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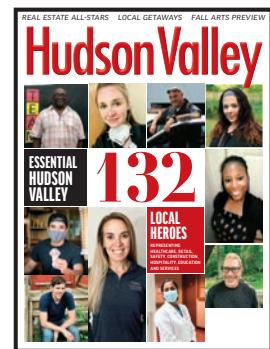
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Essential Hudson Valley photos courtesy of honorees

Coming Next Month: It's time for our annual Best of Hudson Valley issue! Plus, a profile with a Pulitzer Prize-winning Westchester couple.

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MAILBOX



More Rip History

"I would like to know the sculptor who created the lovely sculpture of Rip Van Winkle (featured in "Rip Van Winkle is Alive and Well," July).

—Kathryn Carlson, via email

Editor's note: The monument was envisioned by David Slutzky and carved by sculptor Kevin VanHentenryck.

Reopening Schools

An online article about K-12 school reopenings had readers choosing sides about how it should be done.

"In person. Children are back to playing with their friends, a lot are back to participating in youth sports, and shopping with their parents. If they can do all that, they can go to school"

—Diane Aveyard Hoffay, via Facebook

"Do you have a high-risk child? I do, and the thought of simply sending her back terrifies me. Too many kids out and about, not socially distancing, not wearing masks."

—Bella Weil, via Facebook

Winners on the Web: July

- 1) What Reopening Phase 4 Means
- 2) Governor Mario M. Cuomo Bridge
- 3) 21 Under-the-Radar Outdoor Gems
- 4) Beaches & Swimming Holes
- 5) Waterfall Guide

Write to us: mailbox@hvmag.com;
letters and comments may be edited for space and clarity.

Where in the Valley Winner

Congratulations to Scott Touponse of Wappingers Falls for correctly identifying the New Windsor Cantonment. Turn to page 20 for this month's quiz.

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EDITOR'S LETTER

Essential Hudson Valley

As my kids and I watched the much-anticipated streaming debut of *Hamilton* on Disney+ in July, I couldn't help but make a COVID-19 connection to a verse in "The Schuyler Sisters."

In it, Alexander's future wife, Eliza, and her sisters, Angelica and Peggy, sing:

Look around, look around at how lucky we are to be alive right now.

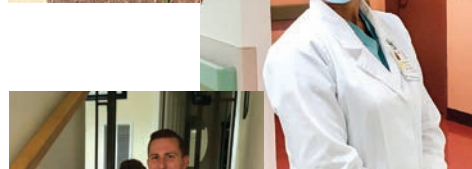
History is happening in Manhattan and we just happen to be in the greatest city in the world.

Every day as the editorial staff finishes our morning meeting, I am reminded of how lucky we are to live in the greatest state in the country. Due in large part to Governor Andrew M. Cuomo's rapid and exemplary response to the pandemic, New York State is the leading example of how to kick this virus' butt. Hence, our meetings have not had much COVID-19-related news since the reopening phases began, other than the occasional reports on social distance violators.

Another huge part of how we are keeping our numbers low in the state and in the Hudson Valley is the dedication of essential workers. These men and women in healthcare, retail, construction, education, services, and more, have been going non-stop since early March, risking their own lives to save and serve others.

For our cover story, "Essential Hudson Valley," we asked readers to nominate an individual who works in an essential category, and who lives or works in the Hudson Valley. In the nominations and in our interviews, we learned about the many sacrifices these essential workers have made, from living in a hotel to protect their families to working 40 days straight, and about the moments that bring them joy and hope. Their profiles serve as a time capsule from the first two months of the pandemic, when hospital ICUs were, as one honoree put it, "war zones," and grocery store shelves were bare. As we go to press in early August, things aren't as bleak as they were in May, and, as another honoree said, "There is a light at the end of the tunnel."

Still, "we must remain vigilant," our governor reminds us. For your own sake and the sake of these essential workers, please listen to the man.



(From top)
Christian Ortiz, Shannon Christiano, Miriam Arroon, and Zachary Ruckh were nominated for their essential roles.

KWalsh
Kathryn Walsh
Editor in Chief

TO OUR PATIENTS, STAFF, COMMUNITY, AND THE ENTIRE HUDSON VALLEY

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CATHEY SULLIVAN
Director of Respiratory Care
Montefiore Nyack Hospital

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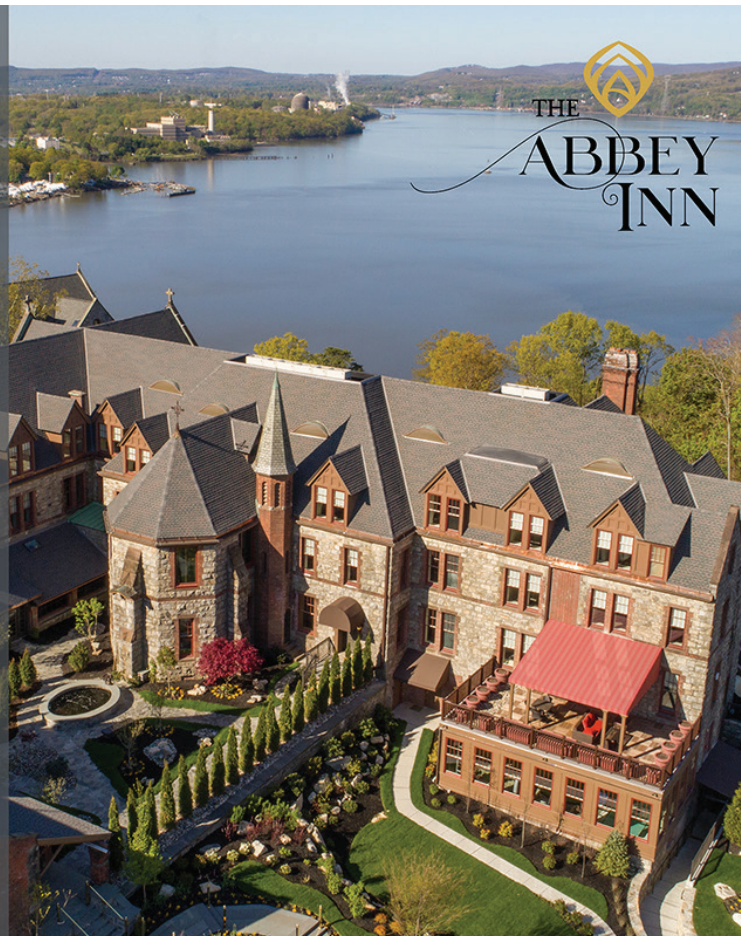
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ON THE WEB

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A Donut a Day

They might not keep the doctor away, but the Hudson Valley's gourmet donuts are too good to pass up. Head online to find confections that go beyond the region's apple cider standard.

www.hvmag.com/donuts

Science of a Sip

Headquartered in the heart of Newburgh, Spirits Lab distills small-batch bourbon, gin, rye, and vodka — with killer cocktails, too.

www.hvmag.com/spiritslab

Cinderella's Hotel

Yes, there's a Cinderella room at The Roxbury at Stratton Falls in the Catskills. There's also a Superhero room and a Galileo room and, oh, did we mention a rushing waterfall, too?

www.hvmag.com/roxbury

Fall Dining Guide

Now that restaurants have reopened, follow our guide for wining and dining around the Valley this fall.

www.hvmag.com/falldining

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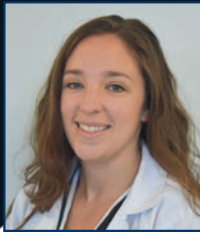
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Congratulations to our Essential Hudson Valley Nominees!

Congratulations to the Montefiore St. Luke's Cornwall Honorees and to **each and every member of the MSLC team**. The dedication and care demonstrated to our community will never be forgotten. The entire MSLC team embodies the spirit of selflessness, grit and determination to keep the Hudson Valley region safe today and every day.



Denise Babinelli, MS. Ed., CCC-SLP
Speech Pathologist



Karen Berkshire, DPT
Physical Therapist



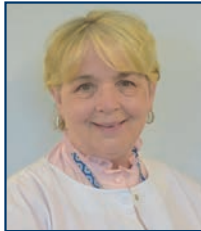
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The Pulse

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Winging It

The U.S. Open returns to Winged Foot in Westchester, with much fanfare, but no fans. Plus, our colleges' fall semester plans, and building community in Nyack.

EDITED BY KATHRYN WALSH



Geoff Ogilvy took home the U.S. Open trophy in 2006, the last time the tournament was held at Winged Foot.

Education

It's "Back to School" Time for Our Colleges

What in-person and online reopening plans look like for students this semester. **BY SABRINA SUCATO**

Back-to-school season is usually met with much anticipation for college students. But this year it's downright scary. Here are some of the ways our local colleges and universities are balancing health and safety considerations with their commitment to delivering a quality education.

BARD COLLEGE

In partnership with Nuance Health, Bard College plans to reopen for in-person classes. The college's COVID-19 Response Team's reopening plan includes staggered arrival dates with increased arrival documentation. The semester will formally end on December 21; classes may switch to an online format after Thanksgiving.

THE COLLEGE OF SAINT ROSE

Saint Rose implemented staggered move-ins throughout August. Classes will be a mix of in-person, remote, and hybrid setups. All in-person instruction will conclude at Thanksgiving break, with courses during the remainder of the semester operating remotely.

THE CULINARY INSTITUTE OF AMERICA

Students return to campus for in-person and online classes beginning in early September and continuing through December 18. The CIA recommends against traveling over Thanksgiving break. Prior to arriving on campus, all students must

complete a pre-screening questionnaire and sign the college's CIA SAFE Pledge.

MARIST COLLEGE

Courses were scheduled to begin in-person on August 24, which is one week earlier than originally planned. After Thanksgiving break, the semester will continue online only. To aid students in need of financial support, Marist College offers COVID-19 Emergency Relief Grants. It also chose not to raise tuition for the 2020/2021 academic year.

MOUNT SAINT MARY COLLEGE

Classes will take place in-person and online as part of the college's Mount Hy-Flex approach. After November 24 and Thanksgiving break, classes will move to an online format until winter break.

RENSSELAER POLYTECHNIC INSTITUTE

For the fall semester, only freshmen, seniors, and graduate students will be allowed on campus. Juniors will return to campus for in-person instruction during the fall semester before moving to an off-campus semester program; sophomores will do the reverse. Courses will be held both in-person and online.

ROCKLAND COMMUNITY COLLEGE

Classes begin on September 1, with a priority on remote courses; in-person instruction is available for labs, clinical experiences, and select courses. In total,

no more than 30 percent of the campus population, including faculty and staff, will be allowed back on campus.

SUNY NEW PALTZ

SUNY New Paltz is offering both in-person and online classes on campus until Thanksgiving break, when it shifts to an online-only format for exams. Residence hall capacity and class sizes will be reduced, and students must quarantine for a period before the start of in-person courses.

UNIVERSITY AT ALBANY, SUNY

Courses were scheduled to resume on August 24 and progress straight through to Thanksgiving. After the break period, all final exams will be held remotely. Courses will occur as a mix of in-person, hybrid, and fully online sessions.

UNITED STATES MILITARY ACADEMY

R-Day (Reception Day) staggered across July 12-14, and cadets were tested for COVID-19 upon arrival. All incoming cadet candidates received face coverings, gloves, and individual hand sanitizers.

VASSAR COLLEGE

Vassar College implemented a phased return to campus which was scheduled to begin on August 15, with courses beginning on August 31 and proceeding through November 20. Students must remain on campus until a one-week break for Thanksgiving, when most students must return home. The remainder of the semester will be remote online learning.

For more details about colleges' plans go to www.hvmag.com/colleges-covid



Where in the Valley No Horsing Around

Sadly, in 2020, the grounds and spectator stands at this iconic venue in the Capital Region were as empty as this setting. Name the venue, at www.hvmag.com/WIVcontest.

By the Numbers

U.S. Open Returns to Winged Foot

The exclusive Mamaroneck club will host the golf championship September 14–20. **BY SAMANTHA GARBARINI**

For only the sixth time in the U.S. Open's history, the tournament returns to Winged Foot's historic West Course this month. Originally scheduled for June, the 120th championship was postponed to September because of COVID-19, and this year's U.S. Open will be played without spectators, who typically line the fairways and greens to watch their favorite players putt their way to the championship purse. Find out more about this year's tournament — and past U.S. Opens — below.

2006

The last time the U.S. Open was played at Winged Foot



\$12.5 MILLION

This year's purse, the highest among golf's major championships, with last year's winner having taken home a cool \$2.25 million

3

Number of times the U.S. Open has been won by a Westchester-born golfer: Johnny Farrell in 1928 and Gene Sarazen in 1922 and 1932

ZERO

Qualifiers who will play in this year's U.S. Open, since qualifying was no longer viable due to COVID-19, leaving this year's Open with an all-exempt field of 144 players

190

Countries the U.S. Open was broadcast to in 2019

45

Holes in one in U.S. Open history, including, most recently, one by Rory Sabbatini on the 12th hole of the first round at Pebble Beach last year

\$200,000

The rumored initiation fee for a new member at Winged Foot

7,477

Yards on the West Course, which will play to a par of 35–35–70



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(Clockwise from above) The ninth hole of the West Course at Winged Foot Golf Club in Mamaroneck; 2006 tournament champion Geoff Ogilvy; Bob Jones at Winged Foot during the trophy presentation in 1929.



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A Street Mural Brings a Community Together — Twice

Nyack Center helps keep the youth movement moving in Rockland County.

BY SIERRA GUARDIOLA

As cities across the country painted streets with the words “Black Lives Matter,” Nicole Hines decided it was time for Nyack to join in.

A Nyack native, Hines serves as the assistant director for Nyack Center — a local non-profit that supports children, youths, and families through education and recreational programs — and says the mural was inspired by the youth activism in Nyack, such as the June 1 protest that drew more than 1,000 people.

“They are the next in line, the next leadership,” says Hines, who is also the advisor of the Nyack Center’s teen council. “We needed to hear and see them, starting with their first protest and then helping with the painting.”

To bring the Black Lives Matter mural

“Everyone was there for a beautiful reason”

— Artist Kristina Burns

to life, Hines approached local artist Kristina Burns. The two have a long history of collaborating that dates back to when Hines was Burns’ student in an after-school program.

Burns figured out the logistics of the project, and made sure infrastructure was in place so anyone who wanted to participate could. She reached out to local artists to help with the



The finished mural on Main Street; (below) Students from the community on painting night.

mathematics and engineering of the mural. Rosa Martinez, deputy village clerk and deputy treasurer, volunteered to facilitate the closure of Main Street for the night of painting.

More than 100 community members met just before 10 p.m. on June 18 to paint the mural. After artists sketched out the letters, brushes were handed over to attendees, with Black members of the community making the first marks.

“It was amazing to watch [Burns] make sure Black people were the first to do it,” Hines says. “Leadership from the Black community is so important, especially [for] social and racial justice because Black leadership tends to get diminished by people.”

The turnout felt like “a barn raising,” says Burns. “Everyone was there for a beautiful reason and had invaluable conversations about racial injustice.”

The day after the mural was completed, two motorcyclists vandalized it during a Juneteenth rally. Immediately following the vandalism, community members stood in solidarity on Main Street to show that, in Nyack, actions like these are not tolerated, Hines says.

The community came out again that night to restore the mural, which, at press time, was intended to adorn Main Street until mid-August.

“When you do something good [that makes] people angry and upset, it just means that you made an impact,” Hines says.

THE STORY BEHIND NYACK’S LONG-STANDING PROTESTOR

BY SIERRA GUARDIOLA

If you’ve been to the village of Nyack recently, you may have seen a man at Veteran’s Park holding a sign that says “Murder is Murder in God’s Eyes. Black Lives Matter.” This man is Andrew Minniefield, and when we spoke to him in early July, he’d been protesting every day for the past month.

Minniefield, whose family has lived in Nyack for generations, is no stranger to protesting. He used to picket outside of his union, and, even more recently, he protested the murder of Trayvon Martin in 2012. When he saw the murder of George Floyd on television, he decided to pick up a sign again. He walked to Veteran’s Park and stood there protesting the murder of black people in America.

He stood there because he could “no longer just sit at home and not be active,” he says. At first, he was alone. He received honks and affirmations from passersby. Then, something beautiful happened. Minniefield was approached by artist Kristina Burns, who asked if she could join him. As time passed, more and more people joined in to protest for change.

“I’m retired, so I can be down there every day,” he says. “Young people have to work, but whatever time they can spend down there, that’s great, too.”

Ever since Burns and others joined in the protest, Minniefield has never stood alone. He and others usually congregate around 2 p.m. and stay to protest until about 6:30 p.m. or 7 p.m. each day. They choose to stop around that time because they don’t want to interfere with businesses making money during dinner hours, he says.

“It’s been nice to see Nyack awakening to the things that are going wrong in the country and around the world,” he says. “This is an incredible moment that we’re having.”

Minniefield says he is proud of the youth in Nyack for protesting and for other actions they have taken, like painting “Black Lives Matter” on Main Street. “I can only be the match,” he says. “It’s up to the young people to be the fire.”



PHOTOS BY KRISTINA BURNS (MURAL), ROSA MARTINEZ (STUDENTS) AND COURTESY OF ANDREW MINNIEFIELD

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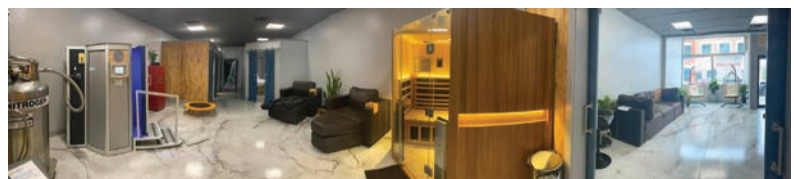
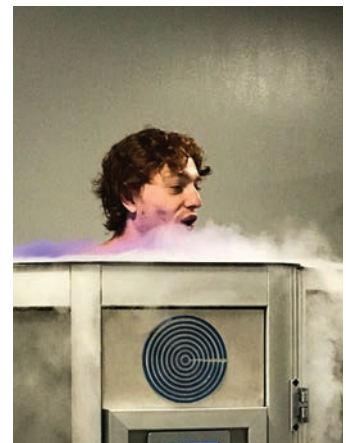
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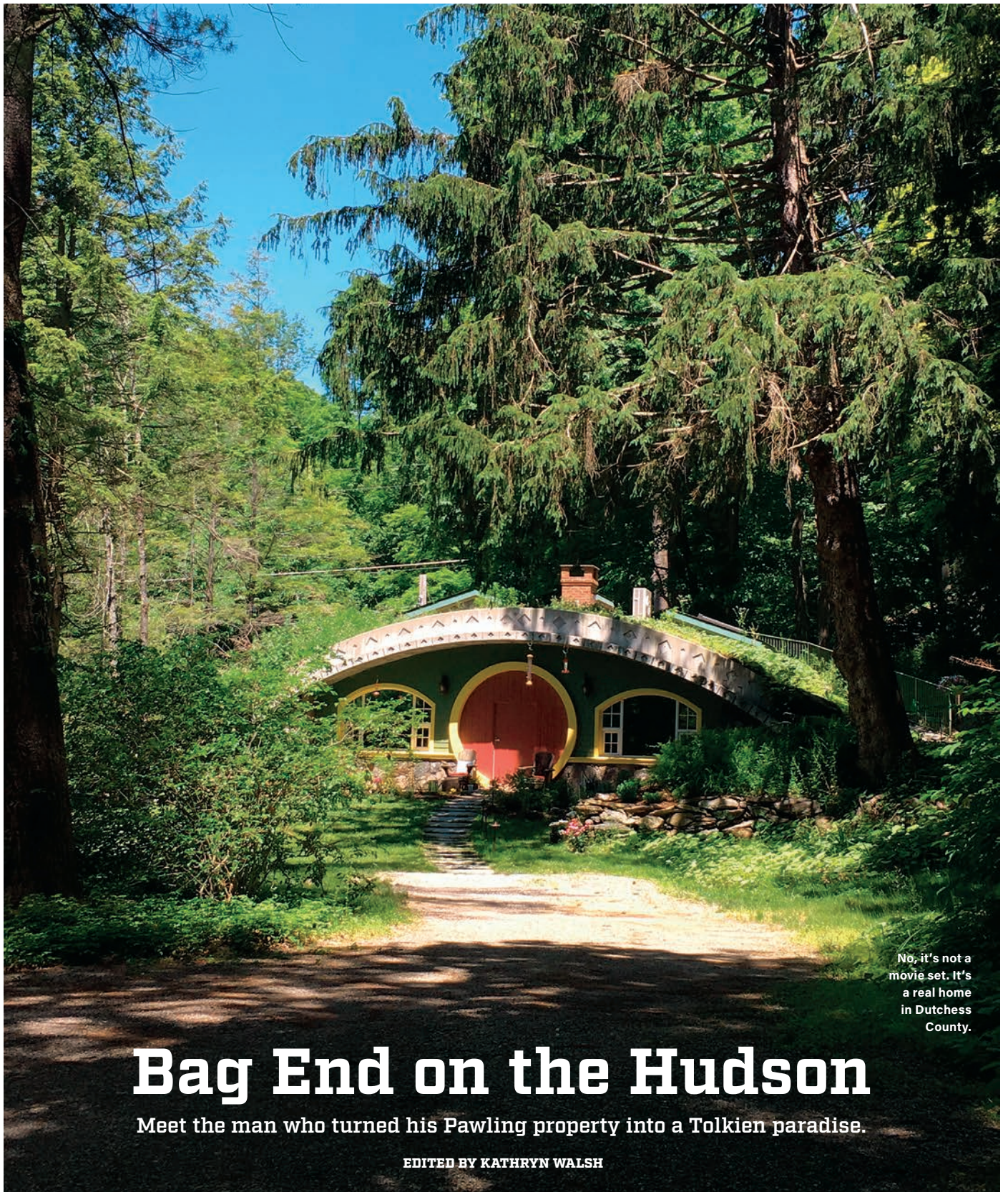
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Home & Property

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No, it's not a movie set. It's a real home in Dutchess County.

Bag End on the Hudson

Meet the man who turned his Pawling property into a Tolkien paradise.

EDITED BY KATHRYN WALSH

COURTESY OF JIM COSTIGAN



Hobbit Hollow, which was completed in January, was intended to be an Airbnb listing — but now the Jim and Jo Costigan call in home.

PHOTO BY JANE HASLAM FINE ART PHOTOGRAPHY

Design

Have You Seen the Hobbit House in Pawling?

One Hudson Valley man's love of *Lord of the Rings* led him to construct Hobbit Hollow, an earth-sheltered passive house in Dutchess County.

BY SABRINA SUCATO

There's no shortage of unconventional homes in the Hudson Valley.

Sure, there are your standard stunning country manors in Ghent and Italian villas in Newburgh, not to mention the luxurious farm apartments in Dutchess County and community residences in Red Hook.

When we say "unconventional," though, we're talking the bonafide jaw-droppers, places like owner Kat O'Sullivan's rainbow haven in Rosendale or Patty Livingston's spiral house in Saugerties, that make you stop and seriously consider just how the architects crafted such unforgettable designs.

Jim Costigan's Hobbit Hollow is one of those jaw-droppers. It's not every day you see a real-deal hobbit house, after all.

As its name suggests, Hobbit Hollow is a livable interpretation of the

charming hobbit homes that grace the pages of J.R.R. Tolkien's *Lord of the Rings*. While Bilbo and Frodo Baggins might not live in this particular Pawling house, we could easily see them stopping by for second breakfast in the Hudson Valley.

"I fell in love with the house in the movie," admits Costigan. "I thought that was one of the coolest houses I'd ever seen."

Costigan, a lifelong Hudson Valley resident, first came up with the idea to craft a hobbit house of his own after watching *The Fellowship of the Ring* (2001) and converting his backyard shed into a mini hobbit home for his lawn tractor. As a high-end construction worker specializing in high-rise residential units and cement work in New York City, the Villanova University grad with a degree in civil engineering was already well-versed in the ins and

“

“People come over who are in construction and they don’t know how I built it.” — Jim Costigan

outs of construction. Even so, when he decided to take the next step and build a livable hobbit house from scratch, he knew he needed to do his research.

Prior to purchasing the plot of land upon which Hobbit Hollow now sits in 2012, Costigan began looking into passive home design. He liked the concept of an ultra-energy-efficient property, especially since it meant his design would not require any large units for heating or cooling. The only trick, he realized, would be crafting a passive house that was also earth sheltered, with a living green roof on top.

“It was a lot more difficult than I thought it would be,” he admits. In fact, the home took him, his wife, and his four grown children a total of eight years to complete, since they spread out work on the weekends. “People come over who are in construction and they don’t know how I built it.”

Admittedly, Hobbit Hollow is a feat of architecture the likes of which can only be found in Bag End. Costigan designed the entire unit from scratch with the help of an engineer in New York City in order to ensure the space was both structurally sound and as efficient as possible. He took into consideration everything from natural lighting and hot water to insulation and thermal bridging. The undertaking was a lesson in creativity and ingenuity and one that, for Costigan, resulted in the property that he calls home today.

Now complete, Pawling’s hobbit house is a two-bedroom, two-bathroom, 1,500-sq-ft space with a dining room, living room, and full kitchen. From the outside, it welcomes (invited) visitors with a circular-style entryway that *Lord of the Rings* fans will recognize. The entryway leads into a cozy interior with a surprising amount of natural light for a home that’s covered in dirt (literally speaking, there’s a bed of grass and even a patio on the roof).

The Costigan family:
(from left) Ethan,
Terence, Jim, Jo,
Georgia, and Jude

PHOTO BY JANE HASLAM FINE ART PHOTOGRAPHY



The abundance of light is thanks to Costigan’s incorporation of skylights into the design. While two front windows flank the door, four skylights spread between the living room, kitchen, and hallway make the house feel anything but subterranean. As for the rooms themselves, the full kitchen is surprisingly spacious, while the master bedroom has its own bathroom. It’s not too big, Costigan says, but it’s spacious enough.

“It’s not a house where you can have a lot of stuff,” he says. “You have to live within your means here, which is great.”

Of course, that doesn’t mean he’s settling for anything. Outside, the house boasts its own hot tub, with a scenic patio on top of the roof. Because the entire home is covered in grass, it blends in perfectly with the scenery around it, including the rippling waterfall that cascades along the grounds.

In regard to its passive house design, Hobbit Hollow features a barrel-vaulted ceiling made from a reinforced concrete superstructure in order to support the soil on top of the house. Every stud had to be cut to fit, and all the framing for the windows was custom. The insulated floors and ceilings deter thermal bridging, which can lead to higher energy bills. The house uses a heat pump instead of a boiler and has on-demand hot water, as well.

“It’s a super-insulated, super-airtight

home,” Costigan enthuses. “Some of the architectural details are really pretty innovative.”

While he and his wife originally planned to convert the home into an Airbnb listing, the COVID-19 outbreak prompted them to rethink their plan. Currently, they’re content to make their home at Hobbit Hollow, since two of their adult children relocated to their original property during the crisis.

In terms of décor, Costigan reveals that he has incorporated a few bits from *Lord of the Rings* into his design. He hangs maps and décor on the walls, although he keeps it cozy and welcoming for the most part. He’s happy the interior is officially done and livable, although he admits he does have projects in mind for the future.

“We’re building a patio right now by the stream,” he notes. “It’s really beautiful.”

In his downtime, the semi-retired professional plans to continue work on the gardens and landscape. While he doesn’t think he’d ever tackle the enormity of a hobbit house again, he’s more than pleased with his version of a Middle Earth abode.

“It’s a really gorgeous piece of property,” he says. “You really feel like you’re in a special place when you’re here.”

Real Estate Roundup

Two Price Points in Rhinebeck

Village living, great schools, country charm, and a thriving arts community can be yours. **BY KATHRYN WALSH**



397 Laurel Ln

Asking price: \$479,000
Style: Townhouse
Beds/Baths: 2/2.5
Square footage: 1,495
Lot size:
Year built: 2015
School district: Rhinebeck Central
Estimated taxes: \$4,649

This light-filled end unit at luxury condo development The Gardens of Rhinebeck gives you the feel of the country in a modern environment. Highlights include a first-floor patio and second-floor deck that overlook an open meadow, bamboo floors, and a walk-in shower in the master bathroom. Condo amenities include a clubhouse, health club, pool, and tennis courts.

31 Hilee Rd

Asking price: \$949,000
Style: Colonial
Beds/Baths: 5/4
Square footage: 4,115
Lot size: 3.9 acres
Year built: 1993
School district: Rhinebeck Central
Estimated taxes: \$18,306

With just under four acres and only four minutes from the center of the Village of Rhinebeck, you can have your privacy and be close to community happenings. Highlights include 9-foot ceilings, floor-to-ceiling picture windows, a wraparound breakfast bar that opens to the dining area and family room, patio and porch, geothermal heating system, and three-car garage. A bedroom with a bath off the family room makes a great office or guest suite.

Market Report

A Spring of High Demand and Low Supply

The global pandemic created a seller's market in the Hudson Valley.

BY SIERRA GUARDIOLA

The second quarter of 2020 began as the Tri-State area was at the height of its pauses and restrictions due to the developing coronavirus pandemic. The real estate industry was deemed nonessential at first, undeniably slowing sales at the start of the quarter. Still, the market saw an increase in demand, but a decreased supply, leading to a dramatic decrease in sales compared to last year.

Both Westchester and Dutchess saw high demand from residents looking to flee New York City. In contrast, Hudson Valley residents chose not to sell property during the beginning of the quarter, leaving inventory low in Westchester, Putnam, and Dutchess. As a result, the average sale price rose to \$609,853, the highest the region has seen since the third quarter of 2017, according to a report from Rand Realty.

Low interest and mortgage rates were also a driving force in the market. According to a report from the Ulster County Board of Realtors, mortgage rates in Ulster sat below 3.3% for more than four weeks this spring, close to an all-time low.

The luxury housing market north of New York City also performed well amidst New York State on Pause. "For luxury buyers, especially those currently living in New York City, the functionality and amenities of a new home take precedence over location. Proximity to New York City and an easy commute are not as necessary when work and home life reside under the same roof," said Anthony P. Cutugno, senior vice-president at Houlihan Lawrence Private Brokerage.

Since June, however, buyer and seller activity has spiked. Given the softening of restrictions as the region moved through reopening, the market has seen improvements that are expected to continue.

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*HONORING THE WOMEN
AND MEN WHO HAVE
KEPT OUR REGION
RUNNING DURING THE
COVID-19 PANDEMIC.*

BY SIERRA GUARDIOLA AND KATHRYN WALSH

On March 19, 2020, as confirmed coronavirus cases in New York rose to 4,152 — up from just 22, two weeks prior — Governor Andrew M. Cuomo signed an executive order mandating businesses that rely on in-office personnel decrease their in-office workforce by 75 percent. Exemptions were made for essential service industries, including shipping, media, warehousing, grocery and food production, pharmacies, healthcare providers, utilities, banks and related financial institutions, and other industries critical to the supply chain.

One month later, as cases escalated to 242,786 statewide — 23,803 in Westchester alone — it was evident our essential workers were in this for the long haul. At this time, the staff of *Hudson Valley* magazine conceived of a way to honor these workers — individuals who were not only going to work every day, as many of us worked from home, but were putting their lives at risk while doing it. All to keep us alive and keep the region moving.

Our online ballot to submit nominations for Essential Hudson Valley individuals who live or work in the region went live in May. Due to our deadlines, it was up for only one month; in that time we received more than 100 nominations. Our intent was not to pick the “best” essential worker in the Hudson Valley, but to honor them all. In choosing 20 people to profile, healthcare workers were on the top of our minds. But, we also wanted to recognize the other categories that the governor outlined in his executive order: the mail carrier who continued coming to your door, but now with more packages; the deli worker who made lunches and coffee for other essential workers; the police officer who continued keeping our community safe — plus volunteers who donated time and money to make PPE. Starting on page 40, you will see a list of everyone nominated, who agreed to be featured.

In the following profiles, you will find excerpts from the nominations — kind words from family, friends, co-workers, etc. — and answers to questions about the essential worker’s job, including how their responsibilities have changed during the pandemic. We also asked: Is there anything else you’d like to add? Nearly all honorees took the chance to thank others.



CAITLIN DOLAN

New York State Thruway Authority, Woodbury
Toll Collector

Why She's Essential:

Caitlin currently works as a toll collector on the Thruway, but also started working at a grocery store in our small town to help the people around her and be close to home to help me. She will maybe get one day off a week, and, most of the time, she is so tired and worn down she will just sleep. She has also been collecting soda [can and bottle] returns and donating the proceeds to local animal shelters by purchasing food and needed items. She has helped pay for groceries for local people when she sees them struggling — anything to help the people around her. —Charlotte Dolan, Caitlin's mother

There's always extra cleaning that could be done, as well as taking extra shifts to help cover the work. —Caitlin Dolan

In Her Own Words:

One way my job has changed is that we are unable to be in contact with customers. We copy down license plate information and manually input all of the information into our computer. It takes a lot of time and patience. There is a lot of stress and a lot of tension in the world, but I could not ask for better places to work. My employers and co-workers are generous and kind, and the customers are always smiling and having a good time with us. I've also been lucky enough to witness acts of kindness. I look forward to doing anything I can to continue to make this world a better place.



ANTHONY MORRONE

City of Poughkeepsie Police Department, Poughkeepsie
Police Officer

Why He's Essential:

My father, Tony Morrone, has been serving his community for 19 years. He shines a positive light on police enforcement, and, for as long as I have been alive, he has been dedicated to the job. My father is less than two years from retiring and still goes in every day ready for what the day brings, with a smile on his face (partially because he knows he'll be eating Rossi's for lunch). Tony is a hero not just to me, but to others around the community. He has been recognized for his work over the years, including receiving Officer of the Year. He stands firm in what he believes in, and it reflects in the good he does for his community. Above all, I love my dad. —Sophie Morrone, Tony's daughter

In His Own Words:

No much has changed [with my job] other than having to wear a mask and trying to balance social distancing while performing my duties. More importantly, I'd like to acknowledge my co-workers. From Chief Tom Pape to the frontline patrol officers, I couldn't be successful at my job without their courage and support. It's also important to note that successfully making it through this crisis would not be possible without the cooperation of the great people of Dutchess County.

He stands firm in what he believes in, and it reflects in the good he does for his community. Above all, I love my dad.

—Sophie Morrone



JOSEPH KIRCHHOFF

*Kirchhoff Companies, Salt Point
Principal/CEO*

Why He's Essential:

Joseph Kirchhoff is a long-standing developer and community leader in the Hudson Valley, and has led our Business Restoration Task Force Construction Workgroup to develop guidance for the construction industry to safely re-open during this pandemic. —*Shelby Adrian, employee*

In His Own Words:

Upon the initial COVID-19 shutdown, we had to pause all construction on all of our major projects, including Eastdale Village. While my primary focus had once been constructing and leading these projects, I shifted my focus to what I could do to help the community. I helped develop a strategic plan with the county's Economic Rapid Response Team to safely re-open not only our, but all Dutchess County construction projects (when able to). We developed a guidance procedure to safely open and operate the construction field, and through the County Executive's office, it was submitted to the state for consideration. I was also able to supply over 20,000 masks to Vassar Brothers [Medical Center].

WILLIAM BEGG, MD

*Vassar Brothers Medical Center, Poughkeepsie
Vice President of Medical Affairs, Board
Certified Emergency Medicine Physician*

Why He's Essential:

Dr. Begg has worked tirelessly in our command center throughout...working insane hours and leading our medical staff with a calm hand and steady presence. In addition to his administrative duties he also continues to see patients as an ED physician. He has conducted countless interviews on the radio and in print throughout the Hudson Valley in order to get factual and

scientific data to our community. A true hero. —*Antonio Perugino, colleague*

In His Own Words:

I oversee all clinical activity at Vassar Brothers Medical Center. [When the pandemic began] I refocused efforts on preparing VBMC for the influx of patients stricken with COVID-19 during the coronavirus pandemic. I am proud to be part of a hospital team that helped over 400 patients admitted with COVID-19 be discharged back to their families much improved.



CATHERINE SULLIVAN

*Montefiore Nyack Hospital, Nyack
Director, Respiratory Care Services*

Why She's Essential:

Cathey has been on the frontlines with her staff from day one. [As of this writing] she has worked over 40 days straight. She is there when they are intubating COVID patients. She is there at management meetings to figure out how they are handling the situation. She is on the telephone calling vendors for much-needed supplies and calling per-diem staff to help cover [staff resignations]. She's working with the pulmonologist, coming up with different strategies [to] increase the patient's oxygenation in the blood.



She has been going nonstop, 24/7 to figure this out. She's a wonderful woman working as hard as she can. She also has asthma. So that alone could have had her take a step back and work from behind her desk. —*Theresa Kernisan, colleague*

In Her Own Words:

During the pandemic it was "all hands on deck" and I worked bedside on both day and night shifts side-by-side with my staff. The number of ventilator patients we cared for was four to five times higher than our usual workload and required the hospital to convert areas to ICU beds. Even with this increase, caring for our patients always remained our main priority. I worked many extra shifts and hours

along with my staff to care for our critical patients. We all worked together doing everything needed to provide care and comfort to our patients.

This pandemic demonstrated what teamwork means. The physicians, nurses, respiratory therapists, PCA's, lab, radiology, environmental services, dietary, transport, central supply, purchasing/storeroom and administration all worked together to either provide care or provide the caregivers with the supplies needed to provide care to "Our Patients." I have never been so proud to be part of such a fantastic team! I was also touched and humbled beyond words by the support we received from our community! ...It was just amazing and provided us with the encouragement and strength we needed to endure this battle we faced.



GREGG LEWIS

**United States Postal Service, Carmel
Rural Carrier**

Why He's Essential:

Gregg has been a mailman for more than 25 years in Carmel. He has had the same route for about 20 years and has very close bonds with his customers. He is committed to delivering everything his customers order, so they don't have to leave the house. During this pandemic the number of packages has sky-rocketed.

Yet, being a mail carrier is a thankless task and they are rarely mentioned as being essential workers. Gregg and others like him deserve to be honored.
—Nancy Altman, Gregg's wife

In His Own Words:

My job has changed during the pandemic in that package volume has nearly doubled due to stores being closed, which significantly increased my work hours. It's so nice that my customers are so kind, appreciative and supportive of me.

LARA HART

**Holiday Inn Express, Lake Katrine
general manager/Director of Sales**

Why She's Essential:

This hospitality manager has been hard at work keeping the hotel safe for guests and emergency workers, while providing excellent service with minimal staff. All the while keeping her family of three children safe, healthy, educated, and keeping life as normal as possible. —Donna Gaudio, hotel guest

In Her Own Words:

During the pandemic we have had a drastic change in operations due to safety. We have closed the breakfast buffet and have had limited staff, so my daily [responsibilities] have increased to [include] also helping more with the front desk and breakfast, as well as my sales and general Manager role. I have also taken over revenue management for our property. I do whatever is needed to make the hotel run smoothly. Our hotel is very sanitary and clean, as it always has been. I am proud of my staff for being team players and getting us through the tough times.



ELAINE SUDERIO-TIRONE, FNP-BC, DNP

**Mount Saint Mary College, Newburgh
Assistant Professor, Graduate Program**

**Vassar Brothers Medical Center,
Poughkeepsie
Pediatric Hospitalist/Family Liaison, ICU**

Why She's Essential:

Inspired by a news story about the shortage of personal protection equipment, Elaine recruited her family to help her make masks. At last count, Elaine and her team have made hundreds of masks. For several weeks in a row, the

team would sew from 7 a.m. up to 3 a.m. the following day. Elaine is also a well-respected and beloved professor at the Mount. —Matt Frey, co-worker at Mount Saint Mary College



In Her Own Words:

When I heard there was a shortage in PPE in NYC, I thought of being proactive and making masks, just in case we experienced the same here. When I shared my idea with my brother, he said that is what he wanted to do on his birthday: make masks. So we did. We never stopped for three months. My brothers (who are also RNs), sister-in-law, daughter, and I made about 3,000 free masks. We have requests locally, nationally, and have mailed them out to the Philippines, UK and Italy.

I feel helpless sometimes when the patients lose the battle, but to be able to hold their hands, rub their heads, and stay at the bedside while families mourn remotely gives me a little bit of peace, knowing they were not alone. —Elaine Suderio-Tirone

At Vassar Brothers Medical Center, since the pediatric unit was closed, I was recruited to become the Family Liaison for all COVID-19 ICU patients. I acted as the bridge between the patients and their families. Given that visitation was restricted throughout this period, I made sure that families got to see and talk to their loved ones virtually.

When I first stepped in the COVID Unit, it was surreal. A war zone you may call it. Beds a few feet apart, filled with sick people; healthcare workers, all covered for protection, running around; no time to drink and get a restroom break for hours... and then you realize, you are there to do the best you can. A lot of sad endings but we also celebrate multiple victories.

I am glad that I was given the opportunity to make a difference. I feel helpless sometimes when the patients lose the battle, but to be able to hold their hands, rub their heads, and stay at the bedside while families mourn remotely gives me a little bit of peace, knowing they were not alone.

ERICKA VON SALEWS

*Vassar-Warner Home, Poughkeepsie
Administrator/Executive Director*

Why She's Essential:

Administrators of adult care and assisted living facilities are often overlooked as essential employees, even though their dedication and commitment goes well beyond the average 40-hour work week as they're usually on call 24/7 and have the full responsibility of the facility on their shoulders. Without Ericka as the administrator and leader of our hardworking team members, our elderly residents would not receive the highly essential care and compassion needed to survive such trying times. In other words, she is essential to fulfilling our mission [of] taking care of those who can't take care of themselves. —Cheryl Holt, co-worker

I cannot commend Ericka enough for the dedication she has shown, the example she has set for all of her staff, and the smiling, happy attitude she shows each and every day no matter how tired, how many things have gone wrong, or how many hours she has been there. —Kim Ryder, Board Treasurer for Vassar-Warner Home

In Her Own Words:

The well-being of our residents and staff has always been of utmost importance to me in my job, but once the severity and proximity of the pandemic became clear, the protection of our residents and staff became the number-one goal. We've also had an ever-increasing focus on keeping our residents upbeat and positive, especially in light of the temporary hold on visits from family and friends.

In order to keep our residents safe, we followed the guidelines as directed by New York State Department of Health and the CDC. Good health is key, but so are good spirits. To that end, we purchased tablets and software to assist with video conferencing with residents' families. We also facilitated window visits. Our team made sure that video and window visits could happen at any time. We've also hosted an indoor carnival and creative projects that connect our residents with the outside world, like our resident senior citizens writing messages to graduating seniors with well wishes and life tips.

We are thrilled and grateful to share that there have been no confirmed cases of COVID-19 in our community, and we work every day to keep it that way.



JAMIE TALMADGE

*Good Samaritan Hospital, Suffern
Registered Nurse, Labor & Delivery*

Why She's Essential:

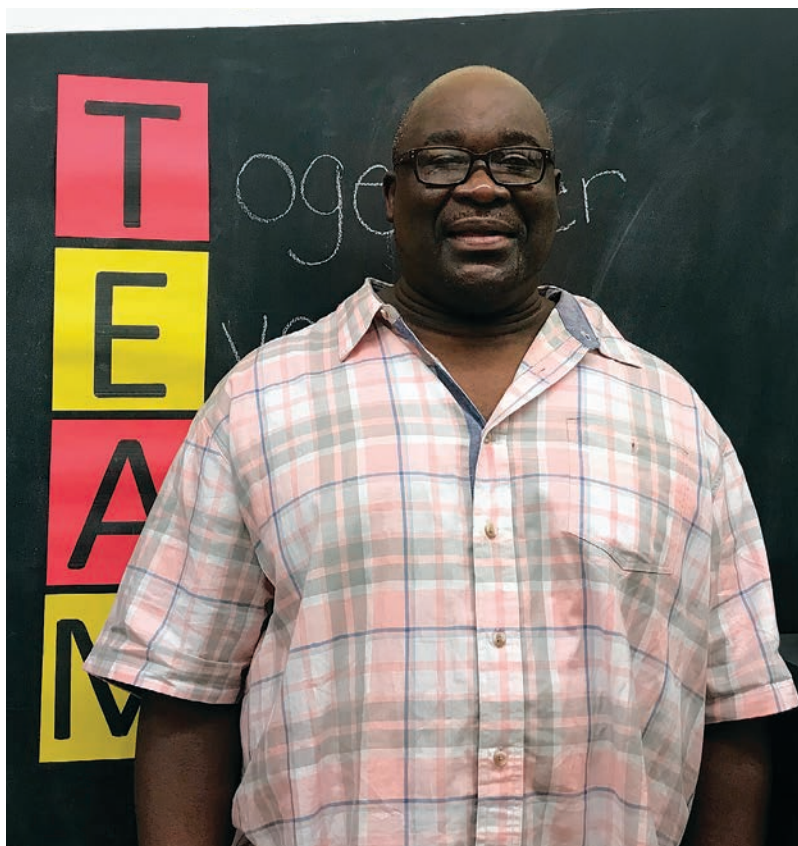
My friend Jamie Talmadge from Port Jervis is a labor and delivery nurse. She has been helping mothers who are COVID positive — and those who are not — deliver their babies during this difficult time. —Terri Blancato-Horton, "bestie"

In Her Own Words:

My job as a labor and delivery nurse has changed drastically since the beginning of the COVID-19 pandemic. Our hallways, which are normally filled with family and doulas, have been empty due to restrictions on visitation. I have had to be not only the RN, but the sole support person for some of my patients. We now gown-up in full gear from hairnets, gowns, and gloves, to face/eye protection. Our patients can barely see our faces.



Despite these changes, we try to keep their labor and delivery experience the best it can be while providing a safe environment for both mom and baby. Once my shift is over, I go home, strip down, and disinfect before being around my family. For weeks, I gave up hugs and kept distance from my kids and spouse. It has been very hard but we RNs will get through it.



LANSFORD RICHARDS

ShopRite, Monticello
Head Maintenance Clerk

Why He's Essential:

During these tumultuous times Lance has been on the frontline. When asked if he could rearrange his schedule to come in earlier to sanitize our carts, he quickly jumped on the task. When asked to clean up debris in the parking lot, he again attacked the task at hand. Lance was also instrumental in maintaining a rigid inventory of all essential cleaning materials. The most impressive part was he did his job with a smile. His loud, hearty laugh brightens everyone around, guest and associate. You can't miss Lance; he always wears his St. Kitts bandana around his mouth and nose. But, what really turns your head is his calm demeanor, willingness to help, and his great, big laugh. Lance truly embodies, "Happy to be here and show it!" — *John Dearani, District Director of Operations and Shannon DeFreese, District HR Specialist*

In His Own Words:

The biggest change [in my job since the pandemic began] is that I now interact with people in a time of crisis. It is important for guests to know that we are here for them. I volunteered to go out in our parking lot and clean up debris that was left behind by customers: masks, gloves, empty sanitizer bottles. I take pride in my job and feel that, when a guest gets out of their car, their impression begins. It is very important to maintain a clean parking lot. We came up with a good strategy and ordering system for our cleaning supplies; at no time did we run out of wipes, sanitizer, paper towels etc. We were always ready for the next challenge and, more importantly, had the right equipment. Again, I would like to emphasize it was important that our guests and associates knew that we were going to be there for them.

SHANNON CHRISTIANO

Mount Saint Mary College, Newburgh
Recent Graduate

Mather Hospital, Port Jefferson
Emergency Room Nursing Assistant

Why She's Essential:

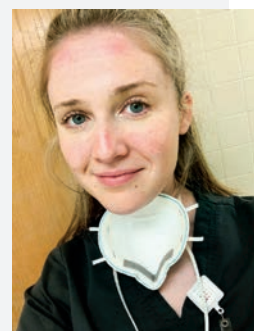
Shannon lived on-campus at Mount Saint Mary College until the COVID-19 pandemic hit. Then she worked in the emergency room at Mather Hospital. Her parents and sister work in the healthcare field, as well. When they're not working, they have been practicing social isolation from themselves and others. —*Matt Frey, Mount Saint Mary College staff*

In Her Own Words:

I now work at North Shore University Hospital in Manhasset as an RN in the emergency department. I worked at Mather Hospital for three years. There, I worked with a team in the emergency department. When COVID first started, guidelines for healthcare workers seemed to be changing every hour. As healthcare providers, our patients expect us to have the answers, but during this time no one did. The unknown is scary, especially when your patients are relying on you. Not having visitors added to the patients' stress. Healthcare workers became their support system while also providing measures to, in some cases, save their lives. COVID took a lot of things from a lot of people, including, unfortunately, the lives of many.

I am so blessed to have such a strong support system. My sister is a labor and delivery nurse, her fiancé is an ER nurse and a firefighter in FDNY, and both my parents also work in healthcare. This pandemic really hit home for us.

Everyone has played a part in helping us out



My sister is a labor and delivery nurse, her fiancé is an ER nurse and a firefighter in FDNY, and both my parents also work in healthcare. This pandemic really hit home for us.

—*Shannon Christiano, RN*

of this crisis: healthcare workers, sanitation workers, postal service workers, grocery store workers, and so many more. There is a light at the end of the tunnel, and this experience is something I will not soon forget.



CHRISTIAN ORTIZ

*Cherries Ice Cream Bar & Grill,
Stone Ridge
Front of Store Manager*

Why He's Essential:

My son has been going to work six days a week, 10 a.m.–6 p.m. He has been working only with his boss, Alyson, and co-worker, Shannon, for months now. They are serving free lunches Monday to Friday. Trying to spread happiness to his customers, Christian greets everyone with a smile. I'd really like to nominate the whole team. —Kathleen Ortiz, Christian's mother

In His Own Words:

We have been running strong since February 11, [which has] allowed us to figure out a plan/procedure to help customers, as well as ourselves, feel safe. During this time, a store that is normally run by a whole group of people was being run day-in and day-out by myself and two co-workers. I'm happy to see how offering free lunches to the community has helped out so much. My grandfather sadly lost his battle with COVID-19 during this time. And the joy of helping my community and coming together is more than I could ever ask for.

MEGHAN DE WITT

*St. Thomas Aquinas College, Sparkill
Associate Professor of Mathematics*

Why She's Essential:

Dr. Meghan DeWitt put the 3D printers in the college's Innovation Center to work by producing face shields that received the thumbs-up for distribution to Holy Name Medical Center in Teaneck, NJ; Nyack Hospital; and EMT groups in Rockland and Bergen Counties. Meghan raised \$800 in 24 hours from faculty supporting her efforts. —Anne Lombardi, colleague

In Her Own Words:

Our director of campus ministry, Dan Cummings, was really the person who got us started. He had seen articles about people making PPE supplies with 3D printers. Both of us felt like doing anything we could to help the real heroes, the healthcare professionals on the frontlines. So, he and I collected donations from faculty and staff and used the money to purchase 3D printing supplies. We then used the school's 3D printers to make 832 face shields and 1,281 face mask extenders that were donated to local paramedics and hospitals. We were really happy we were able to do something to help the health

workers on the frontlines of the pandemic.

As far as teaching, because of the lockdown, I had to transition to entirely online teaching. As I teach math, this is not an easy thing to do! I prerecorded lectures for some of my classes and taught several live over Zoom. I also held Zoom office hours and remotely helped my students as much as I could.



JAMES SCHROEDER

*Crystal Run Healthcare
Outpatient Infusion Center,
Middletown
Registered Nurse*

Why He's Essential:

Jim is an essential employee to so many people. He is a registered nurse currently working in the infusion center at Crystal Run. [While] he may not be on the frontline of COVID-19, he is still taking amazing care of many terrified cancer patients that need their oh-so-essential chemotherapy. He continues to smile bright through his mask, bringing comfort, care, sunshine, and, of course, as many laughs as possible to his patients and his co-workers. You will never see this man have a bad day. —Nicole Schroeder, Jim's wife

In His Own Words:

We treat oncology, hematology, neurology, rheumatology, nephrology, and gastroenterology patients with medication by IV. The one constant has been that our job is needed, and things have not slowed down. Our patient population cannot just quarantine and take a break from being treated. We've eliminated patient visitors at the chairside (which eliminates exposure), and, as a result, I've tried to increase patient emotional support as they are being treated alone at such an unnerving time. Patients have been very appreciative and realize some of these inconveniences are not only needed but hopefully temporary.

I just want to say thank you for all the hard work the healthcare field across the board has put in...Job well done, everybody!

MIRIAM ARROON

*Lutheran Care Center, Poughkeepsie
Director of Nursing Services and Infection
Preventionist*

Why She's Essential:

During this pandemic, Miriam showed excellent leadership. She networks within the county and state to advocate for her residents, families, and staff. She works tirelessly and never gives up, even when COVID-19 seems to be all-consuming. As a leader, she implemented best practices as recommended by CDC, NYSDOH, and AHCA. She kept up with the sometimes daily or hourly changes or advisory from the state and made sure to communicate with her team members for successful outcomes. Her passion for what she does is evident in the way she leads her staff and cares for her residents. She is compassionate and is a strong advocate for her residents, families, and staff. —Albert Riddle, Medical Director

In Her Own Words:

As an RN working for more than 25 years in the nursing profession, this is definitely a life-changing experience with quality care delivery for our patients/residents....

Keeping our residents, staff, and ourselves safe from the COVID-19 virus is an ongoing survival challenge. But seeing the success and positive outcomes with an elderly, 100-year-old resident was rewarding. Maintaining communication with residents and families during this pandemic became an innovative adventure with FaceTime videos, Skype, window visits, drive-through car parades, etc. Communicating with our residents while wearing a mask is a daily struggle because they cannot see our smiles or read our lips. The normalcy of human interactions has changed significantly for our residents and staff, but we do the best we can to boost everyone's morale.

As a nurse, I am inspired by the true "heroes" during this pandemic. These people are not professionals working alongside us, they are our elderly residents and their families, who have endurance to cope with being separated by social distancing and not being able to hug their 91-year-old mom on her birthday. I have learned that the human spirit cannot be broken if we are innovative in our thinking during a crisis.



I have learned that the human spirit cannot be broken if we are innovative in our thinking during a crisis.

—Miriam Arroon, RN

KATHY FANITZI

*Montefiore St. Luke's Cornwall, Newburgh
Director of Infection Control*

Why She's Essential:

During the COVID-19 pandemic, Ms. Fanitzi provided absolutely essential guidance to our clinical teams. None of us could have been fully prepared for the magnitude of this pandemic and velocity at which it arrived, but Kathy approached each day with a sense of calm. She educated our clinical teams on isolation precautions, visited patient care units to address staff questions, and advised leadership on patient placement, PPE, and return-to-work policies based on the current Center for Disease Control and New York State Department of Health guidance.

As we gained more knowledge about the COVID disease processes, Kathy provided crucial updates as needed. This included working tirelessly to ensure our team was receiving updates in real time. For close to three months, Kathy has woken up at 4 a.m., every

single day (seven days per week), to review all patient test results and new admissions to have all data ready to submit to the New York State Department of Health as one of our daily reporting requirements. As the primary liaison between our hospital and the Orange County Department of Health, Kathy fields phone calls day and night to answer any and all pertinent questions. As a long withstanding member of the Montefiore St. Luke's Cornwall family, with a close to 30-year tenure, Kathy's dedication and commitment has always been evident. However, during this pandemic, Kathy has truly outdone herself. She approaches every day with professionalism, positivity, and refreshing sense of humor.

We could not have done it without her! —Mary Kelley, Vice President of Quality Management

In Her Own Words:

Traditionally, the role of the Infection Control Practitioner has always involved evaluating and implementing strategies

to minimize "infections" inside and outside of the hospital. Because COVID-19 was unknown to all of us, this pandemic added challenges and took those responsibilities to a new, different level. It has always been my belief that you have to be available to staff 24/7. Issues and questions do not occur during a set time schedule.

This is an honor I never would have expected. During the past several months when COVID reached critical mass, and [as it] continues through today, I have had the distinct honor to work with true heroes. The entire medical and hospital staff at Montefiore St Luke's Cornwall went above and beyond to care for the patients and their families. Most importantly, they supported each other and rose to the challenges posed by COVID every single day. I share this honor with all of them as my role was small compared to theirs.

Finally, I would like to dedicate this to those that made the ultimate sacrifice, both here and at every institution where patients with COVID were hospitalized and especially to some of our dear colleagues who fought the fight and, unfortunately, lost their battle to this virus. May they rest in peace.



PATRICK MCGRIFF

Stewart's Shops, Red Hook
Shift Supervisor

Center for Performing Arts at Rhinebeck
Technical Director

Why He's Essential:

Patrick goes above and beyond. He greets his customers, abides by social distancing rules, and provides the best service. You can just tell that, behind his mask, he is greeting you with a smile. I don't feel safe shopping in most stores, but thanks to Patrick (and his colleagues), I feel safe in Stewart's. —*Jessica Nichols, customer*

In His Own Words:

We are close to Red Hook Middle and High Schools, so we saw a major fall in customers — parents, students, and teachers — when the pandemic began. We started selling out of bread and milk much faster, and some items we couldn't even get in stock for weeks. It was scary, it was stressful, but we did what we had to for the customers. I went from working five days, 20 hours per week, to six days, 25 hours per week.

My full-time job is the Technical Director at the Center for Performing Arts at Rhinebeck. When the theater shut down, the staff decided to keep spirits up and create things to keep our audiences and community entertained. We would make and post videos: technical things around the theater, sewing and costuming tips, make-up tutorials, audition tips...the list goes on and on!

I would like to thank the community for their patience and understanding during these difficult times! And thanks to the *Hudson Valley* magazine for this amazing opportunity in recognizing those who keep our region moving during hard times!



JULIE CARROLL

Fishkill Center for Rehabilitation and Nursing
Assistant Administrator/Speech Language Pathologist

Why She's Essential:

When Fishkill Center began admitting COVID-positive patients in late March, no one stepped up to the frontlines faster than Julie. A speech therapist by trade and an administrator in training, she was there for everything these patients and her fellow staff needed. Treating patients, caring for them, laughing with them... guiding them through the ups and downs of this terrible disease. She never gave up hope or dropped her unmatched, exuberant spirit in the pursuit of getting them better. She is a shining example of a healthcare hero. —*Michael Zyskind, administrator*

In Her Own Words:

Prior to being an assistant administrator, I worked as a speech language pathologist in skilled nursing facilities. During the pandemic, it was decided for

infection control, that the nurses and therapists that worked directly with COVID patients would not work with non-COVID patients. We currently only have one full time SLP on our staff, which meant we needed someone to treat the residents that we admitted to our facility with COVID-19 for speech. I gladly took that responsibility on, and was honored to return to my roots to help rehabilitate the swallowing and cognitive abilities of these individuals impacted by this virus.

From March to May, I worked, not only as an assistant administrator, but as the COVID SLP as well. While the days were long, and split in half between being an assistant administrator and a SLP, watching the teamwork that our building demonstrated and the progress that these individuals showed made everything worth it. I cannot put into words how proud I am to work with the individuals at Fishkill Center. We grew together, adapted together, and faced every challenge together, and because of that we are successful.

KIA JAMES

Access: Supports for Living, Middletown
Direct Service Provider

Why she is essential:

When the COVID-19 virus struck the Access: Supports for Living residential group homes for people with intellectual and developmental disabilities, the team of Direct Support professionals (DSPs) never stopped caring for the residents and advocated to meet all of their needs. As residents were quarantined to their rooms, staff continuously advocated for support or items the residents needed. With much care and compassion, the team worked to help residents adjust to this new routine as they were used to being together. They are all heroes, they all clearly saved lives.

DSP Kia James, in particular, has continued to go above and beyond. As an organization, we had to set up a stand-alone isolation unit to serve COVID-positive individuals who were being discharged from the hospital but unable to return to their homes right away. Kia was one of only three employees who

agreed to be reassigned to this unit to assist with the care of these high-need, high-risk individuals. Kia has been a true hero to the individuals, their families, and our organization. —Yvette Figueroa, Senior Vice President of IDD Supports and Services

In her own words:

Ways my job has changed during the pandemic: I now help residents deal with the grief of losing an individual. I explain to residents that they can no longer eat together as a family and need to self-isolate from each other. I continuously clean and sanitize the Individual Residential Alternatives (IRAs). And we now have different and longer shifts to keep minimal staff and individual contact. I volunteered to work at the off-site center set up by Access to provide care for COVID patients after they were released from the hospital, before being transitioned back into their homes.

If I had to do it all over again, I absolutely would. There is no greater feeling than providing care to those in need.



If I had to do it all over again, I absolutely would. There is no greater feeling than providing care to those in need. —Kia James

131 ESSENTIAL HUDSON VALLEY HONOREES BY WORKPLACE

Access: Supports for Living

Kathy Burkhardt
Nicole Holland
Nathanael Hughes
Kia James
Cindy McDade

Kathyann Scantlebury
Taylor Shuman
Karen Troy

Cherries Ice Cream Bar & Grill

Christian Ortiz

City of Poughkeepsie Police Department

Anthony Morrone

Cornerstone Family Healthcare

Penelope Guccione

Crystal Run Healthcare

James Schroeder

Ellenville Regional Hospital

Myrian Benton

Jeanine Slane is one of the most dedicated people to her profession. She got COVID like many and returned. I am in awe of the lack of fear that she and all nurses have.

Fishkill Center for Rehabilitation and Nursing

Julie Carroll

Good Samaritan Hospital

Jamie Talmadge

"With many of our employees using public transportation and having it suspended, Becky Kelly rearranged schedules so that our workers could come to work and not only provide excellent customer service but also put food on the table for their families."

Jerome McNeil
Betty Owens
Giselle (Gigi) Torres
Elizabeth Torres

"Penelope Guccione's business was shuttered and considered non-essential (a CrossFit gym), but she continued working as a nurse practitioner making a difference."

"This is a nomination for Northern Dutchess Hospital's entire Emergency Department. There was no greater COVID-19 battle than the one that occurred in the emergency departments across hospitals. As the outbreak hit NYC first, the ER staff in Rhinebeck prepared thoroughly, adjusting procedures and workflows to best treat these patients with care, dignity, and with the safety of patients, visitors, and staff as the number-one priority. They are all heroes. Every one of them."

Holiday Inn Express

Lara Hart

Lutheran Care Center

Miriam Arroon

Kirchhoff Companies

Joseph Kirchhoff

Montefiore Medical Center (Bronx)

Jeanine Slane, RN

Montefiore Nyack Hospital

Catherine Sullivan

Montefiore St. Luke's Cornwall

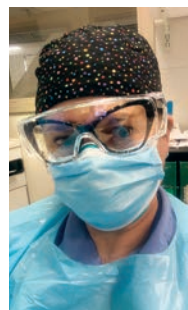
Denise Babinelli

Karen Berkshire

Patricia Detoro, RN

Margaret Deyo-Allers

Kathy Finitzi
John Hordines, MD
John Jonasch, DPT
Melissa Morales, RN
Eva Persaud
Kathleen Sheehan
Mona Simon
Marc Uhrick



"In order to keep her family safe Lisa Caldwell-Moskowitz moved into a hotel and will live there until this is over. Not only is Lisa an amazing, love, caring, human being and friend, but she is my true hero. The patients she cares for are so blessed to have her by their side during the most difficult time in their life."

"As a registered nurse, Kathleen Cordes cared for many very sick patients. She rejoiced when patients recovered and were released, and mourned those that were lost. She bravely withstood the risks... Always calm in a crisis, she is a model of how to respond when called to service in a time of great need."

Mount Saint Mary College

Shannon Christiano
Elaine Suderio-Tirone, FNP-BC, DNP

New York State Thruway

Caitlin Dolan

Northern Dutchess Hospital

The Emergency Department's 65-member team

Stewart's Shops

Patrick McGriff

St. Anthony Community Hospital

Kathleen Cordes, RN

St. Thomas Aquinas College

Meaghan De Witt

Valley Hospital (Ridgewood, NJ)

Brenda Doebbler, RN

Vassar Brothers Medical Center

William Begg, MD
Lisa Caldwell-Moskowitz, RN
Melissa Sabatino, RN
Elaine Suderio-Tirone, FNP-BC, DNP
Zachary Ruckh, RN

Vassar-Warner Home

Ericka Von Salews

ShopRite

Isabel Carpenter (Fishkill)
Shannon Halstead (New Paltz)
Diana Gronkowski (Lagrangeville)
Becky Kelly (Poughkeepsie)
Taylor Kopec (Wallkill)
Anna Mahone (Carmel)
Ailda Garcia-Milostan (Vails Gate)
Matthew Molinaro (Chester)
Dawn Doughty Myers (Cortlandt)
Lansford Richards (Monticello)
John Salcito (New Rochelle)
Jen Spangenberg (Warwick)
Tatiana Ray (Newburgh)
Gabriela Tapia (Warwick)
Ashley Tubbs (Colonie)
Victoria Ward (Greenbush)

USPS

Greg Lewis
Eileen Wells



"The New Rochelle community was hard hit by the COVID-19 pandemic, and, as the virus began to impact the area early in March, John Salcito worked diligently at his store to maintain a calm, organized, and safe environment for customers and associates. He often reported to work at 5:30 a.m. and worked 12-hour days to help stock shelves, clean and sanitize the store, and ensure that people got the food and essential items they needed."

WE ARE OPEN

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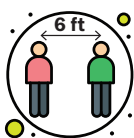
Wearing face masks & gloves

Our providers are taking precautions for your protection



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Dr. Lori Biasotti
Audiologist



Dr. Stephanie Russo
Audiologist

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THIS YEAR'S WALK IS EVERYWHERE

The Alzheimer's Association Walk to End Alzheimer's® is happening on every sidewalk, track and trail across this country. All of us are raising funds for one goal: A world without Alzheimer's and all other dementia. Because this disease isn't waiting, and neither are you.



Take your first step at
HudsonValleyWalks.org

Oct. 4: Westchester Walk
Oct. 10: Putnam Walk
Oct. 11: Rockland Walk
Oct. 17: Dutchess/Ulster Walk
Oct. 18: Orange/Sullivan Walk

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FALLS ARTS AND EVENTS 2020

CELEBRATE THE SEASON WITH LIVE AND VIRTUAL
PERFORMANCES, FESTIVALS, EXHIBITS, AND MORE

BY SIERRA GUARDIOLA

Across the Valley, the creative folks at our arts and culture organizations and venues have been thinking of innovative ways to bring the public back to events in the safest way possible. After a long summer of many cancellations and postponements, we are happy to present some happenings to look forward to. At press time, it was undetermined if some of these events would be virtual or in-person, so please check their websites for the most up-to-date information.



Wurliday at the Palace Theatre



The Grateful Dead's American Beauty

Music

The Palace Sessions

Palace Theatre, Albany
September 16 & October 21
Virtual

This live-streamed music event features some favorite regional acts as part of a monthly series hosted by the Palace Theatre, the City of Albany, and Mirth Films. Performances can be found on the Palace Theater's YouTube page at 7 p.m. the day of the session.
 518.465.3335; www.palacealbany.org

Afternoon of Choral Artistry

Bethel Woods Center for the Arts, Bethel
October 25
In-person

The award-winning Young People's Chorus of New York City will be performing a blend of classics, spirituals, and Broadway tunes. This show is

part of PLAY: The Classics, a series in collaboration with The Shandee Music Festival that encourages and fosters young, talented, emerging artists.
 845.583.2000; www.bethelwoodcenter.org

50th Anniversary of the Grateful Dead's American Beauty

Bardavon, Poughkeepsie
November 1
Virtual

While you won't be able to experience a night out at the Bardavon, the folks there have been working hard to bring this performance to home screens. On November 1, there will be a celebration for the 50th anniversary of the Grateful Dead's *American Beauty* album with performances from guest artists. Patrons can stream the tribute, which starts at 8 p.m.
 845.473.2072; www.bardavon.org

Gordon Lightfoot: 80 Years Strong Tour

Bethel Woods Center for the Arts, Bethel
November 21 & 22
In-person

How often do you have a chance to enjoy sundown with the singer of that chart-topping folk-rock classic? Celebrate the Songwriters Hall of Famer's 80th birthday and his more than 50 years in the music industry with dinner and a show. Tickets to an exclusive pre-concert dinner with Bethel Woods' executive chef are available and seating is limited.
 845.583.2000; www.bethelwoodcenter.org

Theater & Performance

Summer Festival 2020

Kaatsbaan Cultural Park, Tivoli
Ongoing through September 27
In-person

Held outdoors on Kaatsbaan Cultural Park's 153 acres, this dance-and-arts event spans nine consecutive weekends, featuring socially distanced performances celebrating the versatility of Black dancers, as well as art and film installations. Tickets are free with a requested donation, a portion of which will be donated to the NAACP and/or other organizations.
 845.757.5106; www.kaatsbaan.org

Songs for a New World

The Center for Performing Arts, Rhinebeck
September 4-20
In-person

After an entirely outdoor summer season, The Center for Performing Arts at Rhinebeck plans to move indoors



The Center for Performing Arts at Rhinebeck

for its fall season. Set up to meet social-distancing guidelines, the theater, which usually seats 165 patrons, expects to seat at half-capacity by adding spaces between seats and up on the stage. Songs for a New World is slated to be their first show this fall. They also plan to move away from traditional theater programming by introducing interactive small-group tours of Haunted Mansion and *A Christmas Carol* later in the year.

845.876.3080

www.centerforperformingarts.com

Women Voted Here — Before Columbus

November 8

Clermont State Historic Site, Germantown
Format undetermined

We all know that New York was the birthplace of the U.S. women's movement in the mid-19th century, but did you know that suffragettes Susan B. Anthony and Elizabeth Cady Stanton took their cues from the women of the Six Nation Iroquois Confederacy? Dr. Sally Roesch Wagner — a nationally recognized lecturer, author and storyteller of women's rights history — sheds light on this topic. Whether it will be in-person or virtual is not yet decided, but whatever format it takes, you can be sure it will be as exceptional as any Cleremont lecture series.

518.537.6622;

www.friendsofclermont.org



Story Screen Drive-in

Film

Story Screen Drive-in

Beacon

Ongoing through October

In-person

If you didn't get a chance to get to Beacon's much-anticipated Story Screen Theater this winter — for the month or so it was open before the pandemic — now is your chance. Well, sort of. To comply with COVID-19 guidelines, the theater switched to a drive-in format in July, showing family-friendly movies in the park at University Settlement Camp. The screenings are expected to continue through September and likely into October. And, to make it even more

fun, cocktails are available at Wonderbar Beacon, the cinema's cocktail bar located next to the drive-in parking grounds.

www.storyscreenbeacon.com

Woodstock Film Festival

Woodstock

September 30–October 4

Virtual and in-person

The 21st Woodstock Film Festival is a hybrid event this year, with full-length, short, narrative, documentary, and animated films shown online and at local drive-ins. Live conversations with actors, directors, and industry leaders will also be available online.

845.679.4265

www.woodstockfilmfestival.org

Woodstock Film Festival



Matt Dillon and Jonathan Van Meter at a 2019 panel.



Thomas Cole National Historic Site



Big Bird, by Herman Roggeman, featured in the 2019 Collaborative Concepts at Saunders Farm.

Collaborative Concepts



Art Studio Views Annual Open Studio Tour

Art

Thirty Seven

Edward Hopper House Museum & Study Center, Nyack

Ongoing through September 8
Virtual

This online exhibition consists of 37 women artists selected by juror Kathryn Markel of Kathryn Markel Fine Arts. Displayed for 37 days, it honors Josephine Nivison Hopper, who was 37-years-old when she voted for the first time, and the 100th anniversary of women's suffrage. The artist who wins Best in Show will be Edward Hopper House Museum & Study

Center's Artist of the Month in October.
845.358.0774

www.edwardhopperhouse.org

Pattern Play

Carrie Haddad Gallery, Hudson
Ongoing through October 11

In-person

Featuring work from seven artists, *Pattern Play* "examines a range of gestural and graphic pattern variations in abstract painting and sculpture." There is a limit of six people in the gallery at once, masks are required, and patrons are asked to keep six feet apart.
518.828.1915; www.carriehaddadgallery.com

The DeWitt Clinton Broadside Collection

Albany Institute of History and Art, Albany
Ongoing through March 2021

In-person

The DeWitt Clinton Broadside Collection, housed in storage at the Albany Institute before being rediscovered by a local political memorabilia collector, is now on display. The broadsides, which are likely the earliest collection of material specifically assembled as a political collection, date from 1775 to 1813. The exhibit explores five New York State gubernatorial elections, the context of American life



ASK Members Gallery in Kingston

Albany Institute of History and Art



during the time, and the life and legacy of DeWitt Clinton. The exhibit will also include artifacts from the era and a rare map of New York from 1796.

518.463.4478; www.albanyinstitute.org

Pollinator Pavilion

Thomas Cole National Historic Site, Catskill
Ongoing through November 2021
In-person

As of August, the *Pollinator Pavilion*, a large-scale art installation created by artists Mark Dion and Dana Sherwood, is on display as part of *Cross Pollination*, a collaborative exhibition between the Thomas Cole National Historic Site, Olana State Historic Site, and the Crystal Bridges Museum of American Art. Home of the founder of the Hudson River School of Painting, the Thomas Cole National Historic Site also offers free, digital, self-guided tours to pair with an in-person visit, or virtual 360 visits from the comfort of your own home. The guide is rich with details and keeps users engaged by showing what's up next.

518.943.7465; www.thomascole.org

Art Studio Views Annual Open Studio Tour

Germantown, Hyde Park, Red Hook, Rhinebeck, and Tivoli
September 5-6
In-person

The public has the opportunity to visit 27 contemporary artists at their studios in Germantown, Hyde Park, Red Hook, Rhinebeck, and Tivoli through these self-guided tours. Patrons can download a map of the event online or pick one up at one of the headquarter locations. Guests must wear masks and follow social-

distancing protocols.

845.505.6397;

www.artstudioviews.com

Inaugural Kingston Annual 2020

Arts Society of Kingston (ASK)
Galleries, Kingston
September 5-27
In-person

Organizers of this competition had to rethink their plans when the pandemic hit. They persevered and the competition will still be held, with submissions from artists who live or work in the Mid-Hudson region. The competition will feature local and renowned multimedia artist Judy Pfaff as a guest. Artist submissions can be viewed at ASK Galleries in Kingston during the festival and will be available for online viewing for a year.

www.kingstonannual.art

Collaborative Concepts

Tilly Foster Farm, Brewster
September 7-October 30
In-person

This free outdoor art exhibit installed throughout the fields of Tilly Foster Farm, encourages folks to take a stroll around. The sculptures will be up for more than a month.

www.collaborativeconcepts.org

Enduring Friendship

Putnam Arts Council Gallery, Mahopac
September 12-27
Format undetermined

This invitational exhibit was rescheduled from an original summer 2020 date. It features work by Bernie Kessler and David Small, as well as paintings from



Pattern Play

Sergio Gonzalez-Tornero. Reservations are required, but admission is free.

845.803.8622; www.putnamartscouncil.com

Artists of the Mohawk-Hudson Region

Albany Institute of History and Art, Albany
September 19-January 3
In-person

The 84th annual exhibit was scheduled to take place in spring, but was pushed back to fall due to the pandemic. It features all visual media, 2D and 3D, and video from artists within 100 miles of the Capital District and Glens Falls. This exhibition is sponsored by the Albany Institute of History & Art, the University Art Museum at the University at Albany, and The Hyde Collection in Glens Falls, and features Susan Cross, senior curator at MASS MoCA, as this year's juror.

518.463.4478; www.albanyinstitute.org

BUILT Silent Auction and Art Show

New York State Museum, Albany
November 7
Format not yet determined

The Historic Albany Foundation hosts a celebration of our region's architecture

Hudson Valley Plein Air Festival



press time it was undetermined what events would be held in-person and what events would be held online.

Find them on Facebook

Hudson Valley Fiesta Latina

Museum Village, Monroe

September 12

In-person

This 6th annual festival celebrates the organizers' "love for our nation in fusing Latin influence with the richness of our American culture." It features vendors focused on culture, plus food, family activities, and live music.

845.259.6555; www.hudsonvalleyfiestalatina.com/

[hudsonvalleyfiestalatina.com/](http://www.hudsonvalleyfiestalatina.com/)

Hunter Mountain Oktoberfest



each year by inviting artists to a silent auction and art show. At the silent auction, there is everything from paintings and photography to sculptures and jewelry. All pieces are architecturally themed and are available for guests to bid on.

518.465.0876; www.historic-albany.org/built

Four Instance

Hudson Hall, Hudson

November 7-December 20

In-person

This paintings exhibit — produced by four artists who live and work a few doors apart in Hudson — showcases "the common and divergent characteristics of artists who share a locality but arrive at distinct and individual destinations."

The exhibition is free and open to the public on a limited, timed entry, reservation-only basis (maximum 10 entries per hour).

518.822.1438; www.hudsonhall.org

Festivals & Food

Harvest Festival

Bethel Woods Center Center for the Arts, Bethel

Saturdays, August 30-October 10

In-person

Although there may be no concerts in the famed pavilion this year, there are still plans for the annual Harvest Festival. This festival takes place over five separate weekends, with each one ushering in new vendors. It celebrates the start of fall and welcomes local businesses to engage with the community.

845.583.2000; www.bethelwoodscenter.org

We Rise

Poughkeepsie

September 4-19

Format not yet determined

This collaboration of artists, art galleries, organizations, and activists celebrates the 100th anniversary of women's suffrage. Held at various locations throughout the city of Poughkeepsie, this celebration includes art exhibits, movie screenings, performances, panel discussions, lectures, trivia night, and surprise events — all of which are free to the public. At

Hops on the Hudson New York Craft Beer Festival

Cold Spring

September 12-13

In-person

Hops on the Hudson spent six weeks prepping guidelines for a mini festival to take place this year. These new guidelines ensure that the festival can go on while still observing social-distancing guidelines. The festival features more than 30 New York breweries and 90+ taps, as well as food, music, artisans, and a raffle. Tickets must be purchased in advance.

www.hopsonthehudson.com

Best of Westchester Party

September 23

Virtual

Celebrate the winners of *Westchester Magazine*'s annual readers' ballot and editors' picks. Lifestyle categories include food & drink, shopping, fun & leisure, health & beauty, and more.

www.bestofwestchester.com

Oktoberfest

Hunter Mountain, Hunter

September 26-27, October 3-4, October 10-11, and October 17-18

Format undetermined

In normal times, this event lasts four weekends and features different events, entertainment, and activities — and, of course, German and German-American food galore. The 2020 format was not confirmed at press time.

www.greatnortherncatskills.com



O+ Blo+ck Party

Kingston

October 10

In-person

While the regularly scheduled Kingston O+ Festival won't be held this year, be sure to mark your calendars for October 10 to enjoy a free Blo+ck Party. The event is free to the public and will be held in Kingston's Uptown neighborhood. Attendees can expect to enjoy art, music, and wellness elements at the event. Rain date is October 11. www.opositivefestival.com

Wine Festival at Bethel Woods

Bethel Woods Center for the Arts, Bethel

October 10

In-person

Guests are invited to sample reds, whites, and rosés from a wide range of wineries at the 9th annual Wine Festival at Bethel Woods. There will be live music, food, and shopping, as well as special perks like a Wine & Sip event for VIP ticket holders. 845.583.2000; www.bethelwoodscenter.org

Ulster County Italian Festival

Kingston

October 11

In-person

Hosted by the Ulster County Italian American Foundation, this festival has everything you expect — and love: Italian food, beverages, music, and products. All proceeds will go toward UCIAF Education Awards Fund for graduating Italian-American high school seniors in Ulster County who carry on the values of the foundation in their communities. 845.338.9111 www.ucitalianamericanfoundation.org



Bethel Woods Center for the Arts

Hudson Valley Plein Air Festival

Wallkill River School of Art, Wallkill

October 13-18

In-person

Participating artists in this annual festival are chosen by a jury of respected plein-air painters and are required to produce three original paintings in plein air during the week-long competition held at scenic locations throughout the Hudson Valley. The festival will conclude with two events, one of which is the opening exhibit of the artists' work, at the Wallkill River School of Art. The art will be on display at the school until December. 845.457.2787; www.wallkillriverschool.com

Best of Hudson Valley Party

October 15

Virtual

Join the staff of *Hudson Valley* as we celebrate the winners of our annual Best of Hudson Valley readers' ballot and editors' picks. Lifestyle categories include food & drink, shopping & services, fun & leisure, home & garden, health & beauty, and more. www.bestofhudsonvalley.com

New York State Sheep and Wool Festival

October 17-18

Virtual

This annual festival can be enjoyed through your screens this year due to the

pandemic. Check their website for the latest news regarding the celebration. www.sheepandwool.com

VW Beetle Car Parade

Throughout the Hudson Valley with stops in Cortlandt and Bear Mountain

October 24

In-person

Watch as colorful vintage Beetles make their way through the Hudson Valley and along the Palisades Parkway for the annual Fall Foliage VW Air-Cooled Cruise. This cruise is a 60-mile ride through the Valley that brings together VW Beetle enthusiasts. Rain date is October 25. 845.290.9900; www.classicvwbugs.com

Rosendale International Pickle Festival

Rosendale Recreation Center, Rosendale

November 22

In-person

The 23rd annual celebration of all things pickled is happening in Rosendale the Sunday before Thanksgiving. Admission is \$5 for adults and will get you in to enjoy culinary experiences from all around the world, all having to do with pickles, pickled things, and pickling spices. The event is rain or shine. www.rosendalepicklefestival.org

Real Estate All-Stars 2020

Looking to buy or sell a home? Start here.

OUR METHODOLOGY

For our first-ever Real Estate All-Stars directory, Hudson Valley partnered with DataJoe Research for a multifaceted campaign based on an online survey of real estate professionals and consumers, with additional information obtained from primary government sources. In the survey, real estate agents provided sales volume ranges and nominated their peers. Mortgage professionals also nominated agents.

In a consumer survey, readers and recent homebuyers nominated agents who exemplified excellence. In addition, we contacted major firms in the region, requesting performance data for agents in their respective firms.

NOTE: Hudson Valley and DataJoe acknowledge that not every top performer in the region made the list. But our research did yield a high volume of data that enabled us to pinpoint a large number of top performers, resulting in a sampling of talented professionals in our region.

All agents featured met the criteria to be Real Estate All-Stars; in addition, some purchased enhanced listings (featuring photos and additional contact info)



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Linda believes that selecting a real estate agent to help navigate the process of purchasing or selling a home is one of the most important decisions that you make. With a touch of humanity and a sense of humor, Linda can guide you through the entire process. She and her husband began purchasing and renovating homes in the Hudson Valley in the mid 90s – she knows what it is like to be in your shoes. She loved the process of searching for, purchasing, and renovating homes, which dovetailed into selling real estate as a full-time career. Linda has augmented her hands-on experience with additional training and has become an Accredited Buyers Agent (ABR) and a Sellers Representative Specialist (SRS).

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Melissa Forsyth is a New York State-licensed Real Estate Broker and owner of Hudson Valley Home Connection, which covers all areas of the Hudson Valley from New York City to Greene County. A life-long resident of the Hudson Valley, Melissa founded her real estate business with a desire to provide the tools and education that every agent needs to build their own brand. In December, Hudson Valley Home Connection will celebrate its 10th successful year in business. Melissa first became passionate about real estate when she was in high school, while working for a local attorney. After completing her undergraduate and graduate studies, Melissa began working in mortgage finance, eventually obtaining her

real estate license in 2006. Real estate has been her most challenging career endeavor, but also the most rewarding. The Newburgh-based brokerage approaches each client with the heart of a teacher, believing it is important to explain the process, the current market conditions, and be available to clients. As Melissa explains, "The market is constantly changing. Having the right team, the right coaches, and the right agents in our brokerage is what has allowed us to adapt and grow."

<https://www.hudsonvalleyhomeconnection.com/team/melissa-forsyth-licensed-real-estate-agent>

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Food & Drink

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Hungry for Vacation

Six boutique Hudson Valley hotels offer staycations with stellar food-and-drink programs. Plus, a woman-owned brewery opens in Chester and an old-fashioned apple pie recipe.

EDITED BY SAMANTHA GARBARINI

The restaurant is super stylish at Kingston's Hotel Kinsley – and so are the rooms.

PHOTO BY NICOLE FRANZEN

Open for Business

Lunch All Day, All Night

Introducing the coolest butcher-deli-dive bar in the Hudson Valley. **BY SABRINA SUCATO**

Miles Crettien grew up in a family of butchers. After pursuing an MBA with a focus on entrepreneurialism, he couldn't shake the notion of finding a way to preserve that legacy. He was working at Lis Bar in Kingston in 2019 when he told his colleagues and friends Gabriel Weinstock, a hospitality pro with a love of wine and spirits, and Sam Strand, a designer, about his idea to open a concept butchery. More than a little intrigued, they jumped onboard.

With the help of Nina DePalma, the group found the perfect space (the now-closed Peace Nation), and recruited June Rose, a Bard College graduate who was learning the art of whole-animal butchery at Brooklyn's Marlow & Daughters. They dubbed their concept Lunch Nightly, an ode to the space's twofold operation: A spot for deli-style lunches and shopping prime cuts of meat during the day, it transforms into an intimate, inviting diner and bar at night.

"We all wanted to commit our time to something that focused on accessible, well-raised meat; thoughtfully prepared vegetables; and creating an environment that was sexy, surprising, and maybe a little nostalgic," DePalma notes.

Open since early May, Lunch Nightly is all about beautiful vegetables and equally beautiful cuts of meat. Visitors can stop by the butcher counter for local-as-it-gets beef from Slope Farms in Meredith, pork from Sir William Angus Farm in Craryville,



(From top) Spinach pie with mint pesto and a banh mi with house-roasted pork; four of Lunch Nightly's owners

and Greenane Farms chicken, or house-made deli classics like pastrami, roast beef, ham, and turkey by the pound.

On the restaurant end, vegetables shine bright in a briny kale salad with quinoa, pepitas, sultanas, and fennel; a sprouted lentil-carrot salad; or crisp broccoli slaw. All pair nicely with the Sloppy June, a twist on the standard sandwich with pomegranate molasses, or a smoked short rib sandwich with a side of crispy patatas bravas.

The drinks menu covers a lot of ground for a curated list, hopping from sparkling skin-contact wine to Negronis and craft beers from Catskill's Crossroads Brewing. They're best enjoyed on the backyard patio, although the interior is equally as cozy, with an inviting vibe that feels a little divey, a little under-the-radar, and entirely cool.

Lunch and butcher open Tues-Sat, 11 a.m.-3 p.m.; Dinner Thurs-Sat, 5-10 p.m.

636 Broadway, Kingston; 845.663.2028;
www.lunchnightly.com



PHOTOS BY ORESTIS TSONOPOULOS (TOP), COURTESY OF LUNCH NIGHTLY (BOTTOM)



Brewer Lauren Van Pamelen with one of her beloved, hazy IPAs at Tin Barn Brewing



First Draft

Tin Barn Dreams

Lauren Van Pamelen turns her beer-making passion into reality in Chester.

BY DAVID LEVINE

One of the few female brewers in the Hudson Valley, Tin Barn Brewing's Lauren Van Pamelen never figured to be one of them. Until about 2009, she didn't even drink beer. Then, she tried a hazy, citrusy, hoppy IPA. "That was what my dreams were made of," she says now.

She bought a homebrew kit, and began experimenting in her kitchen. After earning a brewing certificate from the American Brewers Guild in Vermont, and volunteering at Long Island's Oyster Bay Brewing Company to hone her skills, Lauren began planning to turn her passion into her own brewery.

An optician by schooling and trade, she gave up her business, and partnered with her father, Dale Van Pamelen, a serial entrepreneur, who sold his business to help fund the brewery. In

2015, just after moving to Warwick, where she planned to build a tin barn to house her new venture, Lauren discovered the actual metal barn she envisioned in Chester, near Sugar Loaf. "What we drew in our logo, we found in real life," she says. "It's perfect."

In May 2019, work began to turn the barn into a brewery, but red tape, delayed permits, and contractors stalled progress. "Everything takes longer than you think," recalls Lauren, who postponed the original fall opening until spring 2020. "Once COVID hit, we shifted our priorities. Our focus went into cans because that was all you could do [at the time]. Now, we're focusing on the tasting room and getting the interior open."

Tin Barn officially opened on Memorial Day weekend with a series of can releases and an outdoor space

for drinks and food. (As of press time, the interior was still in progress, with a targeted September opening date, pending the latest COVID-19 regulations.) The rotating lineup of cans features primarily hazy, hoppy, New England-style IPAs and sours, with new beers released every Saturday at 10:30 a.m.

To go with Tin Barn's beers, a gas-fired oven turns out thin-crust pizzas, including a fresh mozzarella-topped Margherita and a pepperoni-Peppadew pie with fresh basil, while The Helm food truck serves pulled pork, ribs, and IPA mac 'n' cheese on weekends. "Most people are very understanding," Lauren says of NYS regulations that require customers to purchase food along with alcohol.

Eventually, Tin Barn plans to partake in the many events that come to the Sugar Loaf area each year, and to hold some of its own. An outdoor pavilion is also in the works to cater to both two- and four-legged guests. "We really want to create a family-friendly and dog-friendly environment," she says.

Open Thurs, 3-7 p.m. (to-go only); Fri, 2-8 p.m.; Sat, 10:30 a.m.-8 p.m.; Sun, 11 a.m.-5 p.m.

62 Kings Hwy Byp, Chester; www.tinbarn.com



Recipe

SALINGER'S ORCHARD OLD-FASHIONED APPLE PIE

Open since 1901 and farmed by the fourth generation of the Salinger family, this Brewster orchard grows 18 types of apples (as well as other seasonal fruits, like peaches, plums, and cherries). And while many loyal customers return year after year to drink cider and pick Ginger Golds and Empires, apple pies are king here, including apple crumb, apple walnut caramel, and this classic old fashioned version.

For the Pie Crust

- $\frac{3}{4}$ cup vegetable shortening
- $\frac{1}{2}$ tsp salt
- $2\frac{1}{2}$ cups all-purpose flour
- $\frac{1}{4}$ cup apple cider

For the Pie

- 8-10 mixed baking apples, peeled, cored, and sliced $\frac{3}{4}$ -inch thick
- $\frac{2}{3}$ cup fresh apple cider
- $\frac{1}{3}$ cup granulated sugar
- $\frac{1}{2}$ cup light brown sugar
- $1\frac{1}{2}$ tsp cinnamon
- 2 Tbsp unsalted butter, melted
- 1 egg

For the Pie Crust

1. In a mixer, cream shortening, salt, and flour together on medium speed until just combined, about 20 seconds. With the mixer running, slowly add the cider, and mix until a dough forms on the paddle. Do not overmix.
3. Divide dough in half, shape each half into a disk, and set aside.

For the Pie

1. Preheat oven to 400°F.
2. Mix apples, cider, sugars, cinnamon, and butter in a bowl, until the apple slices are evenly coated.
3. Dust your work surface with a few teaspoons of all-purpose flour. Roll pie dough until it's large enough to fit a 9-inch pie plate.
4. Fit bottom crust into pie plate, then fill with apple slices, packing them firmly into the dish. Lay top crust over the apples, trim top and bottom crust, and crimp. Cut a few vents in the top crust.
5. In a small bowl, whisk a whole egg. Brush the entire top of the pie with egg, and sprinkle with sugar, if desired. Bake for 55 minutes to 1 hour, or until the juices start to run. Cool before slicing.

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Designed to Dine

These boutique hotels combine stylish décor and delicious dining. **BY SAMANTHA GARBARINI**



Housed in a glass conservatory, the restaurant is one of three, destination-worthy dining spaces at Hudson's The Maker hotel.

As quarantine requirements, travel bans, and closures look to cramp our fall travel plans, Hudson Valley hotels offer an opportunity to escape close to home with a staycation. And, for food and design lovers, there's never been a better time to book a stay in our region, where you'll find mini bars stocked with local snacks, unique concept restaurants, and even a weeklong, all-inclusive, food-driven experience at a former summer camp.

THE MAKER

302 Warren St, Hudson

THE GIST: Fresh beauty brand co-founders Lev Glazman and Alina Roytberg have crafted the Hudson Valley's most sumptuous new hotel, where every space, sip, and bite is a feast for the senses.

DINING: Make the most of a stay by hitting all three, lushly appointed

spaces. In the morning, have breakfast at The Maker Café, an ode to Europe's grand coffeehouses, with locally baked pastries from Bartlett House in Ghent. Later in the day, sip cocktails, like an Oaxacan Old-Fashioned or Vieux Carré, in The Maker Lounge, where the antique fireplace, floor-to-ceiling mirrors, and fringe-edged pendant lights evoke Gatsby-era atmosphere. Then, cap the evening with dinner at The Maker Restaurant, housed in a stunning, glass conservatory, where Executive Chef Michael Poiarkoff serves refined, seasonal fare, like tagliatelle with bacon, garlic scapes, and egg yolk; shiso-scented steelhead trout; and playful ice cream sandwiches.

ROOMS: Each of the 11 rooms and suites draws its unique design inspiration from a different figure, decade, or original feature. The decadence is in the details, including an olive granite soaking tub, stained glass window and vintage

painting easel, restored 19th-century book shelves with a curated collection of novels selected by NYC's Strand, or custom fabric wallpaper.

Rates from \$350/night; www.themaker.com

KENOZA HALL

5762 NY State Rte 52, Kenoza Lake

THE GIST: The latest opening from foodie-favorite Foster Supply Hospitality is this restored, early-1900s, summer Catskills retreat on Kenoza Lake with a nature-inspired spa, outdoor sauna, and private hiking trails spread across 55 acres.

DINING: The dining program is, admittedly, less ambitious than what you'll find at The DeBruce, Foster Supply's much-lauded Livingston Manor property. But, the Old World Continental cuisine is an utterly unique throwback, comprised of preparations that have largely been lost to time, like luscious



(Clockwise from above) A classic steak from newly opened Kenoza Hall; the mini bar is stocked with local snacks at Hotel Kinsley; Restaurant Kinsley



lobster thermidor, pork trotter terrine, tableside Caesar salads, artichokes barigoule, and crêpe soufflé.

ROOMS: The vibe of the 22 rooms is best described as contemporary Victorian, with dusty rose, velvet chairs; custom-built, upholstered sleigh beds; tiny writing desks; pretty, patterned wallpaper; gold accents; and, often, deep soaking tubs overlooking the lake. Fall weekend rates from \$499/night; www.kenozahall.com

HOTEL KINSLEY

301 Wall St, Kingston

THE GIST: Hudson Valley heavy hitter Zak Pelaccio and Taavo Somer have made Hotel Kinsley into a buzzy dining hotspot in the Stockade District — with a stylish hotel to match.

DINING: Before you even take a bite, Restaurant Kinsley is impressive — flooded with natural light, strewn with banana plants, and styled with terracotta-colored banquettes and velvet seating. Thankfully, the locally sourced, seasonal menu is so well-executed that it can stand on its own, from a simple cheeseburger with house-made Kinsley sauce and the chili-honey fried chicken



to the fish tacos with sushi-grade tuna and ponzu aioli.

ROOMS: So far, only 10 of the 42 anticipated rooms are open to the public. Expect stylish statement headboards, marble-tiled baths, organic bath products, and fun extras like Tivoli bluetooth speakers, tiny Smeg fridges, and mini bars stocked with Hudson Valley snacks, including Bjorn Qorn, Fruition Chocolate, Seek North Kombucha, and Keegan Ales. Rates from \$239/night; www.hotelkinsley.com

HASBROUCK HOUSE

3805 Main St, Stone Ridge

THE GIST: With more than 50 acres to spread out, multiple on-site dining experiences, and a nightly outdoor movie series, Hasbrouck House has adapted to be exactly what we need during the social-distancing era.

DINING: Hasbrouck House's hyper-local, fine-dining restaurant, Butterfield, has expanded its outdoor dining options, with tables on the historic front porch and bluestone patio. For something more casual, the outdoor Butcher & Bar

shack serves specialty burgers, salads, and snacks, like fried cheese curds, Adirondack cheddar crostini with quince jam, and Zora Dora ice cream bars. It's here that you'll also find select theme nights, like clam bakes and paella dinners, as well as themed snacks to pair with the Sunset Flix film series.

ROOMS: Spread across three buildings, guest rooms are elegant and understated, with wide-plank wood floors, leather armchairs, heated marble floors, and pops of jewel tones via velvet-upholstered benches and ottomans. Book a weekend stay to take advantage of enticing extras, including free passes to select NYS parks, farm brewery tastings, Saturday morning yoga, and a complimentary bottle of wine and picnic basket upon arrival.

Fall weekend rates from \$290/night;
www.hasbrouckhouse.ny.com



BEDFORD POST INN

954 Old Post Rd, Bedford

THE GIST: Just eight rooms comprise this Relais & Châteaux property in Northern Westchester, where there's always a chance you'll bump into one of Bedford's celebrity residents, including Martha Stewart and co-owner Richard Gere.

DINING: New Executive Chef Roxanne Spruance brings an impressive pedigree — she previously owned NYC's Kingsley and worked at Blue Hill at Stone Barns and Wylie Dufresne's wd-50 — to the recently reopened Barn restaurant. The menu is eclectic, spanning Asian-inflected dishes like crispy lobster Rangoon and kanpachi crudo, and upmarket comfort foods like fried chicken and roast cuts of heritage pork with lime, mole, and husk cherries. When the weather's warm, the verdant, pergola-shaded terrace with an



(From top) An artfully plated dish at fine-dining Butterfield; the cozy Club Room at Hasbrouck House

PHOTOS BY HARRISON LUBIN (TOP), R'EL DADE & MARCUS LLOYD (BELOW)

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(Clockwise from left) Bedford Post Inn; the lake at former summer camp Cedar Lakes Estate; a local tomato salad at Cedar Lakes



PHOTOS COURTESY OF BEDFORD POST INN (EXTERIOR), BY TORY WILLIAMS (BOATS AND FOOD)

open, wood-burning kitchen is one of the Hudson Valley's most beautiful outdoor dining spots.

ROOMS: Serene relaxation seems to be the overall theme of the décor. All rooms have spectacular spa bathrooms, with clawfoot tubs; walk-in, dual-head showers; and showpiece, marble-mosaic floors. King rooms come with working fireplaces and terraces overlooking the grounds, but for a super cozy stay, you can't beat the Queen Deluxe, where the won't-want-to-wake-up bed is framed by exposed beams from the original 18th-century structure.

Fall weekend rates from \$575/night;
www.bedfordpostinn.com

CEDAR LAKES ESTATE

1 Team USA Way, Port Jervis

THE GIST: Normally closed to the public on fall weekends to accommodate its busy wedding season, Cedar Lakes has turned COVID-19 cancellations into an opportunity to experience the summer-camp-turned-boutique-hotel's expansive property during curated, all-inclusive, weeklong stays.

DINING: A daily, required, \$125-per-person resort fee covers all activities, food, and beverages, including wine and cocktails, during your stay — and there are plenty of ways to get your money's worth. Go for a mountainside picnic; shop the property's biweekly farmers' market; indulge in warm cookies or swing by the onsite ice cream stand; have dinner at the outdoor pavilion; and end the day with s'mores, maple Old-Fashioneds, and ghost stories around the bonfire.

ROOMS: Each of the 18 private cottages varies in size, price, and amenities, but expect spa-like bathrooms with rainfall showers, heated stone floors, wood-burning fireplaces, lake and forest views, outdoor patios, and/or full kitchens among the potential features. Can't unplug from work for a full week? A large barn has been set up as a socially distanced remote workspace with desks, WiFi, printers, and mail service.

Rates from \$350/night (excluding daily resort fee) with a six-night minimum;
www.cedarlakesestate.com



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AROMA OSTERIA From the crusty bread served with olive oil, the hearty pastas, meat, and seafood dishes, to the tiramisù, this rustic fare is as authentically Italian as it gets. Lunch & dinner Tues–Sun. *Wappingers Falls* — 114 Old Post Rd. 845.298.6790. \$\$\$ www.aromaosteriarestaurant.com

BAJA 328 This Southwestern grill offers 110-plus varieties of tequila. The food menu features a slew of taco variations like the Baja fish, quesadillas, and enchiladas. Don't forget to pair a couple of shots with the Baja nachos, a guacamole-topped creation. *Beacon* — 328 Main St. 845.838.2252. \$\$ www.baja328.com

CAFÉ MAYA Savor favorites like enchiladas de mole poblano and tacos de pescado. A mariachi band adds even more spice to the Mexican flavor on Friday and Saturday nights. Dinner daily. *Wappingers Falls* — 2776 W Main St. 845.632.3444. \$\$ Find them on Facebook

COSIMO'S TRATTORIA AND BAR This casual eatery has five big rooms, soaring ceilings, and Tuscan-style décor. The New World Italian menu features favorites such as arancini and seafood fra diavolo with sautéed shrimp, calamari, clams, pappardelle pasta, and a plum tomato sauce, in addition to wood-fired pizzas, soups, and salads. A local favorite, this place consistently wins Readers' Picks in the annual Best of Hudson Valley contest. Open for lunch and dinner daily. *Poughkeepsie* — 120 Delafield St. 845.485.7172; *Middletown* — 620 Route 211 East. 845.692.3242; *Newburgh* — 1217 Rt 300. 845.567.1556; *Woodbury* — 100 State Rt 32. 845.928.5222. \$\$–\$\$\$ www.cosimospoughkeepsie.com

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DAILY PLANET DINER This '50s-inspired diner serves up more than just flavorful flapjacks. Appetizers, burgers, paninis — you name it, they've got it. The menu also comprises a vast salad selection, including endive, pecan, and Gorgonzola cheese; chicken-walnut; and a steakhouse wedge. Open daily. *LaGrangeville* — 1202 Rt 55. 845.452.0110. \$ www.dailyplanetdiner.com

ESSIE'S RESTAURANT Find global-inspired fare and heartwarming hospitality just minutes from the Walkway Over the Hudson. Customer favorites include pork osso bucco and warming chicken and dumplings, served in the cozy dining room. Dinner Tues–Sat, brunch on Sunday. *Poughkeepsie* — 14 Mount Carmel Pl. 845.452.7181. \$–\$\$ www.essiesrestaurantpk.com

LA CABAÑA The Pinelo-Cardenas family runs this eatery housed in a former church with a menu spotlighting sandwiches, main dishes and other delicacies from the Oaxaca region of Mexico. Try a Mula Oaxaqueña drink made with spicy ginger beer and mezcal; then ponder the main menu of quesadillas, fajitas, enchiladas and more. Their sister eatery, the informal La Cabaña Express, is nearby at 739 Main St. *Poughkeepsie* — 763 Main St. 845.452.7544. \$\$ www.lacabanitaaox.com

LOLA'S CAFÉ & CATERING Modern American fare and a fast lunch. Homemade soups, panini, and vegetarian sides are available, though Thai spicy peanut noodles are a regular favorite. Off-premises



catering is available. Lunch Mon–Sat. *Poughkeepsie* — 131 Washington St. 845.471.8555. *New Paltz* — 49 Main St. 845.255.6555. \$ www.lolascafeandcatering.com

LOLITA'S This bistro serves made-to-order Neapolitan-style, wood-fired pizza, plus artisanal homemade pastas and fresh salads. Dine inside with a romantic, relaxed atmosphere, or al fresco on the shaded patio in warm weather. Lunch & dinner Tues–Sun. *Poughkeepsie* — 129 Washington St. 845.471.8555. \$\$ www.lolitaspizza.com

MCKINNEY & DOYLE FINE FOODS CAFÉ This cozy restaurant attracts diners for the award-winning brunch, as well as lunch, dinner, and cocktails. Don't miss the baked goods made from scratch at the adjoining Corner Bakery. Closed Mon, bakery open daily. *Pawling* — 10 Charles Coleman Blvd. 845.855.3707. \$\$\$ www.mckinneyanddoyle.com

MEXICALI BLUE This fresh-Mex haven serves up Southwestern and Californian-style cuisine. Its New Paltz location is primarily takeout, while the Wappingers Falls eatery is a full-service, eat-in restaurant, offering in-house diners a larger menu. *Wappingers Falls* — 1571 Rt. 9. 845.298.8226. \$\$ www.mexicali-blue.com

Lolita's,
Poughkeepsie



The Beacon Daily,
Beacon



SMOKY ROCK BBQ With its signature 16-spice rub and a variety of meat being smoked each day, this Rhinebeck restaurant has cultivated its own brand of barbecue in a casual, warm atmosphere. Lunch & dinner Thurs–Tues. *Rhinebeck* — 6367 Mill St. 845.876.5232. \$\$\$ www.smokyrockbbq.com

SUKHOTHAI Authentic Thai food like pad Thai, panang curry, and ped yang (a crispy duck dish). Located in a circa-1818 building, the spot has a hip, downtown atmosphere. Lunch & dinner daily. *Beacon* — 516 Main St. 845.7905375. \$\$ www.sukhothainy.com

TERRAPIN A regional favorite since it opened in 1998, Terrapin's award-winning executive chef and owner Josh Kroner blends New American and classical French cooking with influences from Asia, Italy, and the Southwest in a farm-to-table approach. Burgers, soups, salads, vegetarian picks, meats, chicken. *Rhinebeck* — 6426 Montgomery St. 845.876.3330. \$\$\$–\$\$\$\$ www.terrapinrestaurant.com

THAILICIOUS A popular spot serving authentic Thai cuisine in a cafe setting, this restaurant has all the staples, from pad Thai and curry dishes to zesty bites like spicy Thai wings. Lunch and dinner daily. *Poughkeepsie* — 138 South Ave. 845.337.4454. \$ *Find them on Facebook*

THE BEACON DAILY Fans of all-day breakfast flock here for their trademark English muffin sammies with choices like egg and cheese, sausage, chicken, and veggie. You'll also find pastries, vegan choices, and salads. A favorite is the pulled-pork sandwich with Carolina BBQ sauce. *Beacon* — 29 Teller Ave. 845.831.5274. \$\$\$ www.thebeaondaily.com

ZEUS BREWING COMPANY Sample their small plates, pastas, salads, and hand-tossed pizzas — the Zeus pie features three cheeses (ricotta, Parmesan and mozzarella), red onion, pistachio, oregano, and honey. Pair it with a craft beer as you savor views of the Hudson River on the new warm-weather rooftop bar. They offer Sunday brunch, too: Dig into the Brewer's Cannoli Pancakes. *Poughkeepsie* — 178 Main St. 845.320.4560. \$ www.zeusbrewingco.com

MILANESE ITALIAN RESTAURANT You'll find real-deal family-style dining at this establishment run by Santino and Rita Milanese. Homemade faves range from classic lasagna and manicotti to eggplant parm; seafood lovers rave about the sogliolo ripieno: filet of sole with homemade seafood stuffing, topped with mozzarella and finished with white wine-lobster cream sauce. The desserts are also not to be missed. *Poughkeepsie* — 115 Main St. 845.471.9533. \$\$\$ www.milaneserestaurant.com

MODERN TACO Sip on a drink from the all Spanish and South American wine list, or try an avocado margarita. Then, opt for the soups, made-to-order tapas, quesadillas, burritos, tacos and paella. Fish tacos with a side of spicy mashed sweet potatoes is a favorite. They feature veggie and gluten-free options, too. A nice touch: homemade tortilla chips. *Red Hook* — 46 W. Market St. 845.758.1414. \$\$–\$\$\$ www.moderntacorestaurant.com

RED LINE DINER Menu standouts include all-day breakfast, the Reuben sandwich, the double burger, and the Red Line combo — a blend of stuffed shrimp and steak. Conveniently located on Route 9, just off I-84. *Fishkill* — 588 Rt 9. 845.765.8401. \$ www.dineatredline.com

SHADOWS ON THE HUDSON This riverfront restaurant features a modern interior and prime outdoor seating. The menu stresses seafood, but landlubbers are kept happy with prime rib and a variety of chicken dishes. Lunch & dinner daily, Sunday brunch. *Poughkeepsie* — 176 Rinaldi Blvd. 845.486.9500. \$\$\$ www.shadowsonthehudson.com

Terrapin,
Rhinebeck



Orange

BROTHERS BARBECUE True Carolina recipes, from smoked beef brisket to baby back ribs, wings, and smoked chicken. Made-from-scratch sides, include Brothers famous mac-n-cheese. *New Windsor* — 2402 Rt. 32. 845.534.4227. \$\$-\$\$\$ www.thebrothersbarbecue.com

CITRUS Indian and Thai cuisine is highlighted here, with seafood, chicken, meat and vegetarian choices. Sample the citrus calamari, try the popular tandoori dishes, or opt for vegetable masala. For dessert, sample a spin on a favorite with mango cheesecake. Daily lunch buffets; grand buffet on Saturday & Sunday. *New Windsor* — 1004 Rt 94. 845.787.4947. \$\$-\$\$\$ www.citrusny.com

FIDDLESTIX CAFÉ Make a beeline here when you've got a hankering for breakfast or lunch in a casual, hometown-style eatery. Breakfast quesadillas, create-your-own omelets, house-recipe Belgian-style waffles, wraps, paninis, and grilled sandwiches are all on the menu. Mon-Fri 7 a.m. to 3 p.m., Sat and Sun, 8 a.m. to 3 p.m. *Cornwall* — 319 Main St. 845.534.3866. \$ www.fiddlestixcafe.com

HUDSON TACO Housed in the historic 1909 West Shore Train Station (designed by the architects of NYC's Grand Central Station), this eatery offers a special twist on classic Mexican street food. Menu selections are largely sourced from local farms, cheesemakers, wineries, and breweries. Pick from more than a dozen types of tacos, plus several other dining choices such as salads, seafood, chicken, and meat dishes. *Newburgh* — 27 S. Water St. 845.565.8226. \$ www.hudsonstaco.com

LEO'S ITALIAN RESTAURANT & PIZZERIA A family-owned business since 1981, Leo's serves a menu of popular Italian fare from veal Sorrentino to shrimp scampi. Their pizza menu is no less extensive with more than a dozen specialty pizzas and gluten-free options available. *Cornwall* — 23 Quaker Ave. 845.534.3446; *Newburgh* — 1431 Route 300. 845.564.3446; *Wappingers Falls* — 1475 Route 9D. 845.838.3446. \$\$-\$\$\$ www.leospizzeria.com

LIBERTY STREET BISTRO This standout serves an eclectic menu of globally influenced American fare. Everything is made in-house, ingredients highlight the Valley, and technique takes center stage at this elegant spot. *Newburgh* — 97 Liberty St. 845.562.3900. \$\$-\$\$\$ www.libertystreetbistro.com

LOVEBITES CHOCOLATE SHOPPE Feel like it's Valentine's Day all-year-round with an assortment of gourmet chocolates (including made-to-order chocolate strawberries) from this much-talked-about sweet shop. Outrageous milkshakes and ice cream are also on the menu, as are recent additions such as paninis, wraps, salads, fruit smoothies and more. *Monroe* — 2 Lake St, Suite 4. 845.238.5511. \$-\$\$ www.lovebiteschocolateshoppe.com

ORANGE HILL GLOBAL BISTRO This new addition to the Newburgh dining scene features an assortment of international comfort food, from chicken paillard to BBQ pork ribs to mango chicken. Vegan options available. *Newburgh* — 82 Route 17K. 845.567.1400. \$\$-\$\$\$ www.orangehillny.com

THE HELM Chef Jennifer Abelton offers contemporary American cuisine with seasonal specials and a focus on local ingredients at this eatery situated alongside Greenwood Lake. Small plates, salads, burgers, veggie choices, meat and chicken are available. The popular hard cider-brined brick chicken is served with whipped mashed potatoes, skillet cornbread and a maple drizzle. Sunday brunch, too. Open Thursday through Sunday. *Greenwood Lake* — 649 Jersey Ave. 845.477.3073. \$\$-\$\$\$ www.thehelmnny.com

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WHERE TO EAT



Ulster

A TAVOLA TRATTORIA Seasonal farm-to-table fare made with fresh local ingredients is the centerpiece of this award-winning rustic eatery that also offers beer, wine and classic Italian cocktails. Regional Italian dishes include wheat berry risotto and grilled Mediterranean sea bass fillet; or consider the grilled octopus or pappardelle Bolognese. Save room for the mouth-watering Italian desserts. Dinner Thurs–Mon. New Paltz — 46 Main St. 845.255.1426. \$\$\$–\$\$\$\$ www.atavolany.com

BREAD ALONE Launched as an organic-bread bakery back in 1983, Bread Alone has expanded with several cafes, including at their original Boiceville site. Their main bakery, plus a café, is located in Lake Katrine near Kingston; the Rhinebeck and Woodstock cafes also feature a tasty variety of pastries, soups, sandwiches and beverages. Boiceville — 3962 Rte 28. 845.657.6057. Lake Katrine — 2121 Ulster Ave. 845.481.4759. Rhinebeck — 5 E. Market St. 845.876.3108. Woodstock — 22 Mill Hill Rd. 845.679.2108. www.breadalone.com

GARDEN CAFÉ This small, comfy spot offers an all-vegetarian, organic, and GMO-free menu. Customers adore dishes like the red bean sweet potato rice burger, served with chipotle aioli and roasted potatoes. You can also enjoy daily specials, soups, salads and sandwiches — and boost your health, to boot. Wine and beer are available, and there's seasonal outdoor seating, too. Woodstock — 6 Old Forge Rd. 845.679.3600. \$\$ www.thegardencafeoodstock.com

GARVAN'S GASTROPUB This historical site houses a menu that reflects the eclectic tastes of Executive Chef Josh Paige. Choices range from wild herb-crusted salmon with Parmesan to a Gorgonzola burger served with caramelized onions and truffle fries. New Paltz — 215 Huguenot St. 845.255.7888 \$\$\$\$ www.garvans.com

OLE SAVANNAH SOUTHERN TABLE & BAR Set in a gorgeous building on the Rondout waterfront, Ole Savannah embraces the cuisine and culture of the American south with barbecue, po' boys, and bourbon — and additional offerings like salads and burgers. Kingston — 100 Rondout Landing. 845.331.4283. \$\$\$ www.olesavannah.com

BREAD ALONE PHOTO BY STEPHANIE FISHER-MEYER

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MAIN COURSE Inventive creations with local ingredients can be sampled at this casual eat-in or takeout spot. Offerings on the New American menu include a cedar-plank salmon salad with crumbled bleu cheese, candied walnuts, and a roasted grape vinaigrette; open-faced tartine sandwiches; house-made soups; and assorted paninis. Closed Mon. *New Paltz* — 175 Main St. 845.255.2600. \$\$\$ www.maincoursecatering.com

RACCOON SALOON Serving drinks and meals for more than four decades, this family-operated pub presents award-winning New American cuisine, from soups and sandwiches (top your burgers and fries with the eatery's homemade ketchup) to salads. They offer everything from Maine crab cakes with greens and mango salsa to steak, chicken, and pasta. Lunch and dinner is served 7 days a week *Marlboro* — 1330 Rt. 9W. 845.236.7872. \$\$-\$\$\$ www.raccoonsaloonmarlboro.com

SILVIA This stylish-yet-casual restaurant with an open-kitchen layout and wood-fire grill is run by sisters Doris and Betty Choi. Offering New American cuisine with an emphasis on local sourcing, the menu ranges from mushroom lentil pâté to wood-smoked pork chops. Their lovely deck is a nice warm-weather spot to sip a cocktail. *Woodstock* — 42 Mill Hill Rd. 845.679.4242. \$\$-\$\$\$ www.silviawoodstockny.com

THE DUTCH ALE HOUSE A favorite haunt for locals, this recently renovated restaurant now features a mix of scratch-made Southern food and elevated bar bites. Their craft beer selection is nothing to scoff at, either. *Saugerties* — 253 Main St. 845.247.3337. \$\$-\$\$\$ www.dutchalehouse.com

THE SHIP LANTERN INN Run by three generations of the Foglia family, you'll find New American cuisine served in a lovely building dating back to the Revolutionary War. Savor dishes such as porcini-dusted fillet of Chilean sea bass or fresh vegetable-filled dumplings with pea shoots and quinoa salad. A prix-fixe twilight menu is available, too. *Milton* — 1725 Rte 9 W. 845.795.5400. \$\$\$ www.shiplanterninn.com

THE TAVERN AT DIAMOND MILLS Featuring contemporary American cuisine, this tavern impresses with dishes like filet mignon wrapped in roasted bacon. The building boasts both a library and mezzanine. Lunch Wed-Sun, closed Monday, weekend brunch. *Saugerties* — 25 S. Partition St. 845.247.0700. \$\$\$ www.diamondmillshotel.com

THE WOULD RESTAURANT Complete with a pavilion and an indoor fireplace, this eatery offers New American fare. Traditional favorites like grilled skirt steak share the spotlight with grilled salmon with kale and slaw. Dinner Tues-Sat. *Highland* — 120 North Rd. 845.691.9883. \$\$\$ www.thewould.com

TOP TASTE For a genuine taste of Jamaica, head to this friendly family-operated eatery run by Albert "Sammy" Bartley and his wife, Malenda. Island favorites include jerk chicken, curried goat or chicken, red snapper, fried chicken, and Jamaican beef patties. Malenda's coconut and rum cake is a favorite. *Kingston* — 446 Hasbrouck Ave. 917.915.1310. \$-\$\$ Find them on Facebook

UNDERGROUND COFFEE AND ALES Specialty coffees, teas, wine, 10 rotating craft beer taps, plus excellent eats — is there anything else you need? Stop in for trivia and fun pub grub (like burgers served on brioche or a different popcorn daily), or to cozy up with a latte. Closed Tuesdays. *Highland* — 74 Vineyard Ave. 845.834.3899. \$ www.undergroundcoffeeandales.com

WOODNOTES GRILLE AT THE EMERSON RESORT & SPA Inspired by Ralph Waldo Emerson's literary work, *Woodnotes*, and the wild Catskill Park, they offer a contemporary experience with a classic flair. The menu highlights locally sourced craft food and beverages. *Mount Tremper* — 5340 Rt 28. 845.688.2828. \$\$-\$\$\$ www.woodnotesgrille.com



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WHERE TO EAT



Westchester

CRABTREE'S KITTLE HOUSE Chef Beau Widener uses locally sourced ingredients to create seasonal dishes in the formal dining room and elevated bar food at the Old World Tap Room. The Grand Award-winning wine cellar houses 40,000-plus bottles. Chappaqua — 11 Kittle Rd, 914.666.8044. \$\$\$\$ www.crabtreeskittlehouse.com

FORTINA Celebrity Chef Christian Petroni runs this mini-empire of buzzy wood-fired restaurants (with an additional location in Stamford), serving expertly roasted vegetables, fresh pastas, and thin-crust pizzas (try the truffle-topped Luigi Bianco). Armonk — 17 Maple Ave. 914.273.0900. Rye Brook — 136 S. Ridge St. 914.937.0900. Yonkers — 1086 N. Broadway. 914.358.3595. \$\$-\$\$\$ fortinapizza.com

GOOSEFEATHER Situated in the 1840s King Mansion at the Tarrytown House Estate, you'll find a modern take on Cantonese cuisine in this eye-catching restaurant with four dining areas, plus a bar and outdoor seating. Chef Dale Talde — he's been a contestant on the culinary TV show *Top Chef* — whips up a variety of Cantonese barbecue, noodles and rice dishes. Weekend brunch and special duck supper on Sundays. Tarrytown — 49 E Sunnyside Ln. 914.829.5454. \$\$-\$\$\$\$. www.goosefeatherny.com

RIVERMARKET BAR & KITCHEN This Rivertown favorite sources primarily local, sustainable ingredients for its menu, cocktails, and on-premises market. Tarrytown — 127 W Main St. 914.631.3100. \$\$\$\$ www.rivermarketbarandkitchen.com

THE TWISTED OAK Danny Meyer alum Chef Michael Cutney blends Italian traditions and New American farm-to-table sensibilities to create signature dishes like his Fazio Farms duck lasagna. Closed Mon. Tarrytown — 61 Main St. 914.332.1992. \$\$\$\$ www.thetwistedoakny.com

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THE WHITLOCK The Cookery alums Matt and Christiana Safarowicz serve seasonal, locally sourced fare, including silky pastas, bone-marrow-laced French onion soup, and crispy pork belly at this neighborhood restaurant. *Katonah* — 17 Katonah Ave. 914.232.8030 \$\$\$ www.thewhitlockny.com

X20 XAVIARS ON THE HUDSON Venerated chef Peter Kelly's restaurant sits on the historic Yonkers Pier, offering breathtaking views of the Hudson River and his famous cowboy rib-eye for two. The casual Dylan Lounge boasts its own menu. *Yonkers* — 71 Water Grant St. 914.965.1111 \$\$\$ www.xaviars.com

Putnam

CATHRYN'S TUSCAN GRILL This trattoria offers Northern Italian cuisine along with an extensive wine list. Entrées include pan-seared scallops with pancetta and a different risotto every day. Lunch & dinner daily, Sunday Champagne brunch. *Cold Spring* — 91 Main St. 845.265.5582. \$\$\$
Find them on Facebook

HUDSON HIL'S Centrally located in the cozy village of Cold Spring, this eatery serves creative, New American breakfast and lunch concoctions, using Hudson Valley products. Patrons rave about the biscuits and gravy, babka French toast, and the grilled cheese with fig paste. Open daily 8 a.m.–4 p.m., closed Tuesdays. *Cold Spring* — 129-131 Main St. 845.265.9471. \$-\$\$\$ www.hudsonhills.com

Rockland

8 NORTH BROADWAY A refined, relaxed space to enjoy small plates and seasonal Mediterranean-style meals for lunch and dinner. From sautéed shrimp Santorini to dishes bursting with veggies, proteins, and legumes, the emphasis is on locally sourced ingredients. The special prix-fixe Taste of 8NB menus for lunch and dinner include an appetizer, mezze platter, and entrée. Farmers' Market Friday offers a prix-fixe four-course meal, and weekend brunch features bottomless Mimosas. *Nyack* — 8 N. Broadway. 845.353.1200. \$\$\$-\$\$\$\$ www.8northbroadway.com

DPNB PASTA & PROVISIONS Tony and Louiedell Scotto offer a variety of house-made fresh pastas, prepared foods, imported items, and Hudson Valley-sourced provisions. Have a bite in the small seating area, or select a take-home dish based on a rotating menu of cooked-to-order pastas. One favorite is Julie's Macaroni Pie — a slice of baked pasta with ricotta, fontina, pecorino and Parmigiano cheese, served with a side of spicy tomato sauce. Top it off with their regionally produced gelato or sorbet of the week. Closed Monday and Tuesday. *Nyack* — 21 N Broadway. 845.353.2167. \$\$-\$\$\$ www.dpnbpastashop.com

ROOST A fusion of Latin and Mediterranean influences rules the roost here. Favorites include shrimp with plantains and pan-crisped chicken, but their brunch is not to be missed. Open for dinner Wed–Sun; brunch, 11:30 a.m.–2:30 p.m. on Sunday. *Sparkill* — 3 Union St. 845.359.6700. \$\$ www.roostinsparkill.com

Columbia

BARTLETT HOUSE This kitchen, bakery, and café focuses on Valley fare prepared simply and presented with excellence. A community-centric restaurant, it consistently earns rave reviews. Try an inventive pastry at breakfast, or end the day ordering whole brook trout with lemon and herbs paired with a unique wine pour. Open Wed–Sun; breakfast and lunch on weekdays, brunch and dinner on weekends. *Ghent* — 2258 Rt 66. 518.392.7787. \$-\$\$\$ www.bartletthouse.com

MAIN ST GOODNESS Comfort food made from scratch is the lure of this eatery owned by Christopher and Nicole Knable. Dig into hearty breakfasts such as pancakes, Texas or tofu scrambles, and fresh-baked muffins. Sandwiches, soup, veggie and vegan options. Pastries and pies from their on-site PieconicNY bakery draw raves. Chatham — 20 Main St. 518.392.2988. \$-\$\$ www.mainstgoodness.com

SWOON KITCHENBAR This romantically styled restaurant features affordable farm-to-table-fare. Menus change seasonally, but their continuous Meatless Monday specials are not to be missed. Fri, Sat, Sun, lunch & dinner; Mon & Thurs, dinner only; closed Tues & Wed. Hudson — 340 Warren St. 518.828.9082. \$\$ www.swoonkitchenbar.com

THE MAKER A tribute to European coffeehouses, the cafe at this elegant hotel boasts an assortment of patisserie and light fare like salads, soups, and sandwiches, the likes of which include beet-and-gin cured lox on multigrain. Hudson — 302 Warren St. 518.509.2620, ext 4. \$\$ www.themaker.com/cafe

Greene

CROSSROADS BREWING COMPANY Specializing in pub-style comfort food, this brewery and eatery prepares the majority of its meals with locally sourced produce and meats. One section of the menu is completely devoted to local, grass-fed burgers and plays on expected bar food offerings like Hudson Valley nachos. You may be pleasantly surprised to find that their salads are not only craveable, but equally hearty. Dinner Wed–Mon; lunch & dinner Sat–Sun. Athens — 21 Second St. 518.945.2337. \$-\$\$ www.crossroadsbrewingco.com

MERMAID CAFÉ This eclectic, family-friendly cafe offers a mélange of American, Mexican and ramen choices. Browse the daily specials for farm-to-table tacos, or try the Big Kahuna burrito. Other favorites include vegan chili and fish nachos. Daily homemade toasted rye noodles create a super base for the ramen dishes. Catskill — 374 Main St. 518.217.8811. \$-\$\$ Find them on Facebook

MILLROCK RESTAURANT Everything from pizza to pasta, fish and chicken to steak, has a focus on local, seasonal ingredients. Take a grand seafood tour with the frutta di mare for two: the dish includes shrimp, calamari, mussels and clams sautéed with the catch of the day, seared in garlic and olive oil with red pepper and tomatoes — all served over pasta. Fri. & Sat. 5–8 p.m. Windham — 5398 Route 23. 518.734.9719. \$\$-\$\$\$ www.millrockrestaurant.com

Reviews, Recipes & More

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Our dining listing represents a selection of Hudson Valley restaurants, many of which are our advertisers. Specialties and hours are subject to change. Call ahead to check reservation policies and times.

\$ Average entrée under \$10

\$\$ Average entrée \$15

\$\$\$ Average entrée \$20

\$\$\$\$ Average entrée \$25 or more

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This year, we are especially proud of our two winners, *Donna Engle, RN* and *Eileen Karle, RN*.

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Woodland Pond is a not-for-profit, premier Continuing Care Retirement Community (CCRC), nestled beneath the shoulder of the breathtaking Shawangunk Ridge, tailored exclusively for those aged 62 and older and catering to a diverse group of accomplished individuals with varied interests and a zest for life. Celebrating its 11th anniversary, Woodland Pond has been home for more than 1,500 retirees and remains the only CCRC in the upper-Hudson Valley. Its Life Care program allows residents to enjoy retirement in an inspiring and supportive environment, with access to a full spectrum of the highest rated supportive care options, if ever needed. Woodland Pond has earned the coveted 5-star rating for Medicare and Medicaid Services annually since 2014 and is the nation's only CCRC to be named a leader in LGBTQ Equality by the Human Rights Campaign since 2018.

Why Woodland Pond? Our mission says it best. "Opportunity. Care. Connections." Three simple words that say so very much about what life at Woodland Pond provides. Woodland Pond builds on a set of simple, fundamental values to ensure that the lives our residents lead are rich and fulfilling — personal engagement; communication and transparency; accountability for our actions and responsibility for our choices; person centered care; a commitment to actively fostering personal growth. Woodland Pond offers all of this in a safe environment of dignity, honesty, ethical integrity, inclusivity, and respect. And all of this is enlivened by the natural beauty and cultural richness of the Hudson Valley. The residents, staff, family, and friends of Woodland Pond embrace life, and show everyone that crosses our thresholds exactly what it means to be experiencing retirement at its best.

And most importantly, thanks to our strict safety protocols, Woodland Pond has not had a single resident test positive for COVID-19 to date! This is a true testament to their determination to maintain the health and safety of all residents.



Standing, from left to right: Robert Dunn, Director of Environmental Services; Michelle Gramoglia, President & CEO; Sarah Hull, Director of Resident Services; Thomas Tango, Director of Plant Operations & Security. Seated, from left to right: Ronnie Licata, Director of Dining Services; Christi Battistoni, Director of Finance; Shannon Scaturro, Director of Marketing; Phillip Mehl (and his sidekick, Nolie), Director of Long Term Care; Brigitte Blum, Director of Human Resources.

Woodland Pond

AT NEW PALTZ



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If you're looking for a Continuing Care Retirement Community, there's no better place than Woodland Pond. Residents are provided with endless opportunities to stay connected, engaged and well cared for. Dedicated staff works relentlessly to keep the community safe and covid-19 free. Woodland Pond's sense of community is stronger than ever as we navigate towards a new way of retirement living.

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CONGRATULATIONS TO THE CLASS OF 2020 NURSES!

TOP 20 NURSES

Bon Secours Community Hospital

Cynthia Marsilio, RN, MSN, APN

The Brookmeade Community

Frances Hogan, RN, AS

CareMount Medical

Stacey Edwards, LPN

Roberta Keogan, RN, ADSN, RNC-OB

Paula Nigri, LPN

Isabella Robisheaux, RN, ASN

Kim Walsh, RN

Dorota Wasila, RN, LPN, ADN

The Center for Discovery

Evelyn Caska, BSN, RN, AHNCC

Cornerstone Family Healthcare

Sarah Thompson, AASN, RN

Golden Hill Nursing & Rehabilitation Center

Ashonte Brown, LPN

Michele Flores, LPN

Good Samaritan Hospital

Karen Schaffer, RN-BC

Hudson Valley Hospice

Rebecca Butler, LPN

Donna Engle, RN, BSN, CHPN

Kathleen (Kathy) Johnson, RN, CHPN

Eileen Karle, LPN, CHLPN, BS

Patty LaRose, RN, BSN, CHPN

Megan Osofsky, RN, BSN, CHPN

Jamie Rusek, RN, BSN, CHPN

Jackie Savino, RN

The Lutheran Care Center

Miriam Arroon, BSN, MSN

Memorial Sloan Kettering Cancer Center

Lori Lang, BSN, RN, OCN

Middletown Medical PC

Wendy Cormier, LPN

MidHudson Regional Hospital

Patricia Churna, BSN, RN

Amanda Graner, RN

Tafford Oltz, RN, TCRN, CFRN, CCRN

Montefiore St. Luke's Cornwall

Matthew Agazzi-Cowton, RN, LPN

H. Janelle Carr, DNP

Aimee Croce, BSN, RN

Diana Fernandez, RN

Stephanie Paruolo, MSN, RN

Margaret Speedling, RN

NewYork-Presbyterian Hudson Valley Hospital

Debbie Chakansky, RN

Danielle Mayo-Fucile, BSN, RN

Emily Muzyka, RN, BSN, RN-BC

Barbara Reynolds, MSN, MA, RN-BC

NewYork-Presbyterian Lawrence Hospital

Althea Scott Bonaparte, BSN



Matthew Agazzi-Cowton, RN, LPN



Vana Cabibbo, BSN, RN, OCN, ONS-ONCC



H. Janelle Carr, DNP



Debbie Chakansky, RN



Patricia Churna, BSN, RN



Kim Connelly, RN, BSN, MSN



Donna Engle, RN, BSN, CHPN



Nancy Fox, MS, RN, NP, BC, NEA-BC, CNML



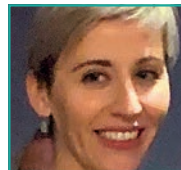
Kim Jablonski, MSN, CMRSN



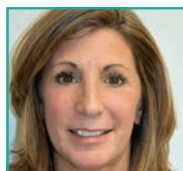
Eileen Karle, LPN, CHLPN, BS



Roberta Keogan, RN, RNC-OB



Lori Lang, BSN, RN, OCN



Paula Nigri, LPN



Tafford Oltz, RN, TCRN, CFRN, CCRN



Stephanie Paruolo, MSN, RN



Andres Salcedo, RN, BSN



Karen Schaffer, RN-BC



Susan Siew, RN



Marissa Tamburi, RN, MSN, MED



Kayla Valentine, RN

Alyssa Moura, BSN
Georgette Taylor, BSN
Margaret Walotsky, RN

NewYork-Presbyterian Westchester Behavioral Health Center

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Northern Dutchess Hospital (Nuvance Health)

Kristine Turcy-Cahill, BSN, RN

Orange Regional Medical Center

Nora Higgins, BSN, CMSRN

Kim Jablonski, MSN, CMSRN

Sarah Ruggiero, BSN, CRNI, VA-BC

Phelps Hospital Northwell Health

Nancy Fox, MS, RN, NP, BC, NEA-BC, CNML

The Pines at Poughkeepsie Center for Nursing and Rehabilitation

Shirley Gill, RN, BA

Premier Medical Group of the Hudson Valley

Eileen Capulli, LPN

Jennifer Rubeo, RN

Vanessa Weber, LPN

Putnam Hospital (Nuvance Health)

Kathleen McKenzie, BSN, RN

Gretchen Montazella, RN, BSN

Michelle Tierney, RN

St. Anthony Community Hospital

Kimberly Connelly, RN, BSN, MSN

The Surgery Center at Orthopedic Associates

Maria Menjivar, ASN

The Thompson House (Nuvance Health)

Courtney Brenner, LPN

Sophia Williams, RN, BSN

Vassar Brothers Medical Center (Nuvance Health)

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Forgotten Places

A Catskills road sign mystery. **BY ROBERT KADAR**

The Hudson River Valley and Catskills region is an old place in terms of U.S. history. It was one of the first places explored, and then exploited, for its natural resources to supply our fast-growing country.

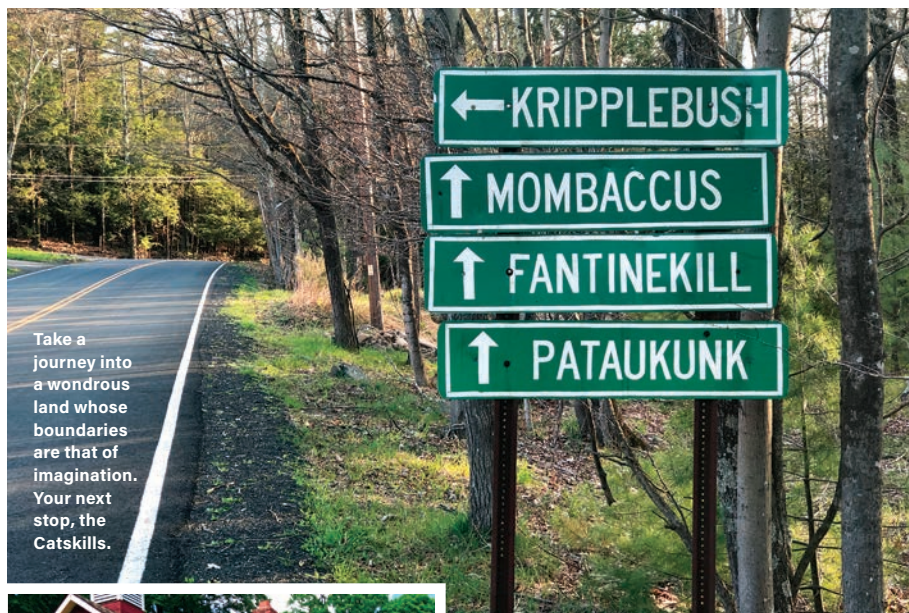
The area also inspired the first American literature, with both Washington Irving and James Fenimore Cooper writing about the region. Thomas Cole created the first American art movement, which came to be known as the Hudson River School of painting. And John Burroughs, born and raised in Roxbury, was our first “literary naturalist,” writing lovingly about his many explorations of the region.

All are part of the rich tapestry of the region.

So it's not too surprising that, with generations of boom-and-bust cycles and never-ending socio-economic changes, there are countless hidden and forgotten places in the Catskills. What is unusual, however, is a normal, everyday road sign — found south of the Ashokan Reservoir on County Road 3 — pointing you to some of these places that no longer exist. The exotic name-places intrigued this curious traveler.

Of the four places on the *Twilight Zone*-like sign, only the first still survives: the tiny hamlet of **Kripplebush**. Driving though Kripplebush takes seconds, and unless paying close attention, one would miss the fact that this area has a name. Officially a hamlet within Marbletown, it straddles both sides of County Route 2. It was placed on the National Register of Historic Places in 1994 due to the excellent state of its historical buildings — predominantly stone and clapboard farm houses, a lovely Methodist church, and the old schoolhouse, which now serves as a historical museum.

Continuing down the sign, we are directed to **Mombaccus**. The town of Mombaccus was officially changed to Rochester in 1703 — 317 years ago. And today, no sign of it exists, although some maps still list this corner as the Hamlet of Mombaccus.



Take a journey into a wondrous land whose boundaries are that of imagination. Your next stop, the Catskills.



Next on the sign we are directed to **Fantinekill**. No features of the town still exist, and the history of the place is largely non-existent except for one grisly recorded event — the Fantinekill Massacre of 1779. The horrific act occurred during the Revolutionary War when “Indians and Tories” would raid homesteaders sympathetic to the Patriot cause. One such raid resulted in the dastardly murder of two women and their grown children, according to a pamphlet written in 1846 by John A. Gray.

On Sunday, May 31, 1903, *The New York Times* noted that a “...monument erected by the citizens of Ellenville to the memory of the victims of the Fantinekill

massacre on May 4, 1789, was unveiled there to-day with imposing ceremonies.”

The last place on our time machine/road sign is **Pataukunk**, about which little written history can be found.

However, the Friends of Rochester Town History website has this to say about it, reflecting our cruel and sad history with the original inhabitants of this land: “Many Native villages were surrounded by palisades for defense and were often called forts. Captain Kreiger destroyed one such substantial village, said to be in the Pataukunk area, in his 1663 expedition.”

So, if you ever find yourself heading south on County Road 3, just before you reach the recently reopened Tetta’s Market in Olivebridge and just before you enter the picturesque hamlet of Samsonville, locate and ponder the sign that is one part directional, one part time machine, and one part weird, pointing you to the forgotten places of the Catskills.

Robert Kadar is a resident of New Jersey and has been visiting the Catskills region all his life. He is fascinated by the history of the region and enjoys researching and writing about it.



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