

### WEDDINGS

### HOW TO DO YOUR WEDDING DO

CHOOSING THAT SPECIAL HAIRSTYLE FOR THAT SPECIAL DAY.

WRITER: LAUREL LUND HAIRSTYLES BY SALON SPA W







nce a bride-to-be says yes to the dress, it's time to say "I do" to the "do."

The ideal bridal hairstyle not only complements the bride's personality and choice of wedding gown but also

becomes a fashion statement on its own. And today's brides can choose among hairstyles that run from casual to classic, trendy to traditional.

This year's bridal coif is natural, tousled and textured—perfectly imperfect. Top trends include romantic low-and-loose textured buns with twists or braids, sleek top buns, elegant chignons and French twists, according to the stylists at Salon Spa W.

Aveda Institute stylist Molly DeVenney adds that "feminine flair is trending, with half-up/half-down styles and those with romantic curls."

Some brides are embracing their inner Bohemian goddess, "choosing romantic beach waves, 'Boho' flower crowns and flower-woven hairpieces," says

Brianne Cummins of Hair by Brianne, who frequently contributes to *dsm* magazine.

### **SAVE THE DATE**

Once the wedding date is set, the bride-to-be should book her favorite salon up to one year in advance and a hairstyle trial at least one month in advance. This helps ensure that if her dream do is not do-able, there's time to create another look she loves.

DeVenney requires a trial run six months in advance. And Cummins likes to book a two-hour trial run on the same day the bride might be involved in other prenuptial events, such as photo shoots and bachelorette parties.

All the stylists interviewed say that on the day of the wedding, they need at least two hours before the bride's trip down the aisle to work their magic. This gives them enough time to ply their craft and make sure the results will last so that the bride feels photo-op fresh throughout one of the most memorable days of her life.

To find inspiration for your wedding-day do, check out Salon Spa W's showcase of elegant and smart looks in this story.

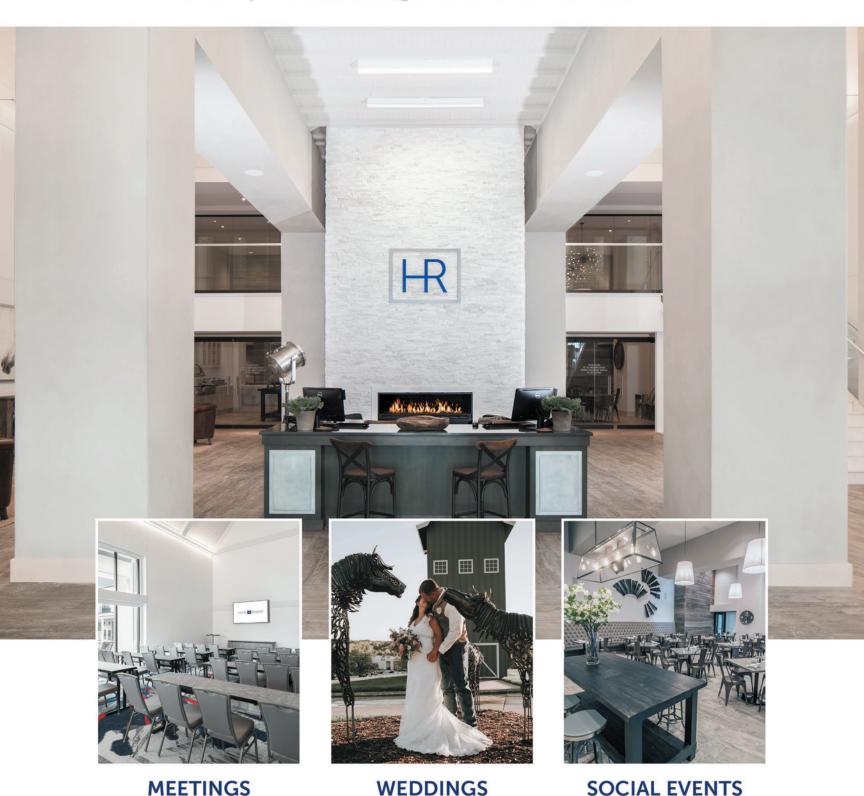
### WEDDINGS

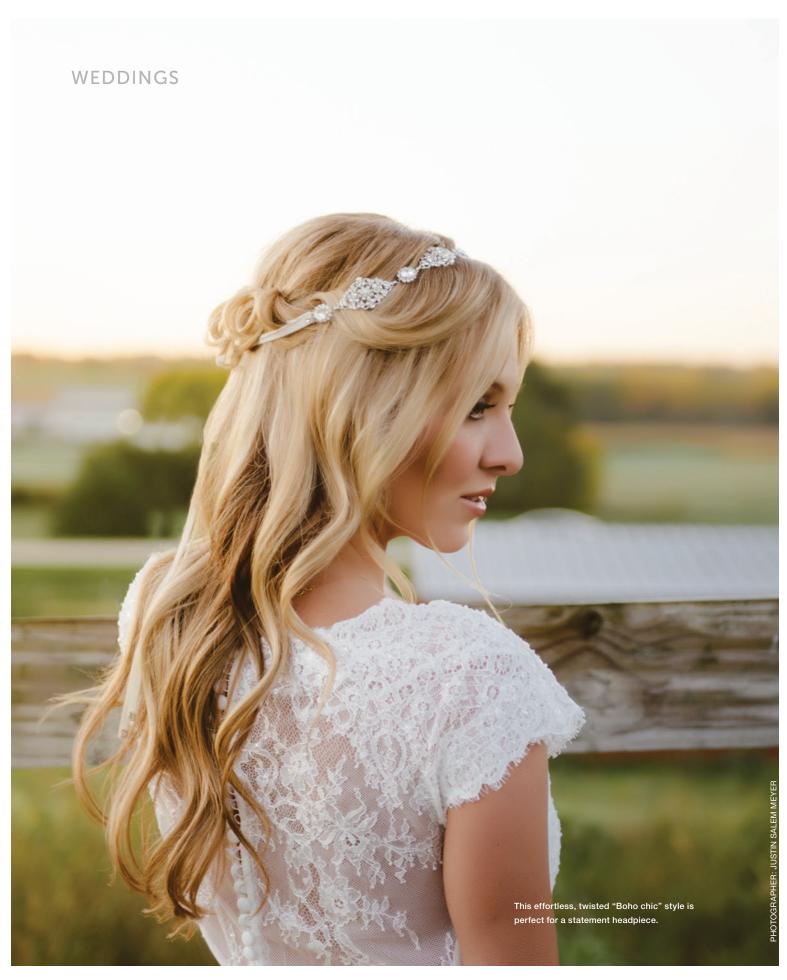




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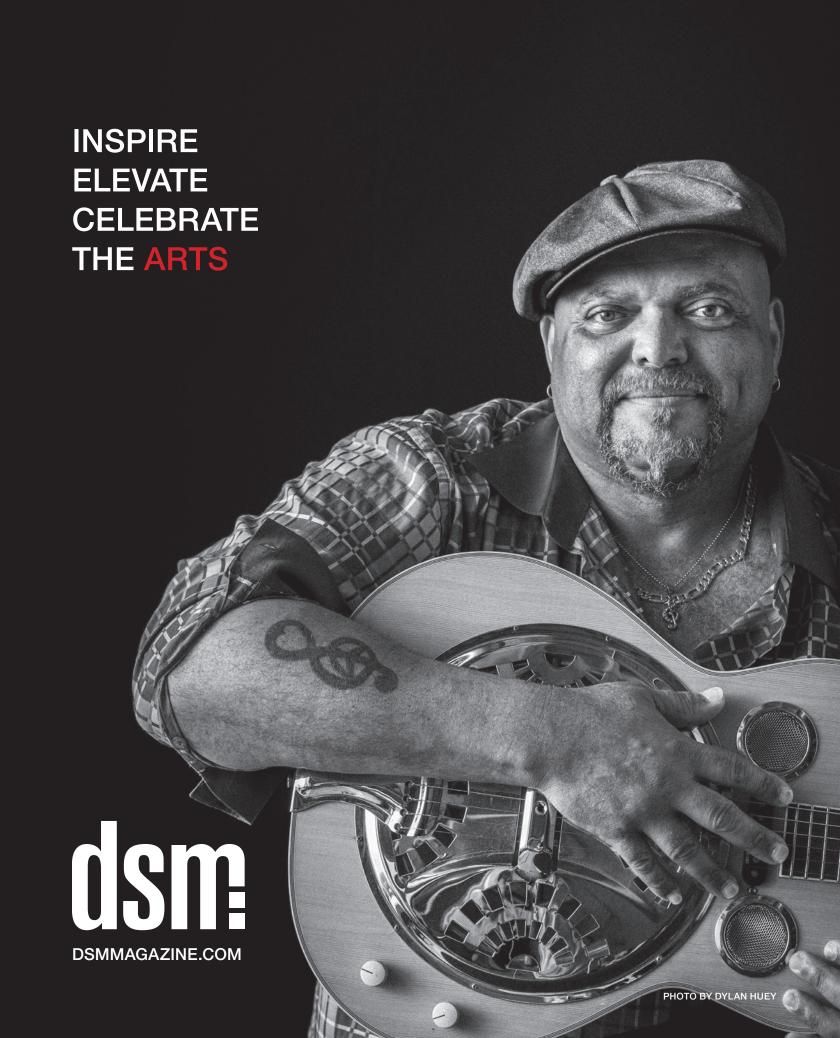
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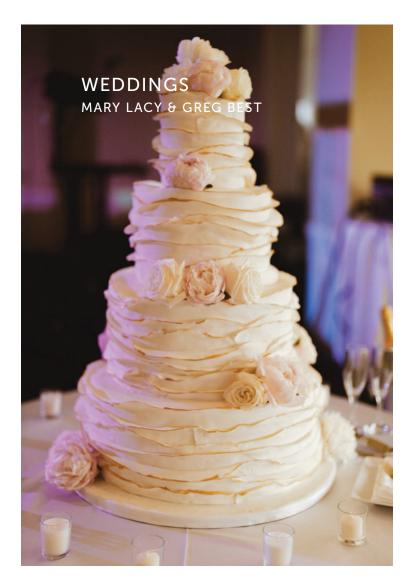




## WEDDINGS LOCAL LOVE COUPLES CELEBRATE THEIR BIG DAY. Mary Lacy gets ready for her wedding. Turn the page to see more photos from the June celebration. Photographer: Anna Jones.















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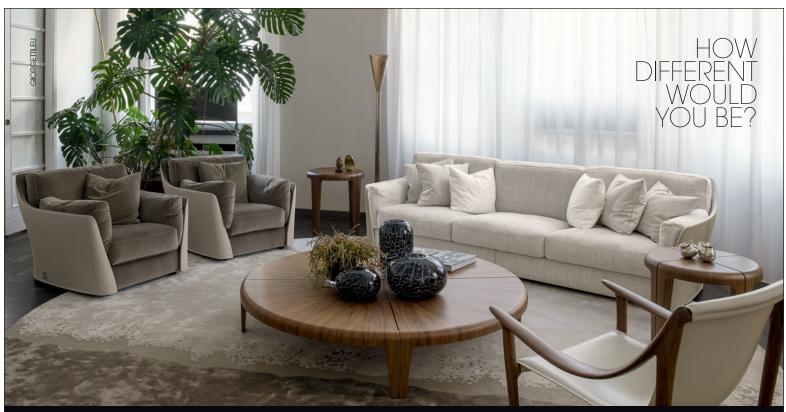
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## If They Could Do It Again...

LOCAL BRIDES REVEAL
WHAT THEY WOULD'VE DONE DIFFERENTLY
ON THEIR WEDDING DAY.

### WRITER: KELSEY BATSCHELET

here's a lot of pressure on brides these days, from planning the perfect ceremony to capturing Instagram-worthy photos to making sure the cake shows up on time.

Any bride will tell you, however, that no matter how well you plan, you're never truly in control of your wedding day. We asked local brides what they would change about their wedding day if given the chance. Though they all said what mattered most was celebrating their love for their partner, they also all acknowledged there are things they'd do differently—from finding time to relax beforehand to foregoing a wedding altogether in favor of eloping.

### Repurpose Your Flowers

### MIRIAM DE DIOS WOODWARD

CEO, PolicyWorks

Miriam De Dios Woodward and her husband, Nick, left for their honeymoon the day after their wedding, which meant the majority of their flower arrangements ended up being tossed. "The only thing I would've liked to change was having a plan in place to repurpose all of our amazing flowers after the big day," she says. "I learned after the fact that we could have potentially donated them to a nursing home, homeless shelter or other organizations. I do wish others could have enjoyed our beautiful flowers for a while longer."

### HIRE A HELPING HAND

### **SOPHIA AHMAD**

Senior director of development, Mercy Foundation

Sophia Ahmad wed in the Temple for Performing Arts, where she and her groom, John Helmich, both serve on the Des Moines Symphony Academy faculty. "We had a magical day, but if I could tweak one element, I would have hired a day-of coordinator," she says. "Our cake didn't show up—fortunately, Glorious Desserts swept in to save the day—and a coordinator managing all aspects of things like catering, audiovisual and traffic flow would have helped me focus even more on our special day."

### **VET YOUR VENDORS**

### KRISTIN PORTER

Blogger at lowagirleats.com and author

Kristin Porter wouldn't change anything about the actual wedding day she shared with husband Ben, but she would change the way it was documented. "I wish we had interviewed more photographers before settling on ours, who we didn't love," she says. "Ask the photographer for references so you can call their past clients and ask how their wedding and engagement shoot went. Then see if they'd recommend them."









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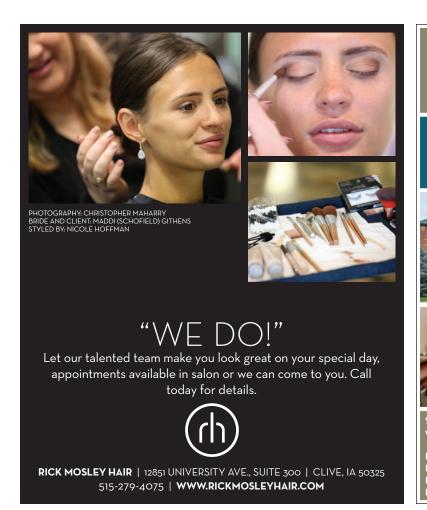
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## Hlect

### LIZ KEEHNER

Program manager, VentureNet Iowa

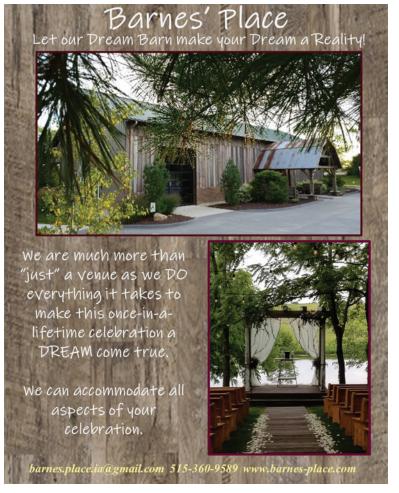
Though Liz Keehner's wedding day turned out exactly as she and her husband, Logan, wanted, she might not do it again, given the chance. "My husband and I are very low-key, and planning a wedding felt like more of a production than we were interested in—not to mention the cost," she says. "If there's one thing I could change about our wedding day, it would be choosing to elope versus having a traditional wedding."







Three Tales of Christmas. For more information, visit civic music.org or call 515,280,4020.



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### CONSIDER THE SEASON

### **HILLARY FERRY**

Senior digital marketing director, Two Rivers Marketing

A minimalist venue with floor-to-ceiling windows—but no air conditioning—set the scene for Hillary and Adam Ferry's wedding. "Looking back, I have no regrets about the venue, but I would have moved our wedding date to the spring or fall to make it a little more comfortable for our guests," she says.

### THE MORE THE MERRIER

### **ERICA AXIOTIS**

Director of development, ChildServe

Erica Axiotis' background in event planning and fundraising meant her wedding went off without a hitch. "Because of my organized planning, I was able to invite a lot of people. We had 300 people at our wedding, but at some point I had to cut the [invitation] list off," says Axiotis, whose husband is Christopher Axiotis. "I don't think we left anyone off the list that we wanted to celebrate with us, but if I could go back I might invite even more people, because in the end, the more the merrier!"

# Take Time to Relax and Enjoy All

### **LAUREN DAY**

Freelance stylist and designer; blogger at dayshiftblog.com

A DIY-er at heart with a gift for styling, Lauren Day and her husband, Austin, did most of the handiwork when it came to their wedding decorations. "We took on a lot of DIY projects that saved us money, but also demanded a lot of time and decision-making," she says. "I had planned to have a few weeks off of work before the big day, but I let my employer talk me out of it to help with a project at the 11th hour. The week of the wedding I went from painting a pergola half the size of a football field to my bachelorette party to unloading decorations and furniture to my rehearsal. I wish I had allowed myself the margin of spending more time with my wedding party, getting pampered and just feeling at ease before the big day."