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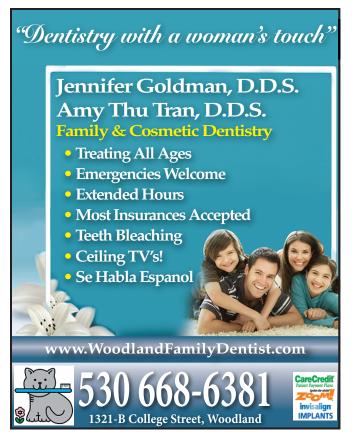
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#### **April 2020 Contents**

#### **Special Features**

- Woodland Parent Nursery School's Annual Auction Spring Fling 2020
- 7 "Singin' in the Rain" opens April 24, 2020 at the Woodland Opera House
- 8 Simple Ways a Keto-Friendly Diet Can Set You Up for Success
- 9 Cabrillo Club Bake Sale Annual Event to Support Scholarships & Cabrillo Membership Dinner

- 11 Learn about the Criminal Justice System at the Yolo County
  - District Attorney Citizens Academy
- 13 American Lutheran Church Rummage Sale
- **14-18** Community Calendar
  - 19 Woodland Schools Foundation's Burgers & Brew Fundraiser
  - 21 Commit2Fit April

#### From the Editor:

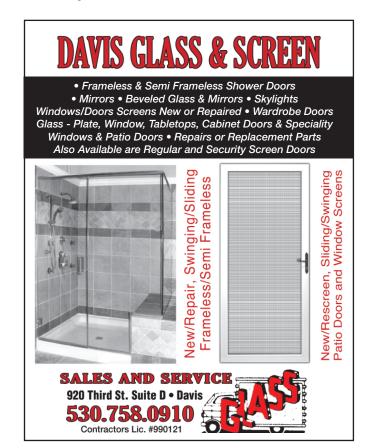
We welcome information from individuals, fraternal organizations, clubs, schools, youth groups, nonprofit groups, scout troops or anyone who has something to share with the community.

Press releases, calendar listings and articles should be submitted via email in either Word attachment or straight email no later than the 28th of the month for publication on the last Wednesday of the following month. All submissions should be sent via email to

content@aroundtownwoodland.com, and may be edited for space. Photos, logos or graphics in PDF or JPG format should also be included. Please include a contact name and phone number.

To advertise in the next issue call 530-406-6226.

Layout design by: AffinityX Advertising: Marc Hutt, Amanda Sanchez, Amanda Perez & Alisa Ruby





April 2020 - 5

## Woodland Parent Nursery School's Annual Auction Spring Fling 2020

he Woodland Parent Nursery School (WPNS) is excited to present Spring Fling, a wonderful evening of live music, silent auction items featuring local businesses, gourmet appetizers, and unlimited beer and wine on Saturday, March 28th 6-9 p.m. at the Atrium in the Yolo County Administration Building 625 Court Street in Woodland. Tickets to the event are \$15. Raffle tickets are also available: \$5 gift card raffle (\$150 value), \$10 farm raffle (\$150 value), and \$20 wine raffle (\$275 value). Raffle winners need not be present to win. Tickets can be purchased from any WPNS family or online at https:// woodlandparentnurseryschool.org.

This event supports WPNS, a play based parent cooperative preschool. We hope everyone can make it to our biggest fundraiser of the year!

#### **About WPNS**

WPNS is a Non-Profit parent participation preschool, established in 1956. Under the direction of Brenda Di Gregorio (Preschool Program) and Kim Hammons (Parents and Tots), we participate in our children's school experience. As co-op parents, we are responsible for managing the school, maintaining the building and grounds, and co-teaching our children.

#### Parents and their children learning together

Parents learn about child growth and development while providing a nursery school learning experience for their children. Parents participate in the morning program on a rotating basis and attend an evening class one







Tuesday of every month. Preschool classes are small and have a 5:1 ratio of children to adults throughout the year.

#### A play-based approach to learning

We promote self-confidence, awareness of others, and positive expression of emotion and needs. We try cooperation, sharing, turn taking, and problem solving. We learn through messy art, dramatic play, favorite stories, puzzles and blocks, textures, music, outdoor play, and making new friends.



Through these building blocks, children are introduced to colors, shapes, letters, sounds, measuring, counting, patterns, and rhythm — all in preparation for kindergarten.

#### **Enrollment**

For more information, contact wpns\_membership@yahoo.com. Interested families are encouraged to schedule time for a tour of the school and to answer any questions. WPNS is a Woodland treasure and we encourage you to visit us and see why. Play on!





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## "Singin' in the Rain" opens April 24, 2020 at the Woodland Opera House

ingin' in the Rain has been dubbed by many movie critics and patrons alike as one of the happiest, upbeat, and delightful musicals ever written. In fact, it has been called the greatest movie musical of all time. Set in Hollywood in the waning days of the silent film era, it focuses on romantic lead Don Lockwood (Erik Catalan), his sidekick Cosmo Brown (Eddie Voyce), aspiring actress Kathy Selden (Kirsten Myers), and Lockwood's leading lady Lina Lamont (Patricia Glass), whose less-than-dulcet vocal tones make her a challenging candidate for stardom in talking pictures. Filled with hilarious situations, snappy dialogue, and a hit parade of toe-tapping song and dance numbers, this classic show will make everyone walk out of the theater singing and wanting to dance in the rain.

Underwritten by Tom and Meg Stallard, Singin' in the Rain will be Rodger McDonald's 14th directing project at the Woodland Opera House. McDonald says he "has collected one of the most experienced and popular casts to do a show at the Opera House with many of the audiences' favorite performers from seasons past."

Jia Min Rosendale provides
music direction with Costume
Design by Denise Miles. Set Design
is created by Mark Deamer and
constructed by Mike Cartwright. Darryl
Strohl-DeHerrera will be the Choreographer
while the Light Designer is Nikki Pendley.
Melissa Dahlberg will handle the role of
Stage Manager with ease.

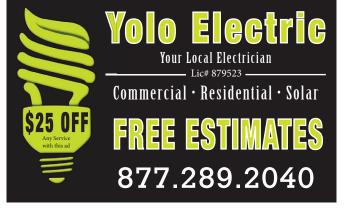
The show opens Friday, April 24th and plays on Fridays and Saturdays at 7:30pm and Sundays at 2pm through May 17th.



Reserved seats are \$25 for adults, \$23 for seniors 62+, and \$12 for children 17 and under. Balcony tickets are \$15 for adults and \$7 for children. Flex Pass specials and group rates are available.

Tickets are available online at www. woodlandoperahouse.org or by calling 530-666-9617.









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## Simple Ways a Keto-Friendly Diet Can Set You Up for Success

(StatePoint) Chances are you've heard of the keto diet. Its popularity has soared in recent years, adding it to the list of diets many people try. The keto diet is founded on the belief that when your body is in a state of nutritional ketosis – a metabolic state in which fat provides most of the fuel for the body – you will lose weight. But what if you could take a less drastic approach?

In his newest book, "The Keto-Friendly South Beach Diet," world-renowned cardiologist Dr. Arthur Agatston explains that you can follow a low-carb, high-fat, quality-protein keto-friendly diet without having to reach and sustain a state of ketosis — and still reap the weight loss benefits.

Here is how this approach can set you up for weight loss success:

#### It Follows Proven Principles:

Following the proven principles of the low-carb/good-carb, good-fat, healthy-protein

approach of the original South Beach Diet, the keto-friendly version layers in science-backed elements of the keto diet's higher fat intake, ultimately allowing for more variety in the diet than strict keto in the form of nutrient-dense carb choices like non-starchy vegetables and beans.

#### "When a person eats too much sugar or quickly digestible carbs, their insulin levels increase. If this happens over time, the body responds by going into fat storage

• It Takes You into Fat Burning Mode:

increase. If this happens over time, the body responds by going into fat storage mode, making it very difficult to burn fat and lose weight," says Dr. Agatston. The keto-friendly approach shifts your body from "fat storage mode" into "fat burning mode," leading to weight loss.

 It's Flexible: Trying to maintain any strict diet for the long-term often makes people stop dieting and regain weight. Because of the highly satisfying foods and the lack of required adherence to specific ketone levels, the Keto-Friendly South Beach Diet allows for a variety in food choices, which may be more sustainable over time compared to stricter keto diets.





South Beach Diet offers a keto-friendly version of their meal delivery plan that comes with fully prepped chef-inspired foods that nourish and satisfy.

"Structure can make the keto-friendly lifestyle more approachable," says Courtney McCormick, registered dietitian and manager of Clinical Research & Nutrition for South Beach Diet.

For more keto-friendly insights and keto-friendly recipes, visit palm.southbeachdiet. com.

Remember, the first step to losing weight is finding a plan that works for you. A keto-friendly diet can set you up for success in a way that's friendly, flexible and achievable.





#### **Cabrillo Club Bake Sale Annual Event to Support Scholarships**

#### Submitted by Floyd Kemper

he Yolo Cabrillo Civic Club #26 will hold its annual Scholarship Bake Sale from 5 p.m. to 7 p.m. on Saturday, April 4 and from 7:30 a.m. to 1 p.m. on Sunday, April 5 at the Holy Rosary Parish Hall, 315 Walnut St. This bake sale is a major fundraiser for the Cabrillo Scholarship Program, which awards \$500 scholarships to more than 100 graduating seniors statewide every year.

The bake sale features quality sweet breads fresh from the Portuguese Bakery in Santa Clara as well as home baked cookies, pies and cakes from club members. Portuguese Sweet Bread is available in large loaves as well as six packs of large rolls and 10 packs of dinner rolls. Another very popular item is the Cinnamon Sweet Bread which originated with the Santa Clara Bakery. It's great warm with butter and also makes great Portuguese style "French" toast.

Those interested in buying in advance for the Easter weekend are encouraged to pre-order the sweet breads to ensure your selections will be available. Pre-orders



and more information are available by calling Debbie Baker, 530-405-7680 before Monday, March 30. Also, anyone interested in making donations of home baked goods are welcome to call. Home baked items are not available by pre-order and are sold on a first come, first served basis.





#### **Cabrillo Membership Dinner** Featuring Portuguese Traditional Sopas A Carne

unday, April 19th will mark the annual Cabrillo Club Membership Dinner with Portuguese style seasoned beef, bread, green salad along with our fantastic potato salad. Homemade desserts will finish off your dining pleasure. The event begins at 5:00 pm with a no host cocktail hour and dinner is served buffet style at 6:00 pm. The dinner is being held at the Holy Rosary Community Center, 575 California Street in Woodland. The cost of dinner is \$20.00 and includes membership in the Cabrillo Club if desired. Club members who are current with their membership eat free. Young adults age 12 to 17 are \$12.00 and children below age 12 are free. Advance reservations are requested by calling Elizabeth Kemper at 530-666-4059.



A raffle featuring gift items brought by members will be held following dessert. A silent auction will also be available. Money raised will help support the Cabrillo Scholarship Program.

We hope to meet many friends, both old and new while enjoying a great dinner and fun evening.







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## **Learn about the Criminal Justice System at the Yolo County District Attorney Citizens Academy**

istrict Attorney Jeff Reisig announces the ninth annual Yolo County District Attorney Citizens Academy which is sponsored by the Yolo County District Attorney's Office in cooperation with the Yolo County Sheriff's Office, the California Highway Patrol, the Davis Police Department, the UC Davis Police Department, the West Sacramento Police Department, the Winters Police Department, the Woodland Police Department, and the Yolo County Probation Department.

The Citizens Academy is an eightweek journey designed to involve diverse communities in participating in mutual learning about the criminal justice system. The goal is to educate the public and improve relationships and communication between the many different communities in Yolo County and the criminal justice system. Topics this year will include: the role of the District Attorney; the role of law enforcement; tour of the jail and coroner's office; victim services; gangs; restorative justice practices and collaborative courts addressing mental

illness and addiction; breaking barriers addressing the schools to prison pipeline, and they will also observe a K-9 officer presentation.

Yolo County District Attorney Jeff
Reisig stated that "The Academy
provides a comprehensive look at the
criminal justice system in Yolo County.
Together we will explore how the system
interplays with our communities from
West Sacramento to the rural areas."
Reisig continued, "I think participants



will be educated, enlightened and entertained."

The Academy will meet every Thursday for eight weeks, from April 16, 2020, to June 4, 2020, from 6:00-8:30 p.m. To enroll please contact Wendy Wilcox by email at: wendy. wilcox@yolocounty.org, by phone at: (530) 666-8356, or you can log on to www.yoloda. org for more information. Class space is limited. Applicants must be 18 years of age and be a resident of Yolo County. Application deadline is April 3, 2020.





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## Do You Hear The People Sing?

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Lenore Heinson, Artistic Director Lori Jarvey, Accompanist

Performances on

Friday, April 24 @ 7 pm Saturday, April 25 @ 5 pm

Sunday, April 26 @ 5 pm

Woodland Presbyterian Church
1324 Columbia Drive - Woodland, CA

#### Tickets: \$15

Kids under 12 are free.

Tickets available at the venue or online
at www.woolandsingers.org









## American Lutheran Church Rummage Sale Shop for a Buck!

eginning Friday, May 1, from 10 a.m. to 6 p.m. and, again, Saturday, May 2nd, from 9 a.m. to 2 p.m., American Lutheran Church will be presenting it 10th annual church-wide rummage sale. Residents of Woodland, CA, and surrounding areas dare not miss this opportunity to glean little treasures from the offerings of these church members, scoured from their attics, basements, and closets solely for this once-a-year event.

This year will mirror last year's extremely successful event with the majority of items will sell for only \$1 each (get it? a **BUCK**!) Clothing, in all shapes and sizes, hats, coats, shoes, small household appliances...any one item for only a one-dollar bill! You may wish to get to this event **SOONER**, rather than **LATER**. Some higher-priced items will be available in separate rooms but will be the exception, not the norm. 10% of the rummage sale proceeds will go to support

The American Heart Association (AHA). AHA is a US non-profit organization that funds cardiovascular medical research, educates consumers on healthy living and fosters appropriate cardiac care in an effort to reduce disability and deaths caused by cardiovascular disease and stroke. They are known for publishing guidelines on cardiovascular disease and prevention, standards on basic life support and advanced cardiac life support. The mission of the organization is "To be a relentless force for a world of longer, healthier lives."

For more information, of our sale, you may join us at "American Lutheran Church," on Facebook. We are located at 1114 College Street, next door to the Woodland YMCA, and across the street from the Douglass Middle School.





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#### Community



#### Wednesday, April 1

- Woodland Senior Bridge Club at 12 noon at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Art Workshop (painting & drawing) at 9:30 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Woodland Woodcarvers at 1 p.m. on the first and third Wednesday in the Craft Room at the Woodland Community Center, 2001 East St. 662-9038.
- Domestic Violence Support Groups for Women from 6 to 7:30 p.m., drop-in basis. For location 661-6336.
- Woodland Host Lions at 11:30 a.m. at the Boy Scout Cabin, 515 Lincoln Ave. 669-7941 or 867-6038.
- Food Addicts in Recovery Anonymous from 7 to 8:30 p.m. at Davis United Methodist Church, 1620 Anderson Rd., Davis, 219-6675.
- Soroptimist International of Davis from 11:45 a.m. to 12:45 p.m. on most Wednesdays at Odd Fellows Hall, 415 Second St., Davis. learose@jps.net or sidavis.org.
- Soroptimist International of Greater Davis at 7 p.m. on the first and third Wednesday at Carlton Plaza 2725 Fifth St., Davis. 756-1650 or reetham@ comcast.net.

#### Thursday, April 2

- Woodland Sunrise Rotary at 7 a.m. at Cracchiolo's Banquet Hall, 1320 E.
   Main St. 662-1020.
- Eagles Auxiliary No. 2345 at 7:30 p.m.,
   Eagles Hall, 37650 Highway 16. 662-7273.
- Woodland PM Toastmasters Club from 7 to 8 p.m. at Bel Air, 1885 E. Gibson Road. toastmasterswoodland@gmail. com or meetup.com/Woodland-PM-Toastmasters.

- Fall Prevention Workshop 10am-12noon - St. John's Retirement Village, 135 Woodland Ave. 662-1290
- Woodland Schools Foundation's Burgers & Brew Fundraiser. Silent Auction at 5:30 p.m. Dinner served from 6 to 7:30 p.m. Few tickets available at door, purchase tickets in advanced. For more info visit www.woodlandschoolsfoundation.org.

#### 🤰 Friday, Ápril 3

- Historic Downtown Woodland First Friday Art Walk from 5:30 to 9 p.m. 650-823-9972 or www. downtownwoodland.org.
- Overeaters Anonymous at 6 p.m. at St. Luke's Episcopal Church Guild Hall, 515 2nd St. 603-307-2339.
- Conversations About The End of Life –
  Planning Ahead: Advance Directives at 10
  a.m. at Woodland Community & Senior
  Center, 2001 East St. 661-2001 or RSVP
  to the Senior Center Welcome Desk.



#### Saturday, April 4

- Davis Farmers Market from 8 a.m. to 1 p.m. year round at Central Park, 4th & C St., Davis. 756-1695 or www. davisfarmersmarket.org.
- Scholarship Bake Sale from Cabrillo Club. Holy Rosary Parish Hall, 315 Walnut St, 5:00 - 7:00 pm.



#### Sunday, April 5

- Food Truck Mania from 4 to 8 p.m. on the first Sunday at Mojo's Lounge & Kitchen 428, 428 First St. 661-0428 or mojoskitchen428.com.
- Scholarship Bake Sale from Cabrillo Club. Holy Rosary Parish Hall, 315
   Walnut St, 7:30 am - 1:00 pm



#### 🧾 Monday, Ápril 6

 Needles & Friends (quilting, needlework, crafts) at 9 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.

- Kiwanis Club of Woodland at noon at Cracchiolo's, 1320 E Main St. woodlandkiwanis.com.
- Elks Bingo from 6:30 to 10 p.m. at Woodland Elks Lodge, 500 Bush St. 662-9138 or woodlandelks.org.
- Incest Survivors Anonymous at 7 p.m. at Cache Creek Lodge; 435 Aspen St. 385-2652.
- Take Off Pounds from 6 to 7:30 p.m. at Lincoln Garden (Club House), 836 W. Lincoln Ave. 662-7013.
- DeMolay, Woodland Chapter, at 7:30 p.m. on the first and third Monday at Woodland Masonic Lodge, 228 Palm Ave. 681-2411.
- The Davis Vacaville Chorus of the Barbershop Harmony Society from 7 to 9 p.m. at the Community Presbyterian Church, 425 Hemlock St., Vacaville. 661-3748 or westvalleychorus.com.
- Cabrillo Club regular business meeting,
   6:30 pm at Holy Rosary Pastoral Center.
   Everyone welcome.



#### 🥦 Tuesday, Ápril 7

- Baby & Me Support Group for moms, dads and primary caregivers of infants
   0-9 months from 9 to 11 a.m. at KLJ Studio, 424 First St. 661-5800 or 662-8000. cityofwoodland.org.
- Reveille Lions Club at 7 a.m. at Denny's on North West St. 666-6626.
- Woodland Rotary Club at noon at Hotel Woodland, 436 Main St. 908-3443.
- Woodland Sunset Lions Club at 7 p.m. at Lions Clubhouse, 417 Lincoln Ave. 669-7941 or 867-6038.
- Woodland Luna Vista Rotary Club at 6 p.m. at Morgan's On Main, 614 Main St. 916-996-9815.
- Outa Sight Group, Inc. Self Help Group from 12:30 to 2 p.m. on the first and third Tuesday at Woodland Community Center, 2001 East St. 662-9521.





#### **Calendar**



#### 🌎 Wednesday, Ápril 8

- Woodland Senior Bridge Club at 12 noon at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Art Workshop (painting & drawing) at 9:30 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Woodland Woodcarvers at 1 p.m. on the first and third Wednesday in the Craft Room at the Woodland Community Center, 2001 East St. 662-9038.
- Domestic Violence Support Groups for Women from 6 to 7:30 p.m., drop-in basis. For location 661-6336.
- Woodland Host Lions at 11:30 a.m. at the Boy Scout Cabin, 515 Lincoln Ave. 669-7941 or 867-6038.
- Food Addicts in Recovery Anonymous from 7 to 8:30 p.m. at Davis United Methodist Church, 1620 Anderson Rd., Davis, 219-6675.
- Soroptimist International of Davis from 11:45 a.m. to 12:45 p.m. on most Wednesdays at Odd Fellows Hall, 415 Second St., Davis. learose@jps.net or sidavis.org.
- Soroptimist International of Greater
  Davis at 7 p.m. on the first and third
  Wednesday at Carlton Plaza 2725 Fifth
  St., Davis. 756-1650 or reetham@
  comcast.net.

#### Thursday, April 9

- Woodland Sunrise Rotary at 7 a.m. at Cracchiolo's Banquet Hall, 1320 E.
   Main St. 662-1020.
- Eagles Auxiliary No. 2345 at 7:30 p.m., Eagles Hall, 37650 Highway 16. 662-7273.
- Woodland PM Toastmasters Club from 7 to 8 p.m. at Bel Air, 1885 E. Gibson Road. toastmasterswoodland@gmail. com or meetup.com/Woodland-PM-Toastmasters.

 Fall Prevention Workshop - 10am-12noon - St. John's Retirement Village, 135 Woodland Ave. 662-1290

#### Friday, April 10

- Historic Downtown Woodland First Friday Art Walk from 5:30 to 9 p.m. 650-823-9972 or www.downtownwoodland.org.
- Overeaters Anonymous at 6 p.m. at St. Luke's Episcopal Church Guild Hall, 515 2nd St. 603-307-2339.
- Conversations About The End of Life –
  Planning Ahead: Advance Directives at 10
  a.m. at Woodland Community & Senior
  Center, 2001 East St. 661-2001 or RSVP
  to the Senior Center Welcome Desk.

#### Saturday, April 11

 Davis Farmers Market from 8 a.m. to 1 p.m. year round at Central Park, 4th & C St., Davis. 756-1695 or www. davisfarmersmarket.org.

#### Sunday, April 12



#### Monday, April 13

- Needles & Friends (quilting, needlework, crafts) at 9 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Kiwanis Club of Woodland at noon at Cracchiolo's, 1320 E Main St. woodlandkiwanis.com.

- Elks Bingo from 6:30 to 10 p.m. at Woodland Elks Lodge, 500 Bush St. 662-9138 or woodlandelks.org.
- Incest Survivors Anonymous at 7 p.m. at Cache Creek Lodge; 435 Aspen St. 385-2652.
- Take Off Pounds from 6 to 7:30 p.m. at Lincoln Garden (Club House), 836 W. Lincoln Ave. 662-7013.
- The Davis Vacaville Chorus of the Barbershop Harmony Society from 7 to 9 p.m. at the Community Presbyterian Church, 425 Hemlock St., Vacaville. 661-3748 or westvalleychorus.com.
- Prostate Cancer Support Group at 7 p.m. on the second Monday. Meets odd number months in Woodland at the Senior/Community Center; even number months in Davis at the Yolo County Library, 315 E 14th St. 661-6449 or 758-8322.
- Reiki Circle from 6:30 to 8:30 p.m. on the second Monday at Woodland TV, 524 Main St, Ste 206, 2nd floor. Open to the public, donations accepted. 586-0841 or woodlandreiki@yahoo.com.
- Anticipatory Loss Support Group from 7 to 8:30 p.m. on the second and fourth Monday at Yolo Hospice, 1909 Galileo Ct, Ste A, Davis. Drop-in group. 758-5566 or ddeerfeeder@yolohospice.org.

#### Tuesday, April 14

- Baby & Me Support Group for moms, dads and primary caregivers of infants 0-9 months from 9 to 11 a.m. at KLJ Studio, 424 First St. 661-5800 or 662-8000. cityofwoodland.org.
- Crafty Group from 9 a.m. to 1 p.m. on the second and fourth Tuesday in the Craft Room at the Woodland Community Center, 2001 East St. 662-9038.
- Reveille Lions Club at 7 a.m. at Denny's on North West St. 666-6626.
- Woodland Rotary Club at noon at Hotel Woodland, 436 Main St, 908-3443.





#### Community



- Woodland Sunset Lions Club at 7 p.m. at Lions Clubhouse, 417 Lincoln Ave. 669-7941 or 867-6038.
- Woodland Luna Vista Rotary Club at 6 p.m. at Morgan's On Main, 614 Main St. 916-996-9815.
- Rainbow Girls, Woodland Assembly No. 2 at 6:45 p.m. on the second Tuesday, at the Woodland Masonic Lodge, 228 Palm Ave. 707-365-0829.

#### Wednesday, April 15

- Woodland Senior Bridge Club at 12 noon at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- · Art Workshop (painting & drawing) at 9:30 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Domestic Violence Support Groups for Women from 6 to 7:30 p.m., drop-in basis. For location 661-6336.
- Woodland Host Lions at 11:30 a.m. at the Boy Scout Cabin, 515 Lincoln Ave. 669-7941 or 867-6038.
- Food Addicts in Recovery Anonymous from 7 to 8:30 p.m. at Davis United Methodist Church, 1620 Anderson Rd., Davis, 219-6675.
- Soroptimist International of Woodland at 12 noon on the second Wednesday. Please email siwoodland@soroptimist. net for location.
- VFW Post No. 1985 at 7:30 p.m. on the second Wednesday at 345 Kentucky Ave. 668-9930.
- Jobs Daughters, Bethel No. 260 at 7 p.m. on the second Wednesday at the Woodland Masonic Temple, 228 Palm Ave.
- Woodland Street Cruisers at 7 p.m. on the second Wednesday. Guests welcome. 662-3814 for location.

- Woodland Emblem Club No. 516 monthly meeting at 4 p.m. on the second Wednesday at the Woodland BPOE Lodge, 500 Bush St.
- YoloArts Knowledge@Noon from 12-12:45 pm Speaker: Susan Kaiser of UC Davis, at The Barn Gallery/Gibson House | 512 Gibson Rd. 530-309-6464 www. yoloarts.org

#### Thursday, April 16

- Woodland Sunrise Rotary at 7 a.m. at Cracchiolo's Banquet Hall, 1320 E. Main St. 662-1020.
- Eagles Auxiliary No. 2345 at 7:30 p.m., Eagles Hall, 37650 Highway 16. 662-7273.
- Woodland PM Toastmasters Club from 7 to 8 p.m. at Bel Air, 1885 E. Gibson Road. toastmasterswoodland@gmail. com or meetup.com/Woodland-PM-Toastmasters.
- Woodland Masonic Lodge #81 monthly family dinners on the second Thursday at 228 Palm Avenue. \$10 donation for dinner is appreciated, but not required of members and guests. Open to the public. 662-5978.
- Yolo County Taxpayers Association from 7 to 9 p.m. on the second Thursday at Norton Hall, 70 Cottonwood St. 309-8065, or yolocountytaxpayers@gmail.com.
- Fall Prevention Workshop 10am-12noon - St. John's Retirement Village, 135 Woodland Ave. 662-1290
- The Barn Gallery Opening Reception Exhibition: Women's Eco Artist Dialog from 5:30-8 pm at The Gibson House & Property 512 Gibson Rd. 530-309-6464 www.yoloarts.org



#### Friday, April 17

• Overeaters Anonymous at 6 p.m. at St. Luke's Episcopal Church Guild Hall, 515 2nd St. 603-307-2339.

- B.A.C.A., Bikers Against Child Abuse at 7 p.m. on the second Friday at the VFW Hall, 345 W. Kentucky Ave. Open to the public. 668-5688.
- Conversations About The End of Life - Planning Ahead: Advance Directives at 10 a.m. at Woodland Community & Senior Center, 2001 East St. 661-2001 or RSVP to the Senior Center Welcome Desk.



#### Saturday, April 18

- Davis Farmers Market from 8 a.m. to 1 p.m. year round at Central Park, 4th & C St., Davis. 756-1695 or www. davisfarmersmarket.org.
- Friends of the Library Second Saturday Book Sale from 9 a.m. to 12 noon at the library, 250 First St. woodlandfol.
- The Barn Gallery | Exhibition: Women's Eco Artist Dialog open from 1 - 4 pm at The Gibson House & Property, 512 Gibson Rd. 530-309-6464 www. yoloarts.org
- St.John's Church Inaugural Charity Bike Ride beginning and ending at the steps of the church at 432 Cleveland Street. \$50 Entry fee, check in begins at 7:00 a.m. For more info or to register online visit www. stjohnswoodland.net



#### Sunday, April 19

 Cabrillo Club Membership Dinner featuring Portuguese Sopas. Open at 4:00 pm, dinner 5:00 pm. Adults \$20, youth \$12, under 12 free. Reservations requested 530-666-4059



#### Monday, April 20

 Needles & Friends (quilting, needlework, crafts) at 9 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.

April 2020 - 17





#### Calendar



- Kiwanis Club of Woodland at noon at Cracchiolo's, 1320 E Main St. woodlandkiwanis.com.
- Elks Bingo from 6:30 to 10 p.m. at Woodland Elks Lodge, 500 Bush St. 662-9138 or woodlandelks.org.
- Incest Survivors Anonymous at 7 p.m. at Cache Creek Lodge; 435 Aspen St. 385-2652.
- Take Off Pounds from 6 to 7:30 p.m. at Lincoln Garden (Club House), 836 W. Lincoln Ave. 662-7013.
- DeMolay, Woodland Chapter, at 7:30 p.m. on the first and third Monday at Woodland Masonic Lodge, 228 Palm Ave. 681-2411.
- The Davis Vacaville Chorus of the Barbershop Harmony Society from 7 to 9 p.m. at the Community Presbyterian Church, 425 Hemlock St., Vacaville. 661-3748 or westvalleychorus.com.

#### Tuesday, April 21

- Baby & Me Support Group for moms, dads and primary caregivers of 5800 or 662-8000. cityofwoodland.org.
- Reveille Lions Club at 7 a.m. at Denny's on North West St. 666-6626.
- Woodland Rotary Club at noon at Hotel Woodland, 436 Main St. 908-3443.
- Woodland Sunset Lions Club at 7
   p.m. at Lions Clubhouse, 417 Lincoln

   Ave. 669-7941 or 867-6038.
- Woodland Luna Vista Rotary Club at 6 p.m. at Morgan's On Main, 614 Main St. 916-996-9815.
- Outa Sight Group, Inc. Self Help Group from 12:30 to 2 p.m. on the first and third Tuesday at Woodland Community Center, 2001 East St. 662-9521.

 Yolo County District Attorney, Jeff Reisig presentation. Light refreshments at 6:00 p.m.
 Presentation begins at 6:30 p.m. at St.John's Church Social Hall 432 Cleveland Street. For more info (530) 662-5921.

#### Wednesday, April 22



- Woodland Senior Bridge Club at 12 noon at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Art Workshop (painting & drawing) at 9:30 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Domestic Violence Support Groups for Women from 6 to 7:30 p.m., drop-in basis. For location 661-6336
- Woodland Host Lions at 11:30 a.m. at the Boy Scout Cabin, 515 Lincoln Ave. 669-7941 or 867-6038.
- Food Addicts in Recovery Anonymous from 7 to 8:30 p.m. at Davis United Methodist Church, 1620 Anderson Rd., Davis. 219-6675.
- Soroptimist International of Greater Davis at 7 p.m. on the first and third Wednesday at Carlton Plaza 2725 Fifth St., Davis. 756-1650 or reetham@comcast.net.

 The Barn Gallery | Exhibition: Women's Eco Artist Dialog open from 1 - 4 pm at The Gibson House & Property, 512 Gibson Rd. 530-309-6464 www.yoloarts.org

#### Thursday, April 23

- Woodland Sunrise Rotary at 7 a.m. at Cracchiolo's Banquet Hall, 1320 E.
   Main St. 662-1020.
- Eagles Auxiliary No. 2345 at 7:30 p.m., Eagles Hall, 37650 Highway 16. 662-7273.
- Woodland PM Toastmasters
   Club from 7 to 8 p.m. at Bel
   Air, 1885 E. Gibson Road.
   toastmasterswoodland@gmail.
   com or meetup.com/Woodland-PM Toastmasters.
- Fall Prevention Workshop 10am-12noon - St. John's Retirement Village, 135 Woodland Ave. 662-1290
- The Barn Gallery | Exhibition:
   Women's Eco Artist Dialog open from
   1 4 pm at The Gibson House &
   Property, 512 Gibson Rd. 530-309-6464 www.yoloarts.org

#### Friday, April 24

- Overeaters Anonymous at 6 p.m. at St. Luke's Episcopal Church Guild Hall, 515 2nd St. 603-307-2339.
- Conversations About The End of Life
   Planning Ahead: Advance Directives at 10 a.m. at Woodland Community
   Senior Center, 2001 East St. 661-2001 or RSVP to the Senior Center Welcome Desk.
- "Singin' in the Rain" at 7:30 p.m. at the Woodland Opera House, 340 2nd St. Tickets available online at woodlandoperahouse.org or by calling 666-9617.





#### Community



#### Saturday, April 25

- · Davis Farmers Market from 8 a.m. to 1 p.m. year round at Central Park, 4th & C St., Davis, 756-1695 or www. davisfarmersmarket.org.
- The Barn Gallery Collage Workshop from 1 to 4 pm at The Gibson House & Property 512 Gibson Rd. 530-309-6464 www.yoloarts.org
- "Singin' in the Rain" at 7:30 p.m. at the Woodland Opera House, 340 2nd St. Tickets available online at woodlandoperahouse.org or by calling 666-9617.



#### Sunday, April 26

• "Singin' in the Rain" at 2 p.m. at the Woodland Opera House, 340 2nd St. Tickets available online at woodlandoperahouse.org or by calling 666-9617.



#### Monday, April 27

- Needles & Friends (quilting, needlework, crafts) at 9 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Kiwanis Club of Woodland at noon at Cracchiolo's, 1320 E Main St. woodlandkiwanis.com.
- Elks Bingo from 6:30 to 10 p.m. at Woodland Elks Lodge, 500 Bush St. 662-9138 or woodlandelks.org.
- Incest Survivors Anonymous at 7 p.m. at Cache Creek Lodge; 435 Aspen St. 385-2652.
- Take Off Pounds from 6 to 7:30 p.m. at Lincoln Garden (Club House), 836 W. Lincoln Ave. 662-7013.
- The Davis Vacaville Chorus of the Barbershop Harmony Society from 7 to 9 p.m. at the Community Presbyterian Church, 425 Hemlock St., Vacaville. 661-3748 or westvalleychorus.com.
- Anticipatory Loss Support Group from 7 to 8:30 p.m. on the second

and fourth Monday at Yolo Hospice, 1909 Galileo Ct. Ste A. Davis, Drop-in group. 758-5566 or ddeerfeeder@ yolohospice.org.



#### 🖣 Tuesday, April 28

- . Baby & Me Support Group for moms, dads and primary caregivers of 5800 or 662-8000. cityofwoodland.org.
- · Reveille Lions Club at 7 a.m. at Denny's on North West St. 666-6626.
- Woodland Rotary Club at noon at Hotel Woodland, 436 Main St. 908-3443.
- Woodland Sunset Lions Club at 7 p.m. at Lions Clubhouse, 417 Lincoln Ave. 669-7941 or 867-6038.
- Woodland Luna Vista Rotary Club at 6 p.m. at Morgan's On Main, 614 Main St. 916-996-9815.
- Woodland Parkinson Support Group from 1-2:30PM on the fourth Tuesday at Woodland Community and Senior Center, 2001 East St., Meeting Room 1. 530 661-1950 or bemurray2008@ gmail.com.



#### Wednesday, April 29

- Woodland Senior Bridge Club at 12 noon at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Art Workshop (painting & drawing) at 9:30 a.m. at the Woodland Community & Senior Center, 2001 East St. 661-2001.
- Domestic Violence Support Groups for Women from 6 to 7:30 p.m., dropin basis. For location 661-6336.
- Woodland Host Lions at 11:30 a.m. at the Boy Scout Cabin, 515 Lincoln Ave. 669-7941 or 867-6038.
- Food Addicts in Recovery Anonymous from 7 to 8:30 p.m. at Davis United Methodist Church, 1620 Anderson Rd., Davis, 219-6675.

- Soroptimist International of Davis from 11:45 a.m. to 12:45 p.m. on most Wednesdays at Odd Fellows Hall, 415 Second St., Davis. learose@jps.net or sidavis.org.
- The Barn Gallery | Exhibition: Women's Eco Artist Dialog open from 1 - 4 pm at The Gibson House & Property, 512 Gibson Rd. 530-309-6464 www. yoloarts.org



#### Thursday, April 30

- Woodland Sunrise Rotary at 7 a.m. at Cracchiolo's Banquet Hall, 1320 E. Main St. 662-1020.
- Eagles Auxiliary No. 2345 at 7:30 p.m., Eagles Hall, 37650 Highway 16. 662-7273.
- Woodland PM Toastmasters Club from 7 to 8 p.m. at Bel Air, 1885 E. Gibson Road. toastmasterswoodland@gmail.com or meetup.com/Woodland-PM-Toastmasters.
- Fall Prevention Workshop 10am-12noon - St. John's Retirement Village, 135 Woodland Ave. 662-1290.

#### **Notes from** the Editor

ATTENTION! Local non-profits and community organizations! We want to hear from you! Do you have a story or upcoming event you would like to share with the community? To submit information to be included in future Community Calendars, or to submit an article for publication, please send an email to content@aroundtownwoodland. com. We welcome information from individuals, fraternal organizations, clubs, schools, youth groups, nonprofit groups, scout troops, etc.

Deadline is the 28th of the month for publication on the last Wednesday of the following month. Please include a contact name and phone number.

#### Woodland Schools Foundation's Burgers & Brew Fundraiser, Thursday, April 2, 2020

ome support Woodland schools by enjoying an evening out at the Woodland Schools Foundation's 10th Annual Burgers & Brew dinner and auction, Thursday, April 02, 2020, at the Woodland Community Center. Unwind with friends over gourmet burgers, (meat and veggie) beans, salads and desserts and hosted beer and wine, all for the low price of \$25! Silent auction items created by the students of the Woodland Joint Unified School District will be available for bid as well as live auction items.

The event's activities will include a social hour with a silent auction starting at 5:30 and dinner served from 6:30 to 7:30. Our cooks this year will be members from the Woodland 1970s Reunion group as well as assistance from the Culinary Arts students from Woodland and Pioneer High Schools. Floral designs will be provided by

students from Woodland High School. Tickets are \$25 each and can be purchased at National Town and Valley Properties, any school in the Woodland Joint Unified School District or online at brownpapertickets.com. A few tickets will be available at the door for \$30 each, but event organizers strongly recommend purchasing tickets in advance. This year, credit and debit cards will be accepted at the live and silent auctions.

This annual event has raised over \$100,000 in the last ten years, which has been used for a wide variety of educational programs to enhance our students' academic growth including: GATE programs, music programs, STEM education support items, culinary arts, agricultural programs, sports and so much more. In addition, WSF has given \$1000 to each school principal for the past several years to use toward student enrichment.



Woodland Schools Foundation is a local non-profit operated by parent and community volunteers. The Woodland Schools Foundation is a completely independent non-profit that raises money for the schools and programs of the Woodland Joint Unified School District. For more information, please visit www.woodlandschoolsfoundation. org or https://www.facebook.com/WoodlandSchoolsFoundation/













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### **Commit2Fit April**

ooking for some motivation and support to live healthy and fit? Do you need a push to try something out of your comfort zone? Or do you just like fitness challenges where you can win some great prizes? Join fellow Woodlanders during the month of April for "Commit2Fit" – (C2Fit). Anyone that lives, plays, or works in Woodland is welcome to participate.

C2Fit is a citywide fitness initiative aimed to increase physical activity and promote a healthy lifestyle. The City and some of its community partners have joined together to motivate our community and create awareness of how living a healthy lifestyle is easy and fun. Sponsors for this program include Yolo County, Dignity Health, Kaia FIT, YMCA, Cross Court Athletic Club, Oasis Club & Spa, Makoto Kai Healing Arts, Woodland Bike Garage, and Woodland Joint Unified School District.





Registration is easy at www.
C2FWoodland.org. After registering you will receive a calendar of free exercise events and a fitness log. Simply record the amount of time you spend engaging in physical activity alone or by attending free exercise classes. You will turn in your fitness log at the Raffle Event on Thursday, April 30th, from 5:30-6:30p

at the Woodland Community & Senior Center, 2001 East St. Raffle prizes include fitness trackers, outdoor equipment, gym memberships, and health & fitness related prizes.

For more information visit www. C2FWoodland.org or call the Community Services Department at (530) 661-2000.

#### **Attention!**

Local Non-Profits & Community Organizations

WE WANT TO HEAR FROM YOU! Do you have a story or upcoming event you would like to share with the community?

We want to hear from you and share with our readers what is going on **AroundTown.** We are accepting full page and half page stories for our monthly AroundTown publication. Please submit your story and any photos you would like to include to **content@aroundtownwoodland.com** by the **28th** of the month prior to publication. Full page stories should be approx. 500-600 words and half page stories approx. 300-400 words. Please note there is no guarantee your story will publish based on available space, seasonal/monthly appeal and our own editorial discretion.

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#### Experience What St. John's Has to Offer!

# Fall Prevention Workshop March 26 • 10:15 a.m. - 11:15 a.m.

Four week fall prevention course with St. John's CEO Sean Beloud. Falls are a leading cause of injury for people over age 65. Dynamic Therapy Solutions will provide attendees with tools to increase safety at home.

RSVP to reserve your space at these events!

All events will be held in the St. John's chapel.

Please call (530) 662-1290 or email info@sjrv.org



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