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Keswick's Wise & Well Center is offering some FREE events for the month of December.

Holiday Card Writing Workshop

Friday, 1pm - 3pm December 7, 2018

Affilial finds

How To Decorate A Festive Holiday Table

the thirty

Wednesday, 11am - 12:30pm December 19, 2018 Wise & Well Member and Friends Holiday Open House

I blinkly

Wednesday, 2pm - 4pm December 12, 2018

New Year's Recipe Exchange

Thursday, 10:30am – 12pm December 27, 2018

Interested? Contact us at:
CommunityHealth@ChooseKeswick.org
or call us at 410.662.4363



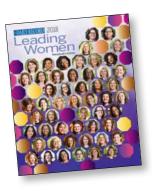
Located across from the Rotunda on the Keswick Campus 700 W 40th St. Baltimore, MD 21211

Leading Women

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THE DAILY RECORD

Community Development

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From the publisher



Suzanne E. Fischer-Huettner Publisher, The Daily Record

The Leading Women awards were created in 2010 to celebrate successful women who are 40 years old or younger. This magazine introduces you to each of the 52 honorees and celebrates their hard work in their profession, passion for making a difference and their relentless commitment to inspiring change.

At The Daily Record, we strive to recognize excellence and to provide essential news, information and face-to-face opportunities for our readers to make business connections to help in their career and to give back to our

community. The women highlighted in this magazine deserve to be recognized and celebrated. They are extremely accomplished while still juggling family commitments, community service, mentoring, education and a host of other priorities. They are Maryland's future leaders.

I want to thank all of our Leading Women sponsors. Keswick has not only sponsored for multiple years but created a scholarship supporting a young woman's endeavor to have a successful career in health care. Without our committed sponsors this event would not be possible.

Please visit The Daily Record.com/events to learn about our yearlong schedule of events focused on women leaders. Path to Excellence, our six times-a-year women in business magazine, will publish its next issue in January. With the release of each magazine, there is a Path to Excellence networking event that travels around the state of Maryland bringing together Leading Women, Top 100 Women and women business professionals in the county where they live or work to network, give back to the community and make business connections. Check our website, TheDailyRecord.com/pathtoexcellence, for the dates, times and locations. The events are free to attend.

Our third annual Women's Leadership Summit will be held March 20, 2019, from 7:30 a.m. to noon at Coppin State University. The Summit will bring together Top 100 Women, Leading Women and a network of women professionals from around the state to learn about important topics facing women in business, give back to the community and create mentoring relationships.

Top 100 Women will be held April 15, 2019, and nominations are open now at TheDailyRecord.com/Top100Women and close Jan. 9, 2019.

I invite you and your company to participate in all of these events through nominating, attending, sponsoring and supporting current and future leaders.

Leading Women judging process

Now in its ninth year, The Daily Record's Leading Women: Maryland's Future program was created to honor women 40 years old or younger who have already made outstanding contributions in their fields. The award recognizes not only professional experience, but also community involvement and a commitment to inspiring change.

Past winners of The Daily Record's Top 100 Women award and members of the Maryland business community met to select this year's honorees.

We would like to thank them for taking on such an important role and for their commitment to The Daily Record and its readers.



Jennifer Bodensiek



Karen Bond



Gayle Economos



Barbara Gassaway



Mary Hastler



Margaret Hayes



Mary Jane Herron



Suzanne Fischer-Huettner



Luwanda Jenkins



Carla Nealy



Ann Quinn



Angela Rose

Scholarship winner committed to focus on geriatric patients

When Emma Durham learned her former elementary Catholic school principal had to move to Texas following surgery for a broken hip and wrist, she didn't hesitate to offer to help.

Durham flew to Texas with two nuns to provide assistance and helped show others how to care for the patient as she continued her recovery. She even spent three days in a convent, which she said was interesting.

"I had the great pleasure and blessing to count on Emma's services as she accompanied and assisted Sister Armida and myself during our trip to Texas," Sister Rosa Maria Ojeda, principal of Bishop Schad Regional School in Vineland, New Jersey, wrote in

a letter of recommendation. "I was able to see her advanced knowledge and willingness to serve others above and beyond. I was so pleased to see how much care, love and patience she demonstrated while assisting Sister Armida not only during the trip, but also at the nursing home while Sister Armida was getting adjusted in her new home."

Durham, from Millville, New Jersey, is a senior nursing student at Notre Dame of Maryland University. She is on track to graduate in May with a Bachelor of Science in Nursing and will be eligible to take the exam to become a registered nurse. Durham was selected as The Daily Record's Leading Women 2018 Scholarship Recipient and will receive \$2,000 for educational expenses.



She is the only student in the nursing program at Notre Dame who is focused on geriatrics. But she wants to work to change the view of geriatric care, especially the negative image that nursing homes often have.

"I knew that was the field I wanted to focus on," Durham said. "Geriatrics doesn't attract a lot of young people. But a lot of geriatric patients are like a pediatric patient, only larger."

In the final spring semester, nursing students complete a practicum experience in an area of interest. Durham, with the help of the school, was able to secure a position on the acute care for the elderly unit at Anne Arundel Medical Center. She will complete 158 hours with the unit before graduation.

— Patrick Brannan

Lauren Buckler-Duncan

Assistant Secretary of Facilities Planning, Design, Construction & Energy

Maryland Department of General Services

Lauren Buckler-Duncan said her primary focus as assistant secretary of Facilities Planning, Design, Construction & Energy is on enhancing the relationship between the Maryland Department of General Services (DGS) and its private-sector business clients and other government agencies.

"I work to shorten bureaucratic processes, eliminate redundancies and increase productivity," she said. "I understand the big picture and the importance of developing multiple solutions to solve problems."

Buckler-Duncan, assistant secretary since 2014, manages a staff of more than 80 employees across eight units working on the design and construction of state-funded facilities.



Maximilian Franz/The Daily Recor

"Lauren is one of the top female construction executives in Maryland, overseeing more building construction, renovation and restoration projects than many private-sector developers," said Therese Yewell, DGS communications director.

Buckler-Duncan has also introduced children to engineering and construction careers by increasing the number of interns and bringing students to Introduce a Student to Engineering Day. "She is a role model and mentor interested in expanding opportunities for women in engineering," Yewell said.



Whitney A.N. Burton, MSW, MPH, CPH Manager of Programs

STAR TRACK Adolescent Health Program, University of Maryland School of Medicine

Whitney A.N. Burton believes in comprehensive sexual health programs so youths and young adults in Maryland can use services as needed. She said she's committed to increasing access points for HIV prevention and care for traditional and nontraditional families.

"That means creating access points so all families can gain information about HIV prevention, testing opportunities and treatment innovations," Burton said. "Traditionally, comprehensive programs limit engaging young people by only tapping traditional nuclear families or treating young people with sexually-transmitted infections independently of their families via family planning funding.

"STAR TRACK's statewide initiative targets nontraditional households because we know (and the data shows) that HIV doesn't impact families in a vacuum."

Burton, manager of programs with STAR TRACK since November 2017, said she developed relationships with young people with HIV, gained insight into their needs and priorities, and developed client-centered engagement programming. "Since people are the experts on their lives, I believe it's paramount to gain insight on their priorities for public health initiatives."

Mollie Byron Director of State and Federal Government Relations

The Nature Conservancy Maryland and DC Chapter

Mollie Byron joined the Nature Conservancy, a charitable environmental organization, in 2016 after a series of increasingly more influential positions with former Gov. Martin O'Malley.

Byron's last job with O'Malley was as his deputy national political director when he ran for president in 2016. She was second-in-command of the national campaign that recruited supporters, volunteers and surrogates across the country.

In 2010, Byron started working with O'Malley as the Western Maryland campaign coordinator. In 2011-2012, she was the capital area coordinator, and from 2012 to 2014, she was deputy director of intergovernmental affairs before being deputy legislative officer in 2015.



laximilian Franz/The Daily Record

At the Nature Conservancy, Byron has been developing its government relations program. "Governor O'Malley always says 'a dream is a goal without a deadline' and I live by that motto every day at the Nature Conservancy, where I have developed government relations processes to help us achieve our dreams of clean water and climate resilience," Byron said.



Marlies Beerli Cabell **Certified Prosthetist Orthotist Ability Prosthetics & Orthotics**

Marlies Beerli Cabell worked for 18 months to become one of only eight certified Wood Cheneau Rigo (WCR) clinicians in the country. Now she is training clinicians at other Ability Prosthetics & Orthotics offices in the use of the new WCR Brace, the latest in bracing for children with scoliosis. The thin brace is helping more children with scoliosis avoid surgery. "I invent new devices specific to a patient," she said.

Cabell and her husband, Eric Cabell, were once named Foster Family of the Year in Harford County and had 13

children placed in their home in a four-year period. "We never closed our home to new foster teens because we wanted to help them make smart decisions to change their future."

Cabell became interested in prosthetics and orthotics as a student athletic trainer at the University of Maryland. She earned a bachelor's degree in neurobiology and physiology in 2004 and went on to study orthotics and prosthetics at the University of Hartford in Connecticut. She became American Board Certified in prosthetics and orthotics in 2010.

Laura C. Cannon CEO

Ceremony Officiants

Laura C. Cannon began officiating weddings in 2003 as a side business, and by 2010, the business had grown into a small company. Its growth has continued, and this year, Ceremony Officiants has about 35 contractors in nine states.

"It took a lot of courage, perseverance and trust in my own instincts to not just follow the well laid-out career path and take the entrepreneurial leap, and I am so glad I did," said Cannon, who is also the CEO of DJ Agency Services, which operates as MyDeejay.

Cannon said she is committed to inspiring change by coaching entrepreneurs and executives. "They were coming to me for guidance because they saw that I was able to be successful and balanced in my life." She has written a book, "The Conscious Entrepreneur: A Guide to Maximizing Your Potential for Success, Freedom, and Happiness."

Cannon also mentors sophomores at Howard Community College on their career paths. "Mentoring potential 'wantrepreneurs,' as they are called, is such a joy for me," she said. "I wish I had a mentor when I started on the trackless path of entrepreneurship."



laximilian Franz/The Daily Record



Deandra Coleman, MBA Owner and CEO

Deandra Coleman Interiors

Deandra Coleman has made helping others a priority in her life, both in Deandra Coleman Interiors and her personal life.

"Being sought by individuals who want my mentorship and leadership in helping them start and grow their business is the biggest honor to me," Coleman said. "Having a front-row seat to the success and accomplishments of a new career that I've helped develop and shape, knowing that I have made a positive impact, is more important to me than meeting milestones, benchmarks and timelines."

Coleman is the founder of Youth Embracing Success (YES) and partners with the Boys & Girls Club of Greater Washington, D.C, mentoring middle and high school girls in esteem building, goal setting, decision making and leadership.

"It is my personal mission to lead a life that the girls can model and aspire to," Coleman said. "Using the setbacks in my life as teaching tools, I encourage the girls to embrace their ambition, find what inspires them and to be each other's cheerleaders. My goal is always to uplift, encourage and provide an avenue of acceptance and self-love."

Adrienne L. Corder, MMS, MBA, PA

Physician Assistant

Central Wellness Centers, Inc. & Corder Pounders Youth Fitness

When Adrienne Corder was 33 years old, she changed gears in her medical career and returned to school to study to become a physician assistant because she wanted to do more to help young people battling obesity. The former genetic researcher graduated from the University of Maryland, Eastern Shore in 2016 and was hired in 2017 as a physician assistant and clinical coordinator at the Children's Medical Care Center in Bowie.

Corder created the medically-based Corder Pounders Youth Fitness program in 2003 to combat childhood obesity. "I was working in a pediatric office and noticed that young children were gaining weight at a rate that was out of control," she said. "I asked parents what we could do to help and decided to develop the program."



Aaximilian Franz∕The Daily Record

The program, with sessions on physical fitness, nutrition counseling and mental health support, has worked with more than 300 children, she said. "I have always been determined to make a difference in the community any way I can, and the program has proven that with support, hard work and a dedicated family, we can change children's health."



Ashley Harper Cottrell, CSEE

Project Manager/Creative and Web Manager Maryland Sports Commission/Maryland Stadium Authority

Ashley Harper Cottrell quickly established herself as a sports professional in 2009, shortly after becoming the project manager with the Maryland Sports Commission, when she wrote the bid submission for the 2018/2022 Baltimore/Maryland FIFA World Cup.

"Following the success of that bid submission, I have gone on to have a 90-percent victory rate on event bids that I have produced for the commission, resulting in an economic gain for the state," said Cottrell, who has also been a creative and web manager with the Maryland Stadium Authority since 2015.

Cottrell hopes upcoming national and international lacrosse and soccer events in the Baltimore area will inspire

and encourage young people to get involved in sports. Cottrell and her team are preparing for the 2019 Division I Women's Lacrosse Championship, which will be at Johns Hopkins University, and the 2021 FIL Women's World Cup and the 2026 FIFA World Cup soccer tournaments.

"Ashley has a tremendous work ethic and leads by example," Terrance Hasseltine, executive director of the commission, said. "She sets a very high standard for herself and everyone around her."

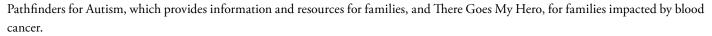
Megan DeGroat

Senior Manager – Audit SC&H Group

Megan DeGroat believes honesty and transparency have been the keys to her success as a senior manager at SC&H Group. "The value of the trust others place in me goes far beyond what can be measured, and ultimately, I think, is my greatest asset," she said.

DeGroat has long-standing relationships with some of Maryland's leading companies, said Andrew Kinsey, SCH Group audit manager. "Megan connects with people on a professional and personal level, which drives client satisfaction and retention and fosters a positive work environment."

DeGroat has been a volunteer and board member with



"Kindness is what matters most in my house, and if I can extend kindness to others through my service to those organizations, my hope is that my children will see that simple acts can go a long way," she said.

DeGroat is always available to help others at SC&H, Kinsey said. "She understands the stresses inherent in the public accounting industry and makes sure her staff has the resources to be successful."



Ellen E. Dew Associate DLA Piper

Ellen E. Dew represents companies in complex civil litigation involving issues such as insurance contracts, product liability, securities and corporate governance disputes. In April, Dew was part of a DLA Piper team that won one of the largest jury verdicts ever in Harford County after a two-week trial.

Maximilian Franz/The Daily

"Being a member of the trial team, winning the case, and still making it home to tuck my kids into bed most nights leading up to and during the trial is likely my most significant professional accomplishment to date," Dew said.

Dew is also the Baltimore Office delegate for DLA Piper's Leadership Alliance for Women. She helps plan and

implement programs and events with the aim of developing and promoting women in the firm to maximize their opportunities for business growth and leadership, she said.

"I also maintain an open door for any associates in the office to ask questions about work, life or the never-ending battle to balance it all," she said. "I certainly don't always have the answers, but I welcome the questions."

Christina Ryan DiGiulian

Managing Director, Greater Washington

Hartman Executive Advisors

Since she joined Hartman Executive Advisors in 2007, Christina Ryan DiGiulian has taken on an increasingly responsible number of roles at the Baltimore County technology advisory company: marketing manager, vice president of business development, managing director of greater Washington and, since January 2018, equity partner.

DiGiulian describes herself as "the ultimate connector, always thinking of ways to bring our clients together with other business and community leaders so they can create partnerships that drive success. This is more than my job; it's my passion."

A graduate of Elon University, in North Carolina, and a Maryland native born in Silver Spring, DiGiulian serves on the boards of several local organizations, including the Catholic Business Network DC and College Tracks, a Montgomery County group that helps students meet the challenges of college.

"Her business experience, strategic thinking and financial acumen have been great assets to us as we have grown and taken big risks in order to serve more students," Nancy Leopold, executive director of College Tracks said.



Maximilian Franz/The Daily Record



Dr. Tara Doaty Founder and Lead ConsultantSage Wellness Group, LLC

In the midst of the violent protests that rocked Baltimore in the spring of 2015, the parenting class taught by Dr. Tara Doaty for the Sage Wellness Group, the Baltimore consulting organization she founded five years ago, was due to graduate. Initially worried that the protests might keep parents away, Doaty instead found that every parent in the class showed up.

"Many of them graduated with tears, saying that their participation in the course made so much more sense because of the unrest going on outside the building," she said.

Doaty, who earned a Ph.D. in Clinical Psychology from Howard University, has pursued her passion for improving the lives of children and families with a variety of local schools and programs.

"It is clear to all who have the pleasure of working with Dr. Tara that she has found her life's work," Allison Shecter, founder and director of the Baltimore Montessori Public Charter School, one of the schools with which Doaty has worked, said. "She leads with passion, purpose, and by example."

Kelly Donohue

Attorney, Law Firm Owner
Law Offices of Kelly Donohue, LLC

While she was in law school at the University of Baltimore, Kelly Donohue took a class called Law and Social Reform, which was anchored in the belief that attorneys can change the world one person at a time.

That belief has helped guide her legal career, during which she has represented a range of injured parties, from older persons abused in nursing homes to families who lost loved ones due to medical negligence.

"My clients' interests must always come before mine," said Donohue, who started her own one-woman law firm in 2017, in Stevensville, and is the mother of three young daughters. "I am most proud to set this example for my colleagues and my children."

Before launching her own law firm, Donohue was an attorney with Bennett & Heyman, P.A. and with Goodell, DeVries, Leech & Dann, both in Baltimore.

She has been named a Maryland Super Lawyer and one of America's Top 100 High Stakes Litigators.



Maximilian Franz/The Daily Record

Maximilian Franz/The Daily Record

Rachel K. Dressel President Junior League of Baltimore, Inc

Rachel Dressel has been honored many times for her work as a health insurance specialist for the U.S. Centers for Medicare and Medicaid Services.

But her passion lies with her volunteer work for the Junior League of Baltimore, a charitable organization of women that, as its website explains, is "committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers."

Dressel, of Westminster, has been active in the group since 2012 and this year became president.

"I took on the role of president of the Junior League of Baltimore to be part of the core group of leaders that

oversee the strategic direction of the Junior League," she said, "as I am committed to being a driving force of change not only for our organization but the Baltimore community."

Her role as president, she said, "presents me with a unique opportunity to empower women and girls on numerous levels by giving them the opportunity to unlock their potential through personal and professional development."



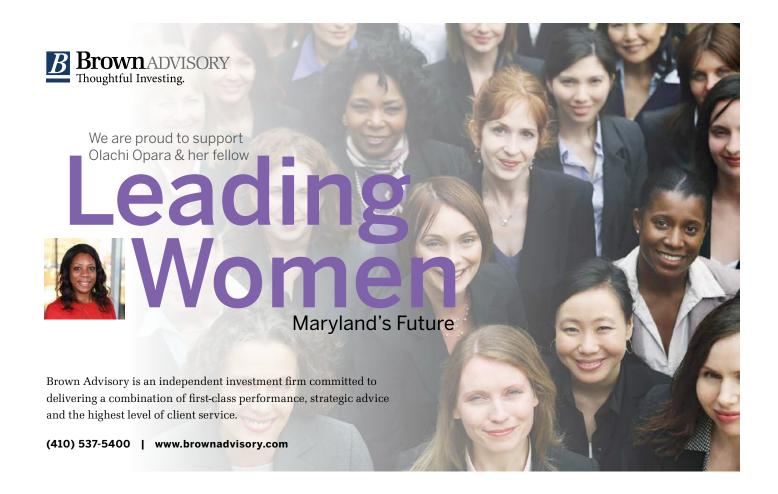
Congratulations, Marlies!

Ability Prosthetics & Orthotics congratulates our own,
Marlies Beerli-Cabell, Certified Prosthetist Orthotist,
and all of the outstanding 2018 Leading Women
honorees. Marlies serves pediatric and adult clients
in the greater Baltimore & Frederick communities,
meeting all of their orthotic and prosthetic needs.
She is also certified by Grant Wood in the Wood
Cheneau Rigo TLSO to correct adolescent
idiopathic scoliosis.



Frederick Office:

73 Thomas Johnson Drive, Suite B, Frederick, MD 21702 301-698-4692 marlies.cabell@abilitypo.com abilitypo.com



Emily English

CEO

Maximilian Franz/The Daily Record

Gemstone Biotherapeutics

Chemist Emily English worked at the large, well-regarded Johns Hopkins University Applied Physics Laboratory, in North Laurel, for eight years before taking over as head of Gemstone Therapeutics, a small biotech company, in 2017.

She describes her job at the Baltimore startup, which is currently focused on developing advanced wound care products, as "the highlight of my career. We will soon bring our first product to market. ... Our work will have a significant positive impact for patients, and it gives me a great sense of purpose."

Although she started with Gemstone just last year, English has drawn rave reviews. "In her short tenure as COO and CEO, she has led Gemstone towards new and positive directions, putting the company on solid footing and establishing a winning game plan for expansion and growth," George Davis, CEO of the Maryland Technology Development Corporation, said.

"Somewhat facetiously, I often describe to others that I suffer from an inability to sit on my hands and stay quiet," English said. "The practical consequence of that character is that I'm eager to take on new challenges, embrace uncertainty, learn quickly and break ground on new ideas."



Maximilian Franz/The Daily Record

Lanaea C. Featherstone

William & Lanaea C. Featherstone Foundation

A decade ago, Lanaea Featherstone and her husband started the nonprofit William & Lanaea C. Featherstone Foundation to provide economic opportunities for Latinos and other underserved communities.

Since its launching, the foundation's array of educational and economic programs has helped men and women find jobs that paid as much as \$40,000 a year more than they previously earned.

That success has earned the foundation numerous awards. In 2015, the Maryland Hispanic Chamber of Commerce named the foundation a "Non-profit of the Year." In 2016, the foundation was given a Maryland Governor's Citation for promoting economic growth and The Daily Record named Lanaea Featherstone one of its Very Important Professionals by 40. Last year, Featherstone was named a "Woman on the Move" by the Associated Black Charities.

"I work tirelessly to create opportunities for underserved and disadvantaged groups to achieve economic advancement," Featherstone said. "To do that, I created an organization, developed a team of talented individuals, raised funds and developed highly successful programs that are changing lives."

Dr. Katrina Foster

Principal

Hampden Elementary/Middle School

Even as a little girl growing up in a lower-income Baltimore neighborhood in a family where no one had graduated from college, Katrina Foster was drawn to the field of education.

Last year, her childhood dream came true when she earned her Ph.D. in Education from Johns Hopkins University and also was named the principal of Baltimore's Hampden Elementary/Middle School.

"Being a school leader is an act of service and selfless love, of passion and determination," she said. "As principal, I set extremely high expectations for staff and students and I attribute our achievements to the fact that each person knows that I am invested in their success."

In her short tenure at Hampden, Foster has impressed both parents and teachers.

Parent Kayla Garner called Foster "a breath of fresh air" and said the principal has eased the frustrations parents had with previous principals by, among other things, bringing back school recess.

Teacher Ebony Hunter called Foster a "calm force" at the school with a passion for making sure that both teachers and students get what they need to succeed.

"Dr. Foster is the best principal in the world!" Hunter raved.



Maximilian Franz/The Daily Record



Cara Y. Frieman
Senior Assistant State's Attorney
Carroll County State's Attorney Office

After three years as an assistant state's attorney in Baltimore, Cara Frieman took the job of senior assistant state's attorney in Carroll County in 2015.

But she retained the diverse portfolio of interests that have marked her short career, tackling a variety of tasks and, most recently, taking over as supervisor of Carroll County's Major Offender Unit.

In Carroll County, Frieman also spearheaded an unusual approach to battling the opioid epidemic by creating a team of professionals that went door-to-door in an especially vulnerable neighborhood, offering residents immediate treatment. That program, according to Tim Weber, executive director of an addiction recovery center, "has saved valuable lives from fatal overdoses throughout our county."

Frieman described herself as a "multifaceted trial attorney" with experience "not only first-chairing complex jury trials but also working in a problem-solving court, doing community outreach and educating students in our local schools about the opioid epidemic. I am also strongly committed to paving the way for the next generation of female trial attorneys."

In 2017, she was named prosecutor of the year by the Carroll County Chamber of Commerce.

Kate Fritz Executive Director Alliance for the Chesapeake Bay

While only in her 30s, Kate Fritz has built a lengthy resume as an environmentalist, earning undergraduate and graduate degrees in the field (most recently an Executive Master's of Natural Resource Management, Leadership in Sustainability from Virginia Tech in 2012) and working in a variety of environmentalism positions across Maryland and beyond.

As head of the Alliance for the Chesapeake Bay since 2017, Fritz now heads a nearly half-century-old organization dedicated to restoring and protecting the bay.

"She is an outstanding leader among many who are

working in the environmental field toward the restoration of the Chesapeake Bay," said Lynn Buhl, assistant secretary of the Maryland Department of the Environment, who has known and worked with Fritz for five years. "As a female professional who has worked in the environmental field for 30-plus years ... I am thrilled to see younger women such as Kate step up to leadership roles."

"I believe that the greatest thing I can do as a leader is to create more leaders," Fritz said. "I believe that when individuals are given permission to fail forward, magic happens. I promote a culture of taking risks and stepping out of your comfort zone."





Legislative Director, Ph.D. Student, founder of Healthy Living with Ash

Maryland General Assembly, Johns Hopkins Bloomberg School of Public Health, Healthy Living with Ash

A job as legislative director for a Maryland lawmaker, blogging on health matters and working on a graduate degree at the Johns Hopkins Bloomberg School of Public Health might not seem entirely compatible pursuits.

faximilian Franz/The Daily

But for Ashleigh DeFries Gallagher, they fit together perfectly.

"All of my professional, academic and volunteer efforts are designed to achieve positive change in my community," she said.

The Texas native, who holds a master's in clinical psychology from Columbia University, works for state Sen. Bill Ferguson, a Baltimore Democrat. Her blog, "Living with Ash," offers environmentally friendly advice and health tips.

"I believe that I am unique in my vision for how we can use the developing world of social media to do more good in the traditional world of public health, public policy and philanthropy," she said. "My entire academic and professional career has been spent developing the skills that I hope will enable me to inspire positive change in Baltimore City and the world."

Maryland Department of General Services



Supporting small, minority, woman-, and veteran-owned businesses across the State of Maryland

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DGS awards \$Millions in contracts annually in the areas of:

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- ♦ Construction
- ♦ Building Maintenance & Security
- ♦ Facilities Management
- ♦ Commodities
- ♦ Real Estate Services
- ♦ Energy Services









Boyd Rutherford

d Ellington Churc Secretary

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DGS holds and participates in a variety of training workshops and outreach events to help businesses understand the State contracting process. Learn about:

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- Reviewing & Submitting Bids
- Small, Minority, and Veteran Business Programs
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CONGRATULATIONS!



Sarah Guy, Ph.D.Associate Director

BEACON at Salisbury University

Sarah Guy sees herself as a spanning the boundaries between the highly complex world of academic research and the immediate and pragmatic needs of industry.

As the associate director of Business Economic and Community Outreach Network (BEACON) at Salisbury University, Guy, mentors and trains Franklin P. Perdue School of Business students. She also provides area businesses and public-sector leaders with economic modeling and analysis they can use to help make business decisions.

"I speak both 'languages,' finding answers through applied research that is soundly based on the foundation of theory," she said.

Guy is also deeply involved in her community, serving on the boards of Junior Achievement of the Eastern Shore of Maryland and the Salisbury Sunrise Rotary Club. At the Rotary Club she's helped raise funds for projects both far and near, from local literacy programs to drilling wells in Ghana.

"I don't know if I've ever met someone who has made me more excited to meet new people and work with them toward a common goal," William Ferguson Sr., District Governor Elect at the Salisbury Sunrise Rotary Club said.



Maximilian Franz/The Daily Record

Maximilian Franz/The Daily Record

Aubreana Stephenson Holder

Federal Management Systems, Inc.

At 31, Aubreana Stephenson Holder became the youngest person at the multimillion-dollar government contracting company, Federal Management Systems, Inc., to achieve the role of chief operating officer.

In the role, she works with the human resource and payroll departments as a project manager and leads on contract negotiations for the company.

Stephenson Holder spent the earlier part of her career as an attorney at the Silver Spring offices of Henry & Maddox.

"At the outset, Mrs. Stephenson Holder demonstrated the level of maturity, intuitiveness, quick grasp of legal issues and a keen desire to learn litigation that one generally finds in seasoned attorneys," Jeanett Henry, who currently runs her own firm, said.

Fully engaged in her community, Stephenson Holder also serves as technology chairman for the North Atlantic Region of Alpha Kappa Alpha Sorority and the co-chair of technology for the National Harbor Chapter of Jack and Jill of America Inc. She's also a charter member and vice president of public relations with the Prince George's County Women's Bureau Chapter of Toastmasters International, and is the co-chair of communications for the Eastern Area of The Links. Inc.

Kesha-Simone Jones, CPA

CFO

Kesha Jones Strategic Financial Solutions in Owings Mills

Kesha-Simone Jones began her personal business as an outsourced CFO and business strategist about a decade ago in her spare bedroom. At the time, she admitted, she had no clue how she'd make it happen.

"Ten years later I am still here and going strong," said Jones, CPA and CEO of Kesha Jones Strategic Financial Solutions in Owings Mills. Her work involves helping small-to-midsized businesses and nonprofits operate more efficiently and effectively.

Jones is also committed to inspiring change within the community. A current board member of the Maryland Family Network, she's worked with the organization for years on its mission to develop strong, supportive family



Maximilian Franz/The Daily Record

environments for young children. "We are consistently inspiring change within communities all over Maryland to make sure that children from birth to school age have the resources and support they need to be successful."

She also enjoys mentoring young CPA graduates pondering a similar course that she's had as a business consultant by providing them with industry contacts, and on occasion, a referral.



Brit Keller COO Yet Analytics, Baltimore

In 2013, while Brit Keller was vice president of client services and operations at AOL/Verizon, she launched the first Lean In Circle to provide mentorship and leadership opportunities for women in the Baltimore office.

The following year she went on to become one of three women across AOL globally to win the firm's women's leadership development award, MAKERS@AOL, for her work in the Lean in Circle.

"I am a strong believer that the greatest impact we can make as individuals is to be brave enough to forge our own path forward, and make sure to light that path for those that may follow," she said.

Keller is now the COO at Yet Analytics in Baltimore, where she leads a close-knit team that provides tools and solutions for learning and talent development.

A firm believer in the power of people and technology to create a better world, she's also drawn to the chaos and opportunity that change enables. She loves to build something powerful and meaningful from these chaotic beginnings.

Keller is also an avid, heavily tattooed skateboarder who directs fundraising for the Baltimore City Skateboard Council. "I am now proud that I represent a different vision of what success can look like."

Emily Keller

Hagerstown City Councilwoman

Owner, operator of Emily Keller Insurance and Financial Agency - Farmers Insurance

Emily Keller has been the owner and operator of the Emily Keller Insurance and Financial Agency - Farmers Insurance for about four years.

In that time, the agency has consistently ranked as one of the top five agencies in Maryland and the leading women-owned agency. But Keller hasn't simply stopped at being a top performer in routine work tasks. She's served on the board of the Farmers Employee Agency Political Action Committee, where she helps lawmakers better understand the industry and how to provide the best possible insurance protection for citizens at the proper rate.

A big believer in community advocacy, Keller also serves as a Hagerstown City Councilwoman, where she leads the Washington (County) Goes Purple campaign to educate children about the dangers of prescription painkillers and other drugs.

"We have a community that is suffering from the heroin epidemic and other socioeconomic issues, so I ran for office and dedicated myself to help it grow and provide hope," she said. "I am determined to stay loud for what is right and for a population of people who may not have the voice to do it themselves."



Maximilian Franz/The Daily Recorc

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Sarah Keogh
Executive Director
Central Baltimore Future Fund

Sarah Keogh started her career working directly with Baltimore families impacted by lead poisoning, offering legal representation and family advocacy.

She saw firsthand how the lack of investment in neighborhoods could get in the way of their desires to provide a safe environment for their children.

For many years, she left the nonprofit world, working as an assistant attorney general at the Department of Labor, Licensing and Regulation.

Now, Keogh is thrilled to be back in the nonprofit sector, working to stimulate investment in Baltimore neighborhoods.

"Along with a dedicated and active board, I lead an organization that is focused on attracting investment to

neighborhoods in central Baltimore and bringing blighted properties within those neighborhoods back to life," Keogh said.

The Central Baltimore Future Fund helps direct reinvestment in key neighborhoods like Greenmount West or Waverly Main Street by partnering in a loan program, acquiring and offering vacant and blighted properties for redevelopment; and providing advisory services.

Keogh is also the president of the Bryn Mawr Alumnae Association and a mentor with the Baltimore Girls' School Leadership Coalition.



Congratulations to Amy Rogers and to all of the 2018 Daily Record Leading Women.

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Congratulations to Leading Women Honoree



Dr. Sarah Guy

Associate Director of Salisbury University's Business Economic and Community Outreach Network



BEACON's research and consulting services for private, public and nonprofit organizations benefit the state and provide excellent learning opportunities for students.



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Neveen H. Kurtom

Attorney

Law Office of Neveen H. Kurtom, LLC

Neveen Kurtom has a message for young women: They can pursue an education, make a wonderful life for themselves and impact their communities.

Kurtom, one of eight children, was the first in her family to enter law school.

A former prosecutor, Kurtom now runs her own practice and is also the chair for the Governor's Commission on Middle Eastern American Affairs. From 2017-2018, she was the chair of the Commission for Women in Howard County.

While leading the women's commission, she piloted an event for high school students where panelists shared their career paths.

"My mother has always pushed me to pursue my education and I am committed to conveying that message to young females everywhere," Kurtom said.

She also serves as the vice chair of the Howard County Board of Appeals and is a former adjunct professor at University of Maryland University College.

Kurtom volunteers regularly at her children's school. As a part of Leadership Howard County, she recently helped design a successful application process for a home-sharing program for people with disabilities.





Cara Martin Chief Operating Officer Optimized Thermal Systems, Inc.

Cara Martin's leadership at Optimized Thermal Systems, Inc., has helped it expand and transform the way thermal systems are designed and developed.

Martin, a mechanical engineer, joined the company as an engineering manager in 2013 and in 2015 was promoted to COO. With the support of her team, she worked to steadily increase the company's size and tripled the number of employees and annual revenue.

"This accomplishment is rare in any business and a testament to her business acumen and leadership abilities," Lynne M. Durbin, president of InLine LLC, a mentor of Martin through an Executive Alliance program, said.

At the same time, the firm expanded its service offerings

by building an experimental laboratory to enable testing and prototype development support. It also maintained its commitment to providing support for research and development efforts for the HVAC&R industry.

Martin, a mother of two, is also a co-chair of the Auxiliary Board at Girls in the Game, which helps girls lead with confidence through fun and active sports. She is also on the steering committee of Million Women Mentors Maryland.

Erica Mechlinski

Founder and Partner 212 Communications

Erica Mechlinski uses public relations strategies to transform companies and connect them to the right communities.

With a decade of experience at public relations agencies, she launched her own firm in 2013 and for the past two years it has been named one of Expertise's Top 15 Public Relations Firms in Baltimore.

The leap to being a business owner has allowed Mechlinski to thrive, with the flexibility to be present for her family while serving clients in public relations, strategic communications and crisis communications.

"In just three years, we have quadrupled in size and proven that changing the way things are typically done can lead to great success and happiness at work and at home!" Mechlinski said.

Mechlinski's employees don't clock in or out, personal time isn't tracked and flexible schedules allow them to "have it all."

One of her proudest moments came when she convinced her mentor, Bill Atkinson, a former journalist turned PR pro, to join her as a partner.

To support the community, the agency provides pro bono services to Junior Achievement of Central Maryland and previously for Betamore.



Maximilian Franz/The Daily Record

Corina Morga-Carter

President, Owner/President/Founder C.R. Services/Greater Baltimore Chapter - Maryland Hispanic Chamber of Commerce/BmoreLatina

Corina Morga-Carter was inspired to start a business six years ago as a way to connect Hispanic people with jobs.

C.R. Services started in residential cleaning and now offers post-construction cleaning and other customized construction services and packages.

After founding the business, Morga-Carter, who is Hispanic and Native American, started a nonprofit to help her employees. She also launched the Greater Baltimore Chapter of the Maryland Hispanic Chamber of Commerce, which allows her to support fellow entrepreneurs and build bridges between communities.

"Being an entrepreneur gives me the flexibility to really do more for the people I care about and live the life I want to, that's not confined within walls or timetables," Morga-Carter said.

She started the nonprofit Bmore Latina in order to help the needs of her employees and others, such as supporting their families with furniture donations, child care, addressing health issues not normally found in first-world countries and providing resources beyond what low skilled labor paychecks offer.

Morga-Carter is also pursuing her Master's of Business Administration from Johns Hopkins.

Maximilian Franz/The Daily Record

Caitlin Mulrine Deputy Director NAMI Metropolitan Baltimore

In her role as deputy director of NAMI Metropolitan Baltimore, Caitlin Mulrine helped create and implement a strategic framework for the grassroots mental health organization. This led to a dramatic growth in the number of people served, from about 4,000 when she joined in 2013 to nearly 10,000 this year.

"One in five people lives with a mental health condition, and the need for support is so great," Mulrine said. "I'm happy to be a part of everything that NAMI Metro Baltimore is doing to meet that need."

She is also working to strengthen the mental health and

behavioral health components of a consent decree with the Department of Justice and the Baltimore Police Department, as a member of the Collaborative Planning and Implementation Committee.

She is a member of the Maryland Behavioral Health Coalition and advocates on behalf of NAMI with the General Assembly.

For the past five years, she has been an adviser to Kappa Kappa Gamma at Johns Hopkins University, mentoring the 18 officers who lead 120 undergraduate women.



Christine Murphy

Attorney

Jaklitsch Law Group

Christine Murphy's career has been focused on what is fair and right, both as a prosecutor and now in private practice.

aximilian Franz/The Daily Record

Murphy started her career as an assistant state's attorney prosecuting homicides in Prince George's County. She is now a personal injury attorney pursuing justice for people injured through the negligence of others. Murphy stands out in the courtroom by being prepared and tenacious, according to those who work with her.

"She worked tirelessly around the clock, and that work ethic and determination brought the best out in those around her," Prince George's Detective Allyson Hamlin said. "She was undaunted by difficult cases and often approached problematic issues by pushing the envelope on a level others were deterred by."

Murphy has given trial advocacy training to trial attorneys, especially new prosecutors, and trial testimony training to police officers.

"My commitment to inspiring change starts with trying to personally do what is fair and just in my cases and in my own life," Murphy said.

Ashley N. Nelson-Raut Associate, Wealth Preservation Pessin Katz Law, P.A.

First-year associate Ashley N. Nelson-Raut stands out as a young attorney who will be a leader in her field, according to Kevin Bress, a member at Pessin Katz who has mentored scores of attorneys.

"The basis for this belief is how Ms. Nelson-Raut came to this firm as a law school graduate and immediately demonstrated initiative to get to know people in the firm, learn the firm systems and develop professional and client contacts," Bress said.

Raised in Dundalk, Nelson-Raut was the first one in her family to earn a bachelor's degree. She graduated from Stevenson University summa cum laude in two and a half years while working 20-25 hour weeks as a paralegal. She then earned her law degree at age 23.

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"I owe my success to the unconditional support of my parents," she said.

Now in the firm's Wealth Preservation Group, she was recognized by the Ulman Cancer Fund for Young Adults as a GameChanger, a program for young professional leaders. She is also an escalation workshop facilitator for the One Love Foundation.



Chichi Nyagah-Nash Director of Special Projects Baltimore City, Dept. of Housing and Community Development

Chichi Nyagah-Nash took the time to read every performance evaluation, every six months, for all 250 employees in her division of Baltimore City government.

The then-deputy chief in fleet management would handwrite notes to about 40 people who had excelled that year. After several years, she noticed that people took more pride in what they did and how they did it.

This is just one way that Nyagah-Nash showed employees that she valued accountability and acknowledged all the effort they put in daily.

In August, she started a new role as director of special projects in Housing and Community Development. There, she will help ensure access to adequate and affordable housing opportunities in safe, livable neighborhoods.

She is president of Friends of Great Kids Farm and on the advisory board of Business Volunteers Maryland. She seeks out opportunities to give back to a community she has adopted as her own since emigrating from Kenya when she was 19.

"Chichi devotes much of her 'free' time to helping others, engaging in her community and being relentless in the pursuit of positive change," former supervisor and friend Peter Collier said.

Sam O'Neil Vice President **Margrave Strategies**

After working with elected leaders, public servants, developers, and advocates, Sam O'Neil was inspired to become an innovator for the community.

O'Neil is vice president at a Columbia-based consulting firm specializing in placemaking and economic development strategies for anchor institutions, including the University of Maryland, College Park. She implements the Greater College Park initiative, which involves attracting innovative companies to locate in the university's Discovery District.

Previously, she served in the office of Howard County Executive Ken Ulman as a special assistant and developed a social media strategy for Howard County government.



Maximilian Franz/The Daily Record

She also ran the Healthy Howard Initiative in 2007. The Healthy Schools program now reaches more than 50,000 students and is part of ongoing policies and programs that lived on past Ulman's administration.

"I am so proud to have played a role in laying the groundwork for Howard County to become a model public health community," O'Neil said.

She was a founding board member of Girls on the Run, and chaired the fund development committee, where she led the process on grant applications and helped expand corporate scholarships for the program and 5K events.



Olachi Opara Associate Portfolio Manager **Brown Advisory Group**

Olachi Opara may not be the loudest, but her quiet assurance has earned her respect in a male-dominated field. As an associate portfolio advisory manager at Brown Advisory Group, Opara makes investment decisions on behalf of clients every day. Self-described as having a tenacity that is not exhibited by being outspoken or driven, Opara approaches problems through a more reserved and analytical means.

"I patiently take in a situation and the voices of others, analyze the information, and come to the table with my own thoughtfully formed solution or response," she says.

This natural reserve pushed her to look out for younger employees who may struggle with how they fit into the

older white-male culture of the financial industry. As a young associate, she found herself navigating this world alone.

"I lead by example, but have also developed many relationships across the firm. I did not have an easy path to where I am today, and I want to make sure those that follow behind me know that persevering can give way to innumerous opportunities both within our firm and the local community we support," Opara says.

Genevieve Regal, PharmD, HC-MBA, MTM

Clinical Consultant

Confidio

Rising health care and prescription costs are becoming the norm for many, but Dr. Genevieve Regal, a pharmacist in managed care for Confidio, wants to change that. As more people struggle to afford the medications and health care they need, Regal sees her job as providing a national community service.

She uses her knowledge and experience to help those less fortunate. For the last 10 years, Regal has gone on pharmawork and mentorship on these missions have inspired oth-

cy medical missions. In a most recent trip, Confidio sent Regal to El Salvador, where she treated more than 1,000 patients and dispensed more than 2,000 medications. Her ers: One volunteer switched careers from a professional



Maximilian Franz/The Daily Record

concert pianist to a pharmacist specializing in pediatric transplants.

"In addition to inspiring me to pursue a career in pharmacy, Dr. Regal has motivated me to help meet the deep needs of others who have limited access to health care through international medical mission work," Amy Kiskaddon said. "She has helped me realize that as a woman, if you think you are daring enough to change the world, you can and you will."



Shantell Lenise Roberts **Founder and Executive Director** Touching Young Lives, Inc.

In 2011, Shantell Roberts lost her one-year-old daughter to sudden infant death syndrome. Her tragic loss became the reason she founded Touching Young Lives, Inc., a nonprofit focusing on the health and well-being of infants and children.

She worked tirelessly to provide information and resources to families with young children, becoming an infant safe sleep coordinator. In 2016 she developed the Portable Alternative Crib, a rectangular box that provides a certified, comfortable and safe sleeping space for babies. That same year, she won a \$25,000 award from the John Hopkins Social Innovation Lab to accelerate her mission

of lowering the occurrence of sudden infant death syndrome across Maryland.

For each crib purchased from the organization, one is donated to a family in need. To date, more than 4,500 families have been provided a Portable Alternative Crib to assist their infants.

"I am just one finger of a mighty fist pushing families into a position where they can become the best possible versions of themselves. As a bereaved mother, this work reminds me that my daughter's death was not in vain and that her legacy lives," says Roberts.

Dana Robinson

Director of Communication & MarketingPlanned Parenthood of Maryland

In her role as director of communication and marketing for Planned Parenthood of Maryland, Dana Robinson works tirelessly to advocate for the reproductive rights of women. But her commitment to equal rights, opportunities and access for all women goes beyond her duties as a communications professional.

In 2009, she helped establish the Society for Girls, Inc. a nonprofit dedicated to the empowerment of girls. Today, she is vice chair and regularly mentors girls in the program. In 2018, she was chosen to serve on the Baltimore City Women's Commission, an achievement Robinson consid-



ers her biggest professional accomplishment. Her mantra is "service before self," and she advocates to lift the voices of those unheard.

"The thing that makes Dana so unique is that so much of her professional work is rooted in her personal commitment to improving the lives of young women and communities in Baltimore and beyond. Dana's vision for working with underserved and overlooked populations in a holistic and culturally sensitive manner is what makes her a stellar colleague," Vanessa Geffrard, vice president of education and outreach for Planned Parenthood of Maryland, said.



Amy Rogers Development Team Lead Havas Helia North America

Once Amy Rogers learned to step outside of her comfort zone, she realized how much change she could effect — especially for women in her company.

While serving as a project manager for AOL, Rogers was always one of the first to participate in fundraising, organize bake sales, help plant trees, paint recreation centers and much more. She was also one of the first women to show up to the company's "Lean In" circle, a women's leadership and development program.

Over the course of two years, Rogers and the small team of women at AOL planned, organized and executed more than 30 internal and external programs, workshops and events focused on leadership development, mentorship and

community impact for women. Rogers also became the global lead for AOL's female mentorship program, MAKERS@AOL employee resource group. When she left AOL for a new position at Havas Helia, she developed her own leadership and development initiative.

"Inspiring change means giving junior females a seat at the table and providing opportunities for senior female leaders to mentor and help grow and develop the next generation of leaders," Rogers said.



Congratulations to our Leading Woman!

DANA ROBINSON, M.A.





Congratulations to **Christine Murphy** on being named to *The Daily Record* list of Maryland's **Leading Women!**

"This year's Leading Women honorees juggle challenging professional expectations, family commitments, community service, mentoring and more every single day," said Suzanne Fischer-Huettner, publisher of The Daily Record. "Their passion for making a difference and giving back to the community make them role models."

Christine Murphy, an associate at The Jaklitsch Law Group, was an accomplished homicide prosecutor in Prince George's County early in her career. She secured convictions of countless violent offenders, making the community safer and providing a measure of peace for families. Several years ago she entered private practice to bring those trial skills to defend the rights of people injured by the negligence of others. Her work on behalf of others is not limited to her work day. She uses her leadership skills as she serves on the Board of Directors for the Prince George's County Bar and the Prince George's Women's Bar associations. In addition, she mentors young lawyers and leads workshops on testifying for the Prince George's Police Department.





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Rebecca Salsbury

Assistant Attorney General, Educational Affairs Division Maryland Office of the Attorney General

Showing up, even despite personal stress and difficulties, is what makes Rebecca Salsbury stand out. As a rising star in the legal field, Salsbury has made a particular name for herself through women's equality advocacy work.

As a student, she was an active member of the Women's Law Center of Maryland, and after graduating, was asked to stay on as a full board member.

She also serves as a mentor for the Enterprise Women's Network. Despite recently going through major multiple surgeries, including a preventive double mastectomy, full hysterectomy and salpingo-oopherectomy, she continued to be active in her volunteer work.



aximilian Franz/The Daily Record

"Being able to look past your own life stress and show up for someone else is not something others are willing to do," said Tina Hike-Hubbard, senior director of education for Enterprise Community Partners, Inc. "Rebecca's mother struggled with an illness and then passed away during our program. Rebecca still made herself available to her mentee. During these stressful times, she remained steadfast to her mentee and to our program. I admire her for her willingness to look past herself to support this community that she loves."



Ashley Schmidt President & Founder Women in Healthcare & SmithGroup

In 2015, Ashley Schmidt attended an event dedicated to rising health care executives. The room was filled with more than 100 attendees, yet Schmidt found herself sitting next to the only two other women in the room. This is how she knew the health care industry was overdue for change. In 2016, she created Women in Healthcare, a non-profit, professional development organization for women in healthcare.

In her research, she discovered that, on average, women made up the majority of a hospital's workforce, but less than half served in leadership. The reasons for this disparity came down to four factors: lack of confidence, lack of mentorship, lack of time and lack of training.

Women in Healthcare has grown to employ 15 team members, supports 150 members, has 12 industry sponsors and has launched a mentorship program.

"I believed I could help these women come together, learn from one another and rise above these hurdles," Schmidt said. "We believe that part of what has been holding women back from excelling in the health care industry is mentorship, and we make it part of our mission to pair rising stars with leaders."

Alicia Shelton Associate Attorney Zuckerman Spaeder, LLP

Throughout her professional life, Alicia Shelton has been guided and mentored by a number of female leaders. That is why she is committed to paying it forward so other young women recognize what they are capable of achieving.

Shelton worked closely with Judge Lynne A. Battaglia on the book, "Finding Justice: A History of Women Lawyers in Maryland" — a historical look at the struggles women face in the legal profession and what goals still remain.

"Having worked with Alicia throughout all stages of her professional development, I have witnessed firsthand how she has carried the spirit of 'Finding Justice' throughout her own legal career," Battaglia said.

She also works with ¡Adelante Latina!, an academic enrichment, college preparatory and scholarship program for Latina girls in Baltimore high schools. Shelton meets with students weekly to assist with SAT prep, vocabulary and writing, and supports them to overcome educational barriers.

"I recognize the integral role that others have played in my success and have committed myself to doing what I can to support the professional advancement of women in my community and throughout Maryland," Shelton said.



Maximilian Franz/The Daily Record



Melanie Shimano Data Automation & Technology Analyst Department of General Services, Baltimore City

As a trained chemical and biomechanical engineer, Melanie Shimano is passionate about using technology to improve people's lives. As a data analyst for the Baltimore Department of General Services, she interprets data to develop innovative solutions to make the agency more efficient.

Shimano piloted Code for the City, a technology career program that places a Baltimore high school student in an internship with the department to help solve a real-world agency issue. She also teaches other employees how to

Shimano founded the food computer program to help Baltimore public school students understand how they can use technology to design solutions for community challenges, such as food deserts.

"I am able to use my expertise in technology and human-centered design to not only scope out and understand problems, but also to implement solutions that will solve existing challenges," Shimano said. "I want to live in a world where people are excited to participate in school, work and civic engagement, and through my work, I head and implement initiatives to help build this future."

Lisa K. Smith **Director of Policy & Legislative Affairs Baltimore City State's Attorney's Office**

Lisa K. Smith did not have an easy life growing up. Raised by a single mother, she lost her older brother to leukemia, and moved around a lot. Instead of floundering, Smith thrived, accommodating new cultures, learning Spanish while living in Costa Rica and French while living in Canada.

She proved her ability to flourish despite challenges, and focused on effecting change. She worked on legal issues to help homeless youth and developed a system to improve the enforcement of living wages in Baltimore.

Recently, she championed the passage of the Repeat Sexual Predator Prevention Act of 2018, enabling prosecutors to admit evidence of sexual assault behavior from other victims in future trials.

Smith also organized a working group to combat human trafficking in Baltimore and planned Baltimore City's Law Enforcement Assisted Diversion (LEAD) program for nonviolent offenders suffering from addiction.

"Lisa is a rare individual who is highly effective at work and has the social and emotional intelligence to navigate different cultures and interpersonal relationships with ease. I admire Lisa's ability to listen and put others before herself," Angela D. Wharton, CEO of Phynyx Ministries, Inc. said.



Maximilian Franz/The Daily Record

Daphni Steffin, MBA

Director of Assistive Technology and **Information Systems**

The Arc Baltimore

Daphni Steffin introduced assistive technology to The Arc Baltimore, an organization that supports more than 6,000 adults and children with intellectual and developmental disabilities and their families in Baltimore and Baltimore County.

As an expert in the use of assistive technology for people with disabilities, Steffin is certified in assessments and has a library of devices people can use to try strategies to improve their daily lives. For example, tablets with apps can help with communication, or recording devices could provide crucial remind-

"I enjoy drawing out the best in others and want to help people fulfill their own potential," Steffin said.

Steffin also helps people acquire devices, provides training to other staff members and presents to other disability organizations in the state. She has developed guides and other resources available to anyone through The Arc.

"She is a great advocate and mentor," Jamal Cannady, an adult living with cerebral palsy said. "She has made a big difference in my life and in the lives of many people with disabilities."

Theresa Stegman

Development DirectorCross Street Partners

Believing that responsible, purposeful redevelopment can help improve the lives of people who live in a city, Theresa Stegman devotes her career and her volunteer energy to redevelopment and land-use matters.

"Knowing that whether a child grows up in poverty is the single biggest determinant of her future, every day I go to work committed to delivering opportunity to neighborhoods that have not received their fair share of investment," Stegman said.

As development director for Cross Street Partners, Stegman served as the development lead to redevelop the Lion Brothers building in West Baltimore into a home for non-profit and service organizations.

Among her volunteer contributions, she serves as a board

member on the Hampden Community Council and formerly was chairman of the council's zoning and land-use committee. In 2017, she ran for Democratic State Central Committee for District 40.

"Impressively, where some community-developer exchanges had, in the past, been nearly combative, Theresa manages to turn those same relationships into respectful partnerships with a mutual interest in the vitality of Hampden," Martin Burian, chairman of Hampden Community Council's Zoning and Land Use Committee said.



Chelsea Thomas

Architect

Moseley Architects

Chelsea Thomas is passionate about educating others about the wonders of architecture. In partnership with the Baltimore Architecture Foundation, Thomas founded Doors Open Baltimore (DOB), a citywide celebration of architecture that invites the public to explore Baltimore's diverse buildings and neighborhoods.

Aaximilian Franz∕The Daily Record

"DOB sheds light on overlooked communities, forgotten treasures, and Baltimore's true quirkiness, which is what makes it my favorite city in the world," Thomas said.

David Ditman, DOB Planning Committee member, said, "Doors Open Baltimore has become one of Baltimore's most popular architecture events; it is no exaggeration to say that without Chelsea, there would be no Doors

Open Baltimore."

Thomas' work at Moseley Architects includes socially conscious work focusing on affordable housing projects in distressed areas of Baltimore and in areas of opportunity. She also serves as a mentor to younger staff, encouraging them in their careers and to get involved in the community.

"I believe in the power of good deeds and acts of kindness. I plan to use my time and energy to help make my city a better place, whether that be through organizing Doors Open or through new opportunities that arise," Thomas said.

Claudia Towles

Owner aMuse Toys

Claudia Towles is the owner of aMuse Toys, an independent retailer of toys that promote the development of children's minds. aMuse, which Towles co-owns with her husband Tom, has two locations, Fells Point and Quarry Lake.

"Being a business owner has allowed me to be a more effective advocate for my neighborhood and my city," Towles said. "Bringing change and lifting a city requires passion and commitment. I am in it for the long haul and am undeterred."

Aaximilian Franz/The Daily Record

Towles worked to help businesses pass an increase in the

business improvement district to expand the Waterfront Partnership to include all of Fells Point.

She is a co-founder of Fells Point District and is a lead advocate for Fells Point Business Alliance. She is also a member of the Advisory Council on the Impact of Regulations on Small Businesses in Maryland and board-member-at-large for Maryland Retailers Association.

"Claudia is tireless in her efforts and won't take no for an answer," Maryland Del. Brooke Lierman, D-46 said. "She perseveres and organizes to push for change to benefit the families and businesses in Fells Point."



Kate E. Wolfson, Esq.

Program Manager, STRIVE Future Leaders
Center for Urban Families

Kate E. Wolfson works with passion and dedication fueled by understanding the importance of providing resources for ex-prisoners in Baltimore to become productive, provide for family and regain a place in the community.

A 2012 graduate of the University of Baltimore School of Law, Wolfson has translated legal expertise into re-entry programs for ex-prisoners. She is the program manager for STRIVE Future Leaders, a program at the Center for Urban Families. This re-entry program focuses on readying justice-involved Baltimore youth for the workforce. She helped create the ELEVATION Program in the Baltimore City Detention Center, working directly with prisoners to improve their life skills and provide educational opportunities.

"I turn my passion for helping people to action, always empowering and supporting others to become independent, productive, contributing members of their communities," Wolfson said. "In addition, I non-judgmentally start where they are and help them navigate the challenging path to well-lived lives."

Wolfson also serves as a member of the Baltimore Young Lawyers Alumni Council and the Pro Bono Resource Center's Partners for Justice Conference Planning Committee.

Carlotta A. Woodward

Chief, Juvenile Division

Maximilian Franz/The Daily Record

Montgomery County State's Attorney's Office

In addition to her role as a juvenile prosecutor, Carlotta Woodward is a mentor and teacher.

Carlotta works with many community organizations to improve the treatment of juvenile offenders in the juvenile justice system.

"Since Carlotta has joined the prosecutor's office, she has become the backbone and heart of the Juvenile Division," District Court Judge Amy J. Bills said. "She has an institutional knowledge that is better than any prosecutor or for that matter attorney in this county."

She is also an adjunct professor at Montgomery College, where she teaches aspiring paralegals. She also leads the internship program, where she connects students with opportunities in the legal community.

"Her passion and drive for the community is one that is irreplaceable, but it is thanks to her humanity and compassion that I am where I am today as a professional and as a person," said former student and intern Iris Milstein, who is now a legal assistant in the Montgomery County State's Attorney's Office.

Woodward also is the agency representative for the Juvenile Justice Commission, an elected member of the Montgomery County Bar Association Executive Committee and a trustee at the Rockville Academy.



Maximilian Franz/The Daily Record

Jean M. Zachariasiewicz Associate

Brown, Goldstein & Levy, LLP

Jean M. Zachariasiewicz is an attorney who represents vulnerable clients and has successfully litigated high-profile cases such as a class-action lawsuit that challenged fee churning practices of apartment complexes managed by Jared Kushner.

She also represented the family of Ethan Saylor, a man who had Down syndrome who died after police removed him from a movie theater for watching a movie twice without buying a second ticket.

"I believe in creating a more inclusive and equitable society and try to do so in ways both hyper-local and more

far-reaching," Zachariasiewicz said. "I take on cases that represent those values, whether it be representing tenants facing unlawful charges and persons with disabilities denied equal access, or taking on banks that do not meet their obligations equally in communities of color."

Susan Francis, deputy director of Maryland Volunteer Lawyers Service, said, "She has a deep commitment to social justice and bettering the lives of others, she treats colleagues and others with kindness, and doesn't hesitate to step into leading a conversation or effort, even difficult ones, if necessary."

Leading Vomen

Maryland's Future

COMPLETE LIST OF WINNERS

Misti Aaronson 20	014
Christina Able20	
Kerri Adams 20	
Lauren B. Ades 20)15
Raaheela Ahmed20	017
Roselyn V. Aker-Black 20	017
Danielle G. Alderson)15
Jacqueline Allen 20	013
LaKeecia Allen20	013
Awanya Anglin20	011
Stephanie Amponsah 20	016
Erin A. Appel	014
Jamie Watt Arnold20)15
Amy Askew 20	
Caryn Corinthia Maxine Aslan 20	015
Shannon Babe-Thomas 20)17
Julia K. Baez 20)15
Ashlie T. Bagwell 20	011
Kelley E. Banagan 20)17
Tara Barnes 20)13
Rachael Ann Barnett 20)14
Nina Basu)15
Christine Barrow, Ph.D 20	010
Casey Baynes20)12
Tameka Bell-Robinson 20)12
Coretta Bennett)17
Deriece Pate Bennett	011
Alexa Bertinelli)17
Jennifer Bevan-Dangel 20	011
Allyson Black20	010
Avonette D. Blanding 20)14
Walakewon Blegay 20)15
Shelley Bliss	
Michele Z. Blumenfeld 20	010
Alice Arcieri Bonner)12
Tiara Booker-Dwyer 20	
Meredith Rorden 20	

 Katherine Pinkard Bowers
 2011

 Laura Boydston
 2012

 Jennifer Boyle
 2017

 Jenna Boykin
 2011

 Dr. Karen Elizabeth Boyle
 2010

NOTE: 2018 winners listed in bold

Christina Bradley	2015
Jennifer Brause	
Elizabeth Brescia	2014
Vicki Brick	
Jen Brock-Cancellieri	2014
Oana A. Brooks	
Sandra A. Brooks	2014
Jessica Brown	2014
Kendra Brown	
Kimberly Brown, Ph.D	2010
Kisha Brown	
Marie E. Brown	
Monise Alexis Brown	2017
Nicole Michelle Brown	
Rachel Brown	
Tammy M. Brown	
Kate Nolan Bryden	
Lauren Buckler-Duncan	
Namandje N. Bumpus	
Emily Burfoot	2017
Whitney A.N. Burton	
Taren N. Butcher	
Mollie Byron	2018
	2010
Marlies Beerli Cabell	2018
Marlies Beerli Cabell Luisa Caiazzo	 2018 2013
Marlies Beerli Cabell Luisa Caiazzo Tisa Silver Canady	2018 2013 2015
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Shannon E. Conklin	
Toya Corbett	
Adrienne L. Corder	2018
Ashley Harper Cottrell	2018
Diane M. Croghan	
Lillian Cruz	
Kelly Curran	. 2012
Evelyn Lombardo Cusson	
Alyce Dailey	. 2014
Jennifer Campion Daly	. 2011
Melissa R. Daniel	
Dawn Davis	
Megan DeGroat	2018
Camille Delaney-McNeil	. 2017
Katrina Dennis	. 2013
Elizabeth Devereux	. 2017
Ellen E. Dew	
Joanna L. Diamond	. 2016
Julia Di Bussolo	
Christina Ryan DiGiulian	2018
Dr. Tara Doaty	2018
Candace Dodson-Reed	. 2010
Jennifer Dodson	
Olivia Doherty	
Kelly Donohue	
Rachel K. Dressel	
Anna Dreyer	
Kelly Drnec	
Nakeia L. Drummond	
Dr. Alison Dunton	
Tracey Durant	
Elizabeth Edsall Kromm	
Patricia Granata Eisner	
Elizabeth Embry	
Jessica Emerson	
Emily English	
Jennifer Estrada	
Natali Fani-Gonzalez	
Antonia Fasanelli	
Lanaea C. Featherstone	
Lisa Ferretto	
Mallory Finn	
Christy A. Fisher	
Juliet Fisher	
Jessica Fitzwater	
Bridget Forney	
Coty Warn Forno	
Dr. Katrina Foster	
Tiffany Franc	
Amy Burke Friedman	
Cara Y. Frieman	
Marga Fripp	
Kate Fritz	
Sarah Coffey Frush	
Kim Fusco	
Ami D. Gadhia	
Ashleigh DeFries Gallagher	
Hon. Stephanie Gallagher	
Hannah Garagiola	. 2015

April Yvonne Garrett	
MacKenzie Garvin, Esq	2013
Vanessa Geffrard	
Pamela Genise	
Robyn Christine Gilden	2015
Mary Bolduc Glagola	2010
Melissa E. Glover	2011
Marci I. Gordon	2010
Eliza Graham	2011
Heather Gramm	2012
Marie L. Grant	2015
Lisa Goldberg	
Catherine E. Grason	2016
Carmen Graves	2011
Amber Green	
Dominica Groom	
Natalie L. Grossman	2015
Alexandra Gubin	2016
Erin R. Guiffre	
Jennifer Gunner	
Dr. Sarah Guy	2012
Kristi Halford	
Shari Hammond	
Kay N. Harding	
Monica Garcia Harms	2012
Juliana Keyser Harris	
Arielle Harry-Bess	
Kadija Hart	2017
Laura LeBrun Hatcher	2014
Rebecca Hauser	
Elisha Hawk	
Keasha Haythe	2012
Caroline L. Hecker	
Amy Hennen	
Kristin P. Herber	
Jetheda Hernandez	
Kathryn L. Hickey	2017
Jennieve M. Hill	
Angela Hilz	2012
Rachel Hirsch	
Aubreana Stephenson Holder	
Toni Holness	
Julie A. Hopkins	
Heather Q. Hostetter	
Julie Dunning Hotopp, Ph.D	
Lydia Hu	
Caroline L. Hubbard	
Marci Hunn	
Marybeth Hyland	
Seema lyer	
Cynthia James	
Sara-Beth James	
Mothyna James-Brightful	
Angela Johns	
Antieris Johnson	
Christina Betancourt Johnson	
Larissa Johnson	
Kesha-Simone Jones	
Chantal M. Joseph	
Frica Iosenh	2015

Kate Joyce	2012	Melissa Martinez	2013	Marianne DePaulo Plant	2010	Lisa
Dionne Joyner-Weems	2012	Alta G. Marzzacco	2017	Kate Rawson Powell	2010	Dio
Sarah B. Kahl	2016	Nicole Mattis	2012	Jennifer Anne Pratt	2011	Tra
Sarah Kaiser	2013	Lexer Quamie Mayers	2016	Ashley Pressman	2015	Fra
Dr. Rita Kalyani	2013	Luisella P. McBride	2017	Maria R. Prince, M.D	2011	Ali
Sarah Karantonis	2017	Amy McClain	2011	Megan Maguire Priolo	2016	Em
Jessica Kartalija	2014	Kimberly McConkey	2012	Jessica Quincosa		Jen
Ruth O. Katz		Laurie McDonald		Nabila Rahman	2016	Bla
Laryssa M. Kautz		Raegan McDonald-Mosley		Stephanie Ranno		Da
Brit Keller		Kathryn McDonough		Dr. Genevieve Regal		Th
Emily Keller		Rhian McGrath		Johnette Richardson		Jay
Evelyn B. Kelly		Martha McKenna		Ashley Riddle		llai
Alice Kennedy		Robin McKinney		Angela Poppe Ries		No
Jennifer L. Kent		L. Content McLaughlin		Karyn Riley		Ra
Sarah Keogh						Dr.
		Wendy Sare Meadows Erica Mechlinski		Sharon Riser		Nic
Jennifer Keyser				Alicia N. Ritchie		
Amy Kleine		Danielle Meister		Shantell Lenise Roberts		Rel
Colleen Pleasant Kline		Jessy Mejia		Dana Robinson		Ter
Heidi L. Klotzman		Ana Luisa Mendoza		Kimberly Y. Robinson		Ch
Cheryl Knauer		Cristina Meneses		Amanda K. Rodriguez		Cou
Jennifer Larkin Kneeland		Amy Menzer		Amy Rogers		She
Molly Knipe	2013	Aimee Metrick	2016	Beth Ronnenburg	2011	Ho
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Talley H-S. Kovacs	2016	Kathy Michel	2016	Jill Rosenberg	2017	Cla
Deepti A. Kulkarni	2015	Dana Middleton	2012	Lauren Roth	2017	Sha
Neveen H. Kurtom	2018	Myshala E. Middleton	2015	Ann Marie Rotz	2016	Jes
Janet Lahr	2011	Erin Millar	2013	Julie Rubin	2010	Rho
Bess Langbein	2012	Erin Christen Miller	2015	Jessica Hepburn Sadler	2012	Jes
Katherine Lawler		Kathryn C. Mills		Regina Salliey		Ma
Elise Lee		Bernice Mireku-North		Rebecca Salsbury		Chi
Jessica C. Y. Lee		Marik Moen		Kate Sam		Nat
Melissa Lees		Corina Morga-Carter		Delora Sanchez		Lor
Nicole Lentini		Marilyn Mosby				Nic
				Melanie Santiago-Mosier		
Emily L. Levinson		Marta H. Mossburg		Meggan Saulo		An
Angie Lienert		Aaliyah Muhammad		Ashley Schmidt		Nic
Brooke E. Lierman		Molly Alton Mullins		Astrid Schmidt-King		Lau
Rachael Lighty		Caitlin Mulrine		Tammy S. J. Schneider		Dr.
Megan Davey Limarzi		Carla N. Murphy		Angela J. Scott		Jes
Michelle Lipkowitz		Christine Murphy		Dana Schwartz		Dr.
Jennifer Lockhart		Katie Nash	2014	Karen Sentementes	2014	Kad
Rachel London	2012	Maria Del Mar Navarro	2012	Amy T. Seto	2010	Car
Sarah Long		Marianne Navarro	2014	Jamie Seward	2011	Jer
Nicolette Louissaint	2017	Adora Ndu	2016	Helen Zinreich Shafer	2010	Lin
Cylia Lowe	2012	Kimberly Neal	2013	Reena K. Shah	2010	Jer
Jennifer S. Lubinski	2010	Ashley N. Nelson-Raut	2018	Carrie Shapiro		Jen
Karin Lundquist		K. Nichole Nesbitt		Melanie Shapiro		Rei
Natalia Luis		Chichi Nyagah-Nash	2018	Lila Shapiro-Cyr		Ali
Melissa Mackiewicz		Jonelle Ocloo		Indira Sharma		Mic
Anna A. Mahaney		Erin O'Keefe		Meg Sheetz		Kit
Colleen Mallon		Sam O'Neil		Alicia Shelton		Tin
Olga E. Maltseva		Olachi Opara		Nora Shettel		Ka
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Marjorie Manne		Pamela C. Overbay		Melanie Shimano		
Kimberly R. Manns		Evynn Overton		Jamie Shopland		Eric
Catherine Manofsky		Julie Palakovich Carr		Amber Shrodes		Jea
Carmalita March-Harris		Sara Paranilam		Letitia F. Sila		Ma
Meghan Marek		Kaliope Parthemos		Jane Frankel Sims		
Jessica Markham		Shanetta Paskel		Michelle Siri		
Cara Martin		Jen Pauliukonis		Mai Skyles		
Ganesha M. Martin	2014	Veronica Perrigan	2013	Lisa K. Smith	2018	
Shelly Martin	2013	Elizabeth Pitts-Madonna	2011	Kiesha Haughton Smoots	2012	

Lisa D. Sparks	
Dionne Spencer	. 2011
Tracy Sorzano	
Francie Spahn	
Alicia D.D. Spoor	
Emlyn Stancill	. 2011
Jennifer J. Stearman	. 2010
Blanche Steele-Sharpe	. 2011
Daphni Steffin	2018
Theresa Stegman	2018
Jaymi Sterling	
Ilana Subar	. 2011
Nonet Sykes	. 2010
Rachel Tate	. 2016
Dr. Kima Joy Taylor	. 2010
Nicole Egerton Taylor	. 2013
Rebecca Teaff	
Teresa D. Teare	
Chelsea Thomas	
Courtney Thomas	
Sherita Thomas	. 2013
Hope Tipton	. 2012
Danielle Torain	
Claudia Towles	
Shauntese Trye	
Jessica Trzyna	
Rhonda Ulmer	
Jessica R. Underwood	
Maureen van Stone	
Christie Vera	
Natalie Villabon-Martz	
Lori Villegas	
Nicole Wagoner	. 2012
Annette M. Walter	
Nichole Baccala Ward	
Laurie M. Wasserman	
Dr. Tonya J. Webb	. 2012
Jessica Weber	
Dr. Leana Wen	
Kacey Wetzel	
Cari White	
Jennifer Arice White	
Lindsey A. White	
Jennifer Whitman	
Jennifer Weiss Wilkerson	
Rene Wilkins	
Alicia Wilson	
Michelle Wilson	
Kita Williams	
Tina C. Williams	
Kate E. Wolfson	
Carlotta A. Woodward	
Ericka L. Gray Wylie	
Jean M. Zachariasiewicz	
Marla Zide	

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Keswick: Empowering Baltimore's Older Adults

An innovative thought leader and community partner, Keswick is committed to enhancing the quality of life for older people both on campus and in the community by providing a variety of award-winning services

that enable them to live their best lives. For years, Keswick has been primarily known as a 240-bed nursing home. Today it is a highly rated, multifaceted resource, serving more than 1,000 non-resident seniors through its community health and adult day programs and its rehabilitation services—in addition to its nursing home residents.



Keswick's reach continues to grow with the grand opening of its Wise & Well Center for Healthy Living, the first of its kind in Maryland this past September. The center is designed as a place for older adults to pursue their

health and well-being goals through classes, coaching, and personalized service across multiple dimensions of wellness. Come take a tour; you'll love it!

In addition to the new Wise & Well Center, Keswick offers the following award winning services:

Community Health Services:

Keswick partners with community-based organizations to offer activities that help connect generations as well as provide free health and wellness screenings. Keswick's team is dedicated to empowering Baltimore's older adults to be engaged in their own health journey.. By providing supports such as falls prevention and falls prevention screening for the home, brain health, and social programming, along with our Home & Healthy® care transition program and new Maryland Community for Life program, we engage older adults in improving the way they approach their overall well-being allowing them to stay in their homes longer and continue doing the things they love.

On-Campus Services: Long-term Care

Keswick's long-term care residents receive the commitment and attention they need through 24-hour comprehensive nursing care in a com-

fortable and home-like setting. With 159 private rooms, our long-term care unit contains everything from medical services and nursing to therapeutic recreation and social work. Keswick is licensed by the State of Maryland and certified to participate with Medicaid and Medicare.

Rehabilitation

Keswick's Inpatient and Outpatient Rehabilitation programs help guests recover quickly, comfortably and with the support they need. Keswick is committed to providing the best possible experience for our short-term rehab guests. At Keswick, our therapists specialize in treating adults recovering from cardiac, orthopedic, pulmonary, wound management and other medical events that require some form of rehabilitation after leaving the hospital. Keswick offers private rooms for all Rehab guests.

Adult Day Services and Intermittent Adult Day Services

Keswick's Medical Adult Day Services Program is the ideal option for older adults who wish to safely remain in the community while receiving the individualized care and attention they need. We offer transportation, socialization, nutritious meals, medical care and meaningful activities at an all-inclusive, affordable price. Keswick's activity-based approach is tailored to each individual's interests and abilities and supervised in a safe environment that provides freedom and stimulation, while under the care of a dementia-focused medical staff that is second to none. With an emphasis on incorporating various disciplines such as occupational therapy into everyday practice, each day strengthens and reinforces a person's capabilities, treating both mind and body. We also offer respite day services care on an as-needed basis

For more information about Keswick's services, please visit www.ChooseKeswick.org or call, 410-662-4346.

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CELEBRATE HER. NOMINATE HER.

MARYLAND'S TOPIO MODEST MODE

You know her. She is admired by all for being an effective leader, she's community minded and sets an example for her staff and peers, she is committed to mentoring. She successfully juggles various responsibilities. She is professionally accomplished, holds leadership positions in community organizations and is making a positive impact on the next generation of leaders. She is simply outstanding. Now is your chance to nominate her to be recognized by The Daily Record as a Top 100 Women.

Nominations close January 9, 2019

Nominations can be made online at thedailyrecord.com/top-100-women

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