

Ossining's Mishel and Matt Spiri are not Greek, and they don't have a culinary background, but they were looking for "the next thing" and after "tons of trial and error" devised a flavor-forward menu of authentic Greek specialties. The big, boldly seasoned beef gyro is the main draw, with the Loaded Souvlaki a close second. "The chicken marinates for 24 hours, until juicy and tender," says Mishel. House-made garlicky tzatziki adds the finishing touch to most dishes.

PHOTOGRAPH COURTESY OF GYRO UNO FOOD TRUCK

CRAFTY FRITES

Year Founded: 2019
Signature Item: Fries With Rooster Sauce
Location: By reservation
Contact: *www.craftycuebbq.com/crafty-frites*

From the cooks behind Crafty 'Cue BBQ (page 96), this artfully decorated trailer peddles gourmet french fries that share the spotlight with inventive, house-made sauces and toppings that transform the all-American side dish into an unforgettable main course. Skin-on and hand-cut, these golden beauties come in a cone with a built-in container for dips like the Rooster: a spicy Asian mayo with chopped chilis for texture.

ANATOMY OF A FOOD TRUCK

Nate Perry of Dobbs Ferry and Charlie Fleisher of Manhattan, friends who met attending Whitman College, in Washington State, bought a breakfast-sandwich truck on *www.usedvending.com* in December 2020 for $70,000. They transformed the vehicle into **HAND HELD KITCHEN**

FRYER
The left-side interior has all the truck's appliances (save the fridge, which is on the front right side), starting with a fryer for crispy batches of fries.

STOVE, OVEN, SALAMANDER BROILER
A six-burner stove with oven below and salamander broiler above. The latter has higher heat capabilities versus broilers located inside ovens. Salamanders are also convenient in a tight cookspace environment, since they allow broiling/finishing without taking up valuable oven space.

GRILL
The flattop grill is 4-feet-wide by two-feet-deep and located across from the service window, so customers can see the chef in action.







PHOTOGRAPH COURTESY OF WANNA EMPANADA

WANNA EMPANADA

Year founded: 2020
Signature Item: Mac Daddy
Location: By reservation; Jefferson Valley Mall parking lot once per week
Contact: *wannaempanada@gmail.com*

Combine a girl from the Dominican Republic, a husband who longed for a food truck, and his Italian mother, who rarely leaves the kitchen, and the result is more than 60 varieties of empanadas. "Everything we cook can go in an empanada," says co-owner Kenelyn Gioio of Ossining. Imaginative fillings include sausage, broccoli rabe, and mozzarella; shrimp scampi; cookie dough; and the standout Mac Daddy, with, yup… special sauce.

LEILA'S CREPE STATION

Year Founded: 2018
Signature Item: Nutella with Strawberries & Bananas
Location: By reservation; Hastings and Irvington Farmers' Markets every other weekend
Contact: *www.leilascrepestation.com*

At home in a kitchen since she was a kid, Leila Zambrano started creating crêpes to satisfy her hubby's passion for paper-thin Parisian pancakes and today offers a "locally sourced and crafted with love" array of sweet and savories, like the Very Berry (sweet cream cheese, fresh raspberry sauce, berries, shaved almonds); the BLT (crispy bacon, fresh spinach leaves and tomato, avocado, and house-made spicy mayo); and anything with Nutella.

SUPERLICIOUS FOOD TRUCK

Year Founded: 2016
Signature Item: Burgers & Fries With Irish flair
Location: By reservation; Broken Bow Brewery in Yonkers, 3-4 times per month
Contact: *www.superliciousnyc@gmail.com*; *914.374.5096*

Yonkers transplants Maggie Barrett and Yvonne O'Regan bring the classic flavors of their native Ireland to the States by way of house-made Jameson-infused bacon relish and Guinness gravy atop juicy burgers on brioche buns. Their loaded, hand-cut fries also hit the high notes, blanketed with taco beef in an Irish-cheddar pink sauce or a garlic-mayo cheese sauce, "very popular in Ireland," says Barrett.

(*www.handheldkitchen.com*), a from-scratch sandwich truck emphasizing local ingredients, which debuted at the end of March. Find them at area farmers' markets (New Rochelle on Fridays, Larchmont on Saturdays, Rye on Sundays) this summer and fall. Definitely order the Cubano, with slow-roasted pork shoulder, honey ham, Swiss cheese, mustard, and house-made dill pickles on a house-made medianoche roll. —*John Bruno Turiano*

PREP STATION
The lowboy appliance duals as cold storage and sandwich prep.

STEAMTABLE
A steamtable with storage under and above.



EXTERIOR DETAILS



HOOD VENT
This vent atop the truck filters out smoke, grease, and heat from the grill, stovetop, and fryer.



GRAPHICS
A vinyl wrap from massive printers was glued to the exterior of the truck by KNAM Media in Brooklyn.



PROPANE TANK
Hidden away at the rear of the truck, propane tanks fuel the appliances.

PHOTOGRAPHS BY KEN GABRIELSEN

PIZZA



PIZZA VITALE

Year Founded: 2014
Signature Item: Neapolitan Pizza
Location: Saturdays at Bronxville Farmers' Market; Thursdays at Harbor Island Park, Mamaroneck
Contact: *pizzavitale@gmail.com*

"My menu is small," says Pizza Vitale owner Francesco Vitale. "I prefer to do one thing and do it well." Vitale's pizzas, baked in a wood-fired oven shipped from Napoli, feature tomatoes from Vitali's hometown of Nocera Superiore in Campania, Italy.

DOUGHNATION

Year Founded: 2011
Signature Item: Margherita Pizza
Location: Saturdays at Hastings Farmers Market; Sundays at Irvington Farmers Market
Contact: *party@doughnationpizza.com*

Nine hundred degrees is the temperature the wood-fired pizza oven achieves to create perfect Neapolitan style, puffy-dough-type pies. Chef David DiBari's DoughNation creates a fiery spectacle everywhere it goes. Pies include lemon, smoked scamorza, garlic, and chili; Brussels sprouts, bacon, stracchino, and Parmesan; and classic Margherita. DoughNation's motto: "You book it; we'll bake it."

ABEETZ

Year Founded: 2017
Signature Item: White Pizza
Location: Private events
Contact: *info@abeetzny.com*

Named after his Sicilian grandparents' pronunciation of *pizza*, Abeetz fires up its gold-tiled wood-and-gas pizza oven (imported from Italy) to create a roster of fun and creative pies, including the Bae, with bacon, egg, and cheese, and the Totcho, featuring tater tots and ranch dressing. They also make cinnamon rolls from pizza dough.

PIZZA LUCA

Year Founded: 2011
Signature Item: Margherita Pizza
Location: Route 100, north of Millwood
Contact: *info@pizzaluca.com*

Known for its attention-getting 1952 Chevy truck, Pizza Luca is one of the largest pizza-truck companies in the Northeast, with six pizza-making units: two antique trucks; three large, modern trucks; and a pizza trailer. Owner Dean Medico has served his handcrafted pizzas, featuring first-rate ingredients, to such celebrities as Martha Stewart, Jason Bateman, Christopher Walken, and Nicole Kidman.

AN OPERATOR'S STORY

LEILA ZAMBRANO & NICK VAZQUEZ: AN INCREPEBLE LOVE STORY

They say the way to a man's heart is through his stomach, so when Leila Zambrano started going out on "crêpe dates" with her boyfriend, Nick Vazquez (who was blown away by this delectable addition to his single-guy diet), she let it slip that she could make them.

He bought her a mini-crêpe maker: She



got busy perfecting recipes; they married; he suggested a food truck. "I took a leap of faith with him," she says. Fast-forward three years, and the Yonkers couple are now known for their sweet and savory offerings at **Leila's Crepe Station**.

On the menu: the Camper (think s'mores), Very Berry, OhSoCheesey, and the classic Nutella with fruit.

THE TRANSFORMATION OF CRAFTY 'CUE BBQ







PHOTOGRAPHS COURTESY OF THEIR RESPECTIVE FOOD TRUCKS

ICE CREAM & DESSERT



BONA BONA ICE CREAM



KISCO SWEETS & TREATS



LONGFORD'S MOBILE SCOOP SHOP



JIMMY'S SOFT SERVE



WAFFLE BOX

BONA BONA ICE CREAM

Year (Truck) Founded: 2015
Signature: Toasted Italian Meringue Topper
Location: By reservation
Contact: *www.bonabonaicecream.com/catering*

He competes on the Food Network (he won on *Chopped*) and owns a successful ice cream shop in Port Chester, but Nick DiBona says putting two ice cream trucks on the road is "one of the best things I've ever done. Trucks are awesome." Known for topping cones of his handcrafted, all-natural, gourmet ice cream with toasted Italian meringue, "blow-torched right in front of you on the truck," DiBona's standout flavors include Italian rainbow cookie and the bright-green mint chip, derived from fresh-picked mint.

JIMMY'S SOFT SERVE

Year Founded: 2008
Signature Item: Vanilla & Chocolate Ice Cream
Location: By reservation
Contact: *914.703.1056*

When you grow up in a family of restaurateurs and study the culinary arts, the idea of rolling around in an ice cream truck doesn't seem all that likely, yet it "just popped into our heads," says Jimmy Annicharico. He and wife Amy, both lifelong Rivertowns residents, swirl creamy, high-quality vanilla and chocolate soft serve with a choice of 50 toppings, from Oreos, peanut butter cups, and cookie dough to Pop Rocks and cereal. (Extra scoop: Hawaiian shaved ice is a hit with dairy-free indulgers.)

KISCO SWEETS & TREATS

Year Founded: 2019
Signature Item: Spumoni Italian Ice
Location: By reservation
Contact: *danuz2516@aol.com*; *914.227.1181*

Dad-buddies from the ballfields of Northern Westchester, shoe-repair-shop owner Raffaele Nuzzi teamed up with Anthony Sinapi (Sinapi's Pizza Rustica, Bedford Hills) to scoop the restaurateur's locally famous Italian ice out of a truck. "It's great on the palate; it's pleasing; it's perfect," says Nuzzi. Kids go for rainbow, but don't miss the tricolor spumoni: vanilla, chocolate, and pistachio. In addition, a snow-cone machine churns out sweet and fun shaved ice.

LONGFORD'S MOBILE SCOOP SHOP

Year Founded: 2015
Signature Item: Cookie Monster
Location: By reservation
Contact: *longfordsmobile@aol.com*; *914.804.6969*

By day, Bobby Vita is a Port Chester public-works employee, but when his phone dings, he hits the road in his converted FedEx truck to deliver handmade, small-batch premium ice cream from this Sound Shore institution, owned by his sister. A dozen flavors and two dairy-free sorbets are always aboard, with the tongue-staining blue Cookie Monster a kid fave; there's coffee for their folks. Vita was born a brownies-and-cookies guy, so "I don't eat the profits," he laughs. "But I stand by this product, and I sneak a little from time to time."

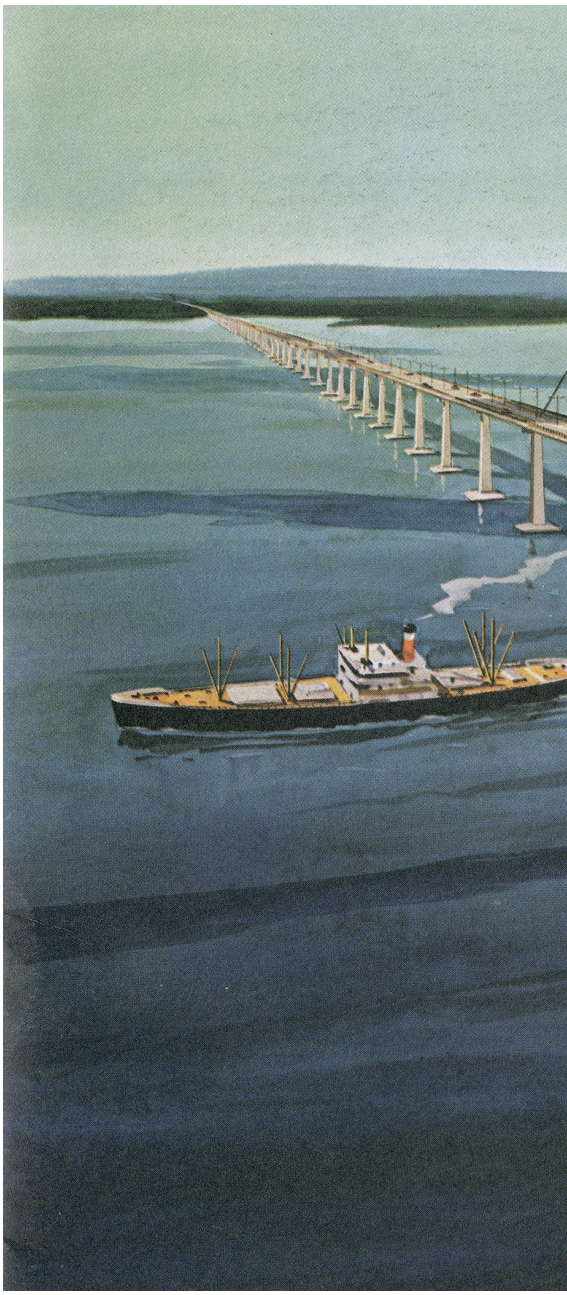
WAFFLE BOX

Year Founded: 2015
Signature Item: Loaded Nutella
Location: By reservation
Contact: *wafflebox truck@gmail.com*

A plumber by trade, lifelong Yonkers resident Jeremy Sanz saw a need for a dessert truck in Westchester — and "who doesn't like waffles?" But Sanz doesn't bake typical Brussels-based Belgians: His dimpled darlings are authentic pearl-sugar waffles fashioned from brioche-like dough he imports from the city of Liège. Sweet treats, like the loaded Nutella with fresh fruit and whipped cream, stop traffic, but handheld chicken-and-waffle sammies satisfy, too.

PHOTOGRAPHS COURTESY OF THEIR RESPECTIVE FOOD TRUCKS

Spanning the Sound



For nearly a century, people have been trying to connect Westchester and Long Island. Here's the interesting history of why, despite the greatest of ambitions and the best of intentions, it never works.

By Gale Ritterhoff

Below: This 1965 rendition by design firm Madigan-Hyland shows the proposed Oyster Bay-Rye Bridge across Long Island Sound. The 6.1-mile crossing was to be a cable-stayed suspension bridge.

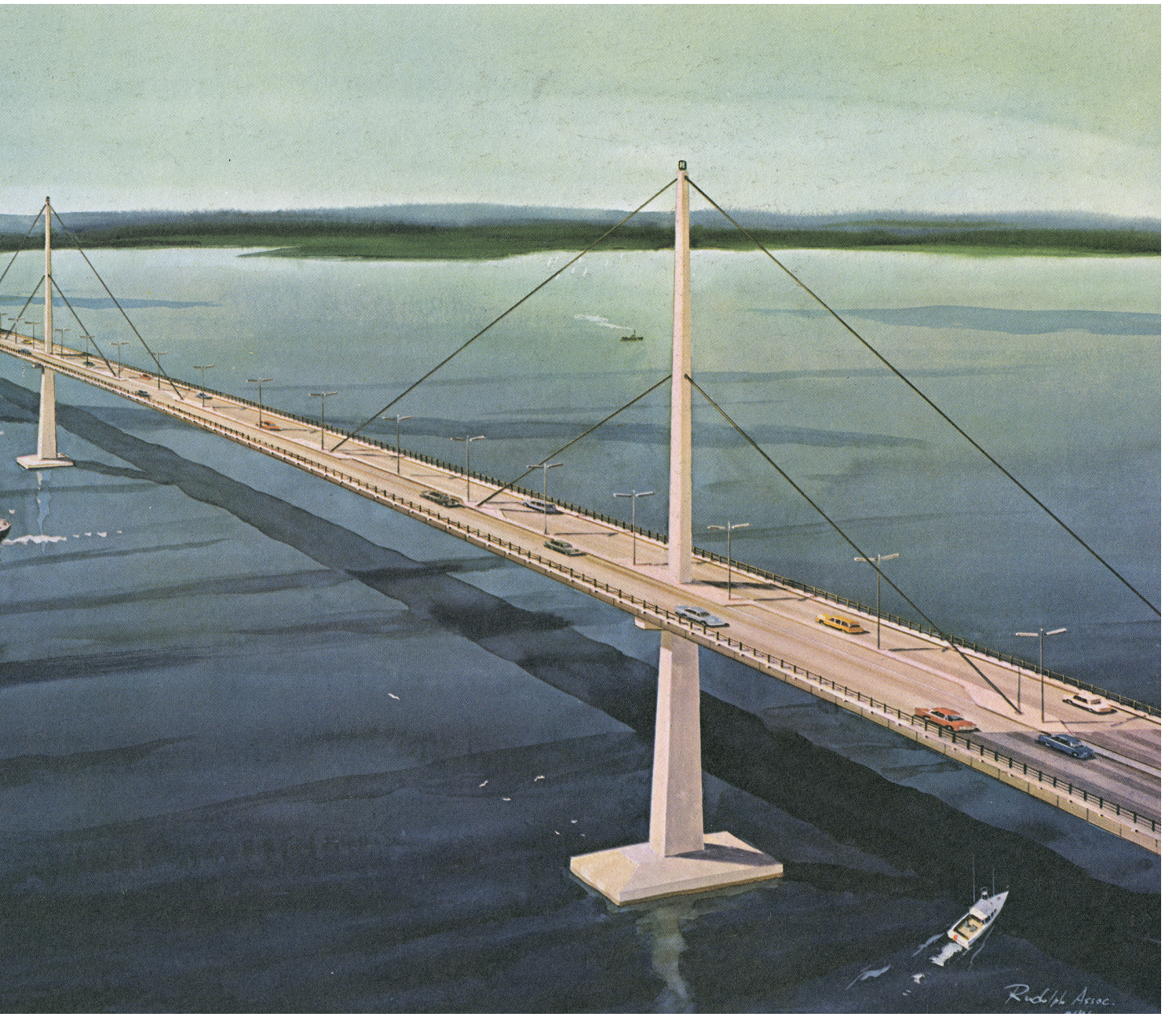


ILLUSTRATION COURTESY OF MTA BRIDGES AND TUNNELS SPECIAL ARCHIVE

In *The Great Gatsby*, F. Scott Fitzgerald refers to Long Island Sound as the "most domesticated body of salt water in the Western hemisphere." He was no doubt thinking of the waterfront mansions, yacht clubs, and sailboat regattas that were the rage there in the 1920s. Yes, the westernmost section of the Sound, tucked between Southern Westchester and the north shore of Long Island, has been well-utilized by residents for hundreds of years, long before Fitzgerald cast a world-weary eye on the scene. Yet, "domestication," or control, of the waterway has so far eluded a very specific and ambitious group.

Starting in the 1930s, developers and politicians have repeatedly proposed (and opposed) projects to link Long Island to Westchester (or Connecticut) by going over, or under, the Sound. The objective, of course, has been to bypass travel through the New York City area — something Long Islanders in particular, it seems, would stand to benefit from. Almost all drivers leaving the 118-mile, densely populated landmass must brave the Long Island Expressway and funnel onto a handful of metropolitan bridges. This trip can be a grueling experience, with cars often speeding dangerously or not moving at all — and that's on a Tuesday.

Nonetheless, all of the tunnel and bridge proposals have met with the same fate — ending up, well, dead in the water. Before diving into the details of these nonstarters, a bit of perspective: The Brooklyn Bridge was built in 1883; the Williamsburg Bridge was completed in 1903; the Bronx/Whitestone Bridge debuted in 1939; and the Holland Tunnel opened to motorists in 1927. (The spiritual among us might want to say a prayer next time they traverse these structures… just kidding.)

It's important to note that engineers and builders have been capable of these massive transportation feats for some time. It wasn't completely pie-in-the-sky, then, when New York Senator Royal Copeland proposed the construction of an 18-mile bridge spanning Long Island's Orient Point to Groton, CT, or Watch Hill, RI, in 1938. In fact, the bridge's construction might have seemed more plausible then, when big infrastructure projects were being green-lighted and environmental concerns were not top of mind. Who knows what would have happened if Copeland hadn't died that same year? His plan had garnered enough support to justify preliminary engineering studies, but enthusiasm faded without Copeland at the helm. Also, the nation had turned its attention toward the growing conflict in Europe, which may have contributed to the change in priorities, according to an engineering study from 2017 that looks at the Long Island Sound link from just about every angle. (This study will be analyzed later in the story.)

Some 20 years and a world war later, the Long Island-link idea resurfaced, in 1957, in the form of a two-bridge proposition, one on the east end of Long Island, connecting to Rhode Island, and another from Port Chester to Oyster Bay. New York State Public Works superintendent (and Cross River resident) Charles H. Sells was the catalyst behind this proposal. Then-Governor Averell Harriman nixed the notion, when (apparently dubious) feasibility studies suggested that traffic-volume predictions did not warrant moving forward.

It will surprise no one to learn that just a few years later, the traffic problems were becoming undeniable — most notably on the LIE and the Northern State Parkway. Cue master builder Robert Moses, who, as the driving force behind the construction of the Whitestone, Throgs Neck, Verrazzano, Henry Hudson, and more — was already a bridge-building legend. (In fact, it's been widely reported, including in the pages of this magazine, that Moses biographer Robert Caro called him "power-hungry" and "bridge-obsessed.") Moses revived and amended the Sells submission in 1965, proposing a $100 million bridge from Rye to Oyster Bay. His bid earned the support of the incumbent governor, Nelson Rockefeller, but even Moses could not turn the tide this time. Environmental regulations were starting to become a real obstacle in the infrastructure-



Below: The Oyster Bay-Rye Bridge was to complete the Interstate 287 beltway around the New York metropolitan area by connecting the Cross Westchester Expressway with the Seaford-Oyster Bay Expressway.

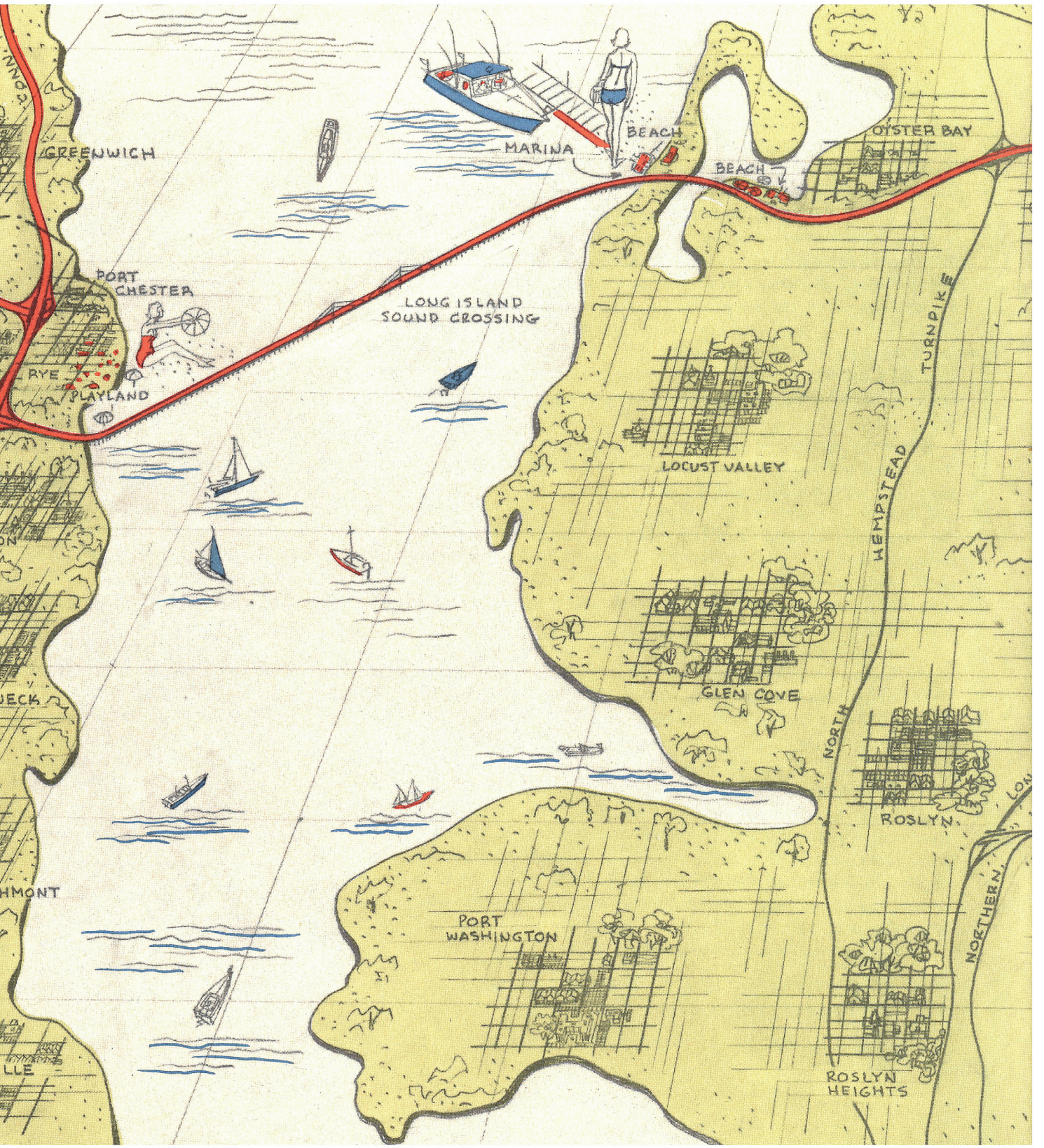
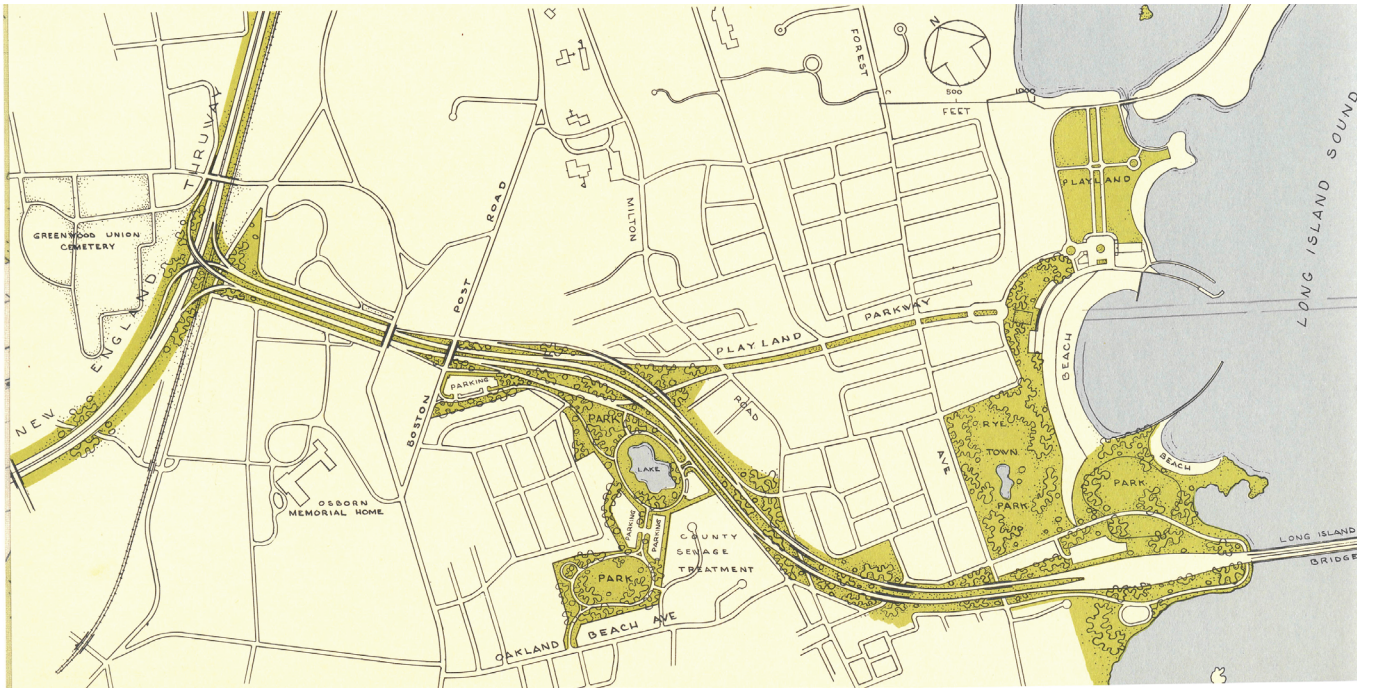


ILLUSTRATION COURTESY OF MTA BRIDGES AND TUNNELS SPECIAL ARCHIVE

Below: The bridge represented in this 1965 study would have significantly altered the layout of several Rye neighborhoods.



Long Island Sound Tunnel Poll Results

How do you feel about a bridge or tunnel connecting Long Island and Westchester?

Could be pretty useful **87.69%**
No opinion. **1.49%**
What a terrible idea! **10.82%**

Would you consider using a bridge/tunnel if it saved you considerable driving time?

Heck yes! **88.43%**
Maybe **7.09%**
Absolutely not! **4.48%**

What's the most you'd be willing to pay for a one-way toll to cross the Long Island Sound?

$5-$10 **44.4%**
$10-$20 **39.93%**
$20-$30 **8.58%**
$30 or more **7.09%**

A sampling of comments from polltakers:

- Expensive, but worth it over the long run. Visionary solution to city traffic.
- Not ecologically feasible. Expanding infrastructure for cars should be last on our list of priorities.
- It will destroy the beauty of both coasts.
- It will never happen because of the wealthy in Rye City who have political influence.
- You need to push the tunnel up into CT to make it appealing.
- Insane that this doesn't exist already.

268 individuals responded to this poll that was on www.westchestermagazine.com from 3/29/21 to 4/15/21

construction process, unlike during Moses' more prolific period. Also, his bridge was not popular with residents on either side of the Sound. Rockefeller ultimately withdrew his benediction, recognizing that it was political suicide.

Moses was no longer attached, but the project was only *mostly* dead. Similar ideations were proposed again, in 1968 and 1972, with the potential spans joining Rye to Oyster Bay, New Rochelle to Sands Point, and Rye to Glen Cove. By 1973, Governor Rockefeller had rejected them all, yielding to local opposition. Of course, these were locals with the political clout that comes from piles of NIMBY money. One bridge route was drawn almost directly over Rye's Manursing Island. Enough said.

Political memories are apparently short, as Governor Hugh Carey decided to wade back into the cross-Sound-bridge waters in 1979 (when traffic on the LIE wasn't getting any less dense). He initiated a study to consider five different alignments, all starting farther out east on Long Island, connecting with Connecticut or Rhode Island. One of the possible bridges was a $1.4 billion, 24.6-mile span from Orient Point to Watch Hill. (The longest auto bridge in the world currently is the Lake Pontchartrain Causeway, in Louisiana, which runs 24 miles. The bridge has its own police force, and its officers are often called upon to escort disoriented drivers across the span.) But after the report was completed and reviewed, state planners decided that all five alignments were bridges too far, adding that ferries, though slow, were preferable. (The Cross Sound Ferry travels daily, except on Christmas, from Orient Point to New London, and has done so since 1975, with smaller enterprises sailing the route long before that. The Port Jefferson Ferry to Bridgeport has been traversing the Sound since the 1800s.)

The subject seemed permanently sunk, and for years, ferries quietly remained motorists' sole city-avoiding route on and off Long Island. But once again, an ambitious visionary decided that something should be done. This time, the plan was to go *under* the water. In 2008, Long Island developer Vincent Polimeni put forth the first serious tunnel proposal, and he wasn't kidding around. In fact, he tapped Hatch Mott MacDonald, an engineering firm that worked on the famed railroad Chunnel, which spans the English Channel, for input. Polimeni's aim was to build a massive tunnel connecting Rye to Nassau County. The

ILLUSTRATION COURTESY OF MTA BRIDGES AND TUNNELS SPECIAL ARCHIVE

behemoth structure was to comprise two tubes containing three lanes of traffic each, with a smaller tube running along the middle to allow for emergency access. The structure was designed to be 18 miles long, making it the longest undersea cars-only tunnel in the world. The tunnel was estimated to cost some $10 billion, although Polimeni was looking to fund the project privately, and his firm footed the bill for the feasibility study. His intent was to charge a $25 toll both ways, estimating that some 80,000 cars would pass through the tunnel daily. In addition, the sale of naming rights and advertising space were floated as possible revenue generators.

Polimeni admitted that his plan was initially met with "smirks and skepticism," when put forward at a New York State Senate meeting, according to an article in the *Boston Globe*. But the developer added that many people "became intrigued" upon examining the specifics more closely. Interestingly, the *Globe* headline for the Polimeni piece labeled the tunnel "an auto shortcut to New England." While this reads as a Boston-centric perspective, Polimeni mentioned this particular rerouting of traffic as a justification for the tunnel. Not surprisingly, then-mayor of Rye Steve Otis reportedly argued that tunnel traffic flowing into his town would render "our roads nonfunctional." Oyster Bay supervisor John Venditto did not deliver a hard "no" to the project, although he admitted that it did seem "unrealistic." Underscoring the breadth of this undertaking, Polimeni predicted that even with all systems go, the tunnel wouldn't be completed until 2025. So, what happened? Consider this: In 2008, one of Polimeni's prospective partners in the project was Bear Stearns. The Great Recession swept both the financial institution and Polimeni's plan out to sea.

While Polimeni has since died, his son Michael has been widely quoted as saying his father's meticulously researched plan was feasible but perhaps "a bit before its time." However, it was only a few years later that Governor Andrew Cuomo thought the time was right. He commissioned Montreal-based engineering firm WSP to a conduct a lengthy study analyzing the possibility of a cross-Sound link. Completed in late 2017, this $5 million, 80-plus-page opus seems to leave no stone unturned in terms of considering the tunnel's potential impact on traffic, the economy, and the environment.

The main takeaways: The proposal identified multiple potential configurations for the link. A number of the alignments stretched from central or eastern Long Island to Connecticut — the majority of which were deemed unviable. Two of the configurations deemed worthy of advancing to the next phase included a tunnel from Rye to Oyster Bay and a bridge/tunnel combo along the same route. According to the WSP study, the 18-mile Westchester-to-Long Island hybrid would start with a tunnel leading away from land, emerging onto a six-mile bridge over the Sound and back down into a tunnel for a mile before egress onto Rye roadways.

The report contends that tunnels are less environmentally damaging than bridges, as they burrow well under the wetland areas near shorelines and surface beyond them into less environmentally sensitive areas. But tunnels are also more expensive. The price tag for Cuomo's tunnel-only version, according to the study, was $55 billion. WSP engineers did suggest a money-saving (and anxiety provoking?) alternative: a $31.5 billion one-tube tunnel, with two traffic lanes in each direction stacked on top of each other. The hybrid proposal came in at $43.5 billion. Meanwhile, the bridge-only model, at just $8 billion, was dismissed as too disruptive to local neighborhoods and fragile ecosystems, despite its cost-effectiveness. As you would imagine, toll prices were analyzed for all prospective alignments. The study based its projections on the understanding that higher tolls would decrease usership, but lower tolls would decrease revenue. The sweet spot was determined to be a both-way $25 auto toll (higher for trucks), which would generate $556 million annually, with about 74,000 cars passing through each day by 2040, when the tunnel was expected be a well-established part of the traffic flow. (Of course, given the drastic changes that 2020 has wrought, predicting 2040 seems somewhat unrealistic.)

At first, Cuomo appeared buoyed up by the report. "We should continue to pursue a tunnel from Long Island to Westchester or Connecticut," he said in defense of the idea at a State of the State Address in 2018. "It would be underwater. It would be invisible. It would reduce traffic on the impossibly congested Long Island Expressway and would offer significant potential private investment." He even progressed to soliciting requests for expressions of interest (REOI), asking qualified engineering and construction firms to submit preliminary bids on the project. While Cuomo continued to publicly express support for the tunnel, his administration unceremoniously dropped the idea within the same year. Leading up to this announcement, of course, newspaper columns from towns in both Westchester and Long Island reported the same type of local opposition that vexed every proposal throughout the years: too expensive and potentially devastating to the suburban status quo and the environment. Others argued that the money would be better spent shoring up our existing, and aging, infrastructure.

Newspaper columns from towns in both Westchester and Long Island reported the same type of local opposition that vexed every proposal throughout the years: too expensive and potentially devastating to the suburban status quo and the environment.

A notable perspective appeared in the *Hartford Courant*. Norman Garrick, a civil-engineering professor at UConn, pointed out that the auto-only tunnel was actually a notion whose time had passed, "an old-fashioned approach to transportation," as it included no mass-transit feature. One must wonder, though, in this (not so) brave new world of the pandemic, with profound economic hardships and remote work sessions likely to become the norm, if the cross-Sound bridge/tunnel idea will bubble up again anytime soon.

LIFE MAKEOVERS IN THE FACE OF COVID

5 RESIDENTS WHOSE LIVES WERE TURNED UPSIDE-DOWN, THEN RIGHT-SIDE UP AND ARE NOW BETTER THAN EVER.

By Ilana Donna Arazie

The pandemic has been one of the biggest tragedies of our time, though its darkness has also shed some light for some. Meet five Westchester residents who have been able to find new possibilities in their lives in the era of COVID.

ELINA FURMAN

When the pandemic hit, Elina Furman became overwhelmed from her 24/7 lockdown with her husband and two boys, ages 8 and 12. "One of my goals was to stop running and be with my kids — but not all day long," she laughs. Furman decided that relocating her family from their Dobbs Ferry home onto their boat in Stamford would help them recharge.

"We moved to the boat because there was no [regular] camp, and the kids were going stir-crazy in the house with no pool," she says. "So, I registered them at CT sailing camp, and we lived on the boat because it gave them the chance to go to camp and enjoy kayaking and the marina's pool. It made for a more enjoyable summer. Once we were on the boat, we realized we only wanted to be close to water, where we could live a more nautical lifestyle."

The family had launched the nautical lifestyle they had fantasized about (despite the boat's 350 square feet of living space) while finding new schools that suited the boys better than their public school did. Simultaneously, a breathtaking house right across from where they docked went on the market. Even though its price tag was somewhat beyond their reach, they decided to go for it, so they made an offer, which was accepted.

Furman, who previously owned a marketing agency that drained her, knew she wanted to chart her a professional trajectory. She was always passionate about helping new mothers, so she became a certified infant-massage instructor. She also began developing a product called Kahlmi, the first handheld baby massager, which will be available in this fall.

"It's so easy to coast along, but COVID put a magnifying glass on our lives and gave us pause to look and analyze what wasn't working," says Furman. "As soon as we started making changes, the universe started aligning, and everything moved so quickly. I was so grateful that this time forced us out of our comfort zone. COVID made us bolder. We realized that the world could change on a dime, so if you don't go for your dreams, it's never going to happen."



PHOTOS BY STEFAN RADTKE

Marcus Geard

Prepandemic, Marcus Geard played the bass in the six-piece band called The Slackers, touring America and the globe, doing at least 100 shows annually. Geard says life on the road was fun, but he desperately missed his family, which included wife Tiffany and 3-year-old son Charlie. In March, when the pandemic started to impact concert-going, Geard braced for disaster. Instead, he was surprised to discover that his life improved dramatically.

"What shocked me was how we were able to carry on," says Geard, a Hastings-on-Hudson resident. "We found we could do many things online, like doing live streams and selling old records and merchandise. We just scrambled and hustled." The Slackers got creative and internet-savvy, and began to attract a substantial online audience.

He admits the band lost some money, about one-third of his income. But the loss didn't impact them severely, since their touring expenses went down about 90%. Also, he cut back on daily expenses, like going out to restaurants and indoor attractions.

Now that he isn't on the road, the benefits are fantastic. "Spending time at home has been amazing. It's been a big life change," he says. "I hadn't been home for three continuous months for about 25 years. It's allowed me to embrace a totally different lifestyle, and it's awesome."

Geard treasures his new work/life balance and hopes he can do less touring in the future. He adds, "I like some of the changes we've experienced, and I don't think I want things to go back 100 percent to where they were."

PHOTO BY TIFFANY HAGLER-GEARD



Patricia Estatico

On March 20, Patricia Estatico came down with a serious case of the coronavirus after arriving home from the Tarrytown salon where she worked. "I didn't think I was going to survive. I couldn't talk or lift my legs," she says. "It was scary and lonely."

She recovered after three weeks, but her professional life was about to change. Since 1996, she had been a hairdresser at the Barber Pole, run by owners John Vaccaro and Enzo Morales. When COVID happened, the shop had to shut down, so business tanked. In March, the owners were not able to keep the business going and made the decision to retire early.

It was then that Estatico was given a surprising opportunity. Vaccaro and Morales decided to give the shop to Estatico, hoping she could bring the salon back to life.

Estatico was extremely thankful that she could own a business. "If I was to try to go into business and raise money to open up my own shop, it would never have happened," she explains. "It would never have been possible."

With vaccinations on the rise, Estatico has seen more people visiting the shop again. The business had also earned a high rating online because of safety measures she had put in place, such as extra vents. Estatico also expanded services to include perms, hair color, basic manicures, and pedicures. She renamed the shop Soaring Cuts & XYZ, choosing the name because of her intention to soar into the future, through COVID and beyond.

Says Estatico: "COVID gave me a new light and made me realize that anything can be taken away from you instantly. As horrible as COVID was, it also gave me a brighter future."

PHOTO BY KEN GABRIELSEN

Lauren Hurwitz

Lauren Hurwitz was working an exhausting schedule as a public relations professional for 10 years, leaving her family on their own during many nights and weekends. Shortly after the pandemic began, Hurwitz was laid off. Her husband asked if she was going to apply for new PR jobs, which she didn't want, or finally make a change in her life.

The New Rochelle resident always knew that PR was not what she was meant to do. "For years, my husband and I talked about me selling real estate, but it was hard to walk away from a biweekly salary, and I never took the leap because I was too scared," she says.

COVID gave Hurwitz the perspective to look inward. She saw people pass away from the pandemic who were too young and asked herself: *My life can be short too. Am I going to sit around, doing what I don't want to do or what I'm here to do?* Her husband also reminded her that no one would question her gap on her résumé if things didn't work out.

At the same time, Hurwitz's 4-year-old son was home from preschool due to COVID, and there was no way she could continue her fast-paced NYC job while caring for him. The pandemic set some priorities for her and made her question if she wanted to be a slave to Corporate America or find balance with her family life while still working hard.

Three days after she got laid off, Hurwitz took the leap and enrolled in a real estate license course and never looked back. Now she is extremely happy, working when she chooses for the real estate company Compass. Hurwitz shared that after less than a year, she is also contributing substantially to her family's finances.

"I was too scared to make the move, but life made the move for me," says Hurwitz. I feel like I'm finally living the life I saw other people living, the life I craved. It's no longer just a dream; it's my reality, and I'm happy I seized the moment."



PHOTO BY STEFAN RADTKE

JASON LINDE



Jason Linde was a design director for one of the largest architecture firms in New York City, but COVID put an abrupt pause on his industry. With a mortgage and family to care for — which included two children under 5 — he was panicked.

But Linde, a Hartsdale resident, turned his fears into action and quickly changed gears. He began working on a startup concept to merge his passion for luxury design with his passion for a healthy and sustainable lifestyle. Called Ashford Fitness, Linde designed a fitness-and-wellness solution for the home. The core of the system is a rope-and-pulley mechanism that facilitates traditional cable-based exercises without the need for cumbersome equipment.

"I originally designed and prototyped this years ago, while living on Ashford Avenue in Dobbs Ferry. The time was perfect to take a fresh look at the idea and put 100 percent of my energy into launching it," says Linde. "With everyone stuck in their homes, unable to go to a gym, and many tethered to digital screens all day, I just had to get this to the market to help offer a solution for this new era."

At the same time, Linde launched his own architectural firm, which, in less than a year, has grown into a sustainable business. "Although I am working more hours than before," Linde says, "I am so much happier. The two and a half hours a day I previously spent commuting is now spent with my family and to work productively.

"When we had our first child," he continues, "I would see him on Saturday and Sunday only, as I was gone early and home late. It was not sustainable. I now see my young children growing up while working harder than I ever have. I can take a break at any point in the day and see them, eat breakfast with them, take them for a walk. It's been amazing."

Ilana Donna is a freelancer who writes about parenting, spirituality, and living her best suburban life. Her stories have been featured in the* Associated Press, Chicago Sun-Times, Patch, Psychology Today, *and* Huffington Post. *She resides with her husband and son in Hastings-on-Hudson.

PHOTOS BY KEN GABRIELSEN

Top Dentists 2021



The professional you choose to care for your smile may be one of the most important health decisions you make. That's why we went to the experts at peer-review survey firm topDentists™ to provide a list of the county's 301 most exceptional practitioners, arranged by their respective areas of specialization.

Edited by John Bruno Turiano

PHOTO BY NEW AFRICA/ADOBE STOCK

General Dentistry

General dentists diagnose, treat, and manage your oral health the way primary-care physicians manage your general physical health. General dentists handle cleanings, checkups, fillings, and often root canals (though these are frequently done by endodontists) and veneers. Like your primary-care doctor, a general dentist will refer or suggest a specialist when necessary.

Ardsley

Charles Strick
914.693.6990
www.charlesstrickdds.com

Armonk

Alfred LaPorta
914.273.8295
www.alfredlaportadds.com

Bedford

Jeffrey S. Rubinstein
914.234.6632
www.bedfordnydentist.com

Bedford Hills

Alyce Paniagua
914.241.9205
www.bedforddentalcareny.com

Briarcliff Manor

Armando A. Battista
914.762.0222
www.briarcliffsmiledesign.com

Nina Capretta
914.769.1255
www.ninacaprettadmd.com

Joyce E. Lockwood
914.762.4422
www.briardent.com

Roseann Maimone
914.752.2161
www.briarcliffdental.com

Olivia Masry
914.762.4422
www.briardent.com

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914.941.1639
www.thatsmydentist.com

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914.941.4614
www.drjward.com

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914.941.1890
www.weissfamilydental.com

Bronxville

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914.337.1157
www.bronxvilledentistry.com

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www.bronxvillefamilydental.com

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www.bronxvilledentalcare.com

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914.337.7270
www.pondfielddental.com

Chappaqua

James A. Damascus
914.238.8323

Richard J. Lipari
914.238.0213
www.nygreatsmiles.com

Luciana Lombardi
914.238.5884

Cortlandt Manor

Ifeoma Nwokorie
914.737.5700
www.cortlandtmanordental.com

Gary D. Simon
914.736.6668

Ronald G. Worth
914.737.5421
www.hudsonvalleydentalmedicine.com

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914.763.8200

Croton Falls

Frederick Faustini
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www.northsalemdental.com

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914.271.4726
www.smilesonhudson.com

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914.693.6656
www.dentistdobbsferry.com

Eastchester

Francis Scalera
914.337.0107

Robert Tornatore
914.779.9100
www.TornatoreFamilyDental.com

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Kenneth S. Magid
914.835.0542
www.adofw.com

Sabrina Magid-Katz
914.835.0542
www.adofw.com

David M. Petrucco
914.835.3488
www.petruccodentistry.com

Victoria Petrucco
914.835.3488
www.petruccodentistry.com

Olga Soltis
914.630.4980
www.saxonwoodsdental.com

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Afshan Ahmed
914.358.5700
www.guerrinodentistry.com

Anabela Cardo
914.422.3711
www.hartsdaledentalcare.com

Joseph V. Esposito
914.595.2710
dentist-scarsdale.com

Ira A. Levine
914.997.2775
www.iralevinedds.com

Donald J. Salomon
914.595.2710
www.dentist-scarsdale.com

Martin B. Schapiro
914.949.9248
www.hartsdaledentist.com

Hastings-on-Hudson

Gina F. Delia
914.478.0277
www.deliadentistry.com

John Toccafondi
914.693.0199
www.drjohndds.com

Hawthorne

Joseph Browne
914.594.2700
dental.touro.edu/faculty/browne-joseph.php

Christopher M. Tota
914.769.2547
www.totadds.com

Irvington

Joseph Goscilo
914.591.8110
www.drjosephgoscilo.com

Jefferson Valley

Marc P. Kaufman
914.962.6444
dr-marc-p-kaufman-dds.edan.io

Katonah

Daria Grillo
914.232.5425
www.katonahdental.com

Melissa Rodgers
914.232.5425
www.katonahdental.com

Nancy T. Sutera
914.228.4444
goldensbridgefamilydentistry.com

Larchmont

Agnes B. Farkas
914.834.1102
www.farkasdental.net

Mark D. Rosenstein
914.834.1616
www.markrosensteindds.com

Eric H. Spellman
914.315.4446
www.drericspellman.com

Michael B. Swirsky
914.834.9513
swirskyfamilydentistry.com

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Valarie D'Angelica
914.835.3232
www.harrisonavenuedental associates.com

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914.698.0428
www.makingyousmile.com

Patricia A. Pasnikowska
914.698.4455
www.hpdentistrypc.com

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914.381.5228
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Charles Azzaretti
914.666.3310
www.sedationfordentistry.com

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www.bgmdental.com

Stacie T. Calian
914.241.8200
www.smiledesigndentalspa.com

Gail S. Cohen
914.241.9010

Stuart Feurstein
914.666.4424
www.mkdentist.com

Eugene Goetz
914.241.1191
www.bgmdental.com

Kelly Kochan
914.244.4414
www.kellykochandds.com

Benedict R. Miraglia, Jr.
914.266.1997
www.bgmdental.com

Steven Schwartz
914.666.5666
www.schwartzdentalcare.com

Artemus Tsang
914.242.7100

Nicholas C. Vece
914.666.9263
www.nicholasvecedmd.com

Mount Vernon

John J. Gizzo
914.664.4365

Amul G. Patel
914.668.3341
www.amulpateldds.com

Warren S. Rosenzweig
914.668.1813

New Rochelle

Mansoor Ashraf
914.633.5300
www.westchesterdentistry.com

Mitchell A. Bierman
914.576.7300
www.mitchellbiermandds.com

Dennis Chan
914.235.4330
www.smiledentalofnewrochelle.com

John F. Como
914.632.1111
www.drcomodds.com

Valerie R. Fertel
914.637.8148

Paul L. Giotopoulos
914.636.4118
www.newrochelledds.com

Yanique D. Le-Cadre
914.235.0592
www.lecadreorthodontics.com

Robert F. Perler
914.636.8082
www.robertperlerdds.com

Jennifer Pichardo
914.235.7453
www.drpichardo.com

Eugene M. Prisco
914.336.2202
www.ident.ws/template.jsp?doc=dreugeneprisco

Martin A. Rube
914.636.5555
www.martinrubedds.com

Michael Sherman
914.576.0044
www.newrochellesmiles.com

Ovral J. Wynter
914.235.8065
www.newrochellefamilydentist.com

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David K. Post
914.941.1400
www.davidpostdds.com

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www.precisionartsdental.com

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Alfred S. Bassin
914.348.4846
www.bassindmd.com

John B. Fontana
914.739.9260

Mary E. Keefe
914.737.1444
www.maryellenkeefedmd.com

Pelham

Howard M. Baskin
914.738.2181
drhowardbaskin.com

Kevin J. Falvey
914.738.0666
www.falveydds.com

The 2021 Top Dentists list is excerpted from the independent topDentists™ database.
Dentists who want to update their information can do so at ***www.usatopdentists.com***.

General Dentistry cont.

Irina V. Kessler
914.738.3606
www.pelhamfamilydentalarts.com

Pleasantville

Robert J. Balfour
914.747.0404
www.robertjbalfourdmd.com

Port Chester

Puja Taneja
914.939.3413
www.pujataneja.com

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Henry Russo
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www.ryebrookdental.com

Pasquale P. Vascimini
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www.vasciminidds.com

Purdys

Andrew Moskowitz
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www.healthysmilesdentist.com

Rye

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914.967.6822

Allen F. Avrutin
914.967.0707
www.ryefamilydentistry.com

Robert Kirchmann
914.967.1242
www.ryedental.com

Angela Manning
914.967.1123
www.viewmy.site

Jerry L. Statman
914.967.0707
www.ryefamilydentistry.com

Scarsdale

Donald Bernstein
914.472.1010
www.scarsdent.com

James Branco
914.965.0554

Alexander Cox
914.723.1186
www.scarsdalesmilesny.com

Leonard De Lucia
914.723.0025
www.mayfairdentalassociates.com

David C. Furnari
914.723.4707
www.scarsdaledentalgroup.org

Maria E. Gennarelli
914.722.0111
www.dentalartsofscarsdale.com

Michael Gershanok
914.472.4677
www.garthdentalpc.com

Paul J. Guerrino
914.365.7188
www.guerrinodentistry.com

Richard A. Langiulli
914.472.1010
www.scarsdent.com

Renee Levine
914.472.4343
www.scarsdalesda.com

Jean Z. Ricci
914.722.0111
www.dentalartsofscarsdale.com

Jeff Suh
914.713.4999
www.scarsdaledentalcenter.com

Shrub Oak

Elliot Ledner
914.214.9796
www.dazzling-smile.com

Janet Zaiff
914.245.8250
www.dazzling-smile.com

Somers

Gianna R. Ferranti
914.277.4222
www.somerssmiles.com

Paul D. Harbottle
914.277.3518
www.paulharbottle.com

Richard A. Stauber
914.277.8400
www.richardstauberdds.com

Robert G. Weiner
914.277.1100
www.somersfamilydentistry.com

South Salem

Joseph A. DeLapa
914.533.6166
www.drdelapa.com

John Loffredo
914.533.5200
www.drloffredo.com

Tarrytown

Ira Halper
914.631.3880
www.halperdentistry.com

Peter J. Zegarelli
914.631.1800
www.drzegarelli.com

Thornwood

Jonathan Silver
914.579.2000
www.silverfamilydentalcare.com

Tuckahoe

Jay Chumsky
914.961.3324

Joseph Cirieco, Jr.
914.908.4543
www.dentasiadental.com

Joshua Davis
914.533.4200
www.metrodentaltuckahoe.com

Frank Graziano
914.793.4411
www.frankgrazianodds.com

Rosanna Leo
914.337.8272
www.lakeavedental.com

Randy Lunenfeld
914.771.8888
www.tuckahoedentists.com

Bruce G. Seader
914.793.9080
www.bruceseaderdds.com

Valhalla

Paul E. Hilburg
914.949.1323
www.valhalladental.com

Virginia Turner
914.949.1323
www.valhalladental.com

West Harrison

Robert L. Rioseco
914.380.4531
www.zendentist.com

White Plains

Lori Auster
914.948.5577
www.drloriauster.com

Elliott M. Barish
914.949.8899

Eric T. Echelman
914.461.2465
www.asnisechelman.com

Michael L. Gelb
914.686.4528
www.gelbcenter.com

Ira J. Handschuh
914.214.9657
www.dentaldesigncenter.com

David S. Hanswirth
914.946.1500
www.hanswirthdentistry.com

Stanley C. Heifetz
914.949.1556
www.drstanheifetz.com

Timothy J. Hill
914.946.0222
www.hillandhilldds.com

Ira M. Langstein
914.997.1154
www.westchesterdds.com

Gary J. Markovits
914.948.8898

Michael P. Mayers
914.328.0163
www.smiles4families.com

Sherry P. Paulson
914.948.3335

Benjamin C. Rudow
914.949.8266
www.benrudowdds.com

James J. Schwanderla
914.948.3424
www.drschwanderla.com

Matthew A. Teich
914.997.1154
www.westchesterdds.com

Yonkers

Joseph Canterino
914.376.1100
www.yoursmilegroup.com

John D. Constantine
914.237.3600
www.johnconstantinedds.com

Michael A. Dibbini
914.963.5564
www.parkhilldentalassociates.com

Christine N. Fumo
914.476.0100
www.nysupersmiles.com

Victor Katsman
914.376.1100
www.yoursmilegroup.com

Shilpa B. Mendelson
914.327.3770
www.drjanimendelson.com

Amit Rajani
845.669.6638
www.yonkersavenuedental.com

Joseph Torres
914.356.8407
www.veritasdentistry.com

Fred P. Tripodi
914.965.3395

Yorktown Heights

Dana G. Keiles
914.205.2530
www.nwdentist.com

Seth Keiles
914.205.2530
www.nwdentist.com

James Martyniak
914.340.3464
www.rifkindental.com

Elizabeth Miro
914.245.7272

Richard Rifkin
914.340.3464
www.rifkindental.com

Jennifer G. Wachs
914.245.9881
www.familydentistryof yorktown.com



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The 2021 Top Dentists list is excerpted from the independent topDentists™ database. Dentists who want to update their information can do so at *www.usatopdentists.com*.

Endodontics

Endodontists specialize in the diagnosis and treatment of conditions of dental nerves or pulp. Root canals are among the procedures offered by endodontists, who have at least two years of specialized dental training beyond dental school. They also perform surgery, treat traumatic dental injuries, repair broken and cracked teeth, and often place dental implants.

Hartsdale

Helen Chiao
914.713.4622
www.libertyendodontics.com

Mamaroneck

Michael R. Cotter
914.777.9465
www.endowests.com

Salina W. Wu
914.698.6811
www.westchesterendodonticcare.com

Mount Kisco

Gerald H. Hyman
914.241.1177
www.westchesterrootcanal.com

Nick Mastro
914.241.1177
www.westchesterrootcanal.com

Neda Rajablou
914.241.1177
www.westchesterrootcanal.com

Barry Rothenhaus
914.241.1177
www.westchesterrootcanal.com

Mount Vernon

Rohit Z. Patel
914.668.1722
www.sparkledental.com

Ossining

Jennifer Castro
914.962.2001
www.valleyendony.com

Pleasantville

Sarina A. Reddy
914.747.0231
www.drsarinareddy.com

Scarsdale

Anjani M. Gandhi
914.713.1122
www.westchesterrootcanals.com

Arielle C. Jacobs
914.713.5113
www.scarsdaleendo.com

Joon Park
914.768.9017
www.allcountyendo.com

Veena Ramesh
914.713.5113
www.scarsdaleendo.com

Noboru Yamaki
914.768.9017
www.allcountyendo.com

White Plains

Kara Diamond
914.946.2218
www.westchesterendo.com

Keith Hope
914.946.2218
www.westchesterendo.com

Justin Kolnick
914.946.2218
www.westchesterendo.com

Oral and Maxillofacial Surgery

Oral and maxillofacial surgeons are highly trained specialists who handle surgery of the face, mouth, and jaw. They perform many types of surgery, including corrective jaw surgery, cosmetic facial surgery, and surgery to remove impacted wisdom teeth. They can diagnose and treat head, neck, and oral cancers, as well as obstructive sleep apnea, and other conditions.

Briarcliff Manor

Andrew S. Greenberg
914.762.3388

Hawthorne

Benjamin Kur
914.592.0440
www.westchesteroralsurgery.com

Eric A. Wachs
914.594.2700
dental.touro.edu/faculty/wachs-eric-a.php

Mamaroneck

Richard L. Elias
914.873.0045
www.mamaroneckoralsurgery.com

Matthew Paonessa
914.873.0045
www.mamaroneckoralsurgery.com

Mount Kisco

Adam Arnoldt
914.242.1142
www.sboms.com

Jason Baker
914.242.1142
www.sboms.com

Benn L. Lieberman
914.242.1142
www.sboms.com

Gary A. Rosenfeld
914.241.2121
www.implantsandwisdomteeth.com

Zachary C. Weber
914.241.4800
www.northernwestchesteroms.com

New Rochelle

Dino M. DeFilippis
914.380.4525
www.dentistry-newrochelle.com

Purchase

Garrick Alex
914.253.9088
www.greenwichoralsurgery.com

Michael Graffeo
914.902.5780
www.oralsurgeryofwestchester.com

Harrison Linsky
914.902.5780
www.oralsurgeryofwestchester.com

Joseph F. Wallace III
914.253.9088
www.greenwichoralsurgery.com

Thomas B. Wilson
914.253.9088
www.greenwichoralsurgery.com

Brett M. Zuckman
914.253.9088
www.greenwichoralsurgery.com

This list is excerpted from the 2021 topDentists™ list, a database which includes listings for 301 dentists and specialists in Westchester County. The Westchester list is based on detailed evaluations of dentists and professionals by their peers. The complete database is available at *www.usatopdentists.com*. For more information call 706-364-0853; write P.O. Box 970, Augusta, GA 30903; email info@usatopdentists.com or visit *www.usatopdentists.com*.

Statement From topDentists™

SELECTION PROCESS

"If you had a patient in need of a dentist, which dentist would you refer them to?"

This is the question we've asked thousands of dentists to help us determine who the topDentists should be. Dentists and specialists are asked to take into consideration years of experience, continuing education, manner with patients, use of new techniques and technologies and of course physical results.

The nomination pool of dentists consists of dentists listed online with the American Dental Association, as well as all dentists listed online with their local dental societies, thus allowing virtually every dentist the opportunity to participate. Dentists are also given the opportunity to nominate other dentists that they feel should be included in our list. Respondents are asked to put aside any personal bias or political motivations and to use only their knowledge of their peer's work when evaluating the other nominees.

Voters are asked to individually evaluate the practitioners on their ballot whose work they are familiar with. Once the balloting is completed, the scores are compiled and then averaged. The numerical average required for inclusion varies depending on the average for all the nominees within the specialty and the geographic area. Borderline cases are given a careful consideration by the editors. Voting characteristics and comments are taken into consideration while making decisions. Past awards a dentist has received and status in various dental academies can factor into our decision.

Once the decisions have been finalized, the included dentists are checked against state dental boards for disciplinary actions to make sure they have an active license and are in good standing with the board. Then letters of congratulations are sent to all the listed dentists.

Of course there are many fine dentists who are not included in this representative list. It is intended as a sampling of the great body of talent in the field of dentistry in New York. A dentist's inclusion on our list is based on the subjective judgments of his or her fellow dentists. While it is true that the lists may at times disproportionately reward visibility or popularity, we remain confident that our polling methodology largely corrects for any biases and that these lists continue to represent the most reliable, accurate, and useful list of dentists available anywhere.

The 2021 Top Dentists list is excerpted from the independent topDentists™ database. Dentists who want to update their information can do so at *www.usatopdentists.com*.

Oral and Maxillofacial Surgery cont.

Scarsdale

Evan D. Chafitz
914.472.5252
www.scarsdaleoralsurg.com

Andrew D. Horowitz
914.768.8220
www.oralsurgeryny.com

Matthew Lalli
914.472.5252
www.scarsdaleoralsurg.com

Timothy Leung
914.472.5252
www.scarsdaleoralsurgery.com

Gary Orentlicher
914.768.8220
www.oralsurgeryny.com

White Pains

Michael A. Caruso
914.761.4567
www.jawdoctors.com

Christopher J. Lane
914.946.1249

Rachel E. Levarek
914.761.4567
www.jawdoctors.com

Jeffrey I. Stein
914.761.4567
www.jawdoctors.com

Yorktown Heights

Anthony M. Del Vecchio
914.245.1220
www.yorktownoralsurgeon.com

Tasios G. Vakkas
914.302.2689
www.YorktownOralSurgery.com

Orthodontics

Orthodontists train for three years after dental school. They prevent, diagnose, and treat dental and facial irregularities, including crooked, crowded, or misaligned teeth, and bad bites. An orthodontist can also restructure and realign the jaw. Need braces? See an orthodontist.

Armonk

Ilan Shamus
914.273.2010
www.drshamus.com

Briarcliff Manor

Ann Guerra
914.762.6260
www.briarcliffchildrensdental.com

Bronxville

Joseph Ciccio, Jr.
914.337.4700
www.nyorthodocs.com

Peter Demarest
914.337.4700
www.nyorthodocs.com

Cortlandt Manor

Barry J. Glaser
914.739.6400
www.glaserorthodontics.com

Eastchester

Joseph Comizio
914.779.1444
www.comizioorthodontics.com

Harrison

Bradley Schnebel
914.732.3777
www.westchesterfamilyortho.com

Hastings-on-Hudson

Stephen M. Ossen
914.478.0047
www.rivertownsortho.com

Larchmont

Jeffrey M. Gelb
914.834.3443
www.GelbOrtho.com

Lester LeBlanc
914.833.2306
www.leblancorthodontics.com

Garrett Weston
914.834.0305
www.larchmontorthodontics.com

Mount Kisco

Laura R. Cannistraci
914.666.0084
www.cannistraciortho.com



Sharon M. Eder
914.666.8997
www.smilestyleny.com

Ann Marie Evanko
914.666.7566
www.evankodmd.com

Alyse Stern
914.864.2900
www.drsternorthodontics.com

New Rochelle

Stephen L. Herzberg
914.499.0886
www.drherzberg.com

Ju H. Lee
914.636.5958
www.newrochelleortho.com

Rye

Elise A. Fischer
914.921.5797
www.elisefischerdds.com

Peter D. Maro, Jr.
914.967.2277

Leon Su
914.500.8828
www.mysmilemore.com

Rye Brook

Lori D. Gitig
914.481.5664
www.nypediatricdds.com

Marc Schlüter
914.251.0221
www.westchester-orthodontics.com

Scarsdale

Merissa Blais
914.472.9595
www.scarsdaleortho.com

Brian H. Finn
914.725.8468
www.finnorthodontics.com

Kathleen Lambert
914.472.9090
www.scarsdalepediatricdental.com

Somers

Richard L. Bridgham
914.277.1111
www.bbosmiles.com

Tarrytown

Rishi A. Kothari
914.332.0900
www.914smiles.com

White Plains

Theodore Mantzikos
914.946.5860
www.drtheomantzikos.com

Michael E. Sokoloff
917.997.4221
www.docsokortho.com

Julia Starobinets
914.761.4872
www.whiteplainspediatricdentistry.com

Yonkers

May P. Chu
914.961.1620
www.braces4u.com

John Cipollina
914.747.0303

Yorktown Heights

Michael J. Connelly
914.962.5566
www.connellyorthodontics.com

Allen M. Zuch
914.245.6506
www.mytoothmover.com

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The 2021 Top Dentists list is excerpted from the independent topDentists™ database. Dentists who want to update their information can do so at *www.usatopdentists.com*.

Pediatric Dentistry

Pediatric dentists, who train for two years after dental school, manage various aspects of children's oral health from infancy through the teenage years. They offer preventive, diagnostic, and corrective care in a variety of areas.

Croton-on-Hudson

Meredeth Glenn
914.271.5696
www.hudsonpediatricdental.com

Eastchester

Carla Tornatore
914.779.9100
www.tornatorefamilydental.com

Harrison

Eileen D. Calamia
914.777.1140
www.smilestarterspd.com

Jefferson Valley

Benjamin Dancygier
914.245.7100
www.valleypediatricdentistry.com

Larchmont

Herbert S. Smith
914.834.4150
www.drherbsmith.com

Mount Kisco

Maritza Bianchi
914.709.4822
www.kidsaregreatdental.com

Gina Lodolini
914.495.8063
www.kidsaregreatdental.com

Loan Mao
914.339.0180
www.mtkiscopediatric dentistry.com

New Rochelle

Ivis M. Getz
914.355.2265
www.caringpediatricdentistry.com

Moonsun Kim
914.632.2800
www.newrochellekidsdental.com

Rye

Paul K. Chu
914.967.0000
www.ryekids.com

Narmatha Sinnarajah
914.967.0000
www.ryekids.com

Deborah Troy
914.967.5735
www.ryesmiles.com

Charles J. Yau
914.967.5735
www.ryesmiles.com

Rye Brook

Louis M. Cooper
914.925.1099
www.nypediatricdds.com

Jessica M. Fierman
914.925.1099
www.nypediatricdds.com

Scarsdale

Kavita Kohli
914.725.9620
www.rivertownspediatric dentistry.com

Ann Lambert
914.472.9090
www.scarsdalepediatric dental.com

Vali Mohammadi
914.472.2929
www.summerfieldpediatric dentistry.com

Lisa Patchen
914.472.9090
www.scarsdalepediatric dental.com

Wayne Turk
914.472.9090
www.scarsdalepediatric dental.com

Somers

Christine Dowling
914.358.1225
www.somerspediatric dentistry.com

Tuckahoe

Penny Resnick-Graulich
914.633.4440
www.mainstreetpediatric dentistry.com

White Plains

Leyla Z. Nakisbendi
914.328.0163
www.smiles4families.com

Minerva Patel
914.683.9389
www.wcpediatricdentist.com

David W. Zirlin
914.368.2382
www.whiteplainspediatric dentistry.com

Periodontics

Periodontists, who train for three years after dental school, specialize in the prevention, diagnosis, and treatment of infections, conditions, and diseases of the structures around the teeth. These structures include the gums, periodontal ligament, and alveolar bone. Common periodontal infections include gingivitis.

Briarcliff Manor

Victor M. Sternberg
914.762.1885
www.drsavemyteeth.com

Bronxville

Kerry Demascus
914.337.7757
www.westchesterdentalimplants.com

Jefferson Valley

Robert Cross
914.243.5597
www.drrobertcross.com

Mount Kisco

James DiGiacinto
914.666.2133
www.mtkiscoperio.com

Lawrence Goettisheim
914.241.7670
www.goettisheim.com

Evan G. Kantor
914.666.2133
www.mtkiscoperio.com

Pleasantville

Kenneth M. Legunn
914.747.1620
www.pleasantvilleperio.com

Rye Brook

Eleni Vinieris
914.253.8020
www.ryeperiodontics.com

Scarsdale

R. Terry Blank
914.723.0808

Biagio Iannace
914.776.2023
www.westchesterperiodontics.com

Paul V Snisky
914.723.0808
www.scarsdaledentalspecialists.com

White Plains

Robert M. Amante
914.948.3335

Steve B. Cela
914.949.2218

B. Anthony Forcella
914.946.1923
www.westchesterperio.com

Yale J. Kroll
914.686.3533

David L. Sandak
914.997.1111
www.advancedperio.com

William Schneweiss
914.946.1923
www.westchesterperio.com

Yorktown Heights

Evan S. Wetzler
914.245.1550
www.periowestchester.com

Prosthodontics

Prosthodontists, who train for three years after dental school, specialize in repairing and replacing teeth. They can place crowns, bridges, dentures (or "partials"), veneers, dental implants, and more.

Mamaroneck

Christopher J. Duffy
914.381.7208
www.ny-smiles.com

Kathleen A. Salius
914.381.7208
www.ny-smiles.com

Mount Vernon

Anthony DeBenedictis
914.665.1121
www.debenedictisdds.com

Ossining

Jerome S. Loewenstein
914.941.0825
www.precisionartsdental.com

Rye

Brian M. Kabcenell
914.967.1242
www.ryedental.com

Scarsdale

Raymond Weiss
914.472.4343
www.scarsdalesda.com

White Plains

Joseph R. Carpentieri
914.684.1230
www.westchesterrdi.com

Leonard B. Kobren
914.948.7177
www.westchesterprosthodonticsandimplants.com

Jason K. Sauer
914.948.7177
www.westchesterprosthodonticsandimplants.com

Robert M. Schulman
914.949.8101
www.robertmarcdental.com

DISCLAIMER
This list is excerpted from the 2021 topDentists™ list, which includes listings for 301 dentists and specialists in Westchester. For more information call 706-364-0853; write P.O. Box 970, Augusta, GA 30903; email info@usatopdentists.com or visit www.usatopdentists.com. topDentists has used its best efforts in assembling material for this list but does not warrant that the information contained herein is complete or accurate, and does not assume, and hereby disclaims, any liability to any person for any loss or damage caused by errors or omissions herein whether such errors or omissions result from negligence, accident, or any other cause. Copyright 2010-2021 by topDentists, LLC, Augusta, GA. All rights reserved. This list, or parts thereof, must not be reproduced in any form without permission. No commercial use of the information in this list may be made without permission of topDentists, LLC. No fees may be charged, directly or indirectly, for the use of the information in this list without permission.

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PHOTO BY CHERRY_D/ADOBE STOCK



Here Are Westchester's Top Cosmetic Doctors

These 64 peer-reviewed dermatologists and plastic surgeons are your best bet to connecting with the right specialist for an enhancement or other procedure.

Edited by John Bruno Turiano

Top Cosmetic Doctors

Dermatology

Michelle Abadir-Hallock
Rye Brook
914.937.5500
Montefiore New Rochelle Hospital
Cosmetic Dermatology

David E. Bank
Mount Kisco
914.241.3003
Northern Westchester Hospital, NewYork-Presbyterian/Columbia University Irving Medical Center
Laser Surgery, Botox, Fillers & Injectables, Facial Rejuvenation

Rhonda K. Berkowitz
Tarrytown
914.631.4666
Phelps Hospital
Melanoma, Skin Cancer, Dermatologic Surgery, Medical Dermatology

Sandra J. Bost
New Rochelle
914.848.8840

Whitney P. Bowe
Briarcliff Manor
914.488.8188
Mount Sinai Hospital
Cosmetic Dermatology, Acne & Rosacea, Chemical Peels & Microdermabrasion, CoolSculpting

Jeremy A. Brauer
Rye
914.967.2153
NYU Langone Health-Tisch Hospital
Mohs Surgery, Laser Surgery, Cosmetic Dermatology, Melanoma

Andrew Bronin
Rye Brook
914.253.8080
Yale-New Haven Hospital
Melanoma, Skin Cancer, Complex Diagnosis

Lauren H. Burack
Mount Kisco
914.242.1355
Northern Westchester Hospital

Ira C. Davis
Hartsdale
914.288.0500
Mohs Surgery, Laser Surgery, Cosmetic Dermatology, Dermatologic Surgery

Lydia Marion Evans
Chappaqua
914.238.1500
Cosmetic Dermatology, Facial Rejuvenation, Laser Surgery, Kybella

Neil S. Goldberg
Bronxville
914.337.4499
Laser Surgery, Acne & Rosacea, Cosmetic Dermatology, Psoriasis/Eczema

Jennifer H. Goldwasser
Hartsdale
914.422.3376
Westchester Medical Center
Hair & Nail Disorders, Acne & Rosacea, Pediatric Dermatology

Marc E. Grossman
White Plains
914.946.1101
North Shore University Hospital, Yale-New Haven Hospital
Skin Diseases in Transplants/Cancer, Psoriasis, Rare Skin Disorders, Cutaneous Lymphoma

Nancy C. Howanitz
Scarsdale
914.725.5150
Warts, Skin Cancer, Rosacea, Hair Loss

Pamela Jasmine Jakubowicz
Scarsdale
866.633.8255
Montefiore Einstein Campus

Sherri K. Kaplan
Ardsley
914.693.7191
St. John's Riverside Hospital-Dobbs Ferry Pavilion,
St. John's Riverside Hospital-Andrus Pavilion
Medical Dermatology

Athena G. Kaporis
Mount Kisco
914.242.2020
White Plains Hospital
Cosmetic Dermatology, Skin Cancer, Laser Surgery, CoolSculpting

Lesa Kelly
New Rochelle
914.637.2663
White Plains Hospital

Jennifer S. Kitchin
Harrison
914.777.1799

Tobi B. Klar
Larchmont
914.849.7400
White Plains Hospital
Medical Dermatology

Jody Konstadt
Scarsdale
914.725.3700
Mount Sinai Hospital
Telemedicine

Meredith Kosann
Rye
914.908.3376
Botox, Kybella, Emtone, Emsculpt

David A. Kriegel
Scarsdale
914.472.4100
Mount Sinai Hospital
Mohs Surgery, Skin Cancer



PHOTO BY HEDGEHOG94/ADOBE STOCK

Jay S. Lerman
White Plains
914.949.6070
Montefiore Einstein Campus, Montefiore Moses Campus
Acne, Eczema, Laser Surgery, Ethnic Skin Disorders

Alyson A. Levine
Rye
914.908.3376
Emtone, Emsculpt, Aging Skin, Chemical Peels

Ross S. Levy
Mount Kisco
914.242.1355
Northern Westchester Hospital, Montefiore Moses Campus
Laser Surgery, Cosmetic Dermatology, Dermatologic Surgery, Medical Dermatology

Patricia A. McAleer
Mount Kisco
914.242.1355
Northern Westchester Hospital
Acne, Psoriasis, Laser Surgery, Botox

Harold Mermelstein
Scarsdale
914.667.2242
NewYork-Presbyterian Lawrence Hospital, NYU Langone Hospital–Brooklyn
Laser Surgery, Medical Dermatology

Ayelet Mizrachi-Jonisch
Katonah
914.232.3135
Northern Westchester Hospital
Cosmetic Dermatology, Laser Surgery, Laser Hair Removal, Fillers & Injectables

Amy E. Newburger
Purchase
914.725.1800
Skin Cancer, Cosmetic Dermatology, Laser Surgery, Photodynamic Therapy

Debbie M. Palmer
Harrison
914.777.1799
Cosmetic Dermatology, Medical Dermatology, Laser Surgery, Skin Cancer Screening

Benjamin N. Rosenberg
Mount Kisco
914.242.1355
Northern Westchester Hospital
Cosmetic Dermatology, Laser Surgery, Pigmented Lesions, Skin Cancer & Moles

Marian Angela Russo
Scarsdale
914.725.3700
Metropolitan Hospital Center-NY

Jeffrey P. Schachne
Jefferson Valley
914.245.7700
NewYork-Presbyterian Hudson Valley Hospital, Putnam Hospital
Medical Dermatology, Psoriasis, Rosacea, Acne

Alan B. Schliftman
White Plains
914.607.6250
Westchester Medical Center, White Plains Hospital
Laser Surgery, Skin Cancer, Cosmetic Dermatology

Alison Frances Stallings
Tarrytown
914.631.4666
Phelps Hospital
Cosmetic Dermatology

Ruth Kaplan Treiber
Rye
914.967.2153
NewYork-Presbyterian/Columbia University Irving Medical Center
Acne & Rosacea, Skin Cancer & Moles, Cosmetic Dermatology, Botox

The Top Cosmetic Doctors List is provided by independent research healthcare company Castle Connolly. The honorees are nominated and rated by other physicians. Doctors who want to update their specialties or affiliations can do so at *www.castleconnolly.com*.

Brent D. Wainwright
Katonah
914.232.3135
Northern Westchester Hospital
Telemedicine

Melanie A. Warycha
Mount Kisco
914.242.1355
Northern Westchester Hospital
Mohs Surgery, Skin Cancer, Melanoma, Laser Surgery

Ross Zeltser
Fishkill
914.617.8950
Northern Westchester Hospital
Mohs Surgery, Skin Cancer, Dermatologic Surgery, Skin Cancer Screening

Stuart M. Zweibel
Mount Kisco
914.242.2020
White Plains Hospital
Mohs Surgery, Skin Cancer, Laser Surgery, Cosmetic Dermatology

Ophthalmology

John G. Bortz
White Plains
914.686.0006
Westchester Medical Center
Oculoplastic & Orbital Surgery, Eyelid Cosmetic & Reconstructive Surgery, Orbital & Eyelid Tumors/Cancer, Neuro-Ophthalmology

James R. Gordon
Harrison
914.949.9200
White Plains Hospital
Oculoplastic & Reconstructive Surgery, Cosmetic Surgery-Face & Eyes, Eyelid Surgery/Blepharoplasty, Botox

Lopa Y. Gupta
White Plains
914.997.2646
Mount Sinai Hospital
Festoon Repair, Oculoplastic Surgery, Eyelid Surgery/Blepharoplasty, Cosmetic Surgery-Eyes

Otolaryngology

Jeffrey N. Cousin
Yonkers
914.963.8588
Montefiore New Rochelle Hospital, St. John's Riverside Hospital-Andrus Pavilion
Eyelid Surgery/Blepharoplasty, Facial Cosmetic Surgery

Jeffrey Jablon
New Rochelle
914.235.1888
Mount Sinai Hospital, St. John's Riverside Hospital-Andrus Pavilion
Facial Cosmetic Surgery

John C. Scott
Mount Kisco
914.242.1355
Northern Westchester Hospital
Head & Neck Surgery, Facial Plastic Surgery, Sinus Disorders/Surgery, Thyroid & Parathyroid Surgery

Richard T. Yung
White Plains
914.949.3888
White Plains Hospital, Northern Westchester Hospital
Facial Plastic Surgery, Facial Reconstruction, Rhinoplasty, Facial Rejuvenation

Otolaryngology/ Facial Plastic Surgery

William D. Losquadro
Katonah
914.232.3135
Northern Westchester Hospital
Facial Plastic Surgery, Rhinoplasty Revision, Rhinoplasty, Nasal Reconstruction

Plastic Surgery

Samuel J. Beran
Harrison
914.761.8667
White Plains Hospital, Northern Westchester Hospital
Breast Reconstruction & Augmentation, Cosmetic Surgery-Face & Body, Fillers & Injectables

Simon H. Chin
Katonah
914.232.3135
Northern Westchester Hospital
Hand Surgery, Cosmetic Surgery-Face & Body, Reconstructive Plastic Surgery, Facial Rejuvenation

John Frederick Farella
Mount Kisco
914.241.7111
Northern Westchester Hospital

Neal David Goldberg
Scarsdale
914.722.1600
White Plains Hospital

Joshua Adam Greenwald
Harrison
914.421.0113
White Plains Hospital
Ear Reshaping (Otoplasty)

F. Frederic Khoury
Rye Brook
914.253.9300
White Plains Hospital, Greenwich Hospital
Cosmetic Surgery-Breast, Cosmetic Surgery-Face, Abdominal Wall Reconstruction, Rhinoplasty

Andrew Y. Kleinman
Rye Brook
914.253.0700
Montefiore New Rochelle Hospital
Cosmetic Surgery, Breast Augmentation, Eyelid Surgery/Blepharoplasty, Cosmetic Surgery-Breast

Nicole Lea Nemeth
Harrison
914.771.7373
NewYork-Presbyterian Lawrence Hospital, White Plains Hospital
Cosmetic Surgery-Face, Fillers & Injectables, Breast Reconstruction & Augmentation, Breast Reduction

Scott E. Newman
Yonkers
914.423.9000
St. John's Riverside Hospital-Andrus Pavilion
Breast Reconstruction & Augmentation, Cosmetic Surgery-Breast, Cosmetic Surgery-Body, Liposuction & Body Contouring

David A. Palaia
Chappaqua
914.223.1700
Northern Westchester Hospital
Cosmetic Surgery-Face & Body, Rhinoplasty, Abdominoplasty, Breast Augmentation

Vadim Pisarenko
Harrison
914.771.7373
NewYork-Presbyterian Lawrence Hospital, White Plains Hospital
Breast Reconstruction & Augmentation, Liposuction & Body Contouring, Cosmetic Surgery-Face, Fillers & Injectables

Robert S. Reiffel
White Plains
914.683.1400
White Plains Hospital
Hand Surgery

Michael H. Rosenberg
Chappaqua
914.223.1700
Northern Westchester Hospital
Cosmetic Surgery-Face, Liposuction & Body Contouring, Cosmetic Surgery-Breast, Kybella

Douglas A. Roth
Mount Kisco
914.242.5647
Northern Westchester Hospital
Cosmetic Surgery-Face, Facelift, Breast Cosmetic & Reconstructive Surgery, Microvascular Surgery

Michael S. Suzman
Purchase
914.848.8880
White Plains Hospital, Greenwich Hospital
Rhinoplasty, Facial Plastic & Reconstructive Surgery, Breast Cosmetic & Reconstructive Surgery

How Our Top Cosmetic Doctors Are Selected

Castle Connolly Top Doctors is a healthcare research company and the official source for Top Doctors for the past 25 years. Castle Connolly's established nomination survey, research, screening and selection process, under the direction of an MD, involves many hundreds of thousands of physicians, as well as academic medical centers, specialty hospitals, and regional and community hospitals all across the nation.

The online nominations process – located at *www.castleconnolly.com/nominations* – is open to all licensed physicians in America who are able to nominate physicians in any medical specialty and in any part of the country, as well as indicate whether the nominated physicians is, in their opinion, among the best in their region in their medical specialty or among the best in the nation in their medical specialty. Once nominated, Castle Connolly's physician-led team of researchers follow a rigorous screening process to select top doctors on both the national and regional levels.

Careful screening of doctors' educational and professional experience is essential before final selection is made among those physicians most highly regarded by their peers. The result – we identify the top doctors in America and provide you, the consumer, with detailed information about their education, training, and special expertise in our paperback guides, national and regional magazine "Top Doctors" features, and online directories.

Doctors do not and cannot pay to be selected and profiled as Castle Connolly Top Doctors.

Physicians selected for inclusion in this magazine's "Top Doctors" feature also appear online at *castleconnolly.com*, or in conjunction with other Castle Connolly Top Doctors databases online on other sites and/or in print.

Castle Connolly was acquired by Everyday Health Group (EHG), one of the world's most prominent digital healthcare companies, in late 2018. EHG, a recognized leader in patient and provider education, attracts an engaged audience of over 53-million health consumers and over 780,000 U.S.-practicing physicians and clinicians to its premier health and wellness websites. EHG combines social listening data and analytics expertise to deliver highly personalized healthcare consumer content and effective patient engagement solutions. EHG's vision is to drive better clinical and health outcomes through decision-making informed by highly relevant data and analytics. Healthcare professionals and consumers are empowered with trusted content and services through the Everyday Health Group's flagship brands including Everyday Health®, What to Expect®, MedPage Today®, Health eCareers®, PRIME® Education, and our exclusive partnership with MayoClinic.org® and The Mayo Clinic Diet®. Everyday Health Group is a division of J2 Global Inc. (NASDAQ: JCOM), and is headquartered in New York City.

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OCULOFACIAL PLASTIC & COSMETIC SURGERY

Pictured: Lopa Y. Gupta, MD, FAAO, FAACS

Lopa Y. Gupta, MD, FAAO, FAACS

PARK AVENUE FACIAL AESTHETICS
1230 Mamaroneck Avenue • White Plains, NY • 914.997.2646
1070 Park Avenue • New York, NY • 212.203.2838
www.drlopagupta.com • www.festoonsurgery.com

Dr. Lopa Gupta believes cosmetic surgery is more than helping a patient look great for his or her age. Rather, it is about transforming the patient inside to enhance their self-esteem. A Board-Certified Oculoplastic Surgeon and a Fellow of the American Academy of Cosmetic Surgery. Dr. Gupta and her highly trained, dedicated team are committed to providing boutique-style individualized care in a warm, nurturing environment, where she routinely performs festoon repair, laser blepharoplasty, brow lifts, ptosis repair, mini facelifts, and laser liposculpture with local anesthesia. Patients walk out within minutes of the procedure with minimal to no pain. Recovery is rapid and most patients return to work within a week. Dr. Gupta's panoply of avant-garde treatments that build collagen and defy gravity and aging, include: PDO threadlifts; liquid facelifts with fillers and Botox; skin treatments (PRP, microneedling, IPL photofacial, science-based skin care, laser resurfacing); and hair rejuvenation (PRP, low-level laser therapy) — treatments that are safe and effective with minimal to no downtime. Some results are instantaneous, giving the added bonus of "immediate gratification."

Dr. Gupta's ability to think outside of the box led her to fine-tune laser eyelid surgery that she performs in her office under local anesthesia instead of IV sedation or general anesthesia. She also invented a minimally invasive, but highly successful, festoon repair technique using a laser-based approach involving a tiny 1-centimeter incision and local anesthesia with minimal downtime and an "invisible" scar. Dr. Gupta graduated from Northwestern University's exclusive Honors Medical Program, completed a Residency in Ophthalmology at Stanford and an ASOPRS-approved Oculoplastic Surgery Fellowship in Albany before starting her practice. Being named a Castle Connolly Top Doctor and voted Best of Westchester's Best Cosmetic Surgery Practice and Best Cosmetic Surgeon are testaments to Dr. Gupta's natural, beautiful results.



DERMATOLOGY

Debbie Palmer, DO, FAOCD, FAAD

Debbie Palmer, DO, FAOCD, FAAD

DERMATOLOGY ASSOCIATES OF NEW YORK
440 Mamaroneck Avenue, Suite 404 • Harrison, NY
914.777.1799 • www.danyderm.com • www.drdebbiepalmer.com

Dr. Debbie Palmer is a board-certified dermatologist who has served Westchester County for over 18 years, providing the highest quality medical and cosmetic dermatology. She is Co-founder and Medical Director of Dermatology Associates of New York, where she is a widely sought-after leader in facial and whole-body rejuvenation with customized treatment plans to achieve incredibly natural results.

She is a Fellow and member of the American Academy of Dermatology, American Osteopathic College of Dermatology, and the American Osteopathic Association. She is an award-winning author of three books, including the just released Mindful Beauty, and is founder of the Replere® skincare line. Dr. Palmer was named 2020 Castle Connolly Top Doctor.

Debbie Palmer, DO, FAOCD, FAAD



COSMETIC SURGERY

Pictured: Nicole Nemeth, MD, FACS and Vadim Pisarenko, MD, FACS

Nicole Nemeth, MD, FACS
Vadim Pisarenko, MD, FACS

PLASTIC SURGERY OF WESTCHESTER
500 Mamaroneck Avenue, Suite 211 • Harrison, NY
914.771.7373 • www.pswdocs.com

Plastic Surgery of Westchester is a boutique, full-service plastic surgery practice located in the heart of lower Westchester. Led by board-certified plastic surgeons, Nicole Nemeth, MD, FACS, and Vadim Pisarenko, MD, FACS, Plastic Surgery of Westchester offers not only a full range of cosmetic procedures, but also non-surgical treatments including injectables, IV hydration, and lasers. To ensure the safety, privacy, and comfort of their patients, the practice has its own AAAASF-accredited operating suite, medical spa, and amazing staff who are dedicated to the art of patient care.

Drs. Nemeth and Pisarenko are passionate about the latest techniques in cosmetic surgery of the face, breast, and body. Renuvion (J Plasma) for skin tightening, LaseMD™, and Radiofrequency microneedling join the list of cutting-edge technology they are now pleased to offer. They are also regarded for their experience in reconstructive microsurgical procedures, which are performed in the area's best hospitals.

Call and schedule a complimentary consultation with one of the surgeons at Plastic Surgery of Westchester and discover the next generation of excellence in plastic surgery.



DERMATOLOGY

David E. Bank, MD

THE CENTER FOR DERMATOLOGY, COSMETIC & LASER SURGERY
359 E Main Street, Suite 4G • Mount Kisco, NY
914.241.3003 • www.thecenterforderm.com

David E. Bank, MD, is the Founder and Director of The Center for Dermatology, Cosmetic & Laser Surgery, a leader in the field of medical and cosmetic dermatology, and a nationally recognized BOTOX and FILLER expert. He treats patients of all ages for skin conditions, including skin cancer, and has more than 25 years of experience in nonsurgical facial rejuvenation. He has been the principal investigator for numerous clinical trials for pharmaceuticals, including dermal fillers and treatments for acne and pre-cancerous lesions. After earning his medical degree at Columbia University's College of Physicians and Surgeons, Dr. Bank completed an internship in internal medicine at Montefiore Hospital and Medical Center and a residency in dermatology at Columbia-Presbyterian Hospital and Medical Center. He is board certified by the American Board of Dermatology, and a fellow of the American Academy of Dermatology.

Pictured: David E. Bank, MD



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Congratulate the graduate in your life with a personalized message in *Westchester Magazine*! While their graduation ceremony may be postponed, your pride in their accomplishments will be showcased for all to see.



JULY ISSUE

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2021 Dental Profiles

All Smiles

Westchester has plenty of first-rate dentists who keep things on the bright side while keeping patients healthy and safe.





GENERAL & COSMETIC DENTISTRY

Pictured: Kenneth S. Magid, DDS, FICD and Sabrina Magid-Katz, DMD

Kenneth S. Magid, DDS, FICD
Sabrina Magid-Katz, DMD

ADVANCED DENTISTRY OF WESTCHESTER
163 Halstead Avenue • Harrison, NY • 914.835.0542 • www.adofw.com

Advanced Dentistry of Westchester is as extraordinary in keeping patients safe during the COVID-19 pandemic as it is in its dental services. Beyond CDC and ADA recommendations, they create surgically clean air, use extra-oral suctions to remove and disinfect aerosols, and fog each room and themselves after every patient.

Both Dr. Kenneth S. Magid and Dr. Sabrina Magid-Katz have been named Top Dentists by *Westchester Magazine* and Consumer's Research Council of America and are faculty of Honors Aesthetics at New York University. Dr. Magid is also a Fellow of the International College of Dentists, the highest dentistry honor afforded to only 4% of dentists worldwide, and a Fellow of the American College of Dentists, offered to only 2% of U.S. dentists. Dr. Magid-Katz was named one of "Westchester's Rising 40 Stars Under 40" for leadership in treating deaf and hard-of-hearing patients and as a lecturer and Academy of Dental Sleep Medicine member with extensive experience identifying and treating snoring and sleep apnea.

To treat snoring problems, Advanced Dentistry of Westchester now offers Solea Sleep, a new laser therapy that provides rapid relief from snoring using ultra-low laser energy to tighten and stiffen the collagen in the soft palate, reducing vibrations that cause people to snore. This simple, non-surgical, non-oral appliance procedure provides relief for a year or longer, takes only 15 minutes to perform, and allows patients to return to their normal routine immediately after the office visit with no discomfort. Although Solea Sleep cannot provide relief from obstructive sleep apnea, patients will be screened and given recommendations if they have this problem.

***Voted topDENTISTS* 2009-2021**



FAMILY DENTISTRY

Gentle Family Dentistry

1117 Pleasantville Road • Briarcliff, NY • 914.923.4900 • www.briarcliffdentists.com

Stepping into Gentle Family Dentistry's warm, relaxed atmosphere is calming and comfortable in the small, intimate office where "everyone knows their name." The practice's compassion and sensitivity extend to its personalized dental care. Highly experienced general dentists Roseann Maimone, DDS, and Louis J. Greco, DDS, pride themselves on knowing all of their patients personally and an ability to communicate with patients in Spanish and Italian. Although sterilization protocols were already in place, as a result of the pandemic, additional COVID protocols such as air filtration and daily office fogging, were incorporated. The practice also never fully closed during the pandemic and remained available daily for all emergencies. From family dentistry to full mouth reconstruction, Dr. Maimone and Dr. Greco offer the full spectrum of comprehensive dental care. Patients also benefit from evening and Saturday hours and no wait time for appointments.

***Voted topDentists* 2016-2021**

Pictured, from left: Louis J. Greco, DDS and Roseann Maimone, DDS



ORAL & MAXILLOFACIAL SURGERY

Michael Graffeo, DDS
Harrison Linsky, DDS, MD

WESTCHESTER ORAL &
MAXILLOFACIAL SURGERY & IMPLANTOLOGY
2975 Westchester Avenue, Suite G02
Purchase, NY
914.251.0313
www.oralsurgeryofwestchester.com

SOUTHERN CONNECTICUT ORAL &
MAXILLOFACIAL SURGERY & IMPLANTOLOGY
1177 Summer Street, 4th Floor
Stamford, CT
203.614.8355
www.oralsurgeryofconnecticut.com

Pictured, left ot right: Harrison Linsky, DDS, MD and Michael Graffeo, DDS

Q. How would you describe your practice and the range of services you provide?

A. Westchester Oral & Maxillofacial Surgery & Implantology and Southern Connecticut Oral & Maxillofacial Surgery & Implantology offer stress-free environments in which board-certified specialists Michael Graffeo, DDS, and Harrison Linsky, DDS, MD, deliver a full range of services, from removal of wisdom teeth, bone grafting, and implants to reconstructive surgery. They also perform the "All-on-4" procedure, which is a surgical and dental solution to rehabilitate patients with severely compromised teeth or loss of teeth. From their new surgical facilities in Purchase, NY, and Stamford, CT, they provide top-quality care in state-of-the-art settings designed for patient comfort. Both doctors have been in private practice for 12 years.

Q. What type of advanced techniques and approaches can patients expect?

A. At our practice, patients can expect advanced CT technology, computer-guided implant surgical capabilities, and other innovations, as well as electronic medical records and digital X-rays to ensure readily available information. Patients of all ages receive professional, courteous service through their entire treatment. To minimize any potential anxiety, the doctors and staff are CPR certified, able to assist with IV sedation anesthesia, and provide continuous patient monitoring.

Q. Can you provide details about the background and experience of Dr. Graffeo and Dr. Linsky?

A. Dr. Graffeo received his dental degree from New York University School of Dentistry. Dr. Graffeo served as chief resident and completed four years of specialty training in Oral & Maxillofacial surgery at Lincoln Hospital, affiliated with the Weill Medical College of Cornell University. Along with being on medical staff at Westchester Medical Center, he has lectured on topics such as reconstruction, dental implantology, bone grafting, and noninvasive cosmetic surgery.

Dr. Linsky graduated from Columbia University School of Dental & Oral Surgery before earning his medical degree from The Mount Sinai School of Medicine. He served as chief resident at The Mount Sinai Hospital in New York City where he completed a one-year general surgery internship and four years of specialty training in Oral and Maxillofacial surgery. Dr. Linsky is on medical staff at Mount Sinai and lectures nationally and locally on jaw reconstruction, dental implantology, and bone grafting.

Q. Are there any additional affiliations patients should be aware of?

A. Drs. Graffeo and Linsky are both members, fellows, and diplomates of the American Board of Oral and Maxillofacial Surgery. Both doctors are members of the American Association of Oral and Maxillofacial Surgeons, American Dental Association, Ninth District Dental Association, and Connecticut State Dental Association. Dr. Graffeo has been a previous President of the White Plains Dental Forum, and Dr. Linsky was a previous President of the Westchester Shore Dental Forum. Both doctors have been ***Voted TopDENTISTS*** **2012 to 2021**



GENERAL & COSMETIC DENTISTRY

Pictured: Henry R. Russo, DDS

Henry R. Russo, DDS

RYE BROOK DENTAL ASSOCIATES, P.C.
3010 Westchester Avenue, Suite 202 • Purchase, NY
914.251.0117 • Text: 914.620.5607 • www.ryebrookdental.com

Award-winning general and cosmetic dentist, Dr. Henry Russo, in practice since 1990, says, "People don't care what you know until they know that you care." As such, Dr. Russo and his staff go to great lengths to ensure their patients' comfort. Dr. Russo uses state-of-the-art technology such as ultra-low radiation digital X-rays and electric low-noise drills to provide a full range of general and cosmetic dental services, including Zoom teeth whitening, tooth-colored fillings, crowns, bridges, porcelain veneers, root canal treatments, Invisalign braces, and laser periodontal treatment. For comfort, patients can also request nitrous oxide (laughing gas). All procedures are done in an environment where the latest infection control protocols against COVID-19 are followed to ensure your safety and good health. More detailed information can be found on the office website.

"We use the latest technology to achieve comfortable and conservative treatment," says Dr. Russo. "Many tooth-colored dental fillings can be done using minimally invasive techniques that require a fraction of the drilling needed for old-fashioned silver fillings. The end result is smaller fillings that blend seamlessly with the tooth, requiring less time in the dental chair, and with no discomfort." Also keeping with the theme of reduced treatment time and maximum comfort, Dr. Russo has the most advanced version of the Invisalign scanner. This scanner allows Dr. Russo to wave a special wand-like instrument over your teeth to capture a digital impression of your smile. This digital impression is instantly sent to Invisalign, which then simulates how your teeth will look after Invisalign treatment. You will be able to view this simulation of your new smile immediately on our computer screen. Dr. Russo offers this Invisalign simulation to all his patients. Open every day except Sunday and Wednesday, the practice, which sees both children and adults, offers patients spacious treatment rooms with large windows and cable TV. Dr. Russo, a graduate of Columbia University School of Dental and Oral Surgery, is a member of the 9th District Dental Society and the American Dental Association. ***Voted topDENTISTS* 2009-2021**



GENERAL, COSMETIC DENTISTRY & PERIODONTICS

Hinna Chaudhry, DMD

ARDSLEY DENTAL SPA
1053 Saw Mill River Road, Suite 107 • Ardsley • 914.693.1221• www.ardsleydentalspa.com

There's a good reason Hinna Chaudhry, DMD, named her practice Ardsley Dental Spa. "I wanted my practice to be as relaxing as a dental practice could possibly be to make sure patients have a good experience," she explains. To promote a Zen-like experience, the practice includes a beverage bar serving fruit-infused water, as well as a variety of teas and coffee, and features aromatherapy with alternating calming scents of lavender or peppermint to help reduce anxiety. Passionate about dentistry since the young age of nine, Dr. Chaudhry focuses on providing her patients comprehensive dental care. In addition to transforming smiles through general dentistry, including but not limited to, veneers, Invisalign, and implants, she also is experienced in treating TMJ and sleep apnea, and reducing signs of aging with Botox and fillers. The office also incorporates the latest dental technology, such as an iTero digital scanner, an all-tissue laser, and TMJ vibration analysis. Despite a full schedule, Dr. Chaudhry makes time to travel to Jamaica and Guatemala to provide services for those without access to dental care, and has a goal to set up a dental non-profit right here in Westchester.

Pictured: Hinna Chaudhry, DMD



PERIODONTICS AND IMPLANT DENTISTRY

Victor Sternberg, DMD, PC

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Briarcliff Manor, NY
914.762.1885
www.drsavemyteeth.com
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It Is Very Informative
For Your Dental Health

Pictured: Dr. Victor Sternberg and staff

Q. What makes your practice stand out from other periodontal practices?
A. Now in the fifth decade of practice, I have had the wonderful opportunity of observing for over 40 years the successful treatment for thousands of patients. My direct observations have also been augmented by fellow professionals who spent their careers learning how to save natural teeth and prevent the recurrence of periodontal disease. The single most important aspect of our dental practice is the commitment to prevention, a mantra that continues to inspire me and my team.

Q. Is tooth loss preventable?
A. Loss of teeth due to dental decay or periodontal disease is by and large preventable. Although dental implants have provided an effective way to replace missing teeth, the oral cavity can be destructive to both teeth and implants. All dental treatment can fail with a lack of emphasis and commitment to prevention. Everything we do begins with education.

Q. In what ways do you take advantage of advanced technology?
A. While we employ cutting-edge technology ranging from a perioscope, which is used to detect tartar and bacteria under the gum non-surgically effecting its removal and reversing the periodontal disease, to 3D technology, which enables us to place implants accurately and safely, our practice still focuses on the education of our patients. The newest technology aligned with experience, judgment, and compassion enables us to provide our patients with state-of-the-art treatment combined with personalized, compassionate care.

Q. When should implants be considered and what are the benefits?
A. When tooth loss is inevitable or patients present with missing teeth, our well-trained staff is able to provide the highest level of implant technology available. Whether replacing a single tooth or a mouthful of missing teeth, implant dentistry has given patients a second opportunity to enjoy a third set of healthy, aesthetic, functioning teeth. For chronic conditions such as periodontal disease, the daily effective removal of the accumulation of bacteria is critical, in the same way that diet, even with medication, is critical in managing diabetes. A multitude of time-tested treatment returns the oral cavity to a state of health and we strive to keep it that way permanently.

Q. How do you help patients who may be especially anxious?
A. Dentistry can be a frightening experience for many individuals, some of whom have avoided dentistry all of their lives. We never lose sight of the fact that patients bring a great deal of anxiety and fear to dentistry. Our staff and I focus on making any treatment we provide painless and humane, as well as extremely effective. We provide safe effective sedation for patients anxious about dental care.

Q. Has the use of implants to replace missing teeth changed in any way?
A. The concept of "Doctor, save my teeth" has expanded into "Doctor save my implant." Our first implant placed in 1988 is still functioning. However, we have learned as others have, that implants are not impervious to the onslaught of bacteria. Therefore, once placed, an implant needs to be maintained and evaluated and the patient educated so that it becomes a lifetime experience rather than a temporary one.
***Voted topDENTISTS* 2009-2021**



DENTISTRY

Jerome Loewenstein, DMD Prosthodontist
James Sullivan, DDS
Tova Nadler, DDS

100 South Highland Avenue • Ossining, NY • 914.941.0825
101 South Bedford Road • Mount Kisco, NY • 914.241.6264 • www.PrecisionArtsDental.com

Jerome Loewenstein, DMD, and James Sullivan, DDS, provide highly customized care in their cosmetic, reconstructive, and implant dentistry practice, delivering outstanding results through their combined expertise, cutting-edge office technology, and on-site laboratory. We offer state-of-the-art sterilization of the office after each patient visit. Our top priority is keeping our patients, staff and doctors and their families safe. The doctors' greatest pleasure is seeing patients with renewed confidence and vigor because of a beautiful smile and the ability to comfortably chew again. Dr. Loewenstein also replaces teeth with the latest non-invasive implant techniques. Dr. Sullivan takes special interest in Invisalign®
***Voted topDENTISTS* 2009-2021**

Pictured: Jerome Loewenstein, DMD, Prosthodontist, and James Sullivan, DDS



ORTHODONTICS

Jeffrey J. Kim, DDS

WHITE PLAINS ORTHODONTICS
Embassy Building • 90 Bryant Avenue, Suite 1C • White Plains, NY
914.415.5536 • www.whiteplainsorthodontics.com

Jeffrey J. Kim, DDS, is a graduate of Columbia University Dental School with more than 20 years of experience. "My treatment philosophy is to deliver an exceptional, individualized, caring orthodontic experience for each patient who envisions a beautiful smile that will last a lifetime," says Dr. Kim of White Plains Orthodontics. "I believe in interceptive treatments, whenever possible, to prevent more serious problems over time." Dr. Kim offers metal or clear ceramic braces and Invisalign as a Preferred Provider and uses digital radiography to minimize the amount of radiation exposure when taking X-rays. He also specializes in Accelerated Orthodontics with Invisalign for adults and teens, reducing their length of treatment time. Apart from the high-quality, comprehensive care, patients benefit from a welcoming, patient-focused environment where the entire family will feel at home, along with free consultations and flexible payment plans. As Dr. Kim says: "A smile you can afford!"

Pictured, from left: LaQuinta Woodbury; Veronica Rivera; Jeffrey J. Kim, DDS; and Rut Esquivel-Humpire



DENIS GOSTEV PHOTOGRAPHY

ENDODONTICS

Neda Rajablou, DMD, FRCD(C)

NEW ROCHELLE ENDODONTICS
77 Quaker Ridge Road, Suite 215
New Rochelle, NY
914.241.1177
www.westchesterrootcanal.com

"Endodontics is well suited to my precision style and attention to details," says Neda Rajablou, DMD, FRCD(C), "The greatest pleasure I receive after a procedure is the look of praise and gratitude in a patient's eyes." Dr. Rajablou received her dental degree from University of British Columbia and her Endodontic residency from Boston University, receiving high honors. She believes that patient comfort and satisfaction is of paramount importance. "Patients have often commented on my steady and calm demeanor with them," she notes. Her vision encompasses using a wide set of skills and clinical expertise along with the most current technologies in the field to provide patients with excellent care.
***Voted topDENTISTS* 2020 & 2021**

Pictured: Neda Rajablou, DMD, FRCD(C)



GENERAL, COSMETIC & RESTORATIVE DENTISTRY

BGM Dental

280 N Bedford Road, Suite 201b • Mount Kisco, NY • 914.266.1997 • www.bgmdental.com

Q. Please describe your practice.
A. BGM Dental is a family-oriented practice that has been offering comprehensive dental care to the community for over 45 years. Our team of dedicated dental professionals is committed to ensuring every patient's oral health and restorative needs are thoroughly addressed. Treatment options are presented to each patient in a clear understandable manner and together with the patient, we determine an appropriate plan.

Q. What do you feel separates you from other practices?
A. Our restorative team utilizes top laboratories to design and fabricate realistic, long-lasting crowns, bridges, and veneers. We are a fully digital office, providing the safest and most accurate diagnostic tools available in the industry.

We are also one of the leading Invisalign providers in the country. Invisalign is a treatment option for both teens and adults. Ben Miraglia, DDS, also offers expansive orthodontic techniques, which prevent the need for unnecessary teeth extractions. Children of all ages beginning as early as 3, qualify for this technique, which allows the jaw to grow and possibly enables them to keep their wisdom teeth in the future.

Q. What range of services are offered?
A. We offer all aspects of preventative and restorative dentistry, including fillings, fixed and removable prosthetics, as well as implant restorations. Our hygiene staff is exceptionally trained and experienced in diagnosing periodontal needs and providing routine hygiene visits with home care instructions to ensure optimal oral health.

Q. What can patients expect when receiving dental treatment through your office?
A. Patients often tell us that they're so pleased they chose our practice for their dental care. We provide a relaxed, comfortable environment to put patients at ease. We gather all information and discuss all possible treatment option taking into consideration the patients' health and budget.
***Voted TopDENTISTS* 2009-2021**

Pictured, from left: Alexandria A. Rivera, DMD; Eugene N. Goetz, DMD; Benedict R Miraglia, DDS; and John J Browne, DDS., FAGD



GENERAL DENTISTRY

Pictured, from left: Alexander Cox, DMD, FAGD; Amy Jaswal; Lisa Hurley, RDH; Tara Magnotta, RDH; and Thalia LaTorre

Alexander Cox, DMD, FAGD

SCARSDALE SMILES
1 Palmer Avenue, Suite 200 • Scarsdale, NY
914.723.1186 • www.ScarsdaleSmilesNY.com

There's so much to smile about in Scarsdale thanks to Dr. Alexander Cox and his Scarsdale Smiles team. Dr. Cox established his full-service dental practice based on experience, loyalty, and dedication. Scarsdale Smiles is proud to announce their move to a new location, breathing life back into the top floor space at 1 Palmer Avenue in Scarsdale, right in the Balducci's Plaza. The beautiful, larger new space and central location was designed for comfort, convenience, and technology, making it easy to implement the safety enhancements and protocols needed for this unprecedented time. The same wonderful team continues to offer the best dental care, ensuring that every patient gets the personal attention they deserve.

Dr. Cox graduated from the Rutgers School of Dental Medicine before serving as a member of the U.S. Navy, where he completed his residency and two years as a dentist aboard the USS Eisenhower. Although seriously passionate about dentistry, the Scarsdale Smiles team is always smiling and having fun while caring for their loyal family of patients. Dr. Cox focuses on gentle, comprehensive family dentistry with services ranging from routine fillings to more complex crowns, veneers, implant restorations, and cosmetic makeovers. His periodontal hygienists pride themselves in providing the most comfortable care imaginable. With cutting-edge technologies, such as digital X-rays, intraoral cameras, 3-D X-rays, and dental lasers, along with an intense commitment to continuing education, Dr. Cox provides the highest quality dental care possible. ***Voted topDENTISTS* 2009-2021**



ORTHODONTICS

Merissa Blais, DDS

BLAIS ORTHODONTICS, PC
2 Overhill Road, Suite 300 • Scarsdale, NY • 914.472.9595 • www.blaisortho.com

"I can't think of any other profession as satisfying as Orthodontics & Dentofacial Orthopedics," says Merissa Blais, DDS. "It's not just about the teeth, it's about creating balanced faces and beautiful, radiant smiles at any age!" Dr. Blais trained at Columbia School of Dental Medicine and completed her residency at the University of Pennsylvania, receiving high honors. She treats both children and adults to the highest standard utilizing the newest technology, and focuses on the whole patient. "Every patient is treated with the utmost care and a very gentle, friendly touch that eases any fear," she says. Dr. Blais is trained in both early interceptive and adult interdisciplinary orthodontics. Respectful of her patients' schedules, Dr. Blais follows a no-wait policy for appointments and offers evening hours to minimize school/work absence. She aims to make the entire orthodontic process as smooth as possible. ***Voted topDENTISTS* 2020 & 2021**

Pictured: Merissa Blais, DDS



FAMILY & COSMETIC DENTISTRY

Pictured: Frank Bottini, DMD, AEGD

Frank Bottino, DMD, AEGD

MINT KISCO DENTAL
195 N Bedford Road, Suite 7 • Mount Kisco, NY
914.241.5555 • www.mintkiscodental.com

"Dentistry changed my life and I'm devoted to paying it forward," says Dr. Frank Bottino, founder of Mint Kisco Dental. Nearly 20 years ago he was hit by a car while riding a bicycle and shattered his front teeth. "I really thought the damage was so bad that I would never be able to smile or eat comfortably again," he explains. Miraculously enough, he found a dentist that not only repaired his teeth, but restored his confidence and inspired him to become a dentist.

Dr. Bottino opened his new office earlier this year. "I signed the lease to my space right before the pandemic, but rather than panic, I took the time to create something that is a reflection of everything I stand for," he says. From designing a logo that defines the practice's "mint" core values ("M" for meticulous, "I" for integrity, "N" for nurture, and "T" for transform), to planning every square inch of the office with pen and paper, Mint Kisco Dental is the freshest office in Westchester. His comprehensive family dentistry practice provides the full range of services from preventive care to cosmetic dentistry and everything in between.

"Anyone who knows me or has been to my office, knows that I went all in," he says. To Dr. Bottino, dentistry isn't merely a job, it's a passion with which he is wholeheartedly dedicated. Whether it's helping someone overcome their anxiety or simply teaching them how to brush better, Dr. Bottino's goal is to positively impact every patient with each visit.

***Voted topDENTISTS* 2019**



AESTHETIC DENTISTRY

Dana Keiles, DMD
Seth Keiles, DMD

NORTHERN WESTCHESTER DENTAL CARE
3505 Hill Blvd, Suite F • Yorktown Heights, NY • 914.245.3103 • www.NWdentist.com

There is something so unique about Northern Westchester Dental Care. Voted Top Dentists 10 years in a row, people say they feel welcome from the moment they call. The doctors, along with their expert, friendly team of oral surgeons, endodontist, and orthodontist deliver customized and comprehensive care. The doctors say, "We treat patients, not teeth." All of the clinicians are highly skilled: Seth Keiles, DMD, is focused on general and esthetic care; Dana Keiles, DMD, is fellowship-trained in oral medicine with an emphasis on phobic patients, smile design, and medically-complex patients. The office treats patients awake or with IV sedation, oral sedation, or nitrous oxide. NWDC has state-of-the-art technology that can create a healthy smile in a few short visits utilizing same-day CEREC crowns, lasers, and digital imaging. We are certain you will feel confident that the office is a clean and safe environment that exceeds all CDC and OSHA standards. ***Voted topDENTISTS* 2011-2021**

Pictured: Dana Keiles, DMD, and Seth Keiles, DMD



COSMETIC DENTISTRY

Robert Rioseco, DMD, FAGD, AAACD

THE CENTER FOR COSMETIC DENTISTRY
147 Underhill Avenue • West Harrison, NY
914.761.8229 • www.zendentist.com

For more than 20 years, Dr. Robert Rioseco has been helping patients achieve the straightest, whitest, and healthiest teeth possible. Dr. Rioseco delivers top-level restorative and rehabilitative dentistry efficiently and comfortably. The Center for Cosmetic Dentistry is a destination for patients seeking veneers, full-mouth rehabilitation, and crowns that are computer-milled and installed on-site in about one hour, and for doctors worldwide to learn about innovative procedures. The practice is fully equipped for COVID-19 infection control, with the latest in air purification and vapor control in place and ready to go. An alumnus of Tufts University and Boston College, Dr. Rioseco holds an Academy of General Dentistry fellowship, has completed the Masters Level at the Rosenthal Institute of Aesthetic Dentistry at NYU College of Dentistry, and has trained extensively in CEREC computer-aided dentistry. Dr. Robert Rioseco is Westchester's first accredited member of the American Academy of Cosmetic Dentistry. ***Voted topDENTISTS*** **2009-2021**

Pictured: Robert Rioseco, DMD, FAGD, AAACD



FAMILY DENTISTRY

Anthony DeBenedictis, DDS

51 W. Grand Street • Mount Vernon, NY
914.665.1121 • www.debenedictisdds.com

Welcome to the family practice of Dr. Anthony DeBenedictis, known for providing honest and dedicated dental treatment for more than 25 years. Fluent Spanish and Italian are spoken here! In-house specialists, including a prosthodontist, periodontist, and orthodontist staff this bustling practice. The clean modern office features all the latest equipment and technologies — from digital X-rays that emit less radiation, CEREC restorations for single-visit crowns, Zoom whitening, Invisalign clear braces, Implants, service of Solea laser for injection free fillings and much more — yet treatment is always gentle and painless in a relaxed atmosphere. A graduate of NYU College of Dentistry with Honors, and a member of OKU Dental Honor Society, Dr. DeBenedictis has been specialty trained in Prosthodontics at Montefiore Hospital. He has been Prosthodontic Attending at St Barnabas Hospital for 25 years and currently holds a position at Jacobi Medical Center.
Voted topDENTISTS **2009-2021**
Pictured: Anthony DeBenedictis, DDS



PEDIATRIC DENTISTRY

Pictured, standing, from left: Emelie Preis, DDS, and Penny Resnick-Graulich, DMD
Sitting, from left: Fatima Shtivelman, DDS, and Danya Mermelstein, DMD

Main Street Pediatric Dentistry

115 Main Street • Tuckahoe, NY
914.633.4440 • www.mainstreetpediatricdentistry.com

Will your kids love coming to the dentist? If you take them to Dr. Penny (as children refer to Penny Resnick-Graulich, DMD, Main Street Pediatric Dentistry), chances are excellent that they will. "We make it a really fun environment, and the kids like coming here," says Dr. Penny. "We tell them about a procedure, then show them, and then do it," she says of her "tell, show, and do" desensitization process. "Nothing is scary."

Dr. Penny and her associates Dr. Emelie, Dr. Danya, and Dr. Fatima do preventative and restorative dentistry. Dr. Penny established the practice in 1984 after graduating from University of Pennsylvania Dental School and New York University Dental School with a specialty in pediatric dentistry. Dr. Emelie received her training and DDS from Columbia University School of Dental ad Oral Surgery along with a residency at the University of Virginia and Maimodes Medical Center. Dr. Danya received her DMD from Rutgers University School of Dental Medicine, followed by a pediatric specialty residency at Tufts University School of Dental Medicine. After earning a DDS degree from SUNY Buffalo School of Dental Medicine, Dr Fatima completed a residency at Staten Island University Hospital. The entire office is designed to help patients from ages 1 to 22 years, including children with special needs, have a happy experience at the dentist. "We are wheelchair accessible and our staff is trained to provide uncompromising care for every child," Dr. Penny notes.

***Voted topDENTISTS* 2009-2021**



FAMILY DENTISTRY

Michael Swirsky, DDS

SWIRSKY FAMILY DENTISTRY PLLC
9 Railroad Way • Larchmont, NY • 914.834.9513 • www.swirskyfamilydentistry.com

From your first visit at the office of Michael Swirsky DDS, you will see a commitment to high-quality comprehensive dental care. The practice strives to create a fearless, pressure-free environment using an evidence-based approach to restorative, cosmetic, implant, and preventative dentistry. The office uses the finest materials and latest technologies, emphasizing prevention and patient education.

With a complete renovation and implementation of many new technologies and protocols, the office has increased its already strong commitment to infection control to keep its patients safe, especially in light of current challenges.

Dr. Swirsky graduated magna cum laude from the University at Buffalo, was inducted into the Omicon Kappa Upsilon national dental honor society, and completed a residency at Westchester Medical Center. Dr. Swirsky stays at the forefront of dentistry through extensive continuing education, multiple study groups, and as a clinical evaluator for CR Foundation. ***Voted topDENTISTS* 2016-2021**

Pictured: Michael Swirsky, DDS



FAMILY & COSMETIC DENTISTRY

Puja Taneja, DDS

DENTAL HORIZONS OF WESTCHESTER, PC
388 Westchester Ave, Suite 1M • Port Chester, NY • 914.939.3413 • www.pujataneja.com

Dr. Puja Taneja knew from an early age that she wanted to be a dentist. As a child, she spent many hours in her father's dental practice, seeing the personal relationships he developed with his patients and the respect they had for him. She tries to continue the same philosophy at her practice, treating each patient as an individual and working with them to develop the comprehensive treatment plan that best suits their distinctive needs. Compassionate and caring, the welfare of her patients is of paramount importance to her. Dr Taneja has lived and practiced in India, California, Colorado, and New York, which has provided exposure to many different conditions and a unique understanding of the most effective treatment plan in any situation. She sees patients of all ages and provides a range of family and cosmetic dentistry, including porcelain veneers and Invisalign.
***Voted topDENTISTS* 2018-2021**

Pictured: Puja Taneja, DDS



ORTHODONTICS

Stephen L. Herzberg, DDS

1255 North Avenue • New Rochelle, NY • 914.632.2955 • www.drherzberg.com

Board Certified Orthodontist Stephen L. Herzberg, DDS, has been helping patients transform their smiles with braces and orthodontic treatment since 1989. When patients step into the office, they are treated like family while receiving world-class, high-tech orthodontic treatment within a small practice setting. Patients can count on a smile solution that relies on the most advanced orthodontic technology, including a state-of-the-art iTero optical scanner that produces an accurate reproduction of their teeth. This technology can be used to create everything from traditional retainers and auxiliary appliances for ceramic and metal braces to higher tech lingual braces that attach to the back of the teeth instead of the front, and Invisalign aligners. Ultimately, patients know that in choosing Dr. Herzberg, they not only benefit from his expert skills, but also his compassion and kindness along with flexible scheduling, including evenings and weekends. ***Voted topDENTISTS* 2009-2021**

Pictured: Stephen L. Herzberg, DDS



GENERAL DENTISTRY

Jessica M. Bonifate, DDS, PC

BRONXVILLE FAMILY DENTAL
One Pondfield Rd • Bronxville, NY • 914.337.8430 • www.bronxvillefamilydental.com

Bronxville Family Dental is a full-service dental practice led by Jessica M. Bonifate, DDS, offering comprehensive treatment to the entire family within a calm, compassionate environment. Dr. Bonifate believes in a collaborative approach to dentistry. "I think it's important to keep patients informed so that they can make educated decisions about their treatment," she explains. "A dental office can be intimidating and I believe creating a more familiar atmosphere can help alleviate a patient's anxiety." That includes offering oral conscious sedation, if needed, to keep patients comfortable. A graduate of NYU and SUNY at Buffalo, School of Dental Medicine, Dr. Bonifate is trained in all phases of dentistry and state-of-the-art treatment options. Focused on providing the highest standard of care, Dr. Bonifate enthusiastically pursues local and national continuing education to stay on the cutting edge of evolving techniques.
***Voted topDENTISTS* 2018-2021**

Pictured: Jessica M. Bonifate, DDS



GENERAL, RESTORATIVE & COSMETIC DENTISTRY

Standing, from left to right: Anne Biggers, Patient Coordinator; Ronald G. Worth, DDS, FAGD; Sylvia Alfini, Office Manager; and Debra Registered Dental Hygienist. Seated, from left to right: Sharon Erickson, Dental Assistant; and Lara Pakiakis, Registered Dental Hygienist.

Ronald G. Worth, DDS, PC

HUDSON VALLEY DENTAL MEDICINE
1983 Crompond Road • Cortlandt Manor • 914.737.5421
www.hudsonvalleydentalmedicine.com

Named by *Westchester Magazine* Top Dentist since 2012, Ronald G. Worth, DDS, of Hudson Valley Dental Medicine, strives toward a standard of excellence in comprehensive personalized dental care, providing the highest quality dental services in a family oriented, comfortable, and caring environment. Dr. Worth and his excellent team of highly trained and skilled professionals and clinicians have cultivated the practice into a premier dental destination. Dr. Worth is devoted to restoring and enhancing the health and natural beauty of your smile using conservative, state-of-the-art procedures and advanced technologies for beautiful, long-lasting results.

Dr. Worth is committed to learning and continuing education to stay informed of new techniques, the latest products, and the newest equipment a modern dental office can offer. This includes the latest addition of a Primescan Digital Scanner, which provides state-of-the-art images to eliminate traditional tray impressions when making porcelain crowns, implant prosthetics, and night guards. The nurturing welcoming staff is without parallel in providing helpful services and support. When you come to Hudson Valley Dental Medicine, you will leave with a wonderful looking smile and optimal dental health.

The practice has implemented progressive protocols above and beyond the CDC and ADA recommendations, including chairside air evacuators, touchless fixtures, and converting to a paperless office to maintain a safe environment for patients and staff.

***Voted topDENTISTS* 2012-2021**



ORAL & MAXILLOFACIAL SURGERY

Scarsdale Oral Surgery

1075 Central Park Avenue, Suite 207, Scarsdale, NY
914.472.5252 • www.scarsdaleoralsurgery.com

Scarsdale Oral Surgery is a comprehensive oral surgery practice led by board certified surgeons Dr. Evan Chafitz and Dr. Timothy Leung. The practice focuses on providing office-based procedures, using state-of-the-art technology to provide implant surgery, bone grafting, dental extractions, wisdom teeth extractions, in-office anesthesia and sedation, and surgically assisted orthodontic procedures for patients receiving braces. To provide the best surgical results, our practice offers the most recent advances in technology that include intraoral 3D scanning, digital 3D X-rays, navigation surgery, and CAD/CAM production of surgical guides and temporary teeth. The practice focuses on providing personalized and efficient patient care six days a week. Our doctors also teach internationally and are on staff at leading academic institutions, including NewYork-Presbyterian Hospital, Weill Cornell Medicine, and Touro College of Dental Medicine. Together, our experienced surgeons, our technology, and our in-house computer-assisted manufacturing capabilities allows us to be at the forefront of dental implant surgery, while keeping our fees reasonable. ***Voted topDENTISTS* 2009-2021**

Standing, left to right: Dr. Matthew Lalli, Dr. Evan Chafitz, and Dr. Timothy Leung. Seated: Dr. Heather Fugazy



GENERAL & COSMETIC DENTISTRY

Gina F. Delia, DMD

DELIA DENTISTRY
25 Main Street • Hastings-on-Hudson, NY
914.478-0277 • www.deliadentistry.com

Gina F. Delia, DMD, always envisioned a dental practice that provided personalized, advanced care in a friendly, relaxed, and professional environment. That's exactly the practice she created and continues to support with her long-term motto: "A Healthy Mouth with a Bright Smile." "I love that it allows me to combine healing with creative arts," Dr. Delia explains. "I really enjoy developing long-term patient relationships and I take pride in providing a comprehensive network of support with other specialists." Dr. Delia also serves as an Assistant Clinical Professor at Columbia University College of Dental Medicine.
***Voted topDENTISTS* 2009-2021**

Pictured: Gina F. Delia, DMD



MAXILLOFACIAL & DENTAL IMPLANT SURGERY

Greenwich & Darien Oral Surgery

3010 Westchester Avenue, Suite 306, Purchase, NY • 914.253.9088
23 Maple Avenue, Greenwich, CT • 203.661.5858
6 Thorndal Circle, 1st Floor, Darien, CT • 475.328.8500
www.greenwichoralsurgery.com • wwwdarienoralsurgery.com

With three offices, Greenwich Oral Surgery/Darien Oral Surgery makes it easy and convenient for patients to access top-notch care. Doctors Joseph Wallace, Thomas Wilson, Brett Zuckman, and Garrick Alex provide the full scope of oral and maxillofacial surgical procedures, including wisdom teeth extraction, dental implants, bone grafting, pediatric procedures, and TMJ treatments. Additional expertise includes corrective jaw surgery, facial trauma, and oral pathology.

This practice prides itself on utilizing the newest and highest quality technological equipment and individualized attentive care. Patients frequently benefit from the practice's collaborative nature. Diagnostic consultations and surgical procedures may receive attention from all four Board Certified surgeons. Patient education and comfort are paramount, and consultations are conducted at a relaxed pace. Our doctors are extremely accessible by phone or page seven days a week. Many procedures are performed in the state-of-the-art Greenwich, CT; Purchase, NY; and Darien, CT, settings with IV anesthesia. Non-office based procedures are performed at Columbia Presbyterian Medical Center and at Greenwich Hospital. ***Voted topDENTISTS* 2009-2021**

Pictured, from left: Garrick Alex, DDS, MD; Thomas Wilson, DDS, MD; Brett Zuckman, DMD; and Joseph Wallace, DDS



ENDODONTICS

Pictured: From left, Arielle Chassen Jacobs, DMD, and Veena Ramesh, DMD

Scarsdale Endo

ARIELLE CHASSEN JACOBS, DMD, PC
14 Harwood Court, Suite 510 • Scarsdale, NY • 914.713.5113 • www.scarsdaleendo.com

Our wonderful team at Scarsdale Endo, specializes exclusively in the diagnosis and treatment of endodontic infections, while maintaining the highest standard of infection control. Arielle Chassen Jacobs, DMD, and Veena Ramesh, DMD, provide care that's personal, respectful, and clinically uncompromising. The practice offers a full array of endodontic procedures, including root canal therapy that helps save natural teeth and prevent the need for dental implants; endodontic microsurgery; treatment following traumatic injuries; and internal bleaching. Dr. Jacobs attended the University of Pennsylvania for her DMD, completed endodontics specialty training at Tufts University School of Dental Medicine, and has become a Diplomate of the American Board of Endodontics. Dr. Ramesh received dental training at Boston University and specialty training at NYU College of Dentistry, achieving the Dean's List for academic excellence. Both Dr. Jacobs and Dr. Ramesh are committed to remaining knowledgeable about best-care practices and advanced technology.
***Voted topDENTISTS* 2009-2021**



PEDIATRIC DENTISTRY & ORAL SURGERY

Pictured: Vali Mohammadi, DMD, Jackqueline Dikansky, DDS. Not pictured: Neeti Sharma, DDS.

Vali Mohammadi, DMD

SUMMERFIELD PEDIATRIC DENTISTRY & ORAL SURGERY
188 Summerfield St, Scarsdale, NY
914.472.2929 • www.spdkids.com

Summerfield Pediatric Dentistry & Oral Surgery (SPD) has been making smiles brighter and healthier since 2010. Led by Vali Mohammadi, DMD, as the clinical director, the practice offers unparalleled patient-centered pediatric dental care for infants, children, and adolescents in a fun, child-friendly environment. A fully comprehensive state-of-the-art pediatric practice, Summerfield Pediatric Dentistry provides a full scope of services, from wellness to emergency care to dental trauma and pediatric oral surgery, as well as dentistry for children with developmental disabilities, cognitive delays, and complicated medical conditions. In addition, the office provides general anesthesia administered by an experienced anesthesiologist for children who may be extremely anxious or in need of complicated treatment.

Dr. Mohammadi (Tufts School of Dental Medicine graduate) brings extensive surgical training and 17 years of experience in treating dental infections, oral soft tissue disorders, and lesions using laser surgery, as well as lip and tongue tie surgery and oral soft tissue surgery. Every product used in the practice, from sterilization to dental filling materials, is chosen to minimize toxic exposure to young patients. As part of its effort to create an exceptionally positive dental experience, the practice prides itself on building self-esteem along with beautiful and healthy smiles. In an effort to accommodate its expanding patient population, the practice now includes Dr. Jacqueline Dikansky (Yale University graduate) and Dr. Neeti Sharma (New York University graduate). As a testament to its extraordinary dental care, the practice will also be the future home of the Westchester Tongue Tie Center. ***Voted topDENTISTS 2020, 2021***



PEDIATRIC DENTISTRY

Gina Lodolini, DDS *Voted topDENTISTS* 2020 & 2021
Neil Capolongo, DDS
Maritza Bianchi, DDS *Voted topDENTISTS* 2020 & 2021

KIDS ARE GREAT, A DIVISION OF CAREMOUNT DENTAL
241 Lexington Avenue • Mount Kisco, NY • 914.242.2000 • www.kidsaregreat.com

At Kids Are Great, a division of CareMount Dental, we provide quality dental care to children in a comfortable and stress-free environment. Led by Dr. Gina Lodolini and Dr. Neil Capolongo, with Dr. Maritza Bianchi, this office specializes in pediatric dentistry as well as orthodontic services. As your trusted oral health team, we are committed to providing our patients with high-quality dental care. Through a clinical affiliation with CareMount Medical Group, CareMount Dental is at the forefront of medical and dental integration. We believe that teaching proper oral health to young patients will set them on a path to great oral hygiene and overall health. In turn, these healthy habits will help prevent issues in the future.

Pictured, from left to right: Gina Lodolini, DDS, Neil Capolongo, DDS, and Maritza Bianchi, DDS



Evan Wetzler, DDS, PLLC

200 Veterans Road, Building B, Suite 8 • Yorktown Heights, NY
914.245.1550 • www.PerioWestchester.com

Dr. Evan Wetzler brings a passionate commitment to his periodontal and dental implant practice. A consultation with Dr. Wetzler, an expert in diagnosing and treatment planning, includes a discussion of the benefits of your treatment options, such as saving teeth, reversing gum recession, and placing implants. "We employ the most advanced technology for our patients' health and comfort," explains Dr. Wetzler. Trained at New York University, he has been placing implants for over 30 years. For accurate diagnoses and treatment, he utilizes the latest in 3D imaging. "The loss of one or multiple teeth impacts daily life," asserts Dr. Wetzler. "Dental implants — anchors for replacement teeth and fixed or removable bridges — are ideal solutions for tooth loss. Implants give people absolute confidence in their appearance, and comfort when speaking, eating, and smiling." ***Voted topDENTISTS*** **2009-2021**

Pictured: Evan Wetzler, DDS, PLLC



Tornatore Family Dental, PC

657 White Plains Road • Eastchester, NY
914.779.9100 • www.TornatoreFamilyDental.com

Four children, one family dental practice, and 26 years of treating patients and focusing on quality and safety… Meet Drs. Robert and Carla Tornatore, who provide family dentistry in a unique ground-floor home-office setting that keeps patients safe in the current challenging environment. "To reduce the spread of airborne bacteria and viruses, our extremely sterile dental environment includes an air purification system and extraoral dental suction system that removes the aerosol particles produced during dental treatments," Dr. Robert says. As the pediatric dentist, Dr. Carla offers eco-friendly, computerized X-rays for kids, toddlers to college bound. Dr. Robert, who provides top-quality general and cosmetic dentistry, utilizes 3D CEREC/digital imaging for crowns or porcelain veneers in one visit, and a Solea Laser for soft and tooth tissue preparation and drill-less cavity treatment. Tornatore Family Dental will safely guide your family through challenging times to a lifetime of beautiful smiles. ***Voted topDENTISTS*** **2014-2021**

Pictured: Robert Tornatore, DDS, and Carla Tornatore, DDS



Narmatha Sinnarajah, DDS

RYE PEDIATRIC DENTISTRY
130 Theodore Fremd Avenue, Suite M2 • Rye, NY
914.967.0000 • www.ryekids.com

Narmatha Sinnarajah, DDS, believes the most important job of a pediatric dentist is to prepare a child early to enjoy lifelong dental health. "We take our time with children and make them feel comfortable," she explains. "A good first visit will ensure a positive future experience." Dr. Sinnarajah is a board-certified pediatric dentist who received her training at Columbia University. This specialty training enables her to care for the most apprehensive children, as well as those with special needs. She also is an Assistant Clinical Professor at Columbia University where she teaches both dental students and residents. Services offered at Rye Pediatric Dentistry include preventive and restorative dentistry, trauma management, space maintenance, and restorative treatment for those with advanced needs (nitrous oxide, moderate sedation, deep sedation, and general anesthesia). The office is designed to make the dental visit fun—our goal is to make your child's experience a happy one! ***Voted topDENTISTS*** **2018-2021**

Pictured: Narmatha Sinnarajah, DDS



COSMETIC DENTISTRY

Pictured, Stacie Calian, DDS, MPH, MS

Stacie Calian, DDS, MPH, MS

SMILE DESIGN DENTAL SPA
39 Smith Avenue • Mount Kisco, NY
914.752.4716 • www.smiledesigndentalspa.com

If there were a single definition of what constitutes a perfect smile, it would be a lot easier to achieve. That's why improving smiles has been a primary focus of cosmetic dentist Stacie Calian, DDS, MPH, MS, owner of Smile Design Dental Spa in Mount Kisco. A leader in smile makeovers, including President of the Greater New York Academy of Cosmetic Dentistry, Dr. Calian has many options to improve the smiles of her patients, including a scalpel-free facelift — single-day, painless procedure that reduces wrinkles around the upper lip and mouth, resulting in a younger, refreshed appearance.

"We also now offer The Prettau Implant Bridge, a major step forward in restorative dentistry and the longest lasting, most effective way to replace missing teeth," says Dr. Calian. An ideal solution for addressing broken crowns, failing root canals, gum disease, or loose or ill-fitting dentures, these dental bridges are supported by dental implants (artificial tooth roots surgically placed into the jawbone and gum tissue), that provide an incredibly secure hold. The artificial teeth are made from zirconia, an extremely durable and natural-looking material. Dr. Calian's practice, which includes an oral surgeon, an orthodontist, and an endodontist, has also achieved the Platinum Invisalign Provider, placing it in the top 5 percent of experienced Invisalign providers.

Voted topDENTISTS 2009-2021



GENERAL DENTISTRY

Madhavi Chaudhari, DMD
Paul Grunseich, DDS

WESTDENTAL
244 Westchester Avenue, Suite 401 • White Plains, NY • 914.681.0335
216 Market Street • Yonkers, NY • 914.639.3200 • www.westdentalny.com

At WestDental, our state-of-the-art White Plains and Yonkers offices provide expert general and cosmetic dentistry services to patients. We educate, promote, and provide patients with proper oral healthcare as an integral step in their overall health. We encourage them to live healthier and more productive lives. With over 35 years of experience, Dr. Paul Grunseich spearheads the Yonkers office. Our White Plains office is led by Dr. Madhavi Chaudhari, who has over 20 years of experience and is certified in Invisalign. We are committed to providing our patients with high-quality oral healthcare. Through a clinical affiliation with Westmed Medical Group*, WestDental is at the forefront of medical and dental integration.

**Westmed and WestDental remain separate legal entities that are solely responsible for the care of their patients.*

Pictured: Madhavi Chaudhari, DMD, and Paul Grunseich, DDS



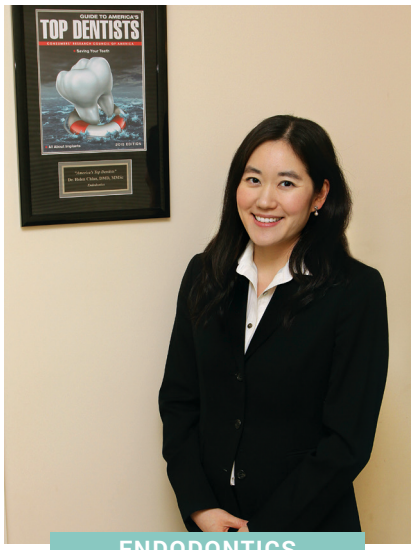
GENERAL & COSMETIC DENTISTRY

Michael Mayers, DMD, AAACD
Leyla Nakisbendi, DMD

MAYERS & NAKISBENDI DENTAL ASSOCIATES
280 Mamaroneck Avenue, Suite 203 • White Plains, NY
914.328.0163 • www.smiles4families.com

There are personal partnerships and there are business partnerships. Then there are partnerships that combine both. Partners in life and work, this husband-and-wife dental team has been in practice in White Plains for 27 years. Together, their partnership covers comprehensive dental care for the entire family. Drs. Mayers and Nakisbendi are dedicated to the long-term health and well-being of their patients. As in marriage, they each bring special gifts and talents to their dental practice. Known for his artistry and craftsmanship, Dr. Mayers, a skilled cosmetic dentist, is one of only two Westchester dentists to be accredited by the American Academy of Cosmetic Dentistry. With her incredible child-whisperer gentle magic, Dr. Nakisbendi is able to treat children's dental needs in a safe, child-focused environment. In addition to applying the latest dental technology, they believe their most important tools to be their caring approach to dentistry through their extensive clinical skills and what they like to call their "good old-fashioned doctor-patient relationships," an approach that ensures the return of loyal patients. ***Voted topDENTISTS* 2019-2021**

Pictured: Michael Mayers, DMD, AAACD and Leyla Nakisbendi, DMD



ENDODONTICS

Helen Chiao, DMD, MMSc

LIBERTY ENDODONTICS
120 E Hartsdale Avenue, Ste 1S • Hartsdale, NY • 914.713.4622 • www.LibertyEndodontics.com

Dr. Helen Chiao is a leader in adopting state-of-the-art "COVID safe" technologies to keep everyone safe during this pandemic. Dr. Chiao focuses on quality-centered, positive patient-oriented "root canal" services, equipped with the most up-to-date patient care technologies for addressing dental infection and pain. With over 15 years of experience and possessing exceptional microsurgical endodontic clinical skills, Dr. Chiao believes dentistry is a specialty of medicine and carefully considers patients' overall health. Dr. Chiao received her Doctor of Dental Medicine, Master of Medical Science (Oral Biology), and endodontics certificate from Harvard School of Dental Medicine, and medical training from the Harvard Medical School. Following the motto "Freedom from tooth pain," Liberty Endodontics offers emergency appointments with and without referrals. Dr. Chiao treats and respects children and adults from all walks of life. It matters, both clinically and psychologically, where you get your first root canal experience — Liberty Endodontics looks forward to exceeding your expectations.

***Voted topDENTISTS* 2018-2021**

Pictured: Helen Chiao, DMD, MMSc



GENERAL & COSMETIC DENTISTRY

Paul L. Giotopoulos, DDS

SMILE DOCTOR DENTISTRY
77 Quaker Ridge Road, Suite 206 • New Rochelle, NY
914.819.5321

In life and work, Dr. Paul Giotopoulos is a consummate artist. His award-winning artistic life passions span dentistry, glassblowing, volunteering, and philanthropy. With comprehensive training in complex and esthetic dental treatment, he provides comprehensive and compassionate care to patients of all ages. His dental services range from general and preventative dentistry to porcelain laminates, state-of-the-art dental implants to full-mouth smile makeovers. He shares his expertise by teaching at New York University, including its post-graduate international esthetics program. Dr. Giotopoulos also pursues his long-time passion for the artistry of glassblowing and makes time to give the gift of his time and services to those in need in Nicaragua and Guatemala. He serves as an ambassador for the Open Wide Foundation, a charitable dentistry-based group providing care in Guatemala. Proceeds from his blown glass art also are donated to support better oral health in Guatemala. ***Voted topDENTISTS* 2009-2021**

Pictured: Paul L. Giotopoulos, DDS



PROSTHODONTICS AND IMPLANT DENTISTRY

Jin Sub Oh, DMD, MS

ELIM DENTAL
359 E Main Street, Suite 2E • Mount Kisco, NY • 914.242.3906 • www.elimdental.com

Q. Why should patients choose Elim Dental for their dental care?
A. Elim Dental is known for providing high-quality comprehensive dental care. As a specialist with advanced training in cosmetics, restorative, and implant dentistry I am able to address your dental care needs, particularly related to prosthodontics and dental implants.

Q. Can you describe the scope of dental care you provide?
A. Whether you are suffering from a missing tooth, uncomfortable bite, unconfident smile, or a toothache, I can address your dental problems. At Elim Dental, you can expect the latest technologies and materials to treat every patient with the highest standard of care. Our extensive treatments include, but aren't limited to, full mouth rehabilitation, dental implants, crowns, veneers, fixed bridges, aesthetic filings, and dentures.

Q. What qualities are important for high-quality dentistry in this specialty area?
A. I believe there are three essential requirements to providing the highest quality of dental care to patients. First, the knowledge, training, and experienceare needed to provide an accurate diagnosis and meticulous treatment planning. Second, it is important to have the skilled hands, right technologies, and proven materials to deliver safe and predictable treatments. And, third, in my opinion, it is necessary to have the heart and the patience to guide and educate patients so that they can improve their oral health and achieve optimal dental conditions.

Q. What does your specialty training include?
A. I received my dental degree from Tufts University after which, I completed my three-year prosthodontics residency at Columbia University. Prosthodontics is a specialty focus in the esthetic restoration and replacement of teeth and restoring the optimum appearance and function of one's smile. I also received a two-year advanced surgical training in implantology at Columbia University. I was very fortunate to train with an internationally renowned team of experts in the field of implantology.

Q. What has changed in your practice since COVID-19?
A. Infection control and our commitment to the safety of our patients has always been a top priority for Elim Dental. Our office has been following infection control recommendations from the American Dental Association (ADA), the U.S. Centers for Disease Control and Prevention (CDC), and the Occupational Safety and Health Administration (OSHA). Details of the new rulings and guidance are provided in detail in a letter to patients explaining how our office has responded to the COVID-19 pandemic.

Pictured: Jin Sub Oh, DMD, MS

La Botte

Italian Fine Dining at it's Best

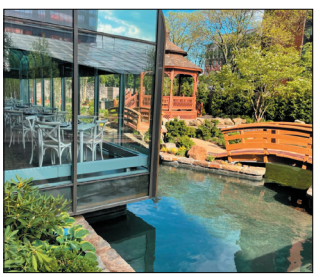
One step into La Botte and you will forget you're in downtown White Plains. The beautiful dining room boosts understated elegance while providing a comfortable setting to welcome guests with warm hospitality. La Botte serves traditional Northern Italian comfort food that has been adapted for the contemporary pallet without compromising the authenticity of the cuisine, which becomes a must to the loyal upscale Westchester Clientele. Our Italian born Chef Nazareno Daniele is committed to producing Northern Italian gastronomy to the use of authentic ingredients and to keeping the tradition of Italian culture and hospitality, vibrant and passionate. Make yourself comfortable at the expansive bar with an after-work creative cocktail, where Happy Hour is served Tuesday-Friday from 3pm-6pm. Feeling al-fresco? Reservations are highly recommended for the popular patio. With creative options and classic favorites, you can't miss a meal at La Botte! Plenty of free parking available next door in the Seasons garage. Benvenuti!



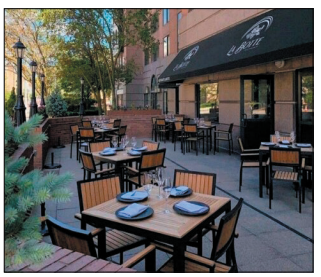


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La Botte is a hidden gem tucked away in downtown White Plains. Our private dining room area can be arranged comfortably to accommodate guests for the perfect level of intimacy for gatherings of any size. Designed to beautifully coexist with its natural surroundings. The event dining room is naturally lit through a series of windows facing a beautiful garden with koi pond. Work with us to create a memorable, one-of-a-kind experience by offering your guests a customized menu paired with excellent wine and access to our garden for the most exquisite backdrop. We are open for Lunch and Dinner from Tuesday through Sunday. Please contact us to plan your standing or seated reception events in a style that reflects La Botte's spirit of hospitality and careful attention to detail.

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eat & drink

EDITED BY
John Bruno Turiano



PHOTO COURTESY OF DINH DINH KITCHEN

PREVIEW

Curry Favor

An American base with Southeast Asian influences is how chef/owner Brian Candee, formerly partner at the Village Social Group, describes his menu at Dinh Dinh Kitchen. Pictured is the veggie coconut curry, with jasmine rice, crispy shallots, cashews, lime, and Thai basil. See what else to expect from this new Bedford Hills restaurant on the next page.





PHOTOS COURTESY OF DINH DINH KITCHEN

Clockwise from top left: the interior is sparingly decorated; spices including red chilis, red pepper flakes, and star anise are common in Southeast Asian cooking; tamarind-glazed salmon has glass noodles, bok choy, tomatoes, and cashews in a chili-citrus sauce.

PREVIEW

Dinh Dinh Kitchen

750 N Bedford Rd, Bedford Hills;
914.772.1967;
www.dinhdinhkitchen.com



As so many other restaurateurs did last year, Brian Candee pivoted. Moving from operating partner for the Village Social Group, responsible for the Rye location, and Pubstreet and Fatt Root in Pleasantville, he recently opened his own place, Dinh Dinh Kitchen, in Bedford Hills.

"In the past five to 10 years, I've really taken an interest in Asian food and culture; the catalyst was an interest in food fermentation," Candee says. He spent 2020 educating himself and workshopping recipes, ultimately deciding to follow his passion for cooking. "I never would have been hired in someone else's kitchen, so I decided to open my own." Candee brought on kitchen staff to execute his vision, and Dinh Dinh was born.

The elemental space, with both counter seating and a smattering of tables, is sleek and monochromatic, interrupted by splashes of color thanks to work from a local artist. There is also some outdoor seating.

Candee describes the menu as "South Asian with an American backbone," adding that he didn't want to be tethered to one type of cuisine. The menu is as carefully curated as the decor. Candee says that already the pho is the breakout dish. There's both a chicken and short-rib pho, a pork-wonton soup, and a vegetarian coconut curry. An assortment of appetizers, salads, sides, and three main plates are described in mouth-watering detail. All the ingredients are selected for maximum taste — the beef short ribs are served with whipped yams, peanuts, scallions, and cilantro; a side of smoky, spicy carrots features lemon zest and crispy shallots. The menu ranges from the familiar-with-a-twist (veggie fried rice to which crab or duck may be added) to such items as lotus root chips. Candee thoughtfully labels each dish, noting if it's gluten-free, vegan, vegetarian, or dairy-free. There's a selection of beer, wine, and sake that pair well with the menu selections.

While there is dine-in at Dinh Dinh, Candee says the menu lends itself to takeout. "As I put together the menu, I made sure every item would travel well; we even figured out a way to extend the crispness of chicken wings." Disposable/compostable dinnerware has replaced traditional plates and bowls. Initially dinner-only, Dinh Dinh now serves lunch, with banh mi added to the menu. "There's a lack of this kind of food and service in Northern Westchester; I want to give the people what they want."

—Abbe Wichman



SPIRITED

A Recipe for Spud-cess

What's an Upstate NY farm to do with an excess of potatoes? Make vodka, of course!

By Cristiana Caruso

Dorcas Roehrs is often given a slew of reasons as to why someone doesn't like vodka: It's too harsh; it tastes too much like alcohol... the list goes on and on. But nearly all of these vodkas are made out of corn and wheat mash, giving them the distinct afterburn that causes people to shy away from the spirit. That's why she suggests that the purest vodka drinking experience comes from potato vodka; specifically, the one her family distills at 1857 Spirits.

Roehrs, president and partner of 1857 Spirits, attributes the creamy texture and vanilla-pear tasting notes to how the crops are rotated. "No crop is ever grown in the same place for three years," she explains, "that's what makes the potatoes so fabulous."

Purchased from the family of Revolutionary War hero Timothy Murphy, the farm turned 164-years old this past March. On this historic land, Elias Barber, the sixth continuous generation on the farm, distills his small-batch vodka using spring water from the aquifer underneath the soil, marking the bottles with the year the potatoes were harvested and the batch number.

1857 Spirits
Middleburgh
www.1857spirits.com

The crops are held in storage before undergoing an uncommon step in the distilling of potato vodka. Instead of starting out as freeze-dried, these potatoes are alive when the distilling begins, changing the entire flavor profile of the spirit and giving it that smooth finish.

"It's a sipping vodka," says Roehrs, "you can make a delicious cocktail out of it but the best way to experience all the flavors is to take it one sip at a time."

SPIRITED PHOTO COURTESY OF 1857 SPIRITS; SOUL BREWING PHOTO BY ALLEN WALLACE; WOLF & WARRIOR PHOTO BY MIKE CHILTERN

HOPPY TIMES

Three Beers to Try in Westchester Now

By James Reddicliffe

Westchester has become known for the quality of its breweries, and with so many impressive beers in the offing, that's no surprise. Here are three that should not be missed.

2Tone Chocolate Milk Porter
Soul Brewing Company, Pleasantville



A chocolate milk porter in late spring/early summer? It might sound like the wrong season, but Soul gets it right. Brewed with lactose, cacao nibs, and fair-trade vanilla beans, 2Tone is more of a nuanced ale than it is a sweet treat in a can. While it does have notes of milk chocolate and vanilla, it's also balanced by a dry finish and low alcohol (4.5%). "We like to think of this as a quaffable dessert in a glass, but I also think it pairs nicely with ice cream, tart stone fruits, and other desserts," says Allen Wallace, owner and brewmaster. Available in cans, 2Tone is perfect for the backyard, beach, or sitting around the campfire while making s'mores. Both indoor and outdoor seating are available at Soul, located steps from the Pleasantville Metro-North station.

Citra Dreams Hazy IPA
Captain Lawrence Brewing Company, Elmsford & Mount Kisco

Hazy IPA is all the rage these days, and when you have one like Citra Dreams from Captain Lawrence, it is easy to see why. This excellent version from one of Westchester's original craft breweries has notes of tropical sweet fruit and is just the right amount of juicy. Flavors of bright orange and mango are balanced by a pleasant bitterness and a not-too-hefty 7% alcohol by volume. Captain Lawrence has inviting, spacious taprooms in both Elmsford and Mount Kisco, open for indoor and outdoor seating, with dozens of beers on tap and in cans.

Patagonia Argentinian Golden Ale
Wolf & Warrior Brewing Company, White Plains

There just aren't many golden ales being made anywhere, let alone one this good. Patagonia is extremely refreshing but still packs plenty of flavor, with some expressive citrus and grassy notes, plus a little bit of spiciness. It pairs well with sunny days and patios. Wolf & Warrior's Downtown White Plains taproom has high ceilings, plenty of room, and is open for both indoor and outdoor seating.









Clockwise: No need for an overseas call when customers can get their fill of British savories and sweets at The Hamlet; There's a solid collection of vinyl at the store too.

INTERNATIONAL EATS

Crisps, Biscuits, and Milkybars

Specialty foods, plus vinyl, books, gifts, and decor are offered at this Mount Kisco shop for all things British.

For those who want to savor a fine loose tea with a scone and clotted cream while watching *The Crown* or *Downton Abbey*, head to the recently opened The Hamlet, in Mount Kisco. But, if your tastes run more toward exotic "crisps" (i.e., potato chips), or you've wanted to try British back bacon, The Hamlet will satisfy those hankerings, as well.

Opened by Drew and Leigh Hodgson, and Karen and Mike Ransom, the shop draws upon Drew's knowledge of all things British (which is extensive because he is one), along with his longings for items that he, other expats, and the generally food adventurous usually had to schlep to Manhattan or Connecticut to find. "There's a large Anglophile population here, and Mount Kisco is a great town for internationally themed food," Drew says.

The Hamlet
Mount Kisco
www.thehamletny.com

The store is a veritable wonderland of both the esoteric and the familiar, with a twist. There are prawn cocktail crisps (just one of approximately 36 flavors) and white chocolate in the form of a Milkybar. There are frozen steak and kidney pies, British soda, and a variety of biscuits. "Visitors have been like kids in a candy store," Leigh reports. For newcomers unfamiliar with the offerings, Leigh has a number of suggestions to explore among the store's selections: Taylors of Harrogate tea, a Lion chocolate bar, a bag of pickled-onion crisps, small-batch jam, and that British back bacon, which is a cross between American and Canadian bacons. And shoppers shouldn't be shy about asking for their favorite items from across the pond, since the store maintains a customer wish list of items to stock. —*AW*

TABLE MATTERS

Dining Scene News & Notes

Dock-and-dine, specialty drinks, and live music are part of the new 40-seat (plus 320 outside!) seafood eatery **Charley's Pier Restaurant & Tiki Bar** (*1 Playland Pkwy, Rye; 914.305.3518; www.charleyspier.com*). Adjacent to Playland, the menu offers, among other things, baked clams, oysters, jumbo fried shrimp, whole Maine lobsters, swordfish, and halibut, in addition to prime views of the Sound.

Serving traditional Colombian cuisine, **El Rincon Colombiano** (*900 Main St, Peekskill; 914.402.1958; www.elrinconcolombianopeekskill.com*) opened in late March in the former Kurzhals Coffee space (the coffee shop is moving to a new location, on North Division St) in the Central Market building.



Arthur Avenue's Piazza di Belmont in full effect

Arthur Avenue (*www.bronxlittleitaly.com*) has renewed the piazza-style alfresco dining initiative, Piazza di Belmont, which originally launched in the summer of 2020. On weekend nights through the fall, Arthur Avenue is closed to vehicular traffic from East 188th St to Crescent Ave 6 p.m.–10 p.m. on Fridays and Saturdays and 1 p.m.–9 p.m. on Sundays. Zero Otto Nove, Mario's Restaurant, Enzo's of Arthur Avenue, and Ann & Tony's are among the many eateries featured. The streets will remain open during normal business hours throughout the week.

Matthew Karp, the former chef/co-owner of Plates, in Larchmont (now Billy & Pete's Social), is creating artisan-level baked goods at his **Dough on the Go!** (*914.263.1736; www.doughonthego.co*), an e-bakery specializing in bagels, croissants, doughnuts, and sourdough bread. Order online for free delivery or purchase at **Apiary** (*157 Larchmont Ave, Larchmont; www.apiarylarchmont.com*), **Apiary at The Library** (*54 Olmsted Rd, Scarsdale; www.scarsdalelibrary.org/discover/cafe*), and **Sunshine Coffee Roasters** (*1932 Palmer Ave, Larchmont; www.sunshineroaster.com*). —*JBT*

THE HAMLET PHOTOS BY ELIZABETH GOURLAY; TABLE MATTERS PHOTO COURTESY OF BELMONT BUSINESS IMPROVEMENT DISTRICT

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Bringing a vision to life

As partners in their practice and in their lives, Advanced Dentistry founders Dr. George Sepiashvili and Dr. Wanda Mejia envisioned a practice that gave patients options other practices couldn't provide. With that goal top of mind, they set on their journey to become the best and most advanced practice in their field. Realizing how many lives they could change, they focused their abilities on providing the complete range of needed services in one place. The result was a unique, one-of-a-kind dental boutique. Treating one patient at a time using their unique approach, the best techniques, and painless processes, they became renowned and highly respected in their field.

Known for its comprehensive physiological approach, Advanced Dentistry relies on its state-of-the-art science-based techniques to create more predictable results when complex functional treatment is needed. Patients, in turn, receive far more benefits than they expected — a more youthful appearance, teeth that are more functional, natural-looking smiles, and overall long-lasting dentistry.

Advanced Dentistry successfully addresses issues not usually associated with dentistry — migraines, ringing in the ears, back and neck pain, an inability to eat or inability to eat without pain — or simply people who have lost their teeth and need a new lease on life. More importantly, building on the belief that high-end techniques and preventative dentistry go hand in hand, Advanced Dentistry's treatments can stave off issues before they even occur.

For example, being unaware that facial appearance is largely dictated by the teeth that support the entire third of the face, most people seek Botox treatments or plastic surgery to address the wrinkles that result from facial tension. Advanced Dentistry is able to release that tension by finding and focusing on the specific joint and muscle position, resulting in a much younger appearance. And, if this treatment is started early, that aging process can be prevented.

Dr. Sepiashvili and Dr. Mejia are rarely a patient's first dentist. Instead, they most often treat frustrated patients others have given up on. Advanced Dentistry delivers fully customized choices to create life-changing results to extremely grateful patients.

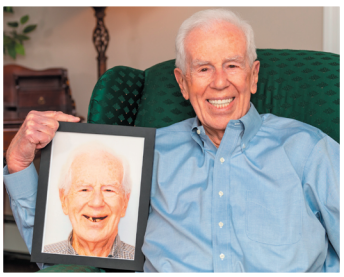
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dining out

EDITED BY Michelle Gillan Larkin

NOTE: Effective May 19, all seating-capacity restrictions on New York restaurants were lifted for both indoor and outdoor dining. At press time, other restrictions remained in effect. Below, we have indicated which establishments were offering delivery and/or pickup, but we recommend contacting restaurants directly for the most current information.

KEY TO SYMBOLS

UPDATE We note any significant changes.
$ Average entrée $14 or less
$$ Average entrée between $15 and $21
$$$ Average entrée between $22 and $27
$$$$ Average entrée $28 or more

TOP 32 Top Restaurant from our December 2017 cover feature

RESTAURANT REVIEWS

Reviewers judge restaurants in three categories: Food, Service, and Atmosphere. Reviewers dine anonymously and make at least two visits.

★★★★ Excellent ★★★ Good ★★ Average ★ Poor

Prices, hours, and specialties are provided by the restaurants and are subject to change. Calling to confirm days and hours is recommended. Restaurants accept major credit cards unless otherwise noted. Some of the restaurants in this guide are *Westchester Magazine* advertisers.

New This Month to Our Listings

BELLA'S TRATTORIA *Italian $$*
Gourmet and thin-crust pizzas are served alongside traditional down-home Italian classics in a warm, welcoming, family-friendly setting, where the house-made cheesecake is among the best the county has to offer. *473 Ashford Rd, Ardsley; 914.693.9122; www.bellastrattoria.com*

KANOPI *Fine Dining $$$$*
Atop the Opus Hotel and inspired by his Portuguese heritage, Kanopi is Chef Anthony Goncalves' intimate culinary experience, boasting a la carte and chef-led tasting menus that marry old-world flavors with Hudson Valley farm-fresh ingredients, accompanied by breathtaking views. *1 Renaissance Sq, White Plains; 914.761.4242; www.kanopievents.com*

SERGIO'S SAW PIT *Italian $$$*
From Sergio Gashi, the chef-owner behind longstanding Tutta Bella (Eastchester) and Sergio's Ristorante (Pelham), comes this new Northern Italian spot where the pasta is house-made, the steaks, chops, chicken, and fish are prepared with precision, and the customer is always first. *25 S Regent St, Port Chester; 914.881.3220; www.sergiosofportchester.com*

Ardsley

LA CATENA *Italian $$$*
The menu at this white-tablecloth Italian restaurant features classic Italian antipasti, pastas, and entrées, plus homemade desserts. *871 Saw Mill River Rd, Ardsley; 914.231.9260; www.lacatenaardsley.com* Pickup/Delivery

TOP 32 **L'INIZIO** *Italian $$$$*
Husband-wife team Scott and Heather Fratangelo run the kitchen at this Modern Italian restaurant serving creative appetizers and some of the county's best pastas. *698 Saw Mill River Rd, Ardsley; 914.693.5400; www.liniziony.com* Pickup/Delivery

Armonk

AMORE *Italian $$*
The Mazzotta family creates simple Italian dishes — brick-oven-style pizza, traditional pastas — in downtown Armonk. The outdoor terrace, with its nearby stream and working garden, is one of the county's most scenic dining spots. *1 Kent Pl, Armonk; 914.273.3535; www.amorearmonk.com* Pickup/Delivery

BEEHIVE RESTAURANT *Continental $$$*
Set in a modern country house with an open kitchen, this restaurant offers comfort fare along with Greek and Continental specialties, and a popular daily breakfast. Outdoor seating available. *30 Old Rte 22, Armonk; 914.765.0688; www.beehive-restaurant.com* Pickup

TOP 32 **FORTINA** *Italian/Pizza $$*
This mini-empire of buzzy wood-fired restaurants (with an additional location in Stamford) serves expertly roasted vegetables, fresh pastas, and thin-crust pizzas (try the truffle-topped Luigi Bianco). *17 Maple Ave, Armonk; 914.273.0900; 136 S Ridge St, Rye Brook; 914.937.0900; 10086 N Broadway, Yonkers; 914.358.3595; www.fortinapizza.com* Pickup/Delivery

KOKU *Japanese $$$*
The sleek sushi bar at KOKU offers an extensive selection of sashimi and rolls, including weekly specials from Tokyo's famous Tsukiji Fish Market. *454 Main St, Armonk; 914.730.0077; www.kokujapanese.com* Pickup/Delivery

MACELLERIA ARMONK ITALIAN STEAKHOUSE *Italian/Steakhouse $$$$*
Wine bottles adorn the walls and window sills in this new addition where Kitchen 273 once stood, with traditional Italian specialties, pastas, seafood, steaks, and chops, plus a finely curated wine list. (Sister spot in Pelham opened in 2019.) *111 Bedford Rd, Armonk; 914.219.5728; www.macelleriaarmonk.com* Pickup/Delivery

TOP 32 **MODERNE BARN** *New American $$$$*
Natural, local ingredients are the focus at this New American restaurant with Mediterranean touches from the Livanos Restaurant Group (City Limits Diner). $20 two-course express lunch. *430 Bedford Rd, Armonk; 914.730.0001; www.modernebarn.com* Pickup/Delivery

Bedford

BEDFORD 234 *New American $$$*
More than 20 local farms and purveyors supply the ingredients for the globally inspired seasonal comfort food served at this chic Bedford restaurant. Reservations are not accepted. *635 Old Post Rd, Bedford; 914.234.5656; www.bedford234.com* Pickup

Briarcliff Manor

105-TEN BAR & GRILL *American $$$*
Like sisters Urban Hamlet in Bronxville and Pleasantville's 105 Seventy Bar & Grill, 105-Ten offers elevated burgers, sandwiches, and salads, with entrées of lobster mac 'n' cheese, braised short ribs, and sesame-crusted ahi tuna tacos in a modern, upscale-pub setting. *127 Woodside Ave, Briarcliff Manor; 914.236.3651; www.105ten.com* Pickup/Delivery

SQUIRE'S *Pub $$*
Burgers and classic steaks are the thing to order at this tavern, serving the local community since 1967. Amex credit cards only. *94 N State Rd, Briarcliff Manor; 914.762.3376; www.squiresofbriarcliff.com* Pickup

Bronxville

IL BACIO TRATTORIA *Italian $$*
At this longstanding neighborhood gem offering many regional Italian specialties, the standouts include fettuccine with crumbled sausage, shiitake mushrooms, and *ricotta salata*; veal Milanese; pizza; and the ever-popular panzanella salad. *1 Park Pl, Bronxville; 914.337.4100; www.ristorantelucia.com/il-bacio-trattoria* Pickup/Delivery

ROSIE'S BISTRO ITALIANO *Italian $$$*
This always bustling, family-friendly corner spot serves up traditional Italian favorites with a dash of flair (baked clams with pancetta; short-rib ravs with mascarpone drizzle; prosciutto di Parma-topped pizza) in a refined yet welcoming setting. *10 Palmer Ave, Bronxville; 914.793.2000; www.rosiesbronxville.com* Pickup

Chappaqua

TOP 32 **CRABTREE'S KITTLE HOUSE** *New American $$$$*
Locally sourced ingredients star in seasonal dishes offered in the formal dining room and elevated bar food at the Old World Tap Room. The Grand Award-winning wine cellar houses 40,000+ bottles. *11 Kittle Rd, Chappaqua; 914.666.8044; www.crabtreeskittlehouse.com* Pickup

IBIZA KITCHEN *Spanish $ (tapas)/$$ (entrées)*
Food ★★½ Service ★★½ Atmosphere ★★ (07/19) At this tapas-centric Chappaqua spot from the owners of Ibiza Tapas in Danbury, the shareable small plates include plenty of clearly designated vegan and vegetarian options. Closed Mon. *76 King St, Chappaqua; 914.458.5044; www.ibizakitchen.net* Pickup/Delivery

Cross River

BACIO TRATTORIA *Italian $$$*
Expect homemade pastas, fish dishes (e.g., seared Atlantic salmon and boneless grilled trout), and salads at this quaint eatery. Closed Mon. *12 North Salem Rd, Cross River; 914.763.2233; www.baciotrattoria.com* Pickup/Delivery

Croton-on-Hudson

TOP 32 **OCEAN HOUSE** *Seafood $$$$*
Self-taught chef Brian Galvin transformed a tiny diner into this 30-seat, dinner-only oyster bar and grill with an emphasis on New England-style seafood dishes. Call after 4:30 p.m. for same-day reservations. Closed Sun and Mon. *49 N Riverside Ave, Croton-on-Hudson; 914.271.0702; www.oceanhouseoysterbar.com* Pickup

140 GRAND *American $$*
Expect American cuisine focusing on house-smoked meats, sandwiches of pork belly, brisket, and buttermilk-brined fried chicken, along with burgers that include one topped with fig jam and another smothered

in peanut butter. *140 Grand St, Croton-on-Hudson; 914.271.1127; www.140grand.com* Pickup/Delivery

Dobbs Ferry

SUSHI MIKE'S *Japanese $$*
Hugely popular for its special sushi rolls (the Out of Control is a favorite), this neighborhood Japanese restaurant is often packed. *146 Main St, Dobbs Ferry; 914.591.0054; www.sushimikes.com* Pickup/Delivery

TOP 32 **THE COOKERY** *Italian $$$*
This progressive Italian restaurant from Chef David DiBari serves some of the county's most creative fare, with an emphasis on pork, fresh pasta, and offal. Closed Mon. *39 Chestnut St, Dobbs Ferry; 914.305.2336; www.thecookeryrestaurant.com* Pickup/Delivery

TOP 32 **THE PARLOR** *Pizza $$*
The brick-and-mortar incarnation of the popular DoughNation pizza truck, here is where you look for a selection of unique pizzas, featuring house-made ingredients, plus wood-fired appetizers, wine on tap, and house-bottled cocktails. Closed Mon. *14 Cedar St, Dobbs Ferry; 914.478.8200; www.theparlordf.com* Pickup/Delivery

THE RARE BIT *Gastropub $$$*
Chef Evan Kalogiannis offers comfort food and a handful of British-inspired offerings. Vegan and gluten-free options available. Closed Mon. *23 Cedar St, Dobbs Ferry; 914.693.8000; www.therarebitdf.com* Pickup/Delivery

Eastchester

TOP 32 **BURRATA** *Pizza $$*
Some of the county's best Neapolitan pies come from this Eastchester pizzeria that's also home to excellent pasta and well-crafted cocktails. *425 White Plains Rd, Eastchester; 914.337.3700; www.burratapizza.com* Pickup/Delivery

GIGANTE RESTAURANT & BAR *New American $$$$* From the same group that brought us Mulino's of Westchester, Gigante serves up Italian-influenced, New American cuisine. Closed Mon. *660 White Plains Rd, Eastchester; 914.961.1001; www.giganterestaurant.com* Pickup

PIPER'S KILT *Pub $*
A county institution, this classic pub serves cold pints, ethereal onion rings, and pretty-near-perfect burgers. Kitchen open daily until midnight. *433 White Plains Rd, Eastchester; 914.779.5772; www.piperskilt.com* Pickup

TOP 32 **POLPETTINA** *Italian $$*
On the menu: eggplant chips with wildflower honey, thin-crust and grandma-style pizza, and pasta in truffle carbonara or white Bolognese. *102 Fisher Ave, Eastchester; 914.961.0061; www.polpettina.com* Pickup/Delivery

Elmsford

RAASA *Indian $$*
Translating to the "essence of life," RaaSa offers Indian cuisine from New Delhi native Chef Peter Beck. Dishes include tandoori shrimp, *korma lazeez* (grilled chicken simmered in saffron cashew sauce), and *murgh anarkali* (ground chicken patties in green masala sauce). *145 E Main St, Elmsford; 914.347.7890; www.raasany.com* Pickup/Delivery

SHIRAZ KITCHEN *Persian $$$*
Named for the Iranian city, Shiraz serves dishes representative of the region, including saffron chicken kebab and rainbow trout with dill-and-fava-bean basmati rice. Closed Mon. *83 E Main St, Elmsford; 914.345.6111; www.shirazkitchen.com* Pickup/Delivery

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Harrison

THE GREEKISH *Mediterranean $$-$$$*
From Chef Constantine Kalandranis, who has transformed 273 Kitchen (Harrison) and 8 North Broadway (Nyack), come a duo of meze and ouzo bars offering Greek-style tapas, including dips, cheeses, hot and cold vegetables, pita, and more — at an affordable price point. *273 Halstead Ave, Harrison; 914.732.3333; 8 N Broadway, Nyack; 845.353.1200; www.thegreekish.com* Pickup/Delivery

WELLINGTON'S GRILL *American $$$*
Three cuts of prime rib are among the specialties at this Harrison stalwart. Expect other American standards, too, like burgers, dry-rubbed ribs, and fresh lobster rolls. *110 Halstead Ave, Harrison; 914.315.1532; www.wellingtonsgrill.com* Pickup/Delivery

Hartsdale

GRANITA CUCINA & BAR *Italian $$$*
This restaurant from Eight Ten Hospitality Group offers Modern Italian fare, including fresh pasta, wood-fired pizza, and entrées like branzino and pork Milanese. *202 E Hartsdale Ave, Hartsdale; 914.725.8420; www.granitany.com* Pickup/Delivery

O MANDARIN *Chinese $$*
Food ★★ Service ★★ Atmosphere ★★★ (03/18)
Crispy-skinned Peking duck, scallion bubble pancakes, and thousand-layer tofu, are among the menu highlights at this 2019 Best of Westchester-winning Mandarin restaurant with transporting interior design. *361 N Central Ave, Hartsdale; 914.437.9168; www.omandarin.com* Pickup/Delivery

PAS-TINA'S RISTORANTE *Italian $$*
For more than 25 years, family-owned Pas-Tina's has been offering Italian fare in a warm environment. The menu features an extensive pasta list, chicken (try the chicken Tina), veal, and seafood dishes, and house-made desserts.*155 S Central Ave, Hartsdale; 914.997.7900; www.pas-tinas.com* Pickup/Delivery

VEGA MEXICAN *Mexican $*
In this modern space, expect traditional Mexican dishes, like tacos, chimichangas, fajitas, and burritos. Signature meals include chili rellenos and carnitas. *189 E Hartsdale Ave, Hartsdale; 914.723.0010; www.vegamexican.com* Pickup/Delivery

Hastings-on-Hudson

BORO6 *Wine Bar $$*
Food ★★★ Service ★★★½ Atmosphere ★★★
(05/17) Inspired by trips to Italy, restaurant vet Paul Molakides and Jennifer Aaronson (formerly an editor for Martha Stewart) opened this *enoteca*, with more than 30 wines by the glass and light, simple plates. Closed Mon. *549 Warburton Ave, Hastings-on-Hudson; 914.231.9200; www.boro6winebar.com* Pickup/Delivery

HARVEST ON HUDSON *Italian $$$$*
Boasting stellar Hudson River views, this elegant restaurant offers traditional Italian fare. The menu includes seafood towers, Hudson Valley rabbit scarpariello, and risotto made with spicy sausage, shrimp, and caciocavallo. *1 River St, Hastings-on-Hudson; 914.478.2800; www.harvesthudson.com* Pickup

TOP 32 **SAINT GEORGE** *French$$$$*
At this contemporary French bistro from Chef Chris Vergara (Harper's in Dobbs Ferry), don't miss the all-French wine list and absinthe fountain. Closed Mon. *155 Southside Ave, Hastings-on-Hudson; 914.478.1671; www.saintgeorgebistro.com* Pickup/Delivery

SAKURA GARDEN JAPANESE *Japanese $$*
Find authentic Japanese at this Rivertown gem, offering high-quality hibachi, sushi, sashimi, and more. *531 Warburton Ave, Hastings-on-Hudson; 914.478.1978; www.sakurahastings.com* Pickup/Delivery

Hawthorne

THREE LITTLE PIGS BBQ *Barbecue $*
Marc Mazzarulli, formerly of Opus 465 and Marc Charles Steakhouse in Armonk, is the chef of this 'cue joint serving dry-rubbed meats and classic sides. Mazzarulli also runs catering company Wild Westchester BBQ. Closed Sun and Mon. *481 Commerce St, Hawthorne; 914.747.2480; www.threelittlepigsbbqofhawthorne.com* Pickup/Delivery

TRAMONTO *Italian $$$*
This Hawthorne mainstay located right off the Saw Mill River Parkway offers a selection of pasta, pizza, salad, and dinners like short ribs braised in pomegranate juice, veal marsala, and brick-pressed roasted chicken. *27 Saw Mill River Rd, Hawthorne; 914.347.8220; www.tramontos.com* Pickup/Delivery

Irvington

TOP 32 **CHUTNEY MASALA** *Indian $$*
The popular Indian bistro from Chef Navjot Arora boasts a menu that features tried-and-true options, like a myriad of curries. *76 Main St, Irvington; 914.591.5500; www.chutneymasala.com* Pickup/Delivery

TOP 32 **MIMA VINOTECA** *Italian $$$$*
The owners of Zuppa in Yonkers run this trattoria serving Italian "home cooking" and some of the county's best salumi. 20 wines offered by the glass. *63 Main St, Irvington; 914.591.1300; www.mimarestaurant.com* Pickup/Delivery

TOP 32 **MP TAVERNA** *Greek $$$*
Michael Psilakis is the award-winning executive chef at this Modern Greek restaurant in Irvington. Traditional roasted whole lamb, goat, suckling pig, and more available with five-days' notice. *1 Bridge St, Irvington; 914.231.7854; www.michaelpsilakis.com* Pickup/Delivery

SAMBAL *Thai/Malay $$*
Chef-owner Navjot Arora operates this Southeast Asian restaurant with a handful of Malaysian plates and unobstructed Hudson River views. *4 W Main St, Irvington; 914.478.2700; www.sambalny.com* Pickup/Delivery

Katonah

JAY STREET CAFÉ *All-Day Café $$*
From the owners of The Whitlock comes this casual café, with offerings like challah French toast and grapefruit brûlée for breakfast and flattop patty burgers for lunch. Closed Mon and Tue. *63 Katonah Ave, Katonah; 914.488.9700; www.jaystreetcafe.com* Pickup/Delivery

PEPPINO'S RISTORANTE *Northern Italian $$$*
Lots of regulars come to this family-owned (since 1991) restaurant to sit at candlelit tables and dine on dishes like veal Sorrentino and steak pizzaiola. *116 Katonah Ave, Katonah; 914.232.3212; www.peppinosristorante.com* Pickup

THE WHITLOCK *New American $$$*
Food ★★★ Service ★★★ Atmosphere ★★★ ½ (02/18)
The Cookery alums Matt and Christina Safarowic serve seasonal, locally sourced fare, including silky pastas, bone-marrow-laced French onion soup, and crispy pork belly at this neighborhood restaurant. Closed Mon. *17 Katonah Ave, Katonah; 914.232.8030; www.thewhitlockny.com* Pickup

Larchmont

BILLY & PETE'S SOCIAL *American/Pizza $$*
The mission at B&P's is "honest food and great drinks" centered around Detroit-style and grilled pizza, salads, cast-iron meatballs, and handcrafted cocktails. Don't miss the mini-donuts on the weekends. *112 Myrtle Blvd, Larchmont; 914.909.5289; www.billyandpetes.com* Pickup

CHRISTOPHER'S BY CHEF JOE *Steakhouse $$$$*
In the space that local fave La Riserva occupied for more than four decades, dry-aged steaks, chops, and seafood (including two-pound lobsters) are presented with Italian and Japanese influences and pair with handcrafted cocktails or an order from the lengthy wine list. *2382 Boston Post Rd, Larchmont; 914.878.8749; www.christophersbychefjoe.com* Pickup/Delivery

TOP 32 **CORIANDER MODERN INDIAN** *Indian $$$* This stylish restaurant features locally sourced ingredients and bold Indian flavors, plus craft beer and organic wines. Closed Mon. *154 Larchmont Ave, Larchmont; 914.235.1306; www.corianderny.com* Pickup

TOP 32 **DURIAN** *Thai $$$*
Named for the pungent Asian fruit, Durian serves authentic Thai cuisine (less sticky sugar, more bright acidity) featuring lesser-known ingredients, such as sweet sticky rice with its namesake fruit. Closed Mon. *147 Chatsworth Ave, Larchmont; 914.833.1900; www.durianthaifood.com* Pickup/Delivery

LA LA TAQUERIA *Taqueria $*
Enjoy tacos, quesadillas, and margs at this Los Angeles-style taqueria, which features communal picnic tables and a chill ambience. Closed Mon. *150 Larchmont Ave, Larchmont; 914.834.2244; www.lalataquerialarchmont.com* Pickup/Delivery

VINTAGE 1891 KITCHEN *American $$$*
This Larchmont eatery offers vegan options, fish dishes like lobster paella, meat dishes including Cabernet-braised beef short ribs, and house-made desserts. Closed Mon-Wed. *2098 Boston Post Rd, Larchmont; 914.834.9463; www.vintage1891kitchen.com* Pickup/Delivery

Mamaroneck

IL CASTELLO *Mediterranean/Italian $$$*
Expect homemade pastas and elaborate table presentations at this Italian restaurant, located a stone's throw from the Mamaroneck Metro-North Station. Prix-fixe $20.95 lunch. Closed Mon. *576 Mamaroneck Ave, Mamaroneck; 914.777.2200; www.ilcastello.com* Pickup/Delivery

LE PROVENÇAL BISTRO *French $$$*
This bistro seating 80 serves French classics like duck confit, beef Bourguignon, and venison medallions. Save room for the crème brûlée and tarte Tatin. *436 Mamaroneck Ave, Mamaroneck; 914.777.2324; www.provencalbistro.com* Pickup/Delivery

MAPLE & ROSE *All-Day Cafe $$*
Food ★★★ Service ★★½ Atmosphere ★★ (03/20)
Previously an upscale catering company, Maple & Rose serves breakfast, lunch, and dinner at its new café, open daily. The menus reflect seasonal dishes and include local ingredients. *690 Mamaroneck Ave, Mamaroneck; 914.222.4151; www.maplerosecafe.com* Pickup/Delivery

MODERN ON THE RAILS *Italian $$$*
The owners of Modern in New Rochelle put their own spin on Italian stalwarts (Wagyu beef meatballs, chipotle calamari) at this 140-seat restaurant in the space that was formerly Club Car. *1 Station Plz, Mamaroneck; 914.777.9300; www.modernontherails.com* Pickup/Delivery

NONNA CAROLA *Italian $$$$*
Food★★★ Service★★★½ Atmosphere★★★½
(02/20) This high-class Italian restaurant boasts exemplary service and flavorful dishes, like pappardelle Bolognese and cauliflower *arrosto*. Closed Mon. *211 Mamaroneck Ave, Mamaroneck, 914.899.3130; www.nonnacarola.com* Pickup/Delivery

Mount Kisco

BADAGEONI GEORGIAN KITCHEN *Georgian $$*
Food ★★½ Service ★★★ Atmosphere ★★½ (04/20)
For flavorful cuisine typical of a country that straddles the border between Europe and Asia, check out this Mount Kisco eatery. Try the *adjaruli*, a traditional open-faced cheese boat, and the stewed lamb dish, *chakapuli*. *26-28 E Main St, Mount Kisco; 914.864.1666; www.badageonigeorgiankitchen.com* Pickup/Delivery

EXIT 4 FOOD HALL *Eclectic $$*
The food-hall trend thrives in Mount Kisco, with 11 stations, serving everything from wood-fired pizzas to barbecue to sushi (plus craft beers and nitro coffee at X4 on Tap). *153 E Main St, Mount Kisco; 914.241.1200; www.exit4foodhall.com* Pickup/Delivery

LOCALI *Italian $$*
From the Village Social Restaurant Group (Pubstreet, Village Social) comes this Italo-centric spot. Try the fusilli à la vodka or Snake Oil pizza (San Marzano tomatoes, capicola, fior di latte). Closed Mon. *2 Kirby Plz, Mount Kisco; 914.242.0100; www.localipizzabar.com* Pickup/Delivery

VILLAGE SOCIAL *New American $$$*
Chef Mogan Anthony serves wood-fired pizzas, Asian-inflected appetizers, pasta, and sandwiches at these buzzed-about eateries with popular bar scenes. The Mount Kisco location has an outdoor patio. Rye location closed Mon. *251 E Main St, Mount Kisco; 914.864.1255; 67 Purchase St, Rye; 914.612.4267; www.villagesocialkb.com* Pickup/Delivery

Mount Vernon

TOP 32 **JOHNNY'S PIZZERIA** *Pizza $$*
Open since the '40s, Johnny's old-school, thin-crust pies are some of the best pizza north of NYC. No slices; cash only. Closed Sun and Mon. *30 W Lincoln Ave, Mount Vernon; 914.668.1957; www.johnnys1942.com* Pickup

New Rochelle

ALVIN & FRIENDS *Southern/Caribbean $$$*
This contemporary spot in downtown New Rochelle serves Southern soul food with a Caribbean flair, including a Best of Westchester-winning fried chicken with braised collards. Live entertainment several nights a week. Closed Mon. *14 Memorial Hwy, New Rochelle; 914.654.6549; www.alvinandfriendsrestaurant.com* Pickup/Delivery

MARIA RESTAURANT *Italian $$$*
Food ★★★ Service ★★★½ Atmosphere ★★★(06/19)
From the owners of Fratelli and Pop's Espresso Bar, Maria offers Modern Italian fare, like gnocchi with oxtail ragù and seared scallops in porcini *agrodolce*. Closed Sun. *11 Huguenot St, New Rochelle; 914.636.0006; www.marianewrochelle.com* Pickup/Delivery

NOMA SOCIAL *Tapas $$$*
In the lobby of the Radisson Hotel, this 125-seat hotspot serves a menu of mostly small plates. Late-night dining until 2 a.m. Fri and Sat. *1 Radisson Plz, New Rochelle; 914.576.4141; www.nomasocial.com* Pickup/Delivery

North Salem

TOP 32 **ONE TWENTY ONE** *New American $$$$*
This Beck Bolender venue brings a little contemporary flair to the area's verdant farmland, with a menu of locally sourced (many ingredients come from the county) dishes. *2 Dingle Ridge Rd, North Salem; 914.669.0121; www.121restaurant.com* Pickup/Delivery

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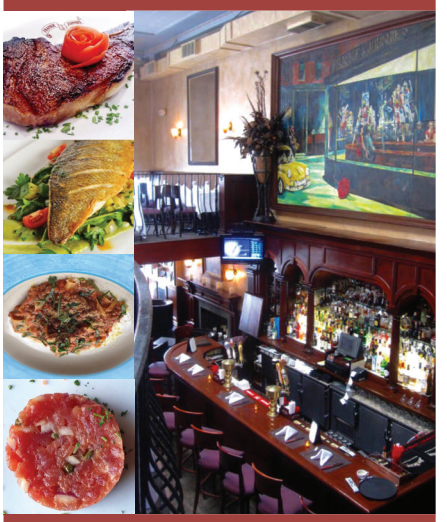


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dining out

(Continued from previous page)

PRIMAVERA *Italian $$$$*
Located in what was known as the 1864 House, this white-tablecloth restaurant serves up fare like spinach ravioli, gnocchi Bolognese, chicken scarp, and Australian rack of lamb. *592 Rte 22, Croton Falls; 914.277.4580; www.primaveraitalian.squarespace.com* Pickup

TOP 32 **PURDY'S FARMER & THE FISH**
Seafood $$$$
Housed in a historic 18th-century farmhouse and surrounded by four acres of terraced farmland that supply the restaurant, Farmer & the Fish serves a seafood-and-produce-heavy menu. *100 Titicus Rd, North Salem; 914.617.8380; www.farmerandthefish.com* Pickup/Delivery

Ossining

CRAVIN JAMAICAN CUISINE *Jamaican $*
Offering breakfast, lunch, and dinner, Cravin serves up authentic Jamaican cuisine. Dishes include escovitch fish, curry goat, oxtail, fried chicken, various jerk offerings, and Rasta Pasta. *109 Main St, Ossining; 914.432.7776; www.cravinjc.com* Pickup/Delivery

MELIKE TURKISH CUISINE *Turkish $$*
Expect fresh Turkish cuisine here, with locally sourced ingredients. Mains include eggplant moussaka, sautéed lamb, and chicken with curry. Closed Mon. *121 Main St, Ossining; 914.502.0651; www.melikeossining.com* Pickup/Delivery

Peekskill

APROPOS *Mediterranean $$$$*
Located at The Abbey Inn in the former St. Mary's Convent, this new restaurant overlooking the Hudson offers Mediterranean-inspired dishes, utilizing local ingredients, such as crispy chicken with warm heirloom beans and Hudson Valley rib-eye in anchovy butter. *900 Fort Hill Rd, Peekskill; 914.739.3546; www.aproposrestaurant.com* Pickup

FIN & BREW *New American $$$$*
Food ★★★½ Service ★★½ Atmosphere ★½ (03/19)
Captain Lawrence brewer Scott Vaccaro and Peekskill restaurateurs John Sharp and Louie Lanza co-own this riverfront restaurant serving a seafood-heavy menu at the Charles Point entertainment complex. Closed Mon to Wed. *5 John Walsh Blvd, Peekskill; 914.788.4555; www.finandbrew.com* Pickup

Pleasantville

TOP 32 **LITTLE MUMBAI MARKET** *Indian $*
With décor as exciting as the food, Little Mumbai serves up crêpes and Indian fare in the heart of Pleasantville. Try their *pav bhaji* and pair a smoothie with a caramelized banana crêpe. *475 Bedford Rd, Pleasantville; 914.773.0500;* Pickup/Delivery

105 SEVENTY BAR & GRILL *American $$$*
From the owners of 105-Ten Bar & Grill in Briarcliff Manor and The Urban Hamlet in Bronxville comes this bar and grill offering elevated American cuisine. *472 Bedford Rd, Pleasantville; 914.741.5285; www.105twentyrest.com* Pickup/Delivery

SOUTHERN TABLE KITCHEN & BAR *Southern $$*
Get a taste of the down-home cooking you'd find south of the Mason-Dixon line at this spot from the owners of neighboring restaurant Wood & Fire. *39 Marble Ave, Pleasantville; 914.618.3355; www.southern-table.com* Pickup/Delivery

WOOD & FIRE *Italian $$*
Neapolitan cuisine is the name of the game at this family-run establishment, with a menu spanning salads, pizzas, small plates, pastas, and mains. *59 Marble Ave, Pleasantville; 914.747.2611; 118 Brook St, Scarsdale; 914.722.4854; www.woodandfirepizza.com* Pickup/Delivery

Pocantico Hills

TOP 32 **CHEF IN RESIDENCE AT STONE BARNS** *New American $$$$*
Dan Barber has stepped away from the stove at the groundbreaking farm-to-table fine-dining Blue Hill at Stone Barns (that was awarded two stars in the 2020 Michelin Guide) to make way for a chef-in-residence program. A collaboration between Blue Hill and Stone Barns Center for Food and Agriculture, it will feature a new chef every five weeks, offering a unique take on the farm and the region based on cuisine and personal history. Closed Mon and Tue. *630 Bedford Rd, Pocantico Hills; 914.366.9600; www.bluehillfarm.com* Pickup

Port Chester

TOP 32 **ACUARIO** *Peruvian $$*
Enjoy a taste of Peru at Port Chester's Acuario. Offered are ceviche, beef heart, steamed mussels, fish soup, and paellas, as well as other Peruvian specialties. *163 N Main St, Port Chester; 914.937.2338; www.acuariorestaurant.com* Pickup/Delivery

ALBA'S RISTORANTE *Italian $$$*
Named after the town in Piedmont, Italy, this Port Chester spot serves Italian American classics, like chicken scarpariello, ravioli stuffed with spinach and portobello mushrooms, and shrimp fra diavolo. Closed Sun, except for private parties for 40 or more guests. *400 N Main St, Port Chester; 914.937.2236; www.albasrestaurant.com* Pickup/Delivery

TOP 32 **SALTAIRE OYSTER BAR AND FISH HOUSE** *Seafood $$$$*
Housed in a historic grain house and owned by the Barnes family, this modern restaurant sources its seafood daily for its refined plates and extensive raw bar. *55 Abendroth Ave, Port Chester; 914.939.2425; www.saltaireoysterbar.com* Pickup/Delivery

TOP 32 **SONORA** *Nuevo Latino $$$*
Fans flock to Chef Rafael Palomino's only Westchester spot for his pan-Latino cuisine. The bar area serves tacos and a vast selection of craft tequila, and the paella is a popular pick in the dining room. Closed Mon. *179 Rectory St, Port Chester; 914.933.0200; www.sonorarestaurant.net* Pickup/Delivery

TELLY'S TAVERNA *Greek $$$*
Food ★★★ Service ★★½ Atmosphere ★★½ (11/19)
Westchester's sister restaurant to the Astoria mainstay, the nautically decorated Telly's Taverna offers Greek specialties, including numerous seafood items. Try the calamari, swordfish kebabs, lamb chops, and spanakopita. *108 Abendroth Ave, Port Chester; 914.939.3333; www.tellystaverna.com* Pickup/Delivery

Pound Ridge

TOP 32 **THE INN AT POUND RIDGE BY JEAN-GEORGES** *New American $$$$*
Expect seasonal ingredients (and the occasional Asian flavor) from the kitchen at this 250-seat, special-occasion restaurant from Jean-Georges Vongerichten. *258 Westchester Ave, Pound Ridge; 914.764.1400; www.theinnatpoundridge.com* Pickup/Delivery

Purchase

TREDICI NORTH *Italian $$$*
Chef Giuseppe Fanelli runs the kitchen at this stylish 68-seat Italian eatery. Expect indulgent dishes like mozzarella-stuffed meatballs and Kobe-beef ravioli with truffles and brown butter. Closed Mon. *578 Anderson Hill Rd, Purchase; 914.997.4113; www.tredicinorth.com* Pickup/Delivery

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dining out

(Continued from previous page)

Rye

FRANKIE & JOHNNIE'S *Steakhouse $$$$*
Upscale steakhouse with a posh bar and lounge area (with two NYC locations). Specialties include porterhouse steak for two, dry-aged beef Bolognese, and lobster ravioli. *77 Purchase St, Rye; 914.925.3900; www.frankieandjohnnies.com* Pickup/Delivery

TOP 32 **LA PANETIÈRE** *French $$$$*
This elegant restaurant boasts top-level service and contemporary French fare — hot and cold foie gras, Dover sole, cheese soufflé, and lobster casserole — in a Provençal setting. *530 Milton Rd, Rye; 914.967.8140; www.lapanetiere.com* Pickup

OKO *Japanese $$$*
Ingredients are sourced from local farms and Tokyo's Tsukiji fish market for Chef Brian Lewis' menu. Hand rolls, sashimi, bento boxes, and entrées like sticky ribs and Madeira-miso glazed black cod are offered. Closed Sun and Mon. *29 Purchase St, Rye, 914.481.8660; www.okokitchen.com* Pickup

RAFELE RYE *Italian $$$*
Food ★★½ Service ★★½ Atmosphere ★★★(12/18) Naples-born chef Raffaele Ronca debuted this sister restaurant of his West Village spot, offering Italian cuisine like house-made pasta, grilled branzino, and marinated lamb skewers. *26 Purchase St, Rye; 914.481.8417; www.rafele.com/rafele-rye* Pickup/Delivery

RYE ROADHOUSE *Cajun/Southern $$$*
Tucked in a residential area of Rye, the Roadhouse is a local institution known for its sweet-potato fries and Cajun flavors, like the grilled or blackened meatloaf. Late-night dining Fri and Sat until 1 a.m. *12 High St, Rye; 914.925.2668; www.ryeroadhouse.com* Pickup/Delivery

Scarsdale

AKAI LOUNGE *Japanese $$$*
In the space formerly occupied by Lange's of Scarsdale, this contemporary restaurant boasts modern, inspired Japanese cuisine with a menu of traditional (sushi, sashimi, teriyaki) and nontraditional offerings (tuna guacamole, lobster pizza, renegade rolls) paired with sake and martinis. *57 Spencer Pl, Scarsdale; 914.722.2022; www.akaiscarsdale.com* Pickup/Delivery

CAFÉ ALAIA *Italian $$*
Food ★★½ Service ★★★★ Atmosphere ★★½ (06/18) Vincenzo Alaia offers Southern Italian cuisine — eggplant soufflé, branzino, and house-made pasta — in a cozy space. Gluten-free pasta available upon request. Closed Mon. *128 Garth Rd, Scarsdale; 914.725.3000; www.cafealaia.com* Pickup

TOP 32 **EASTCHESTER FISH GOURMET**
Seafood $$$$ Owner Robert Pedott sources fresh seafood daily from the Fulton Fish Market for this fine-dining institution, its adjoining market of fresh and prepared marine delights, and his aptly named takeout counter, Go Fish. *837 White Plains Rd, Scarsdale; 914.725.3450; www.eastchesterfish.com* Pickup

EL BARRIO *Mexican $$*
High-brow Mexican street fare apps of pineapple-cucumber gazpacho and house-made guac with lobster tease entrees like open-faced, brick-oven quesadillas with braised short ribs, roasted chayote tacos, and a tortilla-wrapped burger smothered in fig jam and Oaxaca cheese. *185 Summerfield St, Scarsdale; 914.723.2600; www.elbarriony.com* Pickup/Delivery

SEA FLAME SEAFOOD & STEAKHOUSE *Steakhouse $$$$*
In an intimate space with 70 seats, this is a big-city style steakhouse featuring dry-aged cuts, beautiful seafood towers, homemade steak sauce and dressings, and an impressive Cali/Italian-centric wine list. *Vernon Place Shops, 709 White Plains Rd, Scarsdale; 914.874.5366; www.seaflamerestaurant.com* Pickup/Delivery

Shrub Oak

901 WOOD BURNING KITCHEN & BAR
Italian $$ A new name (formerly Novecento), but the same crowd-pleasing wood-burning pizza, plus salads, and mains of pasta, steak, and fish. Closed Mon. *1410 E Main St, Shrub Oak; 914.743.1930; www.901woodburningkitchenbar.com* Pickup/Delivery

Sleepy Hollow

HUDSON FARMER & THE FISH *Seafood $$$$*
The owners of Purdy's Farmer & the Fish also operate this 45-seat riverfront location serving steamers, pizzas (try the white clam), and favorite dishes from the North Salem original. *11 River St, Sleepy Hollow; 914.631.8380; www.farmerandthefish.com* Pickup/Delivery

Somers

UNWINED KITCHEN *Wine Bar $$*
Food ★★★ Service ★★★½ Atmosphere ★★★(01/19)
From the owners of next door's UnCorked Wines & Spirits, UnWined Bar & Kitchen brings an urban vibe to Somers, featuring small plates and more than 30 wines by the glass. *80 Rte 6, Somers; 914.519.6190; www.unwinednewyork.com* Pickup

South Salem

THE HORSE & HOUND INN *American $$$*
Housed in an inn that dates back to 1749, this restaurant has offered American and pub fare for more than two decades. The menu includes sandwiches, soups, salads, salmon and vegan burgers, and pasta. *94 Spring St, South Salem; 914.763.3108; www.thehorseandhoundinn.com* Pickup

LA VISTA RISTORANTE *Italian $$$*
Pasta, veal, chicken, salads, and homemade desserts comprise the menu at this family-owned restaurant that offers a dining room and bar and lounge area. Closed Mon. *355 Smith Ridge Rd, South Salem; 914.533.2671; www.lavistaristorante.com* Pickup

Tarrytown

GOOSEFEATHER *Chinese $$$*
From Chef Dale Talde comes this spot focusing on the flavors of Hong Kong, offering dishes like scallion pancakes, dry-aged beef potstickers, and char siu Berkshire pork. Closed Mon. *Tarrytown House Estate, 49 E Sunnyside Ln, Tarrytown; 914.829.5454; www.goosefeatherny.com* Pickup/Delivery

TOP 32 **MINT PREMIUM FOODS** *International $$*
Foodies to the core, Alberta and Hassan Jarane are the owners of this global foods emporium that is part gourmet food shop (the front, including a superior cheese selection) and part eclectic world-cuisine restaurant (the back). Closed Mon. *19 Main St, Tarrytown; 914.703.6511* Pickup/Delivery

TOP 32 **RIVERMARKET BAR AND KITCHEN**
New American $$$$ This Rivertown favorite sources primarily local, sustainable ingredients for its menu, award-winning cocktails, and on-premises market. Offerings include wood-fired pizza, seafood dishes, and handmade pasta. *127 W Main St, Tarrytown; 914.631.3100; www.rivermarketbarandkitchen.com* Pickup/Delivery

THE CUBE INN *Cuban $$*
In a cozy, downtown setting, self-taught chef Bebe Gonzalez dishes up empanadas, bocadillos (read: sandwiches), and entrées, like ropa vieja and paella, born from family recipes and a culmination of Spanish, French, African, and Island influences. *22 Main St, Tarrytown; 914.372.7974; www.thecubeinn.net* Pickup



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A board-certified pediatric dentist, Paul K. Chu, DDS, is the Director of Pediatric Dentistry at St. Barnabas Hospital, a Level I Trauma Center. Dr. Chu is also an attending instructor at Jacobi Medical Center and Columbia University's College of Dental Medicine. He is also a reviewer of scientific literature for the specialty journals, *Pediatric Dentistry* and *Journal of Dentistry for Children*. "We educate parents on the importance of proper oral hygiene, a good diet, and establishment of a dental home" said Dr. Chu.

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(Continued from previous page)

Thornwood

GORDO'S NORTH *American $$$*
After the popular Gordo's on Commerce Street closed, this location opened on Broadway to offer American menu dishes like flatbreads, pasta, spring rolls, nachos, and roasted Thai meatballs. *1006 Broadway, Thornwood; 914.579.2610; www.gordosnorth.com* Pickup/Delivery

RISOTTO *Italian $$$*
Expect dishes like chicken parm, seafood risotto, grilled hangar steak, and cacio pepe (mixed in a giant cheese wheel in front of you) at this cozy restaurant, headed up by Kevin Oliveros of Brother's Fish & Chips in Ossining. Closed Mon, except by appointment. *788 Commerce St, Thornwood; 914.769.6000; www.risotto-restaurant.com* Pickup/Delivery

THE BARLEY HOUSE *American $$*
This popular Thornwood spot (Best of Westchester Readers' Pick for Best New Restaurant in 2016) serves thoughtful versions of classic sandwiches and bar snacks, plus craft beers and cocktails. *665 Commerce St, Thornwood; 914.495.3333; www.thebarleyhouseny.com* Pickup/Delivery

Tuckahoe

ANGELINA'S RISTORANTE *Italian $$$*
At this Italian restaurant, expect pizza, specialty pasta, chicken, and fish entrées. Don't miss the signature dish — spaghetti tossed in a wheel of Parmesan with flamed Cognac. *97 Lake Ave, Tuckahoe; 914.779.7944; www.angelinasoftuckahoe.com* Pickup/Delivery

GROWLERS BEER BISTRO *Gastropub $$*
This trackside neighborhood fave has reopened with new owners, familiar pub grub like Pat LaFrieda burgers, big salads, and sandwiches, with artisan cocktails and a hundred rotating local craft brews to wash it all down. *25 Main St, Tuckahoe; 914.793.0608; www.growlersbeerbistro.com* Pickup/Delivery

THE TAP HOUSE *Gastropub $$$*
More than 70 craft and premium beers (14 on tap) and handcrafted cocktails wash down Modern American pub fare of braised short-rib sliders, seared-tuna tacos, steak frites, pan-roasted chicken, and a chargrilled burger on a brioche bun with everything fries. *16 Depot Sq, Tuckahoe; 914.337.6941; www.thetaphouseny.com* Pickup/Delivery

White Plains

TOP 32 **ABERDEEN SEAFOOD & DIM SUM** *Cantonese $$*
Named after a harbor in Hong Kong, this White Plains spot specializes in traditional Cantonese cuisine and dim sum. Offerings include Chinese eggplant, Peking duck, and sautéed conch. Closed Tuesdays. *3 Barker Ave, White Plains; 914.288.0188; www.aberdeenwhiteplains.com* Pickup/Delivery ($50 minimum and within 2 miles)

BENJAMIN STEAKHOUSE *Steakhouse $$$$*
This 200-seat restaurant owned by ex-Peter Luger staffers specializes in dry-aged steaks and chops. (A second outpost is located in Midtown Manhattan.) Closed Mon. *610 W Hartsdale Ave, White Plains; 914.428.6868; www.benjaminsteakhouse.com* Pickup/Delivery

TOP 32 **BLT STEAK** *Steakhouse $$$$*
The White Plains location of this international steakhouse, located in Marriott's The Opus, Westchester (formerly The Ritz-Carlton), offers several different cuts of steak, including 28-day dry-aged Kansas City Prime bone-in strip and filet mignon Prime bone-in filet, alongside an extensive wine list. Dinner only. *221 Main St, White Plains; 914.467.5500; www.bltrestaurants.com/blt-steak* Pickup/Delivery

CITY LIMITS DINER *American $$*
The upscale diner features traditional American dishes, internationally inspired plates, and an array of homemade desserts, plus a bar area with cocktails and craft beer. Breakfast served all day. *200 Central Ave, White Plains; 914.686.9000; www.citylimitsdiner.com* Pickup/Delivery

EMMA'S ALE HOUSE *Comfort Food $$*
This Certified Green Restaurant specializes in comfort-food favorites like pot pie, braised short ribs, and the famous Krispy Kreme bread pudding. Dinner only. Closed Mon &Tues. *68 Gedney Way, White Plains; 914.683.3662; www.emmasalehouse.com* Pickup/Delivery

FREEBIRD KITCHEN & BAR *Southern $$$*
Southern comfort food — fried green tomatoes with hot-mustard remoulade, hot chicken, and pimento cheeseburgers — is on the menu, plus signature smoked cocktails. *161 Mamaroneck Ave, White Plains; 914.607.2476; www.freebirdkitchenandbar.com* Pickup

LA BOCCA RISTORANTE *Italian $$$*
Regional Italian specialties (spaghetti *alla chitarra*, sliced steak with balsamic and arugula) are the foundations of the menu at this downtown spot. Gluten-free options available. *8 Church St, White Plains; 914.948.3281; www.laboccaristorante.com* Pickup/Delivery

LA BOTTE RISTORANTE *Italian $$$*
Food ★★★ Service ★★★½ Atmosphere ★★½ (08/20) In a bright, casual space, wood-fired pizza, house-made pasta, and mains like Berkshire pork chop, grilled branzino, and Nordic cod are served. Closed Mon. *14 Martine Ave, White Plains; 914.461.2950; www.labotteristorante.com* Pickup/Delivery

MULINO'S OF WESTCHESTER *Italian $$$$*
Classic Italian fare at this white-tablecloth restaurant with stellar service, includes mushroom risotto, tagliatelle alla Bolognese, Florida red snapper, and thinly breaded veal. Save room for the cheesecake and tiramisù. Closed Sun. *99 Court St, White Plains; 914.761.1818; www.mulinosny.com* Pickup

ROYAL PALACE *Indian $$*
Expect all the standards like tandoori chicken, biryani, and fragrant curries from this restaurant and caterer. Lunch buffet offered every day; dinner buffet Mon to Thurs. *77 Knollwood Rd, White Plains; 914.289.1988; www.royalpalacecuisines.com* Pickup/Delivery

SAM'S OF GEDNEY WAY *American $$$*
This spacious hotspot from New York Hospitality Group offers classic American fare, like burgers, salads, braised short ribs, and lump crab cake. The restaurant features a year-round patio and private dining areas are available for parties. *52 Gedney Way, White Plains; 914.949.0978; www.samsofgedneyway.com* Pickup/Delivery

SAPORI *Italian $$$*
Indoor or outdoor seating — including partially enclosed booths tucked into brick-lined alcoves — is available at this 160-seat Italian eatery. *324 Central Ave, White Plains; 914.684.8855; 2 Chase Rd, Scarsdale; 914.874.5316; www.saporiofwhiteplains.com* Pickup/Delivery

TRE ANGELINA *Northern Italian $$$*
This cozy, white-tablecloth Italian joint proffers the flavors of Northern Italy. Closed Mon. *478 Mamaroneck Ave, White Plains; 914.686.0617; www.treangelina.com* Pickup/Delivery

TVB BY: PAX ROMANA *Italian $$*
This White Plains spot brings a taste of Rome to Westchester. Fresh pasta, like spaghetti alla carbonara, and the uniquely Roman *pinsa* are not to be missed, but save room for Nutella-filled bomboloni. *171 E Post Road, White Plains; 914.831.3303; www.paxromanany.com* Pickup/Delivery

Yonkers

DOLPHIN *Seafood $$$*
The Rugova family runs this bilevel restaurant serving up seafood, pasta, steaks, and big salads. A 100-seat patio lends views of the Hudson River. Late-night menu Thurs to Sat until 1 a.m. *1 Van Der Donck St, Yonkers; 914.751.8170; www.dolphinrbl.com* Pickup/Delivery

PUBLIC PIZZA ITALIAN RESTAURANT & BAR *Italian $$$*
Sister to Scarsdale's Pizza & Brew and Via Forno Wood Fired Pizza & Vinoteca, this Ridge Hill addition from the Racanelli family of eateries offers every Italian comfort classic under the Tuscan sun, plus elevated burgers, wings, steak, and inventive salads. *193 Market St, Ridge Hill, Yonkers; 914.652.7611; www.publicpizzaitaliankitchen.com* Pickup/Delivery

SALSA BEMBÉ *Puerto Rican/Latin American $$$*
Across three stories and alongside traditional arroz con pollo, ropa vieja, and paella, expect inventive offerings of braised oxtail, guava barbecue ribs, and trifongo: mashed green and sweet plantains with yuca and choice of protein. *811 McLean Ave, Yonkers; 914.294.0096; www.salsabembe.com* Pickup/Delivery

TOP 32 **X2O XAVIARS ON THE HUDSON**
New American $$$$ Venerated chef Peter Kelly's restaurant sits on the historic Yonkers Pier, offering breathtaking views of the Hudson River and his famous cowboy rib-eye for two. The casual Dylan Lounge boasts its own menu. Closed Mon. *71 Water Grant St, Yonkers; 914.965.1111; www.xaviars.com* Pickup/Delivery

ZUPPA *Italian $$$*
Paskual Dedi is the executive chef at this urbane Italian restaurant serving creative homemade pastas and top-notch entrées. Three rooms are available for parties. Prix-fixe lunch ($25) Mon to Fri. *59-61 Main St, Yonkers; 914.376.6500; www.zupparestaurant.com* Pickup/Delivery

Yorktown

JEWEL OF HIMALAYA *Nepalese $*
Westchester's only restaurant serving the cuisine of Nepal and Tibet offers affordable dishes — juicy momos (dumplings), dal, and traditional *thukpa* soup — at two county locations. Closed Mon. *34 Triangle Ct, Yorktown Heights; 914.302.2886; 751 Central Ave, Scarsdale; 914.874.5506; www.enjoyhimalaya.com* Pickup/Delivery

THE GRAMERCY *Brasserie $$$*
Food★★★½ Service★★★ Atmosphere★★½ (09/19) This spot, which seats 100, has a chic vibe and a creative menu, with dishes that incorporate locally sourced and organic ingredients. *345 Kear St, Yorktown Heights; 914.302.7189; www.the-gramercy.com* Pickup/Delivery

SUMMER'S MUST TRY DISHES

A Warm Weather Guide on Where to Go and What to Try in Area Restaurants



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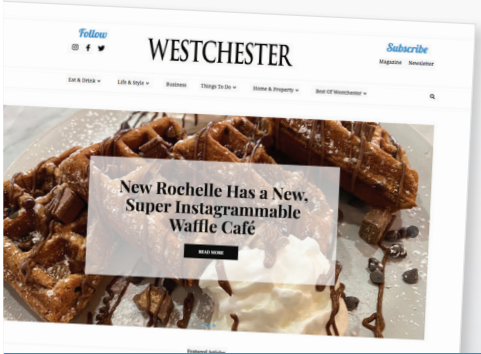


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JUNE IS ALZHEIMER'S & BRAIN AWARENESS MONTH

DISCRIMINATION

is a barrier to Alzheimer's and dementia care. These populations reported discrimination when seeking health care:

- 50% of Black Americans
- 42% of Native Americans
- 34% of Asian Americans
- 33% of Hispanic Americans

1 IN 3

seniors dies with Alzheimer's or another dementia



It kills more than

BREAST CANCER

+

PROSTATE CANCER

COMBINED

MORE THAN 6 MILLION

Americans are living with Alzheimer's

Between 2000 and 2019, deaths from heart disease have

DECREASED 7.3%

while deaths from Alzheimer's disease have

INCREASED 145%

Alzheimer's and dementia deaths have increased

16%

during the COVID-19 pandemic

In 2021, Alzheimer's and other dementias will cost the nation

$355 BILLION

By 2050, these costs could rise to more than

$1.1 TRILLION

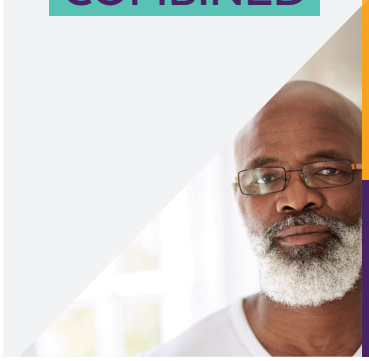
OVER 11 MILLION

Americans provide unpaid care for people with Alzheimer's or other dementias

These caregivers provided an estimated 15.3 billion hours valued at nearly

$257 BILLION





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alzheimer's association®

Know the 10 Signs of Alzheimer's Disease

Memory loss that disrupts daily life may be a symptom of Alzheimer's or another dementia. Alzheimer's is a brain disease that causes a decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. Every individual may experience one or more of these signs in a different degree. If you notice any of them, please see a doctor.

Memory loss that disrupts daily life: One of the most common signs of Alzheimer's is memory loss, especially forgetting recently learned information. Others include forgetting important dates or events; asking for the same information over and over; increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.



What's a typical age-related change? Sometimes forgetting names or appointments, but remembering them later.

Challenges in solving problems: Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.



What's a typical age-related change? Making occasional errors when balancing a checkbook.

Difficulty completing familiar tasks at home, at work or at leisure: People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.



What's a typical age-related change? Occasionally needing help to use the settings on a microwave or to record a television show.

Confusions with time or place: People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.



What's a typical age-related change? Getting confused about the day of the week but figuring it out later.

Trouble understanding visual images and spatial relationships: For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving.



What's a typical age-related change? Vision change related to cataracts.

New problems with words in speaking or writing: People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a watch a "hand-clock").



What's a typical age-related change? Sometimes having trouble finding the right word.

Misplacing things and losing the ability to retrace steps: A person with Alzheimer's disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time.



What's a typical age-related change? Misplacing things from time to time and retracing steps to find them.

Decreased or poor judgment: People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean.



What's a typical age-related change? Making a bad decision once in a while.



Withdrawal from work or social activities: A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced.

What's a typical age-related change? Sometimes feeling weary of work, family and social obligations.

Changes in mood and personality: The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in places where they are out of their comfort zone.



What's a typical age-related change? Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

What to do if you notice these signs

If you notice any of the 10 Warning Signs of Alzheimer's in yourself or someone you know, don't ignore them. Schedule an appointment with a doctor.

With early detection, you can: Get the maximum benefit from available treatments – you can explore treatments that may provide some relief of symptoms and help you maintain a level of independence longer. You may also increase your chances of participating in clinical drug trials that help advance research.

For more information or to learn about programs and services available in your local community, visit the Alzheimer's Association Hudson Valley Chapter onilne at www.alz.org/hudsonvalley or call our 24/7 hotline at 800.272.3900.



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Learn 10 ways to love your brain

By Alzheimer's Association Hudson Valley Chapter

Research is still evolving, but evidence is strong that people can reduce their risk of cognitive decline by making key lifestyle changes. Based on this research, the Alzheimer's Association offers 10 Ways to Love Your Brain, a collection of tips that can reduce the risk of cognitive decline. When possible, combine these habits to achieve maximum benefit for the brain and body:



Break a sweat: Engage in regular cardiovascular exercise that elevates your heart rate and increases blood flow to the brain and body. Several studies have found an association between physical activity and reduced risk of cognitive decline.

Hit the books: Formal education in any stage of life will help reduce your risk of cognitive decline and dementia. For example, take a class at a local college, community center or online.

Butt out: Evidence shows that smoking increases risk of cognitive decline. Quitting smoking can reduce that risk to levels comparable to those who have not smoked.

Follow your heart: Evidence shows that risk factors for cardiovascular disease and stroke — obesity, high blood pressure and diabetes — negatively affect your cognitive health. Take care of your heart, and your brain just might follow.

Heads up: Brain injury can raise the risk of cognitive decline and dementia. Wear a seat belt, use a helmet when playing contact sports or riding a bike, and take steps to prevent falls.

Fuel up right: Eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit to help reduce the risk of cognitive decline. Although research on diet and cognitive function is limited, certain diets, including Mediterranean and Mediterranean-DASH (Dietary Approaches to Stop Hypertension), may contribute to risk reduction.

Catch some ZZZs: Not getting enough sleep due to conditions like insomnia or sleep apnea may result in problems with memory and thinking.

Take care of your mental health: Some studies link a history of depression with increased risk of cognitive decline, so seek medical treatment if you have symptoms of depression, anxiety or other mental health concerns. Also, try to manage stress.

Stump yourself: Challenge and activate your mind. Build a piece of furniture. Complete a jigsaw puzzle. Do something artistic. Play games, such as bridge, that make you think strategically. Challenging your mind may have short- and long-term benefits for your brain.

Buddy up: Staying socially engaged may support brain health. Pursue social activities that are meaningful to you. Find ways to be part of your local community — if you love animals, consider volunteering at a local shelter. If you enjoy singing, join a local choir or help at an after-school program. Or, just share activities with friends and family.

It's never too late or too early to start thinking about your brain's health — making healthy choices at any age is beneficial. Visit **alz.org/10ways** to learn more.



Time Away Grants Can Help Families of People with Dementia Afford Respite Care

By Alzheimer's Association Hudson Valley Chapter

Dementia caregivers are at increased risk for burnout and decline in overall health. Since Alzheimer's is a degenerative disease that attacks the brain — causing impaired memory, thinking and behavior — people with the disease eventually require constant supervision and assistance with the tasks of daily living. The Alzheimer's Association Time Away Respite Care Program seeks to protect caregivers' well-being by offering them a break from the emotional and physical stress of their role.

"Caregivers need to find time to take care of themselves and get a break from the daily routine of caring for a loved one with Alzheimer's disease or other dementia," said Meg Boyce, Vice President of Programs and Services for the Hudson Valley Chapter. "That is why the Hudson Valley Chapter offers the Time Away Respite Grant. This grant allows a caregiver the time to take care of themselves, as well as work on a long term plan of care for their loved one. It can also be a time for the caregiver to hold a family meeting to talk about future plans and what support he/she/they need moving forward. Remember we can't take care of someone else if we are not taking care of ourselves first."

Respite services fall into three primary categories:

IN-HOME SERVICES: A companion, homemaker, home health aide, or nurse provided in the home by a licensed or accredited agency.

ADULT DAY CARE: Care provided in a medical or social-model adult day care program by a trained staff. A typical day might include socialization with others, moderate exercise and activities, light meals and assistance with personal care. Transportation is sometimes also provided by the facilities.



OVERNIGHT CARE: Temporary placement in a licensed health-care facility to allow the caregiver to travel, receive medical care, or have more complete rest. The patient must return home for financial assistance to be granted.

Time Away grants of up to $1,000 are available and can be used to pay for approved respite care services following acceptance into the program. Although there are no specific income requirements for program eligibility, Time Away funds are limited, so those who receive Medicaid are expected to use that funding for respite first and may not be eligible. To learn more about the Time Away Respite Program, call the Alzheimer's Association at 800.272.3900.

This special section is supported in part by a grant for the New York State Department of Health.

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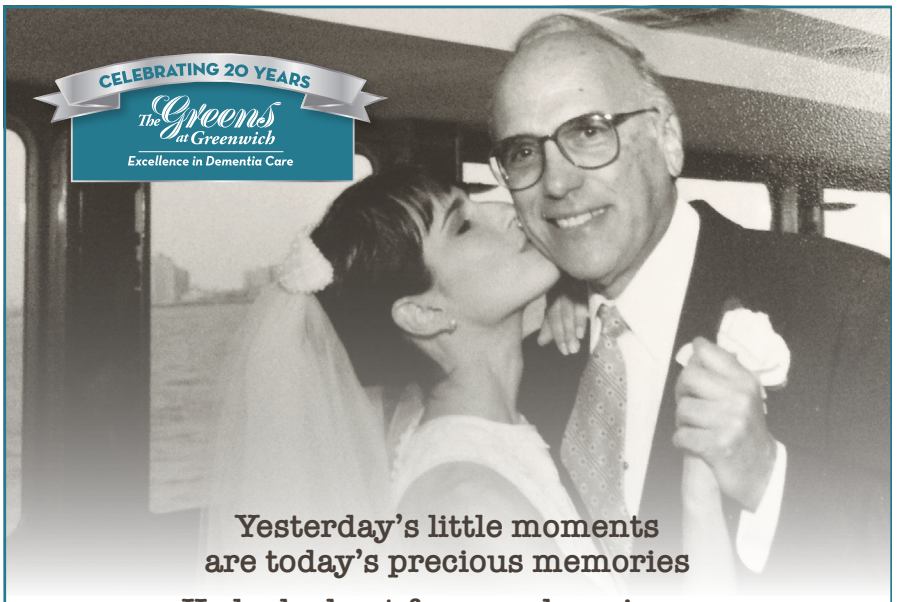
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Online educational & social programs available for public, people with dementia

The Alzheimer's Association Hudson Valley Chapter has a variety of educational and social programs available for the general public and for families living with Alzheimer's and other forms of dementia.

Educational programs for the general public include "Healthy Living for your Brain and Body," which offers information from the latest research to help plan for healthy aging. "Understanding Alzheimer's and Dementia," explains the basics about dementia and Alzheimer's, as well as resources available from the Alzheimer's Association that can help. "Legal & Financial Planning for Alzheimer's Disease" offers tips on how to put legal and financial plans in place as one gets older.

In addition, the Hudson Valley Chapter offers a variety of virtual social programs for people with dementia and their loved ones. These include:

ALZ Across New York: An ongoing series of virtual trips to various destinations around the state.

AlzWell Social Club: An ongoing series featuring creative interactive activities and support sessions

Memory Cafes: Virtual social activities for people with early-stage dementia and their family caregivers involving musical entertainment, meditation and more.

Something for Alz: A series of online interactive sessions including art, music, movement and other creative activities. A special Summer Vacation series in August will feature musical performances.

For specific dates and times when these and other programs are being offered, visit **alz.org/hudsonvalley**. You can also register and search for live educational and social programs by zip code at **alz.org/crf.**

Educational programs: Pre-recorded educational programs are available anytime at: **alz.org/help-support/resources/care-training-resources**.

To register: You can also register for programs or obtain more information by calling the Alzheimer's Association at 800.272.3900.

Caregiver resources available

The Alzheimer's Association offers care consultations, which are meetings with on-staff licensed social workers who can help families living with dementia access community resources, get advice on care, future planning and more. Call 800.272.3900 to schedule an appointment.

For information about caregiving during the COVID-19 pandemic, visit **https://alz.org/alzheimers-dementia/coronavirus-covid-19** or call the Alzheimer's Association's free 24/7 Helpline at 800.272.3900.



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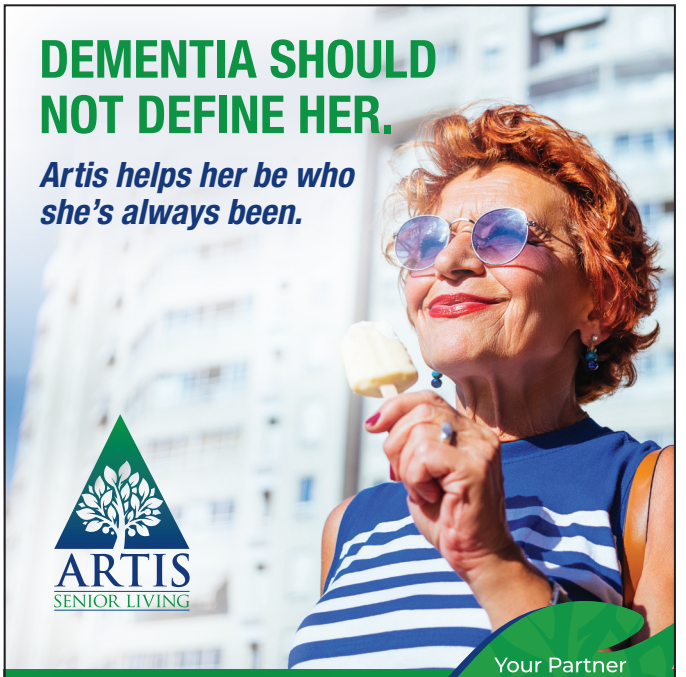
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PUBLICATION DATE: **August 17, 2021**

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class of 2021

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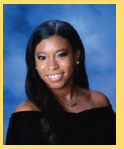
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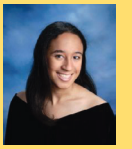
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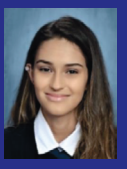
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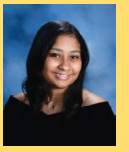
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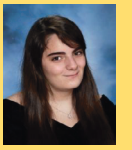
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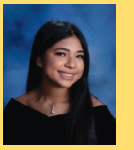
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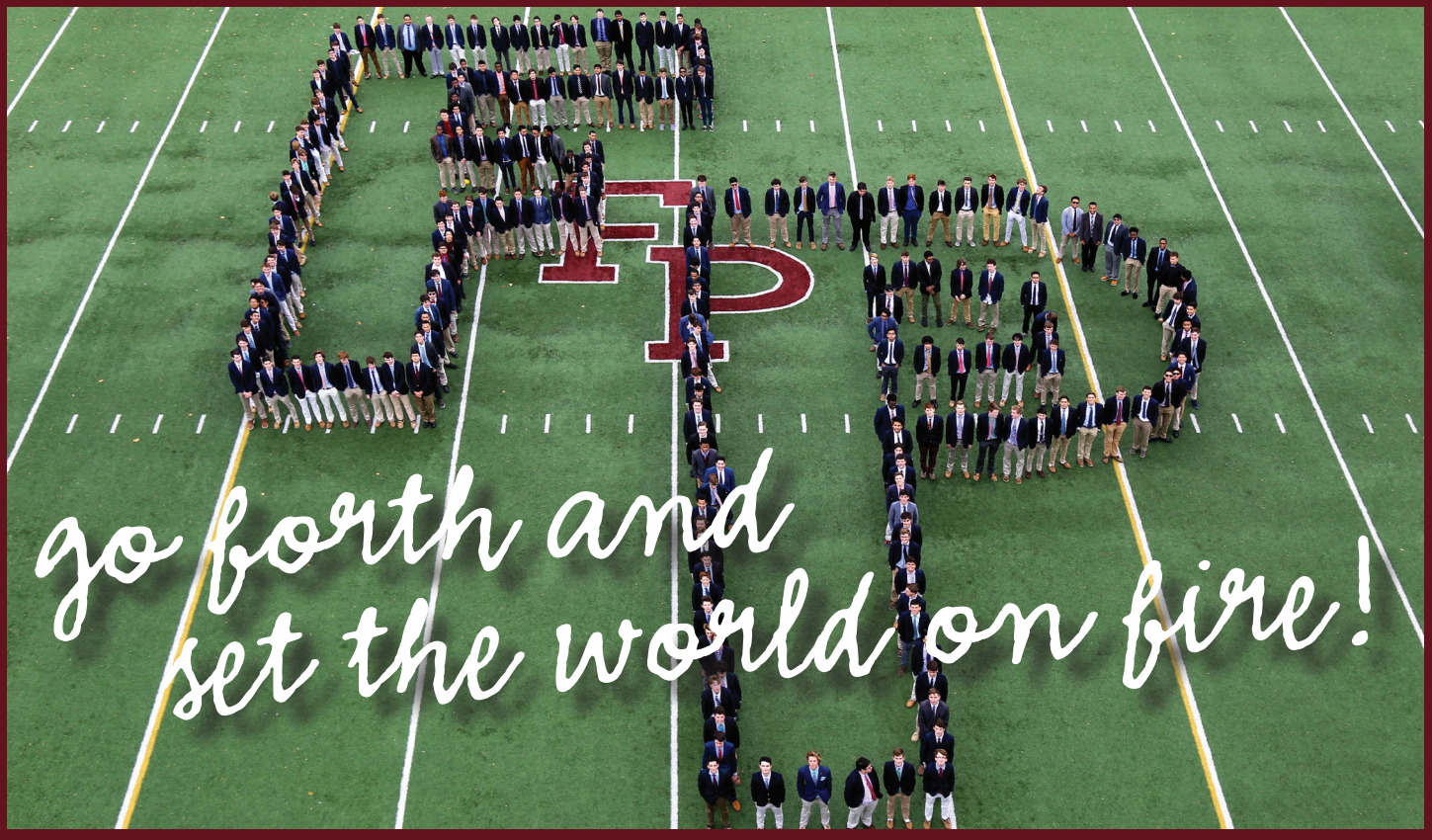
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coming attractions

BEST BETS

EDITED BY *Paul Adler*







CLOCKWISE FROM LEFT: NO JUSTICE, NO PEACE BY DONNA CHAMBERS; "EMOJI VASE 2020" BY ADAM CHASE; *PANDEMIC PORTRAIT PROJECT 45* BY ELEANOR MILLER; ALL PHOTOS COURTESY OF ARTSWESTCHESTER

A Return to Form

One of the county's largest cultural institutions, ArtsWestchester has begun welcoming visitors back to its White Plains gallery with a new exhibition examining the horrors, triumphs, and tragedies we have collectively endured over the past year.

Together apART: Creating During COVID strives to reflect our shared experience of the pandemic through more than 250 works, encompassing paintings, sculptures, crafts, photography, songs, and other varied media, ongoing through August 1.

Best Bets

Our favorite reasons to get out of the house this month. **BY PAUL ADLER**



PHOTOGRAPH BY CATHERINE POWELL

June 4

Shorr Thing

Kalie Shorr has been turning plenty of heads in the five short years since she burst onto the country-music scene. Onstage at The Palace Stamford this month, Shorr and her music have been spotlighted by Apple Music, CMT, Spotify, Radio Disney Country, Pandora, and *Billboard* magazine. Additionally, her 2019 debut album, *Open Book*, was dubbed "2019's best freshman country effort" by *Variety*, so get those cowboy boots out of the closet and come see why Shorr's star is on the rise.

June 14

A Second Act

It's never too late to try something new, as evidenced by Demitasse Players founder Richard Cirulli, who, at the age of 69, had been crafting works for his lauded White Plains nonprofit since 2016 when he suddenly decided to try his hand at filmmaking. In January, the retired professor and author shot his charming, thought-provoking comedy, ***An Existential Date***, at White Plains' Wolf & Warrior Brewing Company, where it will also be screening this month during an event dedicated to raising funds for mental health awareness.

June 5

Celebrating Spring

Families looking for a safer way to celebrate the joys of the season may want to head to Port Chester's Clay Art Center this month, when they hold their annual **Spring Fest**. Attendees can look forward to hands-on clay activities for kids, wheel throwing and raku-firing demonstrations, a raffle, and even an outdoor pottery sale, all with free admission and masks, and social distancing.



PHOTOGRAPH BY HALINA SABATH/ COURTESY OF ARTS WESTCHESTER

June 14

A Day to Remember

It's no secret that the late Ralph Martinelli made *Westchester* the acclaimed magazine it is today. What fewer know is that our beloved founding publisher was also passionate about both golf and the arts. To celebrate Ralph and thank him for his many years as a fervent advocate and board member of ArtsWestchester, the White Plains-based nonprofit has renamed its annual fundraising event the **Ralph Martinelli Memorial Golf Outing**, which will take place this month at New Rochelle's Wykagyl Country Club.

June 23

Poetry Party

If your life is missing a bit of culture, but you still aren't comfortable in public, the Hudson Valley Writers Center has you covered. This month, the center will host a reading by three acclaimed writers. **An evening with Sumita Chakraborty, Cortney Lamar Charleston, & Carey Salerno on Zoom** will feature Chakraborty, a lauded poet, essayist, and scholar, as well as a Ruth Lily Fellowship winner, reading alongside poet and *The Rumpus* editor Lamar Charleston, who will be joined by writer and professor at the University of Maine at Farmington Carey Salerno.

June 24 thru Sept 26

Hold Up

Nyack's Edward Hopper House began allowing art lovers back to its gallery this spring, and it has heralded their return with an exciting new exhibit. **Adrien Broom: Holding Space** comprises a collection of attractive photographs that combine the sensibilities and sensuality of classical painting with the techniques of contemporary photography, courtesy of a deeply talented artist educated in Florence and London.



9:45 a.m.



11 a.m.



1 p.m.

DONUT PHOTO COURTESY OF BILLY & PETE'S; OTHER PHOTOS BY DOUG SCHNEIDER

Lots to Love in Larchmont

BY MICHELLE GILLAN LARKIN

At just 1.1 square miles in area, Larchmont is tiny — particularly next to neighboring New Rochelle, more than 10 times its size — yet the offerings are abundant, much like the Sound that laps its shores. No real need for wheels to spend a day here; just a good pair of kicks and a healthy dose of get-up-and-go are all that's required to enjoy the vibrant shops, eateries, culture, and coast of this quaint, compact, and bountiful little village.

8 a.m. Nothing like a nice stretch and a deep breath to start the day off right; a class at **Balance Yoga & Wellness** (*2444 Boston Post Rd; www.balanceyogany.com*) will set a positive tone for the whole weekend. If you require a cuppa first, pop in to **Sunshine Coffee Roasters** (*1932 Palmer Ave; www.sunshineroaster.com*), where beans are roasted on-site and brewing begins by dawn.

9:45 a.m. Keep the healthful trend going, with a "heart-made" smoothie at **Bradley's Café & Desserts** (*2 Chatsworth Ave; www.bradleyscafe.com*), or sit for a full-on brekkie at community-minded **The Grange** (*158 Larchmont Ave; www.thegrangelarchmont.com*), where the torched brioche French toast is served upright and wedge-style, and elevated BECs go down easy any style. Post-workout sweets more your jam? Knock three times at the almost-secret **Side Door Donuts** at **Billy & Pete's Social** (*121 Myrtle Blvd; www.billyandpetes.com*), slightly more than a hop-skip away, so you can walk off the can't-stop-at-one indulgence.

11 a.m. It is so time to shop, and Larchmont's four intersecting, dynamic retail thoroughfares make it way too easy. If you already veered a bit off the beaten path for a doughnut, duck in first to **The Souk at maisonette** (*170 Myrtle Blvd; www.maison-*







etteshoppe.com), which beckons browsers to "shop the world without leaving Westchester" for unique global home goods. Head back to the village heart for hot designer threads from the always on-point **Palmer & Purchase** (*1905 Palmer Ave; www.palmerandpurchase.com*) or a boutiquey new outfit from **Love Bella** (*1907 Palmer Ave; www.lovebellalarchmont.com*).

1 p.m. Lunch at local institution **Stan'z Café** (*26 Chatsworth Ave; www.stanzcafe-larchmont.com*) is never a miss, with an inventive, upmarket take on salads and sammies, and be sure to dip your paper straw into an all-natural house-made soda. **Apiary** (*157 Larchmont Ave; www.apiary-larchmont.com*) is another solid spot for soup and paninis, like the one with fresh mozzarella and prosciutto, though you could also splurge on a lobster roll.

2:15 p.m. Grab a midafternoon pick-me-up in the form of a fresh and flaky croissant or a petite box of handcrafted macarons at **La Parisienne French Bakery Café** (*2116 Boston Post Rd, la-parisienne-french-bakery-cafe.business.site*) and take it on a short trek to **Larchmont Manor Park** (*108 Park Ave; www.larchmontmanorpark.org*), where residents hit the private beach and everyone enjoys the green space, walking trails, and 5,000 feet of shoreline with spectacular natural sculptures born from glacial rock.

4 p.m. Head back to town and plan for Sunday brunch with a boxed-up signature lemon-curd burst cake from **Seth Greenberg's Just Desserts** (*1887 Palmer Ave; www.sethgreenbergsjustdesserts.com*) or perhaps a hostess gift of artisan Belgian chocolate bark from **Cocoa** (*2107A Boston Post Rd; www.cocoachocolateshop.com*); might be a bit late for caffeine, but don't miss the sweet proprietor's luscious hot chocolate.

4:45 p.m. Still time to spend, and a piece from the always changing, finely curated, one-of-a-kind inventory at **Fofie & Mia's** (*2417 Boston Bost Rd; www.fofiemia.com*) will surely find a place of prominence in your home. Then, visit the iconic **Village Mercantile** (*28 Chatsworth Ave; www.village-mercantile.com*) for modern, thoughtfully made personal and home effects.

6 p.m. If you haven't caught a glimpse yet, make it a point to check out the towering and inspiring **Street Art for Mankind** (*www.streetartmankind.org*) wall murals, mainly along Larchmont Avenue, that pay tribute to the village's founding families.

6:45 p.m. Wind down with a before-dinner sip from the extensive tequila menu at **La La Taqueria** (*150 Larchmont Ave; www.lalataquerialarchmont.com*) or linger over a stiff and smoky mezcal negroni.

7:30 p.m. End the day with a satisfying meal at family-owned neighborhood gem **Lusardi's** (*1885 Palmer Ave; www.lusardislarchmont.com*), an excellent choice for fine Italian classics. Or, check out the new farm-to-fork hotspot, **Heritage 147** (*147 Larchmont Ave; www.heritage147.com*) and the stellar **Christopher's by Chef Joe** (*2382 Boston Post Rd; www.christophersby-chefjoe.com*), which is everything you'd want from a proper Italian steakhouse.



REISMAN PHOTOGRAPH BY STEFAN RADTKE; THEATER PHOTO BY TRXR4KDS AT ENGLISH WIKIPEDIA

Closing Time

At Christmas, my wife and I witnessed one of the last dying days of Lord & Taylor in Eastchester. This wasn't a holiday shopping expedition but a cathartic exercise, a curiosity-driven glimpse into the destructive power of the pandemic.

What had once been a proud department store was reduced to a threadbare flea market.

The nude mannequins told the story: Luminescent, hairless, and hopelessly obsolete, they were too frail to be repurposed as crash-test dummies. They stood in rows, like silent, extraterrestrial clones of Jeff Bezos, refugees from the planet COVID, telepathically conveying the message: *Take me to your fulfillment center!*

Brick-and-mortar businesses come and go as a matter of course. But COVID was a swift and cruel destroyer of once-thriving businesses. Taken as a whole, the casualty list for Westchester County is striking: the Hilton Westchester, the Castle Hotel & Spa, the Westchester Broadway Theatre, Sears, and the aforementioned Lord & Taylor to name just a few. And lest we forget the Main Street haunts — the friendly corner saloons, small restaurants, mom-and-pop stores, and movie houses that were a part of the fabric of daily suburban life but simply couldn't survive the lockdown. At first, some were deemed "temporarily closed," until the merchants who operated on goodwill and thin margins got wise to the mutating plague and closed them for good.

At the one-year anniversary of the pandemic, in March, the state comptroller's office reported that 78% of New York businesses with fewer than 500 employees were still suffering financial hardship. However grim the prognosis, the dry data can't fully capture the sense of loss so funereally expressed, for example, by hundreds of loyal patrons of the Westchester Broadway Theatre in Elmsford, which closed in October, after 46 years. (Reports have it that the theater will be gutted and used as a warehouse.)

"Hubby broke the news to me like someone had died," one woman commented on the WBT Facebook page. "I have already cried multiple times today!"

After I posted photos of my Lord & Taylor excursion on social media, a lifelong store customer commented that she "felt like I was at a wake. Very sad."

None of this is meant to overlook the tragic cost in human life. More than 2,400 people have died from the pandemic in Westchester alone — a sobering reminder to keep things in perspective.



At the one-year anniversary of the pandemic, in March, the state comptroller's office reported that 78% of New York businesses with fewer than 500 employees were still suffering financial hardship.

Still and all, we are talking about livelihoods if not actual lives. And if it's a sin to lament the loss of a familiar, welcoming place where you were happy to spend your money, well, at least it's a forgivable sin.

I was happy to spend my money at the Bronxville movie theater, one of those familiar, welcoming places that was temporarily closed until it was shut down for good. The theater had been on Kraft Avenue since the advent of talkies, and it was where I took my wife on our first date. We saw the *Seven Percent Solution*.

Movie theaters have been on the precipice of extinction for a long time. COVID pushed many of the survivors off the edge, or, in the case of Alamo Drafthouse, into the financial limbo of Chapter 11. In the year 2020, national ticket sales declined by an astounding 82%, giving new meaning to the word "unsustainable."

Knowing full well the challenges facing the movie-house business, not to mention the impatience of profit-minded chain ownership, I never took the Bronxville theater's existence for granted. Nevertheless, I was saddened when Bronxville's mayor, Mary Marvin, reported in January that the theater had closed permanently.

In an article for *Patch*, Marvin wrote that the three-screen theater was more than merely a local concern, but a place that attracted people from surrounding communities who would also go to a restaurant, buy an ice cream cone, and window-shop and then come back the next day to buy something they had seen. She concluded, "My feeling ... is we have to do everything we can not to lose our movie theater."

There's hope. A few months after the theater closed, Marvin told me in an email that "two people connected with the village" were trying to work out a deal to reopen it. As of this writing, she said it "was super, super promising" and that she was crossing her fingers. I am too.

The opinions and beliefs expressed by Phil Reisman are his alone and do not necessarily reflect those of Westchester Magazine's *editors and publishers. Tell us what you think at* edit@westchestermagazine.com

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