



HEROES OF HEALTHCARE



National Nurses Week is May 6-12

A salute to our community's nurses, whose courage, competence and commitment to patients stands out and contributes significantly to the quality of our healthcare industry.

SKIN IOWA, PC

At Skin Iowa (formerly Schooler Medical Professionals) our caring nurses will give you the time and attention you deserve to have healthy, beautiful skin. Skin Iowa offers the areas most advanced dermatologic and cosmetic treatment options.

Stephanie Ganske, RN and Dory Crees, RN are highly qualified, compassionate and skilled nurses with a combined experience in dermatology and plastic surgery of over 25 years. They work closely with providers Susan Schooler, PA-C and Seth Robb, PA-C and Kyle Ver Steeg, III, MD assisting with and performing dermatology and cosmetic procedures. Rest assured that you will receive the very best care from all the professionals at Skin Iowa.

Stephanie and Dory are very passionate about giving back to our community, supporting non-profits such as the Leukemia/Lymphoma Society, Broadlawns Medical Center Foundation, Ronald McDonald House, Autism Society of Iowa, Aids Project of Central Iowa, Holes for Hope and several local elementary and high schools, to name a few. Stephanie's an executive board member of the Broadlawns Medical Center Foundation while Dory is in the current Greater Des Moines Leadership Institute class and is a committee member for Planned Parenthood.

If you want experienced, competent and compassionate care, then look no further than Skin Iowa. Your skin will love us!




SKIN IOWA, PC
ZO SKIN HEALTH INSTITUTE
BY ZEIN OBAGI, MD





SETH MEYERS, RN, BSN, CCRN
INTENSIVE CARE UNIT,
IOWA METHODIST CENTER

UNITYPOINT HEALTH – DES MOINES

Seth Meyers, RN, who works in the Intensive Care Unit of Iowa Methodist Medical Center – was recently recognized by UnityPoint Health – Des Moines as a DAISY award honoree.

At the award ceremony, Seth was lauded for his strong clinical skills and compassionate care. “Seth exemplifies the kind of nurse that our patients, families and staff recognize as an outstanding role model. Whether it’s a spiritual need, a physical need or the need to have someone sit next to their bed, Seth addresses them all,” said Janell Smith, RN.

Seth is just one of the hundreds of nurses who works each and every day to make a difference in the lives of our patients and their families during difficult situations. We are proud of all of our nurses who have made a career of caring for others.

The DAISY Award is just one of the many ways UnityPoint Health – Des Moines celebrates the accomplishments of our talented and professional nursing staff. Nurses can be nominated for the DAISY Award by patients, staff or physicians. The award was established in 1999 by the family of J. Patrick Barnes, who died at age 33. DAISY is an acronym for “diseases attacking the immune system.” It was created to show gratitude to the nursing profession because the Barnes family believed nurses are truly “unsung heroes.”

To nominate an extraordinary UnityPoint Health – Des Moines nurse go to unitypoint.org/desmoines.



1200 Pleasant Street | Des Moines
(515) 241.6212 | unitypoint.org/desmoines



(L-R): JANE WORLEY, ROSE BRAYNARD,
JEAN WRAY, MARY JO ROMANCO

SAINT JUDE HOSPICE

At Saint Jude Hospice, we allow for God's Love to flow freely. Rooted in Christian Love and Guided by the Holy Spirit, we bring healing to those who face terminal illness when hope has changed from cure to comfort. Inspired by Jesus' words "Love one another as I have loved you," our philosophy is simple: to provide Radical Loving Care.

Our dedicated nurses are the backbone of the services we provide and the exceptional care we deliver. Each one of them reflects our core values of: Outstanding Customer Service, Integrity in Our Activities, Nothing is Impossible with God, Kindness in our Relationships, and Excellence in Everything.

Our nurses are with patients and their families in the midst of loss and vulnerability. Generous and kind, it is their goal to bring love, comfort and healing into each patient's home.

Saint Jude Hospice offers not only medical care from doctors, nurses, physical therapists, occupational therapists and speech therapists; but also emotional and spiritual support, help with activities of daily living, massage, and music therapy. Respite services are available to relieve individuals caring for a loved one, and continuous care is available for up to 24 hours a day during periods of crisis.

Inspired by faith, empowered by our values, and led by our "Servant's Hearts" we are Saint Jude Hospice: Where Love and Healing Flow.



**SAINT
JUDE
HOSPICE™**



(L-R): CHRISTINE ARAUCO, RN
SUE BOLEY RN, BSN

POLK COUNTY HEALTH DEPARTMENT

Shots aren't just for kids! Meet the Polk County Health Department's adult immunization nurses, Sue Boley, RN, BSN and Christine Arauco, RN. They know that contagious diseases can infect people of all ages and that immunizations benefit both individuals and our community.

First, immunizations protect adults from diseases, such as meningitis, pneumonia and shingles, that not only can be painful but can lead to hospitalization or death. Another example is the HPV vaccination, the first vaccination that can prevent cancer in adults and is recommended for adolescents and young adults.

The second benefit of adult immunizations is that they protect those around them. Many people, like the elderly, infants, and people with chronic disease, are vulnerable to infectious diseases and often times catch them from friends and family members. Infants cannot be immunized until they are 6 months old. Because they can catch a contagious disease like pertussis, or whooping cough, from a sibling, parent, grandparent or other caregiver it is important that these others get vaccinated. Nearly half of the babies who get whooping cough have to be hospitalized and of those, one or two of them will die.

Call your health care provider or stop by the Polk County Health Department to ask Sue or Christine if you are up to date on your immunizations.



1907 Carpenter Ave. | Des Moines
(515) 286-3798 | polkcountyiowa.gov/health



KOCH FACIAL PLASTIC SURGERY

Working at Koch Facial Plastic Surgery & Spa is better than any job I could have imagined as a young nurse. I am part of a talented, professional team dedicated to helping our patients achieve positive outcomes. I joined the practice in 2008 as Dr. Brent Koch's nurse and surgical assistant and am honored to directly participate in the care of our patients. I have also been the recipient of Dr. Koch's talents and feel like I look years younger and that's a great feeling! Outside of work, I am a runner and a certified Group Power instructor.



4855 Mills Civic Parkway, Suite 100 | West Des Moines
(515) 277-5555 | www.kochmd.com

LAKEVIEW SURGERY CENTER

Lakeview Surgery Center, multi-specialty Ambulatory Surgery Center is proud to recognize our outstanding Business Office professionals and Clinical staff. Our friendly staff offers both immediate personal service and highly professional care to our patients. We have achieved high patient care confidence and satisfaction to make sure every out-patient surgery procedure is calm and comfortable.

We strive to deliver the highest possible care with efficiency and convenience for patients. Thanks' to our staff, patients, physicians, and business partners for helping us reach our past 10 year Anniversary, we appreciate all of you!



1750 60th Street | West Des Moines
(515) 273-5355 | lakeviewsurgerycenter.com





HEARTLAND'S DEDICATED TEAM OF HIGHLY QUALIFIED NURSES
(L-R) MARIE, NIKI, MICHELLE, MELISSA, BRENDA

HEARTLAND PLASTIC SURGERY

Historically, nurses do much of the work and don't always get a lot of the credit. The nurses of Heartland Plastic Surgery are so hard working, so excellent at their jobs, and so very devoted to our patients. I salute them! Without these great women, these great professionals, we could not offer the best care in plastic surgery. I certainly could not do my job without them. Thank you!

Eugene Cherny, MD, FACS

Brenda Rowe RN BSN CPSN, director of Nursing and Operating Room, who is a Certified Plastic Surgical Nurse.



10611 Hickman Road | Urbandale
(515) 254-2265 | www.heartlandplasticsurg.com

NURSE FORCE

Nurse Force is a Medicare/Medicaid certified agency that offers quality home health care in Central Iowa. Our goal is to provide quality care to the elderly, chronically, acutely and terminally ill of all ages in the comfort of their own home at a cost effective rate.

Recent reports show that Nurse Force excels at providing quality care and ranks higher than our competitors in key areas of nursing services. We truly believe that our highly trained, professional staff sets us apart as one of the best agencies in Central Iowa.



Nurse Force

2900 Westown Parkway, Suite 1
West Des Moines
(515) 224-4566 | www.nurseforce.com





IOWA HOME CARE

Iowa Home Care salutes its team of 180 nurses and healthcare professionals; for it's this team of committed individuals that allows the organization to carry out its mission of service.

Age. Disability. Injury. There are a number of circumstances that for individuals, their families and loved ones, can be overwhelming. To assist and serve this community, Iowa Home Care was started by owners Kimberly and Steve Weber. The purpose was simple but challenging: provide a cost-effective health care solution that allowed individuals to enjoy the comfort, joys, and security of their own homes.

"The Iowa Home Care nurses perform with expertise, compassion, and love," says Kimberly Weber. "Their dedication to their clients brings light to their lives, and peace of mind to their families. Their hard work means that our clients can feel the love of home."

Iowa Home Care is a full service Medicare certified Home Health provider, with skilled nursing and full personal care services.

Iowa Home Care has locations in West Des Moines, Marshalltown, Boone, Pella, Fort Dodge and Ottumwa.

"The miracle is not that we do this work,
but that we are happy to do it."

-MOTHER TERESA



2500 University Avenue | West Des Moines
(515) 222-9995 | www.iowahomecare.com