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- Leave No Trace Day Tuesday, March 19th
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- The Overnight Paddle Saturday, March 30th

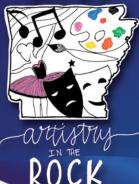
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# 2019

# ARTISTRY IN THE ROCK



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#### editor's letter

# Why Summer Camp?



t's a time-honored tradition: sending your kids off to camp for a week or two each summer. When I think of summer camp, I also think of bunk bed cabin stays, daily lake swims, eating an outrageous amount of s'mores and staying up into the wee hours of the night.

But recently, summer camps have become increasingly education focused. From museums to colleges, organizations from every side of the education spectrum are hopping on the summer camp train to offer topnotch programs.

Don't get me wrong — I think these camps are excellent opportunities for students to discover passions, build on skills and develop connections and friendships. If your son or daughter is passionate about coding, music or science, by all means, dive in and sign them up for an educational camp. But then, set aside a week for some true camp-style fun as well.

As a former camp counselor myself, I've got a little expertise in the matters of canoe races, water balloon wars and horseback riding (to name a few of my favorite camp activities). And, I've seen just why overnight, backto-the-roots summer camp is so valuable for kids of all ages.

#### 1. Saying "See You Later" to Technology

Many overnight summer camps require kids to either turn off their phones or turn them in at the start of the week. They'll be so busy each day they won't even notice.

#### 2. Getting Messy

With YouTube and Instagram, today's teens are having an easy time of keeping up with fashion and makeup trends. Summer camp means saying "goodbye" to getting ready in the morning and rocking the T-shirts and messy hair while living in the moment.

#### 3. Learning Independence

This is especially true for younger campers. Having even a few days (and nights) away from mom and dad builds confidence and is a great warmup for longer stays away. Plus, it's like a mini-vacation for parents!

#### 4. Trying New Things

Where else do you get to try horseback riding, a high ropes course, canoeing, archery, leather crafts, ziplining and more all in one week?! Kids are immersed in so many exciting activities in the span of their week at summer camp.

I wish I could head to camp this summer, but your kiddos will have to go in my place. So find the perfect camp for them in our guide on page 21 and make sure they have the best time! I know they will.

Alexis Crowe, Editor

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#### Ask the Expert / sponsored content

## KAREN LAMOREAUX

### Founder, Safety Before Skill Swim School

#### DROWNING PREVENTION AND WATER SAFETY

We are missing out on the single most important conversation we should be having as parents and caregivers when it comes to keeping our children safe, especially when they are under the age of 4 years old. I am a mother of three children. During pregnancy, I received information about the importance of having a car seat, how to lay my baby to sleep, and the number to poison control. Yet, motor vehicle accidents, SIDS and poisonings do not account for the most common cause of accidental death among babies and toddlers. During well-child visits, I was counseled on nutrition, safety locks for the house, immunizations, and screen time on electronics. Yet, starvation, malnutrition, household accidents and screen time are not the biggest safety threat that our babies and toddlers face.

#### **DID YOU KNOW?**

- DROWNING is the LEADING cause of unintentional injury deaths for children ages 1 to 4.
- Drowning is the second leading cause of unintentional injury deaths for children 5-14 years.
- If your child happens to be on the Autism Spectrum, drowning is the number one cause of unintentional death, regardless of age, accounting for 90 percent of those deaths.

We are not talking about the single biggest threat to our children when it comes to unintentional death. The good news, is that drowning is absolutely preventable. Let's have the most important conversation about the safety of our children. Drowning prevention can only be achieved in layers of protection. It takes a combination of measures such as touch supervision, early intervention swim lessons, barriers to water such as fences and locks and wearing a life jacket.

#### Q: WHAT DOES DROWNING LOOK LIKE?

**A:** Drowning happens swiftly and silently. There is no cry for help or excessive splashing as we see in the movies. Do not expect that you will hear them in crisis or that anyone will notice them either. TOUCH SUPERVISION is critical. Often I see parents in a lounge chair on the pool deck watching their children from afar in a flotation device. This

is not adequate supervision. We must be close enough to touch them, within arm's reach. It happens in a matter of seconds, and as parents we know how fast our little ones can be!

## Q: WE WEAR FLOATIES AT THE POOL, DO THEY PREVENT DROWNING?

**A:** No. Say NO to floaties on the arms. Floaties are for training purposes and not to be used as a life-saving device. Children often slide right out of them, they puncture easily and are known to spontaneously deflate. Floaties on the arms cannot be relied upon to keep our kids safe in the water. A Type II or III life jacket is the best choice. If your child is still working on head control and core strength and balance in the water, a Puddle Jumper is also a good choice.

## Q: AT WHAT AGE SHOULD I ENROLL MY CHILD IN SWIM LESSONS?

**A:** I recommend getting our kids acclimated to the water starting at age 3 months. This can be done at home in the bathtub and by enrolling in lessons. Do not shy away from getting water in their little faces in the bath! Make sure that any lesson program you choose has instructors that are certified in infant and toddler swimming. Most children can swim and float and self-rescue when they are crawling. Which, is convenient, because this also means they can make their way into a pool when we least expect them to! Learning to swim is a slow process, it will not happen properly in a matter of weeks or months for most kids so early intervention is key. Make it part of their journey just like reading and counting.

## Q: I HAVE A POOL AT HOME. WHAT PRECAUTIONS SHOULD I TAKE?

**A:** Whether the pool is above ground, or below ground, you need a fence at least 4 feet tall with a self-latching gate, hotel locks on all exterior doors that lead to the pool, including locks on doggy doors, and an alarm system for the doors or the pool itself. Every caregiver that lives in or visits the home needs to know CPR and have access to a landline phone. Place all members of the family in lessons immediately, regardless of age to learn rescue techniques. Visit www.poolsafely.gov for all the details and a booklet that you can download.

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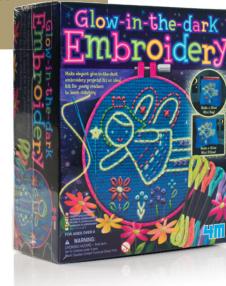
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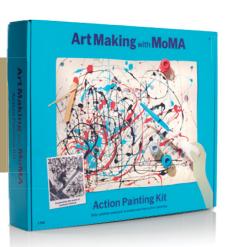
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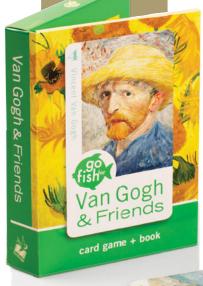
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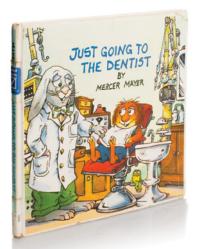
MARCH 2019 LITTLE ROCK FAMILY

### bookclub

## **DENTIST + HOSPITAL VISITS**

New things can be scary, so when you child visits the dentist or even heads to the hospital for the first time, there's probably a bit of apprehension. Reading about these things can be a great way to show them that it's all going to be OK.

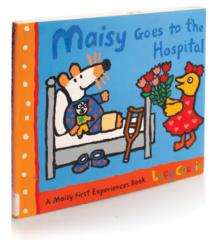
If there's a visit to the dentist or hospital in your child's near future, try one of these books to help calm nerves and explain what happens during a visit. Each of these books is available through the Central Arkansas Library System.



## Just Going to the Dentist

By Mercer Mayer

Little Critter thinks his teeth are just fine. So why does he need to go to the dentist? Ages 3-6



#### Maisy Goes to the Hospital

By Lucy Cousins

Maisy spends a night in the hospital but visitors and a new friend make it fun. Ages 2-5



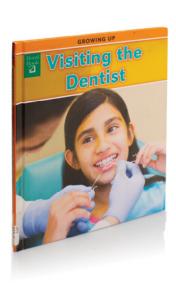
## Franklin Goes to the Hospital

By Paulette Bourgeois & Brenda Clark

A scared little turtle is brave during his visit to hospital for surgery. Ages 3-8

## Visiting the Dentist

By Charlotte Guillain
What really
happens at the
dentist? You're
about to find out.
Ages 5-7





#### The Tooth Book

By Edward Miller

Taking care of your teeth is important! Learn all about it in this guide to dental care. Ages 4-8



# a parent's guide

Portrait Photography by Sarah Oden

Studies have shown time and time again that children who are immersed in the arts as part of their education thrive in other school subjects, excel in standardized testing and are more likely to succeed in college.

But unfortunately, arts education sometimes takes a backseat.

In order to help you encourage your children to pursue the arts in some form or fashion, we're diving into music, theater and visual art on the following pages. Find out from the experts how you can encourage a love for the arts at home, what kids can try at different ages and more.



# Visual Art

Introduce kids to the vibrant world of visual art through a variety of local classes and programs

By Lydia McAllister

The benefits of introducing art into children's lives are immense. Through art, kids develop a sense of self, they can harness their imaginations and explore their environments through a variety of mediums.

Central Arkansans are blessed with plenty of great local resources to explore as children begin their journey into the wide world of visual art. Here are a few places your kids can try their hand at a variety of art forms.

#### **McCann Fine Arts**

Jason McCann took over the studio classes from his parents, who are both artists, in the late '90s and has been teaching art lessons ever since, all while continuing his own art career. McCann also teaches high school art at Little Rock Central High School and then offers classes in his in-home studio in Maumelle.

Classes: During the school year, McCann offers two children's classes on Monday nights from 5-6 p.m. and 6:30-7:30 p.m. Instead of a long program, McCann's weekly classes allow students to explore a variety of mediums such as charcoal, chalk pastel, acrylic paint and watercolor in a freerange, small class setting with hands-on instruction. He'll also offer summer courses.

"I don't think there's any limit to what any age group can do, it just depends on, as a teacher, what you're comfortable doing and you have to know you're kids and see where they are," McCann says. "That's why I do this class in a very individualized manner. I give them a chance to work on things I think they're ready to work on."

For more info: Visit www.McCannFineArt.com or call 501-944-9907.

#### Museum School at the Arkansas Arts Center

The Museum School breaks down its youth classes into ages 2-5, 6-9 10-14 and 14-18. The Museum School aims to expose children to a variety of mediums, as they find out what they're

drawn to and want to explore. Randie Young, the school's youth and community engagement manager, says the 6-9 age group is their most popular.

Classes: Classes include woodworking, drawing, clay making, painting, ceramics and watercolor. Young says one of the most popular youth classes is Studio Zoo, which lets kids try clay, printmaking, drawing and more while focusing on animals. The Museum School also hosts spring break and summer break programs, which tend to fill up quickly. This summer, they'll offer even more classes by utilizing studio space inside The Terry House.

The Museum School also partners with the Central Arkansas Library System to offer a free program called ArtStart on the third Wednesday of every month. The program, for ages 1-4, pairs a book with a piece of artwork in the museum followed by an exploratory art project, and kids who attend each receive a free book. For more info: Visit www.ArkansasArtsCenter.org or call 501-372-4000.

#### **ArtLab**

When Mona Bowers retired from her career as an elementary art teacher, she decided it was finally time to open up her own studio space. At ArtLab, Bowers offers open studio time, which allows kids to experiment with watercolor, tempera, Play-Doh, Legos, pegboard, chalk/felt board and sensory stations as well as the studio's Art Buffet.

Classes: In addition to the open studio, Bowers offers a variety of children's art classes, including painting, drawing and clay. With her background in elementary art, Bowers has tailored classes for children as young as 10 months old through adulthood. Classes are frequently updated and added to the schedule. ArtLab is open Monday-Friday from 10 a.m.-5:30 p.m. and open studio is \$15 an hour for kids, while adults are admitted free.

For more info: Visit www.ArtLabofArkansas.com or call 501-379-9175.



"There's no doubt that art provides a lot of problem-solving skills. I think that you deal with a lot of problem-solving and critical thinking whenever you're doing any kind of artform — 2D, 3D. You have to work through a problem — you have a thing you want to get to and you have to work to achieve that. I think that kind of rigor is good for a kid."

- Jason McCann, artist, teacher and owner of McCann Fine Art



# **5 Art Projects** to Try At Home

#### **Pottery**

Make an at-home play dough recipe or make a trip to the store. Let kids use the play dough for pretend play. The sky's the limit, but one idea is to encourage kids to make food out of the play dough for tea parties, cupcake stores or living room picnics. Best for ages 3-5.



Try the paper bag project: parents put an object in a paper bag, but kids can't look inside — they can only feel the object, then draw what they feel. Another easy activity is continuous blind contours. Challenge your child to choose something to draw — like a face or an animal — but they can't look at what they're drawing and they can't pick up their pencil. Best for ages 5-9.

#### **Painting**

Make painting an extra-cool sensory experience by using easels, working on large sheets of craft paper, or using large canvases. Let kids choose what to paint or help them trace their body on paper and create a fun character from the outline. Best for ages 5-9.

#### **Photography**

Provide your child with a disposable camera or an easy-to-use point-and-shoot camera and challenge them to capture close-ups of everyday objects — think flowers, insects and food. Best for ages 9 and up.

#### **Textile Art**

Let your child explore mixed media as they create their own paper dolls using fabric scraps, Sharpies, sequins, glue bottles and some paint. Let them draw a character and then they can clothe their creation using designs from the fabric scraps.

Best for ages 6 and up.









#### **STATISTICS** SAY

Music education positively affects students' abilities in other subjects. A study showed students in elementary schools with superior music education programs scored around 22 percent higher in English and 20 percent higher in math scores on standardized tests, compared to schools with low-quality music programs.

According to PBS

■ Music is a career opportunity. The arts produce jobs generating an estimated \$37 billion.

According to American Arts Alliance Fact Sheet

■ Music accelerates brain development. Music especially helps in the areas of language acquisition and reading skills at a very young age.

According to a study at University of Southern California's Brain and Creativity Institute

■ Music accelerates learning. Students struggling scholastically caught up to their peers in reading and surpassed their classmates in math by 22 percent after participating in music instruction for seven months.

According to Children's Music Workshop



# Music

From rhythm to harmonies and flute to electric guitar, music provides a formative creative outlet for kids of all ages

By Alexis Crowe

From sweet lullables to toe-tapping jazz to the top 20 hits playing on nearly every car radio, music is all around us in countless different forms.

Immersing kids in music can expand their horizons and gives them opportunities to express themselves, to work with others in group settings such as a band and to polish and hone a personal talent

While music can look different for everyone, some of the benefits are universal. Logan Brown, director of Little Rock School of the Arts (LRSA), says that he views music as a tool that provides perspective into the lives of others and that learning to play music offers other life lessons and skills.

"Playing music teaches you discipline, confidence teamwork and things about yourself," Brown said. "It helps you understand hard work and rewards you for that hard work."

LRSA's main focus is individual and group lessons for students interested in learning to play a particular instrument, so their students are generally at least 6 or 7 years old.

However, according to Paige Majors, director of Second Presbyterian Preschool, even infants benefit from music immersion and classes, which is why all of the students at the preschool participate in Kindermusik classes supplemented with other music instruction.

"We start music classes in the infant room; they're never too young to be exposed to a quality music program. As they progress, each age group will do something a little more advanced," Majors said. "I've seen in the music room, children under a year - they can't speak, they can't sing, but they can do the hand motions they know the songs."

Even at the preschool level, Majors said she's seen over and over the way music helps kids who may struggle academically.

"There are lots of children that have issues being in a classroom setting and staying on task and focusing, but I've seen it time and time again that when they come to music it's a completely different situation," Majors said. "Those children don't have the level of frustration that you see them have in a regular academic setting.

#### What Can Your Child Do?

While the idea of music education may seem intimidating to parents without a musical background, Brown says it can be simple. Here are different activities and ways to engage your kids in music, suggested by Brown, Majors and Melanie Hanna, music teacher at Second Presbyterian Preschool.

#### Ages 1-5

- March to the beat of a song to build rhythm awareness.
- Clap rhythms together.
- Have small instruments such as shakers, tambourines or miniature keyboards for kids to hold and play at home.
- Sing with your children and encourage finger play (think "Itsy Bitsy Spider").
- Attend one of the free, weekly Music
   Movement classes at LRSA. Classes meet each Friday at 9 a.m. and 10 a.m. at 315 S. Hughes St. in Little Rock.

#### **Ages 6-10**

- Continue to immerse kids in a variety of music — from rock 'n' roll to Bach.
- Let your children decide what they're interested in, whether that be drums, flute or violin. Putting too much pressure on kids can lead to them losing the passion and joy they find in music and viewing it as a chore, according to Brown.
- If you're not ready to make the financial commitment to private lessons, start with group lessons, which are more affordable and allow your child to decide of he or she really loves the instrument they've chosen.

#### Ages 10 & up

- By around age 10, your child should be taking lessons seriously practicing consistently at home and developing higher level skills. "It's your education so what do you want to do with it?" Brown said. "This is where we start connecting the dots for their musical dreams and aspirations."
- It's important to keep your kids accountable for practicing but not to harp on them too much. Make sure music is still bringing them joy.
- Opportunities for involvement in bands, ensembles and other groups will become more prevalent as kids enter middle and high school.









# **Theater**

### Taking the stage can lead kids to learn new skills and take them to new places

By Todd Traub

The theater may be a place where art imitates life, but for kids, it can be a place where art teaches life.

From just plain having fun to learning skills they will use well into adulthood, children can benefit from theater in numerous ways, local experts agree.

"Theater matters more today than ever because connection is key to life, and theater connects actors to each other, performers to audience and art to life," says Melissa Diller, director of Maumelle-based Drama Kids of Little Rock. "Theater is about helping the kid in the back of the classroom have the confidence to ask a question so that they have the courage to share their brilliant ideas in the board room one day."

While the stories played out on stage can inform and entertain, the behind-the-scenes work it takes to bring a production to the stage offers kids so much more.

"Theater skills are life skills," says Anna Kimmel, director of education at the Arkansas Repertory Theatre. "Theater hones your ability to creatively problem solve, empathize with others, collaborate with peers, feel confident in yourself, speak in public, analyze language, follow directions, focus. ... The list goes on and on."

The Rep offers theater training throughout the year for all age groups, from kindergarten to adult. Through afterschool theater classes, arts workshops, day camps, outreach, summer program, student matinees and other performance opportunities, the Rep reaches over 7,500 students in Arkansas annually.

Drama Kids capitalizes on the school setting to teach kids about theater. Affiliated with Drama Kids International, Drama Kids of Little Rock serves the Little Rock School District, Pulaski County School District and North Little Rock School District, frequently using classrooms as a stage for performances, exercises, training and more.

"We have programs for ages 4-18 offered in select schools for one hour per week after school throughout Pulaski county," Diller said. "Activities include speech, movement, improvisation, scripts and theater games. We have a one-act spring performance at the end of the school year to showcase the skills they have learned. All students are on the stage the entire time with each student having lines. There are no auditions and every student is a star."

Additional local opportunities for kids exist at the Arkansas Arts Center Children's Theatre not to mention productions put on by local churches and community theaters, among others.

The important thing is to get kids involved. Not only will they develop the confidence to step before an audience — and all the related skills and attributes that come with that experience — they will learn of places, people and events far beyond what they have seen in life so far.

"We like to say that theater is an empathy gym—a place you go to learn about different people and points of view," Kimmel said.

### Age-appropriate Opportunities / How kids can get involved

#### Ages 1-5:

Early ages are involved through play with friends and parents to learn vocabulary and emotions. Kindergarteners can attend classes, summer programs and take part in end-of-year spring productions.



#### Ages 5-9:

Students can begin auditioning for community theater, school plays and church productions. Summer camps allow them to continue to practice the skills learned throughout the school year. There are also year-round classes for elementary students, guest artist workshops and day camps.

#### Ages 10-15:

As they advance in script and character analysis and auditioning skills, students are encouraged to continue auditioning for local productions in school, church or community theater and to attend summer camps or take part in summer theater productions. They are ready for more advanced, year-round classes and workshops and have numerous opportunities to attend local productions and see what they are learning put into practice.





# CANTES CAUIDE

Family



#### ART



#### **ArtLab Summer Camp**

Pavilion in the Park, 8201 Cantrell Road Suite 130 Little Rock | 501-379-9175 | ArtLabofArkansas.com

Dates: June 10-13 & 17-20 and July 22-25

Ages: 5 and up Cost: TBA

Artists will explore new and exciting materials and tools for experimentation and creative development. Choose one week to attend or try them all; none of the projects will be duplicated.

#### **Design Camp** at The Delta School

The Delta School | 5101 U.S Hwy 61, Wilson 479-575-2399

https://FavJones.UArk.edu/news-and-events/

design-camp.php

Dates: June 24-28, 9 a.m.-4 p.m.

Ages: Grades 3-12

Cost: \$325 (by April 8); \$375

Faculty members share the design professions with students through hands-on projects, tours, presentations and discussions. Students work closely with faculty and collaborate with peers in a fun and creative studio environment as they explore the design process.

#### **Design Camp in the City**

Arkansas Studies Institute 401 President Clinton Ave., Little Rock 479-575-2399

https://FayJones.UArk.edu/News-and-Events/

Design-Camp.php

Dates: June 17-21, 9 a.m.-4 p.m.

Ages: Grades 9-12

Cost: \$325 (by April 8); \$375

See description for Design Camp at The Delta School.

#### Design Camp in the Garden

Garvan Woodland Gardens | 550 Arkridge Road,

Hot Springs | 479-575-2399

https://FayJones.UArk.edu/news-and-events/

design-camp.php

Dates: June 24-28, 9 a.m.-4 p.m.

Ages: Grades 9-12

Cost: \$325 (by April 8); \$375

See description for Design Camp at The Delta School.

#### **Design Camp on Campus**

University of Arkansas | 120 Vol Walker Hall,

Fayetteville | 479-575-2399

https://FayJones.UArk.edu/news-and-events/

design-camp.php

Dates: June 10-14 & July 8-12, 9 a.m.-4 p.m.

Ages: Grades 9-12

Cost: \$325 (by April 8); \$375; Overnight: \$625 (by

See description for Design Camp at The Delta School. These dates offer two levels: Design Camp I and Advanced Design Camp.

#### **Design Camp-Bentonville**

Scott Family Amazeum | 1009 Museum Way,

Bentonville | 479-575-2399

https://FayJones.UArk.edu/news-and-events/

design-camp.php

Dates: June 24-28, 9 a.m.-3 p.m.

Ages: 6-11

Cost: \$265 (early registration), \$335 (non-member) See description for Design Camp at The Delta School.

#### **Design Camp-El Dorado**

South Arkansas Arts Center | 110 E. 5th St.,

El Dorado | 479-575-2399

https://FayJones.UArk.edu/news-and-events/

design-camp.php

Dates: June 17-21, 9 a.m.-4 p.m.

Ages: Grades 9-12

Cost: \$325 (by April 8); \$375

See description for Design Camp at The Delta School.

#### **Fashion Design Camp**

Episcopal Collegiate School | 1701 Cantrell Road, Little Rock | 501-590-8065 | SewCreativeStudio.com

Dates: July 29-Aug. 2, 9 a.m.-noon

Ages: Grades 2-6 Cost: \$190

Young fashion designers at all skill levels will learn how to sketch their designs and experiment with fabric and trims on a mini mannequin. Students will learn to use a sewing machine while creating a tank dress, clutch purse and headband.

#### **Graceland Performing Arts Camp**

3600 Elvis Presley Blvd., Memphis, Tennessee 800-238-2000 | Graceland.com/performing-arts-camp

Dates: July 10-14 & 17-21

Ages: 6-17

Cost: Starts at \$1,299

An immersive theater, arts and music experience where campers will learn acting, music and dance techniques alongside new friends from around the world, while parents experience Elvis Presley's Graceland and great Memphis attractions.

#### **Junior Arts Academy**

501 E. 9th St., Little Rock

501-372-4000 | ArkansasArtsCenter.org

Dates: June 3-14, 9 a.m.- 5 p.m.

**Ages:** 6-9

Cost: \$560, \$448 (members)

Students learn about different artists, build skills in theater and visual arts, make new friends and spend two weeks working toward a final performance and art exhibition. Register by May 3.

#### **Sew Stylish Doll**

Episcopal Collegiate School, 1701 Cantrell Road, Little Rock | 501-590-8065 | SewCreativeStudio.com

Dates: July 22-26. 9 a.m.-noon

Ages: Grades 1-4 Cost: \$190

Beginners learn to use a sewing machine while making stylish clothes and accessories for an 18-inch doll. Choose beautiful fabric and embellishments to make a unique dress, tote bag and apron.



Episcopal Collegiate, 1701 Cantrell Road, Little Rock 501-590-8065 | SewCreativeStudio.com

Dates: July 22-26, 1-4 p.m.

Ages: Grades 1-4 Cost: \$190

Learn to use a sewing machine while making unique softie friends. Students will learn to use a sewing machine and how to embellish projects using hand sewing techniques and applique.

#### **Upcycling Camp**

Episcopal Collegiate, 1701 Cantrell Road, Little Rock 501-590-8065 | SewCreativeStudio.com

Dates: July 29-Aug. 2, 1-4 p.m.

Ages: Grades 4-8 Cost: \$190

Learn sewing machine basics and use imagination to transform old clothes into sustainable fashion. This camp is designed for beginners but students with experience are welcome too.

#### **BASEBALL**

#### **Harding University Baseball Elite Camps**

Jerry Moore Field, Harding University, Searcy 501-279-4305 | HardingBaseballCamps.com

Dates: June 2-5 & 9-12 Ages: Grades 9-12

Cost: \$375 (overnight), \$300 (commuters)

Players will be exposed to every phase of the Harding baseball program, including practice, organized games, weight training, individual instruction and classroom and video sessions.

#### **Summer Fundamentals** Camp — Harding Baseball

Jerry Moore Field, Harding University, Searcy 501-279-4305 | HardingBaseballCamps.com

Dates: May 28-31 Ages: Grades K-6 Cost: \$100

This camp will work on the development of each player's individual skills, encourage an understanding of understanding of team concepts and fundamentals, hustle and attitude.

#### **BASKETBALL**

#### **AAO Basketball Summer Skills Camps**

1515 Burr Oak Drive, Fayetteville 479-442-9979 | AAOTeam.org | Admin@AAOTeam.org

Dates: June 3-6, 10-13, 9 a.m.-noon

Ages: Grades 1-7

Cost: \$99 (by May 3); \$125

Players at this coed camp get high-level training on skills like shooting, dribbling, passing, offensive

spacing, defense and more.

#### **Basketball Kid Camp** at Mount St. Mary Academy

3224 Kavanaugh Blvd., Little Rock 501-664-8006 | MtStMary.edu

Dates: June 10-12, 9-11 a.m. (grades 2-5); 1-3 p.m.

(grades 6-9)

Ages: Girls Grades 2-9

Cost: \$65

Basketball day camp provides instruction to develop individual fundamental playing skills.

#### **Nike Basketball Camp**

Episcopal Collegiate School, 1701 Cantrell Road Little Rock | 501-372-1194 USSportsCamps.com/Basketball/Nike

Dates: Boys: June 10-14 and July 8-12 & 15-19, 9 a.m.-3 p.m. | Girls: June 17-21; July 15-19, 9 a.m.-3 p.m.

Ages: 9-15 Cost: \$285

Players of all abilities develop athletically, refine fundamental basketball skills and enhance their skill set at the post, wing or guard position.

#### **DANCE & CHEER**

#### **Arkansas Academy** of Dance Summer Camps

10301 N. Rodney Parham Road, Little Rock 501-227-5320 | ArkansasAcademyofDance.com

Dates: June 17-20 & July 29-Aug. 1

**Ages:** 3-8 Cost: \$60-\$80

Professional faculty and guest artists focus their coaching skills on younger dance students in these coed camps.

#### **Arkansas Academy** of Dance Summer Intensive

10301 N. Rodnev Parham Road, Little Rock 501-227-5320 | ArkansasAcademyofDance.com

Dates: June 3-14 **Ages:** 9 & up Cost: TBA

Professional faculty and guest artists focus their coaching skills on serious dance students, who are training at a progressive, intermediate or advanced technical level.

#### **Ballet Arkansas Summer Intensive**

**UALR** Center for the Performing Arts 2801 S. University Ave., Little Rock 501-223-5150 | BalletArkansas.org/Summer-Intensive

Dates: July 22-26 & July 29-Aug. 2

Ages: 10-21; 13 & up must have pointe experience

Cost: \$400; \$725 for both weeks

The Summer Intensive focuses on pointe work, partnering and technique. The program is taught by guest instructors and Ballet Arkansas company dancers.

#### **ENRICHMENT**

#### BearsWrite:

#### From Pencils to Pixels

201 Donaghey Ave., Mashburn Hall 104, Conway 501-450-5308 | UCA.edu/Teaching/Bearswrite/

Dates: June 24-28 Ages: Grades 4-9 Cost: \$150

BearsWrite teaches students how to use voice, setting, word choice, character traits, point-of-view, journaling, and poetry. They will create portfolios of their best work, a camp digital anthology, and will participate in a public performance.

#### Confidence Camp -Missouri Military Academy

204 N. Grant St., Mexico, Missouri | 573-581-1776 MissouriMilitaryAcademy.org/Summer

Dates: July 7-13 & 14-20 Ages: 8-11 Cost: \$1,110

Confidence Camp helps boys develop a sense of pride in themselves and their accomplishments. Focusing on good decision-making and teamwork exercises, the oneweek program rewards young men for their progress.

#### **Fun with Phonics**

3224 Kavanaugh Blvd., Little Rock

501-664-8006 | MtStMary.edu/Summer-Camps/

Dates: June 24-28, 9 a.m.-noon

Ages: Girls grades K-1 (limited to 5 students)

Cost: \$300

Students will learn and review the building blocks of reading through hands-on experience, learning games and centers, and become confident readers while developing literacy skills.

#### General Math/ **Pre-Algebra Camp** at Mount St. Mary Academy

3224 Kavanaugh Blvd., Little Rock 501-664-8006 | MtStMary.edu/Summer-Camps/

Dates: June 17-21, 9-10:15 a.m.

Ages: Grade 7 Cost: \$175

This camp focuses on general mathematics skills needed to succeed in pre-algebra, giving students an excellent head start for the coming school year.

#### **Girl Scouts Counselor** in Training 1

Camp Cahinnio & Camp Crossed Arrows, Little Rock 800-632-6894 | GirlScoutsDiamonds.org

Dates: June 23-30 & July 5-12 (Cahinnio); July 7-19

(Crossed Arrows) Ages: Grades 11-12 Cost: \$325

Girls will learn leadership and outdoor skills and about camp and working with children. They'll discover individual abilities as leaders, analyze campers and their needs and experience camp life.



#### **Girl Scouts Counselor** in Training 2

Camp Cahinnio & Camp Crossed Arrows, Little Rock 800-632-6894 | GirlScoutsDiamonds.org

Dates: June 9-21 & 23-30 (Cahinnio); June 9-14

&16-30 (Crossed Arrows) Ages: Grade 12 Cost: \$425

Girls discover who they are as a leader, learn the skills to be successful and then apply these skills to the world of resident camp.

#### Leadership Camp — Missouri Military Academy

204 N. Grant St., Mexico, MO | 573-581-1776 MissouriMilitaryAcademy.org/Summer

Dates: July 7-20 Ages: 12-17 Cost: \$2.190

This program teaches boys to follow as well as lead and helps them to understand the benefits and responsibilities of being a leader.

#### **New Driver Education** Summer Camp

9108 Rodney Parham Road, Suite 210, Little Rock 501-225-4028 | ThompsonDriving.com

Dates: Varies Ages: 13 & up Cost: \$235

This course provides the new driver with 30 hours of instruction, reading, and lively discussion covering the laws that regulate driving in Arkansas.

#### **Ozark Mission Project 101**

2223 Durwood Road, Little Rock 501-664-3232 | OzarkMissionProject.org

Dates: July 29-31 Ages: Grades 4-5 Cost: \$90

This year's theme is Linked. Each day there will be guest speakers from local nonprofits who will share more about their organization and provide a hands-on activity for campers.

#### Pre-Algebra/Algebra Camp at Mount St. Mary Academy

3224 Kavanaugh Blvd., Little Rock 501-664-8006 | MtStMary.edu/Summer-Camps/

Dates: June 24-28, 9-10:15 a.m. Ages: Grade 8

Cost: \$175

Students learn primary pre-algebra skills and concepts. Camp also covers some Algebra I concepts on an introductory basis to expose students to new topics.

#### Summer Academy -Missouri Military Academy

204 N. Grant St., Mexico, Missouri | 573-581-1776 MissouriMilitaryAcademy.org/Summer

Dates: June 23-July 19 Ages: Grades 7-12

Cost: \$3,850 (overnight); \$2,600 (commuter) MMA's Summer Academy offers a high school program (grades 9-12) and a middle school program (grades 7-8) to enrich, educate and inspire students and boost they confidence in and out of the classroom. Girls can attend as day students.

#### **GENERAL**

#### **Brookhill Ranch**

431 Brooks Loop, Hot Springs 501-623-5983 | BrookhillRanch.com

Dates: June 10-Aug. 3 Ages: Grades 3-9 Cost: \$625

This Christian summer camp is designed for kids to experience a little bit of country life. Campers stay active with traditional activities like crafts, drama, horseback riding and archery.

#### **Camp Solgohachia Day Camp**

4 Ozark Mountain Road, Solgohachia 501-354-3959 | CampSolgohachia.com

Dates: June 4-July 19 Ages: Grades 3-9 Cost: \$180

This Christian day camp offers worship along with an active week full of traditional camping activities.

#### Camp Solgohachia **Labor Day Family Camp**

4 Ozark Mountain Road, Solgohachia 501-354-3959 | CampSolgohachia.com

Dates: Aug. 30-Sept. 2 Ages: All ages

Cost: \$75/child under 5; \$150/child over 5; \$250/adult Have all the fun of summer camp designed for a family experience that will draw you closer to each other and to Christ.

#### Camp Solgohachia Overnight Camps

4 Ozark Mountain Road, Solgohachia 501-354-3959 | CampSolgohachia.com

Dates: June 3-July 20 Ages: Grades 4-9 Cost: \$475

This Christian camp offers worship along with an active week full of traditional camping activities. Campers are assigned to a "tribe" where they will lodge with six to 11 other campers.

#### Camp Tahkodah

5095 Camp Tahkodah Road, Searcy 501-279-4226 | Harding.edu/Tahkodah/

Dates: June 2-7 & 9-21, June 23-July 5 and July 7-19 & 21-26

Ages: 8-18

Cost: \$270 (1 week), \$460 (2 weeks)

Camp Tahkodah is about faith, fun and friendship. Kids have daily outdoor Bible classes and a host of traditional camp activities before ending their day with devotionals under the stars.

#### **Camp Winnamocka**

68 Fort Jackson Road, Arkadelphia 870-246-4599 | Winnamocka.com

Dates: June 2-Aug. 3 Ages: 7-15 Cost: \$1,150

Give kids a taste of some Tom Sawyer-Huck Finn fun with treasure hunts, ropes courses, dances, campfires and more.

#### **Ferncliff Summer Day Camp**

1720 Ferncliff Road, Little Rock 501-821-3063 | Ferncliff.org

Dates: June 2-Aug. 9 Ages: 6-14 Cost: \$215-\$279

Sign up for one week or all 10; day campers will enjoy exciting activities while they play outside, make friends and explore their faith.

#### **Girl Scouts Camp**

460 Cahinnio Road, Little Rock

250 Crossed Arrows Lane, Little Rock 800-632-6894 | GirlScoutsDiamonds.org

Dates: Cahinnio: June 7-July 12; Crossed Arrows: June 7-July 19

Ages: Grades 1-12 Cost: Varies

The Girl Scouts offer dozens of themed overnight camps of varying lengths. Campers experience traditional camp activities, learn outdoors skills, gain confidence and independence and make new friends. Campers do not need to be members of Girl Scouts to attend



DAY & OVERNIGHT CAMPS FOR AGES 4-18

Camp with a Conscience.

1720 FERNCLIFF RD LITTLE ROCK, AR 72223

WWW.FERNCLIFF.ORG

(501) 821-3063





# Overnight Camp

- For ages 6-18
- Traditional & themed camps
- Enjoy swimming, canoeing, fishing, crafts, archery, & more!

## Day Camp

- For ages 6-14
- All the fun of camp from 9-4 each day
- Transportation & extended care available



## Nature Preschool Day Camp

- For ages 4-5
- Nature-based play and hands-on learning
- A great introduction to nature preschool and camp!



# ARKANSAS ARTS CENTER MUSEUM SCHOOL









### SPRING BREAK CAMP

POP! Off the Page March 18 - 22

Explore the great Pop Artists in the AAC Collection while trying some of the techniques used by the greats!

Ages 6 - 9

# JUNIOR ARTS ACADEMY

Who, What, Wear June 3 - 14

Now in its 23rd season, this annual, fun-filled summer program teaches both visual and theatrical arts!

Ages 6 - 9

## SUMMER CAMPS

June 25 - August 2

Join us for exciting week-long, Morning and Afternoon art camps! Camps include fun titles like, Super Hero Meet Up and Animals in Clay.

Morning: Ages 6 – 9 Afternoon: Ages 10 – 14

Register today at arkansasartscenter.org/museumschool or call 501-396-0353

#### **High Point**

548 Brookhill Road, Hot Springs 501-624-1952 | HPoint.org

Dates: June 17-22 & 24-29 and July 1-6

Ages: 15-19 Cost: \$350

Campers enjoy games and activities, but High Point is centered on training and discipling the next generation of Godly leaders through quiet time, opportunities for corporate worship and small group interaction.

Little Rock Christian **Academy Summer Programs** 

19010 Cantrell Road, Little Rock 501-868-9822 | LittleRockChristian.com

Dates: June-July Ages: Grades K4-12 Cost: \$125-\$325

The academy offers a variety of camps and courses that focus on academics, arts and enrichment, athletics and more.

#### **Little Rock Parks & Recreation Summer Playground Program**

Various schools and community centers, Little Rock 501-371-4770 | LRPR.org

Dates: June 3-July 25

Ages: 6-15

Cost: \$100 for the first child, \$50 each additional

child

Kids will participate in on-site activities such as board games, jump rope, basketball, movie screenings, arts and crafts and more along with field trips.

#### **Martin Street Youth Center**

201 W. Martin St., Jacksonville 501-982-0818 | CityofJacksonville.net

Dates: June 10-Aug. 1 **Ages:** 8-15 Cost: Free

Kids can participate in a variety of activities during including video games, billiards, basketball, weekly tournaments, swimming at Splash Zone and much more. A summer meal program is offered Monday-Friday at noon and 3 p.m.

#### **Mom's Morning Out** and Camp Wonder

The Wonder Place | 10304 N. Rodney Parham Road, Little Rock | 501-225-4050 | TheWonderPlace.com

Dates: TBA; check website. Ages: 3-7; must be potty trained

Cost: \$35-\$150

Both Mom's Morning Out and Camp Wonder include snacks, activities and play time at The Wonder Place. Kids can discover the wonders of science, music, reading, art and more!

#### **Pioneer Day Camp**

200 E. 3rd St., Little Rock 324-9351 | HistoricArkansas.org

Dates: June 10-14 & 17-21

Ages: Session 1: Grades 3-4; Session 2: Grades 5-6

Cost: \$85 (non-members); \$65 (members) Join the museum for a special Arkansas Territorial Bicentennial theme. Campers will learn through crafts, dancing and special activities how people in Arkansas lived in 1819 and beyond.

Summer at the Academy **Day Camp** 

12701 Hinson Road, Little Rock PulaskiAcademy.org

Dates: June 3-July 19 Ages: Grades PK4-8

Cost: Day Camp: \$36/day; Classes: \$150/week Summer at the Academy offers a day camp for child care and weekly classes focused on various subjects and themes.

#### **Therapeutic Recreation Summer Day Camp**

Little Rock Parks and Recreation, Little Rock 570-1131 | LittleRock.gov

Dates: June 10-July 19 Ages: 8-18, or still in high school

Cost: TBD

This therapeutic-based program emphasizes fun recreational activities for people with special needs to promote the development of motor skills and social skills. Participants must be independent with personal care or provide an aide.





Summer Begins on Highway 10

JUNE 3rd-7th • 10th-13th • 24th-27th

ÆRRLY ÆNGINÆÆRS



SLIME

Full day options for PK3-6th grade





For a full list of Summer Camps and to register visit www.LittleRockChristian.com/Summer

19010 Cantrell Rd Little Rock, AR 72223 • 501-868-9822 • 🕒 📑 🗹 🛗

#### **GIFTED & TALENTED**

#### Harding Honors Business Experience

915 E. Market Ave., Searcy 501-279-4407 | Harding.edu/SummerAcademic

Dates: July 12-26

**Ages:** Rising high school seniors

Cost: \$795

Students develop an understanding of the mind of an entrepreneur, the discipline of a financier, the resourcefulness of an information technologist and the ethics of a Christian professional. Participants earn three hours of transferable university credit.

#### **Harding Honors Symposium**

915 E. Market Ave., Searcy

501-279-4407 | Harding.edu/Events/Symposium

**Dates:** June 21-July 5; June 28-July 12; July 5-19;

July 12-26

Ages: Rising high school seniors

**Cost:** \$795

Students learn about the world in which we live and how each of us fits into the world as Christians through daily engagement with Harding professors and mentoring with Harding's student counselors. Participants earn three hours of transferable university credit.

#### Old State House Museum Summer Fun

300 W. Markham St., Little Rock 501-324-8642 | OldStateHouse.com

Dates: July 15-19 Ages: Grades 3-9 Cost: \$75

This week-long workshop provides hands-on activities and educational lessons. Register by July 8.

## Summer Laureate University for Youth (SLUFY)

UA-Little Rock, 2801 S. University Ave., Little Rock 501-569-3410 | UALR.edu/SLUFY

Dates: July 8-19

Ages: Grades K-8 (completed)
Cost: \$300; scholarships available

SLUFY gives students a chance to learn through hands-on experiences, guest speakers and field trips under the guidance of enthusiastic teachers.

#### **GOLF**

#### **Arkansas Golf Center Camp**

5150 John W. Allison Road, Conway 501-327-0171 | ArkansasGolfCenter.com

Dates: June 10-13 & July 22-25

**Ages:** 6-16 **Cost:** \$150

AGC teaches junior golfers the fundamentals of the game to help athletes discover their full potential for achieving success, increase confidence

#### **Golf Camp**

3 Country Club Circle, Maumelle 501-425-1067

**Dates:** June 10-13, July 22-25 **Ages:** 7-14

Cost: \$90 per child per camp

Kids and teens can learn the fundamentals of golfing during these two camps.

#### **GYMNASTICS**

#### **Huff 'n Puff Summer Day Camp**

613 N. First St., Jacksonville 501-985-1818 | HuffnPuffGym.com

Dates: Tentatively May 28-Aug. 9

Ages: 5-12 Cost: Varies

Activities include gymnastics, dance, field trips, trampoline, indoor/outdoor play, swimming pool outings, games, arts and crafts.

#### **Razorback Gymnastics Camp**

Barnhill Arena, 285 Stadium Drive, Fayetteville 479-575-4479

ArkansasRazorbacks.com/Sport/W-Gym/

Dates: Standard: June 21-23; High Performance

Camp: June 28-30 Ages: 7 & up

**Cost:** Day: \$350; Overnight (ages 9 & up): \$450 In this fun program for recreational, compulsory, and optional level gymnastics, athletes are trained in all four events as well as in nutrition, dance and trampoline.

#### Sports and Educational Summer Camp

5310 S. Shackleford Road, Little Rock 501-407-8000 | River-City-Gymnastics.com

**Dates:** June 3-Aug. 9 **Ages:** Grades K-5 **Cost:** Call for pricing.

Activities include weekly field trips, arts and crafts, physical fitness, games and much more. Registration is open from March 1-May 1. To check availability after the deadline, email coachgrady75@gmail.com.

#### **HORSEBACK RIDING**

#### **Holtzman Riding Academy**

4618 Highway 5 South, Benton | 501-860-2378

**Dates:** June-July **Ages:** 6-11 **Cost:** Varies

Students will ride horses with instruction and do ground work with their horses. Activities include obstacles, games on horseback and more.

#### **Midland Farm Summer Camp**

3406 Midland Road, Alexander 501-590-0784 | MidlandFarmArkansas.com

Dates: TBA Ages: 6 & up Cost: \$325

Camp includes lessons in riding and grooming, as well as games and free time. Every camper will also learn what it takes to care for a horse.

#### **MARTIAL ARTS**

#### **Unity Summer Camp**

1524 Garfield Drive, Little Rock 501-765-3556 | UnityMartialArts.com

**Dates:** June 3-Aug. 9 **Ages:** Grades 1-10 **Cost:** \$130-\$250

Campers choose between several indoor and outdoor activities each session. Specialty camps offered each week break off from the main camp for topics like filmmaking, intensive martial arts training, or game development.

#### MUSIC

#### Faulkner Chamber Music Festival

UA-Little Rock, Fine Arts Building, 2801 S. University Ave., Little Rock

615-775-6744 | FaulknerChamberMusicFestival.com

**Dates:** July 26-Aug. 4 **Ages:** 11-18

Cost: \$450; scholarships available

Through the study and performance of chamber music, this camp provides an immersive environment for students. Kids must be able to play a musical instrument already, but the camp accepts students at different levels of ability.

#### Summer Strings Camp and the Sturgis Music Academy Summer Strings Camp

Pulaski Heights United Methodist Church

4823 Woodlawn Drive

Arkansas Symphony Orchestra 2417 N. Tyler St., Little Rock

501-666-1761 | ArkansasSymphony.org

Dates: Summer Strings Camp: June 24-28; Sturgis

Summer String Camp: June 1-30

Ages: Grades K-12 Cost: Varies

The ASO holds a comprehensive five-day summer program for violin, viola, cello, and double bass players. Students must have at least one year of string study on their instrument.

#### **OUTDOORS**

#### **Adventure Day Camp**

490 Toltec Mounds Road, Little Rock 501-961-9442 | ArkansasStateParks.com

Dates: July 10-12, 9 a.m.-3 p.m.

**Ages:** 8-12 **Cost:** \$50

Day campers go on energetic outdoor adventures that include fishing, kayaking, exploring and field trips to local nature centers.

#### Arkansas Audubon Society Halberg Ecology Camp

Camp Clearfork, U.S. Highway 270, Little Rock 501-663-9380 | ARBirds.org

Dates: June 8-14 & 16-21

**Ages:** 11-12 **Cost:** \$350

Campers learn about the state's native birds, rocks, trees and plants, mammals, snakes, frogs, salamanders and insects

#### **Arkansas Outdoor School**

C.A. Vines Arkansas 4H Center, 1 Four H Way Little Rock | 501-821-6884 uaex.edu/4h-youth/activities-programs/camps

**Dates:** June 11- Aug. 3 **Ages:** 7-15 **Cost:** \$200-\$356

Activities at Arkansas Outdoor School are designed to emphasize teamwork, self-confidence, communication and cooperation. Activities include swimming, canoeing, hiking, rock climbing, archery and more!



Classes for the emerging artist, chef, engineer, author, athlete, scientist in

your family!

Engage your child's imagination!



Create, explore, build, imagine, and enjoy!

Pulaski Academy • 12701 Hinson Road • Little Rock, AR 72212

June 3-July 19

Register at pulaskiacademy.org/summer



10K \$35 / 5K \$25 KIDS' 1K \$10

# SATURDAY MARCH 30

# MOVIE Madness

get more info & register at jllr.org/ downtown-dash



#### **Camp Aldersgate**

2000 Aldersgate Road, Little Rock 501-225-1444 | CampAldersgate.net

Dates: June 9-Aug. 2 Ages: Varies Cost: TBA

Aldersgate camps provide a traditional residential camp experience for children challenged by medical conditions or disabilities.

#### **Camp Mitchell**

10 Camp Mitchell Road, Morrilton 501-727-5451 | CampMitchell.org

Dates: June 9-14 & 16-21 and July 7-12, 14-19 & 21-26

Ages: 6-18

Camp Mitchell offers a faith-based component to its programs that consist of themed focus camps and

traditional camps.

#### Camp Ozark

155 Camp Ozark Drive, Mount Ida 870-867-4131 | CampOzark.com

Dates: June 2-Aug. 10

Ages: 7-17

Cost: \$1,895 (1 week); \$3,295 (2 weeks); \$5,190 (3

Christian campers engage in more than 150 activities, including horse riding, crafts, tennis, water recreation, fishing, ropes course, basketball and more.

#### **Camp Solgohachia Base Camps**

4 Ozark Mountain Road, Solgohachia 501-354-3959 | CampSolgohachia.com

Dates: June 4-July 20 Ages: Grades 10-12 Cost: \$275

Base Camp focuses on going deeper in themes introduced in the Camp Solgohachia program. Each day includes sessions where campers worship together and explore what it means to live as a disciple of Jesus.

#### Camp Solgohachia in the City

100 City Park Drive, Morrilton 501-354-3959 | CampSolgohachia.com

Dates: July 22-25 Ages: Grades 3-8 Cost: Free

Camp Solgohachia packs up everything and heads to the Morrilton City Park for a free week of camp.

#### **Ferncliff Overnight Camps**

1720 Ferncliff Road, Little Rock 501-821-3063 | Ferncliff.org

Dates: June 9-Aug. 2 **Ages:** 6-18 Cost: Varies

Overnight Camp is a great opportunity for kids to have fun and grow their faith. Activities include hiking, swimming, canoeing, fishing, games, crafts, worship, Bible study, campfires and more.

#### **Junior Park Rangers**

500 W. Markham St., Little Rock 501-371-4770 | LRPR.org

Dates: TBD Ages: 9-12 Cost: Free

Kids connect to nature via Little Rock's park system. They'll spend a week visiting 10 different parks or facilities discussing the flora and fauna, history and conservation issues and picking up litter and playing.

#### **Lake Nixon Summer Day Camp**

18500 Cooper Orbit Road, Little Rock 501-228-0202 | LakeNixon.com

Dates: June 3-Aug. 2 Ages: Completed grades K-8

Cost: \$150/week

Lake Nixon offers opportunities for campers to participate in Bible study, crafts, music, recreation, swimming, fishing, hiking, paddle boats and much more. Transportation is provided at no charge to and from three locations in central Little Rock.

#### **Outdoor Skills Day Camp**

490 Toltec Mounds Road, Little Rock 501-961-9442 | ArkansasStateParks.com

Dates: June 12-14, 9 a.m.-3 p.m.

Ages: 8-12 Cost: \$50

Kids develop the skills to survive in the wilderness, gaining the knowledge and confidence to fish and cook outdoors, "read" the weather, build shelter, make a fire and more.

#### Petit Jean State Park **Summer Day Camp**

1285 Petit Jean Mountain Road, Little Rock 501-721-5441 | ArkansasStateParks.com

Dates: June 11-14, 8 a.m.-4 p.m.

Ages: 8-12 Cost: TBA

Campers venture out into the park to discover outdoor skills while hiking, kayaking, swimming, orienteering, horseback riding and more.

#### SCIENCE

#### Camp Invention -**Ida Burns Elementary School**

1201 Donaghey Ave., Conway 800-968-4332 | CampInvention.org

Dates: June 10-14, 9 a.m.-3:30 p.m. Ages: Grades K-6

Cost: \$230

Students experience hands-on STEM learning in one of four modules: Deep Sea Mystery, DIY Orbot, Innovation Force and Farm Tech.

#### Camp Invention – Magness **Creek Elementary School**

16150 Arkansas Hwy. 5, Cabot 800-968-4332 | CampInvention.org

Dates: June 17-21, 9 a.m.-3:30 p.m.

Ages: Grades K-6 Cost: \$230

Students experience hands-on STEM learning in one of four modules: Deep Sea Mystery, DIY Orbot, Innovation Force, and Farm Tech.

#### **Civil and Construction Engineering Summer Program**

UA-Little Rock, 2801 S. University Ave., Little Rock 501-569-8597 | UALR.edu//EIT/

Dates: June 16-28 Ages: Grades 8-11 Cost: Free

This fun and interactive two-week residential program explores various civil and construction engineering careers.

#### **Engineering Scholars Program**

UA-Little Rock, 2801 S. University Ave., Little Rock 501-569-8597 | UALR.edu//EIT/ | AlHenry@UALR.edu

Dates: June 16-22 & 23-29 Ages: Grades 8-11

Cost: Free

The programs strives to increase the number of students entering engineering programs in Arkansas through exposure to hands-on projects, plant trips and interaction with industry engineers.

#### **Geology Camp**

UA-Little Rock, 2801 S. University Ave., Little Rock 569-8597 | UALR.edu//EIT/

Dates: June 9-14 Ages: Grades 8-11 Cost: Free

Students will get an introduction to geology through field mapping of the lithology and geologic structures at field stops and the use of geographic information systems.

#### **Harding University Pharmacy Camp**

915 E. Market Ave., Searcy

501-279-4407 | Harding.edu/PharmacyCamp

Dates: June 16-21 Ages: Grades 11-12 Cost: \$350

Students explore the pharmacy profession through classes, hands-on learning experiences and other activities. Activities include field trips, pharmaceutical laboratory experiences, games and recreational activities, shadowing, introduction to pharmacy curriculum and discussion of current topics in pharmacy.

#### **High School Research Program**

UA-Little Rock, 2801 S. University Ave... Little Rock

501-569-8597 | UALR.edu//EIT/

Dates: July 7-26 Ages: Grades 8-11 Cost: Free

The program engages academic high achievers by proactively mentoring them and helping them make informed choices on coursework during high school for pursuing future careers in a STEM discipline.









SPRING BREAK CAMP: MARCH 18-21 SUMMER CAMPS: JUNE 10-13, 17-20 AND JULY 22-25

CHILDREN'S CLASSES **BIRTHDAY PARTIES** WORKSHOPS

**OPEN STUDIO** SPECIAL EVENTS **ADULT CLASSES GIFT CARDS** SPACE RENTAL

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visit fayjones.uark.edu for details.



"developing the next generation of accomplished dancers"



#### Kids' Summer **Dance Camps**

"Sun is shining, weather is sweet, take time in the studio to move your dancing feet!"

The Sleeping Beauty June 17-20 / AGES 3-4 & 5-8

The Twelve Dancing Princesses July 29-August 1 / AGES 3-4 & 5-8

#### Dancer's Summer **Enrichment Programs**

2-week Summer Intensive

lune 3-14 / AGES 9 & OLDER Progressive, Intermediate, Advanced Levels

#### 2-week Junior Summer Intensive

June 3-14 / AGES 6-8 Beginner & Transitional Levels

#### **Dance Classes**

June 24-August 2 / AGES 3 & OLDER



DIRECTOR, REBECCA MILLER STALCUP

Breckenridge Village Shopping Center 10301 North Rodney Parham Road, B-8 Little Rock, AR | 501-227-5320

ArkansasAcademyofDance.com

#### **Mid-America Science Museum Summer Camps**

500 Mid America Blvd., Hot Springs 501-767-3461 | MidAmericaMuseum.org

Dates: July 1-Aug. 2 Ages: 6-12 Cost: TBA

Weekly camps with diverse themes all present exciting opportunities for children to learn about science in a safe, hands-on environment with trained educators.

#### **Museum of Discovery Summer Camps**

500 President Clinton Ave., Suite 150, Little Rock 396-7050 | MuseumofDiscovery.org

Dates: June 3-Aug. 2 Ages: 4-13

Cost: \$300/week; \$270/week (members)

The museum offers a variety of themed week-long day camps where kids can explore the worlds of Minecraft and Lego and study subjects like filmmaking, animals, space and more.

#### **STEMulate Engineering Academy**

Mashburn Hall 107 B, 201 Donaghey Ave., Conway 501-450-5308 | UCA.edu

Dates: June 3-6 Ages: Grades 3-5 Cost: \$100

Students will act as real-world engineers as they dig into problems and design solutions.

#### **UAMS Pharmacy Camp**

4301 W. Markham St., #522, Little Rock 501-686-6282 | PharmCollege.UAMS.edu

Dates: June

Ages: Rising seniors and rising college freshmen

Cost: \$400; scholarships available

The camp incorporates active participation in a scope of experiences including hands-on training in pharmacy practice skills, lectures by professional pharmacists and field trips to pharmacy practice locations. Application due March 17.

#### SOCCER

#### **Boys Academy Summer** Residential Camp — Central **Arkansas Soccer Academy**

UCA, 600 S. Donaghey Ave., Conway 501-450-3150 | UCASports.com

Dates: July 14-17

Ages: Junior: 10-14; Senior: 15-19

Cost: Junior: \$420 (commuter); \$470 (overnight); Senior: \$445 (commuter); \$495 (overnight)

These camps emphasize player development in individual, small group and team instruction. Games in the evening give players the chance to apply what they have learned. Register by May 1 for a \$50

#### Summer Day Camp — Central Arkansas Sóccer Academy

UCA, 600 S. Donaghey Ave., Conway 501-450-3150 | UCASports.com

Dates: June 3-6 **Ages:** 4-9 Cost: \$80

Instructors will introduce players to basic soccer techniques while having fun. Campers should bring a soccer ball, proper shoes, shin guards, sun block and water. Register by May 1 for a \$10 discount.

#### Summer Elite Camp — Central **Arkansas Soccer Academy**

UCA, 600 S. Donaghey Ave., Conway 501-450-3150 | UCASports.com

Dates: July 19-21 **Ages:** 15-19 Cost: \$325

This accelerated and intense camp emphasizes technique, tactics and small-sided play along with competitive matches where campers are instructed and evaluated by staff. Register by May 1 for a \$25 discount.

#### SOFTBALL

#### Summer Elite Overnight Camp -Harding Softball

Burks Boulevard and Bison Lane (Harding University Softball Field), Searcy 501-279-4407 | HardingSoftballCamps.com

Dates: June 24-26 Ages: Grades 8-12

Cost: \$325 (resident); \$250 (commuter)

This camp focuses both individual and team skill development for competitive players. There is skill instruction in all defensive position groups and in offensive skills.

#### **Summer Youth Fundamentals** Camp — Harding Softball

Burks Boulevard and Bison Lane (Harding University Softball Field), Searcy 501-279-4407 | HardingSoftballCamps.com

Dates: May 28-31, 8:30 a.m.-noon

Ages: Grades K-7 Cost: \$100

Players work fundamental skills and development in throwing, fielding, hitting, base running, pitching, and catching.

#### **TECHNOLOGY**

#### **Girls Code**

UA-Little Rock, 2801 S. University Ave., Little Rock 501-569-8597 | UALR.edu//EIT/

Dates: July 21-26 Ages: Grades 7-8 Cost: Free

The camp motivates girls to enter the fields of computer science, information science or web design.

#### **VEX Student Camps**

UA-Little Rock, 2801 S. University Ave., Little Rock 569-8149 | UALR.edu/STEMCenter/

Dates: June 24-28 and July 8-12 & 15-19

Ages: Grades 3-12

Cost: \$175 (includes T-shirt and snacks)

Students use VEX IQ robotics kits to learn about robotics components, programming methods, and construction techniques.

#### **THEATER**

#### **Drama Day Camp** at Mount St. Mary Academy

3224 Kavanaugh Blvd., Little Rock 501-664-8006 | MtStMary.edu/Summer-Camps/

Dates: July 15-19 & 22-26. Ages: Grades 2-8

Cost: \$100 (early bird); \$125

Students use creative dramatics to explore acting, stage movement, theater makeup, props and present showcase performances.

#### **Summer Theatre Academy**

501 E. 9th St., Little Rock

396-0336 | ArkansasArtsCenter.org/STA StageManager@ArkansasArtsCenter.org

Dates: TBA Ages: 10-18 Cost: \$575

Summer Theatre Academy offers two, three-week, audition-only sessions. Students learn theater performing techniques under the direction of skilled professionals from around the country. Call for audition information

#### **VACATION BIBLE SCHOOL**

#### Kanakuk KampOut!

Conway Christian School 500 German Lane, Conway

Little Rock Christian Academy 19010 Cantrell Road, Little Rock

Pulaski Heights United Methodist Church 4823 Woodlawn Drive, Little Rock

417-266-3000 | GoKanakuk.com

Dates: CCS: June 24-28; LRCA: June 3-7; PHUMC:

July 29-Aug. 2 Ages: 5-12 Cost: \$260

KampOut! brings the fun of Kanakuk to your hometown. Staffers lead this high-energy day camp through guided sports, activity times, Bible study, worship and small-group time for children.

#### **Park Hill Baptist Vacation Bible School**

201 E. C Ave., North Little Rock 501-753-3413 | ParkHillBaptist.org/VBS

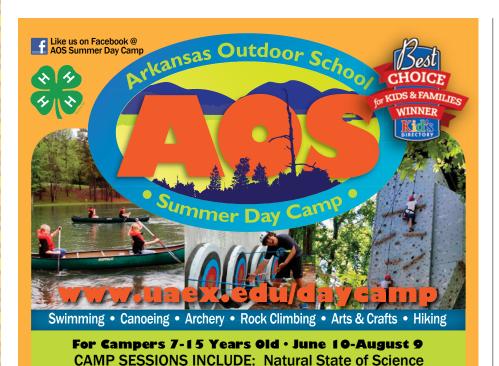
Dates: June 17-21, 8:30 a.m.-noon

Ages: Grades K-5 Cost: Free

This year's vacation Bible school theme is "In the Wild!" Gas up the ATV and head out on a wilderness adventure like no other. Get up close and personal with elephants and egrets, polar bears and penguins, cockatoos and crocodiles, and so much more! As students seek out exotic animals, they'll also find snapshots of real-life encounters with Jesus in scripture.







Creativity Camp • Teen Camp • Makers Camp Pioneer Camp • Sports of all Sorts • Science in Action Outdoor Adventures • Wilderness Skills • Cooking Camp DIVISION OF AGRICULTURE

RESEARCH & EXTENSION

University of Arkansas System

For more info contact Mike Simmons: (501)821.6884 or daycamp@uaex.edu or go to www.uaex.edu/daycamp



#### **VOLLEYBALL**

#### **Arkansas Volleyhogs Camps**

River Center, 1069-1585 Airlane Drive, Benton 479-310-0430 | ArkansasVolleyhogs.com

Dates: June 6-8

Ages: All Skills: Grades 9-12; Junior Hogs: Grades 7-8

Cost: All Skills: \$140; Junior Hogs: \$80

The Volleyhogs bring energy and excitement to this camp where all aspects of the game are taught including passing, setting, hitting and serving. This summer training experience focuses on all skill sets.

#### **Arkansas Volleyhogs HOGS College Experience Camp**

Barnhill Arena, 285 Stadium Drive, Fayetteville 479-310-0430 | ArkansasVolleyhogs.com

Dates: July 15-17 Ages: Grades 7-12

Cost: \$350 (overnight), \$310 (commuter)

Athletes at the mid- to advanced-levels get competitive skills training and play time.

#### **Arkansas Volleyhogs Position Camp**

Barnhill Arena, 285 Stadium Drive, Fayetteville 479-310-0430 | ArkansasVolleyhogs.com

Dates: July 15, 9 a.m.-4 p.m.

Ages: Grades 7-12 Cost: \$75

This camp focuses on training for the specific positions of setter, hitter and libero.

#### **Arkansas Volleyhogs Team Camp**

Barnhill Arena, 285 Stadium Drive, Fayetteville 479-310-0430 | ArkansasVolleyhogs.com

Dates: July 18-20

Ages: Ninth-12th grade teams Cost: \$100 per player

This camp combines great training and competition over three days. There will be three divisions of play and accommodations off-campus.

#### **Nike Volleyball Camp**

Arkansas Athletes Outreach 1515 Burr Oak Drive. Favetteville 479-442-9979 | AAOTeam.org

Dates: July 8-12, 9 a.m.-3 p.m.

Ages: 10-18 Cost: \$265

At this day camp players of all ability levels will unleash their potential by improving their skills, increasing their confidence and making new friends.

#### **Van Compton Volleyball Defensive Specialist Camp**

Jack Stephens Center 2801 S. University Ave., Little Rock 501-569-3254 | LRTrojans.com



#### **Van Compton Volleyball Hitters/Setters Camp**

Jack Stephens Center

2801 S. University Ave., Little Rock 501-569-3254 | LRTrojans.com

Dates: June 24-25 Ages: Grades 8-12 Cost: \$50

This specialty camp focuses on hitters and setters.

#### **Van Compton Volleyball Individual Camp**

Jack Stephens Center

2801 S. University Ave., Little Rock 501-569-3254 | LRTrojans.com

Dates: July 8-12 Ages: Grades 4-12 Cost: \$150

Students should bring playing gear including knee

pads and tennis shoes.

#### **Van Compton Volleyball Team Camp**

Jack Stephens Center 2801 S. University Ave., Little Rock 501-569-3254 | LRTrojans.com

Dates: Junior high: July 24-25; Senior high: July

Ages: Grades 6-12 Cost: \$50 per athlete

Teams will train and play at various gyms around the

UA-Little Rock campus.

#### **Van Compton Volleyball** Serve/Serve-Receive Camp

Jack Stephens Center

2801 S. University Ave., Little Rock 501-569-3254 | LRTrojans.com

Dates: June 26-27 Ages: Grades 8-12 Cost: \$50

This specialty camp focuses on serve/serve-receive

players.

#### **Volleyball Kid Camp** at Mount St. Mary Academy

3224 Kavanaugh Blvd., Little Rock

501-664-8006 | MtStMary.edu/Summer-Camps/

Dates: June 3-5, 9-11 a.m. (grades 4-6); 1-3 p.m.

(grades 7-9) Ages: Girls grades 4-9

Cost: \$65

Volleyball day camp provides instruction to develop individual fundamental playing skills.





and serene. Just as each patient is different, so too are our programs. The BridgeWay is the only psychiatric hospital in Arkansas with distinct programs for seniors 55 and older, adults 18 and older, adolescents, ages 13-17, and children, ages 4-12. Whether it is for mood, thought or substance abuse disorders, we provide separate units for each population.



21 BridgeWay Road, North Little Rock, AR 72113 1-800-245-0011 | thebridgeway.com



# familycalendar

# DATE NIGHT

#### Call the babysitter, you've got plans.

#### 2ND FRIDAY ART NIGHT IN DOWNTOWN LITTLE ROCK

MARCH 8 FROM 5-8 P.M.

Experience art galleries and museums around downtown Little Rock for free! All of the stops are within walking distance of each other. Some favorite spots include the Historic Arkansas Museum, Old State House Museum, Bella Vita Jewelry, Matt McLeod Fine Art Gallery, Nexus Coffee & Creative and Gallery 221. Many locations provide free refreshments. For more information, visit www.2ndFridayArtNight.org.

#### ARKANSAS A LA CARTE AT ARKANSAS CHILDREN'S HOSPITAL

MARCH 14 FROM 6:30-9:30 P.M.

Bring your appetite! The ACH Auxiliary spring fundraiser features tasty treats from more than 20 central Arkansas restaurants and caterers, and an extensive silent auction. Get a "taste of Arkansas" while also having fun and raising money for the hospital. Tickets are \$100 per person. Call 501-364-1440 for more details.

#### "EVITA" AT THE ROBINSON CENTER

MARCH 15-17

This Tony Award-winning musical tells the story of Eva Perón, who used her beauty and charisma to rise meteorically from the slums of Argentina to the presidential mansion as First Lady. She became one of the most powerful women in the world, but her greed, outsized ambition and fragile health made her one of



the most tragic. Visit www.CelebritvAttractions.com for ticket information and showtimes.



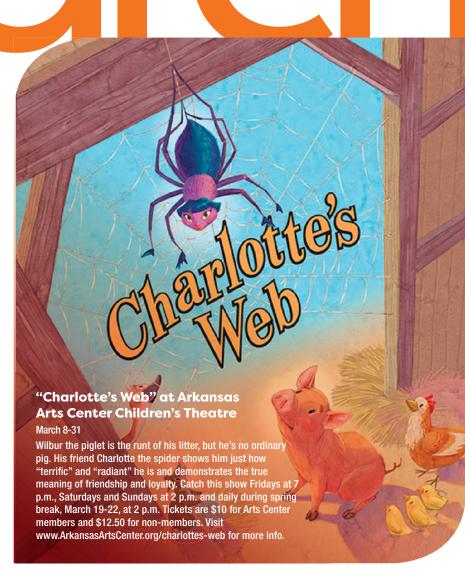
to recover the Wand of Watoomb before it falls into Loki's hands. This show unites some of Marvel's greatest superheroes including Iron Man. Captain America. Thor. Black Panther, Hulk and Black Widow against some of the most threatening villains. Showtimes are March 8 at 7 p.m., March 9 at 11 a.m. and 3 p.m. and March 10 at 11 a.m. Tickets start at \$21.50. Visit www.VerizonArena.com for more info.



March 9 from 10 a.m.-2 p.m.

Head to Heifer Village and Urban Farm to enjoy a celebration of urban and rural farming. There will be food trucks, artisanal goods, crafts and alpacas! Shop, play and eat with the whole family. Visit www. Facebook.com/HeiferVillageandUrbanFarm and click on "Events" for more info.





#### **Super Sunday Free** Family Funday at the **Arkansas Arts Center**

March 10 from noon-3 p.m.

Stop by the Arts Center for a free afternoon of educational and crafty fun. Participants will get to create a project inspired by the exhibition "Photographing Frida: Portraits of Frida Kahlo." Visit www.ArkArts.com for more details.

#### Springtime Lake Cruises at Pinnacle Mountain State Park

March 10 & 24 at 1 & 3 p.m.

Meet at West Rock Landing for a cruise with a park interpreter around Lake Maumelle. Learn about wetlands and their importance in the ecosystem as they protect and improve water quality, provide fish and wildlife habitats, store floodwaters and more. Pay and register in advance: \$15 for adults and \$8 for kids ages 6-12. Call 501-868-5806 to register.



#### **Spring Canoe Float** at Little Maumelle River

March 16 & 23 from 9 a.m.-2 p.m.

Enjoy a guided tour of the Little Maumelle River and experience the freshness of springtime in Arkansas from a canoe. Pack a lunch, bring a water bottle and wear shoes that can get wet. Registration is \$40 per canoe and more information is available at www.ArkansasStateParks.com/events.



#### The Great Inflatable Race at Stone Link Golf Course

March 23 from 9 a.m.-noon

It's a wacky, crazy and bouncy obstacle fun run! Giant inflatable obstacles are spread throughout the course and participants will bump and slide all over the place. The course is about 2 miles long and the event is recommended for ages 5 and up. Registration starts at \$24.99 per person. Visit www.TheGreatInflatableRace.com/LittleRock for more information and to sign up.

#### **Princess Tea** at Castle on Stagecoach

March 24 at 12:30 & 3:30 p.m.

Join The Snow Queen, The Ice Princess and The Ice Cutting Man for a tea party! The fun starts with a ride in a horse-drawn carriage from the parking lot to the castle. Each child will take a photo with one of the princesses and receive a tiara and wand before enjoying a three-course tea. During the tea, a group of princesses will sing, dance and entertain all the guests while mingling at each of the tables. Tickets for the tea party are \$50 for children and \$60 for adults. Call 501-960-0658 to make a reservation.



### **Celebrate Spring Day!**

#### Saturday, March 23 • 9 a.m. - 6 p.m. Kid's Booths 9 a.m. - 1 p.m.

Join us as we celebrate color in the Gardens! Kid activities are included with admission - rainbow in a bag, rock painting, and color-surprise potions! Flossie's Food Truck and the Chipmunk Café will be available to grab a bite to eat until 3 p.m. A Beer Garden opens at 11 a.m. at the Pavilion.

\$15 adults | \$5 ages 4-12 | Free ages 0-3



# 25 Ways to Pack Spring Break with Fun

By Alexis Crowe

A WHOLE WEEK without school! Have no fear. We've got 25 suggestions of activities, camps and places to visit to keep your kids busy from March 18-22.



#### **ARTS**

- Free art classes each day at the **Clinton Center** for pre-K through 12th grade students.
- Spring Break Camp at **The Rep** teaches kids about theater, design, music and movement.
- Catch a spring break matinee of "Charlotte's Web" at the Arkansas Arts Center Children's Theatre.
- Little Brushes Kids Art Camp at Pinot's Palette includes painting, mosaics, printmaking, puzzle design and more.



- Burn off some energy at Third Realm, featuring a ninja obstacle course, trampolines and more.
- Rent kayaks from Rock Town River Outfitters and take older kids out on the water.
- · Play mini golf, try a ropes course and drive the go-karts at Big Rock Fun Park.



#### FREE

- · Ride the trolley downtown.
- Tour the **Arkansas State Capitol** reserve a timeslot online.
- Visit Heifer's Urban Farm and see pigs, goats, alpacas, chickens and turkeys.
- · Check out the **Old State House Museum's** revamped "First Ladies of Arkansas" exhibit.
- View the Arkansas Arts Center's temporary exhibit, "Photographing Frida: Portraits of Frida Kahlo."
- Visit the **library** for free storytimes, classes, Lego free play, music and more.

**NATURE** 

- · Spring Break Day Camp at **Ferncliff Camp & Conference** Center will have your kids wiped out by the end of each day.
- · Junior Naturalist Spring Break Camp at Wildwood Park for the Arts includes outdoor games, hiking and more.
- · Witt Stephens Jr. Central **Arkansas Nature Center** has special, animal-focused programming Tuesday through Friday.
- Kids ages 3-6 can attend a Little Wild Ones hands-on class at Pinnacle Mountain State Park from 10-11 a.m. Thursday.
- Enjoy special programming for the whole family from Tuesday through Friday at **Toltec Mounds Archeological** State Park.
- Take guided hikes, play nature games and more at **Petit Jean** State Park.

#### **MUSEUMS**

- Explore the Museum of Discovery's "Tape & Tunnels" exhibit (seen in photo at right) before its last day on March 24.
- Meet Jet Propulsion from "Ready Jet Go" on March 18 and Nature Cat from "Nature Cat" on March 19 at Museum of Discovery.
- Visit more than 20 dinosaurs at the nearly new **Oaklawn Foundation DinoTrek** at Mid-America Science Museum.
- Step back in time with special programming at Historic Arkansas.
- Climb aboard a **submarine** at the Arkansas Inland Maritime Museum.
- Learn about Arkansas history at MacArthur Museum of Arkansas Military History.





March 8 - March 31, 2019

Spring Break Public Performances: March 19-22, 2019 at 2 p.m.

Wilbur the piglet is the runt of his litter. But under the loving care of eight-year-old Fern Arable—and due in no small part to the delicious and plentiful slops on her Uncle Homer's farm—Wilbur grows up into a fine specimen of a pig. Pink and plump and so polite. Wilbur is no ordinary pig, and thanks to the acrobatic web-writing of his friend Charlotte, a kindly barn spider, the world soon learns just how "terrific" and "radiant" he is. Come join in this heart-warming barnyard adventure and marvel at the wonder of Charlotte's web.



501 East 9th Street | 501-372-4000 arkansasartscenter.org/tickets



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Adapted by Joseph Robinette. Based on the book by E. B. White. Produced with special arrangement with DRAMATIC PUBLISHING, Woodstock, Illinois



# **Champions for Children**

Arkansas Children's is the state's only health system built just for kids. With two hospitals, a pediatric research institute, a philanthropic foundation, regional clinics, telehealth, education and outreach, we're reaching more children in more ways where they live, learn and play. Including yours!

Join the mission to make children better today and healthier tomorrow. Learn more at archildrens.org.



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