

YOUR BEST MARKEN IN DAVIE

DavieLiFE Celebrations Page 28 Your Best Summer in Davie County Page 32 Expanded Children's Dental Services Coming Soon Page 60

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**I'M NOT ONLY CELEBRATING** a major milestone with **DavieLiFE**, but an even more major milestone with our firstborn, Mason, graduating from high school. I think back on how at times the years seemed to creep by, but now that I have more of an "aerial view" on his childhood and years spent in Davie County Schools, I can't help but do a double-take wondering **how we got here so quickly.** 

I'll be honest, my heart is beaming with pride, but also aching, as I know he is on the verge of spreading his wings and flying. Our son will be a proud graduate of the Class of 2019 from Davie County High School. He joins many other alumni of Davie High who have a very unique connection — they will always be War Eagles.

Mason has worked hard in school and made us proud of his determination and commitment to reach his dreams and goals. In August, we will help him fulfill one of his dreams by moving him to Raleigh where he will attend N.C. State University majoring in Computer Science Engineering. We have no doubt he will do great things.

As we edge closer to a new beginning for Mason, I find myself getting caught off guard by emotion. One of my resolutions at the beginning of 2019 was to do my very best to make sure Mason knows how much he is loved before leaving for college. That may seem silly to many, but it has been a constant reminder for me to show grace and love to him when our days having him at home "full-time" are numbered.

This boy of ours makes me beam with pride. I'll be honest, I am a little sad, but that sadness is shadowed by the excitement I have knowing his future is limitless.

I've spent some time over the last few weeks gathering sentimental items to help celebrate this special occasion. A song by Rascal Flatts illustrates clearly my desire for Mason. As I close this letter, I'll share those words and hope they inspire Mason, but also other graduates of the Class of 2019.

"My wish, for you, is that this life becomes all that you want it to. Your dreams stay big, your worries stay small — you never need to carry more than you can hold. And while you're out there getting where you're getting to, I hope you know somebody loves you, and wants the same things too. Yeah, this, is my wish."

Rascal Flats, My Wish for You

Publisher/Editor Wendy H. Horne Sum5 Communications, Inc.

**Contributing Writers** Bob Church, Dawn Creason, Jordan Howard, Meenal Khajuria

Photography One Shot Photography

Graphic Design LinTaylor Marketing Group

Account Manager Molly Ridenhour

For information on how you can support *DavieLiFE* through advertising, contact us at wendy@davielife.com or molly@davielife.com.

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# DavieLiFE



Wendy Horne, Editor/ Publisher of DavieLiFE, with son, Mason

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# Heating & Air Company Expands to Davie County



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Travis Crawford has been in the heating and cooling business for over 10 years. When he was 16, he started working during his time off in the summer or on weekends. As time went on, he rose his way through the ranks until he was basically running the show. From there he went to work for other HVAC companies in the Charlotte area, until he eventually opened his own business, Travis Crawford Heating and Cooling, Inc.

He started this business in Charlotte but has now **expanded to Mocksville** where his general manager, **Joey Cress**, lives. "We are already open and accepting calls," Crawford said. "Our busy time is summer and we're starting now."

The three things the people at Travis Crawford Heating and Cooling focus on are **passion**, **experience** and **integrity**.

**"Everything we do, we do by the book,"** Crawford said. "Our customer service is bar-none and we put that in front of everything else." With a 10 year labor warranty on new equipment, 24 hour service, technicians working around the clock and weekend service hours, the team at Travis Crawford Heating and Cooling make sure that they are there for anyone in need. "There are so many companies out there when it comes to heating and cooling that are all about money. They take advantage of their customers and offer things they don't need, but my guys don't operate that way," Crawford said.

Their four areas of expertise are **maintenance**, **service and repair**, **equipment replacement** and **new construction**. These four areas ensure that you're treated fairly and that your problems are taken care of in a professional and timely manner.

When something breaks, they fix it. When you have questions about what is the best fit for your situation, they're there to help. When it's time to install new equipment, they make sure it's done right the first time. You can give them a call at **336-499-7575** for any of your heating and cooling needs, they'll be there to help.

"We are so excited to be a part of this community. The guys love it up there and want to make a difference in people's heating and cooling needs. We're going to give back all the care we can."







# BUILDING EXCELLENCE BY PUTTING PEOPLE FIRST

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## This is What Support Looks Like

#### WHAT IS MORE COMFORTING THAN A

**TRUSTED FRIEND** that you can turn to for support and compassion 24-hours a day, any day of the week? Regardless of what brings us anxiety or is unsettling, it is a treasure to know where to turn for support.

**Trellis Supportive Care** (formerly Hospice & Palliative CareCenter) has been that trusted companion for support for generations of patients and families facing the fears and challenges of serious illness, and the loss of a loved one.

#### **Support** Has a Familiar Face and a 40-Year History

Right now, someone close to you could be going through one of life's most difficult times such as facing a serious illness, coping with caregiving responsibilities, or grieving the loss of a loved one. It can be overwhelming to handle these situations alone — and comforting when you know you don't have to. Trellis Supportive Care is here with familiar faces and a trusted team to lean on for compassion and support. Even though our name has changed from Hospice & Palliative CareCenter, we're the same, mission-driven nonprofit you've known for 40 years.

#### **Support** is Always Within Reach

There are two themes constantly shared by families who know what it is like to have the support of Trellis Supportive Care; 'It was such a relief....', and, 'I only wish we would have called sooner.'

No one likes to think about what they would do if they became seriously ill. But, knowing where to turn for guidance and support provides families with peace of mind. With deep roots in this community and a desire to ease the challenges of serious illness — Trellis Supportive Care wants to help.

#### Support Looks Like a Trellis a Framework of Support

About eight months ago, our new name Trellis Supportive Care was selected because the imagery of a trellis as a framework of support fit beautifully with our mission. The team of caregivers at Trellis Supportive Care become this framework of support for patients and their families. Some days, patients and families may need gentle guidance, while on other days they may lean heavily on the team who is with them every step of the way with medical and emotional expertise.

#### Supportive Care Comes in Many Forms

At the heart of our mission is a desire to help patients and their families navigate the realities of serious illness, and ultimately ensure a comfortable, meaningful, and peaceful quality of life. It's about care that focuses on what matters most to patients.

Hospice Care is the cornerstone of our care. Our whole team is available 24-hours a day, seven days a week. At times, if needed, our Kate B. Reynolds Hospice Home becomes a home-away-from-home for around-the-clock care.

**Palliative Care is also available.** A palliative care specialist is a valuable resource when someone is facing a serious illness, offering guidance and helping to manage pain and symptoms – even as a person is undergoing aggressive treatment for a cure.

Advance Care Planning can be the very best first step in making sure that you get the kind of care YOU want. Sharing and documenting your wishes so that healthcare professionals and your family understand what is important to you should you ever need an advocate and a plan for your future care.

**Grief Counseling** can take many forms, be it individual sessions or support groups with others who have been through similar losses. Grief is a very personal journey and our counselors help ease the process and provide tools to help you along the way.

If you're ever facing overwhelming medical decisions, caregiving responsibilities, or simply want to learn more about resources, Trellis Supportive Care would like to help. The sooner patients and families connect to care, the sooner there is hope for comfort and peace of mind.

Visit **TrellisSupport.org** or call 336-768-3972.

SEE THEIR AD ON PAGE 11



# This is what support looks like.

Right now, someone close to you could be going through one of life's most difficult times. Facing a serious illness, coping with caregiving responsibilities, or grieving the loss of a loved one is too much to handle without help. **Trellis Supportive Care** is here with compassion and support for you and your family. Even though our name has changed from Hospice & Palliative CareCenter, we're the same, mission-driven nonprofit that's spent the last 40 years helping neighbors live each day to the fullest.

If you or someone you love is in need or you'd like to get involved, please visit our Mocksville office at 377 Hospital Street, Suite 103, or call us at (336) 753-0212.



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### **Meet Jordan Howard Bolch**

**OVER THE LAST TWO YEARS**, a young lady by the name of Jordan has quietly been working behind the scenes for both **DavieLiFE** magazine and **Sum5 Communications**. Now that she has graduated, we are excited to announce that Jordan Howard Bolch has officially joined our team! Over the next few weeks, we will be introducing Jordan to a number of our clients and we can't wait to see the breath of fresh air she brings to our organization.

So that you can get to know Jordan better, we asked her to share a bit about herself with our readers.

"The last few weeks have been full of chaos, excitement, changes, and new adventures. I graduated from the University of North Carolina at Chapel Hill, married the love of my life, moved to a new city, and drank a lot of coffee. Most things in my life are in a time of transition, but not everything. Not my love for reading or desire to



travel, nor my cravings for coffee or the solace I find in writing — these things have stayed constant. As an Enneagram Two, I have to say I'm blessed to be back in a small town doing what I love meeting new people, exploring, finding new coffee shops and writing on stormy summer

days. It's such a joy to work with the women at **DavieLiFE**, and I can't wait for what's in store. I'm excited to make Davie County home, to continue telling the uniquely beautiful stories of people in this town and to let the Lord continue guiding me down this new avenue of life."

Welcome to the team Jordan — we are so excited to have you onboard!





### Proud to be an Employer of Choice

Ask any CEO of a company that has been successful for several decades what they consider to be their greatest asset and they will always credit their employees. "Certainly it is our goal to be the "Builder of Choice" for owners seeking our full range of general contracting services. However, we can't accomplish that goal if we aren't also the "Employer of Choice" for our team members and those who we hope to attract," said Carl V. Carney, President and CEO of Davie Construction Co.

The designation of "Employer of Choice" doesn't just happen. It requires a company wide culture that recognizes and rewards an exemplary work ethic and supports selffulfillment, career development, and internal promotion. Companies like Davie Construction are distinguished by a commitment to bringing team members together to learn, communicate directly, and enjoy each other's company through opportunities for fellowship and fun. They also work hard to create and maintain a family-focused environment honoring life/work balance.

"The construction industry is in the same position as many others like manufacturing and health care." said Carney. "There are more job openings than there are skilled workers. This increased demand means we must offer competitive pay and benefits. In our experience salary isn't always the primary concern. Our employees also appreciate intangibles like quality of life, a supportive and engaged management team, and heartfelt acknowledgment of their valuable contributions to our success."

Davie Construction is actively building a pipeline to attract young people and those seeking a job change who may consider construction as a stable and well-paying career choice. While many of the Davie team hold four-year degrees in construction management from schools like Clemson, Virginia Tech, Western Carolina, Appalachian State, NC State, UNC-Chapel Hill, East Carolina, Winston Salem State, Forsyth Tech, and Davie County Community College, there are many other paths to a construction career. "We are working with Davie High School to initiate an internship program this summer that will hopefully continue into the next school year. We have welcomed many college students as summer interns over the years and are meeting with the folks at Davidson County Community College to start discussions to establish a state-registered apprenticeship program. For the youngest students, we've hosted Chamber of Commerce Manufacturing Day Tours, and our Executive Vice President of Pre-Construction, Brad Chapman, has made presentations to eighth-grade drafting classes, explaining how those skills are critical in construction," said Carney.

SEE THEIR AD ON PAGE 8

#### "We have grown since 1993 as a result of the hard work, loyalty, and commitment to quality demonstrated by our team."

Since the US military is the largest construction employer, he hopes that local veterans with construction skills will consider Davie Construction as well. "Women hold key management roles at Davie. Our Controller, Greta Gardner, is President of the local Chapter #109 of the National Association of Women in Construction. The range of well-paying jobs in this industry makes it a smart career choice for everyone!"

One other area where "Employers of Choice" shine is in their commitment to community service, through company involvement, and the encouragement of employees to participate in a range of causes and organizations. Davie Construction Co. marked its 25th Anniversary in 2018 with projects like fundraising for the St. Baldrick's Foundation to fight childhood cancers and to help The Dragonfly House purchase an electronic sign, donating to Toys for Tots and the Davie County Heroes Fund, sponsoring the Davie County Senior Games, and collecting for the Clemmons Food Pantry. Not only did these events support essential programs, they also gave the Davie team opportunities to work together to give back - an appreciated benefit that is impossible to quantify!

### Mental Health First Aid: Empowering the Community to Care



BY MEENAL KHAJURIA, COMMUNITY ENGAGEMENT SPECIALIST AT CARDINAL INNOVATIONS HEALTHCARE

**MAY MARKS THE BEGINNING OF SPRING SHOWERS**, blooming flowers, and mental health awareness month.

In some ways it's becoming easier and more common for people to talk about their own mental health, and to empathize with people who are facing mental health concerns.

#### But there's more work to do.

Successfully erasing the stigma around mental health begins with the recognition that mental illness impacts each one of us. Even if you currently experience excellent mental health, someone you know — a friend, loved one, coworker, or neighbor — may be affected by a mental health issue. Knowing what to say, what not to say, and how to respond when a person needs help can make a difference in their life.

That's why training to increase behavioral health literacy in our community is so important.

#### Local Training

Here in Davie County, there are many chances for individuals to learn more about mental health. In fact, many classes are free and conveniently taught within our local community, through support trainers from Cardinal Innovations Healthcare. They are typically designed to engage attendees with lots of activities, like role playing and simulation exercises. These activities show what it's like to face mental health concerns and teach how to help.

**The Davie Wellness Center in Mocksville**, located at 142 Gaither Street, offers monthly education in a wide range of topics, including mental health awareness. There, you can take free self-care and stress management classes that incorporate art or exercise. You can attend classes that are more educational, like learning how to recognize if an elderly loved one might be considering suicide. You can also learn basic vocational skills or take a class on how to find disability insurance. Although the center is operated by Cardinal Innovations Healthcare, you don't need to be a member or affiliated with Cardinal to participate.

You may also find it interesting to know that mental health first aid training is offered to community support groups in Davie County and other communities across North Carolina. These are much like regular first aid classes, but with an emphasis on how to help someone experiencing a behavioral health crisis, rather than a physical wound. It has been given to school systems, public safety groups (such as police officers and emergency response teams), faith-related groups, and even some of our elected officials. Mental health first aid training enables people to recognize when someone is experiencing a mental health crisis. It equips them with the skills and resources necessary to get people the right support at the right time.



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# Finding a Place to Call Home



Bob Church, Mortgage Loan Specialist

#### THERE'S NEVER BEEN A BETTER TIME TO

**LIVE IN DAVIE COUNTY.** Those who live here want to stay, as evidenced by the available housing inventory which is down close to 30 percent from this time last year\*. Homes in Davie are also seeing an average appreciation of four to eight percent in values.

# What does this mean for those hoping to join this vibrant community?

Bob Church, mortgage loan officer at Allegacy Federal Credit Union, advises, "If you're looking to purchase, get completely credit approved before you house hunt. It's a seller's market. Multiple offers are made, especially for houses in the \$150,000 to \$200,000 range. You want to be ready when you find that perfect house and having financing already lined up is a big plus."

**Credit approval letters** are not the same as a **prequalification**. A prequalification typically means that you would be approved based on verbal information you've provided the lender. This letter will not hold much weight with sellers and listing agents as information is not verified.

With a credit approval letter, the lender collects proof of income (pay stubs/tax returns/W2s), pulls a credit report, and verifies assets. The loan then receives an approval from an automated underwriting engine from Fannie Mae or Freddie Mac with the terms you are most comfortable. The loan amount and terms can be adjusted once the home is selected. With a credit approval letter, you enter negotiations with financing assured.

SEE THEIR AD

ON PAGE 2

Speaking of negotiations, in a seller's market, most houses go for list price and sometimes more. **Current sales are averaging almost 98 percent of list price**, so if you find the house of your dreams, be realistic about the price and truly offer what you're willing to pay. Sellers have worked with their real estate agents to determine a fair market price for the home. Low ball offers tend to stop the process as the seller usually has another offer waiting or knows another will come in soon.

Mortgage rates are still low and Davie County is a great location with its community atmosphere, convenience to world-class health care, restaurants, retail stores, schools and close proximity to Interstate 40. It's easy to understand what draws people here, making the search for the perfect Davie County home worth the time and effort.

\*All statistics are from The Long & Foster Market Minute, Focus on Davie County Housing Market.

Bob Church, Mortgage Loan Specialist | NMLS# 76214 Services: Bermuda Run, Davidson, Mocksville 336.774.4135, Allegacy.org



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## Local Partnership Provides **Trauma Information and Training** for Students and Community

**OVER THE PAST YEAR AND A HALF**, the staff at The Dragonfly House have been working closely with key personnel at Davie County Schools to create a, local, community-specific version of a trauma-informed/trauma-sensitive school and community. This is called **"Compassionate and Resilient Schools"** (CRS), and it is a best-practice, inclusive, trauma-responsive approach to education.

The mission is to show compassion and promote resiliency both in our schools and in our communities. The training teaches with intention, how to build relationships with all students so that childhood trauma can be recognized and prevented. In addition, the training emphasizes the importance of creating safe and nurturing relationships, as well as inclusive environments.

Childhood trauma can have a direct, immediate, and potentially overwhelming impact on children's ability to learn. The goal is for educators and school professionals to understand the role of trauma, its effect on children and how they can change methods of interacting and responding to these children. By adopting a Compassionate and Resilient approach, schools under-take a shift in perspective at the staff and organizational level to recognize, understand and address the learning needs of children impacted by negative experiences.

#### What does a CRS do?

"CRS is important because the way we've always done things isn't necessarily what's best for kids. Kids will do well if they can, and if they aren't doing well, then it's our job (as adults) to figure out what is getting in the way," said Aubrey Draughn, a school social worker for Davie County Schools.

A Compassionate and Resilient School operates much like a wheelchair ramp does for handicap accessibility — it exists for those who we already know need it, it is there for students who may not have been recognized as in need of it, for students who may not need it now but could need it in the future, and those who may not ever need it but having it in place teaches them compassion from modeling the mindset and perspective shift that their peers and teachers display within a CRS framework.

"We teach our students the skills they need to learn to regulate their emotions on their own," said Draughn. "It's really a beautiful thing to see students recognize when they need to take a break, practice mindfulness, get up and move around, etc."

Currently **Mocksville Elementary School** and **South Davie Middle School** are piloting the program in Davie County Schools. DCS has designated through their Strategic Plan that by June 2023, DCS will create and CONTINUED ON PAGE 23





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# Restoring

# Men and MedSpas (what women need to know)

BY MARISA FAIRCLOTH, PA-C



#### MORE OFTEN THAN YOU MIGHT THINK

I get asked, "Do you treat men?" and my answer is always a resounding "Yes!" In fact, some of my best patients are men, who are referred to me by their wives or girlfriends.

Once sought after nearly exclusively by women, noninvasive cosmetic treatments

and services are quickly becoming a norm for men. While men still make up a minority (around 10-20%), the numbers are growing and growing quickly.

So, if you're a woman who thinks your man might benefit from a med spa visit, here are some **things you might consider** before suggesting it to him:

- According to a recent article provided by the National Library of Medicine, men are becoming increasingly concerned about their appearance. We women see this reflected in their anti-aging behaviors, interest in fitness and increased use of skincare products.
- As a practitioner who works with men, I must be aware of the facial and body structures that are unique to men. Make sure you recommend the right med spa that has not only the experience but is "man-friendly." At Restoration MedSpa, we take pride in our ability to treat men.
- Facial treatments like micro-needling, lasers, peels, hydra-facials and even deep cleansing do a great job of rejuvenating a man's skin. Some of these procedures can also have a substantial health benefit in thwarting pre-cancerous lesions, sun damage and age spots that we see so often among very active and outdoorsy men. In fact, the FDA-has cleared LaseMD<sup>®</sup> in removing precancerous lesions, potentially preventing surgery or other methods that can cause scarring.

- Men in a competitive workplace environment are lining up for injectables like Botox® and Juvéderm®. They require little down time and can subtly make a big difference in a man's face. At Restoration MedSpa, we also offer Kybella® treatments to counter the double-chin that is genetic for many men.
- We saw the dawn of body shaving and waxing among men a couple of decades ago (and we women have been thankful), but it has been difficult and often painful for men to sustain. That's no longer the case. Laser hair removal is a more effective way to comfortably reduce your man's unwanted hair.
- Even before lan Poulter's recent promotion of CoolSculpting<sup>®</sup> to improve a man's golf swing by getting rid of unwanted belly fat, we saw an uptick in men seeking body contouring services. If the love handles have turned into handlebars, CoolSculpting<sup>®</sup> might be the answer for ridding some of your guy's unwanted fat.

If you're thinking of recommending a non-invasive cosmetic treatment or service for your man, Restoration MedSpa offers a **complimentary consultation**. Bring him in today ... You'll thank me later!

Marisa Faircloth, PA-C is the owner and chief practitioner at Restoration MedSpa, which provides the latest non-invasive cosmetic procedures, luxury facials, unwanted hair removal, and permanent fat reduction. Faircloth has dedicated more than 35 years of her health care career toward aesthetics, healthy aging and weight loss. She is credentialed as a Diamond Level Injector with Allergan, makers of Botox<sup>®</sup> and Juvéderm<sup>®</sup>, which places Restoration MedSpa among the top 500 medical spas among approximately 40,000 nationwide.



SEE THEIR AD ON PAGE 75



#### North Carolina's FIFTH WHEEL AND TRAVEL TRAILER HEADQUARTERS



**INCREDIBLE DEALS** 

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9 out of 10 customers agree their sales and delivery experience with us was **excellent!** Rating results gathered from Campers Inn RV's Customer Service Index Survey from Jan. 2018-Oct.2018

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#### **INTEGRITY TRADE-IN GUARANTEE**









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#### CONTINUED FROM 18

enhance learning environments that support and prepare students socially and emotionally as measured by annual student and staff surveys, discipline, attendance, dropout data, and counseling data. One strategy for this is to implement a Compassionate and Resilient Schools approach district-wide.

"So far at Mocksville Elementary School, we've seen amazing results. When asked in a survey if students felt they could trust teachers and other school staff, if they felt valued and safe at MES, more students answered 'yes' to all three questions in 2019 than in 2018," said Draughn.

Already, school-based mental health therapists have been contracted through Lorven to help better meet the health needs of students. Additionally, Mocksville Elementary School Principal Jennifer Swofford, South Davie Middle School Principal Melissa Lynch, one school counselor and four school social workers have received their trauma practitioner certification to be able to aid in the CRS roll-out efforts.

LAND SURVEYING

With all of the school tragedies that have been facing our nation, it is important to evaluate the root of the issue and **stop a problem before it becomes one.** CRS works further upstream when looking at ways to keep our schools and communities safe, helping to be more proactive and less reactive.

By joining together as a community, an advocacy center, and a school system, Davie County extends the reach and is able to catch children before they fall. Please take time to visit the website at **CompassionateResilientSchools.com** to learn more about this initiative.







1083 Salisbury Rd 336.753.8090

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Shopping local is almost a guarantee that you will run into someone that you know. Shopping local connects communities making it the ultimate "social networking" tool!

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THINGS

HAPPEN





### New Logo for Davie County Unveiled by Chamber of Commerce

**AFTER MONTHS OF HARD WORK**, the Davie County Chamber of Commerce is proud to unveil a new logo for Davie County that they are excited to share with the community. "This was a project that required patience and time, but one that produced a product that we want residents and visitors (to our community) to be a part of," said Chamber President, Caroline Moser.





Plans are underway to invite local businesses to **carry branded merchandise** promoting Davie County. The goal is for the logo to become an image that people connect to Davie County. The Chamber will be the first entity to carry items for purchase such as shirts, hats and decals. **"We feel this is an opportunity to build a brand identity for the county that people will come to know and ultimately want to wear (or display),"** added Moser.

Over the next few weeks, merchandise promoting the new brand will be rolled out to the community. Stay up-to-date on when merchandise will be available for purchase by following the Chamber on Facebook at **DavieChamber.com**. If you are a local business who would be interested in carrying merchandise in your place of business, please contact the Chamber at **336-751-3304.** 





CONTINUED FROM 14

#### **Mental Health First Aid**

Specifically, our mental health first aid classes provide an overview of what mental illness is, how many people it affects, and the signs and symptoms of various mental illnesses. We also talk about where the stigma surrounding mental health comes from. Very often, for example, even the words we use unconsciously contribute to stigmas. For those who are comfortable doing so, we encourage people to share their own experiences. This helps our goal of creating a class environment where the shame and misunderstanding around mental illness can be underscored and debunked.

All of this is meant to offer new understanding. Our hope is that people will discover more positive ways to think and talk about mental illness.

Just as importantly, we teach the five-step **ALGEE** action plan that prepares people to respond if and when they encounter someone who needs assistance. It includes:

- Assess for risk of suicide or harm
- Listen non-judgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

After learning about **ALGEE**, those who attend our mental health first aid classes role-play putting those steps into action. For example, an instructor will pretend to be having a panic attack, and participants will practice asking them questions, calming them, finding out who they can contact, and so on. Doing this gives individuals greater confidence in their skills and abilities to respond in a true crisis situation.

Here at Cardinal Innovations, we're proud of the work we're doing in our communities to raise awareness about mental health. Not just this month, but every month. In fact, in 2017-2018 alone, we offered these kinds of trainings to nearly 11,000 people in North Carolina.

Let us know if you're interested in receiving mental health first aid training for yourself, your community group, your business, or your organization. Check out the Cardinal Innovations Healthcare Training calendar or Davie Wellness Center calendar to discover some of the available programs.

In the meantime, if you or someone you know is experiencing a mental health crisis, call us at **1-800-939-5911. The line is open 24/7, and we will pick up the phone within 30 seconds.** 

We're here to help.

# DavieLiFE CELEBRATIONS

Whether it's a birthday, an engagement, a graduation, an anniversary or the end of little league season, our lives are full of happy events. And big or small, they're all great reasons to celebrate.



Congratulations to **Candice RoeAnn Smith** on her recent graduation from Appalachian State University, where she received her B.S. degree in Mathematics with a concentration in Secondary Education. Candice not only received her degree but did so as a single mom to her 12 year old daughter.

We applaud your commitment to build a bright future for you and your daughter!



Janita "Cathy" Speight recently received a nursing excellence award for her work with Davie Medical Center in Bermuda Run. Congratulations on a job well done!



At the annual, Evening at the Oscars, hosted by the **Davie Community Foundation**, 84 scholarships were awarded to 61 students in the class of 2019. Congratulations to these academic achievers!



Cousins, **Lloyd Junker** and **Maggie Junker**, will graduate together from Davie High School as members of the Class of 2019. Congratulations!



**Twin City Volleyball Academy**, 15 Royal AP team celebrates their runner-up finish at the 2019 Atlantic Coast Power League Championship in Richmond, VA. Congrats to the Davie County athletes represented on this team!

Submit your celebrations by email to info@davielife.com and include **Celebrations** in the subject line. Celebrations may also be mailed to: DavieLiFE Magazine Celebrations P.O. Box 2184 Advance, NC 27006.



Mason Horne, son of Jason and Wendy Horne, will graduate as part of the Class of 2019 from Davie High School.

He will follow in his mom and dad's footsteps by attending N.C. State University in the fall.



After years of planning, **COGNITION of Davie County, Inc.** broke ground on March 21st. Now that renovations are underway, a capital campaign for \$500,000 has begun to support the renovation and development of the space. COGNITION will be an interactive learning center and makerspace coming to downtown Mocksville in 2020. To learn more about COGNITION, visit

#### CognitionDavie.org.



**Parker Prysiazniuk**, a student at Davie High, recently received a grant from the Davie County Community Surf Program that will assist him in starting a Special Olympics track team in Davie County.

We applaud you Parker for your passion and heart for those with special needs!



YOU are our focus Every day we wake up with one goal in mind, to improve the health and wellness of special populations in North Carolina. Cardinal Innovations insures 1 in 4 NC Medicaid enrollees and we are proud to serve the citizens of Davie County.



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# YOUR BEST IN DAVIE DAVIE

#### It's summertime in Davie County and we want you to have your best summer yet!

Over the next few pages, we've included a variety of things that we hope you'll take part in. From camps and VBS, to sporting events, to free concerts — there is something for everyone to enjoy. Dive into the pages of this issue of DavieLiFE and begin planning your best summer!

## 2019 Specialty Summer Camps & Programs

Brought to you by the Davie County Recreation and Parks Department

#### ART CAMPS

Instructor: Bruce White of Wild Mountain Art & Design Studio Fee: \$85 per person Location: Brock Recreation Ctr Time: 9 - 11:30 a.m. Ages: 6 - 9 Dates: June 17 - 21 Ages: 10 - 13 Dates: July 15 - 19 Registration Deadline: June 7 & July 5

#### BUBBLE BALLER FITNESS - NEW!

Instructor: Paul Moore Fee: \$28 per session/\$8 per class (drop-in) Location: Brock Recreation Ctr Dates: Tuesdays, August 6 - 27 Time: 5:45 - 6:30 p.m. Ages: 18+ **Registration Deadline: July 30** 

#### **CAROLINA SHAG LESSONS**

Instructor: Paul Moore Fee: \$30 per couple / \$15 for singles Location: Brock Recreation Ctr Dates: Tuesdays, June 4 - 25, July 9 - 30 Ages: 18+ Time: 5:30 - 6:30 p.m. **Registration Deadline: May 28** 

#### **CP3 BASKETBALL CAMPS – NEW!**

Instructor: CP3 Academy Developers Fee: \$99 (Late Fee: \$119 after deadline) Location: Brock Recreation Ctr Dates: June 24 - 28 Times: 9 a.m. - 12 p.m. Grades: 3rd - 5th Grades: 6th - 8th Times: 1 - 4 p.m. Register: cp3basketballacademv.com/events-calendar **Registration Deadline: June 14** 

#### **CP3 BASKETBALL SKILLS & DRILLS – NEW!**

Instructor: CP3 Academy Developers Fee: \$124.99 (includes all summer months) Location: Brock Recreation Ctr Dates: Mondays, June 3 - August 26 Grades: 3rd - 8th Time: 6 - 7 p.m. Register: cp3basketballacademy.sites.zenplanner.com

#### DANCE & TUMBLING CAMPS - NEW!

Instructor: Shelly Hall Fee: \$75/person per camp Location: Brock Recreation Ctr PRINCESS CAMP Dates: June 24 - 28 Times: 9 a.m. - 12 p.m. Ages: 3 - 6 **Registration Deadline: June 14** BABY, I'M A STAR Dates: June 24 - 28 Ages: 6 - 12 **Times:** 1 - 4 p.m. **Registration Deadline: June 14** LEGENDARY FUN! Dates: July 29 - August 2 Ages: 3 - 6 Times: 9 a.m. - 12 p.m. Ages: 6 - 12 Times: 1 - 4p.m. **Registration Deadline: July 19** 

#### LACROSSE CAMPS

This camp is offered for girls and boys of all skill levels. Instructor: Rich Maconochie - DC Lacrosse Fee: \$40 per person Location: Masonic Picnic Grounds Dates: July 22 - 26 Grades: Rising 2nd - 4th Times: 9 - 11 a.m. Grades: Rising 5th - 8th Times: 1 - 3:00 p.m. **Registration Deadline: July 12** 

#### **MID-EASTERN MARTIAL ARTS**

Instructor: Travis Hinson, 6th DBB Fee: \$35 per month Location: Brock Recreation Ctr Dates: Class alternates days each week: Mon & Tues then Start Date: Wed, May 8 (no class May 27) Wed & Thurs Start Date: Wed, June 5 Start Date: Mon, July 8 (no class July 3 or 4) Start Date: Thurs, Aug. 1

#### Ages:

Beginner (Ages 5 - 10) Intermediate (Ages 5 - 10) Advanced/Teens (Ages 10 - 17) Time: 5:05 - 5:50 p.m. Adults (16+)

Time: 3:15 - 4 p.m. Time: 4:10 - 4:55 p.m. Time: 6 - 6:45 p.m.

#### **TENNIS CAMPS**

Instructor: Rob Stephens Fee: \$45/person per camp Location: South Davie Tennis Courts **BEGINNER CAMPS:** Ages: 6 - 12 Time: 8 - 9:30 a.m. Dates: June 10 - 13, June 24 - 27, July 15 - 18 INTERMEDIATE CAMP: Ages: 11 - 14 Time: 9:45 - 11:15 a.m. Dates: June 10 - 13 MATCH PLAY CAMPS: Time: 9:45 - 11:15 a.m. Ages: 10 - 15 Dates: June 24 - 27 Ages: 11 - 16 Dates: July 15 - 18 Registration Deadline: Wednesday prior to start date



Online registration Visit: apm.activecommunities.com/dcrpteam

Brock Recreation Center | 644 N. Main Street Mocksville, NC 27028 | 336-753-TEAM (8326) RecTeam@daviecountync.gov

# Summer Concerts in Davie County

#### What can be better than a summer

**concert?** How about a wide variety of concert choices scheduled in your own community! This summer, a number of musical events will be offered by The Town of Bermuda Run, The Davie Arts Council and The Town of Mocksville. Here's a little detail on what you can expect from each performance.

#### June 15 Legacy Motown Review



Paying tribute to legendary icons of Motown, four talented performers dance and sing, plus an amazing six-piece horn band, transporting you back in time to one of the most influential periods of American musical history.

**CONCERT IS FREE** and will be held at the **Town Green & Gazebo on Kinderton Blvd.** Music begins at 7 p.m. Bring a lawn chair, picnic or cooler.

#### July 13 The Happy Ones!



An original modern pop/rock acoustic trio with a high energy but warm and inviting stage presence. Known for performing creative originals and cover songs from Kenny Chesney, Darius Rucker, Brett Eldridge, Lady Antebellum, Little Big Town, Alabama, Nitty Gritty Dirt Band, The Eagles, American Authors, Phillip Phillips, Train, John Mayer, John Mellencamp, Tom Petty and much, much more!

**CONCERT IS FREE** and will be held in **downtown Mocksville** on the square from 7-10 p.m. Bring your own chair.

#### July 27 Tess & The Black & Blues



Enjoy blues, beach, country, funk, and rock from this multi-talented hometown group featuring Davie County locals Tess Welch, Grady McClamrock, Gary Chilton, Ken Simonds, Jerry Smith and Darren Boles.

**CONCERT IS FREE** and will be held in **downtown Mocksville** on the square from 7-10 p.m. Bring your own chair.

#### August 10 Jukebox Rehab



Formed in the fall of 2017, this band has quickly made a name for themselves across the Eastern US. With a unique blend of radio ready originals and a total rehab of modern country hits, 80s and 90s classic country hits and everything in between, expect a live show that showcases unparalleled southern grown harmonies.

**CONCERT IS FREE** and will be held in **downtown Mocksville** on the square from 7-10 p.m. Bring your own chair.

#### August 24 60 Watt Combo



Comprised of three long-time friends, get ready to rock out on tunes ranging from rhythm and blues to straight rock 'n roll. If music by The Doors, Chuck Berry, The Animals, Tom Petty & the Heartbreakers, Jimi Hendrix or the likes of Ray Charles interest you, add this concert to you calendar.

**CONCERT IS FREE** and will be held in **downtown Mocksville** on the square from 7-10 p.m. Bring your own chair.

CONTINUED ON PAGE 43



### 2019 FREE SUMMER FUN DOWNTOWN MOCKSVILLE

#### MOVIES IN THE PARK

All Movies 8:30 PM - Main Street Park BRING YOUR OWN CHAIR! May 24 ~ Peter Rabbit ~ PG June 21 ~ Incredibles 2 ~ PG July 19 ~ Spiderman Into the SpiderVerse ~ PG August 16 ~ Ralph Breaks the Internet ~ PG



FREE BEACH CONCERT SATURDAY, JUNE 22ND JUNKER'S MILL OUTDOOR THEATER DOWNTOWN MOCKSVILLE BRING YOUR OWN CHAIR! FOOD TRUCKS ~ BEER, WINE, SOFT DRINKS

MEMPHIS THUNDER 5:30 PM • MOXIE 7:00 PM PHATT CITY 8:30 PM



FREE SUMMER CONCERT SERIES SATURDAY EVENINGS ~ 7 - 10 PM DOWNTOWN MOCKSVILLE ON THE SQUARE BRING YOUR OWN CHAIR!

1 2 3 2 8 2 3 3 8 2 3 2

JULY 13TH ~ THE HAPPY ONES JULY 27TH ~TESS & THE BLACK & BLUES AUGUST 10TH ~ JUKEBOX REHAB AUGUST 24TH ~ 60 WATT COMBO







#### Sunday-Thursday June 9-13, 6-8:15 pm

Kid-friendly dinner each night: 5:30pm-6pm

Thursday June 13: hamburger and hotdog celebration dinner followed by a visit from the ice cream truck!

Register online FirstUMCMocksville.org or call 336-751-2503



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Bible

Schoo

#### JESUS SAVES THE WORLD Vacation Bible School

Sunday, August 4 -Friday, August 9 6:30-8:30 pm

Snacks, Games, Crafts & Stories

Ages 2-12

First Baptist Church of Cooleemee 204 Marginal St. 336-284-2626


# **Davie Family YMCA** SUMMER the **CAMPS 2019**

Day Camp Completed K-5th M-F, 6:30 am-6 pm Contact: Chelsea at 751.9622 or c.byers@ymcanwnc.org

LEGO & Discovery Days Ages 5–12 Select dates throughout the summer. Contact: Cammie at 751.9622 or c.stone@ymcanwnc.org

Golf Camp Ages 7–13 M-Th, 8:30 am-11:30 am; 2 weeks only Held at Oak Valley Contact: Luke at 751.9622 or I.harris@ymcanwnc.org

Swim Camp Ages 4-12 M-F, 9 am-12:30 pm; 3 weeks only Contact: Shana at 751.9622 or s.kramer@ymcanwnc.org

Cheer Camp Ages 5–12 M-F, 9 am-1 pm; 2 weeks only Contact: Jonathan at 751.9622 or j.cook@ymcanwnc.org

VISIT YKIDSCAMP.ORG FOR PRICING AND DETAILS

DAVIE COUNTY

Tues-Thurs

June 11-13

Tuesdays

Wednesdays

We Offer: Zip-Line Nature Walks Paddle Boating anoeing Individual Free Play Sports Activities The "Blob"

And MUCH MORE! Mocksville/

Advance Transportation Sites Available for small additional fee Also offering AFTER SCHOOL CARE, SUMMER DAY CAMP and FACILITY RENTALS for Churches.

Weddings, Family Reunions, etc.

Summer Learning Program 2019

PreK-Adult something for everyone M-F Mon, June 10 thru Mon, Aug 12

Various STARLAB

times

2-4pm

Reserve

a time

11am

Davie County Public Library

10:30am Various dates / Elementary Activities

Family Movies

**All Programs Free** 

Library.DavieCounty.org

10-18 years Teen Tech Time **Read with Ranger** 

Reading Clubs; BOB, NCBC

# Camp Manna MINISTRIES



### AN UNFORGETTABLE EXPERIENCE!

Camp Manna Ministries is a non-profit organization dedicated to investing in the lives of youth. We offer many exciting activities throughout the year:

After School Care • Teacher Work Days Fall Break • Christmas Break Camp Spring Break Camp • Summer Camp

**REGISTRATION INFORMATION:** Website: www.CampManna.org Email: info@Campmanna.org Call: 336.284.CAMP (2267)

**Camps & Activities** FUMC MOCKSVILLE SUMMER DAY CAMP PRESENTS:



### AGES 5 TO 8TH GRADE

VERY FLEXIBLE- ATTEND ONE WEEK OR ALL SUMMER & ONLY PAY FOR THE WEEKS YOU ATTEND!

# **REGISTER NOW** FOR LOADS OF SUMMER FUN!

FOR MORE INFORMATION, CONTACT ALLISON [AT] 336-753-1900

# 38 June 2019

### DOWNTOWN MOCKSVILLE



# Visit Your Local **Farmers Markets** this Summer!

### THE MOCKSVILLE FARMERS MARKET

is proud to provide a community market for consumers, farmers and artisans to buy and sell local fruits, vegetables and plants. Handmade crafts are also available for purchase the first Wednesday of every month. In addition to fresh produce, the market offers baked goods, jams, candles, soaps, creams, lotions, farm art, honey, meats, berries, eggs, flowers and more! To see a listing for the weekly market, follow them on Facebook at Mocksville Farmers Market. Every **Wednesday, 3-6 pm**, Junker's Mill Parking Lot (107 S. Salisbury Street, Mocksville).

### THE BERMUDA RUN FARMERS

**MARKET** offers a variety of specialty items such as seafood, meats, Moravian chicken pies, handmade jewelry and pottery. To see a list of weekly vendors, follow them on Facebook at Bermuda Run Farmers Market. Please note their new location for the 2019 season located behind Bojangles in Bermuda Run. Every **Friday, 3:30-7 pm**, 111 Peachtree Lane, Bermuda Run.







# Legion Baseball

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egion Junior Ba	seball S	chedule		Wed
Opponent	Location		Time	Thu
Kannapolis	Home Ric	:h Park	6:30 pm	Sat,
W Forsyth BLUE	Home Ric	:h Park	6:30 pm	Sun,
Carson	Home Ric	h Park	6:30 pm	
Statesville	Home Ric	h Park	6:30 pm	Mor
W Forsyth BLUE	West Fors	yth HS	6:30 pm	Tues
Randolph Co.	McCrary F	Park	1 pm	Wed
E Davidson	Home Ric	h Park	7 pm	Thu
N Oak	Holt Moffi	t	7 pm	Sat,
Carson	Carson HS	)	6:30 pm	Sun
E Rowan	Staton Fie	ld	7 pm	
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S Rowan	S Rowan H	HS	7 pm	Fri,
E Davidson	E Davidso	n HS	7 pm	Sat,
Salisbury	Salisbury H	HS	7 pm	Sun,
Salisbury	Home Ric	h Park	7 pm	Mor
Statesville	Home Ric	h Park	7 pm	Tues
North Oak	Home Ric	h Park	7 pm	
W Rowan	Home Ric	h Park	7 pm	Wed
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Kannapolis	NW Caba	arrus	7 pm	July
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Davidson Hawgs	Home Rich Park		7 pm	July
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1st Round Playoff Series 2 of 3			July	
2nd Round Playoff S	2nd Round Playoff Series 3 of 5			Aug
3rd Round Playoff Se	eries	3 of 5		Aug
State Tournament	High Point,	Finch Fiel	d	* De
	Opponent        Kannapolis        W Forsyth BLUE        Carson        Statesville        W Forsyth BLUE        Randolph Co.        E Davidson        N Oak        Carson        E Rowan        Randolph Co.        S Rowan        E Davidson        Salisbury        Salisbury        Salisbury        Statesville        North Oak        W Rowan        W Rowan        Kannapolis        S Rowan        Davidson Hawgs        Davidson Hawgs        E Rowan        Ist Round Playoff Se        2nd Round Playoff Se        3rd Round Playoff Se	OpponentLocationKannapolisHome RiceW Forsyth BLUEHome RiceCarsonHome RiceStatesvilleHome RiceW Forsyth BLUEWest ForsRandolph Co.McCrary PE DavidsonHome RiceN OakHolt MoffritCarsonCarson HSE RowanStaton FileRandolph Co.Home RiceS RowanS Rowan FileBavidsonE DavidsonS RowanS Rowan FileSalisburySalisburySalisburyHome RiceNorth OakHome RiceW RowanHome RiceW RowanW RowanKannapolisNW CabaS RowanHome RiceDavidson HawgsHolt MoffritDavidson HawgsHome RiceIst Round Playoff Series2nd Round Playoff Series3rd Round Playoff Series3rd Round Playoff Series	KannapolisHome Rich ParkW Forsyth BLUEHome Rich ParkCarsonHome Rich ParkStatesvilleHome Rich ParkW Forsyth BLUEWest Forsyth HSRandolph Co.McCrary ParkE DavidsonHome Rich ParkN OakHolt MoffitCarson HSE RowanE RowanStaton FieldRandolph Co.Home Rich ParkS RowanS Rowan HSE DavidsonE Davidson HSS RowanS Rowan HSS RowanS Rowan HSSalisburySalisbury HSSalisburyHome Rich ParkNorth OakHome Rich ParkW RowanHome Rich ParkW RowanHome Rich ParkW RowanW Rowan HSKannapolisNW CabarrusS RowanHome Rich ParkDavidson HawgsHolt MoffitDavidson HawgsHolt MoffitDavidson HawgsHome Rich ParkIst Round Playoff Series3 of 53rd Round Playoff Series3 of 5	OpponentLocationTimeKannapolisHome Rich Park6:30 pmW Forsyth BLUEHome Rich Park6:30 pmCarsonHome Rich Park6:30 pmStatesvilleHome Rich Park6:30 pmW Forsyth BLUEWest Forsyth HS6:30 pmRandolph Co.McCrary Park1 pmE DavidsonHome Rich Park7 pmN OakHolt Moffit7 pmCarsonCarson HS6:30 pmE RowanStaton Field7 pmRandolph Co.Home Rich Park4 pmS RowanS Rowan HS7 pmE RowanS Rowan HS7 pmS RowanS Rowan HS7 pmS RowanS Rowan HS7 pmSalisburySalisbury HS7 pmSalisburySalisbury HS7 pmNorth OakHome Rich Park7 pmW RowanW Rowan HS7 pmKannapolisNW Cabarrus7 pmS RowanW Rowan HS7 pmKannapolisNW Cabarrus7 pmDavidson HawgsHolt Moffit7 pmDavidson HawgsHolt Moffit7 pmDavidson HawgsHome Rich Park7 pmIst Round Playoff Series2 of 32 of 32nd Round Playoff Series3 of 5

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American Le	egion Baseball S	chedule			
Date	Opponent	Location		Time	
Sat, May 18	Asheboro	Home Rich Park		7 pm	
Sun, May 19	Huntersville	Mt. Pleasa	nt HS	1:30 pm	
Sun, May 19	Maiden	Mt. Pleasa	nt HS	4 pm	
Tues, May 21	Stokes County	Home Ric	h Park	7 pm	
Thurs, May 23	E Randolph	Home Ric	h Park	7 pm	
Sat, May 25	High Point	Home Ric	h Park	2 pm	
Sat, May 25	Rowan County	Home Ric	h Park	7 pm	
Sun, May 26	Lexington	Home Ric	h Park	7 pm	
Mon, May 27	Asheboro	McCrary F	Park	4 pm	
Mon, May 27	Asheboro	McCrary F	Park	6 pm	
Wed, May 29	E Randolph	E Randolp	h HS	7 pm	
Thurs, May 30	Lexington	Holt Moffi	t Field	7 pm	
Sat, Jun 1	Concord *	Home Ric	h Park	7 pm	
Sun, Jun 2	Concord*	Mt. Pleasa	nt HS	7 pm	
Mon, Jun 3	High Point	Finch Field	d	6 pm	
Tues, Jun 4	Kannapolis	NW Caba	rrus	7 pm	
Wed, Jun 5	Hickory	Home Ric	h Park	7 pm	
Thurs, Jun 6	Kannapolis	Home Ric	h Park	7 pm	
Sat, Jun 15	Stanly County *	Pfeiffer Ur	niversity	7 pm	
Sun, Jun 16	Rowan County *	Home Ric	h Park	7 pm	
Mon, Jun 17	Stokes County	W Stokes	HS	7 pm	
Fri, Jun 21	Stanly County *	Home Ric	h Park	7 pm	
Sat, Jun 22	Kannapolis *	NW Caba	rrus	7 pm	
Sun, Jun 23	Rowan County *	Newman I	Park	7 pm	
Mon, Jun 24	Hickory	Hickory Fa	airgrounds	7 pm	
Tues, Jun 25	Mooresville *	Mooresvill	e HS	7 pm	
Wed, Jun 26	Mooresville *	Home Ric	Home Rich Park		
Sat" Jun 29	Kannapolis *	Home Ric	h Park	7 pm	
July 5-8	1st Round Playoff S				
July 9-14	1st Round Playoff Series2 of 32nd Round Playoff Series3 of 5		3 of 5		
July 15-20			3 of 5		
July 21-23	Area III Championship Series 3 of 5				
July 26-30	State Tournament Cherryville, NC - Fraley Field				
Aug 7-11	SE Regionals Asheboro, NC – McCrary Park				
Aug 15-20 Am. Legion World Series, Shelby, NC - Keeter Stadium					
* Denotes Southern Divison League games					
Denotes southern Divison League games					



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# INDEPENDENCE CELEBROTION

Saturday, July 6, 2019 | 6 - 10 p.m. Rich Park/Mando Field & Davie Family YMCA

# FREE EVENT

Food, Live Music, Kids Activities, and a Fireworks Extravaganza!



Free on and off-site parking. Rain Date: July 7 (Fireworks Only)





# Bermuda Run is a great place to JUST be

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- ... A business owner
- ... A gardener or artist
- ... A teacher or a student

Bermuda Run is a lot of things to a lot of people, and we're here to allow our residents, visitors and business owners to **Just Be** whatever they want to be!

We're proud to be celebrating our 20th Anniversary, and there is much to celebrate, including our designation as being one of America's top retirement destinations as reported by USA Today.

For more information about everything Bermuda Run has to offer, visit **TownOfBR.com**.



Celebrating **20 Years** 



Celebrating 20 Years



# Mark your calendar:

All concerts begin at 7 p.m. at the Town Green & Gazebo on Kinderton Blvd.

Free for the Community to ENJOY!

Bring your lawn chair and picnic/cooler.



Legacy Motown Revue



Eric & The Chilltones



Ultimate Eagles Band Tribute



Special Occasion Band

# August 24 Eric & The Chilltones



This band should come with a warning label because they get the audience involved like you've never seen! Playing just about anything, but their focus is on 60s, 70s and 80s cover tunes and Carolina Beach Music.

**CONCERT IS FREE** and will be held at the **Town Green & Gazebo on Kinderton Blvd.** Music begins at 7 p.m. Bring a lawn chair, picnic or cooler.

# September 28 Special Occasion Band



For over 20 years, this band has been entertaining young and old all over the Carolinas. Providing the very best in Carolina Beach Music, 70s, 80s, 90s and top Country music, their selection of songs will have attendees dancing the night away.

**CONCERT IS FREE** and will be held at the **Town Green & Gazebo on Kinderton Blvd.** Music begins at 7 p.m. Bring a lawn chair, picnic or cooler.

# September 7 Ultimate Eagles Band Tribute



This group receives rave reviews wherever it performs. The group not only sounds like the Eagles but looks like them, too. Prepare to be amazed as you hear the well-known Eagles' songs such as Already Gone, Best of My Love, Desperado, Heartache Tonight, Hotel California, One of These Nights, and many more!

**CONCERT IS FREE** and will be held at the **Town Green & Gazebo on Kinderton Blvd**. Music begins at 7 p.m. Bring a lawn chair, picnic or cooler.

Make plans to attend these great concerts offered FREE by the **Town** of Mocksville, Town of Bermuda Run and the Davie County Arts Council. You can stay updated on these and other events offered during the summer by following:



ar Eagle Fridays

# at the Davie County High School Football Stadium

# 2019 Varsity Schedule

					$\searrow$			
Date	Opponent	Place	Time		Date	Opponent	Place	Time
Aug. 23	Page	HOME	7:30 pm		Oct. 25	Glenn	HOME	7:30 pm
Aug. 30	North Davidson	AWAY	7:30 pm		Nov. 1	East Forsyth	AWAY	7:30 pm
Sept. 6	Mooresville	HOME	7:30 pm	-	Nov. 8	Reagan	HOME	7:30 pm
Sept. 13	West Rowan	AWAY	7:30 pm	1	Nov. 15	1st Round of the State Playoffs		
Sept. 20	South Iredell	AWAY	7:30 pm		Nov. 22	2nd Round (District Championship)		nship)
Sept. 27	Kannapolis Brown	HOME	7:30 pm		Nov. 29	3rd Round (Sectional Championship)		onship)
Oct. 4	BYE				Dec. 6	4th Round (Regional Championship)		onship)
Oct. 11	Reynolds	HOME	7:30 pm		Dec. 13-14	State Championships		
Oct. 18	West Forsyth	AWAY	7:30 pm					



# New Faces, New Name, Same Beloved Course

# A local favorite returns with a fresh perspective on golf in Davie County

When Hickory Hill opened its doors to members back in 1968, it rapidly became a favorite hangout for nearby families. Locals still reminisce about the hours spent on the golf course, with its gently rolling hills, breathtaking lake views, and tall, swaying pines.

After several decades and an ownership change, the club began to lose some of its luster.

**Fast-forward to 2018.** That's when David and Sherry Duncan stepped in. The couple purchased a portion of what was Lake Louise Golf Club, while Joel and Beth Edwards own the remaining portion (the Edwards plan to develop a wellness park).

"When we purchased the golf course, we knew right away we wanted the whole community to feel at home here," said David Duncan. "We want families to enjoy the course and special events we'll be planning. We hope church groups will come out on Sunday afternoons and fellowship together. This is also a great place for our local businesses and nonprofits to host an outing."

The Duncans have worked tirelessly for nearly a year to restore the course and clubhouse to its former glory. The course layout has changed a bit during the renovations, but the views are still spectacular.

Now a 12-hole golf course, Colin Creek Golf Club, named after the Duncans' youngest son, offers golfers more options than ever before. Traditionalists can



# **Daily Rates**

### **GREENS FEES**

- 6 Holes \$6
- 9 Holes \$9
- 12 or 18 Holes \$12

### **CART FEES**

• \$3 per 6 holes

### **MEMBERSHIPS**

- \$500 individual
- \$600 family (2 adults + children under 18 in the same household)

appreciate a second set of tees on the first six holes. Providing a new angle and distance, the extra tees enable golfers to play a true 18-hole round. Short on time or patience? There's also the option to enjoy six, nine, or 12 holes.

In addition to the improvements made to the golf course, the Duncans have also invested in renovating the clubhouse and building a pavilion. Overlooking the golf course and the lake, the pavilion includes a handsome stone fireplace, iron chandeliers, and ceiling fans, making it the perfect location for private events. The Duncans also own Colin Creek Farm, an elegant wedding venue just across the lake from the golf course.

### CONTINUED ON PAGE 49

# Group Provides Community Members with Ways to Share Love for Gardening

**GARDENING HAS ALWAYS BEEN** a skill for some, a hobby for many, a passion for others, but now it's a way to give back to the community for everyone. Whether or not you naturally have a green thumb, you can be an **Extension Master Gardener** volunteer through the North Carolina Cooperative Extension, Davie County Center.

This program began in 1999 and is a partnership with North Carolina State University, North Carolina A&T State University and Davie County local government. The volunteers work hard to bring more education about gardening to those in Davie County as well as beautifying the county.

Some of the projects the Extension Master Gardener Volunteer Association of Davie County has done include: planting and maintaining the pollinator garden at the Town of Mocksville Park, hosting camps for the Junior Master Gardener program of North Carolina, going into the schools and facilitating activities like Farm Animal Day, and getting their hands dirty in community gardens.

Becoming a Master Gardener is an opportunity for any adult, no matter the skill level or previous experience in gardening. Master Gardener volunteers go through a 40 hour training program where they learn about the different facets of horticulture, botany, soil, insects, specific crops, fruits and vegetables, and more.

"It's pretty comprehensive," Colleen Church, County Extension Director, said. "We touch on a lot of areas that make up the science and study of horticulture."



After the volunteer completes the training program, he or she participates in a 40 hour volunteer internship role and then completes 20 hours each additional year in order to remain a certified master gardener.

Whether they are taking kids fishing, working on projects for the new park, volunteering at the United Way's Day of Caring event or recruiting new members, there are endless opportunities for new

members to get involved and become an Extension Master Gardener volunteer.

"For our extension, we're just here to help people and help the community-I think that's what we all enjoy," Church said.

If you are interested in taking the class in late summer or early fall to become a certified Master Gardener, visit **Davie.ces.ncsu.edu** to find more information.

# DavieLiFE

# FOCUS ON Hall's Berry Farm

COME ENJOY PICKING BERRIES with your children during the summer harvesting season at Hall's Berry Farm!

Hall's Berry Farm was founded in 1985 as a small, family-owned, pick-your-own organic blueberry farm in Advance. Located on Highway 801, Hall's Berry Farm provides friendly service and affordably priced blueberries that your whole family will enjoy. Blueberries are known for their enormous health benefits that include anti-aging, disease prevention and improved eyesight.

Owned and operated by Daniel and Misty Hall, Hall's Berry Farm invites you to enjoy the abundance of their crop, beginning in June, that is delicious, nutritious and much more affordable than retail stores. For more information, join the Hall's Berry Farm Facebook page to receive important updates as the blueberry season rapidly approaches!

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valleyanimalclinic@yahoo.com Facebook at valleyanimalclinic, PA

# ValleyAnimalClinic.com



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CONTINUED FROM 45

"We felt the pavilion was both a practical addition to the golf course, as well as the perfect complement to the farm," said Sherry Duncan. "It provides another option for couples and families to consider when planning their special events, and also offers beautiful outdoor seating for the clubhouse." The clubhouse is home to **64 Bistro**, the latest venture of local businessman Michael Burton. Featuring menu items inspired by Burton's award-winning Smoke Wagon Barbecue, 64 Bistro is open for lunch and dinner.

For more information about Colin Creek Golf Club, visit their website at **ColinCreekGolf.com** or find them on Facebook or Instagram.

# Representative Julia Howard

North Carolina House of Representatives, 77th District

Congratulations 2019 Graduates!



Raleigh Address: 302 Legislative Office Building 300 N Salisbury Street Raleigh, NC 27603-5925 919-733-5904 office 919-754-3182 fax juliah@ncleg.net

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# Summer Feeding Programs

# Available in the Community

**ALMOST 900,000 CHILDREN** in North Carolina, according to the North Carolina Department of Public Instruction, are at risk of hunger and not getting the food they need to lead healthy, active lives. The Davie County Child Nutrition Department wants to help alleviate that number through its **Summer Feeding Program**!

In the summer of 2018, the Davie County Child Nutrition Department served **7,147 breakfast** meals and **16,433 lunch** meals over the course of 39 days during the months of June, July and August to children throughout the county. This summer, they hope to surpass those numbers and reach more children in need.

The Davie County Summer Feeding Program will begin on June 17 and conclude on August 9. This program is **FREE to all children ages 1-18**. Central feeding sites include Mocksville Elementary, Cooleemee Elementary, Cornatzer Elementary and William R. Davie Elementary. Many mobile sites will also be available throughout the county. For a full list of feeding sites, please visit the Child Nutrition webpage at **Davie.K12.NC.us**.

> In addition to summer feeding programs for children, **Davie County Senior Services** provides a congregate **nutrition program for senior adults**. The program provides a lunch meal which offers 1/3 of the recommended daily dietary allowance to **those 60 and older**.

Meals are available Mondays through Wednesdays at 11:30 a.m., and on Thursdays and Fridays at 11 a.m. **Those 60 and older who wish to fill out paperwork can eat at no charge.** Those who are under 60 or do not wish to fill out paperwork pay \$3.30. Individuals interested in participating in the lunch program must call **336-753-6230 by noon the day before** they plan to eat to order a meal.

Menus can also be viewed online at **DavieCountyNC.gov/ 506/Senior-Lunch.** 

This program is supported by the United Way of Davie County.



# Woman's Hobby Blossoms into Thriving **Home-Based Business**

**IT STARTED AS A HOBBY**, painting and restoring old furniture for friends and family, but for the past three years it's blossomed into a business. Angela Karl, owner of **Gracefully Made**, knew she wanted to be a stay at home mom with her kids while still blessing her community, so she found a way to do both.

With the help of her husband, Angela **restores and paints** pieces of furniture out of her home for people all over Davie County and even for people who are two or three hours away. Additionally, she is beginning to offer interior design, and her husband is building furniture for people to purchase.

> It's a growing business for the Karls, "my dining room is full of furniture, but it's a blessing because that means I'm growing," Angela said.

A growing business means a higher demand for work and the continued practice of diligence and excellence from Angela.

"It's a long process, people think you're just putting paint on it but it's more than that," Karl said. "You clean the piece, prepare it for paint, sand it all down, then paint it usually with three to four coats and then seal the piece with polyurethane or wax."

Although this is a long process, Angela finds her work rewarding when she sees how much it means to people. "Even though this overwhelms me a lot of the time, I feel like it's rewarding when a customer comes in and is so ecstatic about their piece."

# **Sentimental and Christian Values**

Whether it's working on a sentimental piece that once belonged to a customer's grandmother or working with people in the community to find what they need at a price they can afford, the Karls are guided by their Christian values.

"We're based on Christian values, so my husband and I try to put God first," she said. "I'll pray about my pieces before I paint them because I want to do a good job and offer excellent workmanship and fair prices."

Whether it's a dresser, night stand, kitchen table, console or any other type of furniture that you need restoring, the Karls realize



Fracefully



CONTINUED ON PAGE 56



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### CONTINUED FROM 52

that this is more than a piece of wood, it is a piece of art that is going in your home and over the years, it will have memories attached to it.

Starting in June, you can see Angela's beautifully crafted furniture not only in her home but also at **The Barn on Country Club** at 4886 Country Club Road, Winston Salem, NC 27104.





"It's in their home and they look at it, and it's a memory for them. If I can keep that going for them, then that's awesome," Karl said. "This is not about furniture, it's more about blessing other people."

### Do you have a child under 5? Are you pregnant or breastfeeding?

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For more information, contact the Davie County Health Department at 336-753-6750



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Los solicitantes deben vivir en Carolina del Norte, cumplir con ciertos requisitos de ingresos y tener un factor de riesgo nutricional o médico identificado.

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# Local Salon Provides New Products to Address Problem Hair

**SOMETIMES SUMMERTIME HAIR** can mean that your hair is stiff with chlorine, your color is faded, it's all falling out in clumps or it decided to become one giant frizz ball. No matter what you do, what drug store products you buy, however many times you've straightened it, nothing seems to work — not even a ponytail can contain your mane anymore.

Luckily, for over 39 years, the ladies at Gemini Hair Salon have been coloring, cutting and repairing men's and women's hair. In most cases, there's no replicating what the stylist did in the salon, the next morning you're out of luck and back to a frizzy haired mess. But that's not the case at Gemini Hair Salon, they offer products that you can take home and recreate a salon styled hairdo every single day.

# Customized Conditioning Treatments

The first of these new summer products is the custom blended conditioner. This conditioner can be customized for different hair colors and textures so it's the best product for each individual's hair.



By adding the pigment directly into the conditioner for each customer, it "puts the color molecule directly into the cuticle," said Chae Mitchell, a stylist at Gemini Hair Salon. "This makes it multifaceted, like a diamond. That allows it to stick into the cuticle of the hair and reflect light, causing the hair to have more shine."

Not only does this conditioner reflect the essence of a diamond, but it helps the color to last longer, gives your hair body, and doesn't weigh your hair down.

# Products that Provide Hydration

A second product that's great for the summer heat is the Phytospecific Thermoperfect 8. This product offers heat protection up to 450 degrees and protects from breakage. Its hydrating quality can give your hair the softness and shine that it's been missing.

For extra hydration, try the Subtil 10 — a leave in hydrator

for your hair. This nourishing and rebuilding product will keep frizzy hair under control, protect your locks



CONTINUED ON PAGE 65



# Coming Soon to Mocksville: Expanded Children's Dental Services

**THANKS TO THE STRONG** collaboration between **Davie County Health and Human Services** and **Gaston Family Health Services (GFHS)**, children in Davie County regardless of their ability to pay, or their insurance coverage type, will soon have increased access to high quality dental care.

Starting in August 2019, full-service dental care will be offered to children 0-18 at **GFHS Family Dentistry**, 100 Ridgeview Drive, Mocksville. Located just yards from the Mocksville Health Department, the practice will be staffed with **Brittany Stofford, DMD**, two Dental Assistants and clinical support staff. Dental services will include exams, cleanings, fillings, simple extractions, sealants and fluoride varnish.

Gaston Family Health Services (GFHS) is a Federally Qualified Health Center, (FQHC) which provides medical, behavioral health and dental care in Catawba, Davidson, Forsyth, Gaston, Iredell and Lincoln counties. GFHS is excited to work with Davie County Health and Human Services to bring dental services to the children of Davie County.

More information will be available throughout the summer with the practice's hours of operation and how to call for an appointment at GFHS Family Dentistry.

# About Gaston Family Health Services (GFHS)

GFHS is a community-sponsored, family-centered provider of healthcare, health education and preventive care services without regard for the ability to pay. For more information about GFHS, visit **GFHS.info**.

# About Dr. Stofford

**Dr. Brittany Stofford** is originally from Concord, North Carolina. She graduated Magna Cum Laude from The University of North Carolina at Greensboro



in 2013 and received her Doctorate of Medicine in Dentistry from East Carolina University in 2018.

Dr. Stofford chose to practice in Mocksville, NC because of her passion for working with children. She strives to make each dental visit an enjoyable experience in a calm, comfortable, and kidfriendly environment. She feels that every child deserves a healthy smile and it is **our mission to partner with families from infancy through adolescence to help children establish a dental home and achieve their best dental health**.

Dr. Stofford is an active member of the American Dental Association, American Academy of Pediatric Dentistry, National Dental Association, Old North State Dental Society, Davidson County Dental Society, and Delta Sigma Theta Sorority.

Outside of the office, Dr. Stofford enjoys spending time with friends and family, and traveling.

ING SOOL

GFHS Family Dentistry







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Sincerely,

Brandy Koontz



# A Cool Game to Play in the Car!



**I'm Going on a Picnic.** This alphabet-based memory game is great and you don't need a game board or any materials. The game can be played with as few as two players, but it's more fun when the whole family joins in. The first player says "I'm going on a picnic and I'm bringing..." followed by something that begins with A, such as apples. The second

player repeats what the first person said, but adds something that begins with B. So she might say "I'm going on a picnic and I'm bringing apples and bananas." And so on with C, D, and the rest of the alphabet. If someone forgets an item, she is out. To be fair, feel free to be lenient and give hints to younger players. The last player to be able to recite all the items on the list wins.



# Word Search

Start Here!

D 60 T. C G X G Η Т E Ν L P D S p Η R U Μ ĸ T E R Μ A C E 0 C R т

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# Local Youth Combines Love for Business with **Helping Others**

Salem Taylor

**SALEM & CO WAS** established in 2018 by **Salem Taylor**, the daughter of Chuck and LeAnn Taylor of Mocksville. A 9-year-old with a tender heart and a love for all things artistic, she has always had an entrepreneurial spirit and decided to turn her energy toward creating lightweight leather earrings.

### Salem donates \$5 from every purchase to fund a clean, spring water well for kids in Tanzania, Africa through

Hydrating Humanity. Founded by Davie County resident Matt Peterson, Hydrating

Humanity works to help make the world a place where all people have access to clean drinking water and sanitation; a world where people are not dying from water-borne diseases, but living abundant lives, full of hope.

She has raised over \$2,000 toward her goal of \$3,500 to fund the well project. "It's been fun to watch her grow through the process and exciting to think about the impact she will make on an entire village of people," said Salem's mom, LeeAnn.



Children of Tanzania enjoying fresh water.



Salem and Company Featherweight Earrings

Recently, Salem & Co was named the winner of the Best Business Idea Award at the 2018 Triangle Children's Business Fair. Part of her selection was based on how her business has inspired kids and adults to dream big and to remember that their small actions can make a big impact in the world.

In addition to building her business, Salem is sharing what she has learned with other students who are interested in having an impact. Earlier this year, she was invited to speak with 90 third graders at Brunson Elementary School

in Winston-Salem. The students were learning about water and economics and teacher Kelsey Williams interviewed Salem in front of the class, allowing her to share how kids can help other people around the world.

To learn more about Salem & Co, order earrings online or where purchases can be made locally, visit **SalemAndCompany.org**, on facebook at salemandco. You can also learn more about **Hydrating Humanity** and track Salem's progress to fund a well for the people in Tanzania at **MyHumanityProject.org/191/ salem-co.** 



Salem is interviewed by teacher Kelsey Williams at Brunson Elementary School in Winston-Salem.



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Please call 336-448-4449 for more information.





CONTINUED FROM 58

from the heat and hold style longer. It has a mild UV protectant which makes it a good product to leave on and to apply topically.

# **Thinning Hair Treatment**

As many of you have experienced, seasonal changes can cause hair to come out, which is why the botanically based thinning hair treatment, Phytologist, is a must-have summertime product. "This product can extend your hair's growth cycle and slow down the shedding cycle," Mitchell said.

The stylists at Gemini Hair Salon have had the most success with the Phytologist as it is great for men and women who experience genetic

or temporary hair loss. It gives hair shine and body while making sure it stays in its place.

Whether you go into Gemini Hair Salon to buy one of these incredible summer products, to get your hair colored or for your routine haircut, you'll be greeted by family.

# "It's a family; they're not kin but we're family," owner, Kae Stockton said.

TOLOGIST 15

With 15 people working at the salon, including Stockton's son Alex who helps run the business, there will always be someone to help you. "With this many people in our salon, I tell each new client that I talk to if you don't like this person move on to the next," Stockton said. "There's no jealousy in this salon, we all work together."

Their slogan is Philippians 4:13 and Stockton says this is the reason why she and the other stylists come to work everyday. Their motto runs true throughout the salon, and they can't wait to welcome you into the family.

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# Davie County Community Park

# **FIELD REPORT** Update

The new Davie County Community Park is well under construction. After the Groundbreaking Ceremony held on March 4th, Davie Construction began full force on creating the new community park.

While Davie Construction has been leading from the ground, the Davie County Recreation and Parks (DCRP) team is working tirelessly to find additional ways to give the community even more than they asked for, and are succeeding.

Through a variety of regional, state and national grants, the DCRP team has been working on gaining additional recreational components to further enhance the park's design as it will be built in Phase 1 of construction. Currently, two grants have been awarded for the park. The Margaret C. Woodson Foundation Grant will allow Davie County Recreation and Parks to install an Interactive Outdoor Multi-Sensory Story Book along the trail system being constructed throughout the park. The story book trail will include mounted displays for interchanging books, interpretative geologic nature signs overlooking the



Interior of the Gym



boardwalk observation deck and an array of nature/wildlife interactives to identify native species.

The story book project reaches beyond building vocabulary and opens the door to conversations about important issues like **respect** and **stewardship**. These stories and interactives encourage communication and pique curiosity concerning the natural world. Individuals learn through the sounds, scents and seasons of the outdoors. They make discoveries, deepen common interests and connect their natural curiosity to the wider world.

The second grant awarded to Davie County Recreation and Parks is the **North Carolina Department of Transportation Comprehensive Planning Grant**. This grand will allow the team to complete its first Countywide Comprehensive Master Plan concerning cycling, pedestrian and greenways. This plan will create opportunities to **enhance connectivity** across public amenities, destination sites and parks.

Most recently, the DCRP Team has submitted a grant application to the **State Parks and Recreation Trust Fund**. If awarded, this grant will allow Phase 1 construction to extend to include additions such as an Elevate Fitness Course, large family shelter, an inclusive playground with Pour N' Place surfacing, and a new greenway loop connector to the campuses of Davie County Community College and the Davie County High School Early College.

As dirt continues to move at the park site, the DCRP Team is working to expand and serve the Davie Community in each aspect of recreation with anticipation of the **new Community Park set to open spring 2020**. For the latest news and updates, please visit **DavieCountyNC.gov/DCRP** or call the DCRP Team at 336-753-8326.





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