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SEPTEMBER 2019 § VOL. 18

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LAFAYETTE 148





ROBBI DAVIS

Robbi Davis, President of The Robbi Davis Agency, Inc., took her passion to help others and made it into a successful career. Robbi started her career in group health insurance sales in central Arkansas in June 1985 and is still just as passionate today about her job as she was 34 years ago.

Robbi opened The Robbi Davis Agency, Inc. in June 1996 so she could better serve her clients. Today, the agency is ranked as one of the top 10 employment benefit agencies in Arkansas and is one of the few agencies that is still locally owned and operated.

The agency specializes in group and individual health, dental, vision, life, disability insurance and Medicare products. The goal of The Robbi Davis Agency, Inc. is to provide unprecedented customer service. Phone calls to the agency are answered by a live person and clients enjoy front door parking.

This is Robbi's eighth consecutive year to be named a Little Rock Soiree Best Insurance Agent. Robbi and her team of experienced, licensed agents will make the process of purchasing the insurance you need an easy one!



Robbi Davis, President, has sold group health insurance in Arkansas since 1985. This is Robbi's eighth consecutive year to be named a *Little Rock Soirée* Best Insurance Agent.



DENISE PRATER

Denise Prater serves as the Senior Health Marketing Specialist for The Robbi Davis Agency, Inc. Denise has been in the insurance industry for 28 years in Oklahoma and Arkansas. She has two grown children, Megan and David, and four grandchildren.

She serves as a consultant and enrollment specialist for Medicare Supplements, Advantage Plans and Prescription Drug Plans. When you are wading through the vast amount of mail solicitation leading up to your 65th birthday, you ask yourself...

- •What are my options?
- •What plan is right for me?
- •How do I choose the best plan?
- •What can I afford?

Without a doubt, Medicare can be difficult to maneuver on your own. Denise will take you step by step through the process until she finds the best plans that fit you and your budget. And as always, there is no fee for her service.

It is also important to remember that you should review your current prescription drug plan and/ or Medicare Advantage plan each year during open enrollment and make any changes that are necessary. The Medicare open enrollment is October 15-December 7.



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contents/september



Little Rock is home to one of the nation's largest populations per capita of people with visual impairments, and Industries for the Blind Solutions is serving that community unlike anyone else.

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18/Little rock soirée's cutest dog

Get to know the spunky pup who took home the 2019 crown.

$23/{ m Fine}$ print

From California minimalism to 1950s opulence, Jonathan Parkey styles three high-fashion scenes inspired by some of fashion's biggest names.

$30/{ m forces}$ for good

Ahead of the annual Power of the Purse luncheon, co-chairs Alison Williams and Sarah Catherine Gutierrez share what the Women's Foundation of Arkansas has up its sleeve for the months and years to come.

32/ it's all in the past

History lover Lori Burrows promotes her favorite subject through the Historic Arkansas Museum.

$36/{ m color}$ code

With a quarter of a century under its running belt, Susan G. Komen's iconic event is getting a makeover with its famous hue in tow.

$39\!/$ Fall Fashion: Golden Hour

High above downtown Little Rock, get lost in the grand views, rich fabrics and luxe textures of the season.

$63/{ m central}$ little rock local guide

Our biannual guide to the best restaurants, shopping and more in The Heights, Hillcrest, Midtown and Riverdale.

82/ No bad hair days

The duo behind Carter | Miller salon break down some of their favorite of-the-moment products and styles, plus what trends to look for in the coming year.



ON THE COVER:

Model SAVANNAH SKIDMORE wearing a coat by FABIANA FILIPPI from B.BARNETT. Earrings, bracelets and rings by SINGLE STONE, necklaces by CYNTHIA ANN from ROBERSON'S FINE JEWELRY.

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the september edit: au naturel

Ah yes, the September issue. Once again our style team knocked it out of the park, and I know you'll fall head over heels for our fall fashion feature, just like I did.

But when style and story connect, it's music to this editor's ears.

In the spirit of both, I sat down with jeweler Laura Stanley to discuss the one-of-a-kind necklace she donated for auction at the Historic Arkansas Museum's Candlelight Gala sourced from the little-known turquoise mine right here in The Natural State.

– Jess Ardrey, Editor

See more Arkansas turquoise pieces by Laura Stanley on p. 35

Tell me about the piece up for auction at the Candlelight Gala.

I donated a beautiful necklace, a strand of Arkansas turquoise beads tapered in size from 10 to 15mm. They are cool blue with green tones (plus a few splashes of white and brown), and have excellent luster and a very smooth high polish with interesting swirls and color mottling. Many people say looking at the beads is like looking at a string of little planet Earths.

The beads are strung and knotted on silk thread, which is also turquoise in color to blend. They are attached to a 14-karat yellow gold clasp. The strand is 20 inches long, so it's a great length for almost any neck. However, if the purchaser wants them restrung to a shorter length, I will gladly do that for them at no charge.

How does your love for Arkansas turquoise affect how you view the Historic Arkansas Museum's mission?

I love the museum's focus on all things made in our state. I think having these beautiful turquoise beads — which formed here, are mined here and are transformed into jewelry here — is a triple dose of Arkansas love.

Photography by Vince Palermo



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CONTACT US

PHONE: 501.372.1443 | FAX: 501.375.7933 MAIL: 114 Scott St., Little Rock, AR 72201 TO REACH THE EDITOR: JArdrey@ABPG.com TO ADVERTISE: MRichardson@ABPG.com TO SUBMIT AN EVENT FOR THE CALENDAR: LittleRockSoiree.com/Datebook TO FIND A COPY OF THE MAGAZINE: Dana@ABPG.com

FOR REPRINTS OF ARTICLES: AScott@ABPG.com



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PUBLISHER / Mandy Richardson EDITOR / Jess Ardrey DEPUTY ONLINE EDITOR / Tre Baker ART DIRECTOR / Vince Palermo PHOTOGRAPHER / Jason Masters STYLIST / Malina Tabor

EDITORIAL

COPY EDITOR / Heather Honaker EDITORIAL INTERN / Abbey Peterson EVENT PHOTOGRAPHER / Mark Friedman

SALES & MARKETING

ACCOUNT EXECUTIVES / Sloane Grelen, Bethany Robinson ADVERTISING COORDINATORS / Maddie Brodell, Bethany Johnson EVENTS DIRECTOR / Tiffany Mattzela MARKETING & EVENTS ASSISTANT / Kelli Roy EDITOR/RESEARCHER / Rebekah Eveland

DESIGN

PRODUCTION MANAGER / April Scott SENIOR ART DIRECTOR / Irene Forbes ADVERTISING ART DIRECTORS / Omar Alonso, Dean Wheeler

CIRCULATION

CIRCULATION MANAGER / Dana Wade SENIOR CIRCULATION COORDINATOR + OPERATIONS SPECIALIST / Shannon Ponder CIRCULATION ASSISTANT / De'Jarnette Johnson

ADMINISTRATION

ACCOUNTING MANAGER / Natasha Norris ACCOUNTING SUPERVISOR / Kim Clark HUMAN RESOURCES / Bill Page EXECUTIVE ASSISTANT & SPECIAL PROJECTS COORDINATOR / Kristen Heldenbrand



PRESIDENT / Mitch Bettis CONSUMER PUBLISHER / Rachel Pitre BUSINESS PUBLISHER / Chris Bahn

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ADVERTISEMENT

4 WAYS Arkansas Game and Fish Commission Can Help Limit Screen Time

uring the last two decades, digital devices have drawn people, especially youngsters, indoors. A generation has become more interested in monitors and screens than the outside world. At AGFC, we aren't against technology or screen time. We want to help parents and kids be able to balance it with outdoor time. Imagine what can be discovered beyond the screen.

Learn an Outdoor Skill Together

The Outdoor Skills Program offers knowledge and hands-on experience to hone your skills in a variety of outdoor pursuits, including: archery, conservation leadership, fishing, game-calling, hunting, marksmanship, paddle sports, trapping and wildlife-watching. Courses are offered year-round at the Witt Stephens Jr. Central Arkansas Nature Center in Little Rock and the Mike Huckabee Delta Rivers Nature Center in Pine Bluff.

Go Fishing at a Stocked Family and Community Fishing Pond

The Family and Community Fisheries Program enhances and creates destinations in urban areas, so excellent fishing is available within a stone's throw of all Arkansans. AGFC stocks over a dozen lakes and ponds in the Little Rock area with catchable-size catfish and trout so that families can enjoy a successful fishing experience together. A full list of locations where you can loan out fishing equipment and the locations of these ponds are found at AGFC.com

Take a Float on an AGFC Water Trail

AGFC develops public paddling trails throughout the state, creating well-mapped accessible day trips in a variety of settings and for all levels of paddling experience. Nestled in the middle of the Little Rock Metro you will find the Little Maumelle River Water Trail. This water trail is free of rapids and a great float for paddlers of all skill levels and ages. Contact Pinnacle Mountain State Park for guided float trips, and canoe and kayak rentals.

Explore Nature and Conservation with Us

AGFC has 9 Nature and Education Centers across the state. These locations are part classroom, part museum, and part outdoor playground. Admission is FREE and visitors of all ages are welcome to connect with nature through interactive exhibits, programs, aquariums, and wildlife.

Visit AGFC.com to find out how AGFC can help you plan ways to get outside.







Malina Tabor

After a career in corporate marketing, Malina Tabor decided to shake things up. With a childhood dream of working at a magazine and a degree in journalism, Malina is now *Soirée's* monthly fashion contributor and the stylist behind this month's spring fashion feature. She's also a mom to 5-year-old Nate, the one person who absolutely never takes her style advice.

CONTRIBUTORS

Jason Masters Jason, who shot this month's features, including

the cover, is an Austin, Texas, native based in Little Rock. He has been shooting for Soirée for more than 10 years, and his work can be found in *Teen Vogue, Martha Stewart Living, The Knot, Wall Street Journal, Texas Monthly* and *Martha Stewart* Weddings, among others. When not photographing beautiful places and people, Jason can be found at the ballpark watching his two sons play or sneaking away for a quick vacation with this wife and kids.





Lori Wenger

Hair and makeup maven Lori Wenger is an Arkansas native who's been in the biz for more than 15 years. Whether styling still photography, home interiors or playing with makeup, she loves her behind-the-scenes career. When she's not on a photography set, she enjoys relaxing with family and friends and trying out fun, crafty projects with her kids. Find her on Instagram at @lori_wenger.

Jonathan Parkey

Whether working with clients to create spectacular events and parties or families and businesses to create functional and inimitable spaces, Jonathan Parkey harnesses his gifted, imaginative spirit to transform environments fit for each client and occasion. Beginning with a world-class musical theater pedigree that led to the cutting-edge world of innovative fashion brands and luxury label start-ups in New York, Jonathan brings his vast knowledge of international markets, timeless design and unorthodox style to every aspect of J. Parkey, including our fashion-inspired tablescapes shoot on p. 23.



Thom Shock

This month's fashion shoot was shot on location at the home of Thom Shock. This is the fourth downtown condo Shock has designed and remodeled. The Conway native enjoys the creative process of architecture and design.









Celebrating something special? Be sure to register with our Bridal Registry or Wish List!

Annie Trotter & Adam Nelson September 1, 2019

Peyton Weaver & Clayton Bowers September 15, 2019

Bailey Colbert & Walter Mahone September 21, 2019

Amairani Paredes & Maximillian Lester September 21, 2019

Jean Caroline Clogston & Gustavo Freitas September 27, 2019

> Melissa Hanley & Logan Dumon September 28, 2019

Ashley Kerksieck & Paxton Elliott October 5, 2019

Katherine Batey & Michael Wilkerson October 12, 2019

Virginia Osborne & Andrew Kumpuris October 12, 2019 *Grace Roberts & Dillon Goins* October 12, 2019

Sara Harris & Nathan Hanle October 19, 2019

Hailey Hickerson & Jack Thomas October 19, 2019

Ashton Coleman & Zack Smith October 26, 2019

Lexy Baden & Vann Berry November 9, 2019

Enin Hearnsberger & Alex Melton November 9, 2019

Sara Chatman & Jacob Brooks December 7, 2019

Haley Hornbeck & Andy Boveda December 7, 2019

Leanne Metzger & Drew Carter December 7, 2019 Kathleen Thomas & Garrett Lile December 7, 2019

Elizabeth Studer & Zach Walker December 14, 2019

Katherine Friend & James Hoffman December 21, 2019

Morgan McKinney & David Golden February 1, 2020

> *Korry Dunn & Seth Willis* February 22, 2020

Jaden Malone & Sam Dunkum April 4, 2020

Elizabeth Bennett & Cole Jester May 30, 2020

Lyndon Albright & Blake Purnell June 6, 2020

Lauren Walters & Coby Howell June 13, 2020



First launched in San Francisco in 1965, Agraria considers a homes fragrance as the most important decorative accessory. The luxurious home fragrance brand makes an array of amazing scents such as AirEssence, PetiteEssence, and home products like liquid diffusers and candles. The flowers that sit atop each decadent bottle are also hand-made one petal at a time from paper-thin sola plant slices, perfectly designed to infuse and illuminate any home.

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NONPROFIT NEWS

Stay up-to-date on the city's nonprofits with this quick, monthly snapshot of news worth noting.

GO, NINJA, GO!

A few years ago, "American Ninja Warrior" took the nation by storm, the televised obstacle course competition becoming the prime topic of water cooler conversation and flooding everyone's social media feeds.



Little Rock's own Ninja Warrior Josh Harris recently made his ANW debut to chants of "Food Dude" as he swung and jumped his way through the course — a nickname he earned as director of Fresh2You, a nonprofit mobile market here in the capital city.

The converted bus is now a farmers market on wheels distributing free and fresh produce, meat and dairy to people in the area. The bus makes its rounds once a week and is able to serve approximately 300 people every month.



Now The Food Dude is making worlds collide. The Feed Our City Ninja Fest on Sept. 28 at the Clinton Presidential Center is a family-friendly event with obstacle courses for all ages, prizes for the best runs and a few Ninja celebrities like "Big Kat" Karsten Williams and "The Law Ninja" Brian Burkhart.

The best part? All proceeds go directly toward stocking the Fresh2You bus. You go, ninja.

Learn more on the Fresh2You Mobile Market Facebook page.

BIG MOVES:



El Paso transfer **Dr. Victoria Ramirez** was announced as the new executive director of the Arkansas Arts Center.



Dr. George Hutchison is now the new medical director of patient access at CHI St. Vincent in Little Rock.

SAVE THE DATE:

Cupcakes for Goodness Sake Oct. 12

As if the promise of a cupcake festival wasn't enough, this annual block party raises funds for **CareLink** services.

World Cheese Dip Championship Oct. 5

That goes double for cheese dip, where this cheesy throwdown benefits Harmony Health Clinic.

Beethoven & Blue Jeans Nov. 10

Ludwig goes lax at this **Arkansas Symphony Orchestra** concert where musicians and audience members alike ditch the fancy getups for their favorite pair of jeans.

Send your nonprofit news to info@littlerocksoiree.com

41 NEVER LOOKED SO GOOD

Excitement is in the air about town now that Ballet Arkansas is back in the studio preparing for the first of many performances lining its 41st season. With new board leadership, three new professional dancers joining the ranks and a season filled with vibrant repertory, the energy within the organization is palpable.

"This year Ballet Arkansas is expanding further into storytelling," says Michael Fothergill, executive and artistic director. "Our dancers are fueled by the narrative present in full-length ballets, and of course the community loves them." Central Arkansas' only professional ballet troupe will present three full-length story ballets this season in addition to "The Nutcracker." World premieres of "Sleepy Hollow" and "Cinderella" take the stage in October and February, and an interactive, choose-your-own-adventure version of "Snow White" closes the season. Both "Cinderella" and "Snow White" will feature community casts.



"We've got a lot of homegrown talent in our ranks, and this program gives them the wings to soar," Fothergill says. Ballet Arkansas will present two additional programs this year, both mixed bills that feature a bold array of classical and contemporary dance. "Debut" is a dancer-choreographed concert set for November at the Argenta Community Theater. In the spring, "Master/Works" features live music and works by luminaries such as Gerald Arpino and internationallyacclaimed contemporary choreographer Yoshito Sakuraba. Ballet Arkansas will also open the Acansa Arts Festival this month with a unique contemporary dance installation in which four large works of visual art will be created by the motion of the dancer's bodies live with audience participation.

To learn more or to get your tickets today, BalletArkansas.org.

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Meet Louka: Little Rock Soirée's Cutest Dog 2019

Photography by Vince Palermo Shot on location at Bark Bar Floral collar by Tipton & Hurst

Louka made his way past a panel of judges, two rounds of reader voting and dozens of furry competitors to win the title of *Little Rock Soirée's* Cutest Dog 2019. Now meet the spunky pup who took home the crown.



Loukanikos (aka Louka)

Breed: Terrier mix

Owners: Brittany Wood and Cameron Still

Personality: "Smart, spunky and stubborn, but all with the best of intentions."

Brittany's favorite thing about Louka:

"I love how good Louka is with other dogs. He can play with just about anyone, and has never met a dog he didn't like. He's very good at tempering his play style to best fit his playmates; he can be dominant or submissive, gentle with the small dogs or rougher with the big ones. He just wants to make sure everyone has a good time!"

How Louka came home:

"Louka was CARE's first rescue of 2019. He came to CARE (Central Arkansas Rescue Effort for Animals) on Jan. 1 after a dog owner had an accidental litter of puppies. I met him the next day when we came back to work (I'm CARE's volunteer coordinator) and took him home that night to foster.

My fiancé and I fell in love right away. We put up with lots of accidents and sleepless nights, but it was all worth it because Louka was such a fun little guy. I knew I wanted to adopt, and I begged my fiancé to let me, but he said no. Then one day I came to work at CARE and there was an adoption contract on my desk for Louka with our names on it! He'd tricked me and planned the adoption with my coworker.

Since then, Louka's come to work with me nearly every day where he greets visitors and makes the new dogs feel welcome by getting them to relax and play. I think he really helps show the other dogs that CARE is a fun, happy place and that they don't need to be scared, that their lives are only going to get better once they come here."

Louka's Favorites:

Treat: Nudges Grillers Park: MacArthur Dog Park Toy: Hol-ee Roller ball or SwiftPaws home lure

Activity: Going to Bark Bar with his best friend and CARE alumni Parrot

Guilty pleasure: Eating cat poop

O Follow Louka's adventures: @buddybucko





Little Rock Soirée hosted a festive brunch honoring the 2019 class of Best Real Estate Agents. Special thanks to Heights Taco & Tamale Co. for providing a fantastic spread and specialty cocktails — the perfect way to launch our July homes issue.

Photography by Amanda Cordell

























Line of Sight

Little Rock is home to one of the nation's largest populations per capita of people with visual impairments, and Industries for the Blind Solutions is serving that community unlike anyone else.

By JESS ARDREY | Photography by JASON MASTERS

Clothing from B.BARNETT. Styled by MALINA TABOR. Hair and makeup by LORI WENGER. very so often, a story or statistic about Arkansas arises that makes even life-long residents of The Natural State cock their heads and wonder how they never knew it. Today, it's this: Arkansas has the second largest population per capita of individuals with visual impairments, many of whom live in the Little Rock metro.

Little Rock is also home to multiple nonprofits and organizations — like World Services for the Blind and the Arkansas School for the Blind and Visually Impaired — that are dedicated to helping this community live full, happy, inclusive lives in any way they can.

No, it's not a coincidence. This community was built thoughtfully, intentionally, by individuals and groups who worked to help meet a need, which in turn brought more people who shared that need to a place where arms and doors were thrown open wide.

Industries for the Blind (IFB) Solutions is one of those places with wide open doors. Set in a 66,000-square-foot warehouse, the nonprofit provides training, employment and services for people who are blind or visually impaired, who in turn manufacture 30 different products for the military, federal customers and private businesses.

Until 2014, IFB Solutions was known as Arkansas Lighthouse for the Blind, a nonprofit born out of a small workshop opened in 1940 by Rev. Jeff Smith, who was also blind. In 1945, the group expanded to a space that was personally dedicated by Helen Keller herself, before expanding again to its current location in 1966.

Five years ago, the nonprofit joined forces with IFB Solutions, an organization headquartered in North Carolina with two other nearby locations in Asheville and Winston-Salem, a move that helped provide needed resources to the Arkansas group.

"Actually, a lot of people locally still call it Arkansas Lighthouse for the Blind," says IFB Solutions advisory council chair Madeline Moore, "and while it's not entirely accurate, we love that people know it's been here in their community and feel connected to it."

Moore, a senior human resources manager for Arvest Bank in central Arkansas, joined the council about three years ago after learning about the nonprofit from a coworker.

"I did my research and learned who they were and what they did. That was all it took to spark my passion for it," Moore says. "But when I toured the facility, I knew I was hooked."

Inside the warehouse, employees manufacture a list of assorted items including military apparel and accessories like belts, bags and T-shirts, as well as environmentally friendly spiral-bound notebooks, memo pads and custom promotions for government contracts. The North Carolina centers produce their own specific lineup of products including mattresses and extremeweather outerwear, and even teach skills like ultrasonic welding and full-scale digital cutting.

Nationally, the unemployment rate for working-aged people who are blind or visually impaired sits at a whopping 70%. Of those who do work, IFB Solutions is the nation's largest employer. The Little Rock facility currently employs 71 people who are blind or visually impaired. And for those employees, IFB Solutions is a family, one employees often commit to for decades.

But it doesn't stop at the warehouse. IFB Solutions also offers services like workforce training programs and its Community Low Vision Center where visitors can learn how to use adaptive low-vision technology at work and home. This includes everything from using raised, adhesive bump dots to help identify buttons on a stove to devices that allow them to use cell phones and computers, technology that makes many careers much more accessible.

"Some people come in who have been blind all their lives, and some come in who can no longer read or drive or have lost their independence, and they're just moved to tears by what they're able to do at the center," Moore says. "We had a 90-year-old man who wept because he never thought he'd be able to read his own Bible again."

And that's exactly what IFB Solutions is working toward: empowering individuals, lending a level of independence and aptitude that lift the spirit in ways few other methods can.

"Often these are people who developed impairments over time who never imagined they wouldn't be in a role for their family where they'd be the breadwinner or caregiver or any number of things," Moore says. "It's incredible for them to contribute in such a way and to see them thrive."

IFB Solutions' other mission? Awareness. Because of the multiple organizations in town serving people who are blind and visually impaired, sometimes people assume they're all connected or that they all do the same thing. Although separate entities, according to Moore, they're all pieces of the same mission puzzle, and IFB Solutions' main role is employment.

One of the nonprofit's biggest outreaches is its annual Bingo for Bags event, a fundraiser where attendees play rounds of bingo to win luxury handbags while enjoying fine dining and drinks. While only in its third year, the event has outgrown its venue every year, which is exactly the kind of problem Moore wants as the Bingo for Bags committee chair.

Weeks before the big event, Moore sits at a corner table at Mylo Coffee Co. in Hillcrest, breaking off bits of a big chocolate chip cookie and jotting her to-do list in a spiral-bound notebook, a notebook that, incidentally, was manufactured at IFB Solutions.

"You know," she says, "they go through more just to get to work in the morning than you or I do in a whole day. It's amazing — and a dose of perspective, for sure. So many people don't find what they do fulfilling. These folks have every reason in the world to sit it out, and yet they're so passionate and committed to their jobs, to these families they've found. How can you not be inspired by them?"



Bingo for Bags

Thursday, Sept. 19, 6 p.m. Chenal Country Club BingoForBags.org

Wellness & Beauty

The Effects of Being Overweight

The Premier Gastroenterology medical weight loss program is administered by the most knowledgeable weight loss physicians and providers in the country. In addition to promoting weight loss, the program is proven to help men, women and adolescents reduce or reverse medical conditions often caused by excess weight such as high blood pressure, high cholesterol, high sugar levels (Type 2 diabetes), poor digestion, poor mobility, joint pain, self-esteem or behavioral issues. In addition, associated medications are frequently reduced or eliminated.

As the percentage of overweight or obese Americans continues to rise (now at 70% of the population) the adverse and farreaching effects of this chronic disease are becoming more apparent as it affects almost every system in our bodies.

Excess weight contributes to and worsens the effects of gastroesophageal reflux disease (GERD), making this condition much more difficult to treat and control. This can lead to heartburn, chest pain, pulmonary issues, swallowing difficulties and an increase in the risk of esophageal cancer. Even being overweight without being obese can greatly increase your chance of serious illness and should be addressed.

So what can be done? The first step is to schedule an appointment to be evaluated by an experienced team of professionals who are experienced in weight management.

Premier Gastroenterology's weight loss team consists of Dr. Steve Jones and Dr. Angelo Coppola, both of whom are boardcertified gastroenterologists with extensive experience in weight loss, and registered dietitian Betsy Day, who has more than 15 years of experience in nutritional and weight loss counseling. Dr. Jones is also board certified in Obesity Medicine and Anti-Aging.

This premier team of professionals is highly qualified and delivers weight loss success that is rapid, healthy and safe. Call 501.747.2828 to schedule your consultation.



Lose up to 50 LBs safely and quickly

At Premier Gastroenterology our physician directed weight loss program can help you lose up to 50 lbs in 90 days.

Our weight loss physician specialists can help you take off your excess weight and regain your quality of life.

Premier is one of the first gastroenterology practices in the country to add a Registered Dietician to our staff, and we are proud to welcome Betsy Day, MS, RDN, LDN as she joins Dr. Angelo Coppola and Dr. Steve Jones on our weight loss team.





Call (501) 747-2828 to schedule your consultation. You're going to love being part of the PGA family!

Why Men's Health Exams Are a Total Game-Changer

Prostate cancer is the number one cancer risk for men, but if detected early, it can be effectively treated and cured. Screenings include a digital rectal exam and a prostatespecific antigen blood test.

IDEAL CANDIDATES: It is critical that all men over the age of 50 receive annual prostate screenings. For those who have a higher risk of prostate cancer, such as those with a family history of prostate cancer or African-American men, screenings should begin at the age of 40.

TIME COMMITMENT: Don't want to make time for an appointment? Arkansas Urology is offering two "Kickoff to Men's Health" events for you and your family that include the opportunity for a screening, which only takes a few minutes. The first one is on Sept. 10, 5-8 p.m. at the Little Rock office at 1300 Centerview Drive. The second event is Sept. 26, 5-8 p.m. at the North Little Rock office at 4200 Stockton Drive. Afterward, enjoy an evening with your family, reminding yourself why you got the exam—to take control of your health.

WHAT HAPPENS AFTER THE EXAM? Results are sent off for testing and evaluated. If the results come back with elevated concerns or suspicions, the individual will be contacted and receive a recommendation to see a healthcare professional.

WHY "KICKOFF TO MEN'S HEALTH?"

This is the 15th year for Arkansas Urology to host "Kickoff to Men's Health." Since its beginning, physicians have seen more than 4,500 men and about 1,500 have been diagnosed with either prostate cancer or an enlarged prostate. The event will also have food vendors, health and wellness booths and plenty of giveaways.

WHAT THE PROS SAY: Prostate cancer is common; about one in nine men will be diagnosed. It's also one of the most treatable types of cancer today. A prostate cancer diagnosis doesn't have to be a cause for panic.



Arkansas Urology

ArkansasUrology.com

JOIN US FOR OUR ANNUAL KICKOFF TO MEN'S HEALTH EVENT!

prostate exam.

Little Rock Sept. 10, 5-8 p.m. North Little Rock Sept. 26, 5-8 p.m.

FINE PRINT

From California minimalism to 1950s opulence, Jonathan Parkey styles three high-fashion scenes inspired by some of fashion's biggest names.

Styled by JONATHAN PARKEY. Photography by JASON MASTERS Hair & Makeup by MAURICIO MARTINEZ from THE FIX SALON. Shot on location at the ALBERT PIKE MASONIC CENTER.





hom Browne, Rosetta Getty and Proenza Schouler. They're three of the world's powerhouse fashion houses, and they all happen to be on local event stylist Jonathan Parkey's resume. After nearly a decade in the New York fashion industry and launching a successful business in Little Rock,

Parkey dipped into his past to inspire the three high-fashion scenes on the following pages.

"I wanted to be careful not to mimic or set the table on behalf of the designers," Parkey says, "but instead utilize the function of a party table setting to reflect the garments, story and mood I've chosen from each designer, proving that well-executed, creative design manifests in many forms."

THOM BROWNE

For this table, I wanted to combine the brand's most identifiable DNA — the red, white and blue grosgrain — with the finest details of a table set for two. This is Olivia's surprise birthday party, where the table and chairs seem to be floating away. The juxtaposition of the classical silver, full china and crystal place settings against the whimsical floating table give the scene a touch of humor that is always incorporated into Thom's work.

In choosing an outfit, I felt compelled to keep it classic Thom Browne, dressing Jay in an old uniform suit as though he is coming home directly from the office for the party.

Clothing and bag by THOM BROWNE. Dinner plates by ROSENTHAL. Crystal glassware by WATERFORD, chargers by HEREND from THE EVERYDAY CHEF. Model: JAY GRAHAM with SCULP AGENCY.







ROSETTA GETTY

Rosetta Getty is the epitome of understated Los Angeles glamour. The scene and party I wanted to create is for an art collector, someone who doesn't skimp on details, but also appreciates the beauty in the industrious and natural state of elements not typically found at a dinner party in the Hollywood Hills.

Our model, Jeanne, is wearing a custom Rosetta creation. While the construction is simple -a standard shirt dress - Rosetta mixes it up with a beautiful tie detail that wraps our model to create the perfect shape and silhouette. The mules feature a slight kitten heel for comfort and ease. This is understated elegance and timeless beauty at its best, and ready to host a fabulous party.

Dress and shoes by ROSETTA GETTY. Jewelry from ROBERSON'S FINE JEWELRY. Centerpiece and florals by J. PARKEY. Dinnerware by ROYAL CROWN DERBY, silverware by VERA WANG, drinkware by MICHAEL WAINWRIGHT and SCHOTT ZWIESEL from THE EVERYDAY CHEF. Model: JEANNE COLE.





PROENZA SCHOULER

I wanted to create a party for our downtown "it girl" Charlotte, dressing her in one of my favorite vintage dresses from the spring 2010 fashion show featuring a frayed silk skirt that seemingly flutters away. This girl knows a good party and isn't afraid to throw classical party planning on its head.

I wanted this scene to feel as though she has found the perfect dilapidated building or private parking garage in which to entertain her friends. The technicolored details of the dress are highlighted by the hot pink linens and hard-edged place settings. I wanted to pull out the aquatic details of this particular collection and add a sense of humor to the luxury leather goods by sinking a few of the brand's iconic PS1 handbags into the four aquariums on the table. It's almost as if her last text of the evening should be, "Xoxo, Gossip Girl."

Dress and handbags by PROENZA SCHOULER. Shoes by STUART WEITZMAN, jewelry from BARBARA/JEAN. Table covering by LA TAVOLA LINENS. Silverware by VERA WANG from THE EVERYDAY CHEE Model: CHARLOTTE POWERS.

See more at LittleRockSoiree.com.









Ahead of the annual Power of the Purse luncheon, co-chairs Alison Williams and Sarah Catherine Gutierrez share what the Women's Foundation of Arkansas has up its sleeve for the months and years to come.

FOR GOO

By LYDIA MCALLISTER | Photography by JASON MASTERS

Clothing from B.BARNETT. Styled by MALINA TABOR. Hair and makeup by LORI WENGER



lison Williams and Sarah Catherine Gutierrez are not ones to sit idly by after noticing a problem.

For Williams, it was the unsung heroes of women in government. She spent 17 years in D.C., even working with then-Rep. Asa Hutchinson in

the Drug Enforcement Administration and the Department of Homeland Security before eventually returning to Little Rock to take the role of chief of staff for the newly elected Governor Hutchinson.

She saw firsthand the far-reaching impact having a woman at the table or in leadership can have, especially when their passions and their work align with intentionality. That's what first drew Williams to the Women's Foundation of Arkansas (WFA), where she now serves on the board of directors.

For Gutierrez, it was a lack of sensible services and rational tactics leading people to financial stability — services and tactics in which she was well-versed. Her idea to provide financial advice for a simple fee grew to become Aptus Financial, a planning service that sets up clients for a lifetime of financial savvy by teaching them to manage their money on their own with professional help along the way.

She launched her business in 2011 with the support of her family and friends, but it was the WFA that gave her a platform, inviting her to speak at one of its Women Empowered events and at its Girls of Promise event for eighthgrade girls interested in science, technology, engineering and math.

FOLLOW THE NEED

If you're familiar with the WFA, you probably recognize a slew of initiatives and events that have stemmed from its central mission to promote women and girls in Arkansas so they can realize and achieve their full potential. Now in its 21st year, the WFA is celebrating the success of some of its hallmark programs like Girls of Promise and the Power of the Purse event while looking forward to see how else it can make an impact upon women and girls in the state.

One way the WFA does this is by conducting a slew of research projects that take the pulse of where women stand in the state from both a social and economic standpoint. Most recently, the WFA unveiled two research projects that became the springboard for new initiatives and programs.

The WFA partnered with the University of Arkansas at Little Rock to glean the Economic Indicators for Women in Arkansas research, outlining the financial status of women across the state. The research found that women in Arkansas are less likely to live above the poverty level than women nationally. Statewide, 81.5% of women live above poverty, in contrast to 85.1% of women nationally. This research, coupled with the research conducted through a partnership with the Clinton School of Public Service to establish a Gender Equity Scorecard to examine how individual businesses value their female employees, is the springboard for a program that is close to Gutierrez's heart: Save10.

Save10 is, at its core, a campaign to empower Arkansas women to save for retirement and those "what if" moments. The initiative implores women ages 18-30 to take control of their finances and their future by saving 10% for retirement today. The statewide campaign officially launches on Oct. 10 and the WFA's goal is to have 10,000 women committed to saving 10% into a retirement or savings account by the end of the day.

The campaign will be officially introduced through a soft launch at this year's Power of the Purse event on Thursday, Sept. 26. This year's cochairs, Gutierrez and Williams, have hope that if 1,000 women attend the Power of the Purse and those women ask 10 friends to save that the 10,000 target number could be reached by the end of the luncheon.

If that number seems a little far fetched, then you probably haven't joined the Save10 Facebook page. Ahead of the Power of the Purse soft launch, at the time of this publication, the Facebook page already has more than 3,800 members and counting — all through word of mouth. But the most fascinating piece is the community that's being built online. Women of all ages are asking for advice, sharing resources and encouraging others to take control of their finances.

"I think what Sarah Catherine and the WFA are doing with women and money, it normalizes the conversation," Williams says. "The Women's Foundation has been out there doing this work for 20 years trying to bring attention to the wage gap, the wealth gap and discrimination. Sometimes it can feel like you're screaming into the wind.

"It's an exciting place to be right now to be able to share information and provide education and connect people to the resources they may not have thought were available or relevant before."

POWER UP

Another way the WFA services women and girls in the state is through its new Women Empowered initiative. The idea came about at a recent board retreat where someone pointed out that the WFA does a lot for girls in Arkansas with Girls of Promise, but what about women? Women Empowered fills that gap by offering a series of lectures focusing on different topics relevant to women in the workforce.

"We recently started our Women Empowered initiative and part of that focus is on womenowned businesses," says Ryder Buttry, director of strategic programs and initiatives at the WFA. 'We hosted an event where we discussed research on black women business ownership and black women entrepreneurs spoke about their experiences on a panel. We also host a lecture series where we touch on matters of finance, so our theme this year has been personal finance where we have had speakers discuss retirement savings, estate planning and hope to end the year with one on student debt."

With a staff of only two full-time employees, it's essential that the WFA partners with existing businesses and organizations to bolster the ideas discovered through research and conversations.

"It just goes to this ethos that we're putting as much money back into the community as we can," Williams says. "Having more programs means we have to have more staff to manage it. So being that place where you can come start something and then take off from there allows us to service more of the community, and then to have evangelists out in the community building on to the conversation."

And that's the key to the WFA's continued role as the go-to source for understanding the status of women in Arkansas. At its core, the WFA conducts research that then serves as a springboard for changemaking across the state. But in the future, Williams says she wouldn't be surprised if the WFA shifted away from events and programming and moved toward founding programs like Girls of Promise and Save10 that can really stand on their own with the support of the WFA.

"I think everyone will agree in the think tank world and in the public policy world that we've done enough research to last us multiple generations," Gutierrez says. "What we don't have is people willing to take the research that's out there and then put it on the ground. Make it happen. That's why I'm drawn to [WFA executive director] Anna Beth Gorman and what she's doing with the Women's Foundation. She has a very practical sense about it. It's like alright, that's all good, but what do we do about it?"

Power of the Purse

Thursday, Sept. 26, 11:30 a.m. Statehouse Convention Center WomensFoundationArkansas.org/POTP



It's All In The Past

History lover Lori Burrows promotes her favorite subject through the Historic Arkansas Museum.

By TODD TRAUB | Photography by JASON MASTERS

Clothing and jewelry from DILLARD'S. Styled by MALINA TABOR. Hair and makeup by LORI WENGER. urrows, who with her two young daughters is a frequent museum visitor, never tires of the operational blacksmith shop, the pristine log cabin, split rail fence and other examples of pre-statehood Arkansas life that stand on the museum's grounds in downtown Little Rock.

To visit the cluster of early 1800s-style buildings sitting on either side of Second Street, or to take in the museum itself, is to Burrows a trip back to a period in which comfort and sustenance had to be built by hand and clawed from the ground.

It was a sunrise-to-sunset existence in which simple tasks like cooking, gardening and even bathing came with some level of back-bending effort.

"We've come a long way through grit and a lot of hard work, and I think that's what the museum represents," Burrows says.

Burrows' insights into state history don't end at the blacksmith shop door.

In her full-time job as vice president and general counsel for the Arkansas Electric Cooperative Corporation, Burrows understands how progress in the form of technology reshaped and modernized rural Arkansas.

As a Peace Corps volunteer during the turn of the millennium, Burrows experienced the results of modernization firsthand. She was assigned to the Federated States of Micronesia and its capital Pohnpei, an island with a population of approximately 40,000. The head of Burrows' host family welcomed her by building the family's first outdoor, flush toilet.

"He said, 'You're American. You must have a flush toilet," she remembers.

Hardships like the lack of hot water or having to cook on a kerosene stove, coupled with the locals' communal approach to life, taught Burrows not just how little a person needs to get by but also underscored how advanced the U.S. is.

Looking back on her time in Pohnpei, Burrows can see similarities to the lives of Arkansas' pre-statehood pioneers and she can appreciate "the extraordinary privilege we have in this country and the degree we take the modern world and all the things we value for granted."

As the Historic Arkansas Museum prepares for its sole fundraiser, the

biennial Candlelight Gala in October, Burrows is inspired yet again to reinforce the museum's mission of education and outreach to young people, especially in rural areas.

The gala this year celebrates the bicentennial of Arkansas becoming a U.S. territory and benefits the museum's Bill Worthen Future of History Fund. The fund supports initiatives and programs that provide school groups from around the state a chance to experience the museum and interact with Arkansas history.

"Having an opportunity for kids to come to Little Rock, much less learn about Arkansas history, I'm all for that," Burrows says.

Or, as she told her own kids one warm and sweaty day in front of the blacksmith shop, "'You know, people lived like this.'

"Just reinforcing my indoor-dwelling, hyper-comfortable children," she says.

Corps Values

A native of Bryant and graduate of the University of Central Arkansas, Burrows chose the Peace Corps in 1999 to satisfy her passion for service. At 22, she wanted to use the volunteer opportunity to see the world.

Burrows had hoped to hold out for an assignment to a French-speaking country since she knew the language, but accepted the assignment to Micronesia rather than take the chance on a long wait for her desired post. that quality of life doesn't necessarily include a wealth of comfort.

Not that the flush toilet wasn't appreciated, both by Burrows and the members of her host family, but it was the communal spirit and way of life that made her recall the warmth of her Arkansas family and neighbors and made her hungry for home. Enriched by her volunteer experience, she enrolled in law school, determined to use a legal career to do some good in her home state, pointing to Atticus Finch, the principled lawyer and father of "To Kill a Mockingbird" as inspiration.

With the Electric Cooperatives of Arkansas, Burrows fulfills a compliance and risk management function in her role as general counsel. The nonprofit utility is owned by the people it serves and provides electricity for close to 1.3 million Arkansans.

Such cooperatives historically helped rural areas, and thus the whole state, to grow and modernize. Being on a grid gave a community access to the world at large while also improving life at home immeasurably.

An avowed fan of history and an avid reader of biographies, Burrows' job gives her a greater appreciation for the Historic Arkansas Museum and its depiction of life before Arkansas was wired for electric service.

"I think that's what HAM does so well," she says.

"My interest in history stems primarily from my interest in people. I find people and their stories imminently fascinating, and I think where we're from is where we're headed."

She was told the nation, roughly a three-hour flight from Guam, was in the South Pacific, but it's actually north of the equator.

"So even the Peace Corps didn't know where it was," she laughs.

In her two-year assignment Burrows worked as a development volunteer and, like almost everyone in the Peace Corps, she tutored English. She also dodged a cholera outbreak, became a certified scuba instructor — "If you live on an island, you have to learn to scuba dive" — and learned

Future Past

Burrows and her husband Jeff have two girls, Gemma, 8, and Greta, 6. She was a Historic Arkansas Museum denizen before its leadership ever asked her to join the board, and given the hours she and her kids were already spending there, accepting was a no-brainer.

"I was really flattered by the ask because I perceived the board as a really impressive, high-profile, high-initiative group," she says.

Burrows and her girls were such regulars they would even show up on the rare day there wasn't some program or activity for kids on the museum schedule.

"When we go on a regular day they're like, 'Where's the face painting? Where's the balloons?" Burrows says.

But it's programs like the Bill Worthen Future of History Fund, and so many others, that inspires Burrows in her work with the foundation and support of the Candlelight Gala. Named for the former museum director, the fund has underwritten field trips for more than 20,000 kids, and the goal is to expand the program.

"It's a great program and a lot of people know about it," she says, "but a lot of people don't, and that's one of the goals of the gala — to raise awareness." The experience for the school kids is invaluable but, Burrows points out, the field trips cost money, which is a bigger challenge for rural schools.

"Ninety-nine percent of what we offer is free," Burrows says, but adds that even the bus and bus driver come with a price tag.

The gala's fundraising goal is \$60,000, but director of community engagement Ellen

Candlelight Gala

Saturday, Oct. 5, 6 p.m. Historic Arkansas Museum HistoricArkansas.org Korenblat says the hope is to get the fund to \$100,000. The museum offers a number of grade-level, state-standard programs with hands-on activities, living history performances, tours, a children's gallery, storytelling, music programs and much more.

Living history is more than just showing people what life used to be like, Burrows says. It's also about looking to the future by looking to the past and its people, those who worked hard, persevered, grew the state and grew the nation.

"My interest in history stems primarily from my interest in people," she says. "I find people and their stories imminently fascinating, and I think where we're from is where we're headed."



 ost people don't think Arkansas when they think turquoise, and with good reason. The American Southwest has long held the title of turquoise capital of the U.S., but what many don't know is that The Natural State is home to the only
 American turquoise mine outside of the Southwest.

According to jeweler Laura Stanley, who is donating an Arkansas turquoise necklace for the Historic Arkansas Museum's biennial Candlelight Gala auction, Arkansas turquoise is found in the host material novaculite, a rock early Native Americans in the Ouachita Mountains used in their tools and everyday life.

"This rock, which has always been so important to this part of the world, is hosting this beautiful turquoise we can wear and appreciate," she says.

Located in Polk County near Mena, even the Arkansas turquoise mine's name — Mona Lisa — pays homage to faraway artistry that helped define a region.

"The name adds a dimension of character and romance, I think," Stanley says.

Despite this mine producing the largest turquoise nugget on record at 245 lbs., as well as unique coloring with no dyes or bleach, Arkansas turquoise poses a bit of mystery to jewelry boxes the world over.

"In the late 20th century, the mine produced tons of material which was shipped west to be put into typical Southwestern jewelry," Stanley says. "Who knows how much turquoise purchased in Santa Fe and Albuquerque was actually created and accented with Arkansas material?"

Jewelry by LAURA STANLEY PERSONAL JEWELER. Photography by VINCE PALERMO

With a quarter of a century under its running belt, Susan G. Komen's iconic event is getting a makeover with its famous hue in tow.

By LYDIA MCALLISTER |Photography by JASON MASTERS

Clothing from DILLARD'S. Styling MALINA TABOR. Hair & Makeup JESSICA HUMERICK
wenty-six years is a big milestone for any philanthropic endeavor, and Susan G. Komen Arkansas is celebrating the legacy of its famous Race for the Cure with a

new spin on the beloved event. This year, the organization is rolling out the first-ever More Than Pink Walk with the hopes that more people can and will join the sea of pink as they set off from Riverfront Park on the morning of Saturday, Oct. 26.

Ahead of the More Than Pink Walk, we talked with co-chairs Aimee Shelby and Lindsey Gray about what led them to support Komen Arkansas and what's in store for this year's reimagined event.

What inspired you to get involved with Komen Arkansas?

Lindsey Gray: My mom was diagnosed with breast cancer when I was 10 years old, 29 years ago. She and I have done the race since it came to Little Rock 26 years ago. We are blessed that she is a survivor with no recurrence. I began volunteering with Komen three years ago as they explored some varied fundraising ideas. When they asked Aimee and me to chair this new concept, it was an easy yes.

Aimee Shelby: Two of my favorite aunts battled breast cancer during my high school and college days. Seeing them struggle, fight and win despite the odds is something that remains with me today. Both ladies are very special to me and I'll never forget their courage and strength. I started running in their honor when I moved to Little Rock.

What led to the total revamp of the newly re-named More Than Pink Walk. Why was a change needed?

LG: Nationally, funds raised through races are steadily declining. We've certainly felt that at Komen, where, in the past, our race has seen upwards of 44,000 registered participants and last year saw just over 11,000 registrants. The crowds were still coming for race day activities but not registering for the race, and therefore not financially supporting the cause. Only 3% of our registrants were actually running and the expense to have a timed and qualified race far exceeded the money raised by that segment.

With a walk, everyone can participate. The shorter course, which will still include both bridges so we can see that sea of pink as we look either way, will allow more families to be able to take part.

It's not about how fast you can run or how far you can run, it's about saving lives and finding a cure for a far-too-deadly disease.

In the beginning years, our race was just for women, but the walk invites everyone to register and walk with us in celebration or in memory of our loved ones. We want people to see that Komen is also about research, care, action and community.

AS: We wanted to return to our roots, so to speak. We wanted to get back to the mission of Komen Arkansas and that is raising funds to detect, prevent and cure breast cancer. This year the participants will enjoy a more festival-like feel, more of a celebration of life, and ultimately a more intimate connection to the mission of Komen Arkansas. It's about fundraising but also our four pillars of community, care, action and research. It's not about how fast you can run or how far you can run, it's about saving lives and finding a cure for a far-too-deadly disease.

Can you tell me about any new initiatives Komen Arkansas is working on?

LG: I think the main initiative is to grow the funds we can spread through the state to make progress in the fight against breast cancer. Instead of spreading our energy over more events, the goal is to streamline and improve the signature events we currently have. Runway for the Cure and the More Than Pink Walk are the primary fundraisers for Komen of Central Arkansas. We also have the northeast race in Jonesboro and the Texarkana race as part of the fundraising for Komen Arkansas.

How will this year's event be structured?

LG: With the new format, our survivors will be celebrated and cheered as they make their way to the front of the crowd where they will lead the walk. We will start and finish inside Riverfront Park where we will have tents, a kid zone, food trucks and the survivor breakfast. Moving to a walk also allows us to start a little later so we will begin at 9 a.m. and head out over the bridges and back through downtown Little Rock with familiar faces and places along the route.

What do you love about this event?

AS: I love the sense of community. In this age of social media, it's rare to connect with others on a personal level. I love watching family and friends turn out to support or remember someone. It is so touching to see everyone coming together with a common goal.

What have been some of your favorite memories at the walks over the years?

LG: My favorite moment is standing on the Broadway Bridge and seeing the sea of pink behind me and in front of me. My mom and I always pause a moment there and take in the view. While we are celebrating her survivorhood, she has lost many friends along the way. I love the cards on people's backs that honor the women they walk for, making the day personal for everyone. I love the energy along the route with dancing, music, silly outfits all encouraging the participants to keep going and that we're all in it together.

What are you most looking forward to with this year's event?

AS: I can't wait for everyone to see what we've been working on. It's a big change, but the only constant is change. We had a great "run" with the Race for the Cure for 25 years, now let's see what we can do in the next 25 and beyond. I think everyone will be pleasantly surprised with the new format.

LG: New energy and excitement for the fun changes. Also having my mom as the honored survivor of the walk this year is extra special for me. She is my best friend and the reason I support Komen. It's been so special to do this with her and to be able to celebrate her 29 years big this year.

More Than Pink Walk

Saturday, Oct. 26, 9 a.m. Riverfront Park KomenArkansas.org Cole Haan Outlet Brooks Brothers Factory Store J.Crew Factory RH Outlet Tommy Hilfiger Le Creuset H&M + more!





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High above downtown Little Rock, get lost in the grand views, rich fabrics and luxe textures of the season.

Photography JASON MASTERS / Styling MALINA TABOR Hair & Makeup LORI WENGER / Models SAVANNAH SKIDMORE & JOE PENNINGTON Shot on location at Thom Shock's River Market condo





Suit by DOROTHEE SCHUMACHER, earrings by LIZZIE FORTUNATO, shoes by MARION PARKE from BARBARA/JEAN.

000





Dress by PINKO, necklace by NATHAN & MOE, bracelets by KZ NOEL, shoes by AGL from B.BARNETT.



HERS: Dress by ELISABETTA FRANCHI, handbag by NANCY GONZALEZ, shoes by VIA SPIGA from B.BARNETT. Jewelry from SISSY'S LOG CABIN.

HIS: Shirt, jacket and pants by ERMENEGILDO ZEGNA from BAUMANS. Watch by TAG HEUER from SISSY'S LOG CABIN.



Coat by FABIANA FILIPPI from B.BARNETT. Earrings, bracelets and rings by SINGLE STONE, necklaces by CYNTHIA ANN from ROBERSON'S FINE JEWELRY.

(for the property)

90

HERS: Sweater and pants by VERONICA BEARD, handbag by MARNI, shoes by VINCE from B.BARNETT.

HIS: Shirt by ETON, jacket by ERMENEGILDO ZEGNA, pants by ADRIANO GOLDSCHMIED, belt by W.KLEINBERG, shoes by TRASK from BAUMANS. Bracelets by JOHN HARDY from ROBERSON'S FINE JEWELRY.


Suit and top by ROBERTO CAVALLI, earrings by CHANEL, shoes by JIMMY CHOO from BARBARA/JEAN.

O CREPAIN ARCHITEC

UXURY HOTELS

HERS: Jewelry from SISSY'S LOG CABIN. HIS: Shirt by ETON, pants by ADRIANO GOLDSCHMIED from BAUMANS.





BESTINSURANCE AGENTS2019 (+)

While navigating life's challenges, having a sturdy insurance policy and a well-trusted agent to guide you through the process is essential, but finding the agent who fits the bill can be its own challenge.

Step one is research. Do your homework on agents and agencies in town. Take the time to interview individual agents to better understand their products, philosophies and how they're paid. Make sure to check customer service standards and ask for referrals.

To help make the process a little easier, we're happy to present this annual list of trusted agents. We asked our readers — fellow agents included — to nominate the best insurance agents in Little Rock based on customer service, accountability and ease of access. Here are the 27 agents who made the 2019 list.

ED BENNETT MCGRIFF INSURANCE

> MATT BLACK ALLSTATE

KAREN JAMES KAREN JAMES JTS FINANCIAL SERVICES

DOTTIE HIGHFILL

ROBBI DAVIS THE ROBBI DAVIS AGENCY

ROBERT ELLIS THE HATCHER AGENCY

JENNI GATLIN

CHARLIE HADFIELD HADFIELD AGENCY

WENDY HANNAH THE HATCHER AGENCY

GREG HATCHER

BROOKE HAYES MEADORS, ADAMS & LEE MATTHEW JONES

LEGACY CAPITAL

ROBERTS LEE MEADORS, ADAMS & LEE JTS FINANCIAL SERVICES

TRACY MATSON* THE HATCHER AGENCY MATSON INSURANCE AGENCY

> CHAD MILLARD SHELTER INSURANCE

ERIN MOORE THE HATCHER AGENCY

CHACE PEELER

CHRISTY PETTIT SHELTER INSURANCE

DENISE PRATER THE HATCHER AGENCY THE ROBBI DAVIS AGENCY

> **JASON PRATHER** LEGACY CAPITAL

JAY SNIDER SHELTER INSURANCE

JOHN STARLING

CAROL STEENBERG STEPHENS INSURANCE

JAMES STILWELL NATIONWIDE INSURANCE

> MATT WARDEN SHELTER INSURANCE

JAN WILLIAMS THE HATCHER AGENCY EDUCATIONAL BENEFITS JTS FINANCIAL SERVICES

> MARK S. WILLIAMSON MARK WILLIAMSON CO. INC.

*Tracy Matson made the 2019 list, but is not actively working in the field.





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THE HATCHER AGENCY

The Hatcher Agency was started Sept. 1, 1990, by then-28-year-old Greg Hatcher. The Hatcher Agency has been the state's top producing employee benefits agency in Arkansas for 29 consecutive years and has grown to the point where it is the largest organically grown employee benefits agency in the country.

The Hatcher Agency shops the market and finds the best price and benefit package for its clients while delivering outrageous service with a personalized touch. The Hatcher Agency has numerous exclusive products and services it provides to better serve its clients.

Jenni Gatlin, 13 years at The Hatcher Agency

Jenni Gatlin was born and raised in Little Rock and graduated from Mount St. Mary Academy. She attended the University of Memphis and received a degree in early childhood education. She started with The Hatcher Agency in 2006 and loves The Hatcher Agency concept of "outrageous service." Gatlin has been an account executive and leader of her team for 13 years. She enjoys working out, gardening and singing as a background vocalist. She is also very proud of her big family of six children and six grandchildren.

Erin Moore, 11 years at The Hatcher Agency

Erin Moore was born in Jonesboro. As a lead account executive, she and her team strive to provide "outrageous service" for all of their groups, whether large or small. Helping a group build an excellent and sustainable benefits program for their employees is the main objective of her team. Moore has three children ranging in ages from 4 months to 8 years old. In her free time she loves being outside with her husband and children, and she also enjoys an impromptu dance party. She has lived in Little Rock for more than 10 years and resides with her family in west Little Rock.

Robert Ellis, 21 years at The Hatcher Agency

Robert Ellis was born and raised in Little Rock. Ellis specializes in recruiting new business and setting up comprehensive corporate benefit programs. His favorite part of his job is providing "outrageous service" for all of his clients. Ellis enjoys hunting, competitive golf and anything cooked on the grill or barbecue smoker. He has been married to his wife Meredith for six years and has a daughter Sage, 5, and a son Payne, 1. As a family, they love traveling and spending time at the beach, as well as keeping up with all of the kids' activities.

Wendy Hannah, 21 years at The Hatcher Agency

Wendy was born in San Antonio, Texas, on a Military base. She graduated from the University of Central Arkansas and has lived in Little Rock for the last 25 years. She started working at The Hatcher Agency in 1998 after being referred by a former employee and friend. She is married and has three stepsons. In her free time she enjoys playing tennis, working out and being outside. Her favorite part of her job is building the wonderful relationships she has built with her clients and being able to help them.

Dottie Highfill, 22 years at The Hatcher Agency

Dottie Highfill grew up in the small town of Pocahontas and began working for The Hatcher Agency in 1997. She attended Colorado College where she was on the tennis team. She spent a semester in Spain with Southern Methodist University, then finished her degree at the University of Central Arkansas with a major in economics. As a lead account executive, Highfill enjoys working with her team to provide the best service and strategies for clients. She competes in USTA team tennis for fun, along with playing handbells at St. Paul United Methodist Church and hiking and traveling with her husband Wes and three children Bennett, Clara and Caden.

Greg Hatcher, CEO and Founder, 1990

Greg Hatcher has been a trailblazer and entrepreneur in the insurance business. After starting the company in 1990 with just one employee, he has built the agency into the largest organically grown employee benefits agency in the nation. Focusing on "outrageous service" and being involved in the community have been staples of his success. In addition to starting The Hatcher Agency, he also started the Arkansas Wrestling Association, the Mighty Bluebirds Sports Organization and seven other companies. Hatcher has received numerous honors and awards including Arkansas Philanthropist of the Year and induction into the National Wrestling Hall of Fame and the Alma College Sports Hall of Fame. He and his wife Lee have five children: Kelsey, 29, Haley, 25, Larkin, 25, Layne, 20, and Mattie, 18. They attend Trinity Presbyterian Church.

CHARLIE HADFIELD HADFIELD AGENCY

Certified insurance counselor (CIC) and Little Rock native Charlie Hadfield couldn't imagine living anywhere else. His grandfather started the Hadfield Agency after his return from WWII in 1946, his father followed suit and joined in 1980 and now the company marks its 73rd anniversary this year. Hadfield's competitive nature — in being his best both as an agent and at home to his wife Paige and daughters Ava, 12, and Lila, 9 — inspires his goal to push the agency to its 100year mark.

What lines of insurance do you write?

All business insurance as well as personal insurance, affluent personal insurance and life.

Is it better to have a high insurance premium and low deductible or vice versa?

The insurance company always wins. That said, always take the highest deductible you can afford within your budget. The policy is in place to cover catastrophic claims, not small maintenance claims; turning in small claims will end up costing you much more in the long run. With the insurance industry changing daily, this allows you to be more flexible with your portfolio if it is loss-free.

What makes your customer service outstanding?

What makes my service unique is accessibility to me. I'm always available to my clients. I offer you one agent for your personal and business insurance needs, not multiple agents. My team is fantastic and very supportive. We do any and everything in our power to make things easy on our clients.

What type of coverage do consumers often forget to purchase?

I typically see people making the wrong choice about their insurance due to a lack of education and understanding of the industry as a whole. It is about protecting what is most important to you. Another common misconception I run across is people seem to think insurance is a one size fits all product or its all the same. Like any product or service there are differences from every company to company. Each contract is written differently, which is why there are differences in cost from one company to another. Insurance is like anything. You get what you pay for. Just because you can name your price online doesn't mean the protection is the right fit for you.

Lightning Round:

Neighborhood: Chenal Ridge Hometown: Little Rock Favorite thing to do in Little Rock: Daddy-daughter dates Go-to lunch spot: Taziki's Two things you like to do outside the office: Lake and family time Paper or digital calendar: Digital Suit or business casual: Business casual Last vacation: 30A in Florida





11601 Pleasant Ridge Rd., Ste. 101 Little Rock | 501.224.3300 HadfieldAgency.com

MATTHEW JONES & JASON PRATHER LEGACY CAPITAL



Matthew Jones, President

Hailing from Searcy, Matthew Jones graduated from the University of Arkansas before attending the William H. Bowen School of Law. He specializes in asset management and life insurance and has been in the industry for 25 years, driven by the fact that the firm's work and service have a meaningful and positive impact on the lives of their clients. Jones has three kids, Ridgway, 19, Riley, 18, and Reese, 16.

Lightning Round:

Neighborhood: Pleasant Valley Last good read: "The True Measure of a Man" by Richard E. Simmons III

Favorite thing to do in Little Rock: Play golf

Suit or business casual: Definitely business casual

Last vacation: Costa Rica

Founded by the late Frank McGehee, Legacy Capital has been operating out of Little Rock since 1977. The Legacy Capital team strives to provide holistic wealth management by gaining an in-depth understanding of all facets of a client's financial, tax and planning life. They operate with highly credentialed team members who have unique backgrounds and very specialized roles within the firm.

What are the most important factors to consider when choosing a life insurance company?

Carrier financial strength, diversity of products and quality of service.

How can insurance cover inheritance tax for children?

Most of the wealthy families we engage with in Arkansas and elsewhere have accumulated their wealth by building large and successful family-run companies. Often their desire is for these businesses to be passed down to future generations, but they are often subject to significant estate taxes at death. Owning life insurance is often the most efficient way to plan for this inevitable liability and allow the family to continue to keep their capital in their most productive asset: their company.

Jason Prather, Managing Principal

Little Rock native Jason Prather has spent 12 years practicing as an estate planning attorney and 16 years at Legacy Capital. He attended Texas Christian University for undergrad, then studied law at the University of Arkansas and received his masters in tax law from Southern Methodist University, now specializing in asset management and life insurance. Prather and his wife Rosemary have two sons, Jacob, 23, and Jackson, 21.

Lightning Round:

Neighborhood: West Little Rock Last good read: "The Match: The Day the Game of Golf Changed Forever" by Mark Frost Go-to lunch spot: The Faded Rose Paper or digital calendar: Digital



8315 Cantrell Road, Ste. 200 Little Rock | 501.376.7878 LegacyCapitalWP.com

JOHN STARLING JTS FINANCIAL SERVICES & CHACE PEELER EDUCATIONAL BENEFITS



John Starling, President/CEO LinkedIn: John Starling

John Starling has set a strong, client-focused precedent for his team members from day one. For JTS the most gratifying work puts the client above anything else. "We pride ourselves in taking the time to continually do what's best for who we're working for and achieve the most successful results for our clients," said Starling, a business veteran of 23 years from Pine Bluff and graduate of the University of Arkansas and the UA School of Law.

What makes your customer service outstanding?

JTS is changing the way employee benefits are done, having practical and open conversations regarding the employee benefit packages we offer to clients. We work for our clients, doing what is in our clients' best interests. In 2007-2008, we began implementing high deductible health plans and HSAs to our clients at a time when other brokers steered clear of them. This enabled us to reduce premiums by approximately 40%, which also reduced our commissions, but it was what was best for the clients. JTS is an Arkansas-based and Arkansas-owned company. We are the largest (by employee size) employee benefits broker in the state of Arkansas.



Chace Peeler, Principal EBITeam.com

With 20 years of insurance experience under his belt, Bryant native Chace Peeler is a co-owner of Educational Benefits and is driven by helping build a successful team and making an impact in his employees' lives.

What's a typical day look like?

My day-to-day is about building stronger relationships with our clients and streamlining our internal processes. I consider myself an operations-minded person, and I am always trying to improve the way our teams work.

What makes your customer service outstanding?

At Educational Benefits, we have a desire to exceed our clients' expectations. We take pride in delivering best-in-class experience for our customers using state-of-the-art technology that allows educators in all districts to access their benefits 24/7. Additionally, our customer service call center has a staff of 18 and is based in our Little Rock office.





1616 Brookwood Dr. Little Rock | 501.227.0194 JTSFS.com | EBITeam.com

$MATT\ WARDEN\ {\mbox{matt}}\ warden\ insurance\ agency$

Born and raised in Little Rock, Matt Warden is right at home serving his central Arkansas neighbors. His nine years in the insurance industry have brought him a long way from his days at Catholic High, but his beginnings in the area, plus finding a mentor in his insurance-practicing father, keep him rooted in the capital city.

Matt Warden Insurance Agency specializes in residential home, auto and life insurance, and Warden himself is fully driven by his family. He met his wife Morgan, an executive assistant and special projects coordinator for Goodwill Industries of Arkansas, during their days at the University of Arkansas. The two have been together for 12 years and married for five, and their daughter Emma will turn 2 in December.

What makes your customer service outstanding?

Our great staff. We have a staff with experience that truly cares about Shelter's clients.

What are the most important factors to consider when choosing a life insurance company?

Financial stability, variety of products, conversion options and privileges and third party ratings.

What type of coverage do consumers often forget to purchase?

Backup of sewage and drain and identity restoration on their homeowner's policy.

How often should coverage be reviewed?

Annually. Life events happen in our customers' lives yearly or every other year such as marriage, newborn baby, divorce, new job, etc. It's always appropriate to look over life, auto and property policies with your agent when those things happen.

What's a typical day look like for you?

Meet with the team first thing in the morning, prospect, check in on current claims, send out birthday cards, meet with clients throughout the day and check emails, voicemails and system messages involving customers' policies.

Lightning Round:

Neighborhood: Colony West

Hometown: Little Rock

Last good read: "The Four Disciplines of Execution" by Stephen Covey

Favorite thing to do in Little Rock: Take my daughter to the Little Rock Athletic Club to swim

Go-to lunch spot: Maddie's Place

Two things you like to do outside the office: Spend time with my family and golf

Paper or digital calendar: Digital

Suit or business casual: Business casual Last vacation: Destin, Florida





Shelter Life Insurance Company, Columbia, MO

11015 Arcade Drive, Ste. A Little Rock | 501.221.2122 ShelterInsurance.com/CA/Agent/MWARDEN License 16008320

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LITTLE ROCK 4900 Kavanaugh Blvd. 501-502-0192 8201 Ranch Blvd. 501-319-6338 www.firstcommunity.net

FIRST COMMUNITY BANK

A note from Tracy Matson:

Where community comes first.

FIRST COMMUNIT

would like to thank my clients and associates for once again selecting me as one of Little Rock's Best Insurance Agents. I had a wonderful time during my tenure at the Matson Insurance Agency. Although ours was a business relationship, many of you became treasured friends over the years.

Life is a journey and my new path has led me to Big Brothers Big Sisters of Central Arkansas where I serve as Executive Director. It is my sincere hope that I will be fortunate enough to continue my relationship with many of you as I lead this outstanding organization that is so important to our community.





Big Brothers Big Sisters.

312 West Pershing Blvd. North Little Rock, AR 72214 501.374.6661 bbbsca.org



Central Little Rock Local Guide

HEIGHTS / HILLCREST / MIDTOWN / RIVERDALE

(+)

Tipton & Hurst

W SHOP HEIGHTS/HILLCREST/MIDTOWN/RIVERDALE

THE HEIGHTS

Beehive 5606 R St. 501.219.7195 LoveBeehive.com

Beige 5915 Kavanaugh Blvd. 501.904.2994 BeigeLR.com

Bella Boutique 5623 Kavanaugh Blvd. 501.603.5373 Facebook: Bella Boutique

By Invitation Only 5914 R St. 501.975.8902 ByInvitationOnlyLR.com

Caroline's Children's Consignment Boutique 1917 N. Grant St.

501.614.9294 CarolinesCCB.com

Cobblestone & Vine 5100 Kavanaugh Blvd. 501.664.4249 CobblestoneAndVine.com

Doggy Daddy 45916 R St. 501.664.3649 DoggyDaddyStore.com

Domestic Domestic 5501 Kavanaugh Blvd., Ste. C 501.661.1776 DomesticDomestic.com Eggshells Kitchen Co. 5501 Kavanaugh Blvd., Ste. K 501.664.6900 EggshellsKitchenCompany.com

Etta Margaret 5501 Kavanaugh Blvd., Ste. I 501.615.8333 Facebook: Etta Margaret

Feinstein's 5600 Kavanaugh Blvd., Ste. 4 501.664.7330 Feinsteins.com

Fresh I.D. 5914 R St., Ste. B 501.478.6006 FreshIDLR.com

Fuller & Son Hardware 5915 R St. 501.916.9677 FullerAndSon.com

Go! Running 1819 N. Grant St. 501.663.6800 GoRunning.com

Heights Corner Market 5018 Kavanaugh Blvd. 501.663.4152 HeightsCornerMarket.com

Kristin Chase 5008 Kavanaugh Blvd. 501.663.1665 Facebook: Kristin Chase Laura's Draperies & Blinds 5910 R St. 501.256.6725 LaurasDraperies.com

Mr. Wicks Gentleman's Shop 5924 R St. 501.664.3062 MrWicks.com

Old Heights Corner Store 5919 Kavanaugh Blvd. 501.313.5700 OldHeights.com

Ozark Outdoor Supply 5514 Kavanaugh Blvd. 501.664.4832 OzarkOutdoor.com

Rosen Music Co. 7509 Cantrell Road, Ste. 103 501.666.0814 Facebook: Romco Drums/Rosen Music

She Said Yes Bridal in The Heights 5913 Kavanaugh Blvd. 501.661.4696 SheSaidYesBridal.com

Simply Dixie Boutique 5909 R St. 501.725.4479 SimplyDixie.com

Sissy's Log Cabin 1825 N. Grant St. 501.663.0066 SissysLogCabin.com

Smith's Country Club Drug Store

5114 Kavanaugh Blvd. 501.663.4118 SmithDrugStore.com

The Social Type 5819 Kavanaugh Blvd. 501.661.9929 Facebook: The Social Type

Southern Life 5717 Kavanaugh Blvd. 501.612.2178 ShopSouthernLife.com

Steamroller Blues 5801 Kavanaugh Blvd. 501.661.4067 Facebook: Steamroller Blues in The Heights

Tipton & Hurst 1801 N. Grant St. 501.666.3333 TiptonHurst.com

The Toggery 5919 R St. 501.663.8662 ToggeryLR.com

Tulips 5817 Kavanaugh Blvd. 501.614.7343 Facebook: Tulips in Little Rock

Wild Birds Unlimited

1818 N. Taylor St. 501.666.4210 LittleRock.WBU.com



Winc Beauty 5709 Kavanaugh Blvd. 501.791.4526 WincBeauty.com

WordsWorth Books & Co. 5920 R St. 501.663.9198 Facebook: WordsWorth Books & Co.

HILLCREST

Box Turtle 2616 Kavanaugh Blvd. 501.661.1167 ShopBoxTurtle.com

Control Records 2612 Kavanaugh Blvd.

501.615.8261 ControlLittleRock.com

E.Leigh's

2911 Kavanaugh Blvd. 501.265.0448 ShopELeighs.com

The Full Moon

3625 Kavanaugh Blvd. 501.663.4367 TheFullMoonLittleRock.com The Full Moon is a unique gift shop that has been in business for more than 35 years. It offers gifts for all ages and price ranges. Plus, it has bridal and baby registries, free gift wrap and free local delivery. Open 10 a.m.-5:30 p.m. Monday-Thursday and 10 a.m.-5 p.m. Friday-Saturday.

Haus Werk 2923 Kavanaugh Blvd. 501.663.5251

ShopHausWerk.com

Hillcrest Designer Jewelry

3000 Kavanaugh Blvd., Ste. E 501.246.3655 HillcrestDesignerJewelry.com

Hillcrest Interiors

2907 Kavanaugh Blvd. 501.664.3445 Facebook.com: Hillcrest Interiors Inc.





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3612 Kavanaugh Blvd. 501.663.8376 HocottsGardenCenter.com

Kahler-Pavne 700 N. Van Buren St. 501.663.0608 KahlerPayne.com

The Meteor

1001 Kavanaugh Blvd. 501.664-7765 MeteorBikes.com

Mrs. Polka Dot

611 Beechwood St. 501.603.5177 MrsPolkaDot.net

Rhea Drug

2801 Kavanaugh Blvd. 501.663.4131 Facebook: Rhea Drug Since 1922, Rhea Drug has served as a traditional pharmacy, taking care of all of your prescription needs and even offering delivery service. The pharmacy accepts most insurance coverage and Medicare Part D plans. As a neighborhood gift shop. it has something for everyone and great gifts that are affordable. They even throw in free gift wrapping. Open 8:30 a.m.-6:30 p.m. Monday-Friday and 8:30 a.m.-3 p.m. Saturday.

MIDTOWN

B.Barnett

8201 Cantrell Road, Ste. 280 501.223.2514 BBarnett.com

Barbara/Jean Ltd.

7811 Cantrell Road, Ste. 1 501.227.0054 BarbaraJean.com

Baumans

8201 Cantrell Road 501.227.8797 Baumans.com

Bella Bridesmaids 8206 Cantrell Road 501.398.0601 BellaBridesmaids.com

Catering to You

8121 Cantrell Road 501.614.9030 CateringToYouLR.com



Edwards Food Giant

7507 Cantrell Road 501.614.3477 EdwardsFoodGiant.com Edwards offers a full-service bakery and deli featuring cake decorating and Boar's Head meats, cheeses and hot plate lunches. At Edwards you will always find fresh cut meats at the full-service meat and seafood department. Edwards also offers a bill pay center, money orders, gift cards, propane exchange and Rug Doctor rental. Open 6:30 a.m.-10 p.m. Monday-Friday and 7 a.m.-10 p.m. Saturday-Sunday.

Hadidi Rug & Design Gallery

8116 Cantrell Road 501.225.8999 HadidiRugGallery.com

Tanglewood Drug Store

6815 Cantrell Road 501.664.4444 TanglewoodDrug.com

Unveiled Bridal Collection

7811 Cantrell Road, Ste. 2 501.747.2561 UnveiledLittleRock.com

RIVERDALE

Bear Hill Interiors 1420 Rebsamen Park Road 501.907.9272 BearHillInteriors.com

Botanica Gardens

1601 Rebsamen Park Road 501.614.3000 BotanicaGardens.com

C&F Flooring and Rug Gallery

2322 Cantrell Road 501.399.9909 CandFCarpet.com C&F Flooring and Rug Gallery is locally owned and managed. It has served Little Rock for more than 20 years and offers the best prices on the finest flooring products. The awardwinning staff will help create the flooring of your dreams. Open 8 a.m.-5 p.m. Monday-Friday and 11 a.m.-3 p.m. Saturday.

Core iD

3700 Old Cantrell Road, Ste, 103 501.944.2535 CoreIDHome.com

Cynthia East Fabrics

1523 Rebsamen Park Road 501.663.0460 CynthiaEastFabrics.com

Fabulous Finds Antique & Decorative Mall 2905 Cantrell Road

501.614.8181 FabulousFindsAntiques.com

MertinsDykeHome

1504 Rebsamen Park Road 501.280.3200 MertinsDykeHome.com

Tanarah Luxe Floral

2326 Cantrell Road 501.372.1400 TanarahLuxeFloral.com

Urban Pad 3513 Old Cantrell Road 501.664.4202

ART GALLERIES

B.A. Framer

UrbanPad.net

1813 N. Grant St. 501.661.0687 BAFramerAR.com

Boswell Mourot Fine Art

5815 Kavanaugh Blvd. 501.664.0030 BoswellMourot.com

Cantrell Gallery

8208 Cantrell Road 501.224.1335 CantrellGallery.com

Chroma Gallery

5707 Kavanaugh Blvd. 501.664.0880 ChromaGallery.BlogSpot.com

Gallery 26 2601 Kavanaugh Blvd., Ste. 1 501.664.8996 Gallery26.com

SHOP heights/hillcrest/midtown/riverdale

Hillcrest Gallery

2807 Kavanaugh Blvd 501.664.7900 HillcrestGallery.com

L & L Beck Art Gallery

5705 Kavanaugh Blvd. 501.660.4006 Facebook: L & L Beck Art Gallery

Local Colour Gallery

5811 Kavanaugh Blvd. 501.265.0422 LocalColourGallery.com

Louie's Unique Framing and Gallery

1509 Mart Drive, Ste. A 501.907.6240 LouiesFramingGallery.com

The Showroom

2313 Cantrell Road 501.372.7373 Facebook: The Showroom

Stephano's Fine Art Gallery

1813 N. Grant St. 501.563.4218 StephanoStudios.com

YEAR-ROUND FARMERS MARKET

Hillcrest Farmers Market Pulaski Heights Baptist Church 2200 Kavanaugh Blvd. 501.661.1129 Facebook: Hillcrest Farmers Market Open 8 a.m.-noon October-April and 7 a.m.noon May-September.

FALL FESTIVALS

HarvestFest in Hillcrest Oct. 12 | Kavanaugh Blvd. Benefiting The Allen School HarvestFest.us

Chili Fights in The Heights

Oct. 26 | Kavanaugh Blvd. Benefiting the Arkansas Foodbank Facebook: Chili Fights in The Heights





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THE HEIGHTS

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Boulevard Bread Co. & Bistro 1920 N. Grant St. Bakery: 501.663.5951 Bistro: 501.663.5949 BoulevardBread.com

Burge's in The Heights 5620 R St. 501.666.1660 SmokedTurkeys.com

Buffalo Brewing Co. Taproom 106 S. Rodney Parham Road 501.725.5296 Facebook: Buffalo Brewing Company Arkansas

Cafe Prego 5510 Kavanaugh Blvd. 501.663.5355 Facebook: Cafe Prego Cheers in The Heights 2010 N. Van Buren St. 501.663.5937 CheersITH.com

Fantastic China 1900 N. Grant St. 501.663.8999 FantasticChinaRestaurant.com

Heights Corner Market Green Room 5018 Kavanaugh Blvd. 501.663.4152 HeightsCornerMarket.com

Heights Taco & Tamale Co. 5805 Kavanaugh Blvd. 501.313.4848 Facebook: Heights Taco & Tamale Co.

Le Pops Gourmet Iced Lollies 5501 Kavanaugh Blvd., Ste. J 501.313.9558 LePops.com

Lulu's Crab Boil 5911 R St. 501.663.2388 Facebook: Lulu's Crab Boil The Pizzeria 4910 Kavanaugh Blvd. 501.551.1388 HeightsPizzeria.com

Prospect Sports Bar & Grill 5501 Kavanaugh Blvd. 501.603.0080 Facebook: Prospect Sports Bar

Scallions 5110 Kavanaugh Blvd. 501.666.6468 ScallionsLR.com

Sushi Cafe 5823 Kavanaugh Blvd. 501.663.9888 SushiCafeRocks.com

U.S. Pizza Co. 5524 Kavanaugh Blvd. 501.664.7071 USPizzaCo.net

Walter's Coffee & Speakeasy 5018 Kavanaugh Blvd. 501.663.4152 HeightsCornerMarket.com ZAZA Fine Salad & Wood Oven Pizza Co.

5600 Kavanaugh Blvd. 501.661.9292 ZAZAPizzaAndSalad.com

HILLCREST

Abbi's Teas & Things 2622 Kavanaugh Blvd. 501.246.5077 AbbiTeas.com

Cafe Bossa Nova 2701 Kavanaugh Blvd., Ste. 105 501.614.6682 CafeBossaNova.com

Cañon Grill 2811 Kavanaugh Blvd. 501.664.2068 CanonGrill.net

Ciao Baci 605 N. Beechwood St. 501.603.0238 CiaoBaciLR.com

Damgoode Pies 2701 Kavanaugh Blvd. 501.664.2239 DamgoodePies.com



DINE heights / hillcrest / midtown / riverdale



El Mezcal 2721 Kavanaugh Blvd. 501.747.1414 Facebook: El Mezcal Mexican Bar and Grill

Kemuri 2601 Kavanaugh Blvd. 501.660.4100 KemuriRestaurant.com

La Terraza Rum & Lounge 3000 Kavanaugh Blvd. 501.251.8261 Facebook: La Terraza Rum & Lounge

Leo's Greek Castle 2925 Kavanaugh Blvd. 501.666.7414 Facebook: Leo's Greek Castle

The Meteor 1001 Kavanaugh Blvd. 501.664.7765 TheMeteorCafe.com

Mylo Coffee Co. 2715 Kavanaugh Blvd. 501.747.1880 MyloCoffee.com Ohia Poke 623 Beechwood St. 501.323.2405 OhiaPoke.com

River City Coffee 2913 Kavanaugh Blvd. 501.661.1496 RiverCityCoffeeLR.com

Rosalia's Family Bakery 2701 Kavanaugh Blvd. 501.319.7035 Facebook: Rosalia's Family Bakery

S0 Restaurant Bar 3610 Kavanaugh Blvd. 501.663.1464 S0RestaurantBar.com

U.S. Pizza Co. 2710 Kavanaugh Blvd. 501.663.2198 USPizzaCo.net

MIDTOWN

All Aboard Restaurant & Grill 6813 Cantrell Road 501.975.7401 All-AboardRestaurant.com

Big Orange: Burgers, Salads & Shakes

207 N. University Ave. 501.379.8715 BigOrangeBurger.com

Casa Mañana 6820 Cantrell Road 501.280.9888 CasaMananaMexicanFood.com

Damgoode Pies 6706 Cantrell Road 501.664.2239 DamgoodePies.com

Graffiti's Italian Restaurant 7811 Cantrell Road 501.224.9079 LittleRockGraffitis.net

Paninis & Company 207 N. University Ave., Ste. 210A 501.744.5842 PaninisAndCompany.com

The Purple Cow 8026 Cantrell Road

501.221.3555 PurpleCowLR.com

Taziki's Mediterranean Cafe 8200 Cantrell Road

501.227.8291 TazikisCafe.com

Trio's Restaurant & Catering 8201 Cantrell Road, Pavilion in the Park 501.221.3330 TriosRestaurant.com

RIVERDALE

Brave New Restaurant 2300 Cottondale Lane, Ste. 105 501.663.2677 BraveNewRestaurant.com

Buffalo Grill 1611 Rebsamen Park Road 501.296.9535 BuffaloGrillLR.net

Chi's Asian Cafe 3421 Old Cantrell Road 501.916.9973



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The Faded Rose 1619 Rebsamen Park Road 501.663.9734 TheFadedRose.com

The Fold: Botanas & Bar 3501 Old Cantrell Road 501.916.9706 TheFoldLR.com

Loca Luna 3519 Old Cantrell Road 501.663.4666 LocaLuna.com

Maddie's Place 1615 Rebsamen Park Road 501.660.4040 MaddiesPlaceLR.com Pizza Cafe 1517 Rebsamen Park Road 501.664.6133 PizzaCafeLR.com

Red Door 3701 Old Cantrell Road 501.666.8482 RedDoorRestaurant.net

Town Pump

1321 Rebsamen Park Road 501.663.9802 Facebook: Town Pump

Whole Hog Cafe 2516 Cantrell Road 501.664.5025 WholeHogCafe.com





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For the latest on local shopping and dining, visit LittleRockSoiree.com


datebook: september

5/Thursday

Dancing With Our Stars benefiting the Children's Tumor Foundation of Arkansas, 6 p.m., Robinson Center. **Info:** 501.263.1633, CTF.org.

Runway for the Cure benefiting the Susan G. Komen Foundation, 11 a.m., Metroplex. Info: 501.202.4399, KomenArkansas.org.



Gala for Life benefiting UAMS Winthrop P. Rockefeller Cancer Institute, 6:30 p.m., Statehouse Convention Center. **Info:** 501.686.5675, TheGalaForLife.com.

"Million Dollar Quartet" Opening Night, 8 p.m., Arkansas Repertory Theatre. **Info:** 501.378.0405, TheRep.org.



Harvest Night benefiting the Arkansas Foodbank, 5 p.m., Arkansas Foodbank. Info: 501.569.4329, ARFoodBank.org/HarvestNight2019.

Party With a Heart "Dirty Dancing" Singalong benefiting Arkansas Paws in Prison, 6 p.m., Argenta Community Theater. **Info:** 501.425.1988, PartyWithAHeart.org.



Driving Away Hunger benefiting Potluck Food Rescue, 6:30 p.m., Potluck Food Rescue. **Info:** 501.371.0303, PotluckFoodRescue.org.

Hunger Action Breakfast benefiting the Arkansas Hunger Relief Alliance, 7:45 a.m., Junior League Building. Info: 501.399.9999, ARHungerAlliance.org.



Little Rock BrunchFest benefiting Centers for Youth & Families, 11 a.m., Heifer International. Info: 501.666.9436, BrunchFest.GiveSmart.com.

Free to Be Me Art Gala benefiting Kidsource Therapy, 5 p.m., M2 Gallery. Info: 501.315.4414, KidsourceTherapy.com.



Arkansas Woman of Inspiration Patron Party Dinner benefiting Children's Advocacy Centers of Arkansas, 6 p.m., Arkansas Governor's Mansion. Info: 501.615.8633, CACArkansas.org.

Once Upon a Time at the Cirque du Rocher benefiting United Cerebral Palsy of Arkansas, 6 p.m., Robinson Center. **Info:** 501.224.6067, UCPArk.org.



Bingo for Bags benefiting IFB Solutions, 6 p.m., Chenal Country Club. **Info:** 501.492.7509, IFBSolutions.org.

A Taste for Business hosted by the North Little Rock Chamber of Commerce, 5 p.m., Verizon Arena. Info: 501.372.5959, NLRChamber.org.

Zoo Brew benefiting the Arkansas Zoological Foundation, 6 p.m., Little Rock Zoo. **Info:** 501.666.2406, LittleRockZoo.com/Brew.

15, 16 & 19/ Sunday, Monday & Thursday

"Hallelujah!" River City Men's Chorus Concert, Second Presbyterian Church. Info: 501.377.1080, RiverCityMensChorus.com.

 $21/_{
m Saturday}$

Barnaroo benefiting Heifer Village & Urban Farm, 10 a.m., Heifer International. **Info:** 501.907.2697, Heifer.org.

 $26/_{
m Thursday}$

Power of the Purse Luncheon benefiting the Women's Foundation of Arkansas, 11:30 a.m., Statehouse Convention Center. **Info:** 501.244.9740, WomensFoundationArkansas.org.

SpectacUALR benefiting UA Little Rock Trojan Athletics, 6:30 p.m., Jack Stephens Center. **Info:** 501.569.3382, UALR.edu.



Teal Night Light benefiting the Arkansas Ovarian Cancer Coalition, 7 p.m., Statehouse Convention Center. **Info:** 501.603.5225, AROVCC.org.



Feed Our City Ninja Fest benefiting Fresh2You Mobile Market, 1 p.m., Clinton Presidential Center. Info: 407.733.4578, VineAndVillage.org/NFLR

13-28/ Friday-Saturday

Acansa Arts Festival held around central Arkansas. Info: 501.663.2287, Acansa.org.

28 & 29/Saturday & Sunday

"Scheherazade" presented by the Arkansas Symphony Orchestra, Robinson Center. **Info:** 501.666.1761, ArkansasSymphony.org.

> See more and submit your event at LittleRockSoiree.com/Datebook





events/september

"The Mountain Moves and I Stand Still" by Mike Marks, 12.5 x 15.75, intaglio, chine collé, stone relief on paper, 2019. See more of Marks' work on display at The New Gallery Sept. 6-28.



INTO THE BLUE AN EVENING OF ENTERTAINMENT

Part two of the Thea Foundation's Into the Blue gala took place at the CHARTS Theater at UA-Pulaski Tech, honoring the Charles A. Frueauff Foundation with the Pillar of the Arts Award. Guests enjoyed a night of hors d'oeuvres, libations and performances from past scholarship winners, all to celebrate the nonprofit's mission to

- *further the arts in Arkansas schools.*Paul Leopoulos, Trish and Steve
- Roberson
- 2 Bernadette Messina, Joe Griffith
- 3 Susan Altrui, Kristen Lippencott
- 4 Amanda Seevers, Linda Leopoulos
- 5 Cody Keene, Julie Tabor
- 6 Jennifer Owens, Matt Buie
- 7 David and Michelle Frueauff, Anna Kay Frueauff, Walker Williams8 Hayden Staton, Caroline Dyer

JLLR NEW MEMBER ACCEPTANCE PARTY

Current members of the Junior League of Little Rock welcomed their newest class of members to the team during this annual reception. This event honored the new inductees with drinks and hors d'oeuvres while serving as an opportunity to learn more about the "society of trained women volunteers who are committed to serving the

- women and children of Little Rock."Casey Rockwell, Kayla Rogers, Lisa
- Shahim 2 Frankie James, Ashley Wang, Tanisha Rachal
- 3 Emily McClary, Emily Henson
- 4 Cindy Pugh, Marisha DiCarlo
- 5 Amy Floyd, Mary Deloney Logan
- 6 Skye Martin, Lanie Kerr, Nicole Nark
- 7 Mandy Ellis Keller, Jennifer Goss
- 8 Emily Powell Carpenter, Maradyth McKenzie





TASTE OF THE ROCK

Little Rock residents brought their appetites to this annual foodie bash hosted in the River Market Pavilions by the Little Rock Regional Chamber of Commerce. Attendees got their fill of some of the best cuisine in town from dozens of restaurants, caterers and distributors, all of whom were competing

for top titles and bragging rights.

- 1 LV Randall, Alexis and Tyler Crowe, Ansley Watson
- 2 Lori Bloom, Meliss Wood
- 3 Alyssa and Matthew Hammond
- 4 Ben Walters, Jessica Milam
- 5 Ben and Jessie Pritchard
- 6 Erica Savage, Jacob Lambert
- 7 Brandy Nunnally, Emily Motes, Pam Ezell, Renee Coffman
- 8 Shiloh Phillips, Brittany Goshen, Melinda Abernathy







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BINGO BASH

ACCESS School supporters won more than a few prizes at this 13th annual event. At the Annunciation Greek Orthodox Church, guests gathered for a night of competitive bingo, dinner, drinks and raffle items to benefit the school. In the process, they smashed previous records and raised more than \$56,000 in one night, more than \$10,000 over its goal.

- 1 Max Fraire and Becca Price
- Barry and Rachel Jackson
 Fred and Sarah Beth Davis
- 4 Allie and Matthew Smith, Jamie Collins
- 5 Morgan and Chandler Bailey, David and Callie Gutierrez
- 6 Mason and Kelli Miller
- 7 Tammy Simmons, Rick Williams
- 8 Katie and Ethan Branscum
- 9 Sarah and Ryan Gibson



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 - October 19
 Reptiles

ZOO BREW September 19

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*Featuring adults-only nights Oct. 18 and Oct. 24



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WOMEN'S FOUNDATION OF ARKANSAS OPEN HOUSE

The WFA has some brand new digs. The Women's Foundation of Arkansas recently moved into its new headquarters in the Regions Building and they invited their friends to join the celebration. Guests enjoyed drinks and appetizers while checking out the new space and learning about the WFA's ongoing and upcoming projects.

- 1 Tjuana Byrd, Suzanne Peyton, Anna Beth Gorman
- 2 Alma Willett, Steve Rice
- 3 Maddie Spickard, Abby Hughes Hosclaw
- 4 Mary Claire Hill, Ryder Buttry
- 5 Samm Marshall, Amber Haugen











YOUTH HOME CASINO NIGHT

A colorful evening of cocktails and high-energy games awaited guests at Youth Home's annual Casino Night and Texas Hold'em tournament at Next Level Events. Slots, roulette and blackjack were among the night's activities, along with a Vegas-style VIP lounge, full bar and dinner, all to support Youth Home's work providing emotional and behavioral health care.

- 1 Janelle Gleisner, Sean Smith
- 2 Elicia Dover and Jeremy Flynn
- **3** Jordan Wilson, Julie Gerush
- 4 Christal Moore, Brenda Shadid, Susy Oppenheimer
- 5 Dirk Haselow, Tonya Werner
- 6 Larry Betz, Stephanie Jonasson
- 7 Neal and Kersey Summer
- 8 Tarek Shehadeh, Whittney Williamson
- 9 Tim and Kristi Mays









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SWEETHEARTS

WELCOME RECEPTION The American Heart Association of Central Arkansas hosted a welcome reception for the 2020 class of Heart Ball Sweethearts. Parents and Sweethearts celebrated the sophomore girls at the Country Club of Little Rock, while Eileen and Dr. Ricardo Sotomora and Charli Sotomora sponsored the evening.

- Eileen and Dr. Ricardo Sotomora, Tammy Quick
- Anna Falcon, Libby Raffaelli, Maggie McGeorge
- 3 Adelaide Spradling, Alexandra Powell
- 4 Alexandria May, Merideth West
- 5 Anna Bradford, Avery Stephens
- 6 Christina Day, Chris Norwood
- 7 Hannah Thomas, Smitha Thomas8 Jordan Greenwood, Carol Ann
- McClendon 9 Anna Grace, Savanna Hindman, Isabel
- Wilcox
- 10 Dianna Huchingson, Julia Huchingson11 Hannah Claire Humphries, Harlyn Hogan
- 12 Kacie Estes, Sivney Fewell
- 13 Madison Mobley, Emili Elking
- 14 Joyce Taylor, John Holtan, Dr. Jean McSweeney
- 15 Emma Villiger, Jenna Villiger, Debra Villiger
- 16 Lacey Caldwell, Virginia Caldwell, Jay Caldwell
- 17 Peyten Davis, Mary Elizabeth Roland























ALL-ARKANSAS CONFERENCE OPENING RECEPTION

The Junior League of Little Rock hosted the 2019 gathering of Junior Leaguers from across the state, kicking things off at the Capital Hotel. Members had the chance to meet and mingle with hors d'oeuvres in hand before diving into this year's conference with the theme "Membership Experience: Connect, Engage, Empower."

1 Lauren Hall, Tanya James

- 2 Cindy Pugh, Felicia Norwood
- 3 Emily Powell Carpenter, Christina Aleman
- 4 Katie Waldrip Branscum, Jordon Addison
- 5 Jennifer Goss, Leigh Anne Kreps
- Katelyn Jost, Beth Emmanuel, Christine Doellinger
- 7 Brittany Allman, Simone Lewis, Julia Brooks
- 8 Suma Ashok, Brittney Roy







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LAST LOOK / SEPTEMBER

Trend Watch 2020

By Jess Ardrey | Photography by Jason Masters

Kim Carter and Alicia Miller are the dynamic duo behind Carter | Miller, Hillcrest's newest salon. We caught up with the two hair care gurus to learn about some of their favorite of-the-moment products and styles, plus what trends to look out for in the coming year.

COLOR

"In 2020, all colors get equal play. Beige, golden and champagne blondes will rise in popularity, next to the ever popular icy blonde of 2019. (Don't worry, those cool tone blondes aren't going anywhere.) We also can't leave out rich chocolate brunettes, vibrant reds and all those fashion colors. Blue doesn't always have to be bold, it can be feminine and delicate. Make way for 2020's Pantone Color of the Year, 'bleached coral.'"

STYLE

"We are so happy to see simplicity come to the forefront of fashion. Sleek and simple ponytails, easy bobs, middle parts, side parts and braids — whatever your preference, 2020 is about simplicity in styling. Your hair style should be a reflection of you."

PRODUCTS

"Sustainable products! We partner exclusively with Davines Haircare, based and manufactured sustainably in Parma, Italy. Sustainability is meant not only for the products, but sustainability of your hair — choosing daily essentials that match your hair type and lifestyle. Our personal faves are the Circle Chronicles hair masks from Davines. They're the perfect go-to deep conditioners to keep in the shower, throw in your gym bag and carry-on or after pool or lake time that meet the needs of each moment of your busy life."

TOOLS

"Basics never go out of style. Invest in the everyday tools that make your styling routine easier. At Carter I Miller, we love our Elchim and Dyson blow dryers. A Mason Pearson brush should be in every woman's beauty kit, and we are in love with the Davines round brushes. And pull out those curling irons and crimpers. 2020 is all about texture. Whether it be your own natural texture or created with a tool, make texture happen."

Read more online at LittleRockSoiree.com.



CANS S FESTIVA OF THE SOUTH

SEPTEMBER 13TH-28TH

TICKETS AT ACANSA.ORG

LITTLE ROCK // NORTH LITTLE ROCK

The Sixth Annual ACANSA Arts Festival of the South spans three weeks of dynamic arts and cultural events in venues across Little Rock and North Little Rock. Collaborating with international, regional and Arkansas artists, ACANSA provides world-class music, dance, theatre, culinary and visual arts.

From Swing and Strings to Stand-up and the Silver Screen, ACANSA has the ideal festival lineup to make your September spectacular!



SCHEDULE OF EVENTS

Hot Club of Cowtown Friday, Sept. 13 | 8:00pm

Ron Robinson Theater 100 River Market Ave., Little Rock

Stewart Fullerton's Homecoming Queen: A night of intimate storytelling and standup Friday & Saturday, Sept. 13-14 | 9:30pm

The REP Annex. **Black Box Theatre** 518 Main St., Little Rock

Gina Chavez Saturday, Sept. 14 | 8:00pm

The Rail Yard 1212 East 6th St., Little Rock

Bill Bowers: All Over the Map Thursday & Friday, Sept. 19-20 | 7:00pm

The REP Annex, Black Box Theatre 518 Main St., Little Rock

Tennessee Williams' Argenta Community Theater (ACT) A Streetcar Named Desire Tues-Sun, Sept. 17-22 | 7:30pm/2pm Sun.

405 Main St., North Little Rock

American Guitarist & Composer Bill Frisell Thursday, Sept. 19 | 7:30pm

The Joint Theater and Coffeehouse 301 Main St., North Little Rock

Tenors Unlimited Friday, Sept. 20 | 8:00pm

BODYTRAFFIC

Ron Robinson Theater 100 River Market Ave., Little Rock

Pulaski Technical College: The Center for Humanities and Arts (CHARTS) 3300 W. Scenic Dr., North Little Rock

Bette Davis Ain't for Sissies Thursday, Sept. 26 | 7:00pm

Saturday, Sept. 21 | 8:00pm

Argenta Community Theater (ACT) 405 Main St., North Little Rock

Tatiana R. Mann and Friends Thursday, Sept. 26 | 7:00pm

New Deal Salon 2003 S. Louisiana St., Little Rock

Jessica B. Harris, Author & Food Historian Thursday, Sept. 26 | 7:00pm

The Joint Theater and Coffeehouse 301 Main St., North Little Rock

Dallas String Quartet "Where Bach Meets Bon Iovi" Friday, Sept. 27 | 8:00pm

Pulaski Technical College: The Center for Humanities and Arts (CHARTS) 3300 W. Scenic Dr., North Little Rock

Arkansas Symphony Orchestra / JoAnn Falletta & Time for Three Saturday, Sept. 28 | 7:30pm

Robinson Center 426 W Markham St., Little Rock



Tickets & Info // ACANSA.ORG



cancer survivors

Jeannie Adams was putting on lotion after a day at the beach in the summer of 2011 when she felt little BB-like pellets in her neck. She went to her primary care doctor who said it was probably an infection in her lymph nodes that would go away, but more little pellets appeared. She went back to her doctor and had a biopsy, which led to a diagnosis of lung cancer. Under the care of Dr. Konstantinos Arnaoutakis, an oncologist at the Winthrop P. Rockefeller Cancer Institute, her treatment included two and half years of chemotherapy and 33 rounds of radiation. She said the day she was told she was in remission was like freedom - "a feeling like I'm free and can move on."

"Going to UAMS was a no-brainer. I feel I was connected with just the right oncologist. It was amazing. We are blessed to have UAMS here in Little Rock." - Jeannie Adams, North Little Rock



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