# Hudson Valley

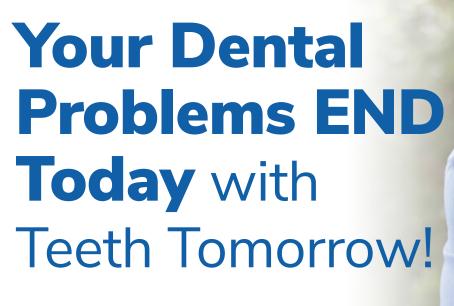




**Apple Picking Guide 2020** 

An Interview with Nicholas Kristof and Sheryl WuDunn







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On the Cover: The Beacon Daily's chicken sandwich, photo by Kimberly Glatz/@shot.bykimberly

**Coming Next Month:** Our annual list of the Top Doctors in the Hudson Valley. Plus, recipes for a Thanksgiving feast with all of the trimmings.



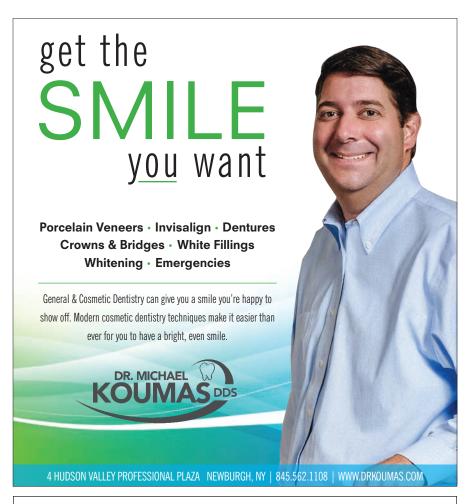
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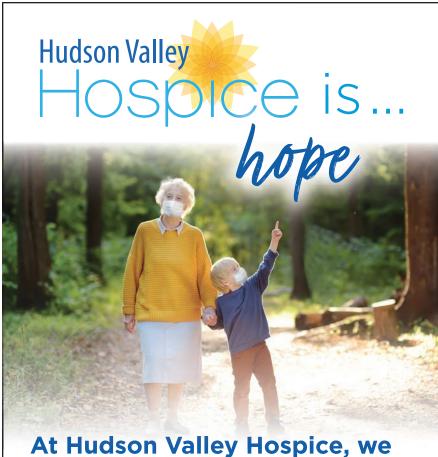
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#### Falling in Love with the Valley

I'm a Welsh journalist/columnist for the Daily Mail in the UK and I recently moved to Beacon (from NYC - like so many!). I just wanted to say how much I LOVE the magazine! I've fallen totally in love with the Hudson Valley, having visited just a couple of times last year, and the magazine is so interesting and informative; I'm learning so much! Loved the piece about Lizzie Brown Halliday.

Jacie Stephen, via email

#### **Top-Rated Teachers**

Remember teaching is not manufacturing, all the teachers work with a variety of students from various backgrounds. Teaching cannot be quantified like a manufacturing facility where the product is created with uniform raw materials. All students are unique, that's the amazing part!

ErKel Henry Bender, via Facebook, "Best Teachers in the Hudson Valley/Niche"

#### The Magical Roxbury Motel

Great place and very clean during COVID times! Highly recommended!

> Veronica Horne, via Facebook, "Over-the-Top Catskills Hotel"

#### Winners on the Web: August

- 1) Affordable towns
- 2) Roxbury at Stratton Falls
- 3) Hudson Valley Riverside Restaurants
- 4) Iconic Restaurants
- 5) Beaches and Swimming Holes

Write to us: mailbox@hvmaa.com: letters and comments may be edited for space and clarity.

#### Where in the Valley Winner

Congratulations to Judy Wirges of Hopewell Junction for correctly identifying SplashDown Beach. Turn to page 25 for this month's quiz.

# Elliman Everywhere Finding Your Next Home in the Hudson Valley

### Douglas Elliman



Modern Tuscan-Style Estate | Garrison, NY \$3,950,000 | 5 BR, 6.2 BA | **Web# H6042421** Margaret Harrington: O 914.232.3700 M 914.572.7395



Silverbrook Farm | Millbrook, NY \$1,995,000 | 6 BR, 4.1 BA | **Web# H5092536** John Oliveira: O 914.273.1001 M 914.447.2081



Distinctive Contemporary | Wingdale, NY \$1,250,000 | 5 BR, 3.1 BA | **Web# H6055910**Jessica Chutka-Pelletier: O914.273,1001 M 845.475.5604



Spectacular Escape | Putnam Valley, NY \$1,149,500 | 5 BR, 2.1 BA | **Web# H6065939** Anthony DeBellis: O 914.232.3700 M 914.618.1737



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Hudson Valley Retreat | Monroe, NY \$820,000 | 3 BR, 3.1 BA | **Web# H6062295** John Oliveira: O 914.273.1001 M 914.447.2081

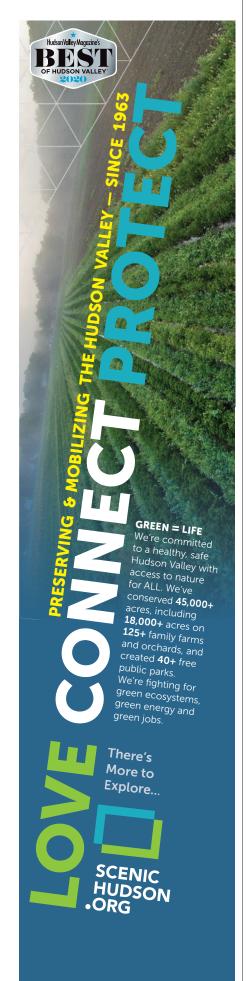


Sprawling Ranch | Lagrangeville, NY \$694,500 | 5 BR, 3.2 BA | **Web# H6056266** Mary Jean Staudohar: O 914.273.1001 M 914.474.7250



Custom Built Contemporary | Carmel, NY \$625,000 | 5 BR, 3.1 BA | **Web# H6024555**Jeffrey Hoffmann: O 914.273.1001 M 914.223.9613

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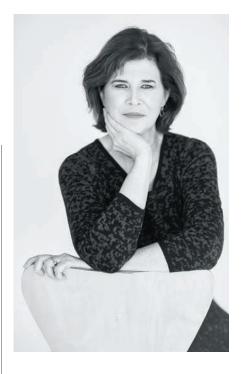
# Is There a Best of 2020?

he "Best of..." issue is a staple for many city and regional magazines, Hudson Valley, included. It's a surefire hit for businesses who are included and for readers looking for the best things to eat, drink, and experience in the region.

But when the COVID-19 pandemic hit the Hudson Valley in March, we questioned if we should continue with our online reader ballot and if we should even publish the issue this year. Would emails about voting for the best restaurants, bars, gyms, spas, and salons sound tone-deaf when most of these businesses were shuttered and we were sheltering in place? The opinions from our staff were mixed, so I consulted with editors from other city and regional magazines to see what they were doing. Those answers were also mixed.

Ultimately, we decided it was best to give it some time. Instead of publishing the run-off rounds for Food & Drink and Health, Beauty & Fitness starting in mid-March, we'd push it back a month to reassess. In mid-April, we checked in with some of the businesses in those categories and found that they very much wanted us to proceed with the voting: It would a bright light in a very dark time, and the results would be something to look forward to.

The run-offs went live on April 20, and the voting was through the roof, with 25,057 ballots cast in the five-week period - our highest number to date. It turns out, people definitely did want a diversion and were eager to give back to the businesses in their communities, even if they couldn't do so in person. And



we hope that now you are comfortable to to go out safely and enjoy some of the 326 venues on our list.

For our Editors' Picks we relied on our trusty running list of notable places, people, and things, that we've experience or written about throughout the year. We also welcome suggestions from the staff, freelancers, friends, and family - as well as readers and business owners. If you don't see your favorite place to visit or your own business on our list, please let us know what we're missing by emailing edit@hvmag.com, subject heading: BOHV suggestions.

Lastly, our Best of Hudson Valley party is virtual this year, so there is no excuse not to attend and celebrate the winners. Please go to www.bestofhudsonvalley.com to register and turn to "Photo Finish" on page 104 to check out some photos from last year's extravaganza.

Thank you for being the very best readers in the world.

> Kathryn Walsh Editor in Chief







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#### This month@hvmag.com



#### Hit the Rail Trails

Not only are the rail trails of the Hudson Valley free to visit, but they're ideal for walking and biking while taking in the beauty of the region we call home. www.hvmag.com/railtrails

#### Affordable Living

On the hunt for a house that's a boon for your budget in the Hudson Valley? Whether you want to buy or rent, our guide to the region's most affordable towns has the perfect home for you. www.hvmag.com/affordable towns

#### The Wandering Photo Booth

Wanderbus Photo Booth knows that no micro-wedding is complete without an Instagrammable backdrop, which is why it has a whole fleet of VW buses to make every party more perfect. www.hvmag.com/wanderbus

#### Education

Schools in the Valley answer questions about their philosophies, programs, and operating within uncertainty. www.hvmag.com/education

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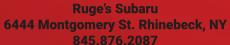














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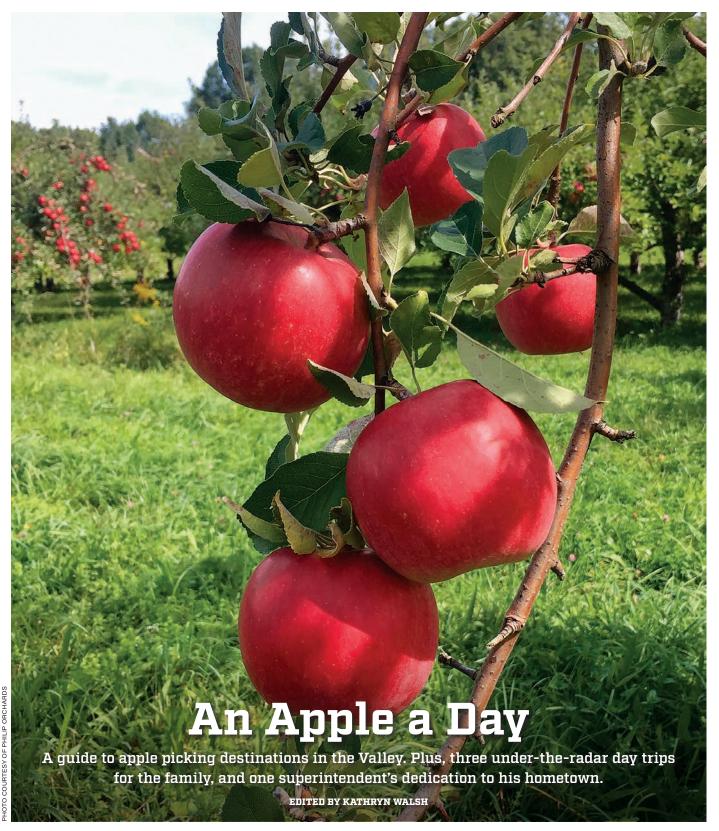
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# Pulse

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## Apple Farm **Guide 2020**

Don't let the pandemic keep you from your favorite fall pastime. Here are just a few of our favorite applepicking places, which are open and following COVID-19 guidelines.

BY CAMRYN LOWNDES

#### Cedar Heights Orchard, Rhinebeck

This orchard has been in the Morris family for almost 70 years. Pricing starts at \$10 for a small bag and \$20 for a large one. The orchard is conveniently open seven days a week from 9 a.m. to 5 p.m. COVID-19 Update: Masks are required; call or visit the website for updates. www.rhinebeckapples.com

#### DuBois Farms, Highland

In addition to picking with picturesque views of rolling hills and verdant land, DuBois has a farm market, café, and bakery. Save time to visit The Tavern for music, BBQ, and some local hard and sweet ciders. The farm is

#### Save the Date

#### Illuminance Bannerman Island

September 30-October 4

For five nights, the Illuminance concert series, featuring music from the Daisy Jopling Band, performances from local youth, and a light show by Emmy Award-winning designer Deke Hazirjian, will be projected on the ruins of Bannerman Castle. A 20-minute boat ride across the Hudson River at dusk and tour of the island precede the concert and light show. Admission is limited to 40 guests per night, and New York State Health guidelines will be followed to ensure a safe and intimate experience. Proceeds from the event will benefit the Bannerman Castle Trust and the Daisy Jopling Music Mentorship Foundation, which provides tuition-free music lessons and mentorship to more than 94 students. To purchase tickets, visit

www.bannermancastle.org/daisy-joplingilluminance



open seven days a week, 10 a.m-5 p.m, through November.

COVID-19 Update: Masks are required, and social distancing must be followed. Handwashing stations are located throughout the orchard and barns. Store registers have been relocated outside. www.dubouisfarms.com

#### Fishkill Farms, Fishkill

This orchard has been in the Morgenthau family for more than 100 years. Fast forward to 2020, and, in addition to apples, the farm now offers a variety of different fruits and vegetables, a year-round farm store, seasonal pickyour-own, a CSA program, and more. **COVID-19 Update:** Socially distanced u-pick by reservations only; masks must be worn at all times; farm store is closed but accepting orders for pickup; no pets. www.fishkill farms.com

#### Lawrence Farms Orchards, Newburah

Not only does the orchard have 17 types of apples, but it grows seasonal raspberries, pears, green peppers, corn, and much more. Admission is \$3 per person, but visitors can score a season pass for only \$10 per person, which gives you access to the farm from June to October and includes a 10 percent discount on produce purchases.

COVID-19 Update: Face masks are required upon entry, and no outside bags are permitted. Social distancing markers and hand sanitizing stations are placed

around the farm. www.lawrencefarmsorchards.org

#### Love Apple Farm, Ghent

This one-stop farm has apples (plus peaches and berries in summer) to pick, but it's also a market, cafe (the usual fare, plus Mexican specialties), and bakery, offering homemade pies, apple turnovers, apple cider donuts, and more. COVID-19 Update: Market is open 8 a.m.-6 p.m. for front door pickup; to receive grocery lists or submit an order email orders@loveapplefarm.com. www.loveapplefarm.com

#### Philip Orchards, Claverack

Go here if you want apple picking without all the extras like hayrides, etc. The orchard grows 23 different varieties of apples and pears.

**COVID-19 Update:** Washing stations available around the farm. www.philiporchardsny.com

#### Salinger's Orchard, Brewster

This orchard was established in 1901 and is still owned by the same family. It grows 18 types of apples that are already picked for you - along with preserves, dressings, and honey.

COVID-19 Update: For u-pick, guided tours are offered for parties of 10 to 30 people at \$10 per person. Weekends only. www.salingersorchard.net

For more apple farms go to www.hvmag.com/ applefarmguide

# MICHAELS; MURAL BY I JOANNE

### Hidden Corners Of The Hudson Valley

Three delightful day trips to take this fall.

BY JOANNE MICHAELS

#### Wethersfield Estate and Gardens

Amenia

Chauncey Devereux Stillman purchased abandoned farmland in 1937 and transformed it into this 1000-acre oasis with panoramic views of the surrounding countryside. Named after the town in Connecticut where his ancestors lived, Wethersfield Estate has a magnificently planned Italianate garden, which encircles the mansion. Even if you aren't interested in a house tour, make sure to take a walk on the scenic trails. Stillman passed away in 1989, but his foundation ensured the estate would be maintained for the enjoyment of the public.

Open mid-April through mid-November for hiking; self-guided tours of the garden are given June through September, Friday through Sunday, noon-5pm. Cross-country skiing is permitted on the grounds during the winter months. www.wethersfield.org

#### **Old Hurley Stone Houses & Burial** Ground

Hurley

Old Hurley's Main Street is on the National Register of Historic Sites, and for good reason. Its well-preserved stone houses have been residences for more than 300 years. After the British burned Kingston, New York State's capital, in 1777, Hurley then became the State's capital, albeit briefly.

Settled by the Dutch in 1662, the town was taken over by the British, along with the entire New Netherland colony, in 1664. Although the museum is closed due to COVID-19 and the stone houses are open to the public one day each year (the second Saturday in July), visitors may still enjoy the picturesque village. Make sure



to amble down Main Street, and detour to the burial ground where headstones date back hundreds of years. It's a short walk to the O & W Rail Trail from Main Street, so bring bicycles and enjoy an autumn ride. Stop for refreshments at Hurley Country Store, an authentic oldfashioned emporium chock full of model trains, local books, toys, and sweet treats.

Open year-round. Check the website for special seasonal events. www. hurleyheritagesociety.org

#### Wiltwyck Golf Club Kingston

During this time of seclusion, one of the first "pandemic pastimes" to emerge was golf, a sport where social distancing comes naturally. And as of 2019, Wiltwyck Golf Club has gone from a private club to welcoming the public.

The Robert Trent Jones-designed course (18 holes, par 72) is considered one of the most challenging places to play golf in the Hudson Valley. The surrounding scenery is stunning, and a full-service pro shop offers lessons for both adults and children. There is also an on-premises restaurant with outdoor seating for those who don't indulge in the sport.

Wiltwyck is open April through November weather permitting, from 7 a.m. to 7 p.m. daily. wiltwyck.org





Joanne Michaels' quidebooks have been regional best sellers for decades. She has visited hundreds of inns, restaurants, and attractions over the years while researching her guidebook, The Hudson Valley & Catskill Mountains: Only the Best Places, just published in its 11th edition. Her other books include Let's Take the Kids, Hudson River Towns, Hudson River Valley Farms and Hudson River Journey.





#### Person of Interest

### STILL FIGHTING FOR **NEWBURGH**

In childhood, Padilla was once known as a fierce wrestler for Newburgh schools. Not much has changed.

#### BY MIKE DIAGO

hen the Newburgh Enlarged City School District hired Roberto Padilla, Ed.D., as superintendent in 2014, he was still dusting off his hands after a cleanup at West Prep Academy in Harlem as principal. A 2014 article on www.dnainfo.com explains: "[He] was initially brought in by the DOE in February 2011 to get the rebellious student body into shape. Two and a half years later, attendance was up, as were grades, and there was a waitlist for the 200-student school." Before that, he had pressed through another heavy lift at Middle School 331 in the Bronx. It all began with a steep climb out of his own chaotic childhood in Newburgh, where perseverance first became his brand.

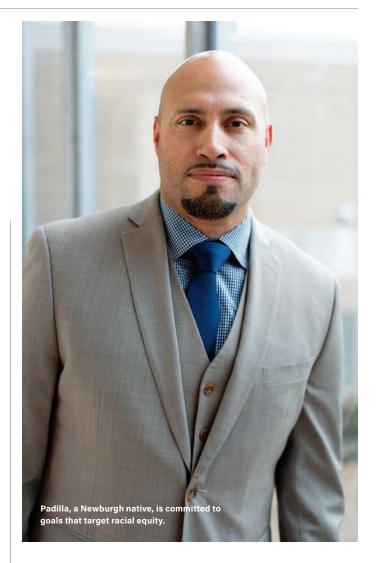
Padilla was raised by his single mother, but also lived with a foster family and at friends' home, all while in close proximity to persistent violence. He tells, "I wanted something different for myself." He poured his drive into football and wrestling, competing in high school state championships. He continued wrestling in college, making it to the NCAA championships while at SUNY Brockport. Then it was on to a master's from Fordham University, the Principals' Center program at the Harvard Graduate School of Education, a one-year fellowship at Columbia University on education policy, and a Fordham doctorate degree with a dissertation on turnaround leadership.

Padilla's hiring and homecoming at Newburgh couldn't have come at a better time.

Just prior to his arrival, an assessment was completed as part of Campaign for Fiscal Equity rulings that showed the graduation rate was 67 percent; the students were statistically the poorest and neediest in their comparison group; buildings had technology, safety, and ADA accessibility issues (with a higher than average disabled population); capital improvement projections exceeded debt limits; and 300 positions had been eliminated since 2010. Class sizes ballooned, as did social workers' caseloads to one per 1,575 students (one social worker per 250 students is the state standard).

Nonetheless, "I believed at my core there was something magical about this place and its people," Padilla says.

Padilla's attitude and expertise have helped him establish a solid report card six years into the job. He increased graduation rates to 77 percent - the highest since 2008 - in only his second year, and has lowered dropout rates significantly. Newburgh's breakfast-for-all program ranked third best in the country for three consecutive years according to the national Food Research and Action Center. Additional campuses opened for non-traditional learning, and students have the opportunity to graduate with a full year of college credits. His success at overhauling the struggling Newburgh Enlarged City School District earned him accolades as a "2019 Leader to Learn From" by Education Week magazine. Recently, the Newburgh community voted to pass a \$257 million capital improvement project, which



will supercharge progress in coming years.

Padilla is glad to share his secrets. In July 2018, an article he co-wrote with Nancy Gutierrez (chief strategy officer for the NYC Leadership Academy) offered six points to follow: Lead with a bold vision for equity, lead with urgency, balance high expectations with high support, be courageously non-compliant, lead with emotional intelligence, and know yourself as a leader.

Now that the school is faced with unprecedented challenges, like remote learning demands during quarantine and strife over long standing racial inequalities, his leadership style is more valuable than ever. Padilla says, "I'm honored to have been selected to be on the state and national [COVID] task forces. I have been very humbled by that." Padilla aims to turn the crisis into an opportunity by looking to remote learning as a way to bring struggling students up to speed, much as he has done with the evening school initiative.

Regarding racial equity initiatives he says, "Districts have to have the courage to name it and do something about it. Here we have committed to annual goals that specifically target racial equity which sometimes involve policy changes."

Though Padilla's path at Newburgh has had rough terrain in addition to COVID-19, there was a grade-fixing scandal last year that required a major investigation and an overhaul of practices - he has always found a way back to solid ground. As he says, "I may get knocked down, but I'm not staying down."

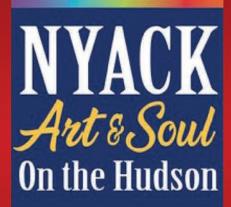
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# Home@Property

New Construction 30 Rental Market 32 Hot Property 34





**New Construction** 

### **Looking for a Country Home in** the Catskills?

Wurtsboro-based Catskill Farms is in the business of building, designing, and selling second homes. And that business is booming.

BY SIERRA GUARDIOLA

huck Petersheim, owner and founder of Catskill Farms - a 'turnkey land, home and everything else approach' company — has worked with more than 260 families over two decades to build second homes that fit their visions and needs.

"They're coming to me to pair them, their family, and their priorities with a piece of land, and a home at a certain price point," says Petersheim. Clients (mostly from NYC) pick a house style from one of Catskill Farms' original designs, and Petersheim and crew help them marry it to a piece of land in Sullivan, Ulster, or Dutchess County. "What makes

us different from [other firms offering models] is that we're able to be flexible enough to offer dozens and dozens of choices, as long as it stays within sort of the aesthetic and the style that we build."

Once the pandemic hit, Petersheim saw these city-dwellers facing some new challenges, as their secondary residence became their primary residence. "Nothing wears a house out like use, and people are really using their homes right now. In general, secondary homes, bought for occasional use, are breaking down and being pushed to the edge of their usefulness. For the most part, our

homes survive that transition from part

time to full time a lot better than most homes because they're newer."

What he discovered, regarding his clientele, is that second homeowners now have different needs because of how work and home life have changed. "When the home becomes your full-time residence, then all of a sudden, you're looking at flow, floor plan, and function much more like a primary homeowner. It typically is bathrooms, bedrooms, privacy, those type of things. We're seeing some large spaces requested to be split up."

If you're looking to have a home built, however, you'll have to wait awhile.



"We've stopped accepting new clients" says Petersheim. "We're booked. We build 18 homes a year. In five weeks, we booked half a year's worth of business."

To view Catskill Farms' home styles, see what's for sale, and learn more about their building, design, and contracting services go to www.thecatskillfarms.com.

#### **Tips for Second Homeowners**

Courtesy of Chuck Petersheim

"Transitioning a second home to a primary home typically means evaluating everything for a different use than you had envisioned," says Chuck Petersheim. Here he shares some important things to keep in mind for all homeowners:

- Make sure you're comfortable in your home from a temperature standpoint. If you're uncomfortable or having a hard time controlling your temperature, maybe you need more insulation in your attic or your basement [needs] some spray foam.
- Know how much your well can produce. Have your well examined by professionals so you know exactly how much water it's producing and the quality of that water.
- · Know your septic system. Make sure your septic tanks are pumped because now you're using them a lot more.
- If you have an extra bedroom, you may want to convert it [to another use] to try to carve out privacy.
- Have an electrician make sure that your electrical grid inside isn't being overloaded. You're probably using every outlet in the house and overloading them with electronics and gadgets.
- Be sure you have adequate smoke alarms or carbon monoxide detectors; these are very easy things to overlook.

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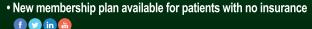




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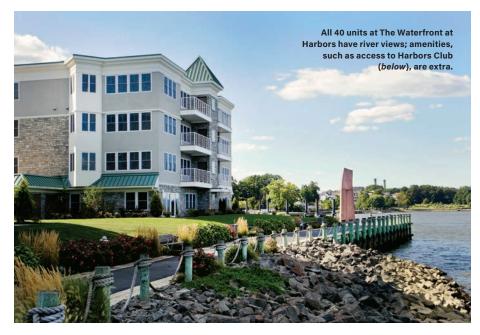
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Rental Market

### **Luxury and Location in Rockland County**

A condo community in Haverstraw is now offering rentals for those looking to escape city life. BY CHARLOTTE MAC KAY

he recent impacts of COVID-19 have caused many New York City residents to look to the Hudson Valley for housing, with some taking baby steps by renting. Finding quality rental locations with easy city access isn't always easy, however. Ginsburg Development Companies (GDC) is offering an ideal - if pricey - option in Haverstraw.

Luxury rentals at The Waterfront at Harbors, an intimate residential community within the Harbors at Haverstraw condominium community, start at \$3,450.

But you get what you pay for: all 40 units have a 100 percent direct view of the Hudson River from either a patio or balcony. The commute to the city, isn't bad either: The NY Waterways Commuter Ferry which brings you to Ossining's Metro-North station is a quick walk from The Waterfront at Harbors.

The single floor condos range from 973 to 19,876 square feet and include two to three bedrooms, a dining and living room, a kitchen, and parking space for two cars with an individual garage and driveway. The units are spread across eight different buildings, and each unit is equipped with designer walk-in showers



and tubs, a patio or balcony with a view, and a two-way fireplace connecting the living and dining rooms.

Outside the home, The Waterfront at Harbors capitalizes on its riverfront location with beautiful riverfront landscaping complete with a sculptured path. A quick stroll brings residents to Harbors Club, which offers year round relaxation and recreation with private marina slips, a kayak launch, a sundeck, and three seasonal pools to choose from, plus a poolside cafe. Beyond the river lifestyle, on-shore recreation is offered with a large private cinema room, cycling trail, spa treatment room, basketball court, billiard-equipped party lounge, and a fully equipped fitness center.





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Hot Property

### A Rowhouse Restoration in Newburgh

This elegant 1880 historic district home received a complete overhaul to transform it into a four-family space. **By SABRINA SUCATO** 

n a city where history lingers at every corner, this 1880 rowhouse fits right into the old-world elegance of Newburgh. But your life here doesn't have to focus solely on the past: The Grand Street address is just a few blocks away from the waterfront district and Liberty Street's dining and shopping

An ideal investment property, the Victorian-style home spans 3,428 square feet and has been divided into four rentable units. Each of units was fully renovated between 2018 and 2019 to bring it up to date while still preserving the original details of the space.

Within each of the apartments, light fills the interior and reflects across the elegant marble fireplaces and rich hardwood floors. All of the windows have been professionally restored to





preserve the integrity of the home, while modern touches like a new roof, boiler, water heater, and renovated bathrooms provide every creature comfort residents could crave. The kitchens have been overhauled, too, and now boast stainless steel appliances, stone countertops, and sleek cabinets. A traditional staircase with an elegant mahogany banister runs throughout, echoing back to the home's early days in the Hudson Valley.

Out back, a sweet garden area is fenced in and accessible for two of the units. Unit one comes with its own washer/dryer, while the other units can make use of the the basement laundry room.

# **THE DETAILS**

Address: 263 Grand St, Newburgh

Asking price: \$525,000 Property type: Multi-family

Style: Victorian Square footage: 3,428

Lot size: .091 Year built: 1880

School district: Newburgh Estimated taxes: \$10,248



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# **4 Reasons to Be Optimist About the Housing Market**

Case studies in surviving crises

hen we asked Joseph Rand, chief creative officer, Rand Realty to comment on the state of real estate during the pandemic, he shared Rand Realty's special report, What's Next for the Housing Market in the Pandemic Era? Case Studies of Housing Market Resiliency. In the report, the effects of the COVID-19 pandemic are compared to 9/11, the 2008 economic crisis, and Superstorm Sandy. Here are some excerpts:

## 1. The market disruptions were temporary.

Now that restrictions have eased up, agents and brokers are able to get back to business relatively quickly. As terrible as the pandemic is, it hasn't caused any damage to infrastructure that would impair business or government operations.

# 2. The pandemic's economic damage is disconnected from housing.

Although the pandemic's overall devastation of the economy could spread to the housing market, we see no reason to think that the pandemic will have a particularized effect on housing. This is not to minimize the severe impacts that the pandemic has already had on the stock market and unemployment, but only to say that those impacts are not specifically related to housing as an asset class.

# 3. The economy was strong when the pandemic hit.

In early March, the economy had been enjoying an unparalleled 10-year streak of job and GDP growth, with the stock market reaching a series of all-time highs. Given what we see in previous crises (9/11, the 2008 recession, and Superstorm Sandy), that's a pretty good indicator that the economy could bounce back after the pandemic eases.

# 4. The housing market was strong when the pandemic hit.

Similarly, the housing market was in robust shape. We had experienced over 10 years of sales growth, to the point that transactions had reached the heights of the last seller's market. And even though prices weren't all the way back to their historical highs, they were up sharply in the first quarter of the year.





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BY SAMANTHA GARBARINI, SIERRA GUARDIOLA, AND KATHRYN WALSH WITH JANE ANDERSON, MIKE DIAGO, LAUREN NARU, JONATHAN ORTIZ, AND SABRINA SUCATO

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Middletown; www.famousdelilicious.com

# **BACON DISH**

#### Roost

What could be better than bacon? The way they make bacon at Roost. Whole slabs of smoked pork belly are braised, sliced, threaded onto a skewer, and seared on the plancha for irresistibly crisp edges. It's finished with a sweetand-tangy orange-gochujang barbecue sauce and served with a palate-cleansing salad of shaved Granny Smith apple, mint, and crispy shallots.

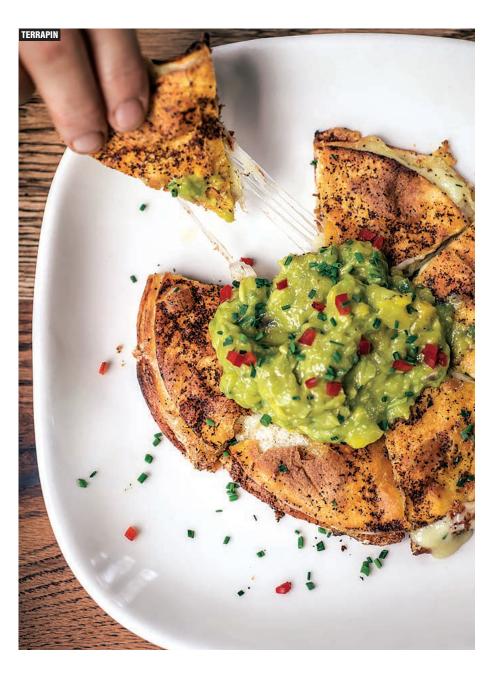
Sparkill; www.roostinsparkill.com

# **BREAD WAREHOUSE**

**Rockland Bakery** 

This place is like the Willy Wonka of bread factories. Open 365 days a year, the bakery produces tens of thousands of pounds of bread each day. Between the straight-from-the-oven aromas and conveyor belts loaded with every type of bread you can imagine (bagels, club rolls, baguettes, and ciabatta, oh my!), visitors can immerse themselves in the experience as bakers pull selections straight from the cooling racks.

Nanuet; www.rocklandbakery.com



# Food & Drink Readers' Picks

# **Appetizers**

AJ Café Wappingers Falls www.ajcafewappingers.com

# **Bagels**

**Hopewell Hot Bagels Hopewell Junction** Find them on Facebook

# **Bakery**

Deising's Bakery Kingston www.deisings.com

# **Bar Food**

**Liberty Street Bistro** Newburgh www.libertystreetbistro.com

# **Barbecue**

Billy Bob's BBQ Poughkeepsie www.billybobsbbq.biz

# **Bistro**

Terrapin Rhinebeck www.terrapinrestaurant.com

# **Breakfast**

**Eveready Diner** Brewster, Hyde Park www.evereadydiner.com

# Brunch

Shadows on the Hudson Poughkeepsie www.shadowsonthehudson. com

# **Buffalo Wings**

Handshakes Bar & Grill **Hopewell Junction** www.handshakes-bar-andgrill.com

#### Burger

The Anchor Kingston www.theanchorkingston.com





# BREAKFAST SANDWICHES

# **Bert's Bread House**

Inside the old Fishkill firehouse, Bert Premuto slivers hard rolls into breakfast sandwiches so good you'll be thinking about a repeat order come lunch. Premuto wakes up in the wee hours of the morning to craft his homemade loaves and rolls, which he tops with golden eggs and cheese in the a.m. Fishkill; www.bertsbreadhouse.com

# BRIDGE-VIEW DINING

# Pamela's On The Hudson

At Executive Chef/Owner Pamela Resch's Modern American restaurant, tucked away in a residential neighborhood on the Newburgh waterfront, the view of the Hudson River and Newburgh-Beacon is always a showstopper, whether you're having crab cakes and a fondue burger inside by the window or sitting out on the patio for weekend brunch or evening cocktails. Newburgh; www.pamelasonthehudson.com

# CHEESESTEAK L&A Café

Sorry Philly, but this tiny, hole-in the-wall take-out joint makes the best cheesesteaks we've ever had. With three on the menu, the competition is stiff, but our favorite might just be the namesake version, featuring mozzarella, avocado, tomato, and jalapeños on a to-die-for hero. Poughkeepsie; www.lnacafe.com

# CHICKEN PARM EGG ROLLS

# **Front Street Tavern**

When you spot it on the menu, your first thought is, Oh, that's not right. But then you pause and decide, why not? The combination of chicken, marinara, and cheese (in this case, mozzarella and pecorino Romano) that we love in a wedge is even better and more gooey when it's deep fried.

Kingston; www.frontstreetkingston.com

# **Butcher Shop**

Smokehouse of the Catskills Saugerties Find them on Facebook

# Café

Lola's Café and Gourmet Catering New Paltz, Poughkeepsie www.lolascafeandcatering.

# **Candy Store**

Samuel's Sweet Shop Rhinebeck www.samuelssweetshop.com

# Caterer

Cosimo's Brick Oven Middletown, Newburgh, Poughkeepsie, Woodbury www.cosimos.com

# **Cheap Eats**

The Beacon Daily Beacon www.thebeacondaily.com

# Chef

Danny Crocco of Mill House **Brewing Company** Poughkeepsie www.millhousebrewing.com

# Chili

P&G's Restaurant and Bar **New Paltz** www.pandgs.com

# **Chocolate Shop**

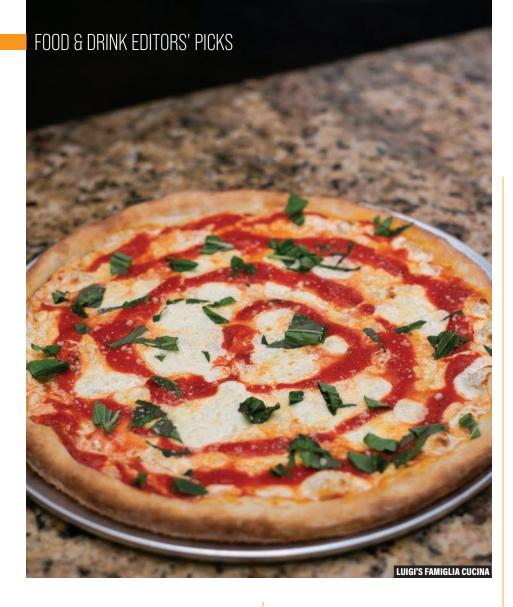
Krause's Chocolates New Paltz, Rhinebeck, Saugerties www.krauseschocolates.com

# Coffeehouse

**Bank Square Coffeehouse** Beacon www.banksquarecoffeehouse. com

#### **Comfort Food**

County Fare Wappingers Falls www.countyfareny.com



# **COZY ITALIAN RESTAURANT Barbaro**

Friendly faces, lively chatter, and the warm smell of wood-fired pizza welcome you as you walk in the front door of Barbaro, located on one of the Hudson Valley's cutest main streets. In the open dining room, booths nestled along the walls offer customers an intimate dining experience.

Millbrook; www.barbaromillbrook.com

# CRAB CAKES

# **Charlotte's Catering & Restaurant**

After taking in the beautiful flowering gardens and horse farm from the outdoor dining area at Charlotte's, it's time to dive into the equally lovely menu. Among the many options, we're big fans of the crab cakes. Served as a pair with a scoop of black bean salsa, the Maryland lump crab meat is complemented by the subtle anise flavor of tarragon.

Millbrook; www.charlottesny.com

# CREATIVE QUESADILLAS

## Terrapin

During Terrapin's more than two decades in the Valley, few of its dishes have drawn diners as often as its quesadillas. The barbecue duck ones come stuffed with tangy braised duck, red onions, and fontina cheese. When paired with mango-avocado salsa, they're delightful as an appetizer or a full meal. Rhinebeck; www.terrapinrestaurant.com

# DATE NIGHT SPOT IN THE CAPITOL REGION

# Jack's Oyster House

Founded in 1913 (when a cup of coffee cost just a couple pennies), Jack's Oyster House has retained much of its times-gone-by charm. While the prices have gone up, the culinary expertise has evolved, too, featuring seasonal and local ingredients, served by a dressed-to-the-nines waitstaff. Add some romantic lighting, steak and lobster, and a few martinis, and it's the ideal spot to take a date.

Albany; www.jacksoysterhouse.com

# DIY PIZZA KIT

# Lolita's Pizza

DIY pizza night is always a blast, especially when you have delicious ingredients from Lolita's to whip together your masterpiece. Each kit comes with slow-fermented dough, fresh mozzarella, and sauce, plus the option to add extra ingredients like pepperoni and chili honey.

Poughkeepsie; www.lolitaspizza.com

# Food & Drink Readers' Picks

# Cookies

Sweet Obsessions Café Poughkeepsie www.1sweetobsession.com

# Deli

Rosticceria Rossi & Sons Poughkeepsie www.rossideli.com

Mamma Musetti's Wappingers Falls www.mammamusettis.com

# Diner

**Eveready Diner** Brewster, Hyde Park www.evereadydiner.com

# Donuts

Glazed Over Donuts Reacon www.glazedoverdonuts.com

# Farm-to-Table Restaurant

Henry's at the Farm Milton www.buttermilkfallsinn.com/henrys

# **Food Truck**

Farmers & Chefs Poughkeepsie www.farmersandchefs.com

# **French Fries**

Heritage Food + Drink Wappingers Falls www.heritagefooddrink.com



# FRIED CHICKEN SANDWICH **The Beacon Daily**

The Beacon Daily's fried chicken sandwich is the type of dish upon which foodie Instagram feeds thrive (check out our cover, for example) - but the photos don't do it justice. To find out just how perfect that combination of crispy chicken, honey-butter hot sauce, and ranch-pimento cheese is on a cheddar-scallion biscuit, you'll just have to try it yourself. Beacon; www.thebeacondaily.com

# HIDDEN GEM ITALIAN RESTAURANT

# Luigi's Famiglia Cucina

Luigi Rukaj's path to Carmel is lined with fettucini Alfredo. He got his start in Rome, where he worked for the family who invented the dish, and then came to NYC in 1978, to work for the family in Alfredo's Original of Rome. Today Rukaj, his wife, and kids serve traditional favorites, such as osso buco, which takes 24 hours to prep; family recipes (try Mamma's Special cake); and wood-fired

brick-oven pizzas. All keep to Rukaj's motto: "For good stuff, you have to wait." Carmel; www.luigisofcarmel.com

# JAMAICAN FOOD

# **Top Taste**

Kingston locals may know Chef/Owner Albert Bartley as Sammy or Uncle, but the country knows him now, too, as a 2020 James Beard semifinalist for Best Chef: New York State. National write-ups have shed light on the heavenly Jamaican dishes he is cooking out of his triangular

# Gluten-Free Menu

Chakra Bowls Poughkeepsie www.chakrabowlscafe.com

# **Grilled Cheese**

**County Fare** Wappingers Falls www.countyfareny.com

# **Ice Cream**

Holy Cow Red Hook Find them on Facebook

# Juice Bar

Blend Smoothie and Salad Bar Middletown, Mohegan Lake, **New Windsor** www.blendsmoothiebar.com

# **Late-Night Dining**

**Alexis Diner** Newburgh www.thealexisdiner.com

# Lunch

Lola's Café and **Gourmet Catering** New Paltz, Poughkeepsie www.lolascafeandcatering.com

# Mac 'n' Cheese

Mix N Mac Middletown www.mixnmac.com

# Milkshakes

Joe's Dairy Bar & Grill **Hopewell Junction** www.joesdairybarandgrill.com



slice of real estate: Rum cake, coconut rice, jerk chicken, red snapper escovitch... brace vourselves.

Kingston; find them on Facebook

# KALE SALAD

# Kale and Beet Salad at Cosimo's

A favorite version of the ultraubiquitous salad is this one from Cosimo's with delicate leaves of baby kale, creamy goat cheese, and roasted heirloom beets. Tossed in a bright Champagne vinaigrette, it winks at your from behind mounds of pasta and steals your attention.

Middletown, Newburgh, Poughkeepsie, Woodbury; www.cosimos.com

# NEW BREWERY RESTAURANT **Equilibrium Bonfire at Equilibrium Brewery**

What's better than a just-poured glass of Hudson Valley beer? That same beer with a platter of Equilibrium's mouthwatering barbecue. The Middletown brewery's restaurant concept leans heavily upon Texan 'cue for its finger-licking beef ribs, brisket, and pulled pork. Menu favorites sell out regularly, so get those orders in early. Middletown; www.eqbrew.com

# NEW CHINESE RESTAURANT Goosefeather

Right off the bat, the unexpected old-meets-new décor at this upscale Cantonese restaurant in the historic King Mansion at Tarrytown House Estate is stunning. Thankfully, Dale Talde's menu – you might recognize him from Top Chef - is equally compelling, giving Chinese favorites a

# Food & Drink Readers' Picks

# **New Restaurant (East of Hudson River)**

Café Con Leche Wappingers Falls www.nycafeconleche.com

# New Restaurant (West of **Hudson River**)

Oak & Reed Middletown www.oakandreeddowntown.

# **Outdoor Dining** (Non-Waterside)

The Dutchess Biercafe Fishkill www.thedutchessbiercafe.com

# **Outdoor Dining (Waterside)**

Shadows on the Hudson Poughkeepsie www.shadowsonthehudson.

#### Pasta

Stephano's Ristorante Fishkill, Wappingers Falls www.stephanosristorante.com

#### Pizza

Pizza Mia Highland, Newburgh www.pizzamiagroup.com

# Place to Eat With Kids

Pizza Shop Newburgh www.pizza-shop.com

## **Place to Eat With Pets**

Fetch Bar & Grill Warwick Find them on Facebook

# **Restaurant With a View**

Mohonk Mountain House **New Paltz** www.mohonk.com

## **Romantic Restaurant**

Terrapin Rhinebeck www.terrapinrestaurant.com

# Food & Drink Readers' Picks

# Adult Beverages

#### Bartender

Steven Aigner of The Roosevelt Bar Beacon www.hudsonvalleyfoodhall.com

# Beer Selection (Restaurant/Bar)

Melzingah Tap House www.melzingahtaphouse.com

# **Beer Selection (Retail Store)**

Half Time Mamaroneck, Poughkeepsie www.halftimebeverage.com

#### **Brewery**

**Newburgh Brewing Company** Newburgh www.newburghbrewing.com

# Cidery

**Angry Orchard** Walden www.angryorchard.com

#### **Distillery**

**Tuthilltown Spirits Distillery** Gardiner www.tuthilltown.com

#### **Happy Hour**

AJ Café Wappingers Falls www.ajcafewappingers.com

## Irish Pub

Mahoney's Irish Pub & Steakhouse

Poughkeepsie

www.mahoneysirishpub.com

#### Margarita

Café Maya Wappingers Falls Find them on Facebook

#### Martini

Heritage Food + Drink Wappingers Falls www.heritagefooddrink.com

#### **Rooftop Bar**

di'Vine Wine Bar Wappingers Falls www.divinewinebarwappingers.com

#### **Sports Bar**

Max's on Main Beacon www.maxsonmain.com

#### **Tasting Room**

Millbrook Vineyards & Winery Millbrook www.millbrookwine.com

#### Wine Bar

di'Vine Wine Bar Wappingers Falls www.divinewinebarwappingers.com

#### Winery

Millbrook Vineyards & Winery Millbrook www.millbrookwine.com

contemporary twist, from the dry-aged beef pot stickers and chilled lobster bao to the watermelon shaved ice with calamansi, dulce de leche, and mochi. Tarrytown; www.goosefeatherny.com

# **NEW FOOD HALL**

# **River Street Market**

Located on the first floor of Troy's Hedley Park Place, River Street Market is a treasure trove for all-day eats. Start with a caffeine shot from Stacks Espresso Bar, before hitting health-food hotspot Maria's for lunch and Albany's 677 Prime offshoot, Prime Burger, for dinner. Troy; www.riverstreetmkt.com

# NEW HOTEL RESTAURANT **Restaurant Kinsley**

At the new Hotel Kinsley, Zak Pelaccio

and Taavo Somer (of NYC's iconic Freemans) have pulled off the seemingly impossible: They've managed to create a restaurant that's buzzy, impeccably styled, and yet, somehow, feels laid back and unpretentious. And while the design gets all the Instagram love — the historic bank building has been completely renovated with rust-colored booths and lush banana plants — the dining is what's

# Sandwiches

Rosticceria Rossi & Sons Poughkeepsie www.rossideli.com

# Seafood Restaurant

Blu Pointe Newburgh www.blu-pointe.com

#### Soup

Yum Yum Noodle Bar Kingston, Red Hook, Woodstock www.yumyumnoodlebar.com

# **Special Occasion Restaurant**

The Ship Lantern Inn www.shiplanterninn.com

# Steakhouse

Schlesinger's Steak House **New Windsor** www.schlesingerssteakhouse. com

# Sushi

Fishkill, Poughkeepsie www.bonsaisushiny.com

#### Tacos

**Hudson Taco** Newburgh www.hudsontaco.com

#### **Tapas**

Tomáš Tapas Bar & Restaurant Wappingers Falls www.tomasrestaurantgroup.

# Tea Room

Tea Talk Poughkeepsie www.teatalkteas.com

#### Vegan Menu

Chakra Bowls Poughkeepsie www.chakrabowlscafe.com



# The Sweet Stuff

# FRENCH MACARONS

# **Patisserie Didier Dumas**

Lines can snake down the block with customers waiting to fill a baker's box with pretty, pastel-colored sweets at this Nyack patisserie and café. Chief among the offerings are macarons: light, crisp, jewel-toned meringue shells, which sandwich jams, creams, and ganache in flavors like chocolate, hazelnut, pistachio, raspberry, lemon, lavender, and passionfruit.

Nyack; find them on Facebook

# **NEW CAKE SHOP**

#### **Nine Cakes**

Betsy Thorleifson opened a second location of her beloved Brooklyn cake studio in Hudson in 2019. Wedding and special occasion cakes are the specialty here — Thorleifson's creations have graced the pages of Brides and Martha Stewart Weddings - but you can also drop in anytime for a mini cake or slice of classic chocolate and vanilla, funfetti with fresh strawberries, hazelnut with maple buttercream, or other rotating flavors. Hudson; www.ninecakes.com/hudson

# OVER-THE-TOP MILKSHAKES

# **Love Bites Chocolate Shoppe**

These Instagram-worthy creations are as delightful to look at as they are to eat. Gilette Creamery ice cream serves as the base for these creative confections and fun flavors, which range from a shocking blue shake topped with a generous portion of cotton candy, to PB&J with swirls of peanut butter and jelly. Head there now for special seasonal flavors like apple pie.

Monroe; www.lovebiteschocolateshoppe.com

truly noteworthy, from the wine list to the strip steak with chicories and poached figs. Kingston; www.hotelkinsley.com/ the-restaurant

# PERUVIAN ROAST CHICKEN **Don Fernando Restaurant**

In Lima, Peru, long lines stretched around the block every day at lunchtime for Don Fernando's famous chicken. These days, you can join the fiercely loyal lunch crowd in Newburgh for one of the plump birds with crisp, salty, mahogany skin that will have you licking your fingers for the rest of the afternoon. Order a quarter, half, or whole chicken with your choice of fries, salad, or chaufa (Peruvian fried rice).

Newburgh; www.donfernandorest.com

# PUERTO RICAN RESTAURANT

Unless it's abuelita's cooking, Puerto Rican cuisine doesn't get much better than Izla. The Fishkill restaurant serves Borinquen classics like empanadas, pernil, tostones, and even pasteles, a savory treat typically served only at Christmas. Izla also offers sandwiches and salads, but enticing your sweet tooth with the flan or tres leches is truly where it's at.

Fishkill;

www.izlaspanishrestaurant.com

# SPECIAL OCCASION BRUNCH

# **Mohonk Mountain House**

Served Saturday and Sunday (by reservation only) in the historic main dining room, the

# Adult Beverages

# BRUNCH COCKTAIL MENU Café Madison

Most restaurant brunch spreads come with the standard drink selection: Bloody Mary, mimosa, maybe a Bellini or two. But at Café Madison, the AM Cocktails menu features more than a dozen day-drinkingapproved options, including grapefruit-honey mimosas, bacon Bloody Marys, pomegranate-Champagne cocktails, and boozy riffs on caramel lattes and chai.

Albany; www.cafemadisonalbany.com

# CIDER SELECTION **Boutique Wines & Spirits**

For a hard-cider lover, any establishment with more than one cider on tap is worth a visit. In Fishkill, Boutique Wines & Spirits has 13 draft ciders, as well as 175 bottled and canned craft ciders, making it the go-to shop for any cider you're craving, including singlevarietal, heirloom, unfiltered, fruited, and rosé ciders, plus many more.

Fishkill; www.boutiquewsc.com

# HEIRLOOM GRAIN SPIRITS **Coppersea Distillery**

Coppersea has distinguished itself in the national spirit market by recovering tradition, establishing terroir, and prioritizing taste. Heirloom varietals of barley, corn, and rye are sourced from their 75-acre farm; production methods reflect centuries of spirit-making traditions; and the results are rich, balanced spirits with warm, vanilla and caramel characteristics.

New Paltz; www.coppersea.com

# LOCAL GIN **Great 9 Gin at Denning's Point Distillery**

The team at Denning's poured over recipes spanning the history of gin making before arriving at their award-winning Great 9 Gin. (It has converted a long list of self-proclaimed gin haters.) The formula includes nine aromatics, resulting a light-bodied, citrusy spirit that is a perfect in a gin and tonic or with a splash of grapefruit soda.

Beacon; www.denningspointdistillery.com

# LOCAL ROSÉS Whitecliff Vineyard & Winery

At any given time, you'll find at least three, dry rosés - an affordable blend, bubbly sold in growlers, and a Pinot Noir rosé made in the Champagne method — at this Gardiner winery. Lovers of the pink stuff should also visit the tasting room for a flight (a total steal



at \$8), which features four blushing wines that'll have you putting together a discounted case to take home.

Gardiner; www.whitecliffwine.com

# NATURAL WINE SHOP Kingston Wine Co.

Owners Michael and Theresa Drapkin opened this shop dedicated to biodynamic, organic, small-production bottles well before the natural wine trend took off in the Valley. The shelves are full of (largely affordable) exciting finds, like Chilean skin-contact Muscat of Alexandria, Czech Pinot Noir, fizzy pét-nat, and cherry-colored red blends. But it's also the Drapkins' guidance - and their informative, yet never snooty Instagram that helps the shop reach true gem status. Kingston; www.kingstonwine.com

# **NEW BREWERY Zeus Brewing Company**

If the name doesn't tip you off, Zeus Brewing is kind of epic. From its prime location in downtown Poughkeepsie, the craft brewery pours beers like its Zeus IPA and Queen City Pils alongside Italian-inspired pastas and pizzas. Enjoy them in the brewpub or, during warmer months, on the rooftop overlooking the Hudson.

Poughkeepsie; www.zeusbrewingco.com

# NEW COCKTAIL LOUNGE The Maker

One of three dining spaces at The Maker, the Lounge drips with gorgeous details, including leather walls, original wood and tiled-mosaic floors, tassel pendant lights, an 1878 Belgian Neoclassical fireplace, and a restored 18th-century mirror. The expertly executed cocktails match the vintage vibes (check the origin dates on the menu), from the Bourbon Smash and Vieux Carré to the gin-based Hanky Panky.

Hudson; www.themaker.com/lounge

# UNDER-THE-RADAR WINERY Milea Estate Vinevard

On a quiet hillside in Staatsburg, Milea Estate Vineyard is busy crafting awardwinning vintages that wow local oenophiles. Say a toast with a glass of Cabernet Franc or, better yet, savor each sip of the winery's semi-dry Riesling on the panoramic patio. P.S. Did we mention Milea makes cider, too? Staatsburg; www.mileaestatevineyard.com

indulgent three-course brunch features homemade pastries, signature omelets, mouthwatering entrées like lobster mac 'n' cheese and crispy pork belly sandwiches, and decadent desserts, including crème brûlée with fresh berries. The \$84 per person price tag also includes access to the grounds, with 85 miles of hiking trails, Victorian Gardens, and Sky Top Tower.

New Paltz; www.mohonk.com

# VFGAN THAI FOOD

#### **Noodle Hub**

From the pad see eew to the spring rolls and green papaya salad, the vast majority of the menu can be made vegan (and often gluten-free) at this Tappan spot, where the sauces are made in-house, the ingredient list never includes MSG or processed white sugar, sourcing emphasizes local and organic products, and everything from the straws to the takeout bags is environmentally conscious.

Tappan; www.eatnoodlehub.com

# YAKITORI NIGHTS

## **Backbar**

The art of Japanese yakitori hasn't quite caught in the Hudson Valley, except on select nights at Backbar, when Zak Pelaccio fires up his steel-and-brick charcoal grill. The menu includes the traditional variety of chicken (breast, thigh, filet, heart, oyster, and oh-socrispy skin), as well as a variety of other dishes, like raw oysters with Szechuan mignonette or grilled foie gras, and an excellent selection of sake.

Hudson; www.backbar-hudson.com

# Food & Drink

Readers' Picks

# Restaurants by

#### **American Cuisine**

Newburgh www.libertystreetbistro.com

#### **Chinese Cuisine**

Jade Palace Wappingers Falls www.jadepalacewappingersfalls. com

#### French Cuisine

Brasserie 292 Poughkeepsie www.brasserie292.com

# **German Cuisine**

Schatzi's Pub & Bier Garden New Paltz, Poughkeepsie www.iloveschatzis.com

#### **Greek Cuisine**

Athena Gvro Lagrangeville www.athenagyrolagrange.com

#### **Indian Cuisine**

**Taniore** Fishkill

www.tanjoreindiancuisine.com

# Italian Cuisine (Not a Pizzeria)

Cosimo's Brick Oven Middletown, Newburgh, Poughkeepsie, Woodbury www.cosimos.com

# Japanese Cuisine

Kobe Hibachi Poughkeepsie www.kobeny.com

#### **Latin Cuisine**

Café Con Leche Wappingers Falls www.nycafeconleche.com

#### **Mediterranean Cuisine**

Athena Gyro Lagrangeville www.athenagyrolagrange.com

#### **Mexican Cuisine**

Café Maya Wappingers Falls Find them on Facebook

#### Thai Cuisine

Golden Buddha Thai Fishkill www.goldenbuddhathai.com

# Restaurants by County

## **Albany County**

**Druthers Brewing Company** www.druthersbrewing.com

#### **Columbia County**

Ca'Mea Restaurant Hudson www.camearestaurant.com

# **Dutchess County**

Mill House Brewing Company Poughkeepsie www.millhousebrewing.com

#### **Greene County**

Rip Van Winkle Brewing Company

www.ripvanwinklebrewery.com

#### **Orange County**

**Hudson Taco** Newburgh www.hudsontaco.com

#### **Putnam County**

Riverview Restaurant www.riverdining.com

#### **Rensselaer County**

Plumb Oyster Bar Troy www.plumb.bar

# **Rockland County Restaurant**

La Terrazza **New City** www.laterrazzarestaurant.com

## **Ulster County**

Main Street Bistro New Paltz www.mainstreetbistro.com

#### **Westchester County**

Blue Hill at Stone Barns Pocantico Hills www.bluehillfarm.com

# Food & Drink Shops

#### Beer Store

Beer World Kingston, Catskill, Monroe, and six other locations www.beerworldstore.com

#### **Farm Stand**

**Brookby Farm Dover Plains** www.brookbyfarm.com

#### Farmers' Market

Rhinebeck Farmers' Market Rhinebeck www.rhinebeckfarmersmarket.com

#### **Fish Market**

Gadaleto's Seafood Market and Restaurant **New Paltz** www.gadaletos.com

# **Fresh Produce**

Adams Fairacre Farms Kingston, Newburgh, Poughkeepsie, Wappinger www.adamsfarms.com

#### **Gourmet Shop**

Warwick Valley Olive Oil Warwick www.warwickvalleyoliveoil.com

# **Health Food Store**

Mother Earth's Storehouse Poughkeepsie www.motherearthstorehouse.com

# **Liquor Store**

Arlington Wine & Liquor Poughkeepsie www.arlingtonwine.net

#### Wine Store

Arlington Wine & Liquor Poughkeepsie www.arlingtonwine.net

# CURATED DAY TRIP COMPANY Go Love NY

Westchester residents Robin Helman and Elizbeth Knell launched Go Love NY in fall 2019 to curate private and small-group Hudson Valley excursions, with a focus on food, nature, and culture. The offerings change, but expect experiences like kayaking to Bannerman Castle, a private tour and happy hour at Russel Wright's Manitoga House in Garrison, visits to local alpaca or dairy farms, and tours of Stonecrop Gardens and flower arranging workshops with The Parcel Flower Co. www.goloveny.com

# FALL FESTIVAL Warwick's Applefest

More than 30,000 visitors attend this annual event each October (canceled for 2020 due to COVID-19), celebrating one of the Hudson Valley's finest agricultural products. Started as a harvest celebration more than 30 years ago, Applefest has turned into one of our region's favorite events, featuring a variety of food, hundreds of craft vendors, activities for children, a farmers' market, music, pie eating and baking contests, and more.

Warwick; www.warwickapplefest.com

# HISTORY TOURS

# **Hudson Virtual Tours**

When COVID-19 kept us homebound for months, we turned to Hudson Virtual Tours for online peeks inside historic sites across the Valley. With offices in Troy and Woodstock, the video tour company offers free inside looks everywhere from Albany's Van Ostrande-Randliff House to Oakwood Cemetery in Troy.

Troy, Woodstock; www.hudsonvirtualtours.com



# MOTHER'S DAY OUTING **Tulip Festival**

The Albany Tulip Festival, always slated for the weekend of Mother's Day, is a delightful way to take in the season's blooms. This year, even the pandemic couldn't stop the 140,000 tulips in 150 varieties from making their debut. The festival - which normally includes concerts, a street scrubbing event, and a Tulip Queen coronation and procession - went virtual, with photo and video updates, online performances, and selfguided tours.

Albany; www.albany.com/things-to-do/tulip-

# NATURE CENTER FOR KIDS **Forsyth Nature Center**

Connecting with the outdoors is one of the great things about our region. At

Kingston's Forsyth Nature Center, nature is captured in a bite-sized educational environment perfect for kids and teenagers. The center offers more than two dozen animal exhibits, as well as beautiful gardens ideal for roaming and taking pictures.

Kingston; www.forsythnaturecenter.org

# NEW PEDESTRIAN PATH (SOUTH) The Path on the Gov. Mario M. Cuomo **Bridge**

The building of a new bridge across one of the widest spans of the Hudson River was a long time coming, but it was well worth the wait, especially for walkers and cyclists. The 3.6-mile path has a 12-foot wide shared pedestrian/ cyclist lane, six scenic resting spots, and is home to the largest permanent public art installation in the New York metro area. Bonus: the path connects two of

# Fun & Leisure Readers' Picks

# Bike/Rail Trail

Walkway Over the Hudson www.walkway.org

# **Bowling Alley**

Spins Bowl Carmel, Hyde Park, Poughkeepsie, Wappingers Falls www.spinsbowl.com

# **Drive-In Theater**

Hyde Park Drive In Hyde Park www.hydeparkdrivein.com

#### Fair

**Dutchess County Fair** Rhineheck www.dutchessfair.com

# **Festival**

**Brewster Fall Festival Brewster** www.brewsterfallfestival.com

#### Girls' Night Out

Moonlight Café & Caterers Brewster www.moonlightcaterers.com

# Golf Course (Public)

Apple Greens Golf Course Highland www.applegreens.com

#### **Hudson River Cruise**

**Hudson River Cruises** Kingston www.hudsonrivercruises.com

#### Kayak or Paddleboard Rental

The River Connection Hyde Park www.the-river-connection.

#### Park

Town of Greenport Park Hudson Find them on Facebook

the Valley's best Rivertowns and has food trucks on both ends of the path.

Nyack, Tarrytown; www.mariomcuomobridge.ny.gov

# NEW PEDESTRIAN PATH (NORTH) **Hudson River Skywalk**

Landscape artist Thomas Cole, the founder of the Hudson River School, and his student, Frederic Church, now have a modern-day connection: a threemile walkway on the Rip Van Winkle Bridge that connects their homes in Catskill and Hudson, respectively. We can't think of a better way to appreciate the landscapes that the artists brought to life than taking it in on foot.

Catskill, Hudson;

www.hudsonriverskywalk.org

# NIGHT OUT FOR THE WHOLE **FAMILY**

# **Factoria at Charles Point**

Enjoy a date with your spouse at Fin & Brew, one of Westchester's best river-view restaurants, while your kids dine and dash downstairs to Spins Hudson, the largest entertainment venue on the Hudson. Or, meet up with friends for more casual fare and some fine brews at River Outpost Brewing Co., conveniently located between Spins' arcade games and the indoor climbing and laser tag quarters. Peekskill; www.factoriacp.com

# NOSTALGIC DAY TRIP

# The Den of Marbletown

Did you know there's a teddy bear museum in the Hudson Valley? On the outskirts of Kingston, The Den of Marbletown is home to more than 5.000 collectible bears and dolls. After a tour to bring out your inner child, head to Papa Bear's Kitchen for seasonal salads, sandwiches, and 40-plus varieties of bubble tea.

Kingston: find them on Facebook

# OLD-FASHIONED FAMILY FUN **Four Brothers Drive-In**

When the Stephanopoulos family opened their drive-in in 2013, they built the bones of a drive-in (parking lot, large screen, snack shop), but with modern twists like locally sourced food and overnight facilities (camping and Hotel Carvana, a cool camper for rent). After a long spring of quarantine, the theater's May re-opening was godsend to Hudson Valleyites, hosting doublefeature movies, as well as high school graduations, live music, and new releases (Liam Neeson and his son stopped by to screen and discuss their new film).

Amenia; www.playeatdrink.com

# PLACE TO GET A SKI SEASON PASS

# **Hunter Mountain**

More than just a local favorite, Hunter Mountain is the only New York ski spot on the Epic Pass - a coveted, year-round ski pass that offers unlimited riding at 37 mountains worldwide. Skiers and snowboarders nationwide visit the mountain every year to spend the day exploring the 67 trails and enjoy après-ski at one of the 12 on-site dining options. Hunter; www.huntermtn.com

# SKILLS-BUILDING CLASSES FOR TODDLERS

# The Little Gym of Kingston

As the name implies, this gym is all about the little ones. Instructors make sure that your tots learn muscle control, coordination, and skill development alongside color recognition, independence, and sharing from an early age through their threedimensional learning approach. Classes are split into Birds, Beasts, and Super Beasts, and also sharpen interpersonal skills and brain power.

Kingston; www.thelittlegym.com/kingstonny

# UNFXPFCTFD 180

# The Old Game Farm and Long Neck Inn

After a tumultuous history in the Hudson Valley, the Catskill Game Farm was reborn as The Old Game Farm,



a mixed-use retreat for camping, selfguided tours, and overnights at The Long Neck Inn. For Hudson Valleyites who remember day trips to the Catskill zoo, each visit is a walk down memory lane. Catskill; www.theoldgamefarm.com

# WAY TO LET OFF STEAM **Hudson Valley Hatchet**

Is there a better way to release your anger and frustration than throwing an axe at a target? We think not. Hudson Valley Hatchet creates pop-ups (check the website to find out where to catch them next) and private events, providing all the equipment needed to get out your pent-up feelings safely. Gardiner; www.hudsonvalleyhatchet.com

# WINTER HOLIDAY EVENT (SOUTH) Westchester's Winter Wonderland

Benefiting Westchester Parks Foundation, this month-long holiday attraction is sure to be your family's next holiday tradition (if it isn't already). Visit with Santa and friends, attend a circus under a heated big top tent,

enjoy amusement rides, take a spin on the outdoor ice rink (skates included!), and be dazzled by the holiday light show. Allinclusive tickets are valid for any day of the season and admission is free for children under 3. (At press time, this year's event was not confirmed.)

Valhalla; find them on Facebook

# WINTER HOLIDAY EVENT (NORTH) **Winter Walk**

For one evening each December, downtown Hudson transforms for its Winter Walk with festive storefront displays, horse-drawn carriages, stiltwalkers, carolers, Christmas characters, and music coming from every which way. The event ceremoniously begins with the Santa Parade and procession to Hudson Hall. There are kid-friendly activities, so rally the whole family to be ready for a holiday to remember. (At press time, this year's event was not confirmed.) Hudson; www.hudsonhall.org/event/winter-

# Fun & Leisure Readers' Picks

# Place for a Picnic

Vanderbilt Mansion National Historic Site Hyde Park www.nps.gov/vama/index.htm

# Pro or Semi-Pro **Sports Team**

**Hudson Valley Renegades** Wappingers Falls www.milb.com/hudson-valley

# Ski Area

Windham Mountain Windham www.windhammountain.com

walk-2020

#### Trivia Night

Spotty Dog Books & Ale Hudson www.thespottydog.com

# **U-pick Farm**

**DuBois Farms** Highland www.duboisfarms.com

#### **LODGING**

# Bed & Breakfast or Inn (Not a Chain)

**Batterby House** Hudson www.batterbyhousehudson.com

# Hotel or Resort (Not a Chain)

**Rocking Horse Ranch Resort** Highland www.rockinghorseranch.com

# Lodging

# HIDDEN GEM CASTLE

# Wing's Castle

If ever there was a place for Rapunzel to call home in the Hudson Valley, Wing's Castle would be it. The lifetime work of artist Peter Wing, the castle now serves as a family home and B&B. A true fairytale residence, it comes with its own dungeon and moat, with nary a dragon in sight. Millbrook; www.wingscastle.com

# HOTEL WITH A WATERFALL VIEW (EAST OF HUDSON RIVER)

# The Roundhouse

If you're spending the night at The Roundhouse, spring for a room with a view of Overlook Falls. Many elements of the original 200-plus-year-old building remain, including the oversized factory windows, wooden beams, and bricks. Staying or not, don't skip dining at the on-site restaurant or a fireside drink at the bar - both have views of the falls. Beacon; www.rhbeacon.com

# HOTEL WITH A WATERFALL VIEW (WEST OF HUDSON RIVER)

# **Diamond Mills Hotel & Tavern**

Each of the 30 guest rooms at this boutique hotel has a balcony that overlooks the Esopus Creek, which powered the Martin Cantine Paper Mill that stood on this site from 1888 to 1975. After a fire destroyed the building and left the lot vacant for three decades, entrepreneur Tom Struzzieri opened Diamond Mills in 2011, quickly garnering awards. If that's not enough, there's also The Tavern restaurant, which sources local ingredients for al fresco dining with (you guessed it) gorgeous waterfall views. Saugerties; www.diamondmillshotel.com

# NATURE-CENTRIC PAMPERING

# **Emerson Resort & Spa**

Everything about this luxury resort named after Ralph Waldo Emerson — is focused on ways to enjoy the beauty of its Catskill Mountains' surroundings. Whether it's taking one of their many nature walks, biking on the nearby Ashokan Rail Trail, eating a locally sourced meal at Woodnotes Grille or receiving a luxurious treatment - inspired by the earth's elements - at their 6,193-sq-ft spa, you'll be sure to leave feeling refreshed and connected with nature.

Mount Tremper; www.emersonresort.com

# ART CENTER FOR KIDS AND TEENS **Rockland Center for the Arts**

Every summer for the past 60-plus years, Rockland Center for the Arts (RoCA) has hosted campers, aged 5-14, at its Arts Camp @ RoCA. This year, RoCA also introduced Mystery Art Project Kits for kids to enjoy at home, and, this fall,

the center is offering studio classes on Zoom and free, virtual art workshops for children.

West Nyack; www.rocklandartcenter.org

# BLACK HISTORY MONTH EVENTS **Black History Month Kingston**

Before 2020 became a watershed moment for conversations about the Black experience in the United States. Black History Month Kingston celebrated its third anniversary this winter. Organized by not-for-profits Harambee and MyKingstonKids, BHMK comprises more than 60 events, including exhibits, workshops, panels, performance, dance parties, comedy shows, and galas celebrating Black members of the community, with an emphasis on education, engagement, race relations, and the historic legacy of Kingston's Black communities.

# Kingston;

www.blackhistorymonthkingston.org

# HIDDEN GEM PHOTOGRAPHY ARCHIVE

# **The Gordon Parks Foundation**

Famous images by photojournalist Gordon Parks, documenting poverty and the civil rights movement, hang in some of the country's finest museums, including the Smithsonian and the Art



Institute of Chicago. But few know that the Gordon Parks Foundation, a nonprofit dedicated to preserving his work is located in downtown Pleasantville. Closed through 2020, the foundation holds four to six exhibitions per year, with a selection of archived photographs available to view online.

Pleasantville; www.gordonparksfoundation.org

# **NEW MUSIC VENUE** Revel 32°

Constructed in 1845 as a church and expanded into a Masonic temple in 1895, the building at 32 Cannon Street has been transformed into Revel  $32^{\circ}$ , a stunning event space combining historic design with the intimate vibe of New York City's Bowery Ballroom. Make this the destination for your next live-music outing - past performers have included

# **Arts & Culture** Readers' Picks

# **Art Classes for Adults**

Betsy Jacaruso Studio & Gallery Rhinebeck www.betsyjacaruso.com

# **Art Gallery**

**Roost Studios and Art Gallery New Paltz** www.roostcoop.org

#### **Arts Center**

Storm King Art Center **New Windsor** www.stormking.org

#### **Community Theater**

County Players at the Falls Theatre Wappingers Falls www.countyplayers.org

#### **Educational Programs for** Adults

Salt Point Educational Center, Dutchess BOCES Poughkeepsie www.dcboces.org/ saltpointcenter

#### **Historic Site**

Home of Franklin D. Roosevelt National Historic Hyde Park www.nps.gov/hofr/index.htm

# **Historical Society**

Wappingers Historical Society

Wappingers Falls www.wappingershistorical society.org

# **Live Music Joint**

The Falcon Marlboro www.liveatthefalcon.com



The Soul Rebels and Braskill - and you won't be disappointed. Poughkeepsie; www.revel32.com

# NYC GALLERY IN THE HUDSON VALLEY

# The School/Jack Shainman Gallery

The term "art school" takes on new meaning at this groundbreaking exhibition space in Columbia County founded by NYC gallerist and art collector Jack Shainman. The 30,000sq-ft gallery occupies the former Martin Van Buren elementary/ high school, a 1929 Federal Revivalstyle structure. View work by internationally known contemporary artists in the 5,000-sq-ft exhibition space (formerly the gym and cafeteria) and smaller spaces (aka classrooms). Kinderhook; www.jackshainman.com/ the\_school

# PLACE TO HEAR BLUEGRASS **Highlands Bluegrass Festival**

Music lovers throughout the Valley gather each fall on the Great Lawn of

Harmony Hall to listen to bluegrass, one of America's most popular, original, musical art forms. This familyfriendly event draws well-known performers in the bluegrass scene to Sloatsburg, and is perfect for people of all ages, with local craft artisans, food vendors, and kids' activities.

Sloatsburg; www.friendsofharmonyhall.org

# SCULPTURE GARDEN **Opus 40**

Located in and around an old quarry in Ulster County, this masterpiece of stone craftsmanship was created by artist and Bard Professor Harvey Fite, who carved, stacked, and masoned the 60-acre grounds. Bridging art and the outdoors, the non-profit space spans meadows, bluestone quarries, and trails, which, along with its central sculptures, were recently restored by a group of stonemasons. It also opened for the 2020 season on-time in April, despite the pandemic, with reservation-only visits.

Saugerties; www.opus40.org





#### **Main Street**

Beacon www.cityofbeacon.org

## **Movie Theater** (Independent)

**Upstate Films** Rhinebeck www.upstatefilms.org

#### Museum

Franklin D. Roosevelt Presidential Library and Museum Hyde Park www.fdrlibrary.org

# **Music Classes for Adults**

**New Windsor Academy New Windsor** www.newwindsormusic academy.com

# Paint & Sip Venue

Glitter with Champagne Wappingers Falls

www.glitterwithchampagne.

# Venue for Plays and Concerts (Indoor)

Bardavon Poughkeepsie www.bardavon.org

# Venue for Plays and Concerts (Outdoor)

Boscobel House and Gardens Garrison www.boscobel.org

# ALTERNATIVE WORKOUT Embody Pole Dance Studio/The Body Art Barn

You've done yoga. You've done core workouts. But, have you tried pole dancing? At Embody Pole Dance Studio, workouts build core strength and flexibility (not to mention confidence). The Body Art Barn also offers other unique ways to sweat and strengthen, including aerial yoga and a kid-friendly Cirque School.

Blooming Grove; www.embodypoledance. com; www.thebodyartstudio.com

# COMMUNITY-MINDED FITNESS CENTER

# **Railroad CrossFit**

With members of all ages - from early teens to early 80s, including entire families - this more-than-musclesand-weights facility focuses not only on fitness, but on overall well-being, i.e. nutrition, a positive mindset, and a strong sense of community. Extra kudos for keeping the close-knit feeling going during the pandemic with individually tailored workouts delivered via oneon-one FaceTime calls, as well as small group outdoor classes.

Hudson; www.railroad-crossfit.com

# COMMUNITY-MINDED HAIR SALON **Love Hair Salon**

This popular full-service salon offers everything from blowouts and hair straightening to custom wigs and extensions. What we really love is their commitment to the community. Love Hair Salon hosts an annual back-to-school event, providing free haircuts, hair braiding, and manicures to girls, ages 5-10, from low-income households. The



salon hosts additional events throughout the year, including fundraisers, ladies' nights and holiday parties.

Kingston; www.lovehairny.com

# HANDMADE BATH PRODUCTS **Beacon Bath & Bubble**

Everyone loves some serious selfcare, and it starts with picking products that are right for you. At Beacon Bath & Bubble, they offer hundreds of fragrances of handcrafted soaps, lotions, salts, shower gels, bath bombs, and more. Plus, when you pick up your purchase, you can also grab an old-fashioned soda from their counter.

Beacon: find them on Facebook

# **HEALTH FOOD STORE**

# A Matter of Health

Innovative chefs are at the core of A Matter of Health's distinctive prepared foods and baked goods. The store also stocks a wide variety of fresh produce, with new items brought in regularly, and boasts a dedicated apothecary section, where specialists can help you find vitamins, tinctures, or other products for your well-being.

Nanuet; online.amatterofhealth.net

# MFDI SPA

# **Hebe Medical Spa**

Right on Main Street in Fishkill, Hebe Medi Spa is all about cutting-edge body

# **Health, Beauty & Fitness** Readers' Picks

# **Barber Shop**

In the Cut Fishkill www.trendsinnthecut.com

#### **Beauty Salon**

Citrine Salon by Allyson M Millbrook www.citrinesalonbyallysonm. com

# **Boxing Center**

The Studio @ Beacon Reacon www.thestudioatheacon.com

Ashley Baker of Hair by **Ashley Baker** Poughkeepsie Find them on Facebook

# **Dance Programs (Adults)**

**Hudson Valley Dance Depot** Lagrangeville www.hvdd.net

# Day Spa (Non-Resort or Hotel)

Skin by Eve Wappingers Falls www.skincarebyeve.com

# Day Spa (Resort or Hotel)

Buttermilk Falls Inn & Spa Milton www.buttermilkfallsinn.com

#### **Eyebrow Shaping**

NYTW Beauty Bar Montgomery www.nytwbeautybar.com

# Hairstylist

Allyson M. Neri of Citrine Salon by Allyson M Millbrook www.citrinesalonbyallysonm.

#### Health/Fitness Club

FitSocial Poughkeepsie www.fitsocialstudio.com



care that makes Hudson Valleyites look and feel their best. The women-owned business does injectables, laser treatments, and microneedling with a holistic approach to create a lasting impact in clients' lives. Fishkill; www.thehebespa.com

# MEDITATIVE FLOATING CENTER **Requiescent Float Center**

Founded by a former Marine, Albany's floatation center invites clients to experience the healing wonders of sensory deprivation while floating in tanks filled with 10 inches of water and 1,200 pounds of Epsom salt. Book

a session to float away stress, manage anxiety, and relieve chronic pain. Albany; www.requiescent.com

# NEW DESTINATION SPA Mirbeau Inn & Spa Rhinebeck

Beloved brand Mirbeau opened its third location in Rhinebeck in 2019. And while the 49 elegant rooms and Willow by Charlie Palmer restaurant would be reason enough to book a stay, the 12,000-square-foot spa is Mirbeau's crown jewel, with 14 treatment rooms, a Himalayan salt sauna, eucalyptus steam rooms, and a year-round aqua terrace

with a hot thermal pool and full bar. Rhinebeck; www.mirbeau.com

# **WELLNESS EVENT**

# 0+ Festival

Kingston's O+ Festival builds muchneeded relationships between artists, musicians, and the healthcare industry. Since 2010, the annual three-day festival has invited uninsured local artists, like folk musician Ian Flanigan and muralist boogieREZ, to perform in exchange for healthcare services donated by medical and wellness professionals.

Kingston; www.opositivefestival.org

# **Ice Skating Facility**

Bear Mountain Ice Rink Bear Mountain State Park www.bearmountainicerink. com

#### **Makeup Artist**

Gina Longo of Society of Lash Newburgh www.societyoflash.com

# Manicure/Pedicure

Sage Nail & Spa Poughkeepsie www.sagenailspa.com

#### **Massage Therapist**

Hope Ackerly LMT Poughkeepsie Find them on Facebook

#### MMA (Mixed Martial Arts) Classes

Black Hole Jiu Jitsu New Paltz, Wappingers Falls www.blackholejj.com

#### **Personal Trainer**

Krista Ferrara FitBody by Krista Brewster www.fitbodybykrista.com

# **Place for Pilates**

**Beacon Pilates** Beacon www.beaconpilates.com

#### Place for Yoga

**FitSocial** Poughkeepsie www.fitsocialstudio.com

# **Tattoo Parlor**

**Graceland Tattoo** Wappingers Falls www.gracelandtattoo.com

#### Waxing

**NYTW Beauty Bar** Montgomery www.nytwbeautybar.com



# BACKYARD KITCHEN DESIGN **Stone Ridge Landscapes**

Sheltering in place has caused many of us take a good look at our living space. One way to elevate your backyard is with a beautiful, outdoor kitchen design from Stone Ridge Landscapes (blue stone pavers leading the way to your new stone pizza oven, granite sink, and gourmet grill, anyone?), which has an artistic eye and the muscle to get your upgrade done right.

High Falls; www.stoneridgelandscapes.com

# BUILDER FOR YOUR SECOND HOME **Modern Shacks**

A weekend home should be an escape. Modern Shacks builds alternative living

spaces (from homes to art studios and pool houses) that incorporate natural surroundings into a modern aesthetic. The energy-efficient construction is a money-saving bonus, ranging from passive solar heating to top-of-the-line air systems.

Kingston; www.modernshacks.com

# GREEN BUILDING NETWORK Passive House Alliance — Hudson Valley

The mission at Passive House Alliance is to contribute to a low-carbon future. Through education, training and advocacy, this local chapter of the membership-based Passive House Alliance U.S. works with partners throughout the Northeast to build

standards for a cleaner future. In June, the Hudson Valley chapter completed the North Miller Passive Multifamily project in Newburgh, which will collect data on how to deliver cost effective, superior performing buildings.

www.pha-hv.org

# HOME CENTER (MID-HUDSON VALLEY)

#### Williams Lumber & Home Centers

Everyone in the Mid-Hudson Valley knows this is the place to go for all of our home needs, but that was never more the case than during the first few months of the COVID-19 pandemic. As home projects increased, so did Williams' sales, especially in the paint, lawn, and garden departments. Not only did they keep up with foot traffic and restocking shelves, but they also offered their 250 employees voluntary layoffs if they chose to self-quarantine.

Rhinebeck, Hopewell Junction, Red Hook, and four more locations; www.williamslumber.com

# HOME CENTER (UPPER HUDSON VALLEY)

# Herrington's

This family-owned building materials supplier, which started as a small wooden storefront by the railroad tracks in Hillsdale, has been serving home builders and homeowners for more than 110 years. Here, it's not just about the products, it's about their specialists and services, which include everything from windows and doors, to roofing, decking, flooring, kitchen and bath design, and a dedicated marble and tile shop.

Hillsdale, Hudson, Chatham, Millerton; www. herringtons.com

# MID-CENTURY HOME GOODS

# **Hudson River Mercantile**

Wishing your home felt more like Betty Draper's chic Ossining abode (minus the angsty housewife vibes)? Dip into this Nyack shop for retro finds, like brightly colored enamel nesting

# **Home & Garden** Readers' Picks

#### **Appliance Store**

Sohn's Appliance Walden

www.sohnsappliancecenter.com

#### Contractor

McMahon Contracting Gardiner www.mcmahonscontracting.com

#### **Furniture Store**

Millspaugh Furniture Poughkeepsie, Walden www.millspaugh.com

#### **Hardware Store**

Williams Lumber & Home Centers Rhinebeck, Hopewell Junction, Plesant Valley, and four more locations www.williamslumber.com

## **Housewares Store**

Inglenook Marketplace Pine Bush www.inglenookmarketplace.com

#### **HVAC Company**

T. Webber Plumbing, Heating & Air Conditioning Cold Spring www.twebber.com

# Interior Design

Helen Piteo Interiors Wappingers Falls www.helenpiteointeriors.com

#### Landscape Design

Masseo Landscape New Paltz www.masseolandscape.com



bowls and serving trays, vintage Dansk cookware, sofas and stools with midcentury lines, '70s cookbooks, and more. Nyack; www.hudsonrivermercantile.com

# NEW LIVE-WORK-PLAY DEVELOPMENT

# **Eastdale Village**

Yes, Poughkeepsie's Eastdale Village has gorgeous apartments and townhomes. Yes, it has 20 acres of parkland with access to the Wappingers Creek. Perhaps the crowning glory, however, is the sheer number of past Best of Hudson Valley winners in the shopping corridor. Do Rosticceria Rossi & Sons and Sweetbakes Café ring a bell? Poughkeepsie; www.eastdalevillage.com

# PLACE FOR THE NEW GARDENER **Adams Fairacre Farms**

It's never too late to pick up a new hobby, especially when it's gardening and you have Adams Fairacre Farms to help. The pros at their Garden Center can test your soil to determine how to best treat it; set you up with seeds tools; and even help nurture your new green thumb from home. The website offers helpful how-to videos, a gardening blog, FAQs, and even tips for

making "cocktail magic with herbs." Kingston, Newburgh, Poughkeepsie, Wappinger; www.adamsfarms.com/gardening

## Plant Nursery/Garden Store

Adams Fairacre Farms Kingston, Newburgh, Poughkeepsie, Wappinger www.adamsfarms.com

# **Pool Specialist**

NeJame Pool Specialist

www.nejamepools.com

# **Real Estate Firm**

Coldwell Banker Village Green Realty Catskill, Kingston, New Paltz, and three other locations www.villagegreenrealty.com

# where you'll find a health and wellness tab, as well as examples of eco-friendly, high-tech, and air-quality products.

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has the latest in products that promote good health and convenience, such as self-

cleaning toilets, hands-free or touchless

shortage: They've got bidets, too. Check

out the website's new virtual showroom,

Fishkill, Briarcliff Manor; www.nssupply.com

faucets, and app-activated steam showers.

TREE CARE SPECIALIST

# **Kingsley Tree Care** Ian Kingsley grew up caring for

PLUMBING SUPPLIER

**N&S Supply** 

trees, trimming and pruning for his dad at Henry L. Kingsley Tree Care for years before graduating with a degree in forest health from SUNY College of Environmental Science and Forestry in 2011. In 2014, he took over the family business and rebranded to Kingsley Tree Care. These days, he's sharing his passion and eco-conscious philosophy with customers, whether than means removing trees, saving damaged trees, or planting new ones.

Cold Spring; 845.392.7534

# Realtor

**Christopher Cammarata** Montgomery www.chriscamm.com

#### Solar Provider

Sunpower by New York State Solar Farm Modena www.nyssf.com



# WAY TO CREATE A NATIVE GARDEN **PLAN it WILD**

It's time to rethink your home landscape. At PLAN it WILD, the specialty is re-wilding, planting gardens with flowers and greenery that thrive with less maintenance than a manicured lawn. PLAN it WILD can remove invasive plants, build a natural landscape design, and take care of it for you. The butterflies and bees will thank you.

Croton-on-Hudson; www.planitwild.com

A collaborative community space run by artist and chef Leon Johnson, Lodger hosts art openings, music performances, and even became a COVID-19 food distribution center. It's best known for dinner parties in the Blue Room, a small, candle-lit space with curious closed off doorways and intriguing relics, where dining is transportive. Take your seat beside a stranger at the long communal table, and by the end of dinner you'll leave as friends. Newburgh; www.sacralenclaves.com

# COMMUNITY CENTER FOR KIDS The Newburgh Armory Unity Center (NAUC)

NAUC is a shining example of the passion that Newburgh has for its youth. Volunteers and instructors flock to the armory from around the city to contribute their skills and their hearts. Chess clubs, basketball, soccer, and more are offered free of charge in their large, dynamic facilities.

Newburgh; www.newburgharmory.org



# **FNFRGY INNOVATOR**

# Jessica O. Matthews of Uncharted Power

Jessica O. Matthews was 19 when she invented the Soccket, a hybrid soccer ball that harnesses and stores energy. Since then, the founder of Uncharted Power has worked to change the way we think about energy infrastructure. Her new innovation facility in Poughkeepsie is a testing ground for tech that very well could change the world.

Poughkeepsie; www.u-pwr.co

# FRIENDS OF PARKS

# **Scenic Hudson**

In its 36 years, Scenic Hudson, a leader in the modern-day grassroots environmental movement, has protected more than 45,000 acres of land and created or enhanced 44 parks and

# **Community** Readers' Picks

# **PEOPLE**

# Artist

Luke Kelly Red Hook

## Author

JG Flaherty Garnerville

#### Band

The Hype Newburgh www.thehype-ny.com

## Celebrity

Hilarie Burton Rhinebeck

DJ Dolce Poughkeepsie www.djdolceproductions

# Entrepreneur

Dana Jones Poughkeepsie www.accessadoor.com

# **High School Teacher**

Ed Davis Wallkill Senior High School

## **Politician**

Marc Molinaro Poughkeepsie www.molinarofor dutchess.com

## **Radio Personality**

Linda Zimmerman Chester www.ghostinvestigator.

# Singer/Vocalist

Mike Mack Wallkill



preserves from Westchester to Albany County. Many of these parks replaced contaminated industrial waterfronts. transforming them into tranquil and majestic places to connect with the Hudson River.

Throughout the Hudson Valley; www.scenichudson.org

# FRIENDS OF THE COMMUNITY **Rich & Cassie Parente of Clock Tower Grill**

When Rich and Cassie Parente wrote on their website, "We want to change the mold by...being more involved in our local community," it wasn't just PR speak. The pair donate time, services, and food to a long list of local organizations, including rotary clubs, schools, essential workers, veterans, families in needs, and the Hudson Valley Regional Community Health Center (Rich is on the board) without ever flaunting their good deeds.

Brewster; www.clocktowergrill.com

# HORSE RESCUE ORGANIZATION **Lucky Orphans Horse Rescue**

The folks at Lucky Orphans Horse Rescue are committed not only to providing a sanctuary for unwanted, neglected, or abused horses but also to improving the relationship between horses and people. Through their many programs, including school visits, equineassisted psychotherapy, and riding lessons, they work to promote understanding of the need for preservation of rural equine communities.

Dover Plains: www.luckyorphanshorserescue.org

# RETIREMENT COMMUNITY

## **Woodland Pond at New Paltz**

The Hudson Valley's only continuity care retirement community has much to celebrate this year: its 11th anniversary and zero cases of COVID-19. Add those to a long list of accomplishments, which include a five-star rating for Medicare and Medicaid Services annually since 2014 and being named a leader in LGBTQ equality by the Human Rights Campaign since 2018, and there's really no question where you should look to reside when you're 62 or over.

New Paltz; www.wpatnp.org

# SOCIAL ENTERPRISE

# Unshattered

This Hopewell Junction-based nonprofit, dedicated to teaching women in recovery to create handbags from repurposed fabrics, took on a new mission during the COVID-19 pandemic. Founder and CEO Kelly Lyndgaard shifted production from making bags to making face masks for hospital workers and healthcare professionals. The pivot not only helped protect those on the frontline, but kept Unshattered's economically and emotionally vulnerable population employed and connected.

Hopewell Junction; www.unshattered.org



# CHIC ALPACA STORE

# Alicia Adams Alpaca

More than 200 Hudson Valley-raised Suri alpacas provide luxurious, super-soft, sustainable fiber, which is processed into colorful textiles for Alicia Adams clothing and home lines. In addition to 100 proprietary colors of throws, the brand also makes athleisure wear, the softest sweaters, knit ties, stylish throw pillows, and event stuffed animals to go into the chicest nurseries ever.

Millbrook; www.aliciaadamsalpaca.com

# **ECLECTIC GIFT SELECTION**

#### **Presence of Piermont**

This cool shop features presents that are perfect for even the most unconventional friends. How about a personal fireplace? Color-your-own PJs? Or the most adorable hair bows for your little one? From clothing, jewelry and accessories to creative and colorful masks, the inventory is as much fun to browse as it is to buy. Piermont; www.presenceofpiermont.net

# HANDCRAFTED JEWELRY

#### Kaliada

What started as a passion-project jewelry design business five years ago for breastcancer survivor Kaliada (Kally) Padilla has turned into a successful brick-and-mortar business in the heart of Warwick. Each piece of her exquisite jewelry is handmade or selected from other small brands and independent makers. In addition to earrings, necklaces, and rings, Padilla also has a wide variety of intention bracelets. Warwick; www.kaliada.com

# HOLIDAY MARKET

# Basilica Farm & Flea

Since 2013, wise holiday shoppers have avoided the Black Friday blood sport opting instead for the calm and holiday cheer of Basilica Farm & Flea, held in the old steel foundry on Thanksgiving weekend. Their 'no bar code, no plastic wrap' ethos ensures that everything you see, hear, touch, taste, and/or buy was crafted with love and care by one of the more than 100 vendors.

Hudson; www.basilicahudson.org/basilicafarm-flea





# **Services**

# New Event Space

# CITY WINERY

City Winery New York City location is one of Brooklyn's most coveted event spaces, and it looks like the new Hudson Valley outpost, situated in the historic, 60,000-square-foot Montgomery Mills overlooking Wallkill River, is poised to be just popular. Original architectural features provide plenty of charm, and the company has a reputation for excellent service, food, and (of course) wine. No reason to throw your own shindig? Live public events - including an outdoor concert series - are planned for the fall. Montgomery; www.citywinery. com/hudsonvalley

(FROM TOP) PHOTOS COURTESY OF PRESENCE OF PIERMONT; COURTESY OF KALIADA

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# PLACE FOR KNITTERS **The Knitting Room**

More than a place to pick up a skein or two, The Knitting Room supports sustainable, ethical, and often local producers. Stop by to browse, talk shop, or simply stay and knit awhile. In addition to outdoor knitting sessions, expect online classes and knit-alongs so you can purl with others from the comfort of home.

Windham; www.theknittingroomny.com

# PLACE TO FEEL LIKE A KID AGAIN **Megabrain Comics**

Pinball wizards and comic book collectors of all ages have a home in Rhinebeck. If you weren't satisfied with your high score as a teen, dust off the skateboard and ride down to Megabrain for a second chance at their retro arcade; then flip through some memories in the comic book stacks while you get your wheels tightened at the onsite skate shop. Rhinebeck; www.megabraincomics.com

# PLACE TO GET FITTED FOR A BRA **Measured to Fit**

No two women are the same; their bodies aren't, either. Beverly Franklin and Gail Williams opened their shop to empower women with properly fitted undergarments that make them feel as good as they look. Schedule a custom bra fitting and let Measured to Fit find the bra that's perfect for you.

Wappingers Falls; www.measuredtofit.com

# PLACE TO GET THAT RUSTIC FARMHOUSE LOOK

# **Frazzleberries Country Stores**

Even if you don't live on a farm, there's nothing more homey than a little farmhouse charm. At this Main Street Warwick shop (and another location in Newport, RI), you'll find reclaimed barnwood furniture, artwork from American masters, farm-themed accessories, and more to assist in creating a rustic retreat.

Warwick; www.frazzleberries.com

# RFTRO I AUNDROMAT

# Germantown Laundromat

If Wes Anderson were to do laundry in the Hudson Valley, Germantown Laundromat is where he'd go. With a sunshine yellow exterior and shelves stocked with sustainable cleaning products, it turns an oft-dreaded chore into an experience that's - dare we say it - fun. P.S. Don't miss the outdoor bocce court in warm months.

Germantown;

www.germantownlaundromat.com

# SOCIALLY CONSCIOUS SHOPPING **EXPERIENCE**

# Fahari Bazaar

Hand-dyed and hand-printed garments by Tanzanian master tailors burst with color in this Chatham shop just like they do in the bazaars of Dar es Salaam. The designers receive a fair wage through shop sales, something they don't always get back home where their work is undervalued, according to owner Fahari Wambura.

Chatham; www.faharibazaar.com







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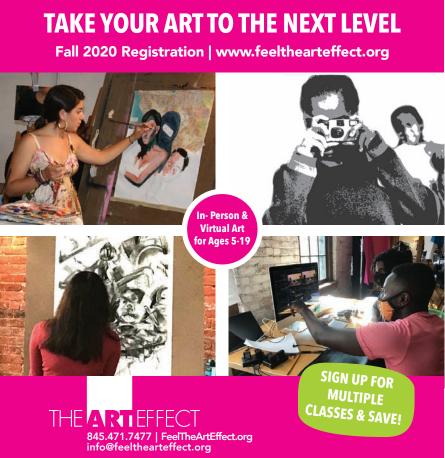
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# **Shopping & Services** Readers' Picks

# **Antiques Shop**

Newburgh Vintage Emporium Newburgh www.newburghvintageemporium.com

# **Auto Dealership**

Ruge's Automotive Millbrook, Rhinebeck www.rugesauto.com

#### **Bargain Shopping**

Elite Repeat Consignment Boutique **New City** www.eliterepeatny.com

#### **Bookstore**

**Oblong Books** Millerton, Rhinebeck www.oblongbooks.com

# **Boutique**

**Hudson Square Boutique Hopewell Junction** www.hudsonsquareboutique.com

# **Comic Book Store**

ToyWiz Suffern www.toywiz.com

# **Consignment Shop**

Elite Repeat Consignment Boutique New City www.eliterepeatny.com



# Crafts/Hobby Store

Manny's Art Supplies New Paltz www.mannysart.com

# Eyewear

Luxe Optique Beacon www.luxeoptique.com

# **Florist**

**Hudson Botanica** Cortlandt Manor www.hudsonbotanica.com

# Gift Shop (at a Venue)

Mohonk Mountain House New Paltz www.mohonk.com/shop

# Gift Shop (Stand-alone)

Lily Rae in the Hamlet Highland www.lillyraeinthehamlet.com

# **Jewelry Store**

The Jewelry Gallery Stony Point www.thejewelrygalleryonline.com

#### Menswear

Hamilton & Adams www.hamiltonandadams.com

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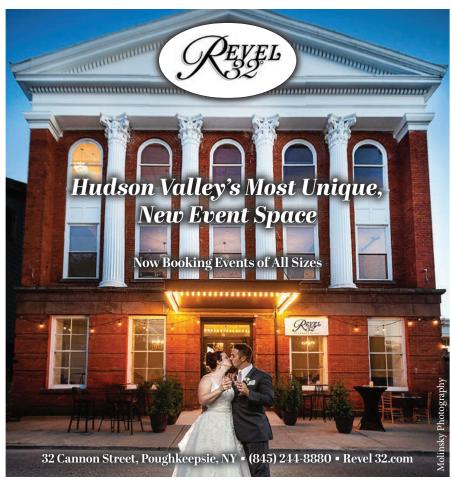


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# **Shopping & Services** Readers' Picks

# **Outdoors Sports Store**

Northern Dutchess Archery Red Hook www.ndarchery.com

#### **Record Store**

**Darkside Records** Poughkeepsie www.darksiderecords.com

#### Womenswear

**Hudson Square Boutique Hopewell Junction** www.hudsonsquareboutique.com

# **WEDDINGS**

# **Bridal Shop**

Lambs Hill Bridal Boutique www.lambshillbridalboutique.com

# **Wedding Photographer**

Nicole Detone Photography Wappingers Falls www.nicoledetonephotography.com

#### Venue for a Wedding

The Thayer Hotel West Point www.thethayerhotel.com

# **SERVICES**

#### Car/Limo Service

**Hudson Valley Concierge Service** Poughkeepsie www.hvconcierge.com

## **Computer Repair**

**IT Connections** Poughkeepsie www.itconnectionsny.com

#### **Graphic Design**

**Honest Creative** Peekskill www.honestcreative.co

#### Mechanic

Global Auto Repair Poughkeepsie Find them on Facebook

# **Portrait Photographer**

**Bobby Curreri Studios** Port Jervis www.bobbycurreristudios.com

# **Senior Living Center**

Vassar-Warner Home Poughkeepsie www.vassarwarner.org

# **Shoe Repair**

Monroe Shoe Repair Monroe Find them on Facebook

#### Website Design

Devine Design Chester www.devinedesign.net



# **KIDS**

# Baby/Children's Clothing Store

Little Pickles Red Hook www.ourlittlepickles.com

# Camp (Day)

BOUTIQUE

PHOTO COURTESY OF LAMBS HILL BRIDAL

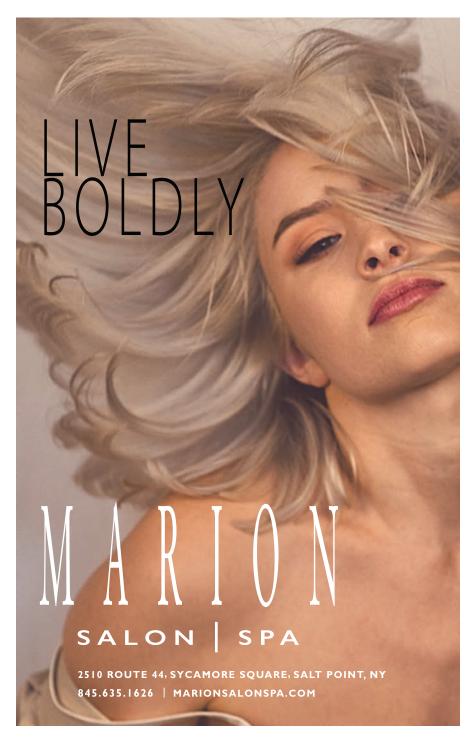
Star 2B **Hopewell Junction** www.star2bperformingarts.com

# Camp (Sleepover)

The Wayfinder Experience Kingston www.wayfinderexperience.com

# **Childcare Facility**

The Goddard School of Wappingers Falls Wappingers Falls www.goddardschool.com/nj-ny/wappingers-fallsvan-wyck-lane-ny





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#### **Educational Programs**

Two by Two Zoo Pleasant Valley www.twobytwozoo.com

# Farm to Take the Family

**Hurds Family Farm** Modena www.hurdsfamilyfarm.com

# Kids' Birthday

Two by Two Zoo Pleasant Valley www.twobytwozoo.com

#### **Kids' Shoe Store**

Little Pickles **Red Hook** www.ourlittlepickles.com

# **Music Program**

The Harmony Garden Music Center **Hopewell Junction** www.harmonygardenmusic.com

# **Nursery School**

The Goddard School of Wappingers Falls Wappingers Falls www.goddardschool.com/nj-ny/wappingers-fallsvan-wyck-lane-ny

# Playground

Julie's Junale **Hopewell Junction** www.juliesjungle.org



#### **Toy Store**

Land of Oz Rhinebeck www.landofoztoys.com

# **PETS**

# **Doggy Daycare**

Doc's K9 Center Kingston www.docsk9center.com

# Dog Park

Friends of Beacon Dog Park www.beacondogpark.org

## Pet Rescue

Take Me Home Pet Rescue www.tmhpetrescue.com

#### Pet Resort

**Highland Pet Resort** Find them on Facebook

#### **Pet Store**

**Highland Pet Resort** Highland Find them on Facebook

#### Veterinary Hospital

Middlehope Veterinary Hospital Newburah www.middlehopevet.com

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# The Despair Epidemic

Husband-and-wife Pulitzer Prize winners and Westchester County residents Nicholas Kristof and Sheryl WuDunn want Americans to know that the nation's most significant crisis goes well beyond a virus.

#### By Kate Stone Lombardi

Photographs by Stefan Radtke

ogether, journalists Nicholas Kristof and Sheryl WuDunn have covered genocide, massacres, sex trafficking, and other humanitarian crises around the globe. But the most recent reporting for this husband-wife journalism team brought them closer to home.

While Kristof and WuDunn live in Westchester, their latest book, *Tightrope* — the fifth they've coauthored -focuses on Yamhill, Oregon, Kristof's hometown, and then expands to shed light on other working-class communities across the country. The authors argue that far from being immune to the strife they've witnessed on other continents, America is itself in the midst of a crisis, one largely ignored by the media.

Readers of The New York Times are likely familiar with Kristof's byline. He's written an op-ed column since 2001 and before that was bureau chief in Hong Kong, Beijing, and Tokyo. WuDunn, who had stints as a journalist for the Times and The Wall Street Journal, now works in investment banking, as senior managing director at Mid-Market Securities in Manhattan. The two are the first married couple to share a Pulitzer Prize for journalism, awarded in 1990 for their reporting from Tiananmen Square in China. Kristof won a second Pulitzer, in 2006, for his columns on the Darfur genocide and has been a Pulitzer finalist seven times.

One might think that these experiences have numbed the two, making them impervious to less dramatic, if no less tragic, situations. But Kristof and WuDunn say that the crisis they've witnessed in this country is just as compelling.

"Because we were foreign correspondents, what we saw, particularly in the developing world, were just horrific problems," WuDunn says. "But when we actually focused our lens here, on the U.S., it was absolutely surprising to us how much pain and suffering and sorrow and dysfunction there is. I think it boils down to the human condition."

For Kristof, the new book is personal, right down to the Number 6 school bus he rode as a kid in Yamhill. An astonishing 25% of the children who rode on that bus with him are now dead, many from what the authors call "deaths of despair" - alcohol, drugs, reckless accidents, and suicide.

"To a degree unnoticed in more privileged parts of America, working-class communities have collapsed into a miasma of unemployment, broken families, drugs, obesity, and early death," Kristof and WuDunn write.

Kristof rode the school bus with kids from the Knapp family, whom he remembers as bright, cheerful, and rambunctious. Today, the family is wiped out. Of the five Knapp children, Farlan died of liver failure from alcohol and drugs; Zealan burned to death in a house fire while passed out drunk; Rogena died of hepatitis caused by drugs; and Nathan blew himself up while cooking meth. The only surviving Knapp child, Keylan, had planned to help tell his family's story by joining the authors on part of their book tour, but he died from



a heroin overdose the month Tightrope was published.

Then there's Kristof's good friend Kevin Green. The book features a picture of the two boys back in high school, both slim and smiling in their cross-country uniforms. Kevin died of multiple-organ failure caused by obesity. Kristof's buddy Mike Stepp — with whom he used to walk to the bus stop as kids - is an alcoholic and homeless. The desperate lives of others, including Kristof's seventh-grade crush, are chronicled with compassion and grief.

What happened to these oncepromising kids? While Americans have a tendency to point to individual

responsibility as a cause, the authors argue that much of the suffering has been caused by misguided social policy and indifference, if not cruelty, to the plight of the working class. They point to the loss of blue-collar jobs, the war on drugs leading to mass incarceration, inadequate healthcare coverage, an unequal educational system, along with courts and a tax system increasingly benefiting the super-rich. A headline on one of Kristof's NYT columns puts it bluntly: "Who Killed the Knapp Family?"

"We hope that readers will appreciate that in some cases, these are complicated people who may have done some really stupid things, but who are

also smart, talented people who were capable of an awful lot more," Kristof says. "Where they made bad choices, it was bad choices in a context."

Kristof and WuDunn know better than to write an impersonal book about policy failures. The two are steeped in scientific research on empathy, which shows that throwing out statistics doesn't move people emotionally, much less galvanize them into action. Moreover, humans respond to the suffering of individuals far more than they do to that of groups. Kristof once wrote a column titled "Save the Darfur Puppy," noting that a picture of a big-eared, sad-eyed dog evokes a greater

emotional response than an overview of genocide in Sudan.

Over the years of coauthoring, Kristof and WuDunn developed a style that is both strategic and compelling, by getting at the larger picture through individual stories. Their previous book, the best-selling Half the Sky - an impassioned call to fight the oppression of women and girls in the developing world – focused on specific women, like a Cambodian teenager sold into sex slavery and an Ethiopian woman who was left to die after devastating childbirth injuries.

Another part of the Kristof-WuDunn formula is revealed by their books' subtitles, which always offer hope. The subtitle of Half the Sky is "Turning Oppression Into Opportunity for Women Worldwide," and the book presents solutions that can lift women. Indeed, the Cambodian teenager escaped her brothel and began a retail business that now supports her family. The Ethiopian woman survived and herself became a surgeon.

The authors explain the title of Tightrope: "We came to see that life's journey for affluent, well-educated American families is like a stroll along a wide, smooth path, forgiving of missteps," they write. "But increasingly, for those from lower on the socioeconomic spectrum, life resembles a tightrope walk. Some make it across, but for so many, one stumble and that's it." A fall off the tightrope can affect generations of a family.

The Knapps, Kevin, Mike, and the others flesh out the statistics that WuDunn and Kristof want you to grapple with. Suicide rates in America are at a 30-year high. After having dropped in this country for the three previous years (for the first time in a century), life expectancy barely stabilized in 2019. One in seven teens don't graduate from high school, which means that at best, they'll only scrape by financially.

And then there's *Tightrope*'s subtitle: "Americans Reaching for Hope." Again, the book describes programs that are effective in combating drop-out rates, opioid addiction, and more. The authors argue that the crisis can't be fixed by nonprofits alone; government must be involved.

Despite the familiar formula, writing Tightrope was a new experience for

"For those from lower on the socioeconomic spectrum, life resembles a tightrope walk. Some make it across, but for so many, one stumble and that's it."

Kristof and WuDunn. As Kristof puts it: "These are people we were very close to in a community that means a lot to us. We don't have the protective armor in reporting. If we're off in a refugee camp in South Sudan, you can maintain a certain professional distance. You can't do that when you're talking to people vou know extraordinarily well and that you care deeply about."

WuDunn grew up in Manhattan, but she has been visiting Yamhill with her husband for 30 years. The couple's three children, now young adults, spent a great deal of time on the Kristof farm in Yamhill, where Kristof's mother still lives. Friends in the community trusted the authors with their stories, some of them intimate and even embarrassing. Kristof and WuDunn had initially wondered about how they would react to the book.

"The Yamhill response was fantastic, despite our anxiety," Kristoff says. "We had a book event in the nearby county seat of McMinnville, and it was filled to the rafters with many families [from] the book. It must have been one of the biggest gatherings ever in town and just a wonderfully warm and positive response."

He added that since Tightrope's publication, the local drug-treatment program has received many donations. Some of those who'd lost family members to overdoses were glad their stories could inspire support for programs that could help others.

The authors' writing process is collaborative. Kristof and WuDunn write different sections of each book and then edit each other before turning the manuscript over to their editor at Knopf. Tightrope reads as one voice, but in person, the two authors differ in personal style. Kristof is earnest, slightly disheveled, and has an amazing talent for storytelling. WuDunn is polished, careful, and quick to point to statistics, economic studies, and solutions. She is also strongly protective of her family's privacy, in part because her husband's high-profile reporting on terrorism has led to personal threats.

Suggest the two are saint-like in their drive to address humanitarian crises (they donated their advance for Half the World to build a school in Cambodia). and both bristle at the idea. WuDunn points individuals who are working on the ground instead.

"You meet these incredible people who, in the face of all the horrible things they see, come up with nonprofits to really address situations," says WuDunn. "They're like saints. I'm thinking of Annette Dove..." whom WuDunn describes as a woman from Pine Bluff, Arkansas, who runs an afterschool program for kids.

Kristof, who gets far more public accolades because of his platform at the Times, says his wife and kids keep his ego in  $check, especially \, when \, WuDunn \, has \, him$ take out the garbage. The couple moved to Westchester 20 years ago for the reasons most families do - good public schools and proximity to the city. Sometimes returning to their peaceful home after their travels can be a culture shock. Growing up, the kids accompanied their parents on trips to places like Cambodia, Angola, and South Sudan, where their father says they learned "how lucky they are that [they have] a school to go to and that warlords aren't busy rampaging through their town."

But this time, there's less distance between the reporting and the personal.

"The stories in this book aren't about women in Pakistan or Rwanda," Kristof says. "My closest neighbor growing up is now homeless. It's not research when I go out and talk to Mike. It's seeing an old friend. It doesn't feel like a story."

Kristof sighs, but continues, trying to finish on a positive note. "At this point, it's just too late for Mike to end up in a good job and live happily ever after," he says. "But there are a lot of kids who are on the tightrope who we can help get to the other side and prevent the kind of crashes Mike endured."

Kate Stone Lombardi is a Journalist and former New York Times columnist who has been covering Westchester for more than 20 years.



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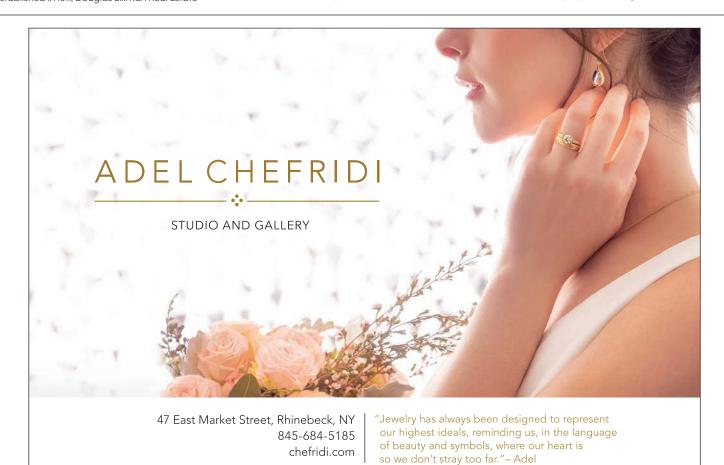
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Since the onset of COVID-19, Support Connection transitioned all in-person groups and programs to virtual platforms (toll-free teleconference, webinar, ZOOM.) Cancer doesn't stop for a pandemic, and Support Connection is committed to being there for those who need them.

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#### WORDS OF WISDOM FROM SUPPORT CONNECTION'S PEER COUNSELORS

The three Peer Counselors on Support Connection's staff- Andrea, Marlene and Robin - are cancer survivors themselves; they know what it's like to hear the words "you have cancer." They've also each spoken with hundreds of other women, giving them an unparalleled depth of understanding. These articles - words of wisdom - are written by them.

#### ON BEING BRAVE

#### By Marlene Stager

No one is born with a crystal ball or impenetrable shield. As you wrap your mind around the words "you have cancer," hopes and



dreams may come to a screeching halt. Confidence in what is and what will be can be undermined. Your sense of self-assuredness may abandon you. Fear is a natural reaction.

Feeling frightened is often equated with being weak. It can jade our perspective of our own strength and inaccurately define what it means to be courageous. But we all deserve to be

true to ourselves and define our own strength.

Merriam-Webster defines bravery as "the quality or state of having or showing mental or moral strength to face danger, fear, or difficulty; the quality or state of being brave; courage." Fear and difficulty have many faces: Fear of diagnosis or of making the wrong choices. Difficulty communicating to loved ones if you're not comfortable with medical recommendations and want to pursue different or fewer treatments. Fear of the impact your diagnosis may have on loved ones, your job, your career. Difficulty acknowledging and accepting the importance of prioritizing your needs, and re-framing that importance as wisdom, not selfishness. Fear of uncertainty and loss of control.

However, when faced with a cancer diagnosis, so much courage and strength is needed to:

- Hear your inner voice and allow it to guide you. Such as doing things "your way": making choices that fit your needs even if they're contrary to contemporary medical practices.
- Put your needs first even if that leads to physical and emotional feelings that are foreign and uncomfortable to you and those around you.

- Take a break, when you are the doer, the achiever, the caretaker.
- Acknowledge your personal needs and vulnerabilities. Be open to reaching out to and accepting supports that will help you navigate a path you never expected to walk.
- Articulate your reservations, uncertainties and vulnerabilities to your medical team and advocate for answers to difficult or uncomfortable questions.
- Say no when a recommendation doesn't feel right, or you're not ready. Or, say yes when you're all alone in that determination.
- Adjust the bar of self-expectation, facilitating a sense of peace, progress and sanity.

It takes courage to embrace being a human being who doesn't fit the role of Wonder Woman, without explanation, justification or apology. It takes courage and bravery to continue moving forward, with baby steps if necessary, when you feel ill prepared to take on and address your health needs while the media floods us with terms like warrior and slayer.

In the words of Nelson Mandela: "Courage is not the absence of fear, but the ability to triumph over it." It takes courage to continue living each day as it comes, to once again find joy in life after cancer diagnosis, and to acknowledge that sometimes fears creep in. Courage and bravery, like so many aspects of living with a cancer diagnosis, are deeply personal. Give yourself permission to define them in the way that works best for you.

#### PATIENCE IS A VIRTUE?

#### By Robin Perlmutter

Our patience is tested every day in the most superficial ways. In today's society and thanks to technology, our definition of and tolerance for pa-



tience has changed drastically. I can think of so many examples of this on a superficial level: Waiting on line at the market. Waiting for children to come out of the school building at the end of the day. Waiting at a light when I need to get somewhere because I'm rushing once again. And one last example: Winter in New York is often Mother Nature's Patience Final Exam!

Let's look now at the women and families living with a cancer diagnosis. Add cancer to this concept of patience, and the definition deepens drastically. The fortitude, strength and grace that these people harness and develop is nothing short of incredible. For many of these women, it's more than simple waiting; it's like living on the edge of life and death.

Technology, while a wonderful enhancement, can't always make things move faster: it can't rush the test results or the pathologist's work; it can't make a woman's hair grow back. Women frequently spend many days or even weeks WAITING, requiring herculean effort every day to fight off the fear and worry. Many endure life-long treatments and side-effects, amidst the rollercoaster ride of feeling ok one minute and being bedridden the next. This may sound drastic, but it's true.

I often ask myself, how do they do it? They struggle, they cry, they are sleepless, anxious, and they pray. They also find laughter, keep busy, reach out and try to keep everyone's life normal so they can feel normal. The energy and patience that goes into this cannot be quantified or even properly described. I can only be in awe and breathe deeply the next time I catch myself fretting over the small stuff.

#### PUT YOUR TOES IN THE WATER: GIVE **SUPPORT GROUPS A TRY**

by Andrea Karl

Andrea shares her experience as a group member, as well as what she's learned from other women she's worked with at Support Connection, where she has led up to 4 support groups a month.

Are you hesitant about trying a support group? Believe me, I was. As far as I was concerned I really didn't have cancer. Joining a group



would make it real. I wasn't ready for that.

Newly diagnosed, awaiting surgery, confused, I decided to put my toes in the water. Wrapped in my cancer security blanket (my son's high school soccer team shirt, worn every day from diagnosis through treatment), MY HAIR pulled back in a ponytail, I sat as far from the other women as possible. I really

didn't have cancer, the other women did (or so my only working sense, denial, kept telling me.) I was a deer in the headlights not blinking or breathing. What was said around me was a blur. I recall saying where I was in my journey and

how confused I was.

Then the meeting was over and the women who "had cancer" left. The facilitators stayed and I cried. I actually had cancer too. The facilitators encouraged me to get a 2<sup>nd</sup> opinion, to find doctors who understood my fears and would answer my questions. They handed me Dr. Susan Love's Breast Book. It became my Bible and the words of the facilitators my mantra:



Help is just a phone call away! **TOLL-FREE SUPPORT LINE: 800-532-4290** info@supportconnection.org For more info, visit SupportConnection.org

"Find a medical team that works for you."

Why would I ever go back? I thought: "My cancer is going away. I just need to read this book and find the right team of doctors. Life will go back to how it was." So I focused on tests and treatments. I became immersed in finding doctors, asking questions, learning about the different types of breast cancer, going for multiple scans, tests, surgeries, treatments.

My treatment was over and there was no evidence of disease, but cancer did not go away. Was I the only one who... saw the numerous choices waved at me by medical professionals as absurd decisions I was forced to make ... felt like a human pin cushion, needles jabbed into veins that could no longer be found.... had so much radiation during testing I could light up a room... had fears about what I'd live to see.... sat by myself on the soccer field, unable to listen to the usual sideline banter? Was I the only one sinking into a hypochondriac depression with every ache, pain, rash or mosquito bite, struggling to regain my footing after the rug of control was ripped out from under me? Treatment was over, all was said and done.... was I the only one whose cancer had not gone away?

I put my toes in the water again, wading up to my knees this time. The other women in the room were also struggling to understand why cancer didn't go away. I realized a cancer support group is no different than a group for working moms, or new moms, or adoptive parents... an AA or gamblers' anonymous meeting. We were all people in a situation we felt alone in.

We learned from each other. We cried and laughed a lot. We discussed poignant issues, emotions, physical changes, work, family, relationship issues. We shared resources and information, family histories, fears. We talked about what cancer robbed us of and what we learned from it. We spoke about how we saw ourselves and how others did. We discussed words like battle, survivor, vulnerability, courage, grace and life. We were all different but had all been in the same place. We were no longer alone. We had people to support us and people who needed our support, and both made us feel good. The water was welcoming - I dove in.

We supported each other, regardless of our individual baggage or the stage of disease. The daunting fear of being in a room with others whose situation may be more or less challenging was lost in the dialogue, empathy and companionship. We connected with each other. We had all heard the words "you have cancer."

One night, a woman with advanced stage cancer was asked "How do you feel being the only one in continual treatment?" She replied: "We all know the proverbial bus can come by and hit us any time. Thanks to

> cancer we all see that bus coming. This group is the stop sign we all need." That same woman shared these words about her unwavering belief in the power of support: "They talk with me, encourage me, ....They laugh with me and cry with me...They help me find the sun."

> Support groups are not for life and they are not for everyone. But, if your cancer is not going away like you want it to, they're a good place to start. Put your toes in the water and wade in.... you may just find a little sun. .



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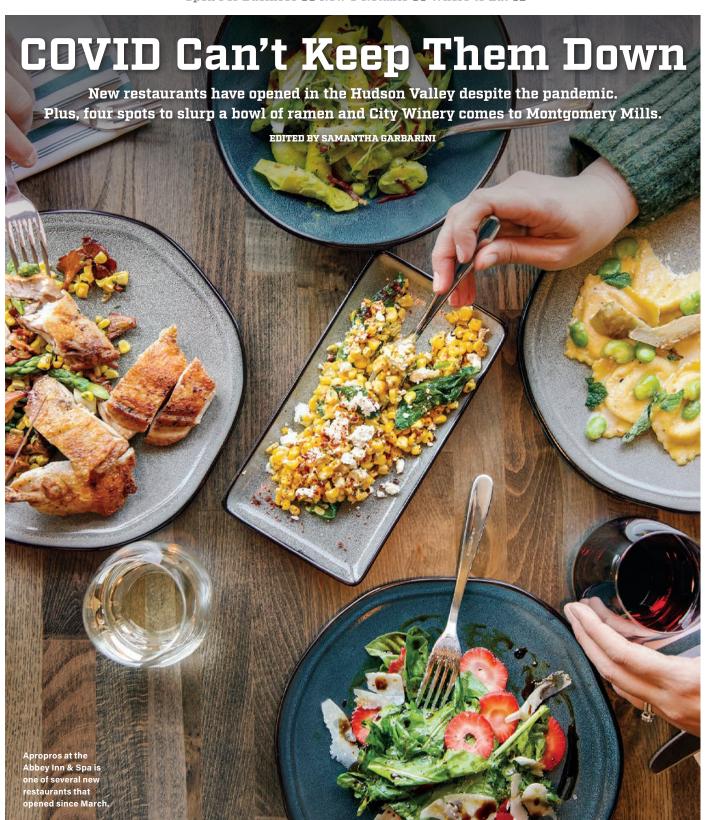


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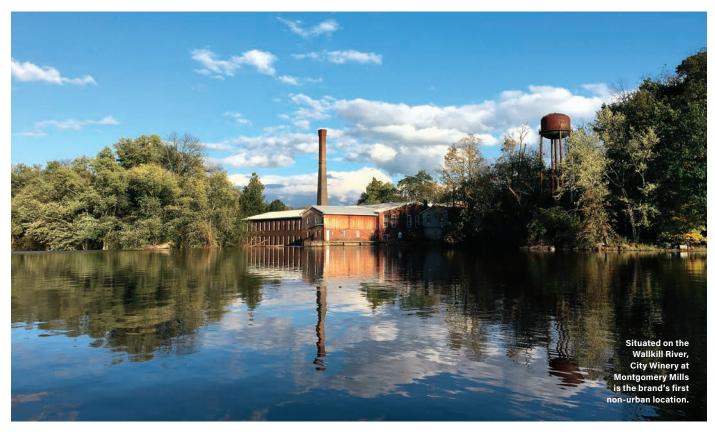


## Food@Drink

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Open for Business

#### It's Wine O'Clock in Orange County

City Winery at Montgomery Mills includes a winemaking facility, hotel, restaurant, and more. BY SABRINA SUCATO

ity Winery, the multi-metropolis chain that fuses wine with contemporary music and art, is officially open for business in Montgomery. Making its home at historic Montgomery Mills, the Hudson Valley location is the first non-urban site for the brand, which operates in New York City, Atlanta, Boston, Chicago, Nashville, Philadelphia, and Washington D.C.

"I had been looking for a while for a Hudson Valley site," reveals Michael Dorf, City Winery's founder and CEO, who also founded NYC's popular Knitting Factory nightclub. Ultimately, Dorf fell for the Montgomery site because it combined history with ample space for events and winemaking. "[To have] 22 acres along a beautiful river, with a waterfall that generates electricity with hydropower, is very different from our other locations," Dorf says. "Within that will be eight acres of vines where we are going to grow grapes [to] include in the 500 tons we bring from California,

Oregon, and Washington as part of our program."

The mixed-use development includes a restaurant, tasting room, and venue for weddings and events. Original details from the building's industrial past have been incorporated into the design, adapted into works of art and, in the case of one yarn machine, a reception desk. Every piece of wood has been relumbered, and some vintage elements have even been shipped to City Winery's New York City location for reuse.

Although the winery had to postpone its planned April opening due to COVID-19, it has used the delay to put finishing touches on landscaping and make sure that every detail is picture-perfect.

"While openings are always challenging, this was unprecedented," Dorf admits. "We had over 20 confirmed weddings booked before COVID hit based on tours of our construction site. We were about to hire a staff of about 45 people in March, and then boom."

City Winery officially opened in June. Fifteen wines are available by the glass via the winery's custom, ecoconscious tap system, developed by Chief Winemaker David Lecomte. At the Barrel Room restaurant, multi-level outdoor patios overlook the Wallkill River. The dinner menu features salads, local cheeses and charcuterie, and a variety of shared plates (mushroom-goatcheese risotto balls and duck tostadas), large plates (ancho chili-dusted salmon and cauliflower steak), and flatbreads. Sunday brunch is also served.

The Montgomery Mills location will eventually become a one-stop venue for musical performances, and will debut its Bridal Barn, a bridal loft with two guest rooms in a converted 1920s barn. A 13-room conference center and hotel is expected to debut in 2021.

Barrel Room open Wed-Sun 23 Factory St, Montgomery; 845.424.0222; www.citywinery.com/hudsonvalley

#### New & Notable

Headlines from the Hudson Valley dining scene.

BY SAMANTHA GARBARINI AND SIERRA GUARDIOLA

Named for the bees that pollinate Arrowood Farms, The Apiary puts seasonal and locally foraged ingredients on the plate. Menu highlights include local tomatoes with basil and radish-top pesto, beet-orange tacos, and Bavarian pretzels with beer cheese or farmhouse mustard. Ten taps pour Arrowood Farm brews, but if beer isn't your thing, there's a curated wine list and playful cocktails, like the Bees Knees with gin, lemon, and honey simple syrup.

236 Lower Whitfield Rd, Accord; 845.253.0389; www.arrowoodfarms.com

Now open in Peekskill is Apropos, the fine-dining restaurant at the highly anticipated Abbey Inn & Spa, a 42-room boutique hotel in a renovated convent overlooking the Hudson. Executive Chef John Paidas' menu skews Mediterranean, featuring house-made fresh pasta (twisted lorighittas with fennel sausage and broccoli rabe, for example), charred peaches with whipped ricotta and hazelnuts, dry-aged beef burgers, a ribeye steak with cauliflower agrodolce and anchovy butter, and crispy local chicken over sweet-corn cream.

900 Fort Hill Rd, Peekskill; 914.739.3546; www.aproposrestaurant.com



Focused exclusively on naturally leavened breads and pastries, Breadfolks opened in Hudson in June. Retired photographer Norman Jean Roy trained in San Francisco to make organic, high-quality baked goods, including country sourdough, seeded loaves, baklava cruffins, and

croissants filled with ham and cheese or dark chocolate.

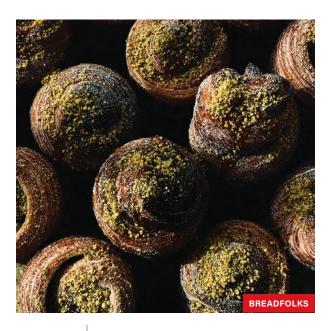
322 Warren St, Hudson; www.breadfolks.com

Operating in the backyard of Hudson's Rivertown Lodge, Fuego 69 is a pop-up concept from the owners of Lil Deb's Oasis (which has remained closed during the COVID-19 pandemic). The seafoodheavy menu features grilled plates -New York tuna crudo with husk cherries and fermented shiso, scallop-jalapeño skewers, mushroom-miso buckwheat flatbreads, whole grilled porgy with wild greens and pickle relish, and s'mores with 69 cents from each dish donated to racial justice organizations and community causes. 731 Warren St, Hudson; www.lildebsoasis.com

Nigerian cuisine comprises the majority of the menu at Keobi, which opened in Albany in April. Dishes to try include thinly sliced beef suya, yam porridge with leafy greens and shrimp, peppered stock fish, spiced peanut soup, and tomato-based jollof rice with fried plantains, vegetables, and a choice of

189 Lark St, Albany; 518.977.3991; www.keobirestaurant.com

Owned by the Nham family, who moved from Vietnam to Rockland County in the 1970s and 1980s, Little Vietnam brings the cuisine's unique blend of sweet, salty, sour, spicy, and savory to Nyack. On the menu are rich pho with sliced beef, meatballs, and/or



tripe; Vietnamese chicken soup; green papaya salad; rice paper rolls (shrimpavocado, lemongrass-beef, garlic pork); banh mi, Vietnamese-style pork chops; steamed catfish; and mango sticky rice. 327 N Highland Ave, Nyack; 845.358.4628; www.littlevietnamnyack.com

A trip to Rome inspired the oblong, sourdough pies at Mercato Roman Pizza Works in Tappan. Made with non-GMO ancient wheat, soy, and rice flours, the dough is cold-fermented for 72 hours, resulting in pizzas with a crisp, chewy texture and less gluten than your cornershop pie. Signature pies includes a San Marzano Margherita; spicy pepperoni; Gorgonzola-bacon; Yukon Gold potato and truffle-scented sottocenere cheese; and even a vegan pizza, topped with cashew cream, blistered tomatoes, and avocado crema.

31 Rte 303, Tappan; 845.606.9000; www.mercatopizza.com

At Oaxaca native Ruben Lopez's Tortilla Taco Bar in Kingston's Rondout neighborhood, house-made corn tortillas are the base for tacos and crispy vampiros, with citrus-marinated steak, grilled chicken, pork al pastor, and a daily vegan selection. The same fillings can also be turned into quesadillas, tortas, rice bowls, salads, and Missionstyle burritos. Rounding out the menu are sides (chips and guac, elote), hibiscus agua fresca, 20 tequilas and mezcals, and house Margaritas and Palomas. 38 Broadway, Kingston; 845.481.4569; www.the tortill at a cobar.com

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## POFNOON

FALL WEATHER MEANS WE'RE WARMING UP WITH A BROTHY BOWL OF RAMEN.

BY SAMANTHA GARBARINI



#### HUDSON FOOD STUDIO

Taking inspiration from Southeast Asian cuisines, Chef/ Owner David Chicane crafts a locavore menu (hoisonglazed Berkshire pork ribs, stir fried lobster with ginger XO sauce, braised Japanese eggplant) that changes seasonally. At least one noodle bowl is typically on the menu, including fragrant pho and ramen, with chickenor pork-bone broth, seven-hour-braised pork shoulder, springy alkaline noodles, shiitake mushrooms, and soft-boiled egg. ● 746 Warren St, Hudson; 518.828.3459; www.hudsonfoodstudio.com

#### QUINN'S

Among the Japanese favorites - shrimp katsu with yolky mayo, traditional takoyaki, donburi, and buildyour-own bento boxes — at this Beacon favorite is a rare-to-the-Valley chilled ramen. (There's also a hot iteration on the menu.) Both versions are meat-free,

made with vegetarian broth; topped with wakame, scallion, tomato, and egg; and served with optional add-ons, including house-made kimchi, pork, chicken, imitation crab, and/or vegan tofu or udon noodles. • 330 Main St, Beacon; 845.202.7447; find them on Facebook

#### Tanpopo Ramen

Six types of ramen are on the menu at this Albany noodle shop. Cloudy, pork-bone broth is the base for the classic tonkotsu with tender chashu pork, the miso ramen, and the spicy Tanpopo ramen, with a double helping of roast pork and minced pork paste. The roast duck and beef-stew ramens, topped with seasoned greens, are particularly hearty, while a vegetarian version is packed with umami-rich mushrooms. All come with wavy, Tokyo-style noodles, but can also be prepared with thin, gluten-free rice noodles. • 893 Broadway, Albany; 518.451.9868; www.tanpopoalbany.com

Ave strip mall, this sleek Japanese spot serves some of Westchester's best ramen. Chief among the many choices (tonkotsu, miso, chicken katsuo dashi) is the spicy Tantanmen, a rich bowl of nutty, chilispiked, soy-seasoned pork broth, topped with ground pork, bok choy, and bamboo shoots. Wash it down with a crisp, Ginga Kogen hefeweizen or one of the seven sake on the menu. • 163 S Central Ave, Hartsdale; 914.949.0600; www.kishuya.com



#### Dutchess

AROMA OSTERIA From the crusty bread served with olive oil to the hearty pastas, meat and seafood dishes, and tiramisù, this rustic fare is as authentically Italian as it gets. Closed Mon & Tues. 114 Old Post Rd, Wappingers Falls; 845.298.6790. \$\$\$ www. aromaosteriarestaurant.com

BAJA 328 This Southwestern grill offers 130-plus varieties of tequila. Tacos skew traditional (brisket barbacoa, al pastor, chorizo) and modern, with choices like Buffalo calamari and Korean-barbecue carnitas. 328 Main St, Beacon; 845.838.2252. \$\$ www. baja328.com

CAFÉ MAYA Savor favorites, including enchiladas de mole poblano and tacos de pescado. A mariachi band adds even more spice to the Mexican flavor on Friday and Saturday nights. 2776 W Main St, Wappingers Falls; 845.632.3444. \$\$ Find them on Facebook

COSIMO'S TRATTORIA AND BAR A local favorite (and annual Best of Hudson Valley Readers' Pick) with four locations, the Poughkeepsie outpost has soaring ceilings and Tuscan-style décor. The New World Italian menu features favorites such as arancini and seafood fra diavolo, in addition to wood-fired pizzas, soups, and salads. 120 Delafield St, Poughkeepsie; 845.485.7172. 620 Rte 211 E, Middletown; 845.692.3242. 1217 Rte 300, Newburgh; 845.567.1556. 100 State Rte 32, Central Valley (Woodbury location); 845.928.5222. \$\$-\$\$\$ www.cosimos.com





DAILY PLANET DINER This '50s-inspired diner serves up more than just flavorful flapjacks. Along with burgers, patty melts, blue-plate specials (Grandma's meatloaf, turkey with all the trimmings), and nearly a dozen specialty sundaes, the menu comprises a vast salad selection, including endive, pecan, and Gorgonzola cheese; chicken-walnut; and a steakhouse wedge. 1202 Rte 55, Lagrangeville; 845.452.0110. \$\$ www.dailyplanetdiner.com

ESSIE'S RESTAURANT At his restaurant, just minutes from the Walkway Over the Hudson, Chef/ Owner (and CIA grad) Brandon Walker draws inspiraton from global cuisines to create an eclectic menu that mixes jerk chicken and berbere-spiced steak with customer-favorite comfort foods, such as pork osso buco and chicken and dumplings. Closed Mon & Tues. 14 Mount Carmel Pl, Poughkeepsie; 845.452.7181. \$\$-\$\$\$ www.essiesrestaurantpk.com

LA CABAÑITA The Pinelo-Cardenas family runs this eatery, housed in a former church, with a menu spotlighting delicacies from the Oaxaca region of Mexico, such as tlayudas, memelitas, and, of course, mole negro. To drink are 40 types of mezcal for sipping straight or mixing into cocktails like the Mula Oaxaqueña, a riff on the Moscow Mule. Their sister eatery, the informal La Cabañita Express, is nearby at 739 Main St. Closed Tues. 763 Main St, Poughkeepsie; 845.452.7544. \$\$ www.lacabanitaoax.com













#### LOLA'S CAFÉ & GOURMET CATERING Owner

Ed Kowalski offers a healthier alternative to fast food at this Modern American lunch-and-takeout spot, serving homemade soups, panini, vegetarian sides, and popular Thai spicy peanut noodles. Off-premises catering is available. Closed Sun. 131 Washington St, Poughkeepsie; 845.471.8555. 49 Main St, New Paltz; 845.255.6555. \$ www.lolascafeandcatering.com

LOLITA'S This bistro serves made-to-order Neapolitan-style, wood-fired pizza, plus artisanal homemade pastas and fresh salads. Dine inside for a romantic, relaxed atmosphere, or al fresco on the shaded patio in warm weather. Closed Mon. 129 Washington St, Poughkeepsie; 845.452.8100. \$\$ www. lolitaspizza.com

MCKINNEY & DOYLE With cozy atmosphere, McKinney & Doyle attracts diners for the awardwinning brunch, as well as lunch, dinner, and cocktails. Don't miss the baked goods made from scratch at the adjoining Corner Bakery. Closed Mon. 10 Charles Coleman Blvd, Pawling; 845.855.3707. \$\$\$ www. mckinnevanddovle.com

MEXICALI BLUE This fresh-Mex haven serves Southwestern and Californian-style Mexican cuisine, including entrée-sized salads, several types of fish tacos, and award-winning burritos. The New Paltz location is primarily takeout with a smaller menu. 1571 Rte 9, Wappingers Falls; 845.298.8226. 87 Main St, New Paltz; 845.255.5551. \$\$ www.mexicali-blue.com

MILANESE ITALIAN RESTAURANT You'll find family-style dining at this establishment run by Santino and Rita Milanese. Homemade favorites range from classic lasagna and manicotti to eggplant parm. Seafood lovers rave about the sogliolo ripieno: filet of sole with homemade seafood stuffing in white wine-lobster cream sauce. Desserts are also not to be missed. 115 Main St, Poughkeepsie; 845.471.9533. \$\$\$ www.milaneserestaurant.com

MODERN TACO The majority of the menu is glutenfree, including the tacos —chipotle shrimp, guajillo chicken, spice-rubbed steak - on hand-made, cooked-to-order tortillas. The wine list features all Spanish and South American bottles, as well as a must-try avocado margarita. Closed Tues & Wed. 46 W Market St, Red Hook; 845.758.1414. \$\$\$ www. moderntacorestaurant.com

RED LINE DINER From the same owners as the Daily Planet Diner, Red Line boasts a convenient location, just off I-84. Menu standouts include all-day breakfast, the Reuben sandwich, the double burger, and the Red Line combo — a surf-and-turf plate of stuffed shrimp and steak. 588 Rte 9, Fishkill; 845.765.8401. \$\$ www. dineatredline.com

**SHADOWS ON THE HUDSON** This riverfront restaurant features a modern interior and prime outdoor seating. The menu stresses seafood, but landlubbers are kept happy with a handful of other options, including indulgent prime rib (Fri to Sun only). 176 Rinaldi Blvd, Poughkeepsie; 845.486.9500. \$\$\$\$ www.shadowsonthehudson.com

SMOKY ROCK BBQ A signature, 16-spice rub is the hallmark of this self-proclaimed New York-style 'cue joint, serving slow-smoked meats (grass-fed brisket, St. Louis-cut ribs) and down-home sides. The petfriendly patio is a popular spot for outdoor dining in warmer months. Closed Wed. 6367 Mill St, Rhinebeck; 845.876.5232. \$\$\$ www.smokyrockbbq.com

**SUKHOTHAI** Expect authentic renditions of its namesake cuisine like pad Thai, panang curry, and ped yang (crispy duck), served in a renovated, circa-1818 building with a hip, downtown atmosphere. 516 Main St, Beacon; 845.790.5375. \$\$ www.sukhothainy.com

TERRAPIN A regional favorite since it opened in 1998, Chef/Owner Josh Kroner's award-winning restaurant blends New American farm-to-table cuisine and classical French cooking with influences from Asia, Italy, and the Southwest. The setting in a circa-1825 former church is one of the Hudson Valley's most unique and iconic. 6426 Montgomery St, Rhinebeck; 845.876.3330. \$\$\$\$ www.terrapinrestaurant.com

THAILICIOUS This popular spot has all the Thai staples, from curry dishes and noodles to zesty bites like spicy Thai wings, 138 South Ave. Poughkeepsie: 845.337.4454. \$\$ Find them on Facebook

THE BEACON DAILY Fans of all-day breakfast flock here for their trademark English muffin sandwiches in variations including egg and cheese, house bacon, fried chicken, and chorizo-spiced tofu. You'll also find pastries, vegan choices, salads, and a popular Carolina-style pulled-pork sandwich. 29 Teller Ave, Beacon; 845.831.5274. \$\$\$ www.thebeacondaily.com

THE ROUNDHOUSE Floor-to-ceiling windows showcase waterfall views in the elegant dining room. The not-too-fussy fine-dining menu features dishes like Prime rib-eye with togarashi-citrus butter, chicken shakshuka, and Meyer lemon bars with prickly pear sorbet. 2 E Main St, Beacon; 845.765.8369. \$\$\$-\$\$\$\$ www.rhbeacon.com

ZEUS BREWING COMPANY Pair craft beers with small plates (fontina arancini, stuffed mushrooms), grain bowls, and more than a dozen hand-tossed pizzas. The signature Zeus pie features three cheeses, red onion, pistachio, oregano, and hot honey. A new, warm-weather rooftop bar boasts stellar views of the Hudson River and Mid-Hudson Bridge. 178 Main St, Poughkeepsie; 845.320.4560. \$\$ www.zeusbrewingco.com

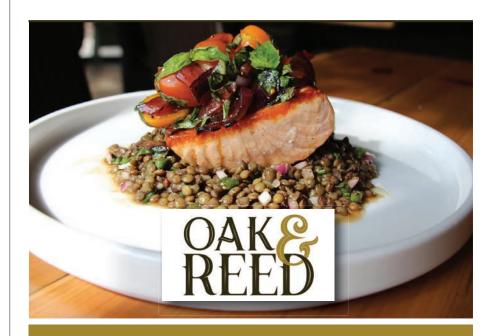
#### Jrange

BROTHERS BARBECUE True, vinegar-based Carolina pulled pork, pepper-crusted beef brisket, and wings are among the slow-smoked meats at this New Windsor eatery. Made-from-scratch sides, include collards, candied yams, and Brothers famous mac 'n' cheese, Closed Mon, 2402 Rte 32. New Windsor: 845,534,4227, \$\$-\$\$\$ www.smokenallday.com

CITRUS Indian and Thai flavors are highlighted here: Sample the citrus calamari, try the popular tandoori dishes, or opt for vegetable masala. A spin on mango cheesecake is a favorite dessert. Daily lunch buffets; grand buffet on Sat & Sun. 1004 Rte 94, New Windsor; 845.787.4947. \$\$-\$\$\$ www.citrusny.

EDDIE'S ROADHOUSE Noted for its craft beer selection, you can also savor a relaxing meal at this tavern and grill, where the focus is on fresh ingredients sourced from local farms and markets. Popular, monthly beer dinners pair dishes with brewery-recommended drafts and/or cans. Closed Mon-Wed. 18 Main St, Warwick; 845.986.7623. \$\$-\$\$\$ www.eddiesroadhouse.com

FETCH Dog lovers will feel right at home in this playful pub decorated with photos and paintings of canines. The menu features classic American cooking, including burgers, Thanksgiving egg rolls, meatloaf and mashed potatoes, and individually baked mac 'n' cheese. 48 Main St, Warwick; 845.987.8200. \$\$ www.fetchbarandgrill.com



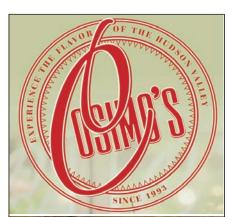
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FIDDLESTIX CAFÉ Make a beeline here for breakfast or lunch in a casual, hometown-style eatery. Breakfast quesadillas, create-your-own omelets, house-recipe Belgian-style waffles, wraps, paninis, and grilled sandwiches are all on the menu. 319 Main St, Cornwall; 845.534.3866. \$ www.fiddlestixcafe.com

**HUDSON TACO** Housed in the historic 1909 West Shore Train Station (designed by the architects of NYC's Grand Central Station), this eatery offers a modern twist on its namesake dish, Expect tacos in versions like chilled tuna tataki with Asian slaw. fried chicken, crab cake, and Korean barbecue short rib. 27 S Water St, Newburgh; 845.565.8226. \$ www. hudsontaco.com

#### LEO'S ITALIAN RESTAURANT & PIZZERIA

A family-owned business since 1981, Leo's serves popular Italian fare, from veal Sorrentino to shrimp scampi. The pizza menu is extensive with more than a dozen specialty pies (gluten-free options available). 23 Quaker Ave, Cornwall; 845.534.3446. 1431 Rte 300, Newburgh; 845.564.3446. 1475 Rte 9D, Wappingers Falls; 845.838.3446. \$\$-\$\$\$ www.leospizzeria.com

LIBERTY STREET BISTRO Cornwall native and CIA grad Michael Kelly opened this standout spot in 2016, featuring a menu of globally influenced American fare. Everything is made in-house; ingredients highlight the Valley; and technique takes center stage. 97 Liberty St, Newburgh; 845.562.3900. \$\$\$-\$\$\$ www. libertystreetbistro.com

**LOVEBITES CHOCOLATE SHOPPE** Gourmet chocolates are just part of the offerings at this sweet shop, where a new café menu features paninis, wraps, salads, smoothies, and more than 30 types of milkshakes. Closed Sun-Wed. 2 Lake St, Ste 4, Monroe; 845.238.5511. \$\$ www.lovebiteschocolateshoppe.com

MAMA ROUX Enter this remodeled storefront with welcoming décor, and you'll find Southern-style cooking with a French accent. Loyal customers praise the wild-mushroom poutine, fried chicken, and blackened catfish on Wild Hive polenta. Closed Mon-Wed. 96 Broadway, Newburgh; 845.561.5363. \$\$\$ www. mama-roux.com

MS. FAIRFAX A neighborhood favorite, the locally sourced menu offers an array of small plates, salads, sandwiches, and a handful of mains. Popular menu picks include the Fairfax salad with grilled chicken, artichokes, soft-boiled egg, and veggies; the Moroccan chicken sandwich; and crêpes made with gluten-free buckwheat flour. 105 Liberty St, Newburgh; 845.565.0169. \$\$-\$\$\$ www.msfairfax.com

OAK & REED Elevated comfort food with an emphasis on local ingredients comprises the menu at this Middletown spot, named for one of Aesop's Fables. Popular dishes include buttermilk fried chicken with Finding Home Farms maple syrup, pan-seared organic salmon, and gemelli Bolognese. Closed Mon. 45-53 North St, Middletown; 845.775.4200. \$\$-\$\$\$ www.oakandreeddowntown.com

ORANGE HILL GLOBAL BISTRO The menu spans international cuisines (including a smattering of Indian favorites), featuring dishes like clay-oven wings with Asian spices, classic American crab cakes, pork chops au jus, and vegetarian Thai red curry. 82 Rte 17K, Newburgh; 845.567.1400. \$\$\$-\$\$\$\$ www.orangehillny.com

THE HELM Chef Jennifer Abelton offers contemporary American cuisine with a focus on local ingredients at this eatery situated alongside Greenwood Lake. The popular hard-cider-brined brick chicken is served with whipped mashed potatoes, skillet cornbread, and maple drizzle. Closed Mon-Wed. 649 Jersey Ave, Greenwood Lake; 845.477.3073. \$\$\$-\$\$\$\$ www.thehelmny.com

#### Ulster

A TAVOLA TRATTORIA Seasonal farm-to-table fare is the centerpiece of this rustic eatery. Favorites include the seven-hour Bolognese and Mediterranean sea bass, plus decadent desserts like salted chocolate budino and Venetian-style carrot cake with mascarpone frosting. An Italian street food menu features regional snacks, such as Sicilian arancini, Genovese chickpea pancakes, and house-made gelato and sorbet, 46 Main St. New Paltz: 845,255,1426. \$\$\$\$ www.atavolanv.com

BREAD ALONE Launched as an organic-bread bakery in 1983, Bread Alone has since expanded with four cafés, including its original Boiceville site and its main bakery in Lake Katrine near Kingston. The menu consists of sandwiches, toasts, salads, soups, and, of course, freshly baked pastries and breads. 3962 Rte 28, Boiceville; 845.657.6057. 2121 Ulster Ave, Lake Katrine; 845.481.4759. 45 E Market St, Rhinebeck; 845.876.3108. 22 Mill Hill Rd, Woodstock; 845.679.2108. \$ www.breadalone.com

GARDEN CAFÉ This vegan restaurant boasts an all-organic and GMO-free menu. Customers adore dishes like the bean-sweet-potato-rice burger, served with chipotle aioli and roasted potatoes, and the daily soup, salad, and sandwich specials. The garden provides seasonal outdoor seating. 6 Old Forge Rd, Woodstock; 845.679.3600. \$\$ www.thegardencafewoodstock.com

GARVAN'S GASTROPUB Housed in a historic building from 1759, the restaurant reflects the eclectic tastes of Executive Chef Josh Paige. Choices range from brown-sugar-glazed duck breast to a Gorgonzola burger served with caramelized onions and truffle fries. Closed Mon. 215 Huguenot St, New Paltz; 845.255.7888. \$\$\$\$ www.garvans.com

**HUCKLEBERRY** Enjoy a pub-style bite at this restaurant, situated in a converted house with a chill backyard for outdoor dining. The menu focuses on shareable appetizers (zhoug hummus, elote, rosemary-Parmesan fries) and casual mains like Korean pulled pork tacos, Nashville hot chicken sandwiches, and grass-fed burgers. 21 Church St, New Paltz; 845.633.8443. \$ www.huckleberrynewpaltz.com

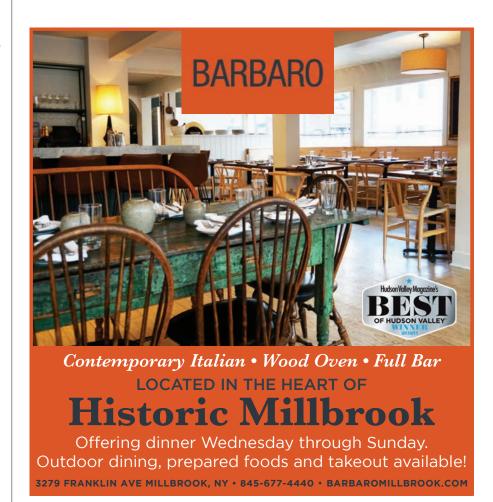
LIS BAR Polish-inspired small plates are the ethos as Jonathan and Patty Rich's cozy Kingston spot with indoor and outdoor seating. Sip skin-contact wine alongside dishes like summer borscht, vegan pierogi, and kielbasa kebabs. Closed Sun-Tues. 240 Foxhall Ave, Kingston; 845.514.2350. \$-\$\$ www.lisbar.com

#### **OLE SAVANNAH SOUTHERN TABLE & BAR Set**

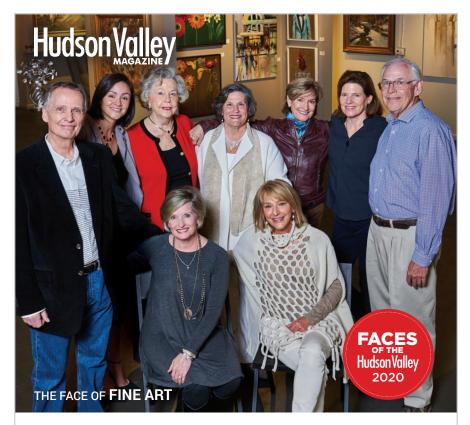
in a gorgeous building on the Rondout waterfront, Ole Savannah embraces the cuisine and culture of the American South with barbecue, po' boys, and bourbon. 100 Rondout Lndg, Kingston; 845.331.4283. \$\$\$ www.olesavannah.com

MAIN COURSE At this casual eat-in or takeout spot, offerings on the New American menu include cedar-plank salmon salad with crumbled blue cheese, candied walnuts, and a roasted-grape vinaigrette: open-faced tartine sandwiches; house-made soups; and assorted paninis. Closed Mon. 175 Main St, New Paltz; 845.255.2600. \$ www.maincoursecatering.com

RACCOON SALOON In business for more than four decades, this family-operated pub presents awardwinning American cuisine, from burgers (top your fries with some of the homemade ketchup) and Maine crab cakes to a comforting oven-baked chicken with mashed potatoes. 1330 Rte 9W, Marlboro; 845.236.7872. \$\$\$-\$\$\$\$ www.raccoonsaloonmarlboro.com







#### FACES OF THE **HUDSON VALLEY**

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#### **DECEMBER ISSUE**

SPACE CLOSE: October 16, 2020 - PUBLICATION DATE: November 18, 2020

For more info call 845.463.0542 or email sales@hvmag.com.







**RŪNA BISTRO** French cuisine is alive and well at Clare Hussain's bistro in an 1870 building. Chef Ryan McClintock relies on locally sourced meats and produce to craft dishes such as rainbow trout amandine or mushroom-vegetable Bourguignon. Closed Mon-Thurs. 10 Plattekill Ave, New Paltz; 845.419.5007. \$\$\$-\$\$\$\$ www.runabistro.com

SILVIA This stylish-yet-casual restaurant with an open kitchen and wood-burning grill is run by sisters Doris and Betty Choi. An emphasis on local sourcing spans New American dishes, like mushroom-lentil pâté and roasted beets with jalapeño-cashew crema. and a smattering of Asian plates, including bibimbap and Vietnamese smoked pork chops. The pergolashaded deck is particularly inviting in the warmer months, 42 Mill Hill Rd, Woodstock: 845,679,4242, \$\$\$\$ www.silviawoodstockny.com

THE DUTCH ALE HOUSE A favorite haunt for locals, this restaurant (with a recently added beer garden) features a solid craft beer selection and upmarket bar bites, such as dry-rubbed, smoked wings; fried chicken sandwiches slathered with spicy mayo; truffle fries; and empanadas with jalapeños and Tickler cheddar. Closed Mon & Tues. 253 Main St, Saugerties; 845.247.3337. \$\$\$-\$\$\$\$ www.dutchalehouse.com

THE SHIP LANTERN INN Open since 1925 and run by three generations of the Foglia family, you'll find New American cuisine served in a lovely building dating back to the Revolutionary War. Savor dishes such as porcini-dusted fillet of Chilean sea bass or chateaubriand for two. The \$34.50 prix-fixe Twilight Menu is an excellent deal. Closed Mon & Tues. 1725 Rte 9W, Milton; 845.795.5400. \$\$\$\$ www. shiplanterninn.com

THE TAVERN AT DIAMOND MILLS With a stunning setting overlooking Esopus Falls, The Tavern also impresses diners with dishes such as crab cakes with mango emulsion and a custom-blend burger with 5 Spoke cheddar and bacon jam. 25 S Partition St. Saugerties; 845.247.0700. \$\$\$\$ www. diamondmillshotel.com/tavern

THE WOULD RESTAURANT Complete with an outdoor garden pavilion and an indoor fireplace, this eatery offers New American fare, such as a rib-eye with thyme-garlic butter and grilled salmon over warm, shredded Brussels sprouts. Closed Sun & Mon. 120 North Rd, Highland; 845.691.9883. \$\$\$-\$\$\$\$ www.thewould.com

TOP TASTE A 2020 James Beard semi-finalist, Chef Albert "Sammy" Bartley and his wife, Malenda, bring a genuine taste of Jamaica to Kingston. Island favorites include jerk chicken, curried goat, red snapper, beef patties, and Malenda's coconut-rum cake. Closed Sun. 446 Hasbrouck Ave, Kingston; 917.915.1310. \$ Find them on Facebook

UNDERGROUND COFFEE AND ALES Specialty coffees, teas, wine, and 10 rotating craft beer taps are the draw here, but this bottle shop/eatery also serves fun pub grub like burgers on brioche buns and dailychanging flavors of popcorn. Closed Mon & Tues. 74 Vineyard Ave, Highland; 845.834.3899. \$\$ www. undergroundcoffeeandales.com

#### **WOODNOTES GRILLE AT THE EMERSON**

RESORT & SPA Named for Ralph Waldo Emerson's literary work, Woodnotes, this resort restaurant offers contemporary, locally sourced cuisine with a classic flair. A warm-weather patio has serene views of the lush property. Closed Tues & Wed. 5340 Rte 28, Mount Tremper; 845.688.2828. \$\$\$\$ www.emersonresort.com/dining

#### Westchester

**BLUE HILL AT STONE BARNS** At the Barber family's two-Michelin-starred restaurant on a former Rockefeller estate, the elaborate \$250+ tasting menus are as much a social commentary on the American food system as they are superb, theatrical dining experiences. Many ingredients, including experimental crops, come from the surrounding Stone Barns Center for Food & Agriculture, which diners can tour before dinner. Advanced reservations required. Closed Mon-Wed. 630 Bedford Rd, Pocantico Hills; 914.366.9600. \$\$\$\$ www.bluehillfarm.com

CRABTREE'S KITTLE HOUSE Chef Beau Widener uses locally sourced ingredients to create seasonal dishes in the formal dining room and elevated bar food at the Old World Tap Room. The Grand Awardwinning wine cellar houses 40,000-plus bottles. Closed Mon. 11 Kittle Rd, Chappaqua; 914.666.8044. \$\$\$\$ www.crabtreeskittlehouse.com

FORTINA Celebrity Chef Christian Petroni runs this mini-empire of buzzy wood-fired restaurants, serving expertly roasted vegetables, fresh pastas, and thincrust pizzas (try the truffle-topped Luigi Bianco). 17 Maple Ave, Armonk; 914.273.0900. 136 S Ridge St, Rye Brook; 914.937.0900. 1086 N Broadway, Yonkers; 914.358.3595. \$\$\$ fortinapizza.com

GOOSEFEATHER Situated in the 1840s King Mansion at the Tarrytown House Estate, you'll find modern takes on Cantonese cuisine (dry-aged beef pot stickers, Hunan lamb shank, watermelon shaved ice) from Top Chef favorite Dale Talde. Closed Mon. 49 E Sunnyside Ln, Tarrytown; 914.829.5454. \$\$\$\$ www.goosefeatherny.com

PURDY'S FARMER & THE FISH Chef/Owner Michael Kaphan sources many of the ingredients for his seafood-and-produce-heavy menu from the restaurant's surrounding four-acre farm. Seating on the restored 18th-century house's cozy front porch is particularly charming. 100 Titicus Rd, North Salem; 914.617.8380. \$\$\$\$ www.farmerandthefish.com/purdys

**RIVERMARKET BAR & KITCHEN** This Rivertown favorite sources primarily local, sustainable ingredients for its menu, exceptional craft cocktails, and on-premises market. 127 W Main St, Tarrytown; 914.631.3100. \$\$\$\$ www.rivermarketbarkitchen.com

THE TWISTED OAK Danny Meyer alum Chef Michael Cutney blends Italian traditions and New American farm-to-table sensibilities to create signature dishes like his Fazio Farms duck lasagna. Closed Mon & Tues. 61 Main St, Tarrytown; 914.332.1992. \$\$\$\$ www.thetwistedoakny.com

THE WHITLOCK Matt and Christiana Safarowic serve seasonal, locally sourced fare, including silky pastas, bone-marrow-laced French onion soup, and crispy pork belly at this neighborhood restaurant. Their new, all-day café, Jay Street, is just around the corner. Closed Mon. 17 Katonah Ave, Katonah; 914.232.8030. \$\$\$ www.thewhitlockny.com

X20 XAVIARS ON THE HUDSON Venerated chef Peter Kelly's restaurant sits on the historic Yonkers Pier, offering breathtaking views of the Hudson River and his famous cowboy rib-eye for two. The casualchic Dylan Lounge boasts its own menu. Closed Mon & Tues. 71 Water Grant St, Yonkers; 914.965.1111. \$\$\$ www.xaviars.com



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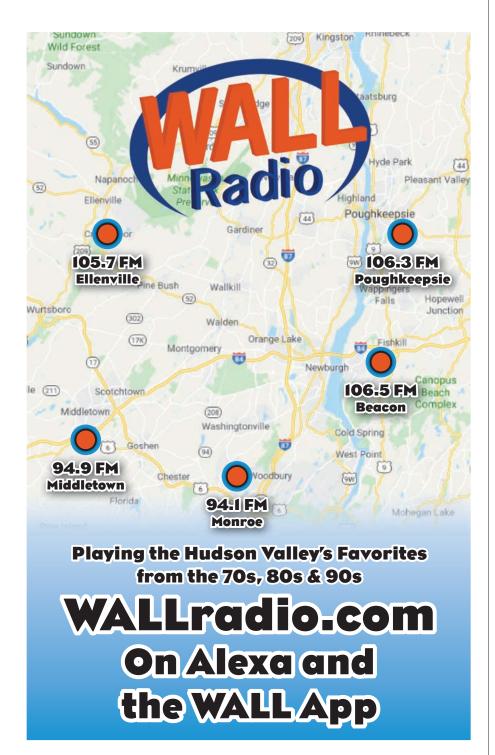
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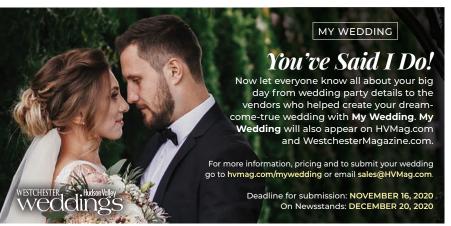
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CATHRYN'S TUSCAN GRILL This trattoria offers Northern Italian cuisine along with an extensive wine list. Entrées include pan-seared scallops with pancetta and a different risotto every day. Closed Tues & Wed. 91 Main St, Cold Spring; 845.265.5582. \$\$\$\$ Find them on Facebook

**CLOCK TOWER GRILL** Owners Rich and Cassie Parente are dedicated to sourcing sustainable. organic, non-GMO ingredients from local farms and markets. The menu features refined comfort foods. like buttermilk-fried chicken nuggets, house-made pastas, and a popular shrimp and grits. Closed Mon. 512 Clock Tower Dr, Brewster; 845.582.0574. \$\$\$-\$\$\$\$ www.clocktowergrill.com

HUDSON HIL'S At this café, the dining room is cozy and the New American breakfast is served all day. Patrons rave about the biscuits and gravy, babka French toast, and the grilled cheese with fig paste. Closed Mon & Tues. 129-131 Main St, Cold Spring; 845,265,9471, \$\$ www.hudsonhils.com

#### Rockland

**DPNB PASTA & PROVISIONS** After honing his skills at an impressive roster of NYC's top Italian restaurants, Chef Tony Scotto and his wife, Louiedell, opened this small restaurant serving flawless fresh pasta. The menu changes frequently, but the cacio e pepe and Julie's Macaroni Pie (a cheesy slice of baked pasta with spicy tomato sauce) are favorite recurring options. The market sells fresh pasta, prepared foods, imported Italian goods, and Hudson Valley-sourced provisions. Closed Mon & Tues. 21 N Broadway, Nyack; 845.353.2167. \$\$\$ www.dpnbpastashop.com

GREEKISH At this recent rebrand of his 8 North Broadway space, Chef Constantine Kalandris infuses the flavors of Greece and the Mediterranean into small plates. The menu is focused on mezze, including a sizeable selection of raw bar and vegetarian offerings. The Greek Style Special deal features four mezze for just \$25. 8 N Broadway, Nyack; 845.353.1200. \$\$-\$\$\$ www.thegreekish.com

OSCAR'S Chef Oscar Romano presents classic Italian fare, including homemade pappardelle with wild mushrooms and garlic oil, chicken al limone, and veal Sorrentino. The prix-fixe Sunday menu offers 12 entrée choices. 589 Rte 303, Blauvelt; 845.359.0608. \$\$\$ www.oscarsblauvelt.com

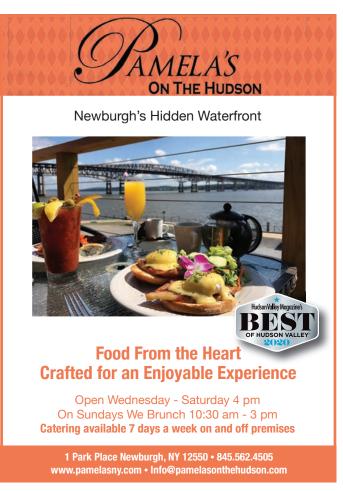
**ROOST** Though it recently relocated to the Union Arts building, Latin and Mediterranean influences still rule the roost here. Favorites include shrimp with plantains and dried peppers, pan-crisped chicken with chimichurri, and a can't-miss Sunday brunch. Closed Tues. 2 Union St, Sparkill; 845.359.6700. \$\$-\$\$\$ www.roostinsparkill.com

#### Columbia

BACKBAR Zak Pelaccio returns to his Fatty Crab roots at this Malaysian-style eatery with a Tiki-esque interior and an expansive outdoor patio. The menu skews toward small, shareable plates, including chicken-lemongrass dumplings, romanesco laab, and crispy rice with shrimp, and ginger sambal. To drink, go for one of the signature cocktails or a selection from the minimal-intervention wine list. Closed Mon & Tues. 347 Warren St, Hudson; 518.828.0567. \$\$ www.backbar-hudson.com

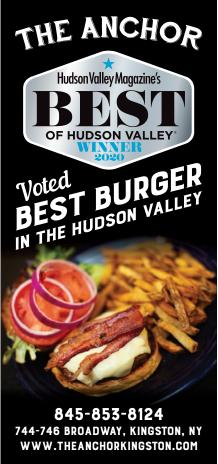
















**BARTLETT HOUSE** Expertly executed baked goods - breads, tarts, cookies, and pastries anchor the menu at this bakery/café housed in the historic Bartlett House. Along with sandwiches (hot chicken on pan de mie, smoked ham and Gruyère on baguette) and a curated menu of other dishes, the café offers Sightglass Coffee and a new milkshakes menu, made with Jane's Ice Cream. 2258 Rte 66, Ghent; 518.392.7787. \$\$ www.bartletthouse.com

MAIN ST GOODNESS Comfort food made from scratch lures diners, who dig into all-day breakfast offerings, including pancakes, breakfast sandwiches, and CK's Texas scramble. Pastries and pies from their on-site PieconicNY bakery draw raves. Breakfast and lunch only. 20 Main St, Chatham; 518.392.2988. \$ www. mainstgoodness.com

SWOON KITCHENBAR This stylish restaurant features affordable farm-to-table fare. Menus change seasonally, and the weekly Meatless Monday specials are not to be missed. Closed Mon-Wed, 340 Warren St. Hudson; 518.828.8938. \$\$\$-\$\$\$\$ www. swoonkitchenbar.com

THE MAKER At the decadently decorated new hotel from Fresh beauty brand co-founders Lev Glazman and Alina Roytberg, Executive Chef Michael Poiarkoff oversees three dining spaces. Grab a pastry and cappuccino at the European coffeehouse-inspired Café; Quaff cocktails with bar bites in the Gatsby-esque Lounge; or dine on elegant, locally sourced New American cuisine at the Restaurant, housed in a stunning glass conservatory. 302 Warren St, Hudson; 518.509.2620. \$\$-\$\$\$\$ www.themaker.com

#### Greene

**CROSSROADS BREWING COMPANY Specializing** in playful takes on bar food, the brewery's Athens pub emphasizes Hudson Valley and NYS ingredients. And while an entire section of the menu is dedicated to local, Kilcoyne Farms grass-fed burgers, the salads are not only craveable, but equally hearty. Closed Mon & Tues. 21 Second St, Athens; 518.945.2337. \$\$ www.crossroadsbrewingco.com

MERMAID CAFÉ The eclectic mélange of American, Mexican, and ramen works surprisingly well at this family-friendly café. Don't skip the latter, made with miso-seaweed or Atticus Farm pork-bone broth and homemade toasted rye noodles, Closed Sun & Mon. 374 Main St, Catskill; 518.217.8811. \$-\$\$ Find them on

MILLROCK RESTAURANT Expect hearty portions - the popular frutti di mare features shrimp, calamari, mussels, clams, and catch of the day sautéed with garlic, olive oil, hot peppers and tomatoes, served over a pasta — and thin-crust pizzas at this spot open since 1996. Closed Mon-Wed. 5398 Rte 23, Windham: 518,734,9719, \$\$-\$\$\$ www.millrockrestaurant.com

**NEW YORK RESTAURANT** A tribute to owner Natasha Witka's Polish roots, the menu comprises traditional Polish dishes and contemporary American cuisine. Customer favorites include the pork chop with maple butter, apple sauce, kraut, and creamy mashed potatoes; house pierogi; and Polish hunter's stew, Closed Mon-Wed, 353 Main Street, Catskill: 518.943.5500. \$\$-\$\$\$ www.nyrestaurantcatskill.com

#### Reviews, Recipes & More

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\$ Average entrée under \$10

\$\$ Average entrée \$15

\$\$\$ Average entrée \$20

\$\$\$\$ Average entrée \$25 or more





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could celebrate with you in-person this year, a virtual party is the best course of action. To register for this year's party go to the link above and find out how we have re-imagined this blockbuster event. In the meantime, enjoy some of our favorite photos from last year's Halloween-themed extravaganza.

he Best of Hudson Valley party is one of our most-anticipated nights of the year. Not only is it a chance to celebrate the winners of our annual contest, it's also a wonderful opportunity to get to know our readers, as we eat, drink, and be merry right along with you. And while we wish we

#### WOODLAND POND AT NEW PALTZ

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orldwide, the coronavirus pandemic has tested communities, schools, businesses, governments, and families. What seemingly started off as distant news headlines quickly hit close to home, requiring many to rise to a challenge they never foresaw. Decisions had to be made, or risk the lives of those within the community itself. But one retirement community in the Hudson Valley has miraculously weathered this storm with zero positive resident cases of coronavirus. Woodland Pond, a continuing care retirement community in New Paltz, NY, has so far managed to keep its residents healthy, safe and covid-free.

"While many senior populations and nursing homes have been especially challenged during the COVID-19 crisis which has threatened New Yorkers throughout the year, Woodland Pond's protective measures have been exemplary."

—Governor Andrew M. Cuomo

Woodland Pond is a not-for-profit, premier Continuing Care Retirement Community (CCRC), nestled beneath the shoulder of the breathtaking Shawangunk Ridge, tailored exclusively for those aged 62 and older and catering to a diverse group of accomplished individuals with varied interests and a zest for life. Celebrating its 11th anniversary, Woodland Pond has been home for more than 1,500 retirees and remains the only CCRC in the upper-Hudson Valley. Its Life Care program allows residents to enjoy retirement in an inspiring and supportive environment, with access to a full spectrum of the highest rated supportive care options, if ever needed. Woodland Pond has earned the coveted 5-star rating for Medicare and Medicaid Services annually since 2014 and is the nation's only CCRC to be named a leader in LGBTQ Equality by the Human Rights Campaign since 2018.

The residents, staff, family, and friends of Woodland Pond embrace life and show everyone that crosses their thresholds exactly what it means to be experiencing retirement at its best. And most importantly, thanks to their strict safety protocols, Woodland Pond has not had a single resident test positive for COVID-19 to date, and received a special commendation from Governor Cuomo for their exemplary protective measures! This is a true testament to their determination to maintain the health and safety of all residents.







Standing, from left to right: Robert Dunn, Director of Environmental Services; Michelle Gramoglia, President & CEO; Sarah Hull, Director of Resident Services; Thomas Tango, Director of Plant Operations & Security. Seated, from left to right: Ronnie Licata, Director of Dining Services; Christi Battistoni, Director of Finance; Shannon Scaturro, Director of Marketing; Phillip Mehl (and his sidekick, Nolie), Director of Long Term Care; Brigitte Blum, Director of Human Resources.

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